

1 **Impact of selective digestive decontamination on respiratory tract *Candida* among**
2 **patients with suspected ventilator associated pneumonia. A meta-analysis.**

3

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23

24 **Compliance with Ethical Standards – see lines 456-468**

25 Abstract:

26 **Purpose:** to establish the incidence of respiratory tract colonization with *Candida* (RT
27 *Candida*) among ICU patients receiving mechanical ventilation within studies in the
28 literature. Also of interest is its relationship with candidemia and the relative importance of
29 topical antibiotic (TA) use as within studies of selective digestive decontamination (SDD)
30 versus other candidate risk factors towards it.

31 **Methods:** The incidence of RT *Candida* was extracted from component (control and
32 intervention) groups decanted from studies of various TA and non-TA ICU infection
33 prevention methods and summary estimates derived using random effects. A benchmark
34 RT *Candida* incidence to provide overarching calibration was derived using
35 (observational) groups from studies without any prevention method under study. A multi-
36 level regression model of group level data was undertaken using generalized estimating
37 equation (GEE) methods.

38 **Results:** RT *Candida* data were sourced from 113 studies. The benchmark RT *Candida*
39 incidence is 1.3; 0.9 -1.8% (mean and 95% confidence intervals). Membership of a
40 concurrent control group of a study of SDD ($p=0.02$), the group wide presence of
41 candidemia risk factors ($p<0.001$) and proportion of trauma admissions ($p=0.004$) but
42 neither the year of study publication, nor membership of any other component group, nor
43 the mode of respiratory sampling are predictive of the RT *Candida* incidence. RT *Candida*
44 and candidemia incidences are correlated.

45 **Conclusions:** RT *Candida* incidence can serve as a basis for benchmarking. Several
46 relationships have been identified. The increased incidence among concurrent control
47 groups of SDD studies cannot be appreciated in any single study examined in isolation.

48

49 **Key words:** Intensive care unit; Topical antibiotic; Selective Digestive Decontamination;

50 Ventilator associated pneumonia; *Candida*.

51

52 **Introduction**

53

54 Respiratory tract colonization with *Candida* (RT *Candida*) among patients with suspected
55 ventilator associated pneumonia (VAP) has been reported in numerous studies [1-113].

56 Both the overall incidence and the clinical significance for the individual patient are
57 uncertain. True *Candida* pneumonia in this patient group is thought to be rare [114, 115].

58 Among a tally of 2490 isolates from 24 studies, fungi (species unspecified) accounted for
59 only 0.9% of pathogenic isolates [116]. While current guidelines [114, 115] do not
60 recommend treatment of RT *Candida*, it remains of interest for at least four reasons.

61

62 Firstly, colonization with *Candida* is believed to be a key intermediary step towards
63 invasive candidiasis although the role of RT *Candida* in this respect is unclear. The
64 respiratory tract, being a site not normally colonized by *Candida*, may provide a unique
65 insight into factors influencing the incidence of *Candida* colonization. Thirdly, RT
66 *Candida* may be a risk factor for specific bacterial infections due to molecular interactions
67 [117, 118].

68

69 Finally, the influence topical antibiotic (TA) use as a method to prevent ICU acquired
70 bacterial colonization and infection, as within studies of selective digestive
71 decontamination (SDD) and selective oro-pharyngeal decontamination (SOD) [119, 120],
72 on the incidence of *Candida* colonization is of longstanding interest. This question was
73 raised in the first study of SDD [74, 142]. There appear to be subtle contextual effects of
74 using topical antibiotics in the ICU on the incidence of candidemia [121], as with
75 bacteremia [122] and also as with Ventilator Associated Pneumonia [123], which are

76 evident only through benchmarking the control group rates of these studies and which are
77 not seen in studies of non-TA methods of ICU infection prevention.

78

79 RT *Candida* data is available from numerous studies of a broad range of VAP prevention
80 methods [119, 120, 124-135]. Among this evidence base are those with concurrent versus
81 non-concurrent study designs together with other study designs including those without
82 any intervention. This heterogeneous evidence base provides a natural experiment [136,
83 137] with which to address some of these questions at the group level using methods as
84 used in the analysis of cluster randomized trials.

85

86 **Materials and methods,**

87

88 **Study selection and decant of groups**

89 The literature search and analytic approach used here is as described previously [121].

90 These seven steps (Fig. 1; numbered arrows) are as follows;

- 91 1. An electronic search of PubMed, The Cochrane database and Google Scholar for
92 systematic reviews containing potentially eligible studies was undertaken using the
93 following search terms; “ventilator associated pneumonia”, “mechanical ventilation”,
94 “intensive care unit”, each combined with either “meta-analysis” or “systematic
95 review” up to December 2013.
- 96 2. Systematic reviews of studies of patient populations requiring prolonged (> 24
97 hours) ICU admission were then streamed into one of three categories; systematic
98 reviews containing studies in which there was no intervention, studies with SDD as the
99 intervention, or studies with an intervention other than SDD, for the prevention of
100 VAP. For the purpose of this study, SDD is defined here as the use of protocolized
101 topical antibiotic prophylaxis applied by the gastric or oro-pharyngeal route in the
102 intervention group with or without the additional use of a parenteral antibiotic or any
103 anti-fungal agent.
- 104 3. The studies were screened against the following eligibility criteria. Inclusion
105 criteria; incidence data for ventilator associated pneumonia extractable as an incidence
106 proportion being expressed as a proportion of numbers of patients among patients with
107 an ICU stay of at least 24 hours. Exclusion criteria; studies limited to patients with the
108 acute respiratory distress syndrome. Studies in a language other than English were
109 included when the required data had been abstracted in an English language systematic
110 review.

- 111 4. A hand search was undertaken for additional studies not identified within
112 systematic reviews but otherwise meeting the eligibility criteria.
- 113 5. All eligible studies were then collated and any duplicate studies were removed.
- 114 6. Groups of patients receiving mechanical ventilation from studies without a VAP
115 prevention method under study were labelled as observational groups. The studies of
116 intervention studies were classified as follows. The non-TA based methods of VAP
117 prevention used interventions other than topical antibiotics. These were usually
118 delivered at either the gastric, airway or oral sites. The SDD studies were further sub-
119 classified as to whether the control group was concurrent and co-located within the
120 same ICU as the intervention group (concurrent control) or not (non-concurrent).
- 121 7. The component (control and intervention) groups were decanted from each study as
122 follows;
- 123 • The control and intervention groups from non-TA based methods
124 were classified as indicated in the original study
 - 125 • Among studies of SDD, all groups that received prophylaxis with
126 any regimen of topical antibiotic, whether or not an anti-fungal was
127 included in the regimen, were designated as an SDD intervention group and
128 all other groups from SDD studies were classified as a control group.

129 **Data extraction**

130 The RT *Candida* is the number of patients with *Candida* isolates from respiratory sampling
131 per 100 patients with prolonged (>24 hours) stay in the ICU whether or not VAP has been
132 documented. In addition, the following were also extracted where available; the overall
133 incidence proportion of VAP, the incidence of candidemia, the incidence of *Candida*
134 colonization at non-respiratory tract sites without regard to how this had been defined in
135 each study and the proportion of admissions for trauma. Each of these were expressed as a

136 proportion using the number of patients with prolonged (>24 hours) stay in the ICU as the
137 denominator. Other parameters extracted were whether the mode of diagnosis of VAP
138 required bronchoscopic sampling and whether topical placebo had been used to achieve
139 observer blinding.

140

141 **Caterpillar plots**

142 To generate caterpillar plots, the RT *Candida* data were logit transformed for analysis as
143 previously [137]; with the total number of patients as the denominator (D), the number of
144 patients with RT *Candida* as the numerator (N), and R being the RT *Candida* proportion
145 (N/D), the logit(RT *Candida*) is $\log(N/(D-N))$ and its variance is $1/(D \cdot R \cdot (1-R))$. Note that
146 for any group with a zero event rate (N=0), the addition of the continuity correction (i.e.
147 $N+0.5$) is required to avoid indeterminate transformations of mean and variance. Using
148 these pre-calculated logits and logit variances, group specific 95% confidence intervals,
149 summary logits and the associated summary 95% CIs were generated using the ‘metan’
150 command in STATA. On the logit scale the 95% confidence intervals for a proportion are
151 symmetrical and remain within the interval of 0 to 100%.

152

153 For each category of component group the summary mean logit RT *Candida* and
154 associated 95% confidence interval were calculated using random effects methods. These
155 were then back-transformed to the percentage scale. The benchmark is the summary mean
156 RT *Candida* per 100 patients derived from the observational studies and the benchmark
157 range is the 95% prediction interval.

158

159 **Bivariate plots and Confidence ellipses**

160 To assess correlation of RT *Candida* with candidemia incidence, the logit transformed data
161 was assessed by two methods; a 95% prediction ellipse [138- 140], and linear regression.
162 The prediction ellipse method enables the correlation as observed in other studies to be
163 benchmarked. The relationship between logit transformed RT *Candida* with year of
164 publication was assessed using locally weighted regression and smoothing scatterplot
165 (LOWESS) [141].

166

167 **Statistical analysis**

168 A regression model of RT *Candida* proportion was developed using GEE methods as these
169 accommodate any intra-cluster correlation ('xtgee' command in STATA; release 12.0,
170 STATA Corp., College Station, TX, USA). In this analysis, the predictor variables were
171 the component group membership being either membership of a group from an
172 observational study; a control group or; an intervention group; type of intervention under
173 study; the use or non-use of topical placebo and, whether the mode of diagnosis of VAP
174 required bronchoscopic sampling. As a sensitivity analysis the GEE regression model
175 analysis was repeated limited to studies obtained from systematic reviews. In addition to
176 the Poisson model, the GEE regression model was undertaken with a binomial as well as a
177 negative binomial models as additional sensitivity tests.

178

179 **Results.**

180

181 **Characteristics of the studies**

182 Of the 113 studies identified by the search [1-113], 72 were sourced from 13 systematic
183 reviews and a further 40 sourced from elsewhere (Table 1; Fig. 1). The majority of SDD
184 studies were published in the 1990's and all but four studies of SDD were European in
185 origin. Two studies were supplemented with data from published doctoral theses [76, 113]
186 or related publications [142]. The studies are detailed in the Electronic Supplementary
187 Material (ESM) file.

188

189 A total of 191 component groups were decanted from these 113 studies with 36 groups
190 from observational studies (ESM file Table S1), 71 groups from studies of various non-TA
191 methods of VAP prevention (ESM file Table S2), and 84 groups from studies of SDD
192 having either a non-concurrent (ESM file Table S3) or concurrent design (ESM file Table
193 S4). Eleven studies had more than one observational, control or intervention group. Two
194 studies had both concurrent and non-concurrent control groups. Group wide risk factors for
195 candidemia were identified in only six studies. Three SDD studies used a regimen not
196 containing an anti-fungal [71, 111, 112].

197

198 ***Candida* colonization**

199 A measure of *Candida* colonization not limited to patients with suspected VAP and not
200 limited to respiratory sites was reported for 32 studies including 18 of the SDD studies
201 (Table 1). There was a wide range in this incidence (Fig. S5 & S6) with the incidence
202 among concurrent control ($p = 0.066$; Table S5) groups from studies of SDD being higher
203 versus the incidence in the observational groups.

204

205 The incidence of *Candida* colonisation, at sites other than respiratory tract and not
206 restricted to patients with suspected VAP together with candidemia incidence were
207 available from 40 groups from studies of all types. There were too few groups to discern a
208 significant relationship between these incidences or to generate a robust prediction ellipse
209 using the non-TA studies (Fig. S5).

210

211 **RT *Candida* incidence**

212 The mean RT *Candida* incidence among the 36 observational groups is 1.3 (95%
213 confidence interval; 0.9-1.8%) (ESM file Fig. S1). This is the RT *Candida* benchmark.
214 There was no significant trend in RT *Candida* incidence by year of study publication and a
215 LOWESS line is presented (Fig. 2). Twenty-three of the 32 control groups of the
216 concurrent control design studies were above this LOWESS line. The mean RT *Candida*
217 incidence among the control groups was significantly higher than in the intervention
218 groups from concurrent design SDD studies ($p = 0.001$; Fig. S4).

219

220 The RT *Candida* incidence was highest amongst the concurrent control groups of the SDD
221 studies versus other types of component group (Fig. 3, ESM file Fig. S1-S4). The effect of
222 membership of the various categories of component group on RT *Candida* were examined
223 in GEE models of RT *Candida* together other group level variables (Table 2). The effect of
224 membership of a concurrent control group of an SDD study was significant ($p=0.021$). The
225 group wide presence of candidemia risk factors ($p = 0.001$) and the proportion of
226 admissions for trauma ($p = 0.004$) were also significant factors in the model.

227

228 **Candidemia**

229 The incidence of candidemia was reported for 101 of the component groups (Table 1, Fig.
230 S7). The incidence among concurrent control ($p = 0.024$) groups from studies of SDD were
231 higher versus the incidence in the observational groups.

232

233 Both candidemia incidence and RT Candida incidence data were available from 19 groups
234 from either observational studies or from studies of non-TA methods (Fig. 4a). The
235 scatterplot presenting the bivariate relationship among these 19 groups, together with the
236 linear regression line and a 95% prediction ellipse is shown using logit scales for each axis
237 (Fig. 4a). This linear regression and prediction ellipse are in turn used to benchmark the
238 groups from the studies of SDD (Fig. 4a-c). Whilst most of control groups from studies of
239 SDD with a non-concurrent (Fig. 4b) and concurrent design (Fig. 4c) are within this
240 benchmark prediction ellipse, shift to the right and upward is apparent for the control
241 groups in the latter plot (Fig. 4c).

242

243 **Discussion**

244

245 This is a meta-analysis of the incidence of respiratory tract colonization with *Candida* (RT
246 *Candida*) among ICU patients receiving mechanical ventilation within studies in the
247 literature. This analysis has examined the relationship between RT *Candida* and candida
248 colonization at other sites and also with candidemia as well as the relative importance of
249 selective digestive decontamination (SDD) versus other candidate risk factors towards it.
250 Only 45 of the studies are common to this meta-analysis and to the previous meta-analysis
251 of candidemia [121]. This previous meta-analysis [121] was not restricted to the patient
252 population receiving mechanical ventilation and had included a higher proportion of
253 studies with group wide risk factors for candidemia (25 of the 103 studies [121]) versus
254 only six of the 113 studies included here. As a consequence, there is a lower incidence of
255 candidemia among the studies here versus previously [121]. However, even within this
256 differently selected set of studies, the incidence of candidemia is again found to be higher
257 among the control groups of SDD studies with a concurrent design than any other type of
258 component group (Table 1).

259

260 There is a higher incidence of both *Candida* colonization at respiratory (RT candida) and
261 other sites among the control groups of SDD studies with a concurrent design versus other
262 groups (Table 1). This higher incidence of RT candida cannot be explained by year of
263 publication (Fig. 2), nor in regression models that include the group wide presence of risk
264 factors for candidemia or proportion of trauma admissions or mode of respiratory sampling
265 (Table 2).

266

267 There is a correlation between candidemia and RT *Candida* among the studies here for
268 which data is available (Fig. 4). However the relationship between RT *Candida* and
269 candidemia is more complex than a simple linear correlation for the following reasons.
270 Candidemia, with an incidence of approximately 1% amongst ICU patients [121], is a rare
271 outcome and studies with fewer than 100 patients may have one or no cases [143-149]. The
272 relationship described here is at the group level rather than at the patient level. In relation
273 to non-respiratory *Candida* colonization, the patient level association has recently been
274 examined in a multi-center study [150]. The relative risk for invasive candidiasis in the
275 mechanically ventilated ICU patient population differs for throat, perineum and urine sites
276 of colonization and also for different sampling time points [150]. Measures of non-
277 respiratory *Candida* colonization among the studies here were poorly documented in
278 relation to exact sites and timings and in any case was available from less than half of the
279 studies surveyed.

280

281 It should be noted that the clinical significance of RT *Candida* is unclear [151-157] and
282 current consensus guidelines recommend against its specific treatment in the absence of
283 either clear histological evidence for pulmonary infection, which is rare [147-149], or
284 evidence of invasive disease [114, 115]. However, *Candida* colonization continues to
285 remain of interest from both the individual and the population perspective.

286

287 At the level of the individual, the clinical significance remains unclear with conflicting
288 results of studies of *Candida* colonization of the respiratory tract among ICU patients.
289 Some investigators have found that *Candida* colonization of the respiratory tract is
290 associated with a worse outcome [151] in association with evidence of increased systemic
291 inflammation [152]. However a subsequent pilot study of antifungal therapy for RT

292 candida did not find sufficient evidence of benefit to justify proceeding to a full scale
293 controlled trial [153]. By contrast, other workers have not found an association with a
294 higher mortality risk [145, 154] in ICU patients even though there were higher disease
295 severity scores or degree of organ dysfunction at ICU admission. Moreover no apparent
296 outcome benefit associated with the use of empiric systemic anti-fungal therapy in this
297 patient group was found in either this study [154] or in a large multi-center study [155].

298

299 From the population perspective, *Candida* colonization is an important constituent of the
300 ICU microbiome. RT candida could increase the risk for co-infection with antibiotic
301 resistant bacteria in the airway [156] through molecular interactions with bacterial
302 pathogens [117] for which anti-fungal therapy may be protective [118].

303

304 RT Candida has potential use as a more readily available indicator for benchmarking
305 *Candida* colonization incidence in the patient group receiving mechanical ventilation. RT
306 Candida is used here for this purpose so as to benchmark *Candida* colonization across
307 different studies that have examined a variety of interventions whether using TA based
308 regimens such as SDD or non-TA based methods for VAP prevention.

309

310 The effect of SDD on Candida colonization is unclear. On the one hand, SDD as a regimen
311 comprising topical antibiotic and anti-fungal agents appears to be protective against fungal
312 colonization, infection and possibly even mortality [119,120]. Indeed the protection
313 derived by SDD appears to outperform that obtained using azole antifungal prophylaxis in
314 this patient group [120]. On the other hand, this protection is not apparent in the largest
315 study which had a non-concurrent design [157]. Moreover, SDD may have complex effects
316 on the ICU microbiome. Indeed, in the first SDD study [74, 142] it was asked whether this

317 indirect effect of SDD might confound any attempt to estimate the direct effects using a
318 conventional concurrent study design.

319

320 An uncalibrated analysis of the available *Candida* colonization data, whether as RT
321 candida or as *Candida* colonization not restricted to respiratory sites and not restricted to
322 patients with suspected VAP, are consistent with what appears to be a near halving in
323 colonization incidences, as implied in the meta-analyses of the concurrent design SDD
324 studies [119, 120]. However on closer scrutiny and using the RT candida benchmark for
325 calibration, the true impact of SDD on the incidences of *Candida* colonization as well as
326 on candidemia would appear to be a near doubling amongst the concurrent control groups
327 of SDD studies (Table 1). This occurs presumably as a result of an indirect contextual
328 effect through inapparent cross infection [158]. By contrast, the effect of SDD on RT
329 candida in studies that are non-concurrent is insignificant (table 2), as observed elsewhere
330 [157].

331

332 It is not the intention here to examine the substantial number of different SDD regimens
333 but rather the component groups from the two broad categories of TA and non-TA studies.
334 In any case, it should be noted that complete *Candida* decolonization using SDD is
335 difficult to achieve [159, 160]. Two recent studies of ICU patients that were colonized with
336 *Candida* and were receiving SDD provided conflicting evidence that the administration of
337 nebulised amphotericin additional to SDD might confer clinical benefit [159] versus harm
338 [160]. Of note in both studies, the time to achieve 50% decolonization with the addition of
339 nebulised amphotericin to the standard SDD regime was five days in both studies. By
340 contrast, among a multi-center study of 3000 ICU patients colonized with *Candida*

341 receiving routine systemic antifungal therapy with a mean ICU stay of 5 days, typically
342 between 40 and 50% remain colonized on ICU discharge [161].

343

344 There are four specific challenges in undertaking an analysis of RT *Candida*. The potential
345 for transmission of *Candida* between control and intervention group patients in the same
346 study renders the presumption of independence of RT *Candida* events untenable [162].

347

348 Second, for most SDD studies the primary end point was VAP occurrence and RT *Candida*
349 was an occasional secondary end point. How studies with zero RT *Candida* events are
350 optimally included in any analysis is important to the conclusions. Studies with zero RT
351 *Candida* events should not be overlooked as they provide potential evidence against a
352 contextual effect. However, the majority of the SDD studies were smaller than 60 patients
353 and, being a rare event (<2% in most studies), a zero RT *Candida* event rate is
354 unsurprising. As a consequence, the upper 95% confidence intervals for these groups are
355 non-trivial in caterpillar plots (Fig S1-S4). Note that for a group of size $N=60$ with zero
356 events the upper 95% confidence can be approximated by the 'rule of three' as 5% ($= 3/N$)
357 [163].

358

359 Thirdly, to quantify a contextual effect requires a calibration to a benchmark range derived
360 using for reference data from studies from comparable target populations. The final issue is
361 one of validity: does RT *Candida* correlate with a clinically relevant and commonly
362 reported end point?

363

364 To deal with the first and third of these challenges, GEE based analytic strategies have
365 been used here to model the RT *Candida* of both control and intervention groups of all

366 studies within a single analytic model as a statistical calibration (Table 2). There is an
367 upward dispersion in RT Candida incidence among concurrent control groups from SDD
368 studies away from this benchmark (Fig. 3). This upward dispersion is apparent in the GEE
369 models as positive coefficients in association with membership of concurrent control
370 groups within studies of SDD/SOD (Table 2).

371

372 To deal with the second and third issues, the continuity correction has been used to enable
373 zero event groups to be represented on the logit scale which enables several types of
374 graphical display for the purposes of a visual calibration (Figs. S1-4; Fig. 3). Moreover the
375 validity issue is able to be addressed through an examination of the bivariate relationship
376 between RT candida and candidemia (Figs. 4a-c). The visual analysis of the bivariate
377 relationship is aided by the use of a 95% prediction ellipse in the plots, a method which is
378 better suited to this purpose than linear regression [138-141]. All of these visual displays
379 dramatically reveal that the component groups of all types, with the exception of those
380 concurrent control groups from studies of SDD, each have a distribution similar to the
381 observational groups from which the benchmark was derived. Strikingly even the
382 distribution of the intervention groups of the SDD studies are similar to those from which
383 the benchmark was derived. This would imply that any apparent effect of SDD on Candida
384 colonization and Candidemia within concurrent control design studies is not explainable as
385 simply a direct anti-fungal prevention effect occurring within the intervention group (Fig.
386 S7).

387

388 There are several limitations to this study. This is an analysis at the group level and is
389 unable to take account of patient specific risk factors for RT Candida. For example, the
390 usage of empiric (non-protocolized) antifungal therapy in each study is an important

391 unknown as non-use may account for vulnerability to RT Candida at the individual level.
392 However, it is unlikely that such unidentified patient level risk factors would be able to
393 account for the discrepancies noted here. Such a putative patient level risk factor would
394 need to be a consistently strong risk factor for RT Candida across all the studies and yet
395 also be profoundly unevenly distributed, predominating in the groups of the SDD studies
396 versus other groups within the broader evidence base examined here.

397

398 Another limitation is the imprecision associated with the diagnosis of VAP which may lead
399 to the potential for observer detection bias of RT Candida. That the mode of VAP
400 diagnosis and the use of topical placebo were not significant factors in the regression
401 model (table 2) implies that this bias is likely to be minimal. Moreover, topical placebo use
402 can be taken as a surrogate indicator of a study that was observer blinded. A further
403 limitation is the question of non-reporting of RT Candida amongst potentially eligible
404 studies. However, the correlation between RT Candida and candidemia provides some
405 validation at least amongst those studies for which both data were available.

406

407 It is never possible to be certain that every relevant study has been obtained in a literature
408 search or that the search has been truly adequate. Restricting the analysis to those studies
409 obtained from systematic reviews attempts to provide the basis for an analysis of data
410 derived through an independent and transparent search. That the findings of such a
411 restricted analysis are similar to the full analysis would imply that the search has been
412 adequate and that the number of missing studies required to alter the findings would need
413 to be substantial.

414

415

416 **Conclusion**

417

418 The RT Candida incidence within observational groups of mechanically ventilated patients
419 is 1.3% (this is the RT Candida benchmark). The incidence of RT candida and candidemia
420 are correlated. There is insufficient information to discern how closely *Candida*
421 colonization at other sites is correlated with candidemia. At the group level, the presence of
422 candidemia risk factors, the proportion of trauma admissions and membership of a
423 concurrent control group within an SDD study are each risk factors for RT Candida. The
424 apparent protection against *Candida* colonization from the use of SDD appears spurious as
425 the incidence of both RT candida and colonization at other sites is higher among
426 concurrent control groups of SDD studies than among observational and indeed other types
427 of component group. These observations, as with similar observations for VAP [123],
428 candidemia [121] and bacteremia [122] incidences among these studies, are paradoxical.
429 Apart from major publication bias, or the effect of any major and as yet unidentified and
430 mal-distributed patient level risk factors for RT Candida, these profound discrepancies
431 indicate a major contextual hazard associated with the topical antibiotic component of
432 SDD on RT Candida within studies with concurrent controls. These increased incidences
433 would be inapparent within individual SDD studies examined in isolation [158].

434

435

436 **Abbreviations;**

437 ICU, Intensive Care Unit; MV, Mechanical Ventilation ; SDD, selective Digestive
438 Decontamination; VAP, Ventilator associated pneumonia; RT Candida, *Candida* among
439 patients with Ventilator associated pneumonia

440

441 Additional material

442 ESM file: RT Candida data for observational studies (Table S1), studies of non-TA-based
443 methods of VAP prevention (Table S2), studies of SDD with non-concurrent
444 groups (Table S3) and studies of SDD with concurrent groups (Table S4).

445 Caterpillar and other plots of RT Candida data (Fig. S1-S7).

446

447 **Competing interests**

448 James Hurley declares that he has no competing interests.

449

450

451 **Author contributions**

452 As sole author, JH produced the design of the study, performed the statistical analysis and

453 wrote the manuscript. JH read and approved the final manuscript.

454

455

456

457 **Compliance with Ethical Standards**

458

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463

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466

467 **Ethical approval:** This article does not contain any studies with human participants

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Table 1. Characteristics of studies ^a

	Observational studies	Groups of interventional studies of VAP prevention		
		Methods other than topical antibiotics	SDD	
			Non-concurrent	concurrent control
Study characteristics				
Sources [ref]	Table S1 [112-114]	Table S2 [115-120]	Table S3 [93-98]	Table S4 [93-98]
Number of studies	34	35	9	33
Origin from systematic review	6	17	4	29
EU origin ^b	19	23	7	31
MV for >48 hours for <75% ^c	4	1	2	2
Trauma ICUs ^d	4	5	3	8
Bronchoscopic sampling ^e	18	13	6	13
Group wide candidemia risk factors ^f	0	0	2	4
Study publication year (range)	1987-2014	1987-2014	1987-2014	1987-2007
Group characteristics				
Numbers of patients per study group; median (IQR) ^g	233 108-591	96 51-184	91 50-127	51 31-101
VAP incidence per 100 patients; (median; IQR; number of groups) ^g				
Cohort	20.4%; 14.1–31.0% (36)		NA	NA
Control	NA	20.6%; 14.8-26.5% (34)	45.5%; 23.0-59.3% (7)	30.4%; 18.5-48.1% (32)
Intervention	NA	13.2%; 9.0-21.7% (34)	10.1%; 7.6 – 16.7 (11)	11.8% 5.6-23.0% (35)

Table 1 (continued)

	Observational studies	Groups of interventional studies of VAP prevention		
		Methods other than topical antibiotics	SDD	
			Non-concurrent control	concurrent control
<hr/>				
Candidemia per 100 patients; mean; 95% CI (number of groups) ^h				
Cohort	0.8%; 0.2–2.9% (6)			
Control		0.8%; 0.8–1.6% (5)	0.7%; 0.3–2.0% (5)	1.4%; 1.0–1.8% (28)
Intervention		0.8%; 0.4–1.6% (8)	0.8%; 0.4–1.8% (10)	1.2%; 0.9–1.7% (29)
<hr/>				
Overall <i>Candida</i> colonization per 100 patients; mean; 95% CI (number of groups) ⁱ				
Cohort	9.7%; 3.0–27.0% (7)			
Control		4.8%; 1.1–18.6% (7)	9.8%; (1)	25.9%; ^j 12.8–45.5% (16)
Intervention		2.7%; 0.8–8.4% (7)	4.3%; 0.4–33.0% (4)	9.4%; ^j 4.3–19.1% (19)
<hr/>				
Respiratory <i>Candida</i> per 100 patients mean; 95% CI (number of groups) ^k				
Cohort	1.3%; 0.9–1.8% (36)			
Control		1.4%; 1.2–1.6% (33)	0.7%; 0.4–1.4% (6)	2.3%; 1.6–3.4% (32) ^l
Intervention		1.0%; 0.7–1.4% (33)	1.3%; 0.5–3.0% (9)	1.4%; 1.0–1.9% (35) ^l

Footnotes to table 1

- a. Abbreviations; ICU, Intensive care unit; MV; EU, European Union; Mechanical ventilation; NA not applicable; SDD , Selective Digestive Decontamination; VAP ventilator associated pneumonia; IQR, interquartile range
- b. Originating from a member state of the EU as at 2010 or Switzerland or Norway
- c. Studies for which less than 75% of patients were reported to receive more than 48 hours of mechanical ventilation.
- d. Trauma ICU defined as an ICU with >50% of patient admissions for trauma
- e. Bronchoscopic versus tracheal sampling toward the diagnosis of VAP
- f. One or more of the following risk factors were used for patient inclusion; use of TPN; major gastro-intestinal surgery or perforation; or liver transplantation
- g. Calculated including only groups for which >75% received >48 hours of MV
- h. See Fig. S7.
- i. *Candida* colonization not limited to patients with suspected VAP and not limited to respiratory sites. See Fig. S6
- j. Difference between intervention versus control groups from studies of SDD with concurrent design in a marginal analysis of the GEE model (as in Table S5) ; p=0.001
- k. *Candida* colonization limited to patients with suspected VAP and limited to lower respiratory sites.
- l. Difference between intervention versus control groups from studies of SDD with concurrent design in a marginal analysis of the GEE model (as in Table 2) ; p=0.051

Table 2: Logit RT *Candida* incidence; generalized estimating equation models (all groups) ^a

Factor	Coefficient ^b	95% CI	p
Groups from observational studies (reference group)	-4.31	-4.77 to -3.85	<0.001
Control groups			
• Non-TA ^c	+0.16	-0.32 to +0.64	0.51
• SDD/SOD; non-concurrent	+0.10	-0.86 to +1.06	0.84
• SDD/SOD; Concurrent ^d	+0.56	+0.08 to +1.04	0.021
Intervention groups			
• Non-TA	-0.02	-0.54 to +0.50	0.93
• SDD/SOD; non-concurrent	+0.26	-0.45 to +0.98	0.47
• SDD/SOD; Concurrent ^e	+0.12	-0.38 to +0.62	0.63
Candidemia risk factor	+1.40	+0.78 to +2.01	0.001
Trauma ^f	+0.007	+0.02 to +0.01	0.004
Year of publication ^g	-0.003	-0.02 to +0.02	0.82
EU origin	-0.06	-0.42 to +0.30	0.74
topical placebo use	+0.05	-0.31 to +0.40	0.80
Mode of diagnosis ^h	-0.19	-0.48 to +0.11	0.21

Footnotes

- a. This table displays the results of analysis using the Poisson model for the GEE model. The results obtained from a binomial model are similar (data not shown). Repeating the analysis excluding the three studies of SDD that did not include an anti-fungal within the SDD regimen failed to alter the findings here (data not shown).
- b. Interpretation. The reference group is the observational study (benchmark) groups and this coefficient equals the difference in logits from 0 (a logit equal to 0 equates to a proportion of 50%; a logit equal to -4.33 equates to a proportion of 1.3%) and the other coefficients represent the difference in logits for groups positive for that factor versus the reference group.
- c. Abbreviations; TA, topical antibiotic; SDD/SOD, selective digestive decontamination / selective oro-pharyngeal decontamination.
- d. Repeating the base model with the analysis limited to component groups from studies cited in systematic reviews results in this coefficient becoming +0.67; +0.08 to +1.27; p=0.026
- e. Repeating the base model with the analysis limited to component groups from studies cited in systematic reviews results in this coefficient becoming +0.01; -1.07 to +1.07; p=0.99

- f. The co-efficient for trauma represents the increment in logit for each percentage point increase in the proportion of admissions for trauma
- g. The co-efficient for year of publication represents the increment in logit for each year after 1985
- h. For sampling using bronchoscopic versus tracheal sampling

Figure legends.

Fig. 1 Search method, screening criteria and resulting classification of eligible studies and subsequent decant of component groups. The seven numbered arrows to the right represent steps in the process as discussed in the methods; steps one – five refer to studies and steps six- seven refer to component groups decanted from the studies being control (rectangles) and intervention (ovals) groups from ICU based studies of infection prevention methods and observation groups from cohorts of ICU patients without a prevention method under study (diamond). The horizontal dotted rectangles represent the group contrasts used toward the calculation of the contextual effects of the component groups each versus the observation groups as the reference category. Note; the total numbers do not tally as some systematic reviews provided studies in more than one category and some studies provided groups in more than one category. Note; SDD includes SOD and other methods based on the use of a topical antibiotic (TA)

Fig. 2 RT Candida incidence versus year of publication. Scatter plot of RT Candida incidence in observational groups (open black circles) versus year of study publication for which the linear regression was non-significant ($p = 0.72$) and hence a LOWESS regression line is given. Also shown are the control groups from studies of non-TA methods (open blue triangle) and also concurrent control (CC) studies of SDD/SOD (closed red triangles). Note that the symbols are proportional to group size and the y axis is a logit scale

Fig. 3 Scatter plots of RT Candida incidence. Scatter plots of RT Candida incidence in component (C = control; I = intervention) groups of non-TA and non-concurrent (NCC), and concurrent control (CC) studies of SDD (antibiotic methods) of VAP prevention (blue symbols). The benchmark RT Candida is the summary mean (central broken vertical line)

derived from the observation studies (black symbols) together with the 95% prediction intervals (benchmark range; outer broken vertical lines). Studies with MV for >48 hours for <75% and one outlier study [84] are not shown. Note that the x axis is a logit scale and that studies with a zero RT Candida can only be shown on this plot through use of the continuity correction. These data are displayed in more detail as caterpillar plots (Fig. S1-S4)

Fig. 4 Candidemia incidence versus RT Candida.

Fig. 4a Scatter plot of Candidemia incidence versus RT Candida incidence in observational groups and control groups from studies of non-TA methods (open black circles) for which both data were available. Both a linear regression ($p = 0.057$) and a 95% prediction ellipse based on these groups are shown. Also shown are the intervention groups from studies of non-TA methods (closed triangles). Also shown are the mean (central) and 95% prediction lines (outer) derived for the full set of benchmark groups for both RT candida (vertical) and candidemia (horizontal). Note that both the x and the y axes are a logit scale

Fig. 4b Scatter plot of Candidemia incidence versus RT Candida incidence in control (closed green triangles) and intervention (open green triangles) groups from studies of non-concurrent design studies of SDD (open green triangles) for which both data were available. The linear regression, 95% prediction ellipse and mean and 95% prediction lines from Fig. 4a are shown for reference

Fig. 4c Scatter plot of Candidemia incidence versus RT Candida incidence in control (closed green triangles) and intervention (open red triangles) groups from studies of concurrent design studies of SDD (open red triangles) for which both data were available.

The linear regression, 95% prediction ellipse and mean and 95% prediction lines from Fig. 4a are shown for reference. Note that one outlier study [84] is not shown

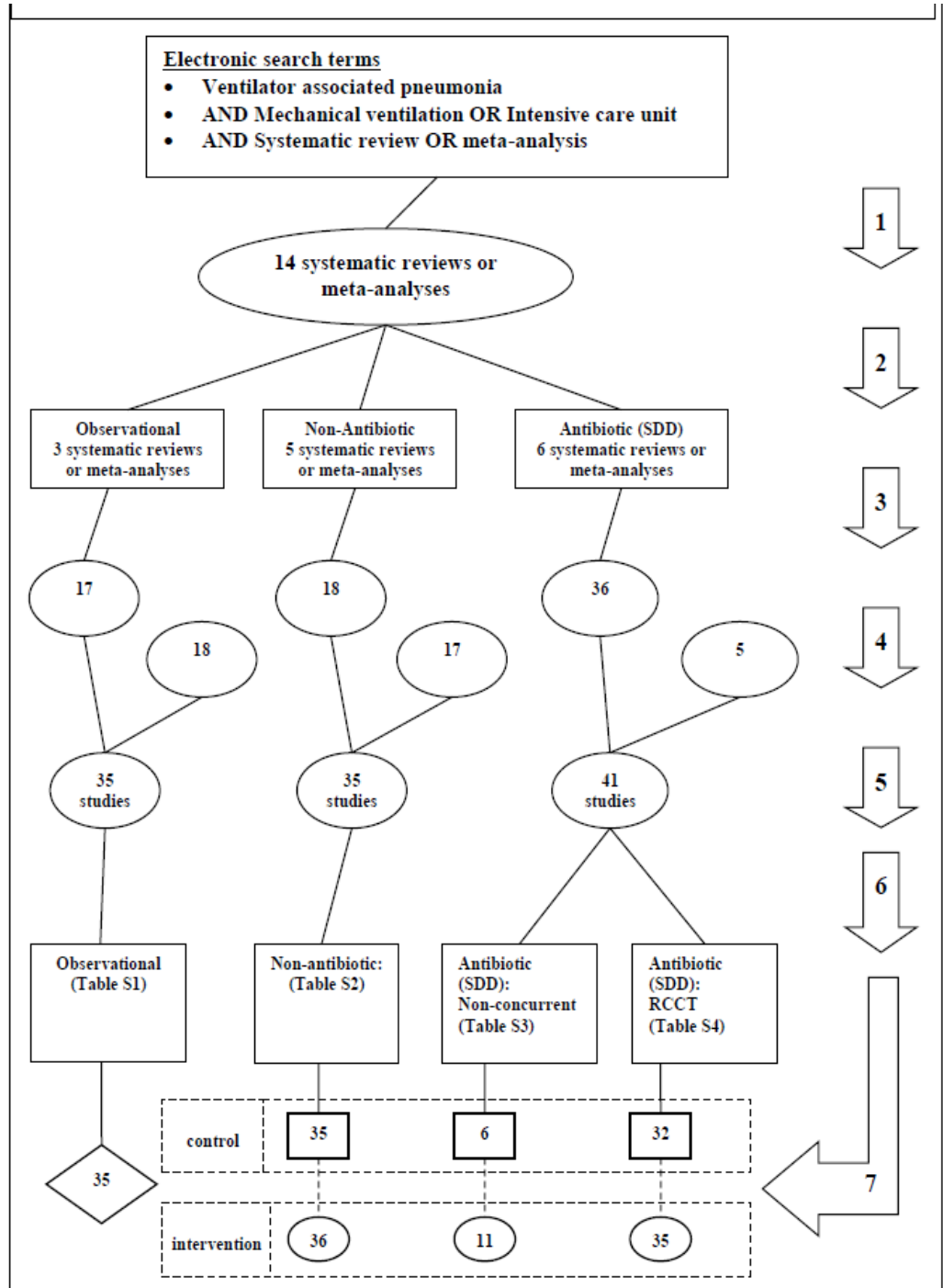


Figure 2

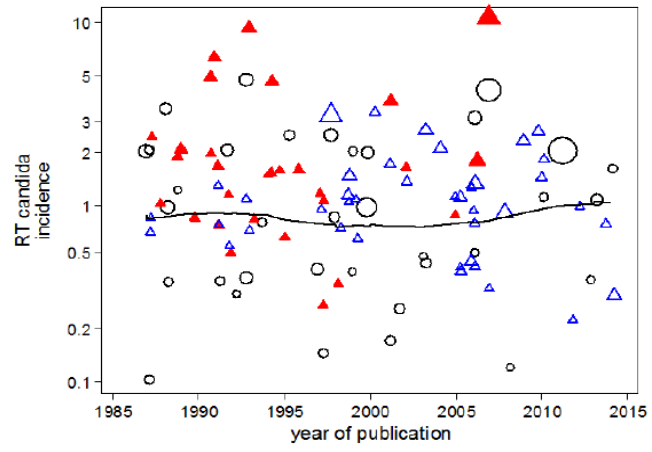


Figure 3

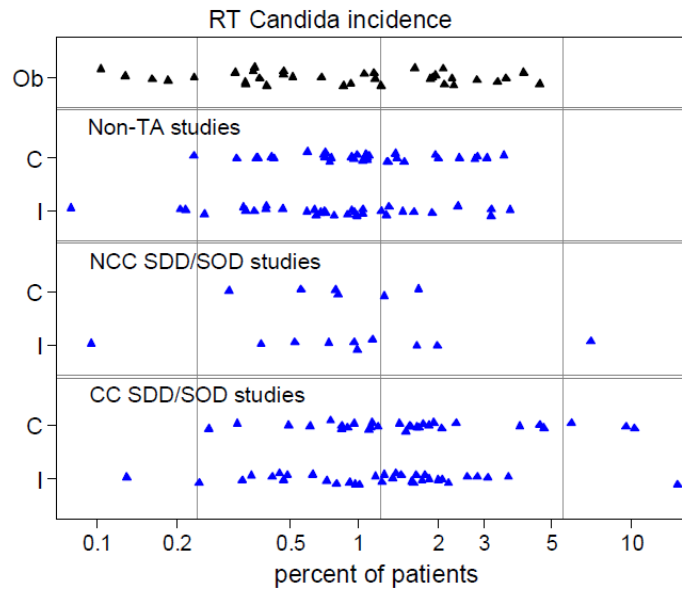


Figure 4a

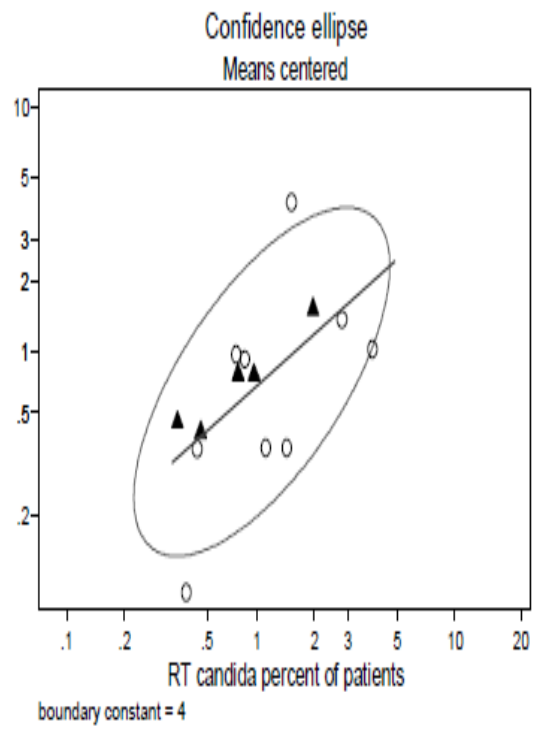


Figure 4b

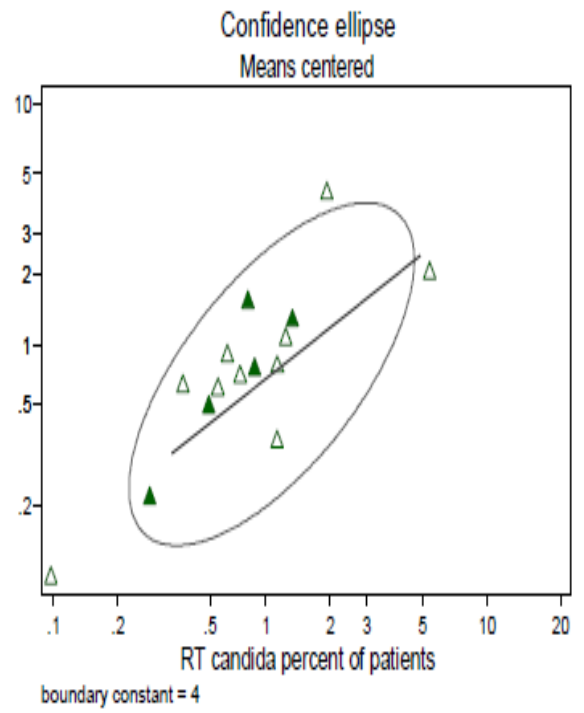
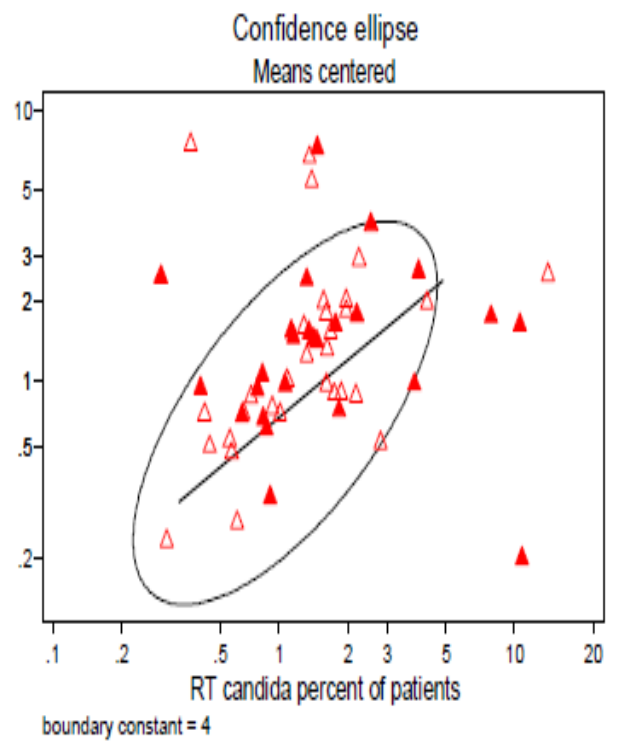


Figure 4c





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