The identification of novel strategies for the prevention and treatment of breast cancer in *BRCA1*-mutation carriers

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Abstract

Women who harbour germline mutations in the tumour suppressor gene \textit{BRCA1} have a high lifetime risk of developing early onset basal-like breast tumours that carry a poor prognosis. Beyond prophylactic mastectomy, there are currently few options available to \textit{BRCA1}-mutation carriers to minimise their risk and thus the identification of an effective prevention strategy remains a ‘holy grail’ for the field. Given deregulated progesterone signalling has been implicated in \textit{BRCA1}-associated oncogenesis, this thesis has explored the role of the progesterone target gene \textit{RANKL} in the preneoplastic phase. Breast tissue from \textit{BRCA1}-mutation carriers was found to harbour an expanded subset of \textit{RANKL}-responsive \textit{RANK}+ luminal progenitor cells that are highly proliferative, have grossly defective DNA repair mechanisms and exhibit a molecular signature closely aligned with that of basal-like breast tumours. These findings suggest that \textit{RANK}+ progenitors are a key target population for transformation in \textit{BRCA1}-mutation carriers. Inhibition of \textit{RANKL} via the monoclonal antibody denosumab in human breast organoids derived from \textit{BRCA1}-mutant tissue attenuated progesterone-induced proliferation, while proliferation was markedly reduced in breast biopsies from \textit{BRCA1}-mutation carriers who were treated with denosumab. Furthermore, \textit{RANKL} inhibition in a \textit{Brca1}-deficient mouse model significantly curtailed mammary tumorigenesis. Together these findings implicate \textit{RANKL} blockade as a compelling strategy for the prevention of breast cancer in \textit{BRCA1}-mutation carriers.

This work also examined novel therapeutic targets for the treatment of \textit{BRCA1}-mutated breast tumours. A remarkable improvement in tumour response was observed when conventional chemotherapy was supplemented with either a \textit{RANKL} inhibitor or dual immune checkpoint blockade, providing a rationale for clinical studies to examine these therapeutic targets in \textit{BRCA1}-mutated breast cancer. Collectively, the work presented in this thesis provides key insights into the molecular mechanisms governing tumour initiation and progression in \textit{BRCA1}-mutation carriers and has significant implications for the prevention and treatment of breast cancer in high risk women.
Declaration

This is to certify that:

1. This thesis comprises only my original work, except where indicated in the Preface
2. Due acknowledgement has been made in text to all other material presented
3. This thesis is less than 100,000 words in length, exclusive of figures, tables and bibliographies

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Preface

In accordance with the regulations of The University of Melbourne, the author’s contribution to each Chapter was as follows:

**Chapter 3  95%**

Dr Daniel Branstetter performed immunostaining for RANK and RANKL on human breast tissue sections.
Dr Bhupinder Pal assisted with RNA-seq library preparation, and bioinformatic analysis was performed by Dr Gordon Smyth and Dr Goknur Giner.

**Chapter 4  99%**

Dr Francois Vaillant performed mammary fat pad transplantation experiments.
Ms Andrea Briffa performed mouse oophorectomy and sham operations.

**Chapter 5  85%**

Dr Daniel Branstetter assisted with immunostaining for RANK and RANKL on tissue microarrays.
Dr Francois Vaillant performed mammary fat pad transplantation experiments
Dr Daniel Gray and Ms Antonia Policheni analysed immune cell populations by flow cytometry.

Thus, the author’s overall contribution to the results presented in this thesis was 93%.
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Publications arising from this work

* These authors contributed equally
PMID: 27322743

PMID: 27292187

PMID: 28104682
## Non-standard abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Full Form</th>
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<tr>
<td>3D</td>
<td>3 dimensional</td>
</tr>
<tr>
<td>α</td>
<td>Anti-/alpha</td>
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<tr>
<td>ALDH</td>
<td>Aldehyde dehydrogenase</td>
</tr>
<tr>
<td>ATB</td>
<td>Amgen tissue bank</td>
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<tr>
<td>BAAA</td>
<td>BODIPY™-aminoacetaldehyde</td>
</tr>
<tr>
<td>BALB/c</td>
<td>Bagg albino</td>
</tr>
<tr>
<td>bFGF</td>
<td>Basic fetal growth factor</td>
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<tr>
<td>bp</td>
<td>Base pair</td>
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<tr>
<td>BrdU</td>
<td>Bromodeoxyuridine</td>
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<tr>
<td>CC3</td>
<td>Cleaved caspase 3</td>
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<tr>
<td>cDNA</td>
<td>Complementary DNA</td>
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<tr>
<td>CFC</td>
<td>Colony-forming capacity</td>
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<td>Cre</td>
<td>Cre recombinase</td>
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<td>CtIP</td>
<td>CtBP-interacting protein</td>
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<tr>
<td>DEAB</td>
<td>Diethylaminobenzaldehyde</td>
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<tr>
<td>DMBA</td>
<td>7,12-dimethylbenzen(a)anthracene</td>
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<tr>
<td>DMEM</td>
<td>Dulbecos modified eagle medium</td>
</tr>
<tr>
<td>DNA</td>
<td>Deoxyribonucleic acid</td>
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<tr>
<td>DNase</td>
<td>Deoxyribonuclease</td>
</tr>
<tr>
<td>dNTP</td>
<td>Deoxyribonucleotide triphosphate</td>
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<tr>
<td>dP</td>
<td>Days pregnant</td>
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<tr>
<td>DSB</td>
<td>Double-strand break</td>
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<tr>
<td>E</td>
<td>Embryonic day</td>
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<tr>
<td>ECL</td>
<td>Enhanced chemiluminescence</td>
</tr>
<tr>
<td>EDTA</td>
<td>Ethylenediaminetetracetic acid</td>
</tr>
<tr>
<td>EGF</td>
<td>Epidermal growth factor</td>
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<td>EGTA</td>
<td>ethylene glycol-bis(β-aminoethyl ether)-N,N,N',N'-tetraacetic acid</td>
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<tr>
<td>eLLRCs</td>
<td>Embryonically-derived long label-retaining cells</td>
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<td>ER</td>
<td>Oestrogen receptor</td>
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<tr>
<td>EtOH</td>
<td>Ethanol</td>
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<tr>
<td>Abbreviation</td>
<td>Definition</td>
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<tr>
<td>FACS</td>
<td>Flow activated cell sorting</td>
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<td>FCS</td>
<td>Fetal calf serum</td>
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<td>FDA</td>
<td>Food and drug administration</td>
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<td>FVB/N</td>
<td>Friend virus B NIH</td>
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<td>GFP</td>
<td>Green fluorescent protein</td>
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<td>GO</td>
<td>Gene ontology</td>
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<tr>
<td>Gy</td>
<td>Gray</td>
</tr>
<tr>
<td>HER2</td>
<td>Human epidermal growth factor receptor 2</td>
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<td>HR</td>
<td>Homologous recombination/Hormone receptor</td>
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<td>HRP</td>
<td>Horse raddish peroxidase</td>
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<tr>
<td>HRT</td>
<td>Hormone replacement therapy</td>
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<tr>
<td>IDC</td>
<td>Invasive ductal carcinoma</td>
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<tr>
<td>IgG</td>
<td>Immunoglobulin G</td>
</tr>
<tr>
<td>IKK</td>
<td>IκB kinase</td>
</tr>
<tr>
<td>K</td>
<td>Cytokeratin</td>
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<tr>
<td>kConFab</td>
<td>Kathleen Cuningham Foundation Consortium for Research into Familial Breast Cancer</td>
</tr>
<tr>
<td>kDa</td>
<td>Kilo dalton</td>
</tr>
<tr>
<td>KEGG</td>
<td>Kyoto encyclopedia of genes and genomes</td>
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<tr>
<td>Lin</td>
<td>Lineage</td>
</tr>
<tr>
<td>LOH</td>
<td>Loss of heterozygosity</td>
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<tr>
<td>LP</td>
<td>Luminal progenitor</td>
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<tr>
<td>MaSC/MS</td>
<td>Mammary stem cell</td>
</tr>
<tr>
<td>MEC</td>
<td>Mammary epithelial cell</td>
</tr>
<tr>
<td>MFI</td>
<td>Mean fluorescence intensity</td>
</tr>
<tr>
<td>ML</td>
<td>Mature luminal</td>
</tr>
<tr>
<td>MLPA</td>
<td>Multiplex ligation-dependent probe amplification</td>
</tr>
<tr>
<td>MMTV</td>
<td>Mouse mammary tumour virus</td>
</tr>
<tr>
<td>MPA</td>
<td>Medroxyprogesterone</td>
</tr>
<tr>
<td>MRI</td>
<td>Magnetic resonance imaging</td>
</tr>
<tr>
<td>mRNA</td>
<td>Messenger ribonucleic acid</td>
</tr>
<tr>
<td>NEMO</td>
<td>NF-κB essential modulator</td>
</tr>
<tr>
<td>NF-κB</td>
<td>Nuclear factor kappa-B</td>
</tr>
<tr>
<td>NHEJ</td>
<td>Non-homologous end joining</td>
</tr>
<tr>
<td>Abbreviation</td>
<td>Full Form</td>
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<tr>
<td>OPG</td>
<td>Osteoprotegerin</td>
</tr>
<tr>
<td>PARP</td>
<td>Poly ADP ribose polymerase</td>
</tr>
<tr>
<td>PARPi</td>
<td>Poly ADP ribose polymerase inhibitor</td>
</tr>
<tr>
<td>PBS</td>
<td>Phosphate buffered saline</td>
</tr>
<tr>
<td>PCR</td>
<td>Polymerase chain reaction</td>
</tr>
<tr>
<td>PDX</td>
<td>Patient-derived xenograft</td>
</tr>
<tr>
<td>PI-MEC</td>
<td>Parity-identified mammary epithelial cell</td>
</tr>
<tr>
<td>PR</td>
<td>Progesterone receptor</td>
</tr>
<tr>
<td>PRLR</td>
<td>Prolactin receptor</td>
</tr>
<tr>
<td>PTEN</td>
<td>Phosphatase and tensin homologue</td>
</tr>
<tr>
<td>PyMT</td>
<td>Polyoma middle T</td>
</tr>
<tr>
<td>RANK</td>
<td>Receptor activator of nuclear factor kappa-B</td>
</tr>
<tr>
<td>RANKL</td>
<td>Receptor activator of nuclear factor kappa-B ligand</td>
</tr>
<tr>
<td>RNA-seq</td>
<td>RNA sequencing</td>
</tr>
<tr>
<td>RPM</td>
<td>Revolutions per minute</td>
</tr>
<tr>
<td>RRSO</td>
<td>Risk-reducing salphingo-oophorectomy</td>
</tr>
<tr>
<td>RT</td>
<td>Room temperature</td>
</tr>
<tr>
<td>RT-PCR</td>
<td>Reverse transcriptase polymerase chain reaction</td>
</tr>
<tr>
<td>s.e.m.</td>
<td>Standard error of the mean</td>
</tr>
<tr>
<td>SLCs</td>
<td>Small light cells</td>
</tr>
<tr>
<td>SSB</td>
<td>Single-strand break</td>
</tr>
<tr>
<td>STIC</td>
<td>Serous tubal intraepithelial carcinomas</td>
</tr>
<tr>
<td>TCGA</td>
<td>The cancer genome atlas</td>
</tr>
<tr>
<td>TDLU</td>
<td>Terminal ductal alveolar unit</td>
</tr>
<tr>
<td>TEB</td>
<td>Terminal end bud</td>
</tr>
<tr>
<td>Th</td>
<td>T helper</td>
</tr>
<tr>
<td>TIL</td>
<td>Tumour-infiltrating lymphocyte</td>
</tr>
<tr>
<td>TMA</td>
<td>Tissue microarray</td>
</tr>
<tr>
<td>TNBC</td>
<td>Triple-negative breast cancer</td>
</tr>
<tr>
<td>Treg</td>
<td>Regulatory T cell</td>
</tr>
<tr>
<td>Tx</td>
<td>Transplantation</td>
</tr>
<tr>
<td>Veh</td>
<td>Vehicle</td>
</tr>
<tr>
<td>WAP</td>
<td>Whey acidic protein</td>
</tr>
<tr>
<td>WT</td>
<td>Wild-type</td>
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4.2 Results

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4.3 Discussion

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Chapter 1: Introduction

1.1 The Mammary Gland

1.1.1 Structure and function

The mammary gland is a highly specialised organ that functions to produce and secrete milk for the nourishment of offspring. It is exquisitely dynamic, and undergoes growth, remodelling, cell death and regeneration with each reproductive cycle (Daniel and Smith, 1999). The mammary gland comprises both an epithelial compartment and the surrounding stroma containing a matrix of connective tissues, adipocytes, endothelial cells, fibroblasts and immune cells. In addition to providing structural support, signalling between the epithelium and stroma is essential for proper mammary gland development and function (reviewed in Hovey et al., 1999; Sakakura et al., 2013). Two main cellular lineages constitute the mammary epithelium: luminal epithelial cells that surround a central lumen and elongated myoepithelial cells that lie adjacent to the basement membrane (Visvader, 2009) (Figure 1.1). The contractile function of myoepithelial cells enables the circulation of milk through the ductal tree during lactation. Together these cells form a branching network of ducts that undergo extensive morphogenesis throughout the lifespan of a mammal.

While functionally analogous, there are key morphological differences between human and mouse mammary tissues (Figure 1.2). The human breast exhibits greater lobule complexity compared to the mouse mammary gland, and the functional portion of the breast is the terminal ductal lobular unit (TDLU). The TDLU comprises a small cluster of lobules emerging from a terminal duct that is surrounded by loose intralobular connective tissue and then denser interlobular connective tissue (Russo et al., 1990). In contrast, the mouse mammary gland lacks TDLUs but develops lobuloalveolar units during mid-pregnancy that are responsible for milk production. The human and mouse mammary stroma also exhibit significant differences. In humans, the stroma is enriched for fibrous
Figure 1.1: Schematic representation of a cross-section through a mammary duct

Within the mammary gland, ducts are organised as a bi-layer of epithelial cells: luminal cells surround the central lumen and elongated myoepithelial cells lie adjacent to the basement membrane. During lactation, milk is produced and secreted into the lumen by specialised luminal cells, termed alveolar cells, while myoepithelial cells contract to enable the expulsion of milk. The ductal tree lies in a mammary stroma/fat pad that predominantly comprises adipocytes and fibroblasts. Figure taken from Visvader, 2009.
connective tissue compared to the adipocyte-rich microenvironment in the mouse mammary gland (Parmar and Cunha, 2004). This difference may relate to the decreased requirement for physical support particularly during lactation in the mouse mammary gland, given its flattened position under the skin (Hovey et al., 1999). Despite these differences, the cellular composition of the epithelial compartment within human and mouse mammary tissues is remarkably similar and will be detailed later in this section.

1.1.2 Embryonic mammary gland development

There are three major stages during mammary gland development – embryonic, pubertal and reproductive, with the majority of changes occurring postnatally (reviewed in Macias and Hinck, 2012) (Figure 1.3). Mammary morphogenesis is initiated at embryonic day (E) 10.5 in mice with the formation of ectoderm-derived bilateral mammary lines that extend from the anterior to posterior limb bud (Hens and Wysolmerski, 2005). By E11.5, migration and aggregation of ectodermal cells at specific locations along the mammary line give rise to five pairs of multilayered structures called placodes (Propper, 1978). The subsequent invagination of placodes into the underlying mesenchyme leads to the formation of mammary epithelial buds, which continue to descend and generate a stalk that connects the mammary bud with the epidermis. Mesenchymal cells surrounding the epithelial bud condense and differentiate to form the mammary mesenchyme, a compact layer of fibroblastic cells. Importantly, factors secreted by the mesenchyme exert significant influence on the mammary line, stimulating differentiation towards the mammary epithelial lineage. This was demonstrated by elegant recombination experiments in which alternative combinations of mesenchyme and epithelial tissues were grafted into host mice, demonstrating that the morphology of the resulting epithelium was largely determined by the tissue origin of the mesenchyme (Kratochwil, 1969; Sakakura et al., 1976). At E15.5, the epithelial bud begins to proliferate, and a single sprout extends into the less compact fat pad precursor mesenchyme, a cluster of preadipocytes located within the dermis. At this point, ductal branching morphogenesis is initiated, yielding a rudimentary ductal tree comprising a primary duct and 10-15 secondary branches, which is present at birth and remains largely quiescent until puberty (Hens and Wysolmerski, 2005). This
Figure 1.2: Schematic diagram of the human breast and mouse mammary gland

There are key differences in the structure and organisation of the human and mouse mammary glands. The human breast has a more complex ductal system, with 12 – 15 major ducts in the nipple region that terminate in clusters of ductules called terminal ductal-lobular unit (TDLUs). In the mouse mammary gland, the ductal branches terminate in terminal end buds during puberty or alveolar buds during pregnancy. Figure adapted from Visvader, 2009.
process is generally conserved in humans, in which mammary lines arise during the first trimester but then resolve into a single pair of placodes (Howard and Gusterson, 2000). Multiple sprouts extend from the epithelial bud, creating numerous ductal trees that unite at the nipple.

1.1.3 Pubertal mammary gland development

At the onset of puberty, in response to hormonal cues and growth factors, expansive ductal morphogenesis occurs and the epithelial tree extends and fills the entire mammary fat pad (Figure 1.3). Within the mouse mammary gland, cell proliferation occurs predominantly within terminal end buds (TEBs), specialised club-shaped structures present at the tips of growing ducts. TEBs are composed primarily of two distinct cell types, an inner layer of body cells that are the precursors to ductal epithelial cells, and the surrounding cap cells that give rise to myoepithelial cells (Williams and Daniel, 1983). Ductal morphogenesis and lumen formation require a precise balance between cell proliferation and cell death within the TEB (Humphreys et al., 1996). Progression into the mammary fat pad is largely driven by the highly proliferative cap cells present at the tip of the TEB, suggesting the presence of mammary stem cells (MaSCs) at this site (Williams and Daniel, 1983). Bifurcation of the TEB leads to the formation of primary ducts while secondary branches emerge laterally, generating a comprehensive ductal tree. Once ductal elongation extends to the boundaries of the mammary fat pad, TEBs are no longer present (Faulkin and Deome, 1960). Additional changes to ductal morphology occur with each oestrous cycle, whereby cyclical proliferation and differentiation gives rise to short tertiary branches terminating in alveolar buds (Sternlicht et al., 2006).

In the human breast, puberty-induced arborization leads to the formation of a more complex, highly elaborate ductal tree with primary ducts branching into segmental and smaller subsegmental ducts (Howard and Gusterson, 2000). Further subdivision of subsegmental ducts leads to terminal ducts, which culminate in a collection of several blind-ended ductules termed acini. A cluster of acini extending from one terminal duct and encased in stroma is referred to as a TDLU. The degree of lobular complexity within a TDLU has been classified into types I – IV.
Figure 1.3: Schematic diagram of ductal development in the mouse mammary gland

In the neonate, only a rudimental ductal tree is present. In the pubertal mammary gland, oestrogen drives ductal elongation from terminal end buds at the tips of the ducts. The ducts extend and bifurcate until the edge of the fat pad is reached, coinciding with sexual maturity. Exposure to progesterone during oestrous cycling results in the formation of side branches. During pregnancy, progesterone stimulates further ductal expansion, followed by the generation of specialised alveolar units that produce milk during lactation. Prolactin is also essential for alveologenesis and lactogenic differentiation. During involution, the gland returns to a pre-pregnancy state. Figure adapted from Visvader and Lindeman, 2003.
Type I lobules consist of short terminal ducts ending in a collection of acini, while the more complex Type II and III lobules encompass numerous ductules branching from the terminal duct, resulting in large numbers of acini. Type IV lobules are only present in lactating women (Russo et al., 1992). Significant variation in both the epithelial and stromal content of the nulliparous human breast has been documented (Howard and Gusterson, 2000; Page et al., 1987), between individuals and within the breast tissue of the same individual.

1.1.4 Reproductive mammary gland development

In both mice and humans, full mammary epithelial maturation takes place during pregnancy. The architecture of the mammary gland becomes markedly transformed, forming complex alveoli that contain specialised epithelial cells capable of synthesising and secreting milk for lactation (Macias and Hinck, 2012) (Figure 1.3). These changes are largely orchestrated by hormonal cues, in particular progesterone and prolactin (reviewed in Brisken, 2002; Brisken and O’Malley, 2010). In the initial phase of pregnancy, progesterone induces a profound surge in cellular proliferation, leading to extensive secondary and tertiary branching of the ductal tree. As with nulliparous mammary tissue, heterogeneity is observed during pregnancy in the human breast whereby some acini are essentially quiescent while nearby acini undergo dramatic proliferation and expansion (Howard and Gusterson, 2000). Progesterone and prolactin coordinate alveolar development during the next phase of pregnancy, whereby proliferation declines in favour of epithelial differentiation and secretory lineage commitment, leading to the formation of specialised alveolar units. Angiogenesis is concurrent with this process, thus alveolar buds become encased in a network of capillaries (Djonov et al., 2001). Interestingly, cytokinesis failure results in the majority of secretory alveolar cells becoming binucleated in late pregnancy (Rios et al., 2016). This is an evolutionary conserved mechanism likely to enhance milk production and thus promote offspring survival. Substantial stromal remodelling also occurs during this period; by late pregnancy adipose tissue is highly compressed due to the expanding alveoli. During the secretory phase in late pregnancy, the expression of milk proteins (whey acidic protein and α-lactalbumin) is markedly upregulated and lipid droplets begin to form (Watson and Khaled, 2008). The production of vast
quantities of protein and other nutrients by secretory alveolar cells can induce considerable stress upon the cellular machinery. To ensure luminal cell survival and milk production, epidermal growth factor (EGF)-mediated induction of the pro-survival gene Mcl-1 occurs at the lactogenic switch in late pregnancy (Fu et al., 2015).

Following weaning, the mammary gland undergoes another period of remarkable remodelling, whereby alveolar cells are removed by cell death and the epithelial tree returns to a state comparable to the virgin gland. In a tightly regulated series of events, 80% of the mouse mammary epithelium is removed within a few days (Watson and Khaled, 2008). In mice, there are two key phases of involution, a reversible and irreversible phase (reviewed in Macias and Hinck, 2012). In the first, suckling can reinstate the milk supply. Studies have demonstrated that the first phase is largely regulated by local cues, in contrast to the second irreversible phase where systemic hormones exert significant influence (Li et al., 1997). The first phase is largely regulated by Signal Transducer and Activator of Transcription 3 (STAT3), which induces apoptosis, cell detachment and the accumulation of alveolar cells in the lumen of the duct. At 48 hours, the irreversible phase of involution is initiated and is characterised by marked apoptosis, alveoli collapse and adipocyte differentiation. Matrix metalloproteinases and plasmin cooperate to remodel the extracellular matrix, and eventually the majority of the secretory cells are removed and the mammary stroma is re-established (Macias and Hinck, 2012). Collectively, changes occurring within the human breast and mouse mammary gland during reproduction are a remarkable example of tissue remodelling and elasticity, allowing mammary tissue to continually adapt throughout life to meet its physiological requirements.

1.2 Dissecting the Mammary Epithelial Hierarchy

The epithelial compartment of the mammary gland is organised into a hierarchical structure (Figure 1.4). The hierarchical model of mammary epithelium is based on decades of elegant transplantation and in vitro studies that have demonstrated the existence of both stem and progenitor cells within mouse and human mammary
tissue. Isolation and characterisation of cellular subsets within the differentiation hierarchy has been achieved using multiple techniques including flow cytometry, gene expression analysis and *in vitro* and *in vivo* functional assays. Despite differences in the architecture of human and mouse mammary tissue, remarkable similarities are observed between their epithelial hierarchies. Located at the tip of the hierarchy, bipotent MaSCs are presumed to undergo asymmetric cell division to give rise to fully differentiated myoepithelial and luminal cells via lineage-restricted progenitor cells (Visvader and Stingl, 2014) (Figure 1.4). MaSCs must also be capable of self-renewal by symmetric cell division, enabling rapid expansion of the ductal tree and preventing exhaustion of progenitor cells. Within the luminal lineage, progenitor cells differentiate to either generate alveolar progenitor or ductal progenitor subsets. These in turn give rise to fully differentiated alveolar cells capable of milk production or mature ductal cells that constitute the inner layer of ducts. While not yet characterised, it is presumed that mature myoepithelial cells, the specialised contractile cells located at the basal surface of the mammary epithelium, arise from myoepithelial progenitor cells.

1.2.1 Identification of mouse mammary stem cells

Stem cells, regardless of their origin, are defined as unspecialised cells with the capacity to both self-renewal and generate progeny that can differentiate down multiple lineages to produce all the mature cell types present in that tissue (Visvader and Stingl, 2014). The dynamic nature of epithelial cell proliferation, differentiation and turnover within the mammary gland coupled with the remarkable plasticity through successive cycles of pregnancy suggests the existence of a renewable stem cell population.

The existence of mouse MaSCs was first suggested by DeOme et al. when transplantation of normal mammary epithelial fragments into cleared (de-epithelised) fat pads of three-week old recipient mice generated morphologically comparable outgrowths containing both luminal and myoepithelial cells (DeOme et al., 1959). These outgrowths could be serially transplanted, demonstrating the self-renewal capacity of cells within the mammary epithelium. This finding was
Figure 1.4: Schematic model of the mammary epithelial hierarchy

At the apex of the epithelial hierarchy are bipotent stem cells, which can undergo self-renewal and give rise to cells of two distinct lineages: myoepithelial and luminal. Luminal epithelial cells can be further subdivided into the ductal or alveolar lineages. Figure adapted from Visvader, 2009.
confirmed by additional studies (Daniel et al., 1968; Hoshino, 1962; Hoshino, 1964; Smith and Medina, 1988), and it was further shown that epithelium harvested from donor mice at any age, developmental stage or location in the mammary gland could give rise to fully functional mammary outgrowths (Smith and Medina, 1988). Both the highly proliferative cap cells within the TEB (Williams and Daniel, 1983) and the small light cells (SLCs) visualised by electron microscopy (Chepko and Smith, 1997; Smith and Medina, 1988), have been proposed to represent the mammary stem cell population, but this remains an open question. During adulthood, stem cells are thought to be dispersed throughout the epithelial tree and contribute to ductal maintenance.

Early lineage tracing experiments using retrovirally-marked mammary cells proposed that progeny from a single multipotent stem cell could generate a functional mammary gland upon transplantation (Kordon and Smith, 1998). This was demonstrated by two landmark publications in 2006, where it was revealed that a single MaSC could be isolated by flow cytometry and regenerate an entire mammary epithelial tree upon transplantation (Shackleton et al., 2006; Stingl et al., 2006). As well as demonstrating multi-lineage differentiation, clonal outgrowths were capable of generating functional lobuloalveolar units during pregnancy. The repopulating MaSCs were found to reside within the heterogeneous basal/myoepithelial compartment of the mammary gland, defined as CD24\(^+\)/CD29\(^{hi}\) or CD49\(^{hi}\), at a frequency of approximately 1 in 64 cells (Shackleton et al., 2006; Stingl et al., 2006). Expression profiling and immunohistochemistry confirmed CD24\(^+\)CD29\(^{hi}\)/CD49\(^{hi}\) cells were enriched for genes associated with the myoepithelial lineage including Krt5, Krt14 and Vimentin. Furthermore, in vitro clonogenic assays confirmed the multi-lineage potential of MaSCs, since colonies from CD24\(^+\)CD49\(^{hi}\) cells were primarily enriched for basal markers but could also give rise to luminal cells. Concomitantly, another group demonstrated the utility of CD24 in flow cytometry as a marker of cells enriched for mammary repopulating activity (Sleeman et al., 2006).

Accumulating evidence suggests heterogeneity exists within the MaSC population. During pregnancy, alveologenesis may be driven by a transient MaSC subset that undergoes profound expansion (Asselin-Labat et al., 2010; Pal et al., 2013). It is
presumed that this pool provides an expanded compartment of alveolar progenitors which then undergoes alveolar differentiation. Slow-cycling stem cells, likely to be important for maintenance of the adult ductal tree, have also been identified in the adult mammary gland based on long-term label retention, using either synthetic DNA nucleotides (Shackleton et al., 2006; Smith, 2005) or an inducible histone 2B (H2B) promoter linked to a GFP reporter (dos Santos et al., 2013). It is not known whether these cells are distinct from a population of embryonically-derived label-retaining cells (eLLRCs) recently identified in the nipple region of the adult mammary gland (Boras-Granic et al., 2014). eLLRCs become quiescent at birth, however, a subset of these cells can re-enter the cell cycle in response to ovarian hormones and may contribute to the pool of slow-cycling stem cells during periods of mammary growth. Finally, a unique population of fetal MaSCs has been isolated from E18.5 mammary rudiments (Makarem et al., 2013; Spike et al., 2012). These cells have markedly higher repopulating activity compared to adult MaSCs, and are capable of self-renewal and multi-lineage differentiation.

1.2.2 Luminal compartment of the mouse mammary gland

The luminal cell compartment of the mammary epithelium is a heterogeneous collection of mature and progenitor cells restricted to either a ductal or alveolar cell fate. Luminal progenitor cells are not capable of mammary gland repopulation following transplantation yet exhibit robust clonogenic activity in vitro. Flow cytometry-based fractionation followed by the demonstration of in vitro clonogenic activity is a highly effective tool to distinguish progenitor subsets from terminally differentiated luminal cells. This can be achieved by culturing cells in two-dimensions on a feeder layer of fibroblasts (Asselin-Labat et al., 2007), or in three-dimensions using Matrigel as the extracellular matrix to support colony growth (Shackleton et al., 2006; Stingl et al., 2006). Matrigel assays are considered more physiologically relevant than feeder layers, allowing progenitors to form 3D acinar colonies. The luminal compartment can be fractionated from the mouse mammary epithelium by flow cytometry based on a CD24+CD29lo or CD24+CD49flo expression profile (Shackleton et al., 2006; Stingl et al., 2006). These cells express transcripts typical of luminal cells and are capable of forming milk–producing colonies when cultured in the presence of a lactogenic stimulus (prolactin). Subsequently, it was
demonstrated that CD61 (β3-integrin) expression, in combination with CD24 and CD29, is capable of discerning committed luminal progenitor cells (CD24+CD29loCD61+) from mature luminal cells (CD24+CD29loCD61-) (Asselin-Labat et al., 2007). Importantly, CD61+ cells demonstrated markedly enhanced clonogenic activity in 3D cultures compared to CD61− cells. Furthermore, a dramatic decline in the proportion of CD61+ cells was observed during pregnancy, consistent with enhanced alveolar differentiation.

Further fractionation of the luminal compartment can be achieved based on the expression of Sca1 and CD49b (α2-integrin). Following discrimination between luminal and basal populations using CD24 and CD29, the expression of Sca1 and CD49b can resolve the luminal compartment into three distinct subpopulations (Pal et al., 2013; Shehata et al., 2012). The Sca1+CD49b− subset distinguishes non-clonogenic mature luminal cells that express oestrogen receptors (ER) and progesterone receptors (PR). High CD49b expression plus differential Sca1 expression separates two distinct types of luminal progenitors with clonogenic capacity, ER-positive (Sca1+CD49b+) and ER-negative (Sca1−CD49b+). ER-positive progenitors likely represent ductal progenitors since they express high levels of FoxA1 and transcription factors essential for ductal morphogenesis during mammary gland development (Bernardo et al., 2010). In contrast, ER-negative progenitors are likely alveolar progenitors since they express high levels of milk protein transcripts, Elf5 and LM04, which are transcription factors that specialise alveolar cell fate (Oakes et al., 2008; Sum et al., 2005). Additional studies have reported the distinction between ductal and alveolar-restricted progenitors based on the differential expression of c-Kit and Sca1 (Regan et al., 2012) or c-Kit and CD14 (Asselin-Labat et al., 2011). In the latter study, the CD29loCD24+CD14+cKit− subset expressed milk protein transcripts in the virgin mouse and was expanded during late pregnancy, suggesting commitment to the alveolar lineage (Asselin-Labat et al., 2011). However variation in the expression of c-Kit (as well as CD61) has been observed between different mouse strains, in particular in C57BL6/J mice where c-Kit/CD61 expression is minimal (Shehata et al., 2012; Asselin-Labat unpublished). Alveolar progenitors with a CD24highProminin-1− phenotype have also been reported (Sleeman et al., 2007).
1.2.3 Lineage tracing to map cell fate in the mouse mammary gland

While transplantation studies utilising mammary fat pads devoid of endogenous epithelium is considered the gold standard method for detecting MaSCs, this method only reads out the potential of a given cell as a stem cell. To understand the role of stem and progenitor cells in vivo, it is necessary to perform lineage tracing. Lineage tracing involves tracking genetically tagged stem and progenitor cells in situ over time to determine the progeny they produce. This method preserves tissue architecture and provides a physiological setting in which to track the activity of a particular cell subset. An early example of lineage tracing was using the mouse mammary tumour virus (MMTV) (Kordon and Smith, 1998), which randomly inserts its proviral DNA into the genome during the replication cycle (Ringold et al., 1979). Following serial transplantation of mammary tissue from infected donor mice into uninfected hosts, identical viral insertion sites were detected in primary and secondary outgrowths (Kordon and Smith, 1998), suggesting the existence of self-renewing cells capable of reconstituting mammary epithelium.

More recently, lineage-tracing studies have utilised inducible gene promoters to achieve both spatial and temporal control of cell tracking (Rios et al., 2014; Van Keymeulen et al., 2011; Wagner et al., 2002). Using K14-driven and doxycycline-inducible labeling of cells, van Keymeulen and colleagues reported that independent unipotent stem cells restricted to the luminal and myoepithelial lineages drive postnatal mammary gland morphogenesis. They concluded that bipotent stem cells do not exist. However this was later disputed, when K5-driven lineage tracing coupled with a novel 3D imaging strategy provided direct evidence for the existence of bipotent MaSC within the postnatal mammary gland (Rios et al., 2014). This study utilised a multi-colour cre reporter (Confetti, Schepers et al., 2012) together with a doxycycline-inducible system, and could trace stem cells and their progeny over expansive areas of the mammary tree at single-cell resolution. Importantly, clonal analysis revealed K5-labelled MaSC could generate offspring in both luminal and myoepithelial cell lineages, a finding that was validated in K14 and Lrg5-driven systems (Rios et al., 2014). Furthermore these bipotent cells were long-lived and are likely to be essential for maintenance of ductal architecture. In
support of the bipotent stem cell hypothesis, a small subset of basal cells marked by Procr expression was shown to be highly enriched for bipotent stem cells: clonal lineage tracing analysis demonstrated that 93% of labelled Procr+ clones contained both luminal and basal cells after a 6-week chase and the data indicated that these cells are cycling (Wang et al., 2015). The disparity between these studies (Rios et al., 2014; Van Keymeulen et al., 2011) highlights the need for great accuracy with the initial targeting of cells by using highly specific gene promoters, combined with advanced imaging techniques to track cells in 3D such as multi-colour reporters for clonal analysis.

Lineage tracing has also proved useful for tracking luminal progenitors within the mouse mammary gland. Rare populations of luminal progenitors expressing Notch signalling genes have been identified using this technique (Lafkas et al., 2013; Rodilla et al., 2015). Recently, tracing experiments demonstrated that Notch1 marks alveolar progenitor cells that expand during pregnancy and are responsible for the formation of lobuloalveolar units (Rodilla et al., 2015). In addition, these cells survived multiple rounds of involution. It is not known whether they overlap with parity-identified mammary epithelial cells (PI-MEC) isolated by an earlier cell mapping experiment (Wagner et al., 2002), shown to survive through involution and function as self-renewing progenitors in subsequent pregnancies. Furthermore, lineage tracing performed with an inducible Elf5 promoter, a marker of luminal progenitor cells (Lim et al., 2010), showed that luminal progenitor cells are key drivers of ductal morphogenesis during puberty and alveolar formation during pregnancy, but are not as long-lived as MaSCs (Rios et al., 2014).

### 1.2.4 Human mammary epithelial hierarchy

Remarkably, the hierarchical model of mammary epithelium appears largely conserved between human and mouse mammary tissue. The existence of MaSCs in adult human breast tissue was first proposed following analysis of X-chromosome inactivation patterns, whereby entire lobules and ducts of normal breast tissue were found to have the same X chromosome inactivated, suggesting they were clonally derived (Tsai et al., 1996). The subsequent identification of bipotent, luminal-restricted and myoepithelial-restricted progenitors based on flow
cytometry and *in vitro* clonogenic assays lent support to the proposed differentiation hierarchy (Arendt et al., 2014; Stingl et al., 2001). Substantial evidence suggests that the human MaSC resides within the basal compartment of the mammary epithelium that is distinguished by an EpCAM<sup>−</sup>CD49<sup>hi</sup> phenotype (Eirew et al., 2008; Lim et al., 2009; Stingl et al., 2001). Repopulating activity *in vivo* was demonstrated using transplantation assays optimised for human MaSCs, either in renal capsule or mammary fat pad transplantation assays. In the former, dissociated human epithelial cells and mouse fibroblasts were suspended in collagen gels and then implanted under the renal capsule of immunocompromised mice (Eirew et al., 2008). This technique elegantly demonstrated only EpCAM<sup>−</sup>CD49<sup>hi</sup> cells were capable of regenerating polarised, bilayered structures containing both luminal and myoepithelial cells bound by a basement membrane. In addition, this subset exhibited self-renewal activity demonstrated by secondary transplantation. In a parallel approach (Lim et al., 2009), epithelial cells were co-injected into cleared mouse mammary fat pads along with human fibroblasts (Kuperwasser et al., 2004), to provide a more favourable environment for human cell growth and differentiation. Similarly, only the EpCAM<sup>−</sup>CD49<sup>hi</sup> population showed mammary regenerative capacity, at a frequency of 1 in 20,000 cells (Lim et al., 2009). This subpopulation expresses myoepithelial proteins including p63, cytokeratin 14 and vimentin, and is equivalent to the basal CD24<sup>−</sup>CD29<sup>lo</sup> subset shown to harbour mouse MaSCs (Lim et al., 2009). In addition, marked similarities in the transcriptomes of human and mouse MaSC-enriched populations have been observed (Lim et al., 2010). In earlier reports, it was instead proposed that multipotent stem cells reside within the luminal (EpCAM<sup>high</sup>CD49<sup>+</sup>) compartment of ducts (Ginestier et al., 2007; Villadsen et al., 2007), or that separate multipotent populations exist within the luminal and myoepithelial compartments (Keller et al., 2012). However, it is now well accepted that the EpCAM<sup>−</sup>CD49<sup>hi</sup> population contains MaSCs and that the discrepancies likely arose because of the inconsistent methods used to dissociate human mammary epithelial cells as well as the different downstream assays applied to assess stem cell activity (Visvader and Stingl, 2014).

Characterisation of sorted cell populations by expression analysis and *in vitro* clonogenic assays has delineated the luminal progenitor (EpCAM<sup>−</sup>CD49<sup>+</sup>) and
mature luminal \((\text{EpCAM}^+\text{CD49f}^-)\) compartments of the human breast. Both subsets express markers of the luminal lineage including cytokeratin 8, 18 and 19, yet only \(\text{EpCAM}^+\text{CD49f}^-\) cells display clonogenic activity when cultured in Matrigel (Eirew et al., 2008; Lim et al., 2009). Further fractionation of the luminal progenitor population has been achieved based on the expression of ALDH and ERBB3, revealing three subpopulations of cells: \(\text{ALDH}^+\text{ERBB3}^+\) (\(\text{ALDH}^+\)), \(\text{ALDH}^-\text{ERBB3}^+\) (\(\text{ALDH}^-\)) and \(\text{ALDH}^-\text{ERBB3}^-\) (\(\text{ERBB3}^-\)) (Eirew et al., 2012; Shehata et al., 2012). The \(\text{ALDH}^+\) subset is highly clonogenic and likely analogous to the ER-negative alveolar progenitors identified in mouse mammary tissue (Sca1\(^-\)CD49b\(^+\)) since they share a gene signature closely associated with the alveolar lineage (Shehata et al., 2012). In contrast, \(\text{ALDH}^-\) cells displayed the highest mRNA levels for genes involved in luminal differentiation and exhibited significantly lower clonogenic activity compared to the \(\text{ALDH}^+\) population, consistent with a more differentiated phenotype. The high expression of \(\text{FOXA1}\) in this subset is also comparable to the ER-positive ductal progenitors identified in mouse tissue (Shehata et al., 2012). The \(\text{ERBB3}^-\) subpopulation displayed low levels of luminal differentiation genes but the highest levels of basal-specific transcripts, implying an intermediate phenotype (Shehata et al., 2012). Intriguingly, in some patient samples this subset was the most dominant (up to 65\% of the total luminal progenitor population), however its biological relevance is unknown given it was only present in the minority of patient samples analysed. Finally, a recent report has suggested that the luminal lineage may show increasing complexity with lobule maturity (Arendt et al., 2014). Specifically, a computational approach to model the cellular hierarchy from flow cytometry data (termed SPADe, Qiu et al., 2011) indicated that the highly arborized Type III breast lobules have clusters of rare but distinct luminal populations while Type I and II lobules appeared more homogeneous (Arendt et al., 2014).

### 1.3 Hormonal Regulation of Mammary Gland Development

Hormone signalling in the mammary epithelium is essential for the morphogenesis that takes place during puberty, oestrus cycling and pregnancy (Figure 1.3). In both human and mouse, the rapid ductal elongation and arborization that occurs at the onset of puberty is primarily regulated by oestrogen, while side branching during
oestrus cycling and functional lobuloalveolar development during pregnancy is largely driven by progesterone signalling. Prolactin also plays an essential role in alveologenesis and lactogenesis. Across species, proliferating cells in the adult mammary gland rarely express steroid receptors, and are regulated by hormones via paracrine mechanisms (Clarke et al., 1997; Grimm et al., 2002; Russo et al., 1999; Seagroves et al., 2000). This has been elegantly demonstrated in the mouse mammary epithelium, where MaSCs were shown to be highly responsive to steroid hormone signalling despite being hormone receptor-negative (HR⁻), via paracrine signals secreted from HR⁺ mature luminal cells (Asselin-Labat et al., 2010; Joshi et al., 2010). Oophorectomy markedly diminished MaSC number and repopulating capacity in vivo, while both pregnancy and exogenous hormone treatment significantly increased the number of repopulating cells (Asselin-Labat et al., 2010). HR⁺ mature luminal cells can also signal to HR⁻ luminal progenitor cells in a paracrine fashion (Pal et al., 2013). Thus, HR⁺ mature luminal cells appear to act as "sensor” cells that receive mitogenic signals encoded by systemic hormones, and secrete paracrine factors to instruct neighbouring HR⁻ stem and progenitor cells (“responder” cells) to proliferate (reviewed in Brisken, 2013). The use of paracrine signalling mechanisms ensures the precise coordination of multiple cell types and facilitates signal amplification.

1.3.1 Oestrogen

The steroid hormone oestrogen is primarily produced by the ovary, catalysed by the enzyme aromatase within the granulosa cells of maturing follicles and the luteal cells of the corpus luteum (Simpson et al., 1994). There are three major naturally occurring oestrogens: oestrone (E1), 17β-oestradiol (E2) and oestriol (E3). E2 is the most potent circulating oestrogen and mediates the majority of oestrogen action in the mammary gland. Oestrogen is the major mitogenic stimulus during puberty, necessary for the rapid growth and expansion of the ductal tree into the mammary fat pad (Brisken and O’Malley, 2010). Early experiments using oophorectomised mice revealed that the administration of 17β-oestradiol was sufficient to induce cell proliferation in the pubertal gland and rescue ductal outgrowth (Daniel et al., 1987). Oestrogen signals via two distinct nuclear oestrogen receptors, ERα and ERβ, which upon ligand binding function as transcription factors that modulate gene
transcription by binding to specific DNA sequences (hormone response elements) in target gene promoters (Beato et al., 1995; Tsai and O'Malley, 1994). ERα appears to be the critical mediator of oestrogen signals within the mammary epithelium since $ER\alpha^{-/-}$ mice showed no development at puberty beyond a primitive ductal rudiment that was devoid of TEBs (Korach et al., 1996; Mallepell et al., 2006). In contrast, loss of $ER\beta$ had no adverse effects on ductal development (Forster et al., 2002). The phenotype observed in $ER\alpha^{-/-}$ mice is presumably due to the paucity of functional MaSCs, since aromatase knockout animals harbour markedly fewer MaSCs and significantly reduced regenerative capacity (Asselin-Labat et al., 2010).

Elegant tissue recombination experiments indicated oestradiol elicits proliferation and morphogenesis by a paracrine mechanism, since $ER\alpha^{-/-}$ epithelial cells could proliferate and contribute to all cellular compartments only when co-transplanted with wild-type (WT) cells (Mallepell et al., 2006). The growth factors amphiregulin, FGF7 and FGF10 are candidate paracrine mediators of oestrogen-induced proliferation and ductal outgrowth, since their transcription is strongly induced by 17-$\beta$-oestradiol and genetic ablation causes a phenotype similar to that of $ER\alpha$-deficient epithelium (Ciarloni et al., 2007; Kenney et al., 1996; Lu et al., 2008; Luetteke et al., 1999).

**1.3.2 Progesterone**

Progesterone biosynthesis occurs primarily within the ovary, and is synthesised from cholesterol via the intermediate pregnenolone (Fritz and Speroff, 2012). Progesterone signalling is initiated upon binding to intracellular progesterone receptors that are members of the nuclear receptor superfamily of transcription factors and are expressed as two isoforms, PR-A and PR-B. Within the adult mouse mammary gland, progesterone orchestrates ductal side-branching during each oestrous cycle and the expansion of the alveolar compartment during pregnancy (reviewed in Brisken, 2013). Mammary epithelium from $PR^{-/-}$ mice lacked secondary and tertiary side branches, and failed to form milk-producing lobuloalveolar units during pregnancy that are essential for lactation (Brisken et al.,
1998; Lydon et al., 1995). Progesterone signals within the mammary gland are largely mediated by the PR-B receptor, since severely impaired ductal proliferation and alveolar morphogenesis were only observed following genetic deletion of PR-B and not PR-A (Mulac-Jericevic et al., 2003; Mulac-Jericevic et al., 2000). During adulthood, progesterone is a more potent mitogenic signal than oestrogen, since progesterone levels peak in the luteal phase of the menstrual cycle in humans or diestrus in mice, when mammary epithelial cell proliferation is highest (Arendt and Kuperwasser, 2015). Ex vivo culture of human reduction mammoplasties revealed that progesterone treatment stimulated cell proliferation whereas 17β-oestradiol did so only in a fraction of breast tissue samples (Tanos et al., 2013). In addition, treatment of oophorectomised adult mice with progesterone and 17β-oestradiol elicited profound cell proliferation, whereas the mitogenic effect of 17β-oestradiol alone was negligible (Beleut et al., 2010; Wang et al., 1990).

Progesterone exerts mitogenic effects predominantly via paracrine signalling in the mammary gland. Analogous to ERα−/− cells, transplantation of PR−/− epithelial cells resulted in normal ductal branching and functional alveoli development only when co-mixed with WT cells (Brisken et al., 1998). Progesterone-induced proliferation occurs in two distinct waves, demonstrated by experiments in which oophorectomised mice were treated with exogenous progesterone and proliferating cells were distinguished using BrdU incorporation (Beleut et al., 2010). In the initial shorter wave, PR+ cells themselves proliferate, consistent with a cell-intrinsic mechanism. This is followed by a larger second wave of proliferation in neighbouring PR− cells mediated by paracrine signals. Both Wnt4 and RANKL have emerged as crucial paracrine mediators of progesterone action and their expression in PR+ luminal cells is dramatically increased in mice following progesterone treatment (Brisken et al., 2000; Joshi et al., 2010; Mulac-Jericevic et al., 2003; Pal et al., 2013).

Interestingly, accumulating evidence suggests that progesterone-induced mammary epithelial expansion during pregnancy may be partly attributable to changes in the mammary epigenome. The expression and phosphorylation of EZH2, a histone methyltransferase that forms the catalytic component of the
polycomb repressive complex PRC2, is profoundly upregulated during early to mid pregnancy (Michalak et al., 2013; Pal et al., 2013). This expression pattern correlates with histone methylation changes and gene expression modulation, for example luminal genes required for differentiation and milk production showed strongly decreased H3K27 trimethylation marks and upregulated gene expression at mid-pregnancy (Pal et al., 2013). Loss of Ezh2 led to reduced alveolar expansion and a failure of lactation (Michalak et al., 2013; Pal et al., 2013). Progesterone (but not prolactin) treatment in vivo led to a striking elevation in Ezh2 expression and phosphorylation/activation, confirming the role of progesterone in this pathway (Pal et al., 2013). Moreover, Ezh2 expression was enriched in the PR− luminal progenitor population whereas Rankl was highly induced in differentiated PR+ mature luminal cells, indicating a paracrine mode of stimulation. Collectively these findings indicate that progesterone-induced upregulation of Ezh2 in pregnancy is a key event that facilitates changes in the mammary epigenome and modulation of gene expression.

1.3.3 Prolactin

Prolactin is primarily produced by lactotrophs in the anterior pituitary gland, however, local production in the mammary epithelium has also been reported (Vonderhaar, 1999). Within the mammary epithelium, prolactin plays a critical role in alveologenesis and lactogenic differentiation during pregnancy. This occurs indirectly through positive regulation of progesterone biosynthesis, and through direct mechanisms via its effect on mammary epithelial cells (Trott et al., 2008). Binding of prolactin to its cognate receptor PRLR induces receptor dimerisation and the activation of Janus Kinase 2 (JAK2), which results in phosphorylation and activation of STAT5 (Schindler and Darnell, 1995). Activated STAT5 translocates to the nucleus and induces expression of its target genes including milk proteins casein β (Csn2) and whey acidic protein (Wap) (Gouilleux et al., 1994; Li and Rosen, 1995). Genetic inactivation of Prlr, Jak2 or Stat5 leads to normal ductal expansion during puberty, however, the mutant epithelium is devoid of luminal cell proliferation or functional lobuloalveolar units during pregnancy (Brisken et al., 1999; Cui et al., 2004; Liu et al., 1997; Ormandy et al., 1997; Wagner et al., 2004). Transplantation experiments indicated that the alveologenesis defect in Prlr−/−
glands was autonomous to the mammary epithelium and not a consequence of reduced levels of circulating progesterone (Brisken et al., 1999; Gallego et al., 2001). Furthermore progesterone supplementation in Prlr−/− mice was able to rescue ductal side branching but not alveologenesis (Ormandy et al., 2003). Paracrine-mediated signals have also been associated with prolactin signalling, for instance IGF-2 has been implicated as an essential paracrine mediator (Brisken et al., 2002). Reports have suggested RANKL may also be a paracrine mediator of prolactin (Fata et al., 2000; Srivastava et al., 2003), however, this has been disputed by other studies (Brisken, 2002; Obr et al., 2013).

1.3.4 RANKL: essential paracrine mediator of progesterone action

Receptor Activator of Nuclear Factor-κB Ligand (RANKL) is a cytokine member of the tumour necrosis factor (TNF) superfamily that was originally identified in bone tissue as the critical driver of osteoclast formation, differentiation and activation (Lacey et al., 1998; Yasuda et al., 1998). RANKL signals via its cognate receptor Receptor Activator of NF-κB (RANK) and can be inhibited by the soluble decoy receptor osteoprotegerin (OPG), thus the RANKL/OPG ratio is critical for bone remodelling and skeletal integrity. RANKL also plays a pivotal role in mammary gland morphogenesis, functioning as a key paracrine mediator of progesterone-induced mitogenic signals. In mice, RANKL expression is markedly induced by progesterone in mature PR+ luminal cells and mediates mitogenic signalling to neighbouring MaSC and luminal progenitor cells that express RANK but lack hormone receptors (Asselin-Labat et al., 2010; Fata et al., 2000; Fernandez-Valdivia et al., 2009; Gonzalez-Suarez et al., 2007; Joshi et al., 2010; Mulac-Jericevic et al., 2003; Pal et al., 2013) (Figure 1.5). RANK and RANKL are essential for the expansion of the stem/progenitor compartment that occurs during pregnancy and oestrus cycling (Asselin-Labat et al., 2010; Joshi et al., 2010), and for orchestrating the formation of functional lobuloalveolar structures required for lactation (Fata et al., 2000). Analogous to PR−/− epithelium, mice deficient in either Rankl or Rank developed normally during puberty but then failed to lactate due to a
Figure 1.5: Schematic model of RANKL-mediated progesterone signalling in the mouse mammary gland

Mammary stem cells and luminal progenitor cells express RANK but lack expression of the hormone receptors ER and PR. These cells can receive mitogenic signals from progesterone via the secretion of RANKL from mature ductal cells. Figure adapted from Visvader, 2009.
lack of functional lobuloalveolar structures (Fata et al., 2000). This lactation defect was underpinned by an absence of RANKL-induced proliferation, differentiation and survival of the mammary epithelium (Fata et al., 2000). Ectopic expression of Rankl in PR⁻⁺ epithelial cells rescued branching morphogenesis and alveolar development, indicating that the RANKL signalling pathway is the major mediator of progesterone signalling to mouse mammary epithelium during lactational morphogenesis (Beleut et al., 2010; Mukherjee et al., 2010). The role of RANKL as an effector of mitogenic progesterone signalling has been confirmed in human breast tissue (Azim et al., 2015; Hu et al., 2014; Tanos et al., 2013). Ex vivo analysis of human breast tissue microstructures isolated from reduction mammoplasties demonstrated expression of RANKL in PR⁻⁺ luminal cells and showed that progesterone induces cell proliferation with RANKL as an essential mediator (Tanos et al., 2013).

The spatially and temporally restricted expression of RANK and RANKL governs their control of mammary morphogenesis. RANKL mRNA and protein expression is exclusively induced in differentiated PR⁺⁺ luminal cells in response to progesterone, peaking at mid-pregnancy and decreasing after 18.5 dP (Fernandez-Valdivia et al., 2009; Gonzalez-Suarez et al., 2007; Mulac-Jericevic et al., 2003). While Rank mRNA is unchanged, marked protein upregulation occurs specifically within HR⁻ MaSC and luminal progenitor cells during mid-pregnancy and is attenuated during maturation of the alveolar compartment (Fernandez-Valdivia et al., 2009; Gonzalez-Suarez et al., 2007). Interfering with this finely tuned regulation of RANK-RANKL signalling can have profound effects. As discussed above, Rank- and Rankl-deficient mammary glands lack functional lobuloalveolar structures required for successful lactation. Overexpression of Rank in the mouse mammary gland during pregnancy enhanced epithelial cell proliferation and markedly impaired alveolar differentiation (Gonzalez-Suarez et al., 2007). The observation that both Rank overexpression and loss result in the same striking lactation defect is paradoxical, but suggests that RANK upregulation during at mid-pregnancy is essential for epithelial expansion, and that dampening of RANK pathway activity is required later in pregnancy to initiate secretory differentiation. In addition, overexpression of Rankl in virgin mice leads to precocious ductal side-branching due to accelerated mammary epithelial proliferation, similar to the effects of
progesterone stimulation or Rank overexpression (Fernandez-Valdivia et al., 2009). In contrast to Rank transgenic mice, Rankl-overexpressing mice could undergo alveologenesis as a result of a compensatory reduction in Rank expression to attenuate the RANKL response. Taken together, these results suggest tight control of RANK and RANKL expression is required for proper hormone-induced mammary morphogenesis.

A critical downstream event in RANKL signalling is the activation of the NF-κB pathway (Anderson et al., 1997) (Figure 1.6). The NF-κB family of transcription factors, which are expressed in virtually all cell types, consists of five members: p50, p52, p65 (RelA), c-Rel and RelB, encoded by NFKB1, NFKB2, RELA, REL and RELB, respectively (reviewed in Hayden and Ghosh, 2008). These family members share an N-terminal Rel homology domain (RHD), responsible for DNA binding and dimerisation. NF-κB dimers bind to κB sites within the promoters/enhancers of target genes involved in a range of biological processes including inflammation, cell survival and proliferation, and regulate their transcription through the recruitment of coactivators and corepressors (Hayden and Ghosh, 2008). There are two distinct activating mechanisms referred to as the canonical (classical) and non-canonical (alternative) NF-κB pathway. In the canonical pathway, activation of the IκB kinase complex (IKKα, IKKβ and IKKγ/NEMO) induces proteasomal-mediated degradation of the inhibitory IκB protein, releasing the p50/p65 heterodimer and enabling nuclear translocation. In contrast, non-canonical signalling involves the activation of NF-κB inducing kinase (NIK) and IKKα, leading to the phosphorylation and partial processing of p100 into the mature p52 subunit. p52/RelB heterodimers are then free to translocate into the nucleus. Within the mammary gland, RANKL-RANK interactions promote the activation of IKKα (Cao et al., 2001), inducing transcriptional upregulation of the cell-cycle regulator cyclin D1 and licensing cell proliferation (Cao et al., 2001; Fernandez-Valdivia et al., 2009; Mulac-Jericevic et al., 2003). Genetic inactivation of either cyclin D1 or IKKα prevented the development of functional lobuloalveolar structures in pregnant mice (Cao et al., 2001; Fantl et al., 1995; Sicinski et al., 1995). The lactation defect observed in IKKα−deficient mice could be rescued by expression of a cyclin D1 transgene (Cao et al., 2001). Alternative downstream
targets of RANKL signalling have also been revealed, including RANKL-triggered nuclear retention of the helix-loop-helix transcription factor Id2 (Kim et al., 2006; Kim et al., 2011) (Figure 1.6). Id2-deficient mice display impaired lobuloalveolar development during pregnancy and intrinsic defects in cellular proliferation and lactogenic differentiation (Miyoshi et al., 2001; Mori et al., 2000). RANK activation by RANKL triggers the activation of cyclin-dependent kinase 2 (Cdk2), which subsequently phosphorylates Id2 at serine 5 and prevents nuclear export. Nuclear localisation of Id2 is critical for the downregulation of p21 promoter activity and cell cycle progression, eliciting proliferation and survival of mammary epithelial cells (Kim et al., 2006; Kim et al., 2011).

Following progesterone/RANKL-induced amplification of the mammary stem/progenitor cell compartment, commitment to the secretory lineage during pregnancy is achieved in part by RANKL-mediated induction of Elf5. Elf5 is an ETS transcription factor expressed by luminal progenitor cells that specifies their commitment towards the secretory alveolar lineage (Oakes et al., 2008). Elf5 deletion prevents the formation of functional lobuloalveolar structures during pregnancy, while overexpression stimulates alveolar differentiation and milk secretion in virgin mice (Oakes et al., 2008). Elegant work has demonstrated significant induction of Elf5 expression in luminal progenitors in response to progesterone treatment in vivo, or upon forced Rankl expression using the MMTV promoter (Lee et al., 2013). Blockade of RANKL signalling using a neutralising antibody prevented progesterone-induced side branching and the expansion of the Elf5+ epithelial population (Lee et al., 2013). Thus RANKL-induced Elf5 appears to drive the differentiation of luminal progenitor cells towards the secretory cell fate.

In addition to RANKL, Wnt-4 likely acts as a paracrine mediator of progesterone signalling, since the expression of Wnt-4 is upregulated in response to progesterone in both human and mouse mammary glands (Brisken et al., 2000; Joshi et al., 2010; Tanos et al., 2013). In addition, its expression in the mouse epithelium colocalises with PR (Brisken et al., 2000). However, while mammary glands deficient in Wnt-4 had reduced side-branching and alveologenesis during
Figure 1.6: Schematic diagram depicting the signalling pathways downstream of the RANK receptor

RANKL-RANK interactions promote the activation of IKKα and subsequently NF-κB, which induces the transcriptional upregulation of cyclin D1. RANK activation also triggers nuclear retention of Id2, which leads to downregulation of p21. Both signalling pathways stimulate cell cycle progression and the proliferation of mammary epithelial cells. Adapted from Schramek et al., 2011.
early pregnancy, this phenotype was rescued as pregnancy progressed suggesting compensation by other Wnt ligands (Brisken et al., 2000). In addition, Wnt-4 overexpression in the mammary gland failed to elicit a morphogenic response (Kim et al., 2009). These studies suggest that progesterone-induced Wnt-4, unlike RANKL, is not sufficient for ductal expansion and alveolar development in the mouse mammary gland. Intriguingly, an interaction between the RANKL and Wnt pathways was recently proposed (Joshi et al., 2015), in which progesterone-induced RANKL enables Wnt responsiveness by triggering the upregulation of R-spondin1, a secreted protein known to enhance Wnt signalling via stabilisation of the Wnt receptor complex (de Lau et al., 2014). This facilitates the proliferation of Wnt-responsive mammary stem/progenitor cells in response to progesterone-induced Wnt4 secretion.

1.4 Breast Cancer

1.4.1 Breast cancer heterogeneity

Breast cancer is the most common cancer affecting women worldwide, accounting for approximately 30% of all new cancer cases diagnosed each year and 15% of all deaths (Siegel et al., 2015). It is not a single disease but a heterogeneous collection of tumour subtypes with diverse pathological features, molecular signatures, therapeutic responses and clinical outcomes. Traditionally, breast cancers were classified based on the expression of ER, PR and human epidermal growth factor receptor 2 (HER2) by immunohistochemistry. As a consequence of elegant gene profiling studies, breast cancers can now be robustly stratified into five distinct subtypes on the basis of their transcriptome: luminal A, luminal B, HER2-positive, claudin-low and basal-like (Herschkowitz et al., 2007; Perou et al., 2000; Sorlie et al., 2001). Classification of newly diagnosed tumours into a breast cancer subtype has had important implications for tailoring treatments and predicting patient outcomes, however patient response to targeted therapy or chemotherapy remains highly variable. Intertumoral heterogeneity is hypothesised to reflect both the distinct breast epithelial cells that serve as the cell of origin for malignant transformation (reviewed in Visvader, 2011) and the nature of the
initiating genetic lesions (reviewed in Ellis and Perou, 2013). Comparisons between the molecular signatures of normal mammary epithelial populations with those representing the breast cancer subtypes has been a valuable tool for interrogating distinct cell of origin populations. Breast cancer subtypes appear to segregate along the normal mammary differentiation hierarchy starting with undifferentiated claudin-low tumours, followed by basal-like, then HER2+ tumours and finally both luminal tumour subtypes (Lim et al., 2009; Prat et al., 2010) (Figure 1.7). Determining the cells of origin as well as the biomarkers they express could enable earlier detection of breast cancer and the development of effective preventive therapies (Visvader, 2011). In addition to cells of origin and genetic events, the microenvironment including stromal and immune cells likely plays a pivotal role in influencing tumour histopathology and behaviour (reviewed in Polyak and Kalluri, 2010).

1.4.2 Luminal A and B breast tumours

Luminal A and B tumours represent the majority of breast cancers and are typically associated with more favourable clinical outcomes compared to other tumour subtypes. Luminal tumours share a gene expression signature that aligns with that of differentiated ER+ luminal cells including high expression of ER and the transcription factors GATA3, XBP1 and FOXA1 (Lim et al., 2009). Luminal A cancers are typically low-grade ER+ tumours with low expression of proliferation genes, while luminal B tumours have lower ER expression and a higher proliferative index and tumour grade. Accordingly, patients with luminal A tumours show more favourable relapse-free and survival outcomes after treatment compared to luminal B tumours (Fan et al., 2006). The expression of ER by the majority of luminal A and B tumours permits the use of endocrine therapy for targeted treatment (in combination with chemotherapy or as a single agent), the use of which has dramatically increased the survival of patients with ER+ breast cancer (Early Breast Cancer Trialists' Collaborative Group, 2005). Endocrine therapies typically involve the use of tamoxifen, a selective oestrogen-receptor modulator (Borras et al., 1994), or aromatase inhibitors such as letrozole that block oestrogen biosynthesis (Bulun et al., 2005). The 10-year relapse-free survival for luminal A patients treated with tamoxifen alone is approximately 70% compared to
Figure 1.7: Schematic model of the human breast epithelial hierarchy and the potential association with breast cancer subtypes.
Depicted are the five major breast tumour subtypes along with their closest normal epithelial counterpart, based on the comparison of gene expression signatures. HER2+ tumours may arise through amplification of the HER2 locus in a target cell within the luminal lineage. Figure adapted from Visvader, 2009.
50% for patients with luminal B tumours (Cheang et al., 2009; Nielsen et al., 2010). Luminal A and B tumours also exhibit a distinct genetic mutational profile compared with other tumour subtypes, including mutations in key regulators of luminal cell differentiation and hormone signalling such as $PI3K$, $MAP3K1$, $GATA3$, $FOXA1$ and $TBX3$ (The Cancer Genome Atlas Network, 2012). Activating mutations in the PI3K pathway, a key intracellular signalling system that drives cellular growth and survival, are the most prevalent genetic events in ER$^+$ luminal breast tumours and have been implicated in both tumorigenesis and resistance to endocrine therapy (Ciruelos Gil, 2014). This, in combination with the observation that many patients with ER$^+$ breast cancer encounter de novo or acquired resistance to endocrine therapies, provides a powerful rationale for highly specific therapies targeting the PI3K pathway (Ellis and Perou, 2013; Li et al., 2013). Preclinical studies have revealed that pharmacological or genetic inactivation of PI3K induces marked apoptosis of ER$^+$ breast cancer cells particularly when combined with loss of oestrogen signalling (Crowder et al., 2009; Sanchez et al., 2011). Several agents that target the PI3K pathway are currently being evaluated for the treatment of ER$^+$ luminal breast cancer in clinical trials (reviewed in Ciruelos Gil, 2014).

1.4.3 HER2-positive tumours

Breast tumours that have overexpression/amplification of the $HER2/ErbB2$ locus represent approximately 20% of breast cancers (Slamon et al., 1987). HER2 is a member of the human epidermal growth factor receptor family that promotes cell proliferation and survival. HER2$^+$ breast cancers are typically highly proliferative tumours that lack expression of basal-associated genes, have variable expression of hormone receptors (approximately 50% are ER$^+$) and lower expression of luminal-specific genes compared to luminal A and B tumours (Prat and Perou, 2011). These tumours have no clear association with a normal epithelial cell subset as yet, but their molecular signature implies they may derive from amplification of the $HER2$ locus in an epithelial cell with an intermediate differentiation state between luminal progenitor and mature luminal cells (Visvader, 2009). Although HER2$^+$ breast cancers have been traditionally associated with a poor prognosis, treatment of these patients has been revolutionised by the development of Herceptin/Trastuzumab that specifically targets the HER2 receptor (Hudziak et al.,

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The administration of trastuzumab in combination with chemotherapy results in improved recurrence-free survival as well as overall survival in a significant proportion of patients with HER2+ breast cancer (Piccart-Gebhart et al., 2005; Romond et al., 2005).

1.4.4 Basal-like breast cancer

Basal-like tumours are the most heterogeneous of the breast cancer subtypes and comprise 15 – 20% of all tumours. The majority of basal-like tumours exhibit a triple-negative phenotype (ER−PR−HER2−) (>90%, Cheang et al., 2015), express high levels of EGFR and the basal markers cytokeratin 5, 6 and 14, and are associated with a poor prognosis. Basal-like cancers comprise 80 – 90% of all triple negative breast cancers (Reis-Filho and Lakhani, 2008). Interrogation of the gene expression signature of basal-like breast tumours with human mammary epithelial cells unexpectedly revealed striking similarities with the normal luminal progenitor gene signature, and not that of the MaSC-enriched population as had been widely presumed (Lim et al., 2009). Thus, the luminal progenitor could represent the cell of origin for basal-like breast tumours. These cells were further defined as ALDH+ and ER− luminal progenitor cells (Shehata et al., 2012). The mutational profile of basal-like tumours is distinct from other tumour subtypes as they carry an extremely high rate of TP53 mutations (85% mutation frequency in TCGA database), a higher number of somatic mutations per tumour and a higher degree of genomic instability (The Cancer Genome Atlas Network, 2012). PI3K/Akt pathway activating mutations are also common in basal-like tumours, frequently via the loss of negative regulators such as PTEN (35% mutation frequency). Although triple negative basal-like tumours often display chemosensitivity, disease-free and overall survival are still significantly worse than ER+ tumours due to higher rates of relapse in patients with residual disease (known as the “triple-negative paradox”, Carey et al., 2007). The absence of ER and HER2 expression precludes the use of endocrine or anti-HER2 therapy, thus cytotoxic chemotherapy remains the mainstay of treatment for basal-like breast tumours. Therefore a challenge for the field is the identification of effective targeted therapies for these highly aggressive tumours. Current molecular targets that are being evaluated include poly(adenosine diphosphate (ADP)-ribose) polymerase 1 (PARP1), vascular endothelial growth factor (VEGF), EGFR, MAPK
and PI3K/mTOR. Of particular interest is the inhibition of PARP1, a key player in the repair of DNA breaks that is typically found to be highly expressed in basal-like tumours, along with other DNA-repair pathway genes (Prat and Perou, 2011). Clinical trials have demonstrated the efficacy of PARP1 inhibitors particularly in patients with basal-like tumours that carry germline mutations in the DNA-repair genes BRCA1 or BRCA2, or sporadic basal-like breast tumours that share common phenotypic features with familial BRCA tumours (termed “BRCAness”, Lord and Ashworth, 2016; Turner et al., 2004).

1.4.5 Claudin-low tumours

Claudin-low tumours are the least frequent breast cancer subtype and are mostly triple-negative invasive ductal carcinomas that are associated with a poor prognosis (Herschkowitz et al., 2007). Tumours typically have mesenchymal features, express immune response genes implying lymphocytic infiltration and are characterised by low levels of genes involved in tight junctions, cell-cell adhesion and luminal differentiation (Prat et al., 2010). In contrast to the other poor outcome subtypes such as HER2+ and basal-like, claudin-low tumours express low levels of proliferation-associated genes and thus appear to be slow-cycling tumours (Prat et al., 2010). Their response rate to standard neoadjuvant chemotherapy is intermediate between luminal and basal-like tumours (Prat et al., 2010). Interestingly, metaplastic carcinomas have been also linked with the claudin-low profile; these are rare, poorly differentiated breast tumours that are associated with poor prognosis and treatment resistance (Al Sayed et al., 2006; Hennessy et al., 2005). Molecular profiling studies have revealed the gene signature of the MaSC subset is most closely aligned with the claudin-low subtype (Herschkowitz et al., 2007; Lim et al., 2009; Prat et al., 2010), suggesting that this is the likely target population for malignant transformation. Functional evidence for MaSCs as the cells of origin for claudin-low tumours has come from the genetic transformation of human basal/myoepithelial cells, which resulted in the development of rare metaplastic tumours reminiscent of the claudin-low subtype following transplantation into mice (Keller et al., 2012).
1.5 Ovarian Hormones and Breast Cancer

The connection between ovarian hormones and breast cancer was established more than a century ago, when Sir George Beatson demonstrated that breast cancer progression could be drastically attenuated by bilateral oophorectomy in premenopausal women (Beatson, 1896). Subsequent evidence has implicated both exogenous and endogenous oestrogen and progesterone levels in breast cancer pathogenesis. Breast cancer risk robustly increases with early menarche, late menopause and shorter menstrual cycles (Colditz et al., 2004), clearly correlating cancer risk with the number of menstrual cycles a woman experiences during her lifetime, and hence the exposure time of the mammary epithelium to ovarian hormones. Conversely, early menopause or ovarian ablation is protective against breast cancer development (Parker et al., 2009b; Pike et al., 1993). Furthermore, exogenous hormone-replacement therapy (HRT) has been highly implicated as a risk factor for breast cancer in postmenopausal women (Collaborative Group on Hormone Factors in Breast Cancer, 1997; Hulka, 1997).

Breast cancer risk following exposure to ovarian hormones appears to be largely mediated by progesterone signalling (reviewed in Brisken, 2013). As discussed earlier in this chapter, progesterone is the major stimulus of cell proliferation in the adult female, and the majority of proliferation in the human breast occurs during the luteal phase when progesterone levels are highest. Importantly, a substantial increase in breast cancer risk was observed in women taking a combination of oestrogen and progestin (a synthetic progesterone agonist) for HRT compared to no or a small increase in risk conferred by oestrogen alone (Beral, 2003; Chlebowski et al., 2010; Rossouw et al., 2002). This is likely attributed to the substantial increase in cell proliferation observed in the breast epithelium of women taking combination therapy (Hofseth et al., 1999). The use of combination HRT significantly declined following publication of these findings, and has been followed by a reduction in breast cancer incidence (Farhat et al., 2010).

It is conceivable that the breast cancer risk associated with sustained progesterone exposure (via repeated menstrual cycles or combination HRT) is attributable to recurrent activation of paracrine effectors downstream of PR. As described earlier,
progesterone-induced RANKL stimulates proliferation and expansion of mammary stem/progenitor cells via the activation of downstream signalling pathways, specifically NF-κB and Id2. The expanded pool of stem/progenitor cells likely translates to increased targets for carcinogen or genetic mutation-induced malignant transformation (Asselin-Labat et al., 2010; Joshi et al., 2010). Indeed in vivo administration of medroxyprogesterone (MPA), a progestin commonly used in HRT, triggered an enormous induction (2000 fold) of Rankl mRNA in the mouse mammary epithelium, and stimulated mammary epithelial proliferation (Gonzalez-Suarez et al., 2010; Schramek et al., 2010). Together with the observation that elimination of RANKL signalling markedly delayed the onset and frequency of hormone-driven mouse mammary tumours (Gonzalez-Suarez et al., 2010; Schramek et al., 2010), this suggests that RANKL may be a principle mediator of the pro-tumorigenic effects of progesterone.

1.6 Familial Breast Cancer

The clustering of breast cancer in families was first documented in 1866 by the French surgeon Broca (Broca, 1866). It is estimated that 5 – 10% of all breast cancer cases are directly attributable to the inheritance of mutations in breast cancer susceptibility genes (Rahman and Stratton, 1998). A number of high-penetrance genes have been implicated in breast cancer susceptibility, including the tumour suppressor genes BRCA1, BRCA2, TP53, PTEN, CHK2 and ATM that are predominantly associated with the maintenance of genome integrity and DNA repair. Germline mutations in BRCA1 and BRCA2 have an autosomal dominant inheritance pattern, confer a high lifetime risk of developing breast and ovarian cancer and together account for approximately 30 – 40% of all hereditary breast cancer cases (Antoniou et al., 2008; Ford et al., 1998; Mavaddat et al., 2010; Peto et al., 1999). The risk of developing cancer is not identical for all carriers of BRCA1 and BRCA2 mutations, and can be influenced by allelic heterogeneity, modifier genes and environmental and hormonal cofactors (reviewed in Couch et al., 2014; Narod and Foulkes, 2004). While less common, germline mutations in TP53 can lead to Li-Fraumeni syndrome, a multicancer syndrome that includes sarcoma, early-onset breast cancer, leukaemia and brain tumours (Li and Fraumeni, 1969).
There are likely to be additional moderate- and low-penetrance genes that contribute to a significant proportion of breast tumours and hence play an important role in genetic predisposition to breast cancer within the general population (Pharoah et al., 2008; Shuen and Foulkes, 2011). The difficulty in identifying these genes suggests they may influence breast cancer risk in a more subtle or complex manner, such as through gene-gene interactions or gene-environment interactions (Peto, 2002).

1.6.1 **BRCA1/2 breast cancer susceptibility genes**

The first genetic linkage analysis of breast and ovarian cancer pedigrees led to the localisation of the susceptibility gene **BRCA1** on chromosome 17q21 (Hall et al., 1990), which was subsequently cloned in 1994 and shown to harbour truncating mutations in families with multiple cases of breast cancer (Miki et al., 1994). Germline mutations in **BRCA1** confer a 50–80% lifetime risk of developing breast cancer, as well as a 30–50% risk of ovarian cancer (Chen and Parmigiani, 2007; Rahman and Stratton, 1998). The frequency of **BRCA1** mutations in the general population is estimated at 1/500 to 1/1000 individuals (Easton et al., 1993). While inactivating mutations in **BRCA1** are found throughout the coding region of the gene, specific mutations are more common within certain populations as a consequence of genetic founder effects. This is particularly prominent in the Ashkenazi Jewish population, in which 1% carry the mutation 185delAG and 0.1 to 0.2% harbour the mutation 5382insC (FitzGerald et al., 1996; Roa et al., 1996; Struwing et al., 1995). Although somatic mutations in **BRCA1** are rarely observed in sporadic breast cancers, hypermethylation of the **BRCA1** promoter resulting in gene silencing has been demonstrated in 13% of sporadic breast tumours (Catteau et al., 1999; Esteller et al., 2000; Rice et al., 2000). Notably, breast tumours with **BRCA1** hypermethylation are histologically similar to tumours associated with a germline mutation.

Analysis of breast and ovarian cancer pedigrees that were not linked to **BRCA1** led to the mapping of a second susceptibility locus termed **BRCA2** at chromosome 13q12-13, which was cloned the following year (Wooster et al., 1995; Wooster et al., 1994). Like **BRCA1**, the inheritance of a germline mutation in **BRCA2** conveys a
significant breast cancer predisposition, while the risk of ovarian cancer is lower (approximately 20%, Risch et al., 2001). BRCA2-mutation carriers often present with cancer at an older age compared to BRCA1-mutation carriers, and have an overall lower penetrance of cancer risk (Moynahan, 2002). Notably, BRCA2 is also important for the suppression of male breast, pancreatic, gastrointestinal and prostate cancer (Bancroft et al., 2014; Hahn et al., 2003; Moynahan and Jasin, 2010; Murphy et al., 2002). Specific pathogenic mutations in BRCA2 are common within certain populations, particularly the 6174delT mutation that has a frequency of 1.3% in the Ashkenazi Jewish population (Oddoux et al., 1996; Roa et al., 1996), and 999del5 with a prevalence of 0.4% in the Icelandic population (Johannesdottir et al., 1996). Although an inherited BRCA1 biallelic mutation has not been observed presumably due to embryonic lethality, rare BRCA2 biallelic mutations lead to a severe form of Fanconi anaemia (Fanconi anaemia D1) characterised by the frequent occurrence of medulloblastoma, Wilms’ tumour (a pediatric malignancy of the kidney) and haematological malignancies (Howlett et al., 2002; reviewed in Meyer et al., 2014).

Breast cancers that arise in BRCA1-mutation carriers often manifest as early onset, proliferative, high-grade infiltrating ductal carcinomas. Tumours typically exhibit a triple-negative phenotype, express basal/myoepithelial markers (e.g. K14) and have a molecular and pathological signature that is closely aligned with sporadic basal-like tumours (Foulkes et al., 2003; Larsen et al., 2013; Mavaddat et al., 2012; Sorlie et al., 2001; Waddell et al., 2010). Tumours are typically associated with a poor prognosis and are more aggressive than sporadic breast cancers (Evans and Howell, 2004; Robson et al., 2001) and hence often present as interval tumours (i.e. they arise between mammography screens, Brekelmans et al., 2001). TP53 mutations are more frequent in BRCA1-mutated breast tumours than in sporadic cases (Greenblatt et al., 2001), indicating that the loss of cell cycle control might be a critical step in carcinogenesis. In contrast to BRCA1, 60 – 90% of BRCA2-mutated breast tumours are ER⁺, and 40 – 80% are PR⁺ (Honrado et al., 2006). Tumours are typically the luminal A or luminal B molecular subtype (Larsen et al., 2013; Mavaddat et al., 2012; Waddell et al., 2010). Approximately 15% of BRCA2 tumours demonstrate overexpression/amplification of HER2, and triple-negative breast cancers are rarely observed.
Most ovarian cancers associated with germline $BRCA1/2$ mutations are high-grade and advanced-stage serous carcinomas (Lakhani et al., 2004). Endometrioid and clear cell carcinomas have also been reported although at a significantly lower frequency. Similar to breast tumours, $TP53$ mutations are found at a higher frequency than in sporadic ovarian tumours, with frequencies of 60%, 50% and 30% reported in $BRCA1$-mutant, $BRCA2$-mutant and sporadic ovarian cancers, respectively (Lakhani et al., 2004). High-grade serous ovarian carcinomas are thought to arise from secretory cells within the fallopian tube, and cancer precursor lesions known as serous tubal intraepithelial carcinomas (STIC) are often observed in specimens from asymptomatic $BRCA1/2$-mutation carriers (reviewed in Zeppernick et al., 2015).

1.6.2 Functions of BRCA1 and BRCA2

BRCA1 plays an essential role in a number of cellular processes including DNA repair, cell cycle-checkpoint control, protein ubiquitylation and chromatin remodelling (Deng, 2006; Huen et al., 2010; Narod and Foulkes, 2004; Rosen, 2013; Yoshida and Miki, 2004). $BRCA1$ is a large gene comprising 24 exons and encodes a protein of 1863 amino acids. The N-terminus contains a RING domain that has E3 ubiquitin ligase activity and a nuclear export signal, while the C-terminus harbours two BRCT domains, which are sequence repeats of approximately 90 amino acids that facilitate interactions with a number of phosphorylated proteins involved in the DNA damage response (Moynahan and Jasin, 2010). Centrally located, there are two nuclear localisation signals, and a SQ cluster domain (SQCD) that contains several serine and threonine residues that act as phosphorylation sites for BRCA1 activation. The BRCA2 protein is larger than BRCA1 (3418 amino acids). The central region of the protein contains a DNA-binding domain and a series of eight short repeat motifs, termed BRC repeats that are protein-binding domains essential for its function in DNA repair. Two nuclear localisation signals are located in the C-terminus region.

Both BRCA1 and BRCA2 are critical for the maintenance of genomic integrity, largely facilitated by their role in homologous recombination (HR)-mediated repair of DNA double-strand breaks (DSBs) (reviewed in Huen et al., 2010; Moynahan
and Jasin, 2010; Roy et al., 2012; Sung and Klein, 2006; Tutt and Ashworth, 2002) (Figure 1.8). DSBs can occur as by-products of DNA replication or upon exposure to ionizing radiation or other genotoxic compounds. HR repair is the most accurate DNA repair mechanism, the absence of which can result in gross chromosomal rearrangements and genomic instability. HR repair occurs during late S phase to G2 phase of the mammalian cell cycle, whereby the homologous sequence of the sister chromatid acts as a template to guide precise DNA repair (Moynahan and Jasin, 2010). Repair is initiated by resection of the 5’ and 3’ ends of the DSB by exonucleases, producing a 3’ single-stranded end that can invade the homologous “donor” sister chromatid and pair with the complementary DNA strand, allowing the initiation of repair. At the molecular level, a protein complex consisting of Mre11-RAD50-Nbs1 (termed MRN complex) binds to the ends of the DSB upon DNA damage, and recruits the DNA damage sensors ataxia telangiectasia mutated (ATM) and ataxia telangiectasia mutated rad3-related (ATR) (Lee and Paull, 2005). ATM and ATR are serine/threonine protein kinases that phosphorylate H2AX, facilitating the recruitment of repair proteins including BRCA1 (Celeste et al., 2002). ATM/ATR then phosphorylate and activate BRCA1 (Cortez et al., 1999; Tibbetts et al., 2000). Active BRCA1 can then form a protein complex with BRCA2 and PALB2, which binds RAD51 to form damage-induced nuclear foci at the site of the DSB (Scully et al., 1997; Wong et al., 1997; Xia et al., 2006; Zhang et al., 2009). Together this complex, along with other BRCA1-interacting proteins such as Abraxas, CtBP-interacting protein (CtIP) and the DNA helicase BRIP1, facilitate HR-mediated repair. Therefore, BRCA1 plays a central role in DNA repair by acting as a protein scaffold and signal integrator, linking DNA damage sensors with repair effectors (reviewed in Caestecker and Van de Walle, 2013; Roy et al., 2012). In contrast, BRCA2 appears to be more directly involved in the repair process, particularly in RAD51-mediated strand invasion (Wong et al., 1997). In cells deficient in functional BRCA1 or BRCA2, HR-mediated repair is impaired and more error-prone mechanisms such as non-homologous end-joining (NHEJ) and single-strand break (SSB) repair are employed to facilitate DNA repair, leading to increased chromosomal instability and rearrangements. BRCA1/2-mutated tumours show a significantly higher degree of genomic alterations compared to sporadic breast cancers (Nik-Zainal et al., 2016; Rahman and Stratton, 1998; Tirkkonen et al., 1997). The destabilised genome of BRCA1/2-deficient cells likely increases the
Figure 1.8: Schematic diagram depicting the role of BRCA1 and BRCA2 in homologous recombination-mediated DNA repair

DNA double-strand breaks (DSBs) are detected by the MRN complex, leading to the recruitment of ATM and ATR. The subsequent phosphorylation and activation of BRCA1 enables the formation of a multi-protein repair complex, containing the DNA repair effectors BRCA2 and RAD51. During homologous-recombination, the sister chromatid is used as a template for high-fidelity DNA repair. Adapted from Roy et al., 2012.
mutation rates of genes including tumour suppressors and oncogenes, ultimately leading to tumour formation.

Unlike BRCA2, BRCA1 has a number of broader roles within the cell. BRCA1 E3 ubiquitin ligase activity is enhanced when associated with the RING domain of its partner protein, BRCA1-associated RING domain protein 1 (BARD1). BRCA1-BARD1 heterodimers act as ubiquitin ligases to target proteins for proteasomal degradation (Wu et al., 1996). The ubiquitylation function of BRCA1 also contributes to its role in DNA repair, since the BRCA1/BARD1 complex exhibits post-damage ubiquitin ligase E3 activity at DSB sites, resulting in the modification of other DNA repair proteins such as CtIP and H2AX (Yu et al., 2003; Yu et al., 2006). RNA polymerase II and the coupled 3'-RNA processing machinery stalled at the sites of DNA damage are also targets of BRCA1/BARD1 ubiquitin ligase activity, leading to their degradation and permitting access for the repair machinery (Hashizume et al., 2001; Kleiman et al., 2005). BRCA1 can also act as either a coactivator or corepressor of gene transcription via its ability to recruit the basal transcription machinery (through an interaction with RNA polymerase II, Anderson et al., 1998), the histone deacetylases HDAC1 and HDAC2 (Yarden and Brody, 1999) and components of the SWI/SNF-related chromatin-remodelling complex (Bochar et al., 2000). Through its transcriptional regulation of genes involved in cell cycle checkpoint control, BRCA1 can elicit cell cycle arrest at several phases of the cell cycle. For example, BRCA1 promotes transcription of the cyclin dependent kinase (CDK) inhibitor p21 and hence activation of the G1/S phase checkpoint (Somasundaram et al., 1997), and can transcriptionally repress CyclinB, the cyclin responsible for activating Cdc2 kinase to enable mitotic entry (MacLachlan et al., 2000). Checkpoint regulation also complements the role of BRCA1 in DNA damage repair processes, allowing adequate time for repair to occur so that genetic errors are not transmitted to subsequent generations.

1.6.3 Cells of origin for BRCA1-mutated breast cancers

Dissecting the early cellular changes that arise in premalignant BRCA1/2-mutant breast tissue is a critical step in identifying effective prevention strategies, and could also inform the development of targeted therapies. It was initially proposed
that putative breast stem cells residing within the basal layer of the mammary epithelium were the ‘cell of origin’ for BRCA1-mutated basal-like tumours (Foulkes, 2004). This was based primarily on histological studies noting similarities between basal-like tumours and basal mammary epithelial cells, for instance high expression of basal cytokeratins and a lack of hormone receptor expression. However, compelling evidence suggests that an aberrant luminal progenitor subpopulation residing within preneoplastic tissue from BRCA1-mutation carriers is the probable target population for neoplastic transformation (Lim et al., 2009; Molyneux et al., 2010; Proia et al., 2011). The luminal progenitor compartment within BRCA1-mutant tissue is expanded and exhibits factor-independent growth properties in vitro (Lim et al., 2009). Notably, the luminal progenitor subset harbours a molecular profile more closely aligned with that of basal-like tumours compared to any other breast cancer subtype, while the MaSC-enriched/basal subset is more closely aligned to the claudin-low subtype (Lim et al., 2009). Conditional deletion of Brca1 in the luminal compartment of the mammary epithelium predisposes mice to the development of basal-like tumours that resemble the histological, pathological and molecular features of human basal-like tumours, whereas deletion in the basal compartment does not (Molyneux et al., 2010). Furthermore, transduction of human breast epithelial cells with a cocktail of potent oncogenic lentiviruses followed by implantation into the humanised mammary fat pads of immunocompromised mice (Kuperwasser et al., 2004) led to preferential transformation of BRCA1-mutated luminal cells compared to basal cells (Proia et al., 2011). Moreover, transformed cells from wild-type breast tissue gave rise to both luminal and basal-like tumours, whereas transformation of BRCA1-mutant cells predominantly yielded basal-like tumours. Thus BRCA1-deficient breast tissue exhibits an inherent defect that dictates tumour phenotype. The predilection for forming basal-like tumours may be mediated by the BRCA1-regulated transcription factor SLUG, which is profoundly upregulated in BRCA1-deficient tissues and blocks luminal cell differentiation, biasing cells towards a basal fate (Proia et al., 2011). Together, these studies provide valuable insights into the target cells prone to tumorigenesis and the potential molecular mechanisms underlying neoplastic transformation.
1.6.4 Tissue specificity of BRCA1-mutated tumours

Given the requirement for high-fidelity DSB repair in all cells to ensure survival, the loss of genomic stability associated with a germline BRCA1 mutation would be anticipated to promote tumour formation in all tissues. However, BRCA1-mutation carriers are almost exclusively predisposed to developing breast and ovarian cancers. Several hypotheses have been put forward to explain this remarkable tumour-specificity. High-fidelity DNA repair in breast and ovarian tissues has been postulated to rely critically on functional BRCA1 protein, whereas other tissues may utilise compensatory mechanisms. This functional redundancy has been disputed based on the embryonic lethality associated with Brca1-null mice (Gowen et al., 1996), although it is possible that compensatory pathways are triggered postnatally (Monteiro, 2003). Secondly, it has been proposed that breast and ovarian tissues experience an accelerated rate of loss-of-heterozygosity (LOH) at the BRCA1 locus compared to other tissues (Monteiro, 2003), perhaps via enhanced mitotic recombination. This has been speculated based on studies of somatic LOH in mice heterozygous for the adenine phosphoribosyltransferase (Aprt) locus, where rates of mitotic recombination were shown to have tissue-specific variation (Shao et al., 2001). However, evidence suggests that loss of the wild-type BRCA1 allele may not be the rate-limiting initiating step of tumorigenesis, and may not be present in all cancer cells within BRCA1-mutated tumours (King et al., 2007; Martins et al., 2012). Indeed loss of PTEN has been shown to be the most probable first event in BRCA1-mutated human breast tumours, followed by mutations in TP53 or BRCA1 LOH with equal probability (Martins et al., 2012).

These hypotheses are primarily based on data using cells where both BRCA1 alleles have been lost, or on events directly preceding this (in the case of an accelerated LOH). However it seems likely that the tissue-specificity associated with BRCA1-mutated tumours is facilitated by much earlier events that are initiated in heterozygous BRCA1 breast tissue. Thus, the tumorigenesis process may begin long before cancer becomes clinically apparent. In line with this, Sedic et al. recently observed a significant increase in genomic instability and telomere erosion exclusively in human BRCA1-mutant breast epithelial cells relative to breast fibroblasts (Sedic et al., 2015). BRCA1-deficient epithelial cells also underwent
premature senescence in the absence of LOH (termed haploinsufficiency-induced senescence), likely imposing a strong selective pressure on cells to mutate or lose p53 and pRb pathways in order to bypass this barrier. Collectively, their findings demonstrate that substantial haploinsufficiency exists in BRCA1-mutant breast epithelial cells but is not present in mammary fibroblasts, cumulating in an increased propensity for neoplastic transformation.

Importantly, extrinsic influences such as hormone signalling likely act in concert with these cell intrinsic properties to promote neoplastic transformation specifically within breast and ovarian tissues. Indeed, amplified progesterone signalling has been identified in both human and mouse BRCA1-deficient mammary tissue (King et al., 2004; Ma et al., 2006; Poole et al., 2006; Widschwendter et al., 2013). Furthermore oestrogen signalling may confer a survival advantage to BRCA1-deficient cells in the breast and ovary. Brca1-deficient mouse mammary epithelial cells accumulate reactive oxygen species, however, oestrogen could overcome oxidative-stress induced cell death in these cells by the induction of NRF2-regulated antioxidant enzymes (Gorrini et al., 2013; Gorrini et al., 2014). The potential role of perturbed hormone signalling in the etiology of BRCA1-mutated tumours is substantiated by reports that prophylactic bilateral oophorectomy confers a marked reduction in cancer risk in BRCA1-mutation carriers (Domchek et al., 2006; Domchek et al., 2010; Eisen et al., 2005; Kauff et al., 2008; Kramer et al., 2005; Rebbeck et al., 1999; Rebbeck et al., 2002).

1.7 Modelling Breast Cancer

The development of models that recapitulate aspects of human breast cancer is essential for understanding the mechanisms that govern transformation and the role of specific genes and pathways in this process. Furthermore they are useful tools for the development of prevention strategies and novel therapeutics. Cancer cell lines propagated in vitro provide a renewable source of material and are typically associated with low costs and rapid results. However, cancer cell lines represent overly simplified tumour biology with a loss of context from systemic factors and tumour microenvironment. Another significant limitation is that the
continual passage of cells is accompanied by extensive clonal selection and loss of heterogeneity (Ellis and Fidler, 2010; Gillet et al., 2011); heterogeneity is a critical feature of human breast cancer. The genomes of cancer cell lines are not stable over time, with different isolates displaying variation at both the genomic and transcriptional levels (Nugoli et al., 2003). Moreover, there is an absence of correlation between clinical results and *in vitro* and *in vivo* data obtained from cell lines (Johnson et al., 2001), suggesting a lack of predictive value (Whittle et al., 2015).

Importantly, many of the molecular mechanisms governing neoplastic transformation are highly conserved throughout evolution (Sharpless and Depinho, 2006). In addition, accumulating evidence suggests that normal mouse mammary gland development relies on similar pathways in humans (Lim et al., 2010). This conservation across species supports the validity of using mouse mammary tumour models to mimic human breast cancer. Mouse tumour models are genetically engineered mouse strains that undergo spontaneous tumour development in response to loss or overexpression of a particular gene (Hutchinson and Muller, 2000). Models have been designed to emulate genetic alterations found in human breast cancers, including the overexpression of oncogenes including *ErbB2/Neu, Wnt1* and *c-Myc*, and inactivation of tumour suppressors such as *Trp53* and *Brca1*. These tumour models can address the significance of these genetic lesions in the pathogenesis of breast cancer.

### 1.7.1 *BRCA1/2*-deficient mouse models

The generation of engineered mouse models with mammary gland-specific deletion of *Brca1* has been critically important for addressing the diverse biological functions of BRCA1, both in normal development and tumorigenesis, as well as testing novel therapeutics (reviewed in Evers and Jonkers, 2006). Homozygous mice carrying germline mutations in both *Brca1* alleles die at mid-gestation between embryonic day 7.5 and 13.5, due to severe developmental delay and proliferation defects (Drost and Jonkers, 2009). In contrast to human *BRCA1*-mutation carriers, mice carrying heterozygous mutations do not develop tumours. These two features led to the generation of conditional mouse models in which inactivation of *Brca1* is
achieved by Cre recombinase (cre)-mediated deletion of one or more Brca1 exons flanked by loxP recombination sites. Spatially controlled deletion is achieved using tissue-specific gene promoters for cre expression. The first conditional mouse model to directly demonstrate the tumour suppressive function of Brca1 was reported by Xu and colleagues (Xu et al., 1999). Transgenic mice expressing cre from either the whey acidic protein (Wap) or mouse mammary tumour virus (MMTV) promoter induced mammary-specific deletion of Brca1 exon 11. Mice developed diverse mammary tumours after a long latency, nonetheless tumours recapitulated several aspects of human BRCA1-associated carcinogenesis such as gross genomic instability, a triple-negative phenotype and altered Trp53 expression. The introduction of one loss-of-function Trp53 allele significantly reduced tumour latency and resulted in a striking increase in tumour incidence from 25% to 100%, suggesting cooperation of Brca1 and Trp53 in oncogenesis (Brodie et al., 2001; Xu et al., 1999).

Additional Brca1 conditional mouse models have subsequently been generated, utilising alternative tissue-specific promoters and different floxed Brca1 alleles (Table 1.1) (Liu et al., 2007; McCarthy et al., 2007; Molyneux et al., 2010; Poole et al., 2006; Shakya et al., 2008). Variations in the efficiency and specificity of cre-excision, mouse genetic backgrounds and floxed alleles likely account for the different features observed between models. Two models in particular generated a high incidence of tumours displaying hallmarks of human BRCA1-mutated basal-like breast tumours (Liu et al., 2007; Molyneux et al., 2010). These tumours were typically high grade, poorly differentiated, genomically unstable and proliferative, and lacked expression of ER and PR. Furthermore, the tumours showed increased expression of basal epithelial markers and unsupervised clustering of gene expression profiles demonstrated marked alignment with human BRCA1-deficient tumours and sporadic basal-like tumours. As discussed, deletion of Brca1 in luminal progenitor cells was demonstrated to closely mimic the pathology of the human disease (Molyneux et al., 2010). Interestingly, breast tumours arising in mice following conditional inactivation of Brca1 or its interacting protein Bard1 were indistinguishable. Although these tumours arose after a long latency (17 months), it suggests that the ubiquitin E3 ligase function of BRCA1-BARD1 heterodimers could play a role in tumorigenesis (Shakya et al., 2008).
<table>
<thead>
<tr>
<th>Reference</th>
<th>Mouse model</th>
<th>Background</th>
<th>Latency (mo)</th>
<th>ER/PR</th>
<th>Basal-like?</th>
<th>Features</th>
</tr>
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<tr>
<td>Xu et al., 1999</td>
<td>MMTV-cre/Brca1&lt;sup&gt;F11&lt;/sup&gt;-Wap-cre/Brca1&lt;sup&gt;F11&lt;/sup&gt;-</td>
<td>NIH-BL(S)</td>
<td>&gt;13</td>
<td>?</td>
<td>Some</td>
<td>Histologically diverse, low frequency, genomic instability, Trp53 mutations</td>
</tr>
<tr>
<td></td>
<td>MMTV-cre/Brca1&lt;sup&gt;F11&lt;/sup&gt;-/p53&lt;sup&gt;−/−&lt;/sup&gt;</td>
<td></td>
<td>6 – 8</td>
<td>?</td>
<td>Some</td>
<td>Trp53 loss accelerated tumour frequency and onset, similar tumour features</td>
</tr>
<tr>
<td>Brodie et al., 2001</td>
<td>MMTV-cre/Brca1&lt;sup&gt;F11&lt;/sup&gt;-</td>
<td>NIH-BL(2), C57BL/6, 129/Sv</td>
<td>&gt;12</td>
<td>ER&lt;sup&gt;−&lt;/sup&gt;</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>Diverse but mainly high-grade adenocarcinomas. Severe chromosomal abnormalities. Overexpression of ErbB2, c-Myc, cyclin d1.</td>
</tr>
<tr>
<td></td>
<td>MMTV-cre/Brca1&lt;sup&gt;F11&lt;/sup&gt;-/F11&lt;sup&gt;−/−&lt;/sup&gt;/p53&lt;sup&gt;−/−&lt;/sup&gt;</td>
<td></td>
<td>8</td>
<td>ER&lt;sup&gt;−&lt;/sup&gt;</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>Latency reduced with null Trp53 loss, similar tumour features</td>
</tr>
<tr>
<td>Poole et al., 2006</td>
<td>Wap-cre/Brca1&lt;sup&gt;F11&lt;/sup&gt;-</td>
<td>C57BL/6, 129/Sv or C57BL/6, BALB/c</td>
<td>7</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>ER&lt;sup&gt;?&lt;/sup&gt;</td>
<td>Diverse tumour spectrum. Tumours prevented by progesterone antagonist</td>
</tr>
<tr>
<td>Liu et al., 2007</td>
<td>K14-cre/Brca1&lt;sup&gt;F5&lt;/sup&gt;-T3F5&lt;sup&gt;−/−&lt;/sup&gt;/p53&lt;sup&gt;F2-10F2-10&lt;/sup&gt;</td>
<td>FVB, 129/Ola</td>
<td>7</td>
<td>ER&lt;sup&gt;−&lt;/sup&gt;</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>Poorly differentiated IDCs, genomic instability, basal epithelial markers. Gene profile aligned with human BRCA1-mutated tumours.</td>
</tr>
<tr>
<td>McCarthy et al., 2007</td>
<td>Bigg-cre/Brca1&lt;sup&gt;F22-24&lt;/sup&gt;/p53&lt;sup&gt;−/−&lt;/sup&gt;-</td>
<td>C57Bl/6, 129/Sv</td>
<td>7</td>
<td>ER&lt;sup&gt;−&lt;/sup&gt;</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>High grade, metaplastic elements, basal markers and EGFR expression.</td>
</tr>
<tr>
<td>Shakya et al., 2008</td>
<td>Wapcre/Brca1&lt;sup&gt;F22-24&lt;/sup&gt;-</td>
<td>C57bl/6, 129/Sv</td>
<td>17</td>
<td>ER&lt;sup&gt;−&lt;/sup&gt;</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>Invasive adenocarcinomas, basal markers, Trp53 mutations, indistinguishable from Bard1-mutant mice</td>
</tr>
<tr>
<td>Molyneaux et al., 2010</td>
<td>Bigg-cre/Brca1&lt;sup&gt;F22-24&lt;/sup&gt;/p53&lt;sup&gt;−/−&lt;/sup&gt;-</td>
<td>C57bl/6, 129/Sv</td>
<td>10</td>
<td>ER&lt;sup&gt;−&lt;/sup&gt;</td>
<td>PR&lt;sup&gt;−&lt;/sup&gt;</td>
<td>IDCs, high grade, genomic instability, basal markers, expression aligns with human sporadic basal-like tumours. Basal markers but predominantly adenomyoepitheliomas. Expression aligns with human sporadic basal-like tumours</td>
</tr>
</tbody>
</table>

IDC = invasive ductal carcinoma; F = floxed allele
Similar to Brca1, homozygous germline mutations in Brca2 are embryonic lethal and spontaneous tumour development is not observed in heterozygous mice (reviewed in Evers and Jonkers, 2006). Cre-mediated deletion of Brca2 under control of the Wap or MMTV promoter resulted in mammary tumour formation after a long latency (approximately 1.5 years) (Cheung et al., 2004; Ludwig et al., 2001). Comparable to human BRCA2-mutated cancer, tumours were typically adenocarcinomas, displayed chromosomal aberrations, frequently exhibited mutations in Trp53 and 50% of tumours were ER\(^+\) positive. The long tumour latency could be circumvented by co-deletion of Trp53. In contrast to these models, K14-specific deletion of Brca2 does not promote mammary carcinogenesis unless in the presence of a Trp53 mutation (Jonkers et al., 2001).

### 1.7.2 Alternative mouse models of basal-like breast cancer

Activation of the Wnt signalling pathway has been implicated in breast cancer, particularly in basal-like tumours. Both nuclear and cytosolic accumulation of β-catenin, a read-out of Wnt pathway activation, is enriched in basal-like tumours and predictive of a poor outcome (Khramtsov et al., 2010). The proto-oncogene Wnt-1 was first identified as a frequent site of integration by the MMTV (Nusse and Varmus, 1982). MMTV-Wnt1 mice develop extensive ductal hyperplasia early in life and mammary adenocarcinomas at approximately 6 - 12 months of age (Li et al., 2000; Tsukamoto et al., 1988). Tumours are typically triple-negative and mimic aspects of basal-like tumours such as keratin 14 and 17 expression (Herschkowitz et al., 2007; Lim et al., 2010; Pfefferle et al., 2013). Notably, activation of Wnt1 appears to target at least two cell types in mammary tissue. MMTV-Wnt1 preneoplastic mammary glands harbour an expanded mammary stem cell pool as well as an aberrant population of CD61\(^+\) progenitor cells that have \textit{in vivo} repopulation capacity and high tumour-forming capacity (Shackleton et al., 2006; Vaillant et al., 2008). These aberrant bipotent progenitors also express high levels of the basal marker K14, suggesting Wnt1 activation may provoke de-differentiation to a more stem-like state (Visvader, 2009), consistent with its role in cell fate determination and self-renewal during normal development (Clevers and Nusse, 2012).
Mice on a BALB/c genetic background that carry a single copy of the Trp53 gene ($p53^{+/–}$) also display a predilection for the development of mammary tumours that mimic aspects of human basal-like tumours (Herschkowitz et al., 2007; Kuperwasser et al., 2000). Mammary tumours have a latency of 8 – 14 months, typically display chromosomal abnormalities and express markers of basal/myoepithelial cells. Although tumours are predominantly triple-negative, a low frequency of ER$^+$ tumours has also been reported (Dabydeen and Furth, 2014). Similar to $MMTV$-$Wnt1$ mice, preneoplastic mammary tissue from $p53^{+/–}$ mice showed an enrichment of CD61$^+$ progenitor cells that have high tumorigenic capacity (Vaillant et al., 2008).

1.7.3 Modelling luminal breast tumours

In human breast cancers, high expression of both ER and ER-regulated genes including PR are a defining feature of luminal tumours (Perou et al., 2000; Sorlie et al., 2001). In contrast, ER expression is low to absent in most mouse tumour models (Herschkowitz et al., 2007; Pfefferle et al., 2013) as is the expression of most ER-responsive genes, signifying an important caveat to the use of mouse models to recapitulate luminal breast cancers. Despite this, molecular signature analysis demonstrated that the $MMTV$-$Neu$, $MMTV$-$PyMT$, and $WAP$-$Myc$ mouse tumour models clustered together and all showed a potential luminal tumour phenotype (Herschkowitz et al., 2007; Lim et al., 2010). This suggests human luminal tumours have many ER-independent features. A distinguishing feature of these mouse mammary tumours was high expression of $Xbp1$ and $Gata3$, both human luminal tumour-defining genes (Sotiriou et al., 2003), as well as high expression of the luminal markers K8 and K18. More recently, gene expression analysis demonstrated that $MMTV$-$PyMT$ tumours were somewhat similar to the luminal B subtype, while $MMTV$-$Neu$ mouse tumours were specifically correlated with luminal A tumours (Pfefferle et al., 2013). Given that the $MMTV$-$Neu$ mouse model overexpresses the $neu$/$erbB2$ oncoprotein that is analogous to the HER2 oncogene in human breast tumours, the correlation with luminal A tumours and not HER2$^+$ tumours suggests that the $MMTV$-$Neu$ model does not accurately mimic human HER2-overexpressing cancers. Furthermore, $MMTV$-$Neu$ tumours display sensitivity to CDK4/6 inhibition (Roberts et al., 2012), consistent with findings from
human clinical trials utilising CDK4/6 inhibitors to treat luminal/ER$^+$ breast cancer (Finn et al., 2016).

### 1.7.4 Patient derived xenograft models

Patient-derived xenograft (PDX) models are valuable preclinical tools for testing new therapeutics and exploring the biological basis of drug sensitivity and resistance. They are based on the direct engraftment of fresh patient tumour fragments into immunocompromised mice. Oestrogen supplementation as well as the addition of mesenchymal stem cells and/or Matrigel to alter the tumour microenvironment has improved the success rate of engraftment (Whittle et al., 2015). PDX models maintain many features of the original patient tumour such as the cell differentiation and morphology, copy number variations, architecture, and molecular signature (reviewed in Hidalgo et al., 2014; Whittle et al., 2015). This conservation of tumour characteristics likely underlies the predictive value of PDX models, with reports indicating concordant drug responses of xenografts with that of patient tumours in some cases (Marangoni et al., 2007; Zhang et al., 2013). Thus, PDX models show promise of enabling a more personalised approach to cancer treatment.

PDX models have been essential for the preclinical testing of new classes of treatment for breast cancer. Basal-like breast cancer xenografts have established the biological rational for clinical trials investigating inhibitors of the PI3K/mTOR pathway (Lehmann et al., 2014; Xu et al., 2013), checkpoint kinase 1 (Ma et al., 2013), Aurora Kinase (Romanelli et al., 2012), and blockade of Wnt signalling (Gurney et al., 2012). Luminal breast cancer xenografts, unlike most mouse tumour models, express ER and are dependent on oestrogen for growth. A recent study utilising ER$^+$ PDX models demonstrated that targeting the pro-survival molecule BCL-2 using the BH3-mimetic ABT-199 profoundly improved the responsiveness of tumours to tamoxifen therapy, with one model showing complete remission following ABT-199/tamoxifen treatment (Vaillant et al., 2013). This study provided the rationale for an ongoing phase II clinical trial (ACTRN12615000702516). Studies utilising HER2$^+$ PDX tumour models have demonstrated encouraging
findings from combining anti-HER2 therapies with additional targeted therapies such as PI3K/Akt/mTOR pathway inhibitors (García-García et al., 2012).

As with any model of human disease, there are caveats to the use of PDX models for breast cancer (reviewed in Aparicio et al., 2015; Whittle et al., 2015). The requirement for immunocompromised mice results in the loss of interactions between the tumour and immune cells within the tumour microenvironment, and prevents the testing of immunotherapeutics. Currently the generation of PDX cohorts is biased towards more aggressive tumours and thus luminal A breast tumours are largely under-represented (DeRose et al., 2011; Eirew et al., 2015; Kabos et al., 2012; Zhang et al., 2013). While PDX models frequently undergo spontaneous metastasis, it remains unclear whether these sites faithfully recapitulate the metastasis observed in patients. Indeed, PDX tumour cells in mice appear to have predilection for lung metastasis (Zhang et al., 2013). Furthermore, the direct transplantation of tumour cells precludes analysis of the mechanisms underlying neoplastic transformation as well as the testing of cancer prevention strategies. Despite this, PDX models currently provide one of the best model systems to advance cancer drug discovery efforts.
1.8 Aims and Objectives of Thesis

The overall goal of this work was to gain insights into the molecular and cellular mechanisms governing oncogenesis and tumour progression in BRCA1-mutation carriers. The work presented in this thesis is divided into two specific research aims: firstly, to identify a targetable pathway in preneoplastic BRCA1-mutant breast epithelium that could be exploited as a cancer prevention strategy (Chapters 3 and 4), and secondly, to identify novel molecular targets for the treatment of established BRCA1-mutant tumours (Chapter 5).

To address the first aim, we have focussed on the role of the RANKL signalling pathway in BRCA1-associated oncogenesis. This was based upon the prior link between deregulated progesterone signalling and breast cancer risk in BRCA1-mutation carriers (King et al., 2004; Ma et al., 2006; Poole et al., 2006; Widschwendter et al., 2013), and the role of RANKL as a key paracrine effector of progesterone action (Asselin-Labat et al., 2010; Beleut et al., 2010; Joshi et al., 2010; Tanos et al., 2013). Chapter 3 of this thesis reports the identification and characterisation of a novel RANKL-responsive RANK\(^+\) cell population within the BRCA1\(^{mut/+}\) breast epithelium, utilising preneoplastic breast tissue from BRCA1-mutation carriers who underwent a prophylactic mastectomy. The value of targeting this population for breast cancer prevention via RANKL blockade was described in Chapter 4, utilising human BRCA1\(^{mut/+}\) breast tissue and a Brca1-deficient mouse model.

For the second research aim, presented in Chapter 5, both RANKL and immune checkpoints were examined as potential molecular targets for the treatment of BRCA1-mutated breast tumours, either alone or as an adjunct to chemotherapy. Drug studies were performed in vivo using BRCA1-mutated PDX models and Brca1-deficient mice, and the mechanisms underlying the tumour response were investigated. Together, the work described in this thesis has significant implications for the prevention and treatment of breast cancer in BRCA1-mutation carriers and possibly other women at high risk.
Chapter 2: Materials and Methods

2.1 Human Tissue Samples

2.1.1 Human breast specimens
Human breast tissue was obtained through the Royal Melbourne Hospital Tissue Bank, Kathleen Cuningham Foundation Consortium for Research into Familial Breast Cancer (kConFab) and the Victorian Cancer Biobank. Fresh samples were either normal breast tissue (confirmed by pathology) from reduction mammoplasties and prophylactic mastectomies of known BRCA1 or BRCA2 mutation carriers, or breast tumour samples from BRCA1-mutation carriers or non-carriers undergoing surgical resection. Informed consent was obtained from all subjects and approval was granted by the Human Research Ethics Committees of The Walter and Eliza Hall Institute of Medical Research (WEHI). All normal breast specimens (reduction mammoplasties or prophylactic mastectomies) were from premenopausal women who were unaffected by cancer and who were not taking tamoxifen.

2.1.2 Human tissue dissociation
Normal human breast tissue dissociation was performed as previously described (Lim et al., 2009). Samples were minced with razor blades and digested at 37 °C for 8 - 9 h with 150 U/mL collagenase (Sigma), 50 U/mL hyaluronidase (Sigma) and 100 U/mL DNase (Worthington) in DMEM with nutrient mixture F-12 Ham (DME-HAM, Gibco) supplemented with 5 % fetal calf serum (FCS), 2 mM glutamine, 500 ng/mL hydrocortisone, 5 µg/mL insulin, 20 ng/mL cholera toxin and 10 ng/mL epidermal growth factor (EGF). Digestion was performed at 140 RPM in a shaking orbital incubator (Ratek Laboratory Equipment). The resulting organoid suspension was digested with 0.25 % trypsin and 1 mM EGTA for 2 min at 37 °C and red blood cells were removed by lysis (IOTest 3 Lysing Solution, Beckman Coulter). A single-cell suspension was generated by filtration through a 100 µM cell strainer (BD-Falcon). Antibody labelling and flow cytometry was performed on cell suspensions to fractionate epithelial populations.
2.1.3 Breast tumour preparation

Human breast tumours (either primary or tumour xenografts passaged in mice) were minced and digested at 37 °C for 1 h with 300 U/mL collagenase, 100 U/mL hyaluronidase and 100 U/mL DNase in supplemented DME-HAM medium as detailed above. The resulting single-cell suspensions were used for antibody labelling and flow cytometry and/or transplanted into immunocompromised mice. Frozen stocks were prepared (50 % FCS, 6 % Dimethyl sulfoxide, 44 % supplemented DME-HAM) for subsequent in vivo experiments.

2.1.4 Breast organoid preparation

Breast organoids were isolated from human breast tissue (reduction mammoplasties or prophylactic mastectomies) using a protocol based on Tanos et al., 2013. Tissue was minced and digested at 37 °C for 9 h at 140 RPM in a shaking orbital incubator (Ratek Laboratory Equipment) with 150 U/mL collagenase, 50 U/mL hyaluronidase and 100 U/mL DNase in phenol-free serum-free DME-HAM supplemented with 2 mM glutamine. The following day, the resulting organoids were harvested by centrifugation (250 x g, 4 min, 4 °C) and plated in ultra-low attachment 24 well plates (Corning) in phenol-free DME-HAM + 2 mM glutamine in a 5 % CO₂, 5 % O₂, 37 °C incubator. Six hours after plating, organoids were treated with ethanol (vehicle control), progesterone (20 nM, Sigma) or both progesterone and denosumab (10 µg/mL, Amgen) for 24 h. At experimental endpoint, organoids were washed with phosphate-buffered saline (PBS) and fixed in 4 % paraformaldehyde for 1 h before being sequentially embedded in agarose (2 % low melting point agarose (w/v), PBS) and paraffin.

2.1.5 BRCA-D pilot clinical study

The BRCA-D pilot, registered on the Australian New Zealand Clinical Trials Registry (ACTRN12614000694617), is an ongoing investigator-initiated study approved by the Human Research Ethics Committees of WEHI and Melbourne Health (Royal Melbourne Hospital) and sponsored by Melbourne Health. It is a pre-operative window study designed to evaluate the biological effects of the RANKL inhibitor denosumab on normal breast tissue from BRCA1 and BRCA2-mutation carriers and non-carriers with a strong family history. The primary endpoint of the study is a change in cell proliferation, determined by immunostaining for Ki67.
Results from the first three BRCA1-mutation carriers participating in the study are reported in this thesis. Subjects underwent pre-treatment breast tissue biopsies followed by three months of denosumab therapy (120 mg, subcutaneous injection on Day 1, 15, 28, 56). A post-treatment biopsy was carried out approximately one month after the last dose. Both pre- and post-treatment biopsies were performed during the luteal phase of the menstrual cycle, confirmed by analysis of serum LH, FSH, oestradiol and progesterone. All patients participating in the study provided informed consent.

2.2 Experimental Animals

2.2.1 Mouse strains

All mouse strains were maintained in the WEHI animal facility according to institutional guidelines. All experiments were performed with Animal Ethics Approval and conformed to regulatory standards set by the WEHI Animal Ethics Committee. *MMTV-cre* mice (*Cre-A* strain) were provided by K. U. Wagner (Wagner et al., 1997); *Brca1*™™ mice were from the US National Cancer Institute (Xu et al., 1999); *BALB/c-p53*™™ mice were from the Jackson Laboratory (Jacks et al., 1994); *MMTV-Wnt1* mice were provided by the Jackson Laboratory (Tsukamoto et al., 1988); *MMTV-PyMT* mice were from the US National Cancer Institute (Guy et al., 1992a) and *MMTV-Neu* mice were from the Jackson Laboratory (Guy et al., 1992b). FVB/N and BALB/c wild-type mice and immunocompromised *RAG1*™™ (Mombaerts et al., 1992) and *NOD-SCID-IL2γR*™™ (Shultz et al., 2005) mice were obtained from the Kew breeding facility of WEHI.

2.2.2 Mouse genotyping

Mouse tail biopsies were digested at 55 °C overnight in DirectPCR Tail lysis buffer (Viagen) containing 1 mg/mL Proteinase K to extract genomic DNA, followed by 1 h at 85 °C. Polymerase chain reactions (PCR) were performed with 1 µL DNA and 19 µL GoTaq Green (Promega) containing the appropriate primers (Table 2.1). PCR products were separated by gel electrophoresis performed in TAE buffer (40 mM Tris.Acetate pH 8.2, 1 mM EDTA) using agarose gels (1.5 % agarose (w/v), TAE buffer, 60 ng/mL SYBR Safe (Invitrogen)) and visualised by ultraviolet light.
2.2.3 Bromodeoxyuridine labelling
Mice were given an intraperitoneal injection of Bromodeoxyuridine (BrdU) Cell Labelling Reagent (0.5 mg/10 g body weight, Amersham Biosciences) 1.5 h prior to tissue collection. Mammary tumours were fixed in 4 % paraformaldehyde and BrdU incorporation was determined by immunohistochemistry.

2.2.4 Mammary gland preparation
Single cell suspensions from mouse mammary glands were prepared as previously described (Shackleton et al., 2006). Freshly harvested mammary tissue was mechanically dissociated with a McIlwain tissue chopper (Mickle Laboratory Engineering), and then digested at 37 °C in a shaking orbital incubator (Ratek Laboratory Equipment) at 160 RPM for 1 h in 300 U/mL collagenase, 100 U/mL hyaluronidase and 100 U/mL DNase in DME-HAM medium supplemented with 5 % FCS, 2 mM glutamine, 250 ng/mL hydrocortisone, 5 µg/mL insulin, 20 ng/mL cholera toxin and 10 ng/mL EGF. The resulting suspension was then sequentially digested with 0.25 % trypsin/EGTA for 3 min and 5 mg/mL dispase (Roche Diagnostics) for 5 min. Red blood cells were removed by lysis with 0.64% NH₄Cl and a single-cell suspension was generated following filtration through a 40 µM cell strainer (BD-Falcon). Cells were then labelled with antibodies and flow cytometry was performed.

2.2.5 Mammary tumour dissociation
Mice bearing mammary tumours up to 600 mm³ were euthanised and the tumour was excised. Tumours were minced with a razor blade and digested at 37 °C for 1 h as described above for mammary gland preparation. The resulting tumour suspension was digested with 0.25 % trypsin/EGTA for 3 min and filtered through a 100 µM cell strainer (BD-Falcon) to generate a single-cell suspension. Cells were used for antibody labelling and flow cytometry and/or mammary gland transplantation.

2.2.6 Mammary fat pad transplantation
Freshly prepared single-cell suspensions or freshly sorted cells were counted and resuspended in 25 % growth-factor-reduced Matrigel (BD Pharmingen) and 75 % transplantation buffer (50 % FCS, 40 % PBS and 10 % Trypan blue). Mammary
gland transplantation was performed on virgin female mice aged three to four weeks, as previously described (DeOme et al., 1959; Shackleton et al., 2006). Depending on the subsequent in vivo experiment, the following mouse strains were used: $\text{RAG1}^{-/-}$, $\text{NOD-SCID-IL2\gamma R}^{-/-}$ or syngeneic (F1 FVB x BALB/c) mice. Mice were anaesthetised with 20 µL/g ketamine intraperitoneal anesthesia and the fourth (inguinal) mammary gland was exposed via an abdominal incision. The mammary fat pad from nipple to inguinal lymph node was removed, and in doing so the endogenous epithelium was removed. Cells (10 µL) were then injected into the remaining fat pad. Epithelial reconstitution was confirmed 6 weeks post-surgery by wholemount analysis.

2.3.7 Ex-vivo colony formation assay

8-week old female FVB/N mice were given a single subcutaneous injection of an anti-mouse RANKL neutralising monoclonal antibody (Clone OYC1, 5 mg/kg, Oriental Yeast Company) or an isotype-matched control antibody (Rat IgG2a, 5 mg/kg, WEHI Monoclonal Antibody Facility). Mammary glands were harvested after 7 days and a single-cell suspension was generated, as detailed above. Colony assays were performed on fractionated cell populations following flow cytometry.

2.2.8 In vivo tumour prevention studies

Freshly sorted epithelial cells from the mammary glands of three $\text{MMTV-cre/Brca1}^{+/-}/\text{p53}^{-/-}$ mice (10 – 12 weeks old) were transplanted into the fat pads of 36 recipient mice (50,000 cells per recipient mouse). Six weeks following surgery, two mice were sacrificed and the presence of ductal outgrowths confirmed by wholemount analysis. The remaining mice were randomised to receive subcutaneous injections of either the RANKL inhibitor OPG-Fc (3 mg/kg, Amgen) or an isotype-matched control antibody (mouse IgG1, 3 mg/kg, Amgen). Thereafter, mice were injected three times per week and monitored for the development of mammary tumours three times per week. Where required, a third treatment arm was included whereby mice received an oophorectomy six-weeks following transplantation, and the vehicle control group received a sham operation in addition to mouse IgG1.
For prevention studies that did not require transplantation, female MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/–</sup> were randomly allocated to receive subcutaneous injections at 9 weeks of age with either an anti-mouse RANKL neutralising antibody (5 mg/kg) or an isotype-matched control antibody (Rat IgG2a, 5 mg/kg). Treatment was repeated every three weeks, and mice were palpated three times weekly to monitor tumour formation. Alternatively, 9-week old MMTV-Wnt1 mice were randomly allocated to receive subcutaneous injections of OPG-Fc (3 mg/kg) or mouse IgG1 (3 mg/kg) three times per week. All prevention experiments were blinded and the group allocation was unknown when assessing for tumour development. In all experiments, mice were euthanised once tumours reached the ethical size limit of 600 mm<sup>3</sup>.

2.2.9 In vivo treatment studies
Single-cell suspensions from freshly harvested MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/–</sup> tumours were transplanted into the mammary fat pads of 4-week old syngeneic (F1 FVB/N x BALB/c) recipient mice (40,000 cells per recipient). At 3 weeks post-transplantation, when tumours had reached a size of approximately 100 mm<sup>3</sup>, mice were randomly assigned treatment groups and injected with combinations of the following drugs: Cisplatin (4 mg/kg, intravenous), Anti-PD1 (200 µg/mouse, intraperitoneal), Anti-CTLA4 (150 µg/mouse, intraperitoneal) or a vehicle control (PBS, intravenous or intraperitoneal). Cisplatin was injected on day 1, followed by anti-PD1/anti-CTLA4 injections on days 2, 5 and 8. This treatment regime was repeated every 21 days, for a total of four treatments. Tumours were measured 3 times per week, and mice were euthanised once the ethical end point (tumour volume of 600 mm<sup>3</sup>) was reached. For short-term in vivo studies, tumours were harvested either the day before treatment initiation (day 0) or at day 14.

For patient-derived xenograft tumours, frozen stocks of early passage tumour cell suspensions were thawed, washed and resuspended in DME-HAM media supplemented with 10% FCS for 1 h at 4 °C. Cells were then transplanted into the mammary fat pad of NOD-SCID-IL2γR<sup>–/–</sup> mice (200,000 cells per mouse). Once tumours had reached a size of approximately 100 mm<sup>3</sup>, mice were randomised to receive either OPG-Fc (3 mg/kg, subcutaneous), mouse IgG1 (3 mg/kg, subcutaneous), docetaxel (10 mg/kg, intraperitoneal) or a combination of docetaxel
and OPG-Fc. OPG-Fc and mouse IgG1 were injected three times per week, and docetaxel was injected every 21 days. Tumours were measured three times per week and mice were euthanised once the tumour volume reached 600 mm³. For all treatment studies, tumour volume was determined by the following formula: (smallest diameter)²(largest diameter)/2 (Marangoni et al., 2007). All studies were blinded and the group allocation was unknown when determining tumour volume.

2.3 Flow Cytometry

2.3.1 Cell antibody labelling
The primary and secondary antibodies used for cell labelling are detailed in Table 2.2. To label human breast epithelial cells, cells were blocked in PBS containing 5 % normal goat serum (Merck) and 10 % DNase for 10 min at 4 °C, then incubated with mouse anti-human RANK for 30 min at 4 °C. Cells were then washed with PBS containing 2 % FCS and incubated with APC-conjugated anti-mouse IgG for 30 min at 4 °C. Cells were washed twice and blocked with mouse and rat immunoglobulin (Jackson Immunolabs), and anti-CD16/CD32 Fcγ III/II receptors (anti-Fcγ, WEHI Monoclonal Antibody Facility) for 10 min, followed by incubation with the following human-specific primary antibodies for 25 min at 4 °C: anti-CD31, anti-CD45, anti-CD235α, anti-EpCAM and anti-CD49f. Cells were washed, incubated with secondary antibody and resuspended in 0.5 μg/mL propidium iodide for live cell discrimination. The same protocol was applied for antibody labelling of patient-derived xenograft tumour cells, however, mouse-specific antibodies were utilised for CD31 and CD45, so that mouse endothelial cells and immune cells could be excluded.

To label mouse mammary epithelial cells or mouse mammary tumours, cell suspensions were blocked in rat immunoglobulin, 10 % DNase and anti-Fcγ for 10 min at 4 °C. Cells were then incubated with the following mouse-specific primary antibodies for 25 min at 4 °C: anti-CD31, anti-CD45, anti-Ter119, anti-CD24 and anti-CD29. Where required, anti-PD-L1 (CD274), anti-Sca-1 and anti-CD49b were also included in the primary antibody mix. Cells were then washed and incubated
with secondary antibody for 15 min at 4 °C, and resuspended in 0.5 µg/mL propidium iodide.

2.3.2 Analysis of ALDH activity (Aldefluor assay)
Single-cell suspensions from fresh human breast tissue specimens (reduction mammoplasties or prophylactic mastectomies) were incubated for 50 min at 37 °C with BODIPY™-aminoacetaldehyde (BAAA) using the ALDEFLUOR kit (STEMCELL Technologies). To control for background fluorescence, an aliquot of cells was incubated with 15 µM diethylaminobenzaldehyde (DEAB) under the same conditions. Cells were then washed with PBS/2 % FCS, and incubated with primary antibodies, as described above.

2.3.3 Cell sorting and analysis
Cell sorting was performed on a FACSARia flow cytometer (Becton Dickinson) and cell analysis was performed on an LSRFortessa™ X-20 (Becton Dickinson). Data was later analysed using FlowJo software (Tree Star). The lineage-negative population was defined as CD31−CD45−CD235α− for human cells and CD31−CD45−Ter119− for mouse cells.

2.4 In vitro assays

2.4.1 2D colony assay
Freshly sorted cells were counted and seeded in 24-well plates at a density of 100 cells/well along with irradiated NIH3T3 feeder cells (25,000 cells per well) in DME-HAM supplemented with 5 % FCS, 250 ng/mL hydrocortisone, 5 µg/mL insulin, 2 mM glutamine, 10 ng/mL EGF and 20 ng/mL cholera toxin. Cultures were maintained in a 5 % CO₂, 5 % O₂, 37 °C incubator. The following day, the media was replaced with supplemented DME-HAM containing 1 % FCS. Media was changed after 3 days, and then after 7 days the cells were fixed in an ice-cold 1:1 Acetone:Methanol solution for 1 min. Colonies were then stained with Giemsa (Merck) for 1 min, before being rinsed with water and imaged using a Zeiss upright microscope with Zen software (Zeiss).
2.4.2 3D colony assay
Freshly sorted cell subsets were counted and pelleted by centrifugation at 1200 RPM for 5 min at 4 °C. Cells were then resuspended in ice-cold Matrigel (BD Biosciences) at a density of 50,000 cells/mL, and 20 µL droplets dispensed into Permanox 4-well chamber slides (LabTex) and allowed to set at 37 °C. Wells were filled with 0.8 mL DME-HAM, supplemented with B27, 500 ng/mL hydrocortisone, 2 mM glutamine, 5 µg/mL insulin, 10 ng/mL EGF and 20 ng/mL cholera toxin. Cells were cultured in 5 % CO₂, 5 % O₂ in a 37 °C incubator, with the media changed every 3 days. After 14 days, Matrigel drops were imaged on a Nikon TiE microscope using Metamorph Inc. software, and colonies were quantified using ImageJ (NIH).

2.4.3 Lentiviral production
Second-generation lentivirus production was performed using HEK293T cells. Cells were cultured in DMEM media (Gibco) supplemented with 10 % FCS and penicillin/streptomycin at 37 °C in a 5 % CO₂ incubator. For virus production, cells were seeded in 10 cm tissue culture treated dishes at a density of 3 x 10⁶ cells per dish. The following day, a calcium-phosphate transfection was performed, whereby 2 x HEPES-Buffered Saline (1.64 % NaCl, 0.075 % KCl, 0.054 % Na₂HPO₄.12H₂O, 0.22 % Glucose, 1.2 % HEPES) was bubbled through a solution containing 10 µg plasmid of interest, 0.25 M CaCl₂, 7.5 µg packaging plasmid (pSPAX2) and 3 µg envelope plasmid (pMD2.6-VSVG). Once a precipitate was visible (25 – 30 min), the solution was added dropwise to HEK293T cells. The media was changed after 12 h, and lentivirus was collected at 48 h and 60 h. Virus was filtered through a 0.45 µm membrane (Sartorius Stedim Biotech) and concentrated by ultracentrifugation (Optima L-90K Ultracentrifuge, Beckman Coulter) at 25,000 RPM using a SW28 rotor (Beckman Coulter). Virus was stored in aliquots at -80 °C.

2.4.4 Reporter assays
Freshly sorted cells were seeded in 24-well ultralow adherence plates (Corning) at a density of 10,000 cells/mL in DME-HAM medium supplemented with B27, 5 µg/mL insulin, 10 ng/mL EGF, 5 ng/mL bFGF, 4 µg/mL heparin, 500 ng/mL hydrocortisone and 2 mM glutamine. Plates were incubated for 6 h in a 5 % CO₂,
5% O₂, 37 °C incubator. Cells were then transduced with a lentiviral NF-κB reporter plasmid (multiplicity of infection value of 5) using Polybrene® transfection reagent (Sigma), followed by centrifugation at 2500 RPM at 32 °C for 2 h. Plates were returned to a 5 % CO₂, 5 % O₂, 37 °C incubator for 48 h, with fresh media added after 12 h. At experimental endpoint, cells were harvested, washed and the percentage of GFP⁺ cells was determined by flow cytometry.

2.4.5 Comet assays
Freshly sorted cells were seeded in 24-well ultralow adherence plates at a density of 20,000 cells/mL in DME-HAM medium supplemented with B27, 5 µg/mL insulin, 10 ng/mL EGF, 5 ng/mL bFGF, 4 µg/mL heparin, 500 ng/mL hydrocortisone and 2 mM glutamine. Plates were incubated overnight in a 5 % CO₂, 5 % O₂, 37 °C incubator. The following morning, cells were treated with hydroxyurea (10 mM, Sigma), irradiated at 3 Gray (Gy) or left untreated. After 4 h, cells were harvested, washed with PBS and alkaline comet assays were performed in duplicate using the CometAssay® kit (Trevigen), according to the manufacturer’s instructions. As a positive control for DNA damage, cells were treated with 100 µM hydrogen peroxide for 20 min at 4 °C. Slides were imaged using a Nikon Upright 90i microscope and olive tail moment was quantified using Metamorph software.

2.5 Histological Analysis

2.5.1 Wholemount analysis
Mammary glands were placed onto superfrost plus coated slides (Menzel Glaser) and fixed overnight in Carnoy’s solution (60 % ethanol, 30 % chloroform, 10 % acetic acid). Slides were then washed in 70 % ethanol and stained overnight in Carmine alum (0.2 % carmine, 0.5 % potassium aluminum sulphate). Glands were sequentially dehydrated in ethanol and cleared in xylene prior to coverslipping and imaging on a Zeiss upright microscope using Zen software (Zeiss).
2.5.2 Immunohistochemistry

Tissues were fixed in 4 % paraformaldehyde at 4 °C for 24 h and embedded in paraffin. 5 µm sections were cut onto superfrost plus coated slides, which were then de-waxed in xylene and re-hydrated. Antigen-retrieval was performed using Diva Decloaker antigen retrieval buffer (Biocare Medical), citrate buffer (1.8 mM citric acid, 8.2 mM sodium citrate, pH 6.0) or DAKO pH 9.0 antigen retrieval buffer (DAKO), with a pressure cooker (DAKO, 125 °C for 30 sec). Slides were then washed and endogenous peroxidase activity was quenched with 3 % hydrogen peroxide in distilled water for 5 min. Sections were washed in PBS containing 0.05 % Tween20 (Sigma) and blocked for 1 h at room temperature (RT) with 5 % goat or horse serum (Merck) in a humidifier box. Sections were incubated with primary antibodies (Table 2.3) diluted in blocking solution for 1 h at RT or overnight at 4 °C. Cells were then washed and incubated with secondary antibody (Table 2.3) for 30 min at RT, followed by a 30 min incubation at RT with ABC reagent (Vector Laboratories). 3,3'-diaminobenzidine was used as the substrate for streptavidin-biotin peroxidase detection (DAKO). Counterstaining (30 sec haematoxylin, 30 sec schotts tap water) was then performed, followed by coverslipping and imaging on a Nikon Eclipse 50i microscope using Zen software (Zeiss). Alternatively, slides were de-waxed and stained for haematoxylin and eosin (H & E) for visualisation of mammary gland morphology. When staining quantification was required, slides were imaged with an Aperio Digital Pathology Slide Scanner (Leica) and quantification was performed using ImageJ software (NIH).

2.5.3 Cytospins

Freshly sorted cell subsets were counted and pelleted by centrifugation at 1200 RPM for 5 min at 4 °C. Cells were then resuspended in PBS at a density of 100,000 cells/mL and spun onto superfrost plus slides (Menzel Glaser) using a Thermo Cytospin machine (Thermo Fisher Scientific) at 700 RPM for 3 min. Slides were air-dried for 5 min, then fixed in 4 % paraformaldehyde for 5 min, washed twice in PBS and stored in 70 % ethanol prior to immunohistochemistry.

2.5.4 kConFab tissue microarrays and Amgen tissue bank samples

Breast tumour tissue microarrays (TMAs) were generated from tumours arising in high-risk women with a strong family history (kConFab cohort, Mann et al., 2006),
with relevant IRB approval. kConFab cases had undergone germline sequencing and MLPA of the \textit{BRCA1} and \textit{BRCA2} genes. TMAs comprised 628 breast tumours and 466 normal breast tissue samples (tumour-adjacent), from 676 breast cancer patients. The Amgen Tissue Bank (ATB) contained tissue sections from anonymised breast tumour samples obtained from the MT Group, Van Nuys, CA. Samples were genotyped for \textit{BRCA1} and \textit{BRCA2} mutations. Information on menstrual cycle status or oral contraceptive use was unknown.

2.6 General Molecular Biology

2.6.1 Bacterial transformation
Plasmid DNA was introduced into Stb13™ chemically-competent bacteria by adding 1 \( \mu \)g DNA to 100 \( \mu \)L bacteria and incubating on ice for 30 min. Tubes were then heat-shocked at 42 °C for 1 min and then incubated on ice for 5 min. 700 \( \mu \)L Super Optimal with Catabolite repression (SOC) broth (2 % tryptone (w/v), 0.5 % yeast extract (w/v), 10 mM NaCl, 2.5 mM KCl, 10 mM MgCl\(_2\), 10 mM MgSO\(_4\) and 20 mM glucose) was added to each tube and cells were allowed to recover at 37 °C for 1 h in an orbital shaker at 225 RPM (Ratek Laboratory Equipment). Cells were then plated onto pre-warmed agarose plates (1 % tryptone (w/v), 2 % yeast extract (w/v), 0.5 % NaCl (w/v), 0.2 % glucose (w/v), 1.5 % (w/v) dffco agar 10 mM Tris pH 7.4, 1 mM MgCl\(_2\)) containing Ampicillin (0.2 mg/mL, Ampicillin Sodium Salt, Sigma) and incubated overnight at 37 °C.

2.6.2 Plasmid preparations
Single colonies of transformed bacteria were picked and starter cultures were grown in 2 mL Lennox Luria broth (LLB) (2 % tryptone (w/v), 1 % yeast extract (w/v), 0.5 % NaCl pH 7.1 (w/v)) at 37 °C for 6 h at 225 RPM before being transferred to 200 mL of LLB broth and cultured overnight at 37 °C at 225 RPM. The following morning, a large-scale DNA extraction (maxi-prep) was performed using the PureLink® HiPure Plasmid Maxiprep Kit (Invitrogen), according to manufacturer’s instructions.
2.6.3 Western blot analysis

Freshly sorted cells that had been snap-frozen and stored at –80 °C were lysed in ice-cold RIPA buffer (10 mM Tris HCL, 150 mM NaCl, 1 % Triton X-100 (w/v), 0.1 % SDS (w/v), 1 % Sodium Deoxycholate (w/v) and 0.01 % Sodium Azide (w/v)) containing protease inhibitors (Protease Inhibitor Cocktail, Roche) and phosphatase inhibitors (PhosSTOP™, Roche). After the addition of RIPA buffer, cells were incubated on ice for 15 min and vortexed every 5 min, then briefly homogenised by sonication. Samples were then centrifuged (15,000 x g, 10 min at 4 °C) and protein was quantified using BCA analysis (Thermo Fisher) on a Chameleon Plate Reader (HIDEX). Mammary tumours that had been snap-frozen were crushed in liquid nitrogen using a mortar and pestle and lysed with ice-cold RIPA buffer, as above. Aliquots of each sample (15 µg protein) were then mixed with Sample Reducing Agent (Invitrogen) and LDS Sample Buffer (Invitrogen), and heated at 70 °C for 10 min. Proteins were then separated by SDS-PAGE using a 4 – 12 % gradient gel (Life Technologies) in MES Buffer (Life Technologies), and transferred to polyvinylidene difluoride membranes (Millipore) by wet-transfer (Bio-Rad Criterion Blotter) in transfer buffer (20 % (w/v) Methanol, 2.42 g/L Tris Base, 11.26 g/L Glycine). Membranes were blocked with milk (5 % skim milk powder (w/v) in PBS with 0.1 % Tween20 (PBS-T)) before being probed overnight with primary antibodies at 4 °C (provided in Table 2.4). The following day, membranes were washed with PBS-T and probed with HRP-conjugated secondary antibodies (Table 2.4) for 1 h at RT. For detection, membranes were incubated with ECL or ECL Prime (GE Healthcare Life Sciences) for 1 min, then exposed to X-ray film (GE Healthcare) and developed (Kodak X-OMAT 3000 RA Processor).

2.6.4 RNA extraction and quantitative reverse-transcription PCR

RNA was isolated from sorted cells using the RNeasy Mini kit (Qiagen) together with an on-column DNase treatment (Qiagen), according to the manufacturer’s instructions. cDNA was synthesised with the First Strand Synthesis Kit (Invitrogen), using an oligo(dT) primer. Quantitative reverse-transcription (RT)-PCR was performed in duplicate with the Rotorgene RG-6000 (Corbett Research) using SYBR Green PCR Master Mix (Life Technologies) together with sequence specific primers (Table 2.5). Standard curves were generated using known quantities of
PCR products, and used to determine the expression in experimental samples. Expression analysis was performed using Rotorgene software.

2.6.5 RNA-seq
Total RNA was extracted from sorted cells as described above. Libraries for whole transcriptome analysis were generated using 100 ng total RNA, following the Illumina’s TruSeq RNA v2 sample preparation protocol. Libraries were sequenced on an Illumina HiSeq 2000 at the Australian Genome Research Facility (AGRF), Melbourne. Between 15.8 and 23.1 million 100 bp read pairs were obtained for each sample. Reads were aligned to the hg19 genome using Rsubread 1.16.1 (Liao et al., 2013). The number of fragments overlapping each Entrez gene was counted using featureCounts (Liao et al., 2014) and NCBI RefSeq annotation (build 37.2). Genes were filtered as unexpressed if they failed to achieve a count per million of 0.5 in at least three samples. Genes with no official gene symbol in the NCBI gene information file were also removed. Compositional differences between libraries were normalised using the trimmed mean of M-values (TMM) method (Robinson et al., 2010). Subsequent analysis used the limma software package (Ritchie et al., 2015). Counts were transformed to log2 counts per million with associated precision weights using voom (Law et al., 2014). Differential expression between samples was assessed using empirical Bayes moderated t-statistics with robust estimation of prior parameters (Smyth, 2004). A paired design was used to adjust for baseline differences between patients. Genes were considered differentially expressed if they achieved a false discovery rate of 0.05. Gene and KEGG ontology analysis was performed using limma’s ‘goana’ and ‘kegga’ functions, respectively.

2.6.6 Comparison of RNA-seq profiles
The RNA-seq profiles of 882 breast cancer tumours in the form of genewise read counts were downloaded from The Cancer Genome Atlas (TCGA) Data Portal (https://tcga-data.nci.nih.gov). PAM50 tumour subtype calls were obtained for each sample from the TCGA analysis working party (K.A. Hoadley and C.M. Perou). This included 132 basal-like, 65 HER2+, 391 luminal A, 183 luminal B and 111 normal-like breast tumours. Genes were considered unexpressed if there was not at least 0.1 read per million in at least 100 samples. Entrez Gene IDs without official gene
symbols were also excluded, leaving 16479 genes. Using the edgeR package (Robinson et al., 2010), counts were normalised by the trimmed mean of M-values method (Robinson and Oshlack, 2010). The voom method (Law et al., 2014) was then used to transform counts to log2 counts per million with associated precision weights. The concordance of the RANK+ expression signature with tumour subtypes was tested used the roast function of the limma package (Wu et al., 2010) with 9999 rotations. The log2 fold changes between RANK+ and RANK− cells were used as gene weights in the ROAST tests. Enrichment plots were drawn using the barcode plot function. RANK+ signature scores were calculated for each tumour using a method described previously (Lim et al., 2009).

2.6.7 Telomere length measurement
Genomic DNA from sorted cell populations was extracted using the Illustra tissues & cells genomicPrep mini spin kit (GE Healthcare), according to manufacturers instructions. Analysis of telomere length was performed as previously described (Cawthon, 2009). Briefly, 20 ng DNA was mixed with 0.75x SYBR Green 1 (Thermo Fisher), 0.625 U AmpliTaq Gold DNA Polymerase (Thermo Fisher), 25 mM MgCl2, 0.1 M DTT, 5 M Betaine and 10 mM dNTPs in a final reaction volume of 25 µL. Sequence-specific primers for the telomere signal (T) and a single-copy gene signal (S) were also added to each sample (900 nM final concentration, Table 2.5). Samples were run in triplicate and thermal cycling was performed with a Rotorgene RG-6000 (Corbett Research). The cycling profile was as follows: Stage 1: 15 min at 95 °C; Stage 2: 2 cycles of 15 s at 94 °C, 15 s at 49 °C; and Stage 3: 32 cycles of 15 s at 94 °C, 10 s at 62 °C, 15 s at 74 °C with signal acquisition, 10 s at 84 °C, 15 s at 88 °C with signal acquisition. After raw data collection, Rotorgene software was used to generate two standard curves (one for the telomere signal and one for single-copy gene signal), using DNA extracted from HEK293T cells as the standard DNA control. This results in an average T/S ratio for each experimental sample, which is proportional to the average telomere length per cell.

2.7 Statistical Analysis

Unless otherwise stated, a two-tailed t-test was used to determine statistical significance using Prism software (GraphPad). For RNA-seq data, statistical
analysis was performed using the limma software package (Ritchie et al., 2015). For analysis of RANK immunohistochemistry in normal human breast tissue and human breast tumours, a Wilcoxon Rank Sum test or a Fisher’s exact test was used, respectively. Significance is indicated on the figures using the following convention: *$P < 0.05$, **$P < 0.01$, ***$P < 0.001$, ****$P < 0.0001$. 
Table 2.1  Oligonucleotide primers for genotyping

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### Table 2.3 Antibodies for immunohistochemistry

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Table 2.4  Antibodies for western blotting

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### Table 2.5  Oligonucleotide primers for quantitative PCR
Chapter 3: Identification of a novel population of RANK+ luminal progenitor cells in preneoplastic $BRCA1^{\text{mut}}$ human breast tissue

3.1 Introduction

Despite tremendous progress in understanding the cellular functions of BRCA1, the precise molecular mechanisms governing the transition from normal breast epithelium to malignancy in $BRCA1$-mutation carriers remain largely obscure. There is accumulating evidence for deregulated hormone signalling in $BRCA1$-mutant breast tissue. The risk of breast cancer in mutation carriers is substantially higher during pregnancy, when there are high circulating levels of steroid hormones (Jernstrom et al., 1999; Narod, 2001) while a sharp decline in cancer risk occurs after menopause (Antoniou et al., 2003). Moreover, a recent analysis of serum oestradiol and progesterone indicated that premenopausal $BRCA1$-2-mutation carriers have higher titres of serum progesterone during the luteal phase of the menstrual cycle compared to non-carriers (Widschwendter et al., 2013). Defects in hormone receptor activity have also been implicated in $BRCA1$-deficient breast epithelial cells. BRCA1 can interact with both the PR and ER to repress their transcriptional activities (reviewed in Katiyar et al., 2006). $BRCA1$-deficiency would therefore be predicted to promote the activity of these receptors in hormonally-regulated tissues such as the breast and ovary. Indeed, disrupted receptor turnover and enhanced PR expression have been observed in the mammary epithelium of $Brca1/p53$-deficient mice (Poole et al., 2006) and in normal human breast tissue adjacent to $BRCA1$-mutated tumours (King et al., 2004). Furthermore, treatment of $Brca1$-deficient mice with exogenous progesterone led to increased tertiary branching (Ma et al., 2006), while the progesterone antagonist mifepristone prevented mammary tumorigenesis in mice lacking functional BRCA1 and p53 (Poole et al., 2006). Collectively, these studies suggest amplified hormonal signalling exists in $BRCA1$-mutant breast tissue as a consequence of perturbed steroid hormone and receptor regulation.
Despite these findings, the mechanism by which aberrant hormone signalling in BRCA1-deficient preneoplastic breast tissue leads to neoplastic transformation is undefined. A candidate pathway underlying this process is the RANKL signalling axis. As discussed in Chapter 1, RANKL is a major target gene of progesterone and is a key paracrine effector of mitogenic progesterone signalling in normal breast tissue. Notably, the RANKL signalling pathway has also been implicated in hormone-driven mammary tumorigenesis. RANK overexpression in mice treated with the carcinogen 7,12-dimethylbenzen(a)anthracene (DMBA) and medroxyprogesterone acetate (MPA) led to an increase in preneoplastic lesions and accelerated mammary tumour formation (Gonzalez-Suarez et al., 2010). MMTV-RANK mice also spontaneously developed preneoplastic lesions and adenocarcinomas after multiple rounds of pregnancy (Gonzalez-Suarez et al., 2010). Conversely, ablation of RANKL signalling by pharmacological inhibition or genetic deletion markedly decreased the incidence, onset and progression of MPA/DMBA-driven mammary cancer (Gonzalez-Suarez et al., 2010; Schramek et al., 2010). Notably, systemic RANK blockade reduced tumour incidence by 90% in the DMBA/MPA-treated mice (Gonzalez-Suarez et al., 2010). Tumour attenuation was preceded by a reduction in preneoplastic lesions and a rapid reduction in cell proliferation and cyclin D1 expression, suggesting that decreased proliferation ‘protects’ against early events in tumorigenesis (Gonzalez-Suarez et al., 2010). Together these observations suggest that amplified signalling through the RANKL pathway has pro-tumorigenic effects. This may be mediated in part by RANKL-mediated activation of NF-κB, since the inhibition of canonical NF-κB activation in MMTV-IκBα mice reduced the burden of both premalignant and malignant mammary lesions following DMBA/MPA treatment (Pratt et al., 2009). In a separate study, Cao et al showed that mice expressing a mutant IκKα to inhibit the non-canonical NF-κB pathway displayed a significant delay in MPA/DMBA-induced mammary tumour onset and tumour burden compared to control mice (Cao et al., 2007).

These findings raise the possibility that the RANKL signalling axis may be the crucial link between deregulated progesterone signalling and breast cancer susceptibility in BRCA1-mutation carriers. This chapter will explore and characterise the role of the RANK-RANKL pathway in both normal human breast
epithelium and in premalignant BRCA1-mutant tissue obtained from mutation carriers that underwent a prophylactic mastectomy. The results highlight a novel role for this signalling axis in BRCA1-associated breast oncogenesis and, importantly, further delineate the ‘cell of origin’ population in BRCA1-mutation carriers.
3.2 Results

3.2.1 Prominent RANK expression on BRCA1\textsuperscript{mut/+} luminal progenitor cells

To interrogate the expression of RANK and RANKL in human breast epithelium, we first delineated breast epithelial subsets within histologically normal human breast tissue using flow cytometry. Breast tissue was obtained from premenopausal women either undergoing reduction mammoplasties (WT, n = 33) or prophylactic mastectomies in the case of BRCA1 (BRCA1\textsuperscript{mut/+}, n = 24) and BRCA2 (BRCA2\textsuperscript{mut/+}, n = 10) mutation carriers (Table 3.1 and 3.2). Freshly isolated breast tissue was depleted of hematopoietic and endothelial cells (Lin\textsuperscript{−}) and further fractionated into mature luminal (CD49f\textsuperscript{−}EpCAM\textsuperscript{+}), luminal progenitor (CD49f\textsuperscript{+}EpCAM\textsuperscript{+}), basal/mammary stem cell (MaSC)-enriched (CD49f\textsuperscript{−}EpCAM\textsuperscript{−}) and stromal (CD49f\textsuperscript{−}EpCAM\textsuperscript{−}) cells (Figure 3.1a, b). Co-staining for RANK revealed that its expression was confined to the luminal progenitor subset in both BRCA1\textsuperscript{mut/+} and WT breast tissue, with no expression detected in the basal/MaSC-enriched, mature luminal or stromal subsets (Figure 3.1a-c). Quantitative RT-PCR analysis demonstrated RANK mRNA expression was also largely restricted to luminal progenitor cells (Figure 3.1d). Notably, a markedly larger fraction of RANK-positive (RANK\textsuperscript{+}) luminal progenitor cells was observed in BRCA1\textsuperscript{mut/+} breast tissue (28.6 ± 2.5%) compared to age-matched WT (14.7 ± 1.2%) and BRCA2\textsuperscript{mut/+} tissue (13.6 ± 3.5%) (Figure 3.1e). Consistent with these findings, immunostaining of normal breast tissue adjacent to BRCA1-mutated breast tumours also showed augmented RANK expression compared to BRCA2 or WT tumour-adjacent tissue (Table 3.3). Thus BRCA1\textsuperscript{mut/+} luminal progenitors exhibit prominent expression of RANK. As anticipated given its role as a paracrine effector, expression of RANKL was restricted to the mature luminal (HR\textsuperscript{+}) population (Figure 3.1f).

3.2.2 RANK\textsuperscript{−} progenitors exhibit enhanced clonogenic and Aldefluor activity

To characterise the RANK-expressing luminal progenitor subset, the in vitro growth properties of freshly sorted RANK\textsuperscript{−} and RANK\textsuperscript{−} luminal progenitor cells were evaluated using 3D colony-forming assays with Matrigel. RANK\textsuperscript{−} cells isolated from BRCA1-mutation carriers had significantly higher clonogenic capacity compared to
RANK cells from the same tissue, and also exhibited higher proliferative capacity than WT RANK cells (Figure 3.2). We next assessed the enzymatic activity of aldehyde dehydrogenase (ALDH) in the subsets defined by RANK expression using the Aldefluor flow cytometry assay. High ALDH activity is a biomarker of luminal progenitor cells (Eirew et al., 2012). Notably, RANK luminal progenitor cells from both BRCA1mut/+ and WT breast tissue exhibited higher ALDH activity compared to their RANK− counterpart cells, and this feature was more pronounced in BRCA1mut/+ tissue (Figure 3.3a,b). Furthermore, RANK and ALDH1 immunostaining was colocalised in sequential sections of TDLUs and ducts from BRCA1mut/+ and WT tissue, with more intense RANK and ALDH expression evident in BRCA1mut/+ epithelium (Figure 3.3c). RANK expression thus appears to mark an aberrant luminal progenitor subset in breast tissue from BRCA1-mutation carriers.

### 3.2.3 BRCA1mut/+ RANK+ luminal progenitors have enhanced mitotic activity

To interrogate the molecular pathways associated with RANK+ luminal progenitor cells, RNA-seq was performed on freshly sorted RANK+ and RANK− progenitors isolated from WT breast epithelium. We identified 632 genes that were differentially expressed between the two populations, with 367 upregulated and 265 downregulated genes in RANK+ cells relative to the RANK− subset (Table 3.4 and 3.5). Importantly, gene ontology-analysis demonstrated a significant upregulation of cell cycle, proliferation and DNA repair genes in the RANK+ subset, suggesting these cells are highly mitotically active (Figure 3.4a, Table 3.6). The most highly upregulated gene in the RANK+ subset was TOP2A, which encodes a DNA topoisomerase that relieves torsional stress during DNA replication by introducing transient double-stranded breaks (Nitiss, 2009). TOP2A is highly expressed in proliferating cells and its overexpression is frequently observed in high-grade triple-negative breast cancers (Komatsu et al., 2013; Nakagawa et al., 2011; Rudolph et al., 1999; Tan et al., 2008). Other notable enriched genes include PBK/TOPK, which encodes a serine/threonine kinase that is activated by CDK1 and is required for mitotic cell division (Park et al., 2006; Rizkallah et al., 2015) and FOXM1, a member of the mammalian forkhead box family of transcription factors that is highly expressed in proliferating cells where it regulates transcription of cell cycle genes that promote DNA replication and mitosis progression (Wang et al., 2005).
Intriguingly, KEGG analysis revealed a marked enrichment of metabolic pathways in RANK\(^+\) cells, particularly fatty acid metabolism (Figure 3.4b).

We next validated these findings by performing quantitative RT-PCR on RANK\(^+\) and RANK\(^-\) luminal progenitor cells from additional WT and BRCA1\(^{mut/+}\) patient samples. Four highly differentially expressed genes were selected for validation (TOP2A, MKi67, CDK1 and PBK/TOPK) based on their association with proliferative tissues and triple-negative breast cancer. Significant upregulation of all four genes was confirmed in the RANK\(^+\) compared to the RANK\(^-\) luminal progenitor subset (Figure 3.5a). Furthermore, these genes were significantly upregulated in RANK\(^+\) luminal progenitors from BRCA1\(^{mut/+}\) tissue relative to WT breast tissue (Figure 3.5a), consistent with their enhanced colony-forming activity in Matrigel (Figure 3.2). RANK\(^+\) cells also harboured high levels of BRCA1 transcripts (Figure 3.5a), suggesting BRCA1 normally performs an important role within these cells. The augmented expression of Ki67 in BRCA1\(^{mut/+}\) RANK\(^+\) progenitors was confirmed at the protein level by performing immunostaining on cytospins of freshly sorted cells (Figure 3.5b,c). Thus RANK\(^+\) luminal progenitor cells within BRCA1\(^{mut/+}\) tissue have higher mitotic activity compared to WT breast tissue. Notably, RNA-seq revealed that expression of PR and ER was downregulated in RANK\(^+\) luminal progenitors relative to the RANK\(^-\) subset. This is consistent with the paracrine mode of stimulation of these cells, and has also been observed in the mouse mammary gland (Pal et al., 2013). We confirmed this finding through immunostaining of PR on cytospins of freshly sorted RANK\(^+\) and RANK\(^-\) luminal progenitor cells from WT breast tissue, demonstrating a marked enrichment of PR expression in RANK\(^-\) cells (Figure 3.5d,e).

Although Wnt pathway activation was not a feature of the RANK\(^+\) gene signature, the recently proposed interaction between RANKL and Wnt, whereby RANK activation was shown to enhance Wnt signalling via the upregulation of R-spondin1 (Joshi et al., 2015), prompted us to interrogate this pathway further. Consistent with the RNA-seq analysis, we did not observe enhanced expression of R-spondin1 or the Wnt pathway transcription factors TCF1 and TCF4 in RANK\(^+\) cells relative to their RANK\(^-\) counterpart cells (Figure 3.6a). Thus, an interaction between RANK and Wnt signalling does not appear to be a prominent feature of human breast
epithelium. To explore alternative downstream signalling pathways responsible for the enhanced proliferation of \( BRCA1^{\text{mut/+}} \) cells, the activation of NF-\( \kappa \)B within the human breast epithelium was next investigated. Western blot analysis of sorted total epithelial cells from WT and \( BRCA1^{\text{mut/+}} \) breast tissue revealed elevated expression of p52 (NF-\( \kappa \)B2) in 66% of \( BRCA1^{\text{mut/+}} \) patient samples compared to 37.5% of WT samples (Figure 3.6b). We next transduced freshly sorted WT and \( BRCA1^{\text{mut/+}} \) epithelial subsets with a lentiviral NF-\( \kappa \)B-GFP reporter construct to provide a read-out of NF-\( \kappa \)B-mediated transcriptional activation. Notably, a dramatic increase in reporter activity was observed in RANK\(^{+}\) luminal progenitor cells compared to the RANK\(^{-}\), basal/MaSC and mature luminal subsets (Figure 3.6c). Moreover, GFP expression was profoundly elevated in \( BRCA1^{\text{mut/+}} \) RANK\(^{+}\) cells compared to those isolated from WT breast tissue (Figure 3.6c). These findings are consistent with previous reports demonstrating RANKL-induced NF-\( \kappa \)B activation in the mouse mammary epithelium (Cao et al., 2001). Thus NF-\( \kappa \)B activation, a well-established pro-proliferative pathway (Karin et al., 2002), is a prominent feature of \( BRCA1^{\text{mut/+}} \) RANK\(^{+}\) cells.

3.2.4 The RANK\(^{+}\) progenitor signature correlates with basal-like breast cancers

To interrogate the relationship between RANK\(^{+}\) and RANK\(^{-}\) progenitor cells and the different breast cancer subtypes, the gene signature of the RANK\(^{+}\) subset was compared to the molecular profiles of luminal A and B, basal-like, HER2\(^{+}\) and normal-like tumours from the TCGA dataset (\( n = 882 \) tumours). The RANK\(^{+}\) gene signature was more closely associated with basal-like cancers than all other breast cancer subtypes (Figure 3.7). Specifically, genes upregulated in RANK\(^{+}\) cells were also highly enriched in basal-like tumours, while downregulated genes were least expressed in basal-like tumours, relative to the other subtypes. Conversely, the RANK\(^{-}\) molecular signature was closer to all other subtypes of breast cancer than basal-like tumours. Thus, RANK\(^{+}\) but not RANK\(^{-}\) luminal progenitor cells share striking molecular properties with basal-like breast cancers, implicating this subset as a candidate cell of origin population for \( BRCA1 \)-mutated breast tumours.
3.2.5 \( BRCA1^{\text{mut/+}} \) RANK\(^{+}\) luminal progenitors have grossly aberrant DNA repair mechanisms

To explore whether the highly proliferative RANK\(^{+}\) population from \( BRCA1 \)-heterozygous tissue was prone to acquiring DNA damage, we performed comet assays to quantify DNA lesions in breast epithelial cells from age-matched WT and \( BRCA1^{\text{mut/+}} \) breast tissue. Freshly sorted cell subsets were allowed to recover overnight and then treated with hydroxyurea (to induce stalled DNA replication forks) or subjected to \( \gamma \)-irradiation (3 Gy) to induce double-strand breaks and harvested 4 hours later (Figure 3.8a). As expected, no DNA damage was evident in any epithelial subset from WT patients including RANK\(^{+}\) and RANK\(^{-}\) progenitors, owing to intact DNA repair mechanisms (Figure 3.8b). In contrast, a basal level of DNA damage was clearly discernable in \( BRCA1^{\text{mut/+}} \) luminal progenitor cells, and these cells were highly sensitive to damage induced by either hydroxyurea or \( \gamma \)-irradiation (Figure 3.8b-f). The basal/MaSC population exhibited minimal damage either before or after treatment (Figure 3.8e). Importantly, the RANK\(^{+}\) luminal progenitor population was profoundly more sensitive to DNA damage following \( \gamma \)-irradiation compared to RANK\(^{-}\) cells, suggesting that the DNA-repair machinery is markedly perturbed in these cells as a consequence of \( BRCA1 \) heterozygosity (Figure 3.8b-f). In addition, a moderate increase in DNA damage was observed in hydroxyurea-treated RANK\(^{+}\) cells compared to RANK\(^{-}\) cells, indicating that stalled fork repair is also defective in this cellular subset. Collectively, these data suggest \( BRCA1^{\text{mut/+}} \) luminal progenitor cells, particularly RANK\(^{+}\) cells, exhibit striking haploinsufficiency for DNA repair.

The aberrant DNA repair mechanisms evident in \( BRCA1^{\text{mut/+}} \) luminal progenitor cells prompted us to next analyse the telomere lengths in both WT and \( BRCA1^{\text{mut/+}} \) tissue using quantitative PCR specific for the telomere repeat sequence (Cawthon, 2009). While shorter telomeres were observed in luminal progenitor cells relative to the basal/MaSC population consistent with previous reports (Kannan et al., 2013), we did not observe any significant differences in telomere length between RANK\(^{+}\) and RANK\(^{-}\) progenitors (Figure 3.8g). While this was surprising given the increased mitotic activity of RANK\(^{+}\) cells, a prolonged lifespan is required for a cell to
accumulate oncogenic lesions. Thus drastic telomere shortening in the probable
target population of RANK* cells would not be conducive to cell survival.
3.3 Discussion

The development of novel chemoprevention and breast cancer treatment strategies for BRCA1-mutation carriers is reliant on understanding the mechanisms by which disruption of this tumour suppressor gene leads to cancer. Given the accumulating evidence implicating amplified progesterone signalling in BRCA1-associated breast oncogenesis, we have explored the possibility that the progesterone-responsive RANKL signalling axis is a key modulator of this process.

The use of prophylactic mastectomy tissue samples obtained from BRCA1-mutation carriers provides unique insights into the biological properties of heterozygous but ostensibly normal BRCA1-mutant mammary epithelium. Utilising flow cytometric fractionation of subsets within the mammary epithelium, we have identified a novel population of RANK-expressing luminal progenitor cells that are expanded in preneoplastic BRCA1-mutant human breast tissue compared to WT tissue. RANK\(^+\) cells were highly proliferative, as demonstrated by gene expression analysis and colony-forming assays as a functional read-out of mitotic activity. This is consistent with a previous report demonstrating co-localisation of RANK and Ki67 immunostaining in a subset of breast epithelial cells from cynomolgus macaque monkeys (Wood et al., 2013), as well as the reported induction of DNA replication and cellular proliferation by progesterone (Graham et al., 2009). Notably, RANK\(^+\) cells also exhibited markedly higher ALDH activity and protein expression compared to RANK\(^-\) cells, a feature that was especially prominent in BRCA1\(^{mut/+}\) tissue. ALDH1-positive cells comprising entire acini have been previously noted as a feature of BRCA1\(^{mut/+}\) breast tissue (Liu et al., 2008). Interestingly, the presence of ALDH-positive acini was also associated with breast cancer risk, since four of five BRCA1-mutation carriers with ALDH1-positive lobules developed breast cancer, compared to only two of the eight carriers with no detectable ALDH1-positive acini (Liu et al., 2008). Although this dataset represents a small number of patients, these findings implicate ALDH1/RANK double-positive lobules in breast oncogenesis.

In addition to cell cycle genes, molecular profiling revealed a substantial enrichment of metabolic pathways in RANK\(^+\) luminal progenitor cells compared to
RANK\textsuperscript{−} cells, particularly fatty acid metabolism. This suggests RANK\textsuperscript{+} luminal progenitor cells may represent a distinct population of alveolar-type progenitor cells within the breast epithelium, but this is yet to be determined. This is compatible with previous reports that ALDH\textsuperscript{+} luminal progenitor cells share a gene signature consistent with an alveolar progenitor population (Shehata et al., 2012). The similar $BRCA1$ transcript levels observed between WT and $BRCA1^{\text{mut/+}}$ subsets are consistent with previous data from studies using cultured epithelial cells (Bellacosa et al., 2010; Sedic et al., 2015), implying that biological changes in $BRCA1^{\text{mut/+}}$ cells reflect perturbations at the protein level.

By quantifying DNA lesions using comet assays, our findings suggest that the DNA repair machinery is uncoupled in RANK\textsuperscript{−} luminal progenitor cells that have lost a single allele of $BRCA1$. Given the critical role of BRCA1 in high fidelity homologous recombination (HR)-mediated DNA repair, loss of function would render cells highly susceptible to DNA damage. The existence of defective DNA repair mechanisms in breast tissue heterozygous for $BRCA1$ (i.e. haploinsufficiency) has been a contentious topic for the field. Long-standing results show that HR function is intact in $BRCA1^{+/−}$ embryonic stem cells until both copies of $BRCA1$ are inactivated (Moynahan et al., 2001), while mice heterozygous for $Brca1$ do not exhibit any detectable phenotype nor do they spontaneously develop mammary tumours (Drost and Jonkers, 2009). By contrast, others have recently demonstrated defective DNA repair upon loss of a single allele of $BRCA1$ using immortalised cell lines or $BRCA1^{\text{mut/+}}$ breast epithelial cells that were cultured long-term in vitro (Konishi et al., 2011; Pathania et al., 2014; Savage et al., 2014; Sedic et al., 2015).

Our data represents the first demonstration of $BRCA1$ haploinsufficiency for DNA repair in highly fractionated breast populations, and in freshly sorted cells that were not passaged in vitro. Most importantly, we identified the RANK\textsuperscript{+} luminal progenitor population as an epithelial subset that is particularly susceptible to acquiring DNA damage, either in the basal-state or following $\gamma$-irradiation or replication fork stalling. This indicates that markedly perturbed DNA repair mechanisms exist in ostensibly normal $BRCA1^{\text{mut/+}}$ tissue. These results are consistent with the proliferative nature of RANK\textsuperscript{+} progenitors, since the genome is particularly susceptible to damage during DNA replication when lesions on a single strand can be converted to double strand damage (Roy et al., 2012). Given the alternative cellular roles of BRCA1, it
is also conceivable that the rapidly dividing RANK\(^+\) population deprived of a full complement of intact BRCA1 has a high requirement for this tumour suppressor in checkpoint control or transcriptional regulation. This would dramatically reduce the available pool of functional BRCA1 that is able to coordinate DNA repair, and could explain the increased susceptibility of RANK\(^+\) progenitors to accumulating DNA lesions. Collectively, our results imply that loss of a single BRCA1 allele in the proliferating RANK\(^+\) population could generate a pool of genetically unstable cells that are prime targets for the acquisition of additional mutations such as BRCA1 LOH or loss of TP53. Thus, RANK\(^+\) but not RANK\(^-\) luminal progenitor cells are a likely target population for malignant transformation in BRCA1-mutant breast tissue. Fittingly, RANK\(^+\) but not RANK\(^-\) progenitors shared a molecular profile closely aligned with basal-like breast tumours. This is in line with the previous observation that the gene signature of the ALDH\(^+\) luminal progenitor population in the human breast more strongly correlates with basal-like breast tumours compared to the ALDH\(^-\) luminal progenitor population (Shehata et al., 2012).

Using NF-κB GFP reporter assays, we demonstrated prominent NF-κB activity in BRCA1\(^{mut/+}\) RANK\(^+\) cells. Given the established link between the RANK-NF-κB signalling axis and proliferation via cyclin D1 upregulation (Cao et al., 2001), NF-κB activity in BRCA1\(^{mut/+}\) tissue could contribute to expansion of the RANK\(^+\) subset as well as the mitotically active state. In a recent report (Sau et al., 2016), the perturbed growth properties of BRCA1-deficient luminal progenitors were linked to DNA damage-induced activation of NF-κB. Activation of the ATM checkpoint kinase and the NF-κB essential modulator (NEMO) in BRCA1-deficient luminal progenitors in response to DNA damage resulted in activation of canonical NF-κB signalling as shown by an increase in p65 phosphorylation, as well as prolonged non-canonical p52 activation. Notably, p52, ATM and IKK\(\alpha\) were all shown to be essential for growth factor-independent proliferation of BRCA1-deficient luminal progenitor cells. Sau et al also showed that NF-κB inhibition in vivo markedly reduced γH2AX foci in Brca1-null mouse mammary glands, consistent with an additional role for NF-κB upstream of DNA damage in RANK\(^+\) progenitors. Thus it appears that NF-κB is activated in a two-pronged manner in BRCA1-deficient cells, i.e. by progesterone-induced activation of the RANK pathway as well as by the DNA damage response.
The augmented NF-κB activity observed in BRCA1\textsuperscript{mut/+} RANK\textsuperscript{+} cells is likely a consequence of both activation mechanisms. It is probable that DNA damage-induced NF-κB generates a positive feedback loop by stimulating proliferation of RANK\textsuperscript{+} cells, which further exacerbates genomic instability.

Deregulated systemic factors are additional features associated with a germline BRCA1 mutation that likely contribute to the hyperactivation of the RANK\textsuperscript{+} luminal progenitor population in BRCA1\textsuperscript{mut/+} preneoplastic tissue. As discussed, BRCA1-mutation carriers exhibit an amplified hormonal milieu, as a consequence of deregulated ER/PR expression and higher circulating levels of progesterone, which would promote RANKL-mediated stimulation of RANK\textsuperscript{+} cells during the luteal phase of the menstrual cycle. Furthermore, BRCA1-mutation carriers were recently reported to have lower serum OPG levels (Widschwendter et al., 2015). Since OPG is the decoy receptor for RANKL and plays an essential role in curbing RANK activation, reduced OPG levels would be anticipated to trigger amplification of the RANKL signalling pathway in BRCA1-mutant breast epithelium.

In summary, we have identified a novel subset of RANK\textsuperscript{+} luminal progenitor cells residing within the breast epithelium of BRCA1-mutation carriers that are actively proliferating yet are exquisitely sensitive to DNA damage compared to other breast epithelial cell types, likely setting the stage for neoplastic transformation. Notably, RANK\textsuperscript{+} luminal progenitors bear a unique molecular signature that is closely aligned to that of basal-like breast cancer. These findings implicate RANK\textsuperscript{+} and not RANK\textsuperscript{−} luminal progenitor cells as the primary target population for basal-like breast tumours in BRCA1-mutation carriers. Although alternative progesterone-responsive genes such as Wnt4 could contribute to oncogenesis, we did not observe any alterations in the expression of Wnt pathway genes in BRCA1\textsuperscript{mut/+} epithelial subsets. Based on our findings, we propose a model to explain the potential molecular mechanisms underlying oncogenesis in premenopausal BRCA1-mutation carriers (Figure 3.9). In this model, cell extrinsic influences such as amplified hormonal signalling act in concert with properties intrinsic to RANK\textsuperscript{+} cells including DNA repair haploinsufficiency and the ensuing DNA damage-induced NF-κB. The end result is a hyperactive pathway, initiated by progesterone...
and amplified by NF-κB signalling. Together this culminates in a genetically unstable population of RANK$^+$ cells in $BRCA1^{mut/+}$ epithelium that is prone to malignant transformation, providing a molecular basis for the differential sensitivity of $BRCA1^{mut/+}$ versus WT luminal progenitor cells as well as the tissue-specific pattern of tumour formation. Overall, the potentially integral role for the RANKL signalling axis in tumour initiation in $BRCA1$-mutation carriers indicates RANKL as a potential novel chemoprevention target for these high risk women.
Figure 3.1
Figure 3.1: Prominent RANK expression on BRCA1\textsuperscript{mut/+} luminal progenitors

(a, b) Representative FACS plots showing delineation of distinct subpopulations isolated from (a) wild-type (WT, n = 33 patients, reduction mammoplasty) or (b) pathologically normal BRCA1 breast tissue (BRCA1\textsuperscript{mut/+}, prophylactic mastectomy, n = 24 patients) based on expression of CD31, CD45, CD235-α, EpCAM, CD49f and RANK. RANK expression (blue) was compared to an isotype-matched control antibody (grey). Cells negative for CD31, CD45 and CD235-α define the lineage negative (Lin\textsuperscript{−}) population. ML, mature luminal; LP, luminal progenitor; MaSC, mammary stem cell. (c) Representative histograms portraying the lack of RANK expression in the ML and stroma subsets within WT (n = 33 patients) or BRCA1\textsuperscript{mut/+} breast tissue (n = 24 patients). (d) Expression analysis of RANK in the ML, basal/MaSC and LP subpopulations from WT breast tissue (n = 3 patients) by quantitative RT-PCR. Data is depicted as mean ± s.e.m. Expression was normalised to GAPDH. (e) Graph showing percentage of RANK\textsuperscript{+} LP cells within BRCA1\textsuperscript{mut/+} breast tissue (28.6 ± 2.5 %, n = 24 patients) compared to WT (14.7 ± 1.2 %, n = 33) and BRCA2\textsuperscript{mut/+} (13.6 ± 3.5 %, n = 10) tissue. Bars represent mean ± s.e.m. **P < 0.01, ****P < 0.0001. (f) Expression analysis of RANKL in ML, Basal/MaSC, LP and stroma subpopulations from WT breast tissue (n = 2 patients, WT1 and WT2) by quantitative RT-PCR. Expression was normalised to GAPDH and is depicted as fold-change relative to the mature luminal subset.
Figure 3.2: RANK$^+$ progenitors from $BRCA1^{mut/+}$ tissue are highly clonogenic

(a) Representative images of 3D Matrigel droplets of freshly sorted RANK$^+$ and RANK$^-$ luminal progenitor cells from $BRCA1^{mut/+}$ (n = 6 patients) and WT (n = 5 patients) breast tissue (3–5 replicates per population per patient). Scale bar = 0.5 mm

(b) Bar chart depicting colony-forming capacity of RANK$^+$ and RANK$^-$ luminal progenitor cells from $BRCA1^{mut/+}$ (n = 6 patients) and WT (n = 5 patients) breast tissue. Colonies were quantified using ImageJ software (NIH). Data represent mean ± s.e.m. *P < 0.05.
Figure 3.3: RANK⁺ progenitors exhibit enhanced ALDH activity

(a) Representative BODIPY-aminoacetaldehyde (BAAA) fluorescence profiles of luminal progenitor cells after incubation with Aldefluor in the presence (left) or absence (right) of the inhibitor diethylaminobenzaldehyde (DEAB). Aldefluor-positive cells are outlined in red. (b) Mean fluorescence intensity (MFI) values for the Aldefluor/BAAA fluorescence of RANK⁺ luminal progenitor cells isolated from BRCA1mut/+ (n = 4 patients) and WT (n = 5 patients) breast tissue, relative to the MFI of the corresponding RANK⁻ luminal progenitor subset. Data are depicted as mean fold change ± s.e.m. **P < 0.01, ***P < 0.001. (c) Images showing overlapping distribution of RANK and ALDH1 immunostaining in sequential sections from pathologically normal WT (n = 19 patients) and BRCA1mut/+ (n = 23 patients) breast tissue. Scale bar = 50 µm.
Figure 3.4: RNA-seq analysis of RANK⁺ versus RANK⁻ luminal progenitor cells

(a, b) Unbiased (a) gene ontology (GO) group and (b) Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment in freshly sorted RANK⁺ luminal progenitor cells from WT breast tissue (n = 4 patients), compared to RANK⁻ luminal progenitors cells. Gene expression profiles of RANK⁺ and RANK⁻ cells were determined by RNA-seq. RANK⁺ luminal progenitor cells exhibit a marked enrichment in cell cycle, DNA repair and metabolic pathway genes compared to RANK⁻ cells.
Figure 3.5: RANK\(^+\) luminal progenitors are highly proliferative and PR\(^-\)

(a) Quantitative RT-PCR analysis of TOP2A, MKI67, CDK1, PBK and BRCA1 expression in freshly sorted RANK\(^+\) and RANK\(^-\) luminal progenitor cells from WT (n = 3 patients) and BRCA1\(^{\text{mut/}+}\) (n = 3 patients) breast tissue. Expression is shown relative to GAPDH for TOP2A, MKI67, CDK1 and PBK, and as fold change in expression in RANK\(^+\) cells relative to RANK\(^-\) cells for BRCA1. Data represent mean ± s.e.m. (b) Representative images and (c) quantification of immunostaining for Ki67 on cytospins of freshly sorted RANK\(^+\) and RANK\(^-\) luminal progenitor cells from WT (n = 3 patients) and BRCA1\(^{\text{mut/}+}\) (n = 3 patients) breast tissue. Scale bar, 100 µm. Data represent mean ± s.e.m. **P < 0.01. (d) Representative images and (e) quantification of immunostaining for progesterone receptor (PR) on cytospins of freshly sorted RANK\(^+\) and RANK\(^-\) luminal progenitor cells from WT breast tissue (n = 4 patients). Scale bar, 25 µm. Data represent mean ± s.e.m. **P < 0.01.
Figure 3.6: RANK⁺ luminal progenitor cells have high NF-κB activity

(a) Quantitative RT-PCR analysis of RSPO1, TCF1 and TCF4 expression in freshly sorted RANK⁺ and RANK⁻ luminal progenitor cells from WT (n = 3 patients) and BRCA1mut⁺ (n = 3 patients) breast tissue. Expression is shown relative to GAPDH. Data represent mean ± s.e.m. (b) Western blot analysis of p100 (precursor) and p52 (active subunit) expression in sorted epithelial cells from WT (n = 8 patients) and BRCA1mut⁺ (n = 6 patients) breast tissue. GAPDH was used as a protein loading control. (c) NF-κB reporter activity in sorted RANK⁺ luminal progenitor, RANK⁻ luminal progenitor, MaSC and ML subpopulations from WT (n = 3 patients) and BRCA1mut⁺ (n = 3 patients) breast tissue. Freshly sorted cells were transduced with a lentiviral reporter and GFP was measured after 48 h by flow cytometry as a read out of reporter activity. Data are depicted as fold change in mean fluorescence intensity (MFI) of GFP in each subset relative to the RANK⁻ luminal progenitor subset. Data represent mean ± s.e.m. **P < 0.01, ***P < 0.001.
Figure 3.7: The RANK\textsuperscript{+} gene signature correlates with basal-like breast cancers

(a) Box plots of RANK\textsuperscript{+} signature expression scores by breast tumour subtype. The RANK signature (genes upregulated in RANK\textsuperscript{+} compared to RANK\textsuperscript{−} luminal progenitor cells, n = 4 patients) is strongly correlated with the basal subtype of breast cancer (n = 132 tumours). (b) Barcode plots showing association of the RANK\textsuperscript{+} expression signature with the basal breast tumour subtype (n = 132 tumours), compared to luminal A (n = 391), luminal B (n = 183) or HER2\textsuperscript{+} (n = 65) breast tumours. Genes are ordered from right to left as most upregulated to most downregulated in basal breast tumours. The x-axes show genewise t-statistics for the basal versus luminal A, luminal B or HER2\textsuperscript{+} comparison. Vertical red bars designate genes upregulated in RANK\textsuperscript{+} compared to RANK\textsuperscript{−} cells, whereas blue bars designate downregulated genes. ‘Weight’ refers to the log\textsubscript{2} fold-change in expression of each gene compared to RANK\textsuperscript{−} cells, with a higher fold change represented as a greater bar length. ROAST P values measure the overall correlation.
Seed sorted breast epithelial cells in suspension

b

WT
BRCA1mut/+ 

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c

Olive tail moment

RANK−

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RANK+

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d

Olive tail moment

Relative fold change

RANK−

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RANK+

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e

Olive tail moment

Telomere length

T/S ratio (relative to 293T)

WT #1
BRCA1mut/+ #1
BRCA1mut/+ #2
Figure 3.8: *BRCA1*mut/+ RANK⁺ progenitors have grossly deficient DNA repair mechanisms

(a) Overview of comet assay: freshly sorted human breast subsets were seeded into low-adherent plates and incubated for 16 h. Cells were then treated with hydroxyurea (10 mM), irradiated at 3 Gray (Gy) or left untreated. After 4 hours, cells were harvested and immobilised in agarose on a comet slide. Cells were then lysed, the DNA was unwound and gel electrophoresis was performed to induce migration of fragmented DNA. DNA was visualised with SyberGreen and imaged on a Nikon Upright 90i microscope. Quantification was performed using MetaMorph software. (b) Representative images of comets from RANK⁺ or RANK⁻ luminal progenitor cells isolated from WT (n = 5 patients) or *BRCA1*mut/+ breast tissue (n = 6 patients). Values represent the olive tail moment (product of the tail length and the fraction of total DNA in the comet tail). Scale bar = 50 µm. UT, untreated; HU, hydroxyurea; IR, irradiated. (c) A representative *BRCA1*mut/+ patient sample showing the olive tail moment for individual RANK⁺ or RANK⁻ cells. Bar, mean score. (d) Fold-change in olive tail moment in untreated versus treated RANK⁺ and RANK⁻ luminal progenitor cells isolated from *BRCA1*mut/+ tissue (n = 6 patients). Data are depicted as fold-change relative to the untreated RANK⁻ subset. At least 200 cells per treatment condition were scored for each patient. Data represent mean ± s.e.m. **P < 0.01, ****P < 0.0001. (e) Extended analysis of olive tail moment in *BRCA1*mut/+ cell subsets. Shown are olive tail moments for unpurified cells (epithelium and stroma), epithelial cells, basal/MaSC, and RANK⁺ and RANK⁻ luminal progenitors cells. Comet tails are evident in all subsets, but are most pronounced in the RANK⁺ subset. Data represent mean ± s.e.m for n = 3 patients. (f) Representative image field showing irradiated RANK⁺ luminal progenitor cells from a WT or *BRCA1*mut/+ patient sample. Dramatic differences in comet tail lengths between WT and *BRCA1*mut/+ cells are clearly discernable. (g) Telomere length as determined by quantitative PCR using freshly sorted ML, Basal/MS, RANK⁻ and RANK⁺ luminal progenitor cells from WT (n = 2 patients) and *BRCA1*mut/+ (n = 2 patients) breast tissue. Data are depicted as a T/S ratio, which is the ratio of the telomere gene signal to the signal-copy gene signal (albumin). Samples with a T/S > 1.0 have an average telomere length greater than that of the standard DNA (293T cells) while samples with a T/S < 1.0 have an average telomere length shorter than that of the standard DNA.
Figure 3.9: Schematic model of potential cellular and molecular mechanisms that drive hyperplasia in BRCA1-mutation carriers.

Progesterone-mediated activation of RANK in BRCA1mut/+ luminal progenitor cells results in the activation of pro-proliferative signalling pathways such as NF-κB. Hyperactivation of this pathway in response to amplified hormonal signaling leads to augmented proliferation, and exerts undue pressure on the DNA repair machinery. Haploinsufficiency for DNA repair and the ensuing genomic instability in RANK+ cells leads to the acquisition of potentially deleterious mutations as well as the activation of NF-κB. Activation of the non-canonical p52 pathway results in a sustained response that further exacerbates genomic instability by triggering the proliferation of RANK+ cells, creating a positive feedback loop. NF-κB-mediated proliferation may be self-perpetuating (due to the DNA damage response), but RANK+ cells still remain highly responsive to progesterone-induced RANK signalling. Hyperplastic lesions are likely still progesterone-responsive, but transition to a hormone-independent state as tumorigenesis progresses.
### Table 3.1  
**Classification of pathogenic BRCA1 mutations in prophylactic mastectomy samples**

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<th><strong>HGVS classification</strong></th>
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<td>BRCA1 185_186 del AG (STOP 39)</td>
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<td>BRCA1 1996insTAGT</td>
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<td>9</td>
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<td>BRCA1 5586 G&gt;A (A1823T)</td>
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<td>BRCA1c.3481_3491delGAAGATACTAG (p.Glu1161PhefsX3)</td>
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**BIC:** Breast cancer Information Core database (http://research.nhgri.nih.gov/bic/)

**HGVS:** Human Genome Variation Society (http://www.hgvs.org)
Table 3.2  Classification of pathogenic BRCA2 mutations in prophylactic mastectomy samples

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<td>BRCA2c.5682C&gt;G (p.Tyr1894X)</td>
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*BIC: Breast cancer Information Core database (http://research.nhgri.nih.gov/bic/)

#HGVS: Human Genome Variation Society (http://www.hgvs.org)
Table 3.3  RANK and RANKL expression in normal breast tissue

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Normal breast tissue (either tumour adjacent or contralateral breast) from the kConFab cohort was scored for BRCA1 and BRCA2 expression. The H-score incorporates intensity (scale of 0 - 3) multiplied by percent cells staining positive for RANK or RANKL. P values (Wilcoxon Rank Sum test) compare BRCA1-mutation carriers with non-BRCA1 mutant tissue (i.e. women with a positive family history but no BRCA1 germline mutation; includes BRCA2-mutation carriers) and BRCA2-mutation carriers with non-BRCA2 mutant tissue (i.e. women with a positive family history but no BRCA2 germline mutation; includes BRCA1-mutation carriers). Analysis was not adjusted for menopausal status or menstrual cycle stage.
Table 3.4  List of the 45 most upregulated genes in RANK\(^+\) luminal progenitor cells compared to RANK\(^-\) luminal progenitor cells.

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Table 3.5  List of the 45 most downregulated genes in RANK$^+$ luminal progenitor cells compared to RANK$^-$ luminal progenitor cells.

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Table 3.6  GO groups upregulated in RANK\(^+\) luminal progenitor cells compared to RANK\(^-\) luminal progenitor cells

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Chapter 4: RANKL inhibition as a promising breast cancer prevention strategy for BRCA1-mutation carriers

4.1 Introduction

Despite their significant cancer predisposition, carriers of BRCA1/2 mutations are currently faced with few effective clinical options to reduce their breast cancer risk. Heightened surveillance through regular breast examination can promote early detection of malignancy, and the introduction of breast magnetic resonance imaging (MRI) has improved screening effectiveness (Robson and Offit, 2007). However, interval cancers are common, and often present as advanced stage tumours (i.e. node positive) (Kriege et al., 2004). Coupled with this, BRCA1-mutated tumours are associated with a high incidence of disease recurrence and there are currently no therapies to supplement traditional chemotherapy. Therefore, breast cancer prevention remains the most viable approach for these high risk women.

Presently, the most effective means of primary prevention in BRCA1-mutation carriers is the surgical removal of breasts and ovaries. Prophylactic mastectomy ensures a very high protection from breast cancer (Domchek et al., 2010; Meijers-Heijboer et al., 2001; Rebbeck et al., 2004), while the benefit of risk-reducing salphingo-oophorectomy (RRSO) is less clear. Several retrospective studies have reported a breast cancer risk reduction of approximately 50% following RRSO (Domchek et al., 2006; Domchek et al., 2010; Eisen et al., 2005; Kauff et al., 2008; Kramer et al., 2005; Rebbeck et al., 1999; Rebbeck et al., 2002), although this was disputed in a recent study that utilised a revised study design (Heemskerk-Gerritsen et al., 2015). Bilateral oophorectomy, however, did delay tumour onset in Brca1/p53-deficient mice (Bachelier et al., 2005). Prophylactic mastectomy and RRSO, while significantly reducing breast cancer risk, are highly invasive and irreversible. Moreover, the long-term effects (such as loss of fertility following RRSO) can be highly distressing for young, asymptomatic women. Indeed clinical uptake is often low, with only 11% of BRCA1/2-mutation carriers currently opting for
prophylactic mastectomy in Australia (Kiely et al., 2010; Meiser et al., 2003; Phillips et al., 2006). This highlights the need for non-surgical alternatives. Importantly, despite the ambiguous effect on breast cancer risk, RRSO is still highly recommended to BRCA1/2-mutation carriers later in life (>35 years of age) due to their increased susceptibility to ovarian cancer.

In the previous chapter, we defined a novel role for the RANKL signalling axis in contributing to breast oncogenesis in BRCA1mut/+ breast tissue. The augmented proliferation of RANK+ luminal progenitor cells combined with their predilection for DNA damage suggested they are prime cellular targets for basal-like breast tumours arising in BRCA1-mutation carriers. Based on these findings, we speculate that specific targeting of this progenitor subset via RANKL blockade could be a novel prevention strategy for these high-risk individuals (Figure 4.1). This approach would remove both the initialising mitogenic signal to RANK+ progenitors by disrupting their link to progesterone signalling as well as preventing further cyclical stimulation of the DNA-damage response/NF-κB pathway in RANK+ cells. Notably, the human-specific RANKL blocking antibody Denosumab (AMG-162) (Kostenuik et al., 2009) was fast-tracked by the FDA for the treatment of osteoporosis in postmenopausal women and for the prevention of skeletal-related events in patients with bone metastasis, and is now in routine clinical use (Lipton et al., 2007; McClung et al., 2006). This suggests that denosumab could be ‘repurposed’ as a breast cancer preventive therapy for BRCA1-mutation carriers.

In this chapter, we have investigated the efficacy of RANKL blockade in attenuating progesterone-induced cellular proliferation and BRCA1-associated mammary tumorigenesis. Several models of BRCA1-mutated breast cancer and the BRCA1mut/+ preneoplastic phase were employed, including three-dimensional human breast organoids, breast biopsies from BRCA1-mutation carriers as well as the MMTV-cre-Brca1fl/flp53+/− mouse model. Importantly we have also directly compared pharmacological inhibition of RANKL with existing prevention strategies, and explored RANKL blockade in alternative mouse models of basal-like breast cancer. The findings have significant clinical implications and could directly impact the lives of BRCA1-mutation carriers.
4.2 Results

4.2.1 RANKL inhibition attenuates proliferation in breast organoids and breast tissue biopsies from BRCA1-mutation carriers

The first step in evaluating RANKL blockade as a prevention strategy was to investigate the significance of RANKL inhibition during the preneoplastic phase in BRCA1<sup>mut/+</sup> breast tissue. Given that primary human breast epithelial cells grown in vitro lose steroid hormone receptor expression, a requirement for studying paracrine factors, we optimised an ex vivo three-dimensional breast organoid system that is responsive to progesterone signalling based on the method of Tanos et al., 2013. The cellular architecture of breast epithelium was preserved in organoids isolated from fresh human breast specimens, with immunostaining confirming the presence of bilayered ducts and TDLUs comprising both luminal (K18 positive) and basal (K14 and p63 positive) cells, as well as retention of PR expression (Figure 4.2a). Organoids from both WT and BRCA1<sup>mut/+</sup> breast tissue responded to exogenous progesterone treatment and exhibited an increase in epithelial cell proliferation based on Ki67-positive cells (Figure 4.2b,c and Figure 4.3). However, the mitogenic response to progesterone was more profound in BRCA1<sup>mut/+</sup> tissue compared to WT (Figure 4.2c), consistent with findings in Brca1-deficient mice (Ma et al., 2006; Poole et al., 2006). Importantly, concomitant exposure to the RANKL-inhibitor denosumab blocked the progesterone-stimulated increase in Ki67<sup>+</sup> cells in BRCA1<sup>mut/+</sup> organoids (Figure 4.2b,c and Figure 4.3). Thus, ostensibly normal human BRCA1<sup>mut/+</sup> breast tissue is hyper-responsive to progesterone and RANKL blockade attenuates this response.

The in vivo effect of RANKL inhibition on breast tissue from BRCA1-mutation carriers was next assessed via the first three subjects recruited to a pilot clinical study, ‘BRCA-D’ (ACTRN12614000694617). The BRCA-D study is a pre-operative window study evaluating the safety and biological effects of denosumab on normal breast tissue from premenopausal BRCA1 and BRCA2-mutation carriers, as well as high risk WT patients with a strong family history of breast cancer. Three BRCA1-mutation carriers were treated with denosumab over a three-month period, and Ki67 expression was scored in pre- and post-treatment biopsies that were
collected during the luteal phase of the menstrual cycle (Figure 4.4a). Notably, a substantial reduction in Ki67 was observed in each subject, from a mean value of 2.5 ± 1.2% to 0.5 ± 0.2% (Figure 4.4b,c). Thus, RANKL blockade markedly attenuates breast epithelial proliferation in BRCA1-mutation carriers.

### 4.2.2 RANKL inhibition attenuates mouse mammary progenitor activity

To determine whether RANKL inhibition can block luminal progenitor activity in vivo, we injected adult virgin mice (8 weeks of age) with an anti-RANKL monoclonal antibody. Mammary glands were harvested after 7 days and in vitro colony-forming assays were performed with freshly sorted basal/MaSC cells (Lin−CD29hiCD24+), hormone receptor-negative (HR−) luminal progenitor cells (Lin−CD29loCD24+CD49b+Sca1−) and HR+ luminal progenitor cells (Lin−CD29loCD24+CD49b+Sca1+) (Figure 4.5a). Notably, clonogenic activity was markedly reduced in the HR− luminal progenitor subset, previously shown to express RANK (Pal et al., 2013), while no difference in colony formation was observed in the HR+ luminal progenitor population that is RANK− (Figure 4.5b,c). As previously reported, a significant reduction in clonogenic activity was observed in the basal/MaSC subset (Asselin-Labat et al., 2010) (Figure 4.5b,c). Therefore RANKL inhibition can attenuate progenitor and stem cell activity in vivo. It was not possible to fractionate RANK+ and RANK− subsets as in the case of human tissue, owing to a lack of suitable anti-RANK antibodies for flow cytometry.

### 4.2.3 RANKL inhibition curtails tumorigenesis in Brca1-deficient mice

To determine the efficacy of RANKL inhibition as a breast cancer prevention strategy, we utilised the MMTV-cre/Brca1+/−/p53+/− mouse model, previously shown to develop basal-like tumours that recapitulate features of human BRCA1-mutated breast cancer (Brodie et al., 2001; Xu et al., 1999; Table 1.1). The relevance of this mouse tumour model was confirmed by immunostaining mammary tumours for ER, PR, K14, K18 and Ki67, demonstrating a basal-like phenotype (Figure 4.6). Importantly, immunostaining of MMTV-cre/Brca1+/−/p53+/− tumours revealed abundant RANK expression (14/14 tumours), whereas the majority of tumours from p53+/− mice did not express RANK (3/10 tumours) (Figure 4.7a). RANKL+ positive
cells were also present in MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} mammary tumours, albeit at a low frequency, while they were completely absent from p53\textsuperscript{+/-} tumours (Figure 4.7a). RANKL could therefore be important for sustaining proliferation within MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} tumours. Moreover, hyperplastic mammary tissue from MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} mice exhibited profoundly high levels of RANK (6/6 mice), in contrast to those from p53\textsuperscript{+/-} mice (0/4 mice) (Figure 4.7b). The specificity of the anti-RANK and anti-RANKL antibodies was validated by immunostaining mammary glands during different stages of development, revealing a marked increase in expression during pregnancy as expected (Figure 4.7c). These data demonstrate that the MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} strain represents a suitable mouse model to study prevention through RANKL inhibition.

We used two alternative strategies to test the effect of RANKL blockade on tumour development in the MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} mouse model. In the first approach, mammary gland transplantation studies were performed with preneoplastic (histologically normal) mammary glands isolated from MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} female mice at 12 weeks of age. Freshly sorted mammary epithelial cells (Lin\textsuperscript{-}CD24\textsuperscript{+}) were transplanted into the cleared inguinal fat pads of four-week old immunocompromised \textit{RAG1}\textsuperscript{-/-} recipients to generate ductal outgrowths (Figure 4.8a). Six weeks following reconstitution, recipients were randomised to receive either a mouse IgG1 control antibody or the RANKL inhibitor OPG-Fc, which acts as a decoy receptor through binding RANKL. Excitingly, a significant delay in tumour onset was observed in mice treated with OPG-Fc compared to control mice (\(P = 0.0002\)) (Figure 4.8b). Median tumour onset was 215 days in the control arm, whereas median onset was not reached in OPG-Fc-treated mice and only 6/17 (35\%) of mice developed tumours by the experimental end-point (day 250) (Figure 4.8b). Notably, histological evaluation of mammary glands at this time-point revealed dramatically reduced hyperplasia in OPG-Fc-treated mice compared to control mice (Figure 4.8c).

In the second approach, MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/-} mice were randomised at 9 weeks of age to treatment with a neutralising anti-mouse RANKL monoclonal antibody or control antibody and monitored for tumour onset (Figure 4.9a). Similar to the OPG-Fc inhibitor, a significant delay in tumour onset was evident in mice
treated with anti-RANKL compared to control mice, with median tumour onset at 177 days compared to 123 days, respectively \((P = 0.0044, \text{Figure } 4.9b)\). Thus, through two independent \textit{in vivo} chemoprevention studies, we have demonstrated that pharmacologic inhibition of RANKL significantly impacts on mammary tumour development in \textit{Brca1}-deficient mice.

\textbf{4.2.4 The efficacy of RANKL blockade is comparable to oophorectomy}

Given that risk-reducing salphingo-oophorectomy (RRSO) has shown efficacy as a breast cancer preventive therapy in \textit{BRCA1}-mutation carriers and \textit{Brca1}-deficient mice, we directly compared this highly invasive approach with pharmacological RANKL blockade. To generate a preclinical model, sorted epithelial cells (Lin\(^-\) CD24\(^+\)) cells were harvested from preneoplastic mammary tissue of young adult \textit{MMTV-cre/Brca1\(^{flo}\)/p53\(^{+/−}\)} mice and transplanted into the cleared fat pads of syngeneic recipient mice (F1 FVB x BALB/c, \text{Figure } 4.10a). Six weeks after mammary gland reconstitution, mice were randomised to undergo an oophorectomy or a sham operation followed by treatment with a mouse IgG1 control antibody or to receive treatment with the RANKL inhibitor OPG-Fc (\text{Figure } 4.10a). Median tumour onset was 206 days in the vehicle group, whereas the tumour latency was significantly attenuated in mice that underwent an oophorectomy or received RANKL blockade \((P < 0.05, \text{Figure } 4.10b)\). Thus, our data implicates RANKL inhibition as a prevention strategy that is comparable to the benefit of oophorectomy.

\textbf{4.2.5 RANKL blockade delays tumour onset in \textit{MMTV-Wnt1} mice}

To explore whether RANKL blockade may be more broadly applicable for breast cancer prevention, the efficacy of RANKL inhibition in the \textit{MMTV-Wnt1} mouse model was investigated. The \textit{MMTV-Wnt1} strain was chosen following the observation of substantial RANK expression in tumours (5/8) and preneoplastic mammary tissue (10/10) harvested from these mice (\text{Figure } 4.11a,b). In contrast to \textit{MMTV-cre/Brca1\(^{flo}\)/p53\(^{+/−}\)} mice, RANKL expression was not observed in \textit{MMTV-Wnt1} tumours (\text{Figure } 4.11a). For the prevention study, 8-week old \textit{MMTV-Wnt1} mice were assigned at random to receive either a mouse IgG1 control antibody or
OPG-Fc (Figure 4.11c). Importantly, a marked delay in tumour latency was observed in mice treated with OPG-Fc, with tumour latency increasing from 115 days in the control arm to 240 days in the OPG-Fc arm ($P = 0.0058$, Figure 4.11d). Thus, RANKL blockade may also be a useful prevention strategy for other individuals at a high risk of developing breast cancer.
4.3 Discussion

*BRCA1*-mutation carriers are currently faced with few options to reduce their risk of developing breast cancer. The identification of an effective, non-surgical prevention therapy remains a ‘holy-grail’ for the field. In this chapter we have explored RANKL blockade as a potential breast cancer prevention strategy for *BRCA1*-mutation carriers, and provide compelling evidence to suggest targeting this pathway may effectively minimise the breast cancer risk associated with a *BRCA1* mutation.

To study the effects of RANKL blockade during the preneoplastic phase in *BRCA1*mut/+ breast tissue, a three-dimensional breast organoid culture system was utilised. The significance of the extracellular matrix and three-dimensional structure for mammary epithelial cell biology and cell signalling is well documented (Kass et al., 2007; Roskelley et al., 1994). Human breast epithelial cells grown in two-dimensions lose expression of hormone receptors, while three-dimensional cultures using Matrigel maintain hormone receptor expression although Wnt4 and RANKL are not induced by progesterone in this system (Graham et al., 2009). By isolating three-dimensional breast organoids, we have generated a model of human *BRCA1*mut/+ breast tissue that preserves key features of the in situ tissue. We demonstrated that *BRCA1*mut/+ organoids were hyper-responsive to progesterone and that RANKL neutralisation profoundly inhibited progesterone-induced proliferation. Importantly, this was confirmed *in vivo*, where RANKL inhibition markedly diminished epithelial cell proliferation in breast biopsies from *BRCA1*-mutation carriers who were treated with denosumab over a three-month period. Thus, RANKL blockade showed remarkable efficacy in preneoplastic human *BRCA1*-mutant breast tissue.

Through multiple *in vivo* preclinical prevention studies, we provided evidence that RANKL inhibition significantly impacts on mammary tumour development and hyperplasia in Brca1/p53-deficient mice. A profound delay in tumour onset was observed in mice treated with either OPG-Fc or an anti-RANKL monoclonal antibody, comparable to the effects of oophorectomy. The use of two independent pharmacologic RANKL inhibitors in this study was informative, since OPG-Fc also exhibits some affinity for binding the TNF-related apoptosis-inducing ligand (TRAIL)
(Bossen et al., 2006; Truneh et al., 2000). The efficacy demonstrated by both OPG-Fc and the specific anti-RANKL neutralising antibody allowed us to exclude TRAIL-inhibition as the mechanism by which OPG-Fc delays tumour onset rather than through RANKL blockade. It is conceivable that the impact of RANKL inhibition may be more pronounced in human BRCA1-mutation carriers than in Brca1/p53-deficient mice because mice bearing heterozygous Brca1 mutations do not develop spontaneous breast (or ovarian) tumours, and therefore prevention studies must be performed using mice in which both alleles have been lost. Therefore it is possible that the preneoplastic period is accelerated compared to the human setting. A delay in tumour onset following RANKL blockade was also observed in the MMTV-Wnt1 mouse model, which develops RANK- tumours that have been previously shown to resemble basal-like cancers (Herschkowitz et al., 2007). This is consistent with a previous report demonstrating a delay in tumour onset in MMTV-Wnt1 mice following oophorectomy (Bocchinfuso et al., 1999). This implies that RANKL inhibition may also be applicable to other women at high risk of developing breast cancer, although this would require identification of suitable biomarker(s) to identify those who would benefit since inclusion cannot be based on the presence of a germline mutation as in the case of BRCA1. It is not known whether post-menopausal BRCA1-mutation carriers would benefit from RANKL blockade, although it is unlikely given that the loss of progesterone would abrogate signalling through the RANKL axis. Indeed, the BRCA-D study included a fourth BRCA1-mutation carrier who was post-menopausal and for whom denosumab therapy did not influence cell proliferation (data not shown).

Notably, a concurrent study showed that genetic ablation of RANK in the mammary epithelium of Brca1/p53-deficient mice under the control of either the WapCreC or K5 promoter substantially delayed the onset of mammary tumours and hyperplasia, respectively (Sigl et al., 2016). While these findings support our data, it is important to note that genetic inactivation of Rank does not recapitulate a prevention study performed in humans, since the K5 and WapCreC promoters are active in embryogenesis (Van Keymeulen et al., 2011) and puberty (Lin et al., 2004), respectively. Interestingly, a previous chemoprevention study performed in Brca1/p53-deficient mice utilising the PR antagonist mifepristone demonstrated a complete abrogation of tumour development, with no tumours appearing over the
12-month study period. However, mifepristone is not a selective PR antagonist and it binds to glucocorticoid receptors with high affinity (Baulieu, 1989). Therefore, the observed prevention in this study may be partly attributable to the anti-glucocorticoid effects (Drost and Jonkers, 2009).

Alternative chemoprevention strategies for BRCA1-mutation carriers are currently under investigation, for example the selective oestrogen receptor modulator tamoxifen (reviewed in Phillips and Lindeman, 2014). There has only been one trial to specifically evaluate its efficacy in the primary prevention setting, whereby women at high risk of breast cancer were randomised to receive either daily tamoxifen or placebo for a period of 5 years (King et al., 2001). Although there was a 62% reduction in breast cancer risk among BRCA2-mutation carriers taking tamoxifen, the risk ratio for breast cancer in BRCA1-carriers was 1.67 (95% confidence interval 0.32 – 10.7) and the sample size was small (n = 19 BRCA1/2 carriers). Notably, tamoxifen treatment of Brca1/p53-deficient mice has been reported to cause an acceleration of mammary tumour development, likely due to the alteration in tamoxifen agonist/antagonist activity following BRCA1 loss (Jones et al., 2005). In the clinic, the uptake of tamoxifen for prevention has been poor. Given reports that endometrial cancer risk may be amplified in BRCA1-mutation carriers taking tamoxifen (Nelson et al., 2013; Phillips et al., 2013), it is unlikely that tamoxifen will be formally evaluated in a prevention study for these high-risk women. Tamoxifen does appear to significantly reduce the risk of contralateral breast cancer in patients carrying mutant BRCA1 with primary unilateral breast cancer, with a relative risk of 0.47 (95% confidence interval 0.37 – 0.60) demonstrated in a recent meta-analysis (Xu et al., 2015).

Recently, it has been suggested that the PARP1 inhibitors, veliparib and olaparib, may delay tumour development in Brca1/p53-deficient mice (To et al., 2014). PARP inhibitors exploit the disrupted DNA repair machinery present in BRCA1-deficient cells, and induce apoptosis by increasing genomic instability. They have shown efficacy in the treatment of BRCA1-mutated breast tumours in phase II and III trials (reviewed in Drost and Jonkers, 2014), and could potentially be explored for breast cancer prevention. However, the implementation of PARP inhibitors for chemoprevention is potentially problematic, given that serious side effects such as
myelodysplastic syndrome/Acute Myeloid Leukemia have been reported (Audeh et al., 2010). There is also concern that the tumours that eventually develop (since treatment delayed but did not prevent tumorigenesis in mice, To et al., 2014) may be PARP-resistant and thus not amenable to PARP inhibitors or platinum-based therapies for treatment. Thus, RANKL blockade represents a more favourable prevention strategy. Finally, given that DNA damage-induced NF-κB activity is a key feature of BRCA1-deficient cells (Sau et al., 2016), NF-κB may be a potential target for chemoprevention in BRCA1-mutation carriers. However, the central role of NF-κB in many physiological processes such as innate and adaptive immunity, inflammation and cell death, suggests there will be significant toxicity and immunosuppression associated with long-term use (Baud and Karin, 2009). Thus, NF-κB inhibitors are unlikely to be evaluated in the clinic as a viable breast cancer prevention strategy.

In summary, the findings presented in this chapter point to RANKL inhibition as a compelling strategy for breast cancer prevention in BRCA1-mutation carriers who otherwise face few effective options to minimise their risk. These findings are likely to culminate in a large international prevention study in the future. We believe that denosumab could offer a favourable alternative to prophylactic mastectomy, or could at least ‘buy time’ for younger BRCA1-mutation carriers who are considering a mastectomy. In addition, given that RANKL blockade was shown to be as effective as oophorectomy for breast cancer prevention in Brca1-deficient mice, this could delay the need for BRCA1-mutation carriers to undergo RRSO, allowing them to remain pre-menopausal with intact ovarian function until later in life. As a corollary, continued denosumab therapy after RRSO could also help to abrogate the associated loss of bone mineral density. If RANKL inhibition proves to be an effective breast cancer prevention strategy, then it could potentially benefit thousands of BRCA1-mutation carriers and possibly other women at high risk of developing breast cancer.
**Figure 4.1: Schematic model of the human breast epithelial hierarchy and breast oncogenesis in BRCA1-mutation carriers**

BRCA1\textsuperscript{mut/+} breast epithelium contains both RANK\textsuperscript{+} and RANK\textsuperscript{−} luminal progenitor subsets. RANK\textsuperscript{+} progenitors (responder cells) do not express hormone receptors but can receive mitogenic signals from progesterone via the secretion of RANKL from mature ductal cells (hormone sensor cells). BRCA1-associated tumorigenesis may result from the acquisition of genetic alterations in the highly proliferative RANK\textsuperscript{+} luminal progenitor subset. RANKL inhibition blocks progesterone-induced signals from mature ductal cells to RANK\textsuperscript{+} cells, thereby reducing mitogenic stimulation and potentially delaying oncogenesis. ER, oestrogen receptor; PR, progesterone receptor. Figure taken from Nolan et al., 2016.
Figure 4.2: RANKL is required for progesterone-mediated cell proliferation in BRCA1\textsuperscript{mut/+} breast organoids

(a) Representative images showing immunostaining of human breast organoids with antibodies to cytokeratin 8/18 (K18), cytokeratin 14 (K14), p63 and progesterone receptor (PR). Scale bars = 100 µm. (b) Representative images showing Ki67 immunostaining in organoids isolated from BRCA1\textsuperscript{mut/+} breast tissue (n = 5 patients) and treated with vehicle (EtOH), progesterone (prog, 20 nM) or progesterone and the RANKL-inhibitor denosumab (10 µg/mL) for 24 h. The enlargement shows each image at 3x magnification. Scale bars = 50 µm. (c) Bar chart depicting the proliferative response of BRCA1\textsuperscript{mut/+} (n = 5 patients) or WT (n = 4 patients) organoids to progesterone ± denosumab for 24 h. Organoids were quantified using ImageJ software (NIH) and data are depicted as mean percentage of Ki67\textsuperscript{+} cells within ducts ± s.e.m. *P < 0.05.
Figure 4.3: RANKL inhibition attenuates progesterone-induced proliferation in BRCA1<sup>mut/+</sup> organoids

Additional representative images from each of the five BRCA1<sup>mut/+</sup> patients showing Ki67 immunostaining in freshly isolated organoids that were treated with vehicle (EtOH), progesterone (20 nM) ± denosumab (10 µg/mL) for 24 h. The enlargement shows each image at 3x magnification. Scale bars = 50 µm.
Figure 4.4: RANKL blockade attenuates cell proliferation in *BRCA1*-mutation carriers

(a) Overview of BRCA-D pilot study design: *BRCA1*-mutation carriers underwent pre-treatment breast tissue biopsies followed by three months of denosumab therapy (120 mg, subcutaneous injection on Day 1, 15, 28, 56). A post-treatment biopsy was carried out approximately one month after the final treatment. Both pre- and post-treatment biopsies were performed during the luteal phase of the menstrual cycle, confirmed by analysis of serum LH, FSH, oestradiol and progesterone. (b) Representative images showing Ki67 immunostaining of pre- (left) and post-denosumab treatment (right) breast tissue biopsies from subject #105 on the BRCA-D study. Scale bars = 50 μm (c) Histogram showing mean percentage of Ki67+ epithelial cells following immunostaining of core breast biopsies from three *BRCA1*-mutation carriers before and after denosumab treatment. Two independent biopsies were quantified per patient.
Figure 4.5: RANKL blockade attenuates stem and progenitor cell activity in vivo

(a) Representative FACS plots showing expression of CD24, CD29, Sca1 and CD49b in mouse mammary glands pooled from virgin FVB/N mice treated with either an anti-RANKL neutralising antibody (5 mg/kg) or an isotype-matched control antibody (vehicle, 5 mg/kg) for 7 days. Differential expression of Sca1 and CD49b was used to delineate mature luminal cells (Sca1⁺CD49b⁻), hormone receptor-positive luminal progenitor cells (HR⁺ LP, Sca1⁺CD49b⁺) and hormone receptor-negative luminal progenitor cells (HR⁻ LP, Sca1⁻ CD49b⁻). (b) Representative images showing Giemsa-stained colonies from basal/MaSC-enriched (basal/MS), HR⁺ LP and HR⁻ LP cells isolated from vehicle versus anti-RANKL treated mice, plated on fibroblast feeder layers for 7 days. (c) Bar graph depicting reduced clonogenic capacity in basal/MS and HR⁻ LP subsets isolated from anti-RANKL treated mice compared to vehicle mice. Data represent mean ± s.e.m of two independent experiments (n = 3 mice per group per experiment). *P < 0.05, **P < 0.01.
Figure 4.6: *MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/−</sup>* mammary tumours resemble human *BRCA1*-mutated breast tumours

Representative images showing immunostaining of progesterone receptor (PR), oestrogen receptor (ER), cytokeratin 14 (K14), cytokeratin 8/18 (K18), Ki67 and an isotype-matched control antibody in *MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/−</sup>* mouse mammary tumours (n = 5 tumours) harvested at ethical endpoint (tumour volume of 600 mm<sup>3</sup>). Scale bars, 100 µm.
Figure 4.7: Prominent RANK expression in mammary tumours and preneoplastic mammary glands from MMTV-cre/Brca1^{fl/fl}/p53^{+/−} mice

(a) Representative image showing enrichment of RANK and RANKL immunostaining in MMTV-cre/Brca1^{fl/fl}/p53^{−/−} mouse mammary tumours (n = 14) compared to p53^{+/−} mammary tumours (n = 10). Scale bars = 100 μm. (b) Representative images showing RANK immunostaining in preneoplastic mammary glands harvested from MMTV-cre/Brca1^{fl/fl}/p53^{−/−} mice (n = 6) versus p53^{+/−} mice (n = 4). Scale bars = 50 μm. (c) Representative images showing RANK and RANKL expression in mammary glands harvested from 6-week virgin (n = 3), 8.5 day pregnant (dP, n = 3) or 1 day lactating (dL, n = 3) FVB/N mice. Scale bars = 50 μm.
Figure 4.8: RANKL inhibition significantly attenuates tumorigenesis in Brca1-deficient mammary epithelial cells

(a) Overview of tumour prevention study: freshly sorted Lin^-CD24^+ mammary epithelial cells (MECs) harvested from three 12-week female MMTV-cre/Brca1^{fl/fl}/p53^{+/-} mice were injected into the cleared fat pads of RAG1^-/- recipient mice. Treatment with the RANKL-inhibitor OPG-Fc (3 mg/kg) or an isotype-matched control antibody (vehicle, 3 mg/kg) was commenced 6-weeks post-transplantation (Tx). Mice were monitored for tumour development, and tumours were harvested once ethical endpoint (tumour volume of 600 mm^3) was reached.

(b) Kaplan-Meier survival curves of RAG1^-/- recipient mice treated with OPG-Fc (n = 17 mice) or vehicle (n = 17 mice). The dotted line depicts median tumour onset. ***P < 0.001.

(c) Representative H & E sections for mammary glands harvested from RAG1^-/- recipients receiving either vehicle or OPG-Fc. Glands were harvested at day 250 and the presence of mammary outgrowths confirmed by wholemount analysis. Scale bar = 100 µm.
Figure 4.9: RANKL inhibition markedly curtails tumour development in Brca1-deficient mice

(a) Overview of alternative tumour prevention study: individual 9 week-old female MMTV-cre/Brca1$^{fl/fl}$/p53$^{+/−}$ mice were randomly assigned to receive either an anti-RANKL neutralising antibody (5 mg/kg) or an isotype-matched control antibody (vehicle, 5 mg/kg) every 21 days. Mice were monitored for tumour development, and tumours were harvested once ethical endpoint (600 mm$^3$) was reached. (b) Kaplan-Meier survival curves of MMTV-cre/Brca1$^{fl/fl}$/p53$^{+/−}$ mice following treatment with anti-RANKL (n = 9 mice) or vehicle (n = 9 mice). The dotted line depicts median tumour onset. ***$P < 0.001$. 
Figure 4.10: RANKL blockade in Brca1-deficient mice is comparable to an oophorectomy

(a) Overview of comparative prevention study: freshly sorted Lin−CD24+ mammary epithelial cells (MECs) harvested from three 10-week old female MMTV-cre/Brca1fl/fl/p53+/− mice were injected into the cleared fat pads of syngeneic (F1 FVB x BALB/c) mice. 6-weeks post-transplantation (Tx), mice were randomised to receive treatment with the RANKL-inhibitor OPG-Fc (3 mg/kg), or an oophorectomy or a sham operation followed by treatment with an isotype-matched control antibody (vehicle, 3 mg/kg). Mice were monitored for tumour development, and tumours were harvested once ethical endpoint (tumour volume of 600 mm³) was reached. (b) Kaplan-Meier survival curves of MMTV-cre/Brca1fl/fl/p53+/− mice following an oophorectomy (n = 11), sham operation (n = 11) or OPG-Fc treatment (n = 11). *P < 0.05.
Figure 4.11: RANKL inhibition curtails tumorigenesis in MMTV-Wnt1 mice

(a) Representative images showing RANK and RANKL immunostaining in MMTV-Wnt1 mammary tumours (n = 8 mice). Scale bars = 100 µm. (b) Representative image of RANK immunostaining in preneoplastic mammary tissue from MMTV-Wnt1 mice (n = 10). Scale bars = 100 µm. (c) Overview of prevention study: individual 8 week-old female MMTV-Wnt1 mice were randomly assigned to receive the RANKL-inhibitor OPG-Fc (5 mg/kg) or an isotype-matched control antibody (vehicle, 5 mg/kg). Mice were monitored for tumour development, and tumours were harvested once ethical endpoint (600 mm³) was reached. (d) Kaplan-Meier survival curves of MMTV-Wnt1 mice following treatment with OPG-Fc (n = 12 mice) or vehicle (n = 14 mice). **P < 0.01.
5.1 Introduction

Breast cancers that arise in BRCA1-mutation carriers frequently exhibit a triple negative phenotype with respect to the expression of ER, PR and HER2, precluding the use of endocrine therapy or HER2-targeting therapeutics such as Trastuzumab. Cytotoxic chemotherapy therefore remains the mainstay of systemic treatment for breast cancer patients harbouring a BRCA1 mutation. There are no specific chemotherapy guidelines for patients with BRCA1-mutated breast cancer and thus they are typically treated with a combination of anthracyclines and taxanes, the chemotherapeutic agents routinely used for triple-negative breast cancer (TNBC). Anthracyclines such as doxorubicin intercalate between DNA base pairs and prevent replication in rapidly dividing cancer cells (reviewed in Minotti et al., 2004). In addition, they inhibit topoisomerase II enzyme which is critical for relaxing supercoiled DNA during replication and transcription. Anthracycline treatment is usually followed by taxane therapy, such as docetaxel or paclitaxel. Taxanes bind and stabilise microtubules thus preventing their disassembly during mitosis. Both the accumulation of microtubules within the cell and the prevention of DNA replication promote apoptosis of tumour cells (Eisenhauer and Vermorken, 1998).

Accumulating evidence suggests that BRCA1-mutated breast tumours display differential chemotherapeutic sensitivity compared to TNBCs from non-carriers. Several in vitro studies have demonstrated a poor response of BRCA1-deficient tumour cells to taxane treatment, in comparison to BRCA1-proficient cells (Chabalier et al., 2006; Lafarge et al., 2001; Quinn et al., 2003; Tassone et al., 2003). This has also been observed in the clinic, where breast cancer patients harbouring a BRCA1 mutation are less likely to achieve a response to neoadjuvant docetaxel treatment compared to non-carriers (Byrski et al., 2008). Using a Brca1-deficient mouse model, the stimulation of drug efflux transporters in Brca1-mutant
cells was reported to contribute to taxane resistance, although this finding has not yet been translated to human BRCA1-mutated breast tumours (Rottenberg et al., 2012).

Despite the poor response to taxanes, multiple reports suggest that BRCA1-deficient breast cancer cells respond more favorably to chemotherapeutics that induce DNA damage compared to BRCA1-proficient cells, consistent with the role of BRCA1 in high-fidelity DNA repair. Platinum compounds and PARP inhibitors are two promising drug classes that exploit the sensitivity of BRCA1-deficient cells to double-strand DNA breaks (DSBs), and are currently being evaluated in clinical trials. Platinums such as cisplatin or carboplatin induce DNA crosslinking, and thus prevent transcription and DNA replication, and also generate DSBs that require homologous-recombination (HR) for effective DNA repair (Bhattacharyya et al., 2000). In BRCA1-deficient cells that must rely on more error-prone repair mechanisms such as non-homologous end joining (NHEJ), the resulting genomic instability can induce apoptosis in cancer cells. Clinical trials of cisplatin (as an adjuvant or neoadjuvant therapy) resulted in high response rates in patients with BRCA1-mutated breast cancer, and these patients responded better than patients with intact BRCA1 function (Byrski et al., 2010; Byrski et al., 2009; Byrski et al., 2014; Moiseyenko et al., 2015; Silver et al., 2010). PARP inhibitors (PARPi), such as olaparib and veliparib represent a more targeted approach for exploiting the DNA repair defects inherent in BRCA1-mutated cancer cells. PARP enzymes are critical for single-strand break (SSB) repair, and their inhibition leads to the accumulation of SSBs, which can be converted into the more lethal DSBs during DNA replication. PARP inhibition is thus highly detrimental to HR-deficient BRCA1/2-mutated cancer cells (Farmer et al., 2005). Promising results from clinical trials of PARPi have been observed so far (reviewed in Drost and Jonkers, 2014): for example, olaparib resulted in tumour regression in >40% of patients with BRCA1/2-mutated breast cancer (Tutt et al., 2010), although the beneficial effects of olaparib were not observed in a separate cohort (Gelmon et al., 2011). However, while clinical trials for both platinum-based compounds and PARPi have demonstrated promising results, they have not yet translated into routine clinical use. Further trials are required to optimise the correct dosing schedule for these
therapies in combination with conventional chemotherapy to enhance efficacy and prevent toxicity.

Tumour recurrence and treatment resistance remain a foremost issue with breast cancer treatment in the clinic. Patients with TNBC, including those with a BRCA1-mutation, often respond well to initial chemotherapy (Parker et al., 2009a; Rouzier et al., 2005) yet they have a shorter recurrence-free survival compared to other breast cancer subtypes and a very poor prognosis once the disease becomes metastatic (Dent et al., 2007; Kassam et al., 2009). Treatment resistance is commonly observed in breast cancer patients with BRCA1-mutated tumours in the clinic (Lord and Ashworth, 2013; Rosen and Pishvaian, 2014). Tumour relapse and resistance in BRCA1-mutated breast cancers has been effectively modeled using Brca1/p53-deficient mice, with numerous reports demonstrating that mammary tumours cannot be completely eradicated by treatment with docetaxel, doxorubicin, olaparib, cisplatin or carboplatin, despite initial regression (Rottenberg et al., 2008; Rottenberg et al., 2007; Shafee et al., 2008; Zander et al., 2010). After multiple rounds of treatment and accompanying regression, eventually tumours become resistant to therapy. Thus, PARP inhibitors, platinum compounds and conventional chemotherapeutic agents are unlikely to be the ultimate treatment solution for BRCA1-mutated breast cancers. Hence, new drugs or combinations are required to achieve complete eradication of this highly aggressive disease.

There is increasing evidence to suggest that effective and sustained eradication of tumours requires efficient killing of tumour cells with an optimal chemotherapy regime as well as engagement of the immune system to keep residual tumour cells in check (Zitvogel et al., 2008). The crucial role of the immune system in cancer has been recognised for decades, with cells of both the innate (neutrophils, macrophages, monocytes and dendritic cells) and the adaptive (B and T lymphocytes) immune system working together to eradicate tumour cells. For an effective anti-cancer immune response, several stepwise events must be instigated and allowed to proceed iteratively. These steps are collectively termed the Cancer-Immunity Cycle (reviewed in Chen and Mellman, 2013). In the first step, tumour-specific antigens captured by antigen-presenting cells are processed and presented on major histocompatibility molecules (MHC) to naïve T cells within
lymphoid tissues. This prompts the priming and activation of effector T cell responses against tumour-specific antigens that, as a consequence of a myriad of genetic alterations found in most human cancers, are viewed as ‘non-self’. The activated effector T cells then traffic to the tumour site and infiltrate the tumour bed, whereby they either directly induce cancer cell death (in the case of activated cytotoxic CD8+ T cells), or indirectly through the release of cytokines to promote the immune response (CD4+ T helper (Th) cells). In cancer patients, it is thought that the anti-tumour immune response does not perform optimally, and that many tumours likely arise as a failure of immune surveillance (Pardoll, 2012). Accordingly, the use of immunotherapy to stimulate the patient’s own immune system to target and eradicate tumour cells has shown remarkable success across a broad range of tumour types, particularly in melanoma (reviewed in Mahoney et al., 2015; Mellman et al., 2011).

In addition to adoptive T-cell therapy and cancer vaccines, effective immunotherapy can be achieved via the inhibition of immune checkpoints (reviewed in Mellman et al., 2011; Pardoll, 2012; Topalian et al., 2015). Immune checkpoints include programmed cell death protein 1 (PD-1) and cytotoxic T-lymphocyte associated protein 4 (CTLA-4), which are inhibitory receptors that are constitutively expressed on regulatory T cells (Tregs) and are upregulated on activated cytotoxic CD8+ T cells and activated CD4+ Th cells (Chen and Flies, 2013). CTLA-4 is activated upon binding to its ligands B7.1 and B7.2, and its primary role is to dampen the activation of T cells during the priming stages within lymphoid tissues. In contrast, PD-1 is activated upon binding to its ligands PD-L1 and PD-L2, and primarily diminishes effector T cell activity (cytolytic function or cytokine production) within peripheral tissues. Both CTLA-4 and PD-1 also enhance the immunosuppressive activity of Tregs. Thus under normal physiological conditions, PD-1 and CTLA-4 are crucial for dampening the duration and amplitude of the immune response to promote tolerance to self-antigens and thus prevent autoimmunity (Pardoll, 2012). PD-1 (and CTLA4 to a lesser extent) is also critical during a chronic infection to minimise collateral tissue damage caused by a persistent immune response. Overall, targeting immune checkpoints for cancer therapy removes the ‘brakes’ on the immune system, reinvigorating and expanding the magnitude of the pre-existing anti-cancer immune response (Bianchini et al.,
Checkpoint inhibitors are currently being examined in clinical trials for the treatment of a broad range of tumour types, including HER2-positive breast cancers and TNBC (reviewed in Savas et al., 2016).

The work presented in this chapter examines novel therapeutic strategies for the treatment of BRCA1-mutated breast cancer, with the goal of identifying approaches to enhance the effectiveness of current chemotherapeutic agents. Both RANKL inhibition and immune checkpoint blockade were identified as promising new strategies for the treatment of BRCA1-mutant tumours, providing proof-of-principal findings that could warrant further investigation in the clinic.
5.2 Results

5.2.1 RANK is highly expressed in BRCA1-mutated human breast tumours

We first explored the potential of RANKL blockade as a novel treatment strategy for BRCA1-mutated breast cancers, prompted by our discovery that RANK+ luminal progenitor cells represent a key target for oncogenesis in preneoplastic BRCA1mut/+ breast epithelium (described in Chapters 3 and 4). The expression of RANK and RANKL in primary human breast tumours was determined by immunohistochemistry using tissue microarrays (TMA) containing 628 tumours (the kConFab cohort, Mann et al., 2006). Both the frequency of RANK expression and the intensity of staining were significantly higher in BRCA1-mutated breast tumours compared to WT tumours, as reflected by a four-fold increase in the RANK incidence score ($P < 0.001$, Table 5.1) and an increase in the mean H-score from 2.3 in WT tumours to 13.6 in BRCA1-mutated tumours ($P < 0.0001$, Figure 5.1a). RANK expression was also markedly higher in BRCA1-mutated tumours compared to BRCA2-mutated tumours (Table 5.1, Figure 5.1a). To rule out the effect of selection bias given the small area of tumour sampled on the TMA, we confirmed our findings using large tissue sections from a separate cohort of breast tumour samples (the Amgen Tissue Bank cohort). Consistent with the TMA, a marked increase in H-score was observed in BRCA1-mutated breast tumours (mean 65.7) compared to WT tumours (mean 12.5) ($P = 0.0005$, Figure 5.1b,c). While there was no difference in the incidence of RANKL expression across patient genotypes (Table 5.1), RANKL staining was frequently observed in the stroma and normal breast tissue adjacent to RANK+ BRCA1-mutated tumours (Figure 5.1d), implicating RANKL signalling in tumour cell proliferation.

To identify RANK+ breast tumour models to use for preclinical studies, RANK immunostaining was performed on a TMA containing primary human breast tumour samples that had been subsequently engrafted into mice to generate patient-derived xenograft (PDX) models. Moderate to strong expression of RANK was observed in 6/51 cores (Figure 5.2a), with weak expression detected in an additional 7 cores (data not shown). We chose three tumour samples for further analysis: two BRCA1-mutated tumours with moderate RANK expression (PDX 110
and PDX 303) and a triple-negative, BRCA1-wild-type tumour that exhibited strong RANK expression (PDX 744). RANK protein expression was retained in all three tumour models following engraftment into mice, as determined by immunostaining (Figure 5.2b) and FACS analysis of tumour cell suspensions (Figure 5.2c).

5.2.2 RANK+ tumour cells have enhanced tumour-initiating capacity

To explore the tumorigenic potential of RANK+ versus RANK− tumour cells, we harvested PDX 303 tumours and transplanted equal numbers of freshly sorted RANK+ and RANK− tumour cells into the mammary fat pads of recipient mice and monitored tumour growth (Figure 5.3a). RANK+ tumour cells exhibited enhanced tumour-initiating capacity compared with RANK− cells, as demonstrated by the significantly accelerated growth of RANK+-derived tumours across two independent experiments (Figure 5.3b,c). Thus, signalling pathways active in RANK+ tumour cells may convey a growth and/or survival advantage compared to RANK− tumour cells.

5.2.3 RANKL blockade can significantly attenuate tumour growth and synergises with taxane chemotherapy

To assess the effect of RANKL blockade on tumour growth in vivo, we generated cohorts of mice bearing either PDX 110, PDX 303 or PDX 744 tumours and then randomised mice to receive either a mouse IgG1 control antibody or the RANKL inhibitor OPG-Fc. Treatment was initiated when tumours were first palpable (approximately 4 mm³) and was continued until tumours reached approximately 600 mm³, at which time the mice were euthanised. Notably, a marked attenuation of tumour growth was observed in all three PDX models treated with OPG-Fc compared to control mice (Figure 5.4), with the most dramatic effect observed with PDX 110 (Figure 5.4a).

Given that BRCA1-mutated breast tumours are highly aggressive tumours and often present as advanced-stage cancers (Kriege et al., 2004), the initiation of treatment upon first palpation of the tumour may not be an accurate representation of the clinical utility of this approach. We therefore generated additional cohorts of
tumour-bearing mice and once tumours had reached a size of approximately 100 mm³, mice were randomised to one of four treatment groups: (1) vehicle (mouse IgG1); (2) OPG-Fc; (3) docetaxel or (4) OPG-Fc and docetaxel. Single-agent therapy with either OPG-Fc or docetaxel demonstrated little or no efficacy in these models (Figure 5.5). However, treatment of PDX 110 and PDX 744 tumours with the combination of OPG-Fc and docetaxel markedly attenuated tumour growth, and a significant improvement in survival was observed ($P < 0.0001$, Figure 5.5a,b). The addition of OPG-Fc to docetaxel therapy did not significantly impact on the growth of PDX 303 tumours (Figure 5.5c), however this model exhibits the lowest expression of RANK (Figure 5.2). Collectively, these data suggest that OPG-Fc can synergise with docetaxel to significantly inhibit tumour growth, and RANK expression may act as a biomarker of therapeutic response.

To determine which signalling pathways might mediate the synergy between docetaxel and RANKL blockade, a western blot was performed with PDX 110 tumours that were harvested either three or five days post-treatment. There were no discernable differences in the activation of NF-κB, Akt or ERK signalling pathways between treatment groups, and no change in caspase activation (Figure 5.6a). Furthermore, immunohistochemistry indicated no significant differences in BrdU incorporation or cleaved caspase-3 expression between treatment groups, suggesting cell proliferation and survival were unchanged (Figure 5.6b). Therefore the mechanisms underlying the synergistic effects of OPG-Fc and docetaxel remain elusive and warrant further investigation.

5.2.4 Combination therapy with immune checkpoint inhibitors significantly attenuates the growth of Brca1-deficient mammary tumours

The potential of immune checkpoint blockade was also explored as a novel treatment strategy for BRCA1-mutated breast tumours. Flow cytometry was first utilised to assess the expression of PD-L1 on tumour cells from a range of mouse mammary tumour models: MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>−/−</sup>, MMTV-Neu, MMTV-PyMT, MMTV-Wnt1 and p53<sup>−/−</sup>. Notably, MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>−/−</sup> tumours were significantly enriched for PD-L1 expression, with approximately 29% of tumour cells expressing PD-L1 compared to <5% of cells from MMTV-Neu and MMTV-PyMT.
tumours ($P < 0.01$, Figure 5.7). PD-L1 expression was also observed on approximately 15% of cancer cells from MMTV-Wnt1 and $p53^{+/−}$ tumours that recapitulate features of human basal-like breast cancers, similar to Brca1-deficient tumours (outlined in Chapter 1). The prominent expression of PD-L1 on Brca1-deficient tumour cells implies they are actively suppressing the anti-cancer immune response by triggering the PD-1 checkpoint, and provides a strong rationale for testing the efficacy of checkpoint inhibitors on tumour growth.

To produce a preclinical model, single-cell suspensions were generated from freshly harvested MMTV-cre/Brca1$^{fl/fl}$/p53$^{+/−}$ mammary tumours and cells were transplanted into the mammary fat pads of a large cohort of syngeneic recipient mice (Figure 5.8a). To recapitulate a treatment study relevant to patients with BRCA1-mutated breast tumours, we set up a six-arm study to evaluate the effects of the two checkpoint inhibitors (anti-PD1 and anti-CTLA4) on tumour growth, with or without the chemotherapeutic agent cisplatin (Figure 5.8a). Checkpoint inhibition alone was ineffective in this model, and tumours in this group and the vehicle arm were harvested shortly after treatment was initiated (Figure 5.8b,c). While cisplatin treatment initially induced tumour regression, tumours were not completely eradicated and eventually developed resistance by the third treatment cycle (Figure 5.8b). Although single-arm checkpoint blockade failed to improve the tumour response to cisplatin, a striking attenuation in tumour growth was observed in mice treated with the combination of cisplatin, anti-PD1 and anti-CTLA4 (Figure 5.8b). Tumour growth remained minimal throughout the treatment period, and a significant improvement in survival was observed compared to all other groups ($P = 0.0025$, Figure 5.8b,c). Importantly, no increase in toxicity was observed in mice treated with the combination group compared to chemotherapy alone, as determined by visual inspection and assessment of mouse weight. Therefore dual anti-PD1 and anti-CTLA4 therapy, when combined with cisplatin, confers a remarkable improvement in tumour response and could be a potential new treatment strategy for BRCA1-mutated breast tumours.
5.2.5 Checkpoint blockade induces an avid immune response in Brca1-deficient tumours

To explore the mechanism underlying the superior response of Brca1-deficient tumours to treatment with cisplatin and anti-PD1/anti-CTLA4 compared to cisplatin alone, we generated a preclinical model to assess the effects of treatment on the immune response within the tumour microenvironment. MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/−} tumour cells were transplanted into the mammary fat pads of syngeneic recipients, and tumours were harvested either at baseline (untreated) or 14 days following treatment with either cisplatin alone or cisplatin and anti-PD1 and/or anti-CTLA4 (Figure 5.9a). Flow cytometry was used to characterise the composition and activation status of immune cell populations infiltrating the tumour microenvironment. Compared to chemotherapy alone, checkpoint inhibition and chemotherapy together provoked a marked increase in the proportion of tumour infiltrating cytotoxic CD8\textsuperscript{+} T cells that coincided with a decrease in the proportion of immunosuppressive FOXP3\textsuperscript{+} Tregs (Figure 5.9b,c). This effect was most pronounced in tumours from mice receiving combination therapy (i.e. cisplatin, anti-PD1 and anti-CTLA4), resulting in a substantial increase in the mean CD8\textsuperscript{−}:FOXP3\textsuperscript{+} cell ratio compared to cisplatin treatment alone (Figure 5.9c). These data suggest that the combination of chemotherapy and checkpoint blockade induced changes in the tumour microenvironment that favour a cytotoxic rather than immunosuppressive immune response. Notably, a high CD8\textsuperscript{−}:FOXP3\textsuperscript{+} cell ratio in breast cancer patients correlates with an improved response, progression-free survival and overall survival in patients receiving neoadjuvant chemotherapy (Ladoire et al., 2008; Ladoire et al., 2011). The enrichment of cytotoxic CD8\textsuperscript{+} T cells within the tumour infiltrate in the combination group was also evident by immunohistochemistry (Figure 5.9d).

We next examined the T cell activation status following treatment by assaying the expression of the activation markers Inducible T-cell Co-Stimulator (ICOS), CD44, Neuropilin 1 (NRP1) and PD-1. ICOS, CD44 and NRP1 were substantially upregulated on CD4\textsuperscript{+}FOXP3\textsuperscript{−} Th cells and CD8\textsuperscript{+} T cells within tumours treated with the combination therapy compared to cisplatin alone (Figure 5.10a). Furthermore, the proportion of activated PD-1\textsuperscript{−}CD8\textsuperscript{+} T cells infiltrating the tumour was markedly
increased by cisplatin and dual checkpoint blockade, when compared to cisplatin alone or together with individual checkpoint inhibitors (Figure 5.10b,c). Notably, cisplatin treatment alone was associated with a moderate increase in CD44, NRP1 and PD-1 expression relative to the untreated group, suggesting chemotherapy itself can induce immune cell activation (Figure 5.10). Taken together, these findings suggest that the combination of chemotherapy and dual checkpoint inhibitors triggers an avid immune response within the tumour microenvironment.
5.3 Discussion

The current treatment paradigm for BRCA1-mutated breast tumours is typically a combination of surgery, local radiotherapy and chemotherapy. Despite initial sensitivity to chemotherapy and tumour regression, residual tumour cells frequently lead to tumour relapse and therapeutic failure, highlighting the need to identify new treatment strategies for an effective and durable response.

In the previous chapters, we demonstrated that the RANKL signalling pathway may drive tumour initiation in BRCA1-mutant breast epithelium. In this chapter, we investigated a role for RANKL in the progression of BRCA1-mutated breast cancers. Both the frequency and intensity of RANK expression was found to be significantly higher in BRCA1-mutated breast tumours compared to WT and BRCA2-mutated tumours. The retention of RANK expression in BRCA1-mutated tumours as well as RANKL expression in the tumour stroma adjacent to RANK+ domains suggests that the RANKL signalling pathway may be important for driving proliferation of these tumours. This is further supported by the increased tumour-initiating capacity of RANK+ tumour cells compared to RANK− cells isolated from the same tumour. RANK expression has previously been detected in several human breast cancer cell lines such as MDA-MB-231, MCF-7 and T47D (Labovsky et al., 2012; Schramek et al., 2010; Thomas et al., 1999). Consistent with our findings, expression analysis of RANK mRNA and protein in primary human breast cancer samples revealed RANK is predominantly expressed in high grade, proliferative tumours that lack expression of PR and ER (Azim et al., 2015; Palafox et al., 2012; Pfitzner et al., 2014; Santini et al., 2011). Notably, high RANK expression correlates with a high incidence of metastasis, a shorter disease-free survival and a shorter overall survival in breast cancer patients (Palafox et al., 2012; Pfitzner et al., 2014; Santini et al., 2011). RANKL protein is rarely found in tumour cells, and is more commonly expressed in infiltrating lymphocytes and fibroblast-like cells in the surrounding stroma of breast tumours (Gonzalez-Suarez et al., 2010; Tan et al., 2011). Interestingly, the secretion of RANKL by tumour infiltrating Tregs has been proposed to stimulate metastatic progression of RANK-expressing breast tumour cells (Jones et al., 2006; Tan et al., 2011). These
findings strengthen the notion of RANKL inhibition as a potent therapeutic approach for *BRCA1*-mutated breast cancer patients.

Importantly, treatment of a RANK⁺ PDX that was established from a *BRCA1*-mutation carrier (PDX 110) with docetaxel plus OPG-Fc significantly attenuated tumour growth and markedly prolonged survival of recipient mice. Single-agent therapy with docetaxel was ineffective in these tumours, consistent with the poor response of *BRCA1*-mutated tumours to taxane therapy in the clinic (Byrski et al., 2008). This synergistic relationship was also observed in a PDX model derived from a *BRCA1*-wild-type TNBC with prominent RANK expression (PDX 744), suggesting RANKL could be more broadly applicable as a therapeutic target for TNBCs that express high levels of RANK. Minimal treatment response to docetaxel plus OPG-Fc was observed in the RANK<sup>low</sup> PDX 303, implying that a threshold level of RANK expression may be required for an effective response. Notably, a clinical trial to test the efficacy of denosumab as an adjunct to neoadjuvant chemotherapy in patients with TNBC is currently under development by the German Breast Group (NCT02682693). In addition to assessing the ability of denosumab to increase response rates and improve outcomes for participants, this study aims to correlate therapeutic response with the degree of RANK expression. Although the number of *BRCA1*-mutation carriers included in this study is likely to be small, it will provide important insights into the broader use of RANKL inhibition as a treatment for TNBC.

The efficacy of immune checkpoint inhibitors, specifically anti-PD1 and anti-CTLA4, for the treatment of *BRCA1*-mutated breast tumours was also investigated in this chapter. There are several key features of *BRCA1*-mutated breast cancer that provided a strong rationale for this study. Firstly, tumours that typically respond best to checkpoint inhibitors are those associated with a high degree of somatic mutations (Hugo et al., 2016; Snyder et al., 2014; Van Allen et al., 2015). For example, a high mutational load in melanoma tumours correlates with a sustained clinical benefit from anti-CTLA4 therapy and improved overall survival (Snyder et al., 2014). The high mutational diversity found in these tumours likely exposes an array of neoantigens for potential immune recognition and activation (Topalian et al., 2015). Although breast cancers are not characteristically associated with a high
mutational burden (Alexandrov et al., 2013), elevated genomic instability is a hallmark feature of BRCA1-mutated breast tumours (Rahman and Stratton, 1998; Tirkkonen et al., 1997). A significant enrichment for non-silent mutations (missense mutations and indels) has also been observed in BRCA1/2-mutated human breast tumours compared to WT tumours (S. Loi, unpublished observation). Thus, BRCA1-mutated breast tumours would be anticipated to have a high proclivity for generating neoantigens that can be recognised by the immune system as ‘non-self’. Secondly, BRCA1-mutated breast cancers are associated with a prominent immune infiltrate (Lakhani et al., 1998). This suggests that the immune system is already actively engaged with BRCA1-mutated tumour cells, a response that could be strengthened by the use of checkpoint inhibitors. Importantly, the presence of an immune response within BRCA1-mutated tumours correlates with our observation that Brca1-deficient mouse mammary tumours express high levels of PD-L1. PD-1 ligands, particularly PD-L1, are commonly upregulated in many cancers, particularly those associated with a prominent immune infiltrate (Dong et al., 2002). This is thought to occur primarily as an acquired resistance mechanism of tumour cells upon sensing immune engagement, since inflammatory cytokines produced by immune cells within the tumour microenvironment such as interferon gamma (IFNγ) can stimulate PD-L1 expression (Blank et al., 2004; Spranger et al., 2013). Alternatively, intrinsic resistance mechanisms have been reported, whereby genomic alterations or activation of signalling pathways such as PI3K/Akt within tumour cells can promote PD-L1 upregulation (Marzec et al., 2008; Parsa et al., 2007). These two mechanisms are not mutually exclusive and may co-exist within the same tumour microenvironment (Topalian et al., 2015). Our demonstration of prominent expression of PD-L1 on Brca1-deficient tumour cells is consistent with a recent finding that BRCA1/2-mutated high grade serous ovarian tumours express high levels of PD-L1 (Strickland et al., 2016) and the report of high PD-L1 mRNA expression in breast tumours from BRCA1-mutation carriers (Basu et al., 2014). Importantly, PD-L1 expression by tumour cells has significant implications for the anti-tumour immune response, as it suggests that even though the tumour microenvironment may contain a significant repertoire of tumour-specific T cells capable of inducing cancer cell death, the activity of T cells is restricted due to activation of the PD-1 checkpoint. This is substantiated by reports that forced expression of PD-L1 in mouse tumour cells inhibits local anti-tumour T cell
responses (Dong et al., 2002; Iwai et al., 2002; Konishi et al., 2004). Therefore, the true potential of the immune response within the tumour microenvironment could be restored via PD-1 inhibition. Collectively, the high genomic instability, prominent immune infiltrate and PD-L1 upregulation provided strong justification for testing the efficacy of immune checkpoint inhibitors as a treatment strategy for BRCA1-mutated breast cancers.

Through an in vivo preclinical treatment study, we demonstrated that dual checkpoint blockade with cisplatin had a striking effect on the growth of Brca1-deficient tumour cells when compared to cisplatin alone. Tumours underwent a marked regression that was sustained throughout the treatment period, and a significant improvement in the survival of recipient mice was observed. A comprehensive analysis of immune cell populations within the tumour microenvironment revealed that combination treatment significantly enhanced the recruitment of CD8$^+$ effector T cells to the tumour site, and promoted the activation of both CD8$^+$ and CD4$^+$ T cells. Together this results in a superior anti-cancer immune response and accompanying tumour regression. The synergistic anti-cancer effect of anti-PD1 and anti-CTLA4 treatment is compatible with the biology of these checkpoints, since the two agents act at distinct points of the immune response: T cell activation (anti-CTLA4) and T cell effector function (anti-PD-1). Concomitant use of cisplatin was required for a treatment response to checkpoint blockade, since no attenuation in tumour growth was observed with the use of anti-CTLA4 and anti-PD1 alone. This is consistent with reports suggesting chemotherapy can act as an immunological adjuvant in the tumour microenvironment by promoting the release of tumour antigens via immunogenic cell death, thereby priming de novo T cell responses and improving the efficacy of checkpoint blockade (reviewed in Zitvogel et al., 2008). Neoadjuvant chemotherapy in some TNBC patients has also been shown to stimulate lymphocytic infiltrate in the residual tumour by altering the tumour microenvironment, turning it from “cold” containing few tumour-infiltrating lymphocytes (TILs) to “hot” with high TIL presence and permitting a more productive immune response (Dieci et al., 2015; Kang et al., 2013). Chemotherapy is also likely to reduce the tumour bulk, enabling the immune system to eradicate residual tumour cells. However, studies have shown that care must be exercised with the dual use of chemotherapy and immunotherapy, to
ensure that chemotherapeutic agents are used at appropriate doses and schedules that do not suppress the immune system by depleting proliferating lymphocytes (reviewed in Mahoney et al., 2015).

Our findings suggest that the use of inhibitors targeting PD-1 and CTLA-4 could have a profound effect on the response of BRCA1-mutated tumours to chemotherapy. There are currently eleven clinical trials ongoing to establish the role of checkpoint inhibitors either alone, in combination or as an adjunct to chemotherapy in patients with TNBC (detailed in Bianchini et al., 2016). Our findings support the implementation of clinical studies to specifically assess the efficacy of chemotherapy and checkpoint blockade for the treatment of BRCA1-mutated TNBCs. The inclusion of BRCA1-germline mutations as exploratory biomarkers in current immunotherapy clinical trials for TNBC could also provide insights into the potential of this therapeutic approach. Notably, clinical trials for metastatic melanoma have reported an increase in the incidence of grade 3 – 4 adverse events in patients receiving both anti-PD1 and anti-CTLA4 compared to monotherapy, although higher objective response rates and a significantly longer progression-free survival were observed (Larkin et al., 2015). Although many adverse events (e.g. diarrhea, nausea) were treatable with the use of immune-modulatory agents, this highlights the need to identify predictive biomarkers of benefit from therapy (in addition to BRCA1-mutation status). This will allow clinicians to make more informed decisions about the benefit-risk ratio of treatment, and is an important focus of current research (reviewed in Meng et al., 2015). Although we did not observe increased toxicity in mice receiving the combination therapy compared to cisplatin alone, clinical trials to thoroughly assess the potential side effects of this proposed treatment regime for BRCA1-mutation carriers would be essential.

Overall, the findings presented this chapter reveal an exciting potential for both RANKL inhibition and immune checkpoint blockade in the treatment of BRCA1-mutated breast cancer. Both of these approaches were shown to increase the efficacy of chemotherapy alone, and thus could be used to augment the response of BRCA1-mutation carriers to current treatment options and prevent treatment resistance. Through the combination of chemotherapy with more targetted
therapies, particularly via the activation of a patient’s immune system using checkpoint inhibitors, there is the potential for a more effective and durable benefit from therapy.
Figure 5.1: RANK is highly expressed in BRCA1-mutated human breast tumours

(a) RANK expression in wild-type (WT), BRCA1- and BRCA2-mutated human breast tumours from kConFab tissue microarrays (TMAs). Expression was determined by immunohistochemistry and is depicted as an H-score (staining intensity (scale of 0 – 3) multiplied by percent positive cells, resulting in a range of 0 – 300). Bar, mean score. *P < 0.05, ****P < 0.0001. (b) RANK H-scores of WT and BRCA1-mutated human breast tumours from the Amgen Tissue Bank cohort. Data represent mean ± s.e.m. ***P < 0.001. (c) Representative images of RANK immunostaining on sections from WT and BRCA1\textsuperscript{mut/\textnormal{+}} breast tumours. Scale bars = 100 μm. (d) Representative image showing RANKL immunostaining on serial sections of a RANK\textsuperscript{+} BRCA1-mutated breast tumour showing distribution within normal breast tissue adjacent to the tumour. Scale bar = 100 μm.
Figure 5.2: RANK expression in patient-derived xenograft tumours

(a) RANK immunostaining on a TMA containing primary human breast tumours that were subsequently engrafted into mice to generate patient-derived xenograft (PDX) models (inserts, isotype-matched control antibody). Scale bars = 100 µm. (b) Representative images showing retention of RANK expression in PDX tumour models #110, #303 and #744 that were passaged in mice (n = 4 mice per model). Scale bars = 100 µm. (c) Representative FACS plots showing expression of RANK in PDX tumour models (n = 4 mice per model). RANK expression (blue) was compared to an isotype-matched control antibody (grey).
Figure 5.3: RANK⁺ tumour cells have enhanced tumour-initiating capacity
(a) Experimental outline: tumours from PDX model #303 were harvested and RANK⁺/RANK⁻ tumour cells were isolated by flow cytometry. Equal numbers of freshly sorted cells were then injected into the cleared fat pad of NOD-SCID-IL2γR⁻/- mice (10,000 cells per recipient), and tumour growth was monitored. (b, c) Tumour growth curves from two independent experiments showing accelerated tumour onset and enhanced growth of RANK⁺ tumour cells compared to RANK⁻ cells. On each curve, data represent mean tumour volume ± s.e.m for n = 6 mice per treatment arm.
Figure 5.4: RANKL inhibition markedly attenuates tumour growth

Tumour growth curves showing (a) PDX 110 (b) PDX 303 and (c) PDX 744 tumours treated with either the RANKL inhibitor OPG-Fc (5 mg/kg) or an isotype matched control antibody (vehicle, 5 mg/kg). Treatment was initiated once tumours were first palpable (approximately 4 mm$^3$). For each graph, data represent mean tumour volume ± s.e.m for n = 10 mice per treatment arm. In (b), a drop in mean tumour volume in the vehicle arm was observed because the majority of mice were euthanised at this timepoint due to the ethical endpoint (600 mm$^3$) being reached. Only mice with smaller tumours remained after this time.
Figure 5.5: RANKL blockade synergises with docetaxel chemotherapy

Tumour growth and Kaplan-Meier survival curves depicting the response of (a) PDX 110 (b) PDX 744 and (c) PDX 303 tumours treated with vehicle (mouse IgG1, 5 mg/kg), docetaxel (10 mg/kg), OPG-Fc (5 mg/kg) or both docetaxel and OPG-Fc. Treatment was initiated once tumours reached a size of 100 mm$^3$ and mice were sacrificed once ethical endpoint (600 mm$^3$) was reached. For tumour growth curves, data represent mean tumour volume ± s.e.m for n = 10 mice per treatment arm. The dotted line on Kaplan-Meier curves depicts median tumour onset. ****P < 0.0001.
Figure 5.6: Synergy between anti-RANKL and docetaxel treatment does not appear to be due to alterations in cell proliferation or apoptosis.

(a) Western blot analysis of p100/p52, phospho-AKT, phospho-ERK1/2, cyclin D1 and cleaved caspase 3 (CC3) expression in PDX 110 tumours. Mice were treated with vehicle (Veh), OPG-Fc, docetaxel (Dtx) or both docetaxel and OPG-Fc (D + O) for three days before tumours were harvested (n = 3 mice per group). Additional mice in the docetaxel and docetaxel/OPG-Fc groups were harvested after five days of treatment (n = 3 mice per group). GAPDH was used as a protein loading control.

(b) Representative images showing immunostaining for BrdU (top) and cleaved caspase 3 (bottom) in tumours harvested after three days of treatment (n = 3 mice per group). Scale bars = 100 µm.
Figure 5.7: *Brca1*-deficient tumours are enriched for PD-L1 expression

Graph depicting the percentage of PD-L1$^+$ tumour cells within mammary tumours harvested from *MMTV-cre/Brca1$^{fl/fl}$, p53$^{+/−}$, MMTV-Neu, MMTV-PyMT, MMTV-Wnt1 and p53$^{+/−}$ mice. PD-L1 expression was determined by flow cytometry on freshly harvested tumours, and the percentage of positive cells was determined by comparing PD-L1 expression to an isotype-matched control antibody. Data represent mean ± s.e.m, each data point depicts an individual tumour. **$P < 0.01$. 
Figure 5.8: Combination therapy with checkpoint inhibitors significantly attenuates the growth of Brca1-deficient tumours

(a) Overview of treatment strategy: freshly harvested MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/−</sup> tumour cells were injected into syngeneic recipients. 3 weeks post-transplantation, mice were randomised to one of six treatment arms: (1) vehicle (PBS), (2) anti-PD1 and anti-CTLA4, (3) cisplatin, (4) cisplatin and anti-PD1, (5) cisplatin and anti-CTLA4 and (6) cisplatin, anti-CTLA4 and anti-PD1. Mice received treatment on days 1, 21, 42 and 63. (b) Tumour growth curve and (c) Kaplan-Meier survival curves depicting the augmented response of MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/−</sup> tumours to combination therapy. In (b), arrows depict treatment days and data represent mean ± s.e.m for n = 11 mice per treatment arm.
Figure 5.9: Checkpoint blockade induces a cytotoxic immune response within the tumour microenvironment

(a) To assess the effects of cisplatin and anti-CTLA4/anti-PD1 treatment on anti-tumour immunity, MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/–</sup> tumour cells were transplanted into the fat pads of syngeneic (F1 FVB x BALB/c) mice. Tumours were either harvested prior to treatment initiation (day 0), or 14 days after treatment with cisplatin ± anti-CTLA4/anti-PD1. The composition and activation status of immune cells infiltrating the tumour was assessed by flow cytometry on tumour cell suspensions. Two independent experiments were performed (n = 5 mice per group per experiment).

(b) Representative FACS plots and (c) bar graphs showing the percentage of CD8<sup>+</sup> and FOXP3<sup>+</sup> T cells within the TCRβ<sup>+</sup> population in tumours from mice receiving the indicated treatment. In (c) data represent mean ± s.e.m, and each data point represents an individual mouse. *<i>P</i> < 0.05, **<i>P</i> < 0.01, ***<i>P</i> < 0.001, ****<i>P</i> < 0.0001.

(d) Representative images showing immunostaining for CD8 within tumours from mice receiving the indicated treatment (n = 3 tumours per group). Scale bars = 100 µm.
Figure 5.10: Combined checkpoint blockade induces effector T cell activation
(a) Representative histograms of ICOS, CD44 and NRP1 expression on TCRβ+ CD4+ and CD8+ T cells in tumours from untreated mice versus mice treated with cisplatin or cisplatin and anti-CTLA4/anti-PD1 (n = 5 mice per group, two independent experiments). (b) Representative FACS plots and (c) bar graphs showing expression of PD-1 on CD8+ T cells within tumours from mice receiving the indicated treatment (n = 5 mice per group). In (c) data represent mean ± s.e.m, and each data point represents an individual mouse. **P < 0.01, ****P < 0.0001.
Table 5.1  Incidence scores of RANK and RANKL expression in primary breast tumours

<table>
<thead>
<tr>
<th>Patient genotype</th>
<th>RANK-positive (%)</th>
<th>RANKL-positive (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WT</td>
<td>31/311 (10%)</td>
<td>37/312 (12%)</td>
</tr>
<tr>
<td>BRCA1\textsuperscript{mut/+}</td>
<td>61/144 (42%)</td>
<td>13/141 (9%)</td>
</tr>
<tr>
<td>BRCA2\textsuperscript{mut/+}</td>
<td>17/115 (15%)</td>
<td>5/116 (4%)</td>
</tr>
</tbody>
</table>

Tumours were scored from tissue microarrays from the kConFab cohort. BRCA1- and BRCA2-mutated tumours were from known mutation carriers, while WT were from ‘BRCAX’ cases with a positive family history, where no BRCA1 or BRCA2 germline mutation was identified by germline testing. BRCA1-mutated tumours are more frequently RANK-positive than WT (Fisher’s exact test, $P = 1.8\text{e-14}$) or BRCA2-mutated tumours ($P = 1.4\text{e-6}$). No association was observed for RANKL staining between different groups.
6.1 Discussion and future directions

Understanding the cellular and molecular mechanisms that culminate in breast carcinogenesis in BRCA1-mutation carriers is pivotal for the identification of novel cancer prevention and treatment strategies. This thesis has primarily explored the possibility that the RANKL signalling axis plays a crucial role in BRCA1-associated breast tumorigenesis, and thus serves as the link between ovarian hormones and breast cancer risk in BRCA1-mutation carriers. The efficacy of RANKL inhibition for the treatment of established BRCA1-mutated tumours was also examined. Finally, given that lymphocytic infiltrate is a salient feature of BRCA1-mutated tumours, this thesis has explored the utility of immune checkpoint inhibitors as an adjunct to chemotherapy in the treatment of BRCA1-mutated tumours.

6.1.2 Identification of a perturbed RANK⁺ progenitor population within BRCA1mut/+ breast epithelium

Using primary human breast tissue obtained from BRCA1-mutation carriers who underwent a prophylactic mastectomy, we identified an expanded population of RANK⁺ luminal progenitor cells that are highly proliferative yet exquisitely sensitive to DNA damage in the haploinsufficient state compared to other breast epithelial cell types. This likely results in a genetically unstable pool of RANK⁺ progenitors with BRCA1-mutant breast epithelium. NF-κB pathway activation within RANK⁺ cells may be the critical driver of proliferation given its previous link with RANKL-induced mammary cell proliferation (Cao et al., 2001; Schramek et al., 2010) and the augmented activity in BRCA1mut/+ progenitors (Sau et al., 2016). Importantly, in addition to providing a growth advantage, NF-κB activation may also confer a survival advantage to genetically unstable RANK⁺ cells through the induction of anti-apoptotic genes (Dutta et al., 2006). RANKL treatment has been shown to provide a marked protection from cell death in response to γ-irradiation in breast cancer cell lines, a response dependent on the NF-κB family member IKKα.
(Schramek et al., 2010). Therefore by stimulating proliferation and blocking apoptosis, RANKL-mediated NF-κB activation may predispose \( \text{BRCA1}^{\text{mut/+}} \) RANK\(^+\) luminal progenitor cells to acquiring a myriad of genetic alterations that promotes neoplastic transformation.

Importantly, the RANK\(^+\) but not RANK\(^-\) luminal progenitor subset shared a molecular profile more closely aligned with basal-like breast tumours than any other breast cancer subtype. Together, these findings suggest that RANK\(^+\) luminal progenitor cells are an important cancer-initiating population in \( \text{BRCA1} \)-mutation carriers. *In vivo* lineage-tracing studies will ultimately be required to conclusively prove that the RANK\(^+\) population is the key cellular target for transformation, analogous to elegant lineage tracing experiments performed with crypt stem cells (Barker et al., 2009). Importantly, our findings build on current knowledge of \( \text{BRCA1} \)-mutated breast epithelium. Although aberrant growth properties of \( \text{BRCA1}^{\text{mut/+}} \) luminal progenitor cells have been previously reported, and the molecular profile of these cells has been correlated with basal-like breast tumours (Lim et al., 2009), our results identify for the first time a ‘targetable’ subpopulation of luminal progenitors that have a higher propensity for transformation. The identification of a molecular pathway that could be inhibited to switch off the proliferation of \( \text{BRCA1}^{\text{mut/+}} \) luminal progenitor cells has important implications for the prevention of breast tumorigenesis. Intriguingly, single-nucleotide variants (SNPs) in the human \( RANK \) locus were recently reported to be associated with a modified breast cancer risk specifically in \( \text{BRCA1} \)-mutation carriers (Sigl et al., 2016), as well as the general population (Bonifaci et al., 2011). Although this requires validation in larger cohorts, it would be interesting in future studies to examine the biological effect of these variants on \( RANK \) signalling and oncogenesis.

The findings presented in Chapter 3 also provide insight into the tissue specificity of \( \text{BRCA1} \)-mutated breast tumours, as \( \text{BRCA1} \)-mutation carriers almost exclusively develop breast and ovarian tumours. The model for neoplastic transformation in \( \text{BRCA1} \)-mutated breast epithelium (Figure 3.9) suggests that haploinsufficiency for DNA repair in RANK\(^+\) luminal progenitor cells, together with the progesterone-responsiveness of these cells, culminates in an increased susceptibility to
oncogenesis compared with other cell types and tissues within BRCA1-mutation carriers. Future studies will be important to determine whether this mechanism extends to the ovary. We are currently assessing the expression of RANK within the fallopian tubes and cancer precursor lesions (STICs) of Brca1-deficient mice as well as human tissue sections obtained from BRCA1-mutation carriers who underwent an RRSO. If prominent expression is observed, this could lead to in vivo studies to assess the effect of RANKL blockade on the development of BRCA1-mutated ovarian carcinomas.

6.1.2 RANKL blockade as a potential breast cancer prevention strategy for BRCA1-mutation carriers

The findings described in Chapter 3 provided a strong rationale for the evaluation of RANKL as a therapeutic target for breast cancer prevention in BRCA1-mutation carriers, which we addressed in Chapter 4. A significant attenuation in progesterone-induced proliferation was observed in 3D human breast organoids derived from preneoplastic BRCA1mut+/ tissue following concomitant exposure to denosumab, a human-specific RANKL inhibitor. Importantly, this finding was confirmed in vivo, since breast cell proliferation was markedly reduced by short-term denosumab treatment in three BRCA1-mutation carriers participating in the BRCA-D pre-operative window study. Thus, RANKL blockade demonstrated efficacy in the human setting and almost completely abrogated proliferation in BRCA1-mutant breast epithelium during the preneoplastic phase. We are currently validating these findings in new BRCA-D study participants, and extending the analysis to include colony-forming and NF-κB reporter assays and gene-expression profiling. These experiments will provide additional insights into the biological consequences of RANKL inhibition in BRCA1-mutation carriers.

Through in vivo preclinical studies designed to recapitulate a prevention study in young BRCA1-mutation carriers, a significantly delayed tumour onset and reduced hyperplasia was observed in MMTV-cre/Brca1fl/fl/p53+/− mice treated with either the RANKL inhibitor OPG-Fc or a neutralising anti-RANKL antibody during the preneoplastic phase. The efficacy of RANKL blockade was comparable to the delay in mammary tumorigenesis demonstrated in mice that underwent an
oophorectomy. These findings, coupled with the attenuation in proliferation observed in human \textit{BRCA1}^{\text{mut/+}} tissue, lend support to the 'repurposing' of denosumab as a novel, targeted prevention strategy for \textit{BRCA1}-mutation carriers. Denosumab binds with high affinity and specificity to primate RANKL, and does not inhibit any other TNF family member such as TNF$\alpha$ or TRAIL (Kostenuik et al., 2009). It has a long circulating half-life, with an ability to suppress bone resorption in postmenopausal subjects for up to 6 months after a single subcutaneous injection (McClung et al., 2006). Furthermore, denosumab has been received by thousands of patients both in clinical trials and in routine practice, albeit mainly postmenopausal women. Low dose therapy has a well documented safely profile and serious adverse events are uncommon (for example Thomas et al., 2010). Osteonecrosis of the jaw and atypical fractures have emerged as rare but serious side effects, although this has typically been observed in cancer patients who receive prolonged high dose therapy for bone metastasis. It would however be imperative to establish whether denosumab has a favourable safety profile in young, premenopausal women. Our findings encourage the initiation of a large randomised international clinical trial to assess the true potential and safety of denosumab as a preventive therapy (either delaying or preventing breast cancer) in \textit{BRCA1}-mutation carriers.

It is likely that denosumab therapy will be most effective when initiated at a younger age, allowing less time for the accumulation of DNA lesions and damage-induced NF-$\kappa$B activity, which could persist in the absence of RANK signalling. The treatment period could be between 5 – 10 years, however, clinical studies are required to determine the optimal timing and duration of therapy. Clinical trials will also be important to determine whether denosumab treatment has any carry-over benefit, as been observed with tamoxifen therapy, whereby the effects of five years of treatment have been shown to persist for at least an additional 5 years (Peto, 1996).

It is possible that denosumab will have broader applicability for other women at increased genetic risk, including \textit{BRCA2}-mutation carriers or women with a strong family history of breast cancer with no identifiable germline mutation. In support of this, we observed a modest attenuation in cell proliferation in 3D breast organoids.
isolated from WT patients, suggesting that RANKL blockade may be beneficial for reducing cell proliferation within the breast epithelium irrespective of BRCA1-mutation status. It will also be important to ascertain whether post-menopausal BRCA1-mutation carriers could benefit from RANKL blockade, since this would substantially increase the number of women who could benefit from this prevention strategy. The marked decline in progesterone levels at the onset of menopause suggests that the resulting decrease in RANKL production may render denosumab therapy ineffective. However, the concurrent reduction in oestrogen at menopause would also lead to a reduction in OPG levels since oestrogen is a key regulator of OPG expression (Hofbauer, 1999). As OPG is the decoy receptor for RANKL, this could result in even low levels of RANKL being capable of inducing a biological effect. This is the basis for the use of denosumab to treat osteoporosis in postmenopausal women, since declining oestrogen levels alter the OPG/RANKL ratio in the bone microenvironment and increase bone resorption (Cummings et al., 2009). To address these questions, we plan to perform NF-κB reporter assays and colony-forming assays on RANK+ cells isolated from BRCA2mut/+ breast tissue, postmenopausal BRCA1mut/+ breast tissue and prophylactic breast tissue obtained from high risk women, to determine whether perturbed RANKL/NF-κB signalling is a feature of these cells. Importantly, the BRCA-D window study is currently also recruiting BRCA2-mutation carriers, women with a strong family history and postmenopausal BRCA1-mutation carriers, which will provide crucial insights into broader utility of denosumab therapy.

6.1.3 RANKL and immune checkpoints as therapeutic targets for the treatment of BRCA1-mutated breast tumours

In Chapter 5, novel therapies or drug combinations for the treatment of BRCA1-mutated breast tumours were investigated. BRCA1-mutated human breast tumours were found to be significantly enriched for the expression of RANK compared to WT breast tumours or tumours from BRCA2-mutation carriers. This finding is compatible with previous observations that RANK is expressed in high grade, proliferative tumours that lack hormone receptor expression (Palafox et al., 2012; Pfitzner et al., 2014; Santini et al., 2011), all salient features of BRCA1-mutated tumours. It is also consistent with the prominent RANK expression observed in
MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/−} mouse mammary tumours, detailed in Chapter 4. Thus, perhaps in addition to driving tumour initiation in BRCA1-mutated breast epithelium, the RANKL signalling axis may have a role in facilitating tumour progression. The combination of RANKL blockade and docetaxel significantly attenuated the growth of RANK\textsuperscript{+} PDX tumours \textit{in vivo} and improved host survival. This is consistent with findings from a mouse model of prostate cancer bone metastasis, whereby RANKL inhibition plus docetaxel improved survival and reduced tumour burden (Miller et al., 2008). The synergistic relationship between RANKL inhibition and docetaxel chemotherapy has important therapeutic implications. BRCA1-mutated breast tumours typically show a poor response to taxane-based chemotherapy in the clinic (Byrski et al., 2008), therefore the concurrent use of denosumab could enhance the sensitivity of BRCA1-deficient cancer cells to docetaxel and augment treatment efficacy. Future work could involve identifying other chemotherapeutics that synergise with denosumab, and the exploration of potentially useful combinations in clinical studies. Importantly, given the favourable safety profile of denosumab, its inclusion in current treatment regimes for BRCA1-mutation carriers is unlikely to cause a significant increase in toxicity.

Notably, RANKL blockade could also impact on the burden of metastasis in BRCA1-mutation carriers or potentially other breast cancer patients with RANK\textsuperscript{+} tumours. RANK overexpression in BRCA1-mutated breast cancer cell lines stimulated their migration \textit{in vitro} and increased the frequency and size of lung metastasis following tail vein injection \textit{in vivo} (Palafox et al., 2012). Furthermore, \textit{in vivo} neutralisation of RANKL led to a marked reduction in the burden of bone metastases in a RANK-expressing mouse melanoma model (Jones et al., 2006) and pulmonary metastasis in the MMTV-Neu mouse mammary tumour model (Gonzalez-Suarez et al., 2010; Tan et al., 2011). Since MMTV-cre/Brca1\textsuperscript{fl/fl}/p53\textsuperscript{+/−} mice do not undergo spontaneous metastasis, and the BRCA1-mutant PDX models 110 and 303 are poorly metastatic, examining the effect of RANKL blockade on metastasis progression was not examined in this thesis. This question could be addressed in future studies by screening a large number of PDX models to identify additional RANK\textsuperscript{+} BRCA1-mutated tumours that have metastatic potential. Furthermore, insights may be provided from a randomised phase III clinical study that is underway (the D-CARE study, NCT01077154). The aim of this study
involving 4,509 women is to assess whether denosumab can prevent disease recurrence in bone or other sites when it is given as adjuvant therapy for early stage breast cancer. The results will determine whether RANKL blockade could prevent metastasis in breast cancer patients with early stage disease, particularly if information regarding the BRCA1-mutation status of participants is provided.

The efficacy of checkpoint blockade for the treatment of BRCA1-mutated breast cancers was also explored in Chapter 5. Immune checkpoint inhibitors have emerged as a powerful new cancer therapy and have changed the treatment landscape for a range of tumour types, particularly those with high mutational loads such as melanoma. However, only modest results have so far been observed in breast cancer, where tumours are rarely hypermutated (Alexandrov et al., 2013). In this chapter, we report that dual anti-PD1 and anti-CTLA4 therapy, when combined with cisplatin, profoundly attenuated the growth of MMTV-cre/Brca1^{fl/fl}/p53^{+/-} mammary tumours in vivo, and markedly improved host survival. Analysis of tumour-infiltrating lymphocyte composition following short-term treatment revealed an augmented endogenous anti-tumour immunity in MMTV-cre/Brca1^{fl/fl}/p53^{+/-} mice receiving combination therapy. Together these findings provide a strong rationale for further investigation of immunotherapy for the treatment of BRCA1-mutated breast cancers in the clinic. Two recent clinical trials have demonstrated efficacy of either anti-PD1 or anti-PDL1 antibodies in patients with TNBC, however, the reported response rate were only 20% (Emens et al., 2015; Nanda et al., 2015). We speculate that clinical trials of patients carrying germline BRCA1-mutations could lead to an improvement in tumour response rates. In addition, in contrast to chemotherapy which often elicits transient responses, clinical trials of checkpoint blockade indicate a prolonged response and survival in a proportion of patients, long after completion of a short-course of therapy (Hodi et al., 2010). This suggests that checkpoint blockade may re-educate the immune system to keep tumours in check after treatment completion. Therefore the inclusion of checkpoint inhibitors along with conventional chemotherapy for the treatment of BRCA1-mutation carriers may not only enhance treatment efficacy but has the potential for producing a more durable response.
It is possible that a combinatorial strategy involving RANKL inhibition and checkpoint blockade could deliver a superior response. Recently, remarkable synergy between denosumab and anti-CTLA4 therapy was reported in a patient with rapidly advancing metastatic melanoma (Smyth et al., 2016). The patient had aggressive and symptomatic bone metastasis and thus was receiving denosumab for palliation in conjunction with anti-CTLA4 therapy to reduce tumour burden. The patient had a dramatic response to combination therapy, and a positron emission tomography (PET) scan taken at 62 weeks post-treatment revealed no evidence of residual melanoma. In a preclinical melanoma model, lymphocytes (natural killer cells and T cells) were demonstrated to be responsible for the anti-tumour activity of dual-therapy (Smyth et al., 2016). Furthermore, RANKL blockade in an alternative mouse melanoma model has been shown to enhance endogenous antitumour immunity by transiently inhibiting negative selection in the thymus, allowing the persistence of tumour antigen-specific T cells (Khan et al., 2014). This led to a reduction in tumour burden and increased host survival in response to tumour challenge. Based on these studies we speculate that RANKL inhibition, in addition to directly attenuating the growth of BRCA1-mutant breast cancer cells, could rescue tumour-specific T cells from thymic deletion and lead to an enhanced anticancer immune response when used in conjunction with checkpoint blockade and chemotherapy. Thus, triple therapy (RANKL blockade, chemotherapy and checkpoint inhibitors) could lead to a superior response compared to one or two agents. The efficacy and safety of this approach would need to be evaluated in preclinical and clinical studies. For instance, tumour growth and treatment toxicity could be assessed in the MMTV-cre/Brca1<sup>fl/fl</sup>/p53<sup>+/−</sup> mouse model following treatment with cisplatin, anti-PD1 and anti-CTLA4 in the presence or absence of OPG-Fc.

6.2 Conclusions

Women who harbour germline BRCA1 mutations have an approximately 65% lifetime risk of developing breast cancer (Antoniou et al., 2003). The focus of research efforts for BRCA1-mutated breast cancer is currently two-pronged. Firstly, the identification of a non-invasive breast cancer prevention therapy remains a pressing area of need, since there are currently no effective options available for
BRCA1-mutation carriers to reduce their risk besides a prophylactic mastectomy. Secondly, due to the aggressive clinical behaviour of BRCA1-mutated breast tumours, lack of targeted treatments and a high rate of relapse, the discovery of novel molecular targets for therapy is a key focus for the field. The objectives of this thesis were to address both research questions, and our key findings are summarised in Figure 6.1. We have identified RANKL inhibition as a potential breast cancer prevention strategy for BRCA1-mutation carriers, and this is currently being investigated in a pilot clinical trial and will likely lead to the initiation of an international prevention study in the next 1–2 years. We have also reported two new strategies for the treatment of established BRCA1-mutated breast cancers, providing proof-of-principle findings that warrant further investigation. Together, these findings provide important insights into the molecular mechanisms governing oncogenesis and tumour progression in BRCA1-mutation carriers and offer novel strategies for cancer prevention and treatment. If confirmed in clinical trials, these therapies could have a significant impact on the lives of BRCA1-mutation carriers and possibly other women at high risk of developing breast cancer.

Figure 6.1: Overview of key findings presented in this thesis. RANKL blockade via denosumab may be an effective breast cancer prevention therapy for BRCA1-mutation carriers. For the treatment of BRCA1-mutated breast tumours, both RANKL and immune checkpoints represent promising new molecular targets when used in conjunction with conventional therapies.
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