Functional informed genome-wide interaction analysis of body mass index, diabetes and colorectal cancer risk


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Abstract

Background: Body mass index (BMI) and diabetes are established risk factors for colorectal cancer (CRC), likely through perturbations in metabolic traits (e.g., insulin resistance and glucose homeostasis). Identification of interactions between variation in genes and these metabolic risk factors may identify novel biologic insights into CRC etiology.

Methods: To improve statistical power and interpretation for gene-environment interaction (G × E) testing, we tested genetic variants that regulate expression of a gene together for interaction with BMI (kg/m²) and diabetes on CRC risk among 26,017 cases and 20,692 controls. Each variant was weighted based on PrediXcan analysis of gene expression data from colon tissue generated in the Genotype-Tissue Expression Project for all genes with heritability ≥1%. We used a mixed-effects model to jointly measure the G × E interaction in a gene by partitioning the interactions into the predicted gene expression levels (fixed effects), and residual G × E effects (random effects). G × BMI analyses were stratified by sex as BMI-CRC associations differ by sex. We used false discovery rates to account for multiple comparisons and reported all results with FDR <0.2.
1 | BACKGROUND

Colorectal cancer (CRC) is a major source of cancer morbidity and mortality worldwide. According to the World Health Organization (WHO), CRC is the third most common cancer worldwide and accounts for approximately 10% of global cancer incidence and mortality (http://globocan.iarc.fr/). Genetic factors play an important role in the etiology of both familial and sporadic CRC.¹ CRC is a complex, multifactorial disease with many genetic and modifiable lifestyle factors including BMI, colorectal cancer, diabetes, gene expression, gene-environmental interaction.

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**Results:** Among 4839 genes tested, genetically predicted expressions of FOXA1 ($P = 3.15 \times 10^{-5}$), PSMC5 ($P = 4.51 \times 10^{-4}$) and CD33 ($P = 2.71 \times 10^{-5}$) modified the association of BMI on CRC risk for men; KIAA0753 ($P = 2.29 \times 10^{-5}$) and SCNIB ($P = 2.76 \times 10^{-4}$) modified the association of BMI on CRC risk for women; and PTPN2 modified the association between diabetes and CRC risk in both sexes ($P = 2.31 \times 10^{-5}$).

**Conclusions:** Aggregating G × E interactions and incorporating functional information, we discovered novel genes that may interact with BMI and diabetes on CRC risk.

**KEYWORDS**

BMI, colorectal cancer, diabetes, gene expression, gene-environmental interaction.
diet, obesity, physical activity, and diabetes among others contributing to its etiology.

Obesity, compared to normal weight, is associated with greater risk of CRC in a dose-response manner. According to a recent World Health Organization report, 39% of adults (1.9 billion) aged 18 years and older were overweight, and 13% (650 million) were obese (https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight). With a growing obesity epidemic, the number of people with diabetes has also dramatically increased from 108 million in 1980 to around 500 million in 2018 worldwide (https://www.who.int/news-room/fact-sheets/detail/diabetes). These trends are expected to continue, and will likely continue to contribute to the burden imposed by CRC in the coming decades. Sex has been found to modify the association between obesity and CRC risk: the risk of developing CRC is often higher in obese men compared to obese women. These sex differences may be contributed to differences in sex hormones whereby estrogens, in particular, derived from adipose tissue offset the risk otherwise mitigated by obesity more so for women than men. Obesity and diabetes are interrelated risk factors for CRC that may impact CRC risk through metabolic abnormalities including pathways related to inflammation, insulin, and glucose homeostasis. Findings from meta-analyses have indicated that diabetes is associated with CRC. However, these variants only explain a fraction of total heritability. Given the complexity of CRC etiology, it can be expected that a closer investigation of gene-environment (G × E) interactions may help identify additional loci and biological interactions that give insight to the pathogenesis of CRC. A few studies have investigated G × E interactions with BMI and diabetes for CRC risk, mainly focusing on the single nucleotide polymorphisms (SNPs) that had been previously identified by GWAS. The candidate G × E analysis by Sainz et al indicated that SNPs in IGFBP2 (rs4402960) and PPARG (rs1801282) may interact with diabetes on CRC risk. As statistical power remains a major concern for G × E analysis, conducting set-based G × E testing and incorporating functional genomic information may improve power and help to interpret the underlying biology.

In this study, we conducted a novel set-based genome-wide approach to test interactions between genetic predicted gene expression and BMI and diabetes with CRC risk. We applied MiSti, a set-based G × E testing framework which allows for incorporation of functional information.

2 | METHODS

2.1 | Study participants

We used epidemiological and genetic data of 26,017 incident CRC cases and 20,692 controls from 33 participating studies in three international CRC consortia: the Genetics and Epidemiology of Colorectal Cancer Consortium (GECCO), the Colorectal Transdisciplinary Study (CORECT) and the Colon Cancer Family Registry (CCFR). Details have been published previously. Participants with non-European ancestry were excluded because of small sample sizes. All studies were approved by their respective Institutional Review Boards.

2.2 | Genotype data

Details on genotyping and imputation have been reported previously. In brief, DNA was mostly obtained from blood/buccal samples. Several platforms (the Illumina HumanHap 300 k, 240 k, 550 k and OncoArray 610 k BeadChip Array system, or Affymetrix platform) were used for genotyping. Samples were excluded based on sample call rates ≤97%, heterozygosity, unexpected duplicates or relative pairs, gender discrepancy and principal component analysis (PCA) outlier of HapMap2 CEU cluster. SNPs were excluded on the basis of inconsistency across platforms, call rate <98%, and out of Hardy-Weinberg equilibrium (HWE) in controls (P < .0001). SNPs were imputed to the Haploview Reference Consortium (HRC version r1.0), and restricted by imputation accuracy (R² > 0.3 for SNPs with MAF >1%, R² > 0.5 for SNPs with MAF >0.5% and <1%, and R² > 0.99 for SNPs with MAF <0.05%).

2.3 | Estimation of gene expression levels

Functional information was generated from PrediXcan, which used an elastic net penalized regression to select eQTLs that jointly predict gene expression levels based on genome-wide genotypes and transcriptome data from 169 colon tissue samples from the GTEx project (GTEx v6). While GTEx measured gene expression at two different locations in the colon (sigmoid and transverse), we restricted analysis to the transverse. The transverse colon samples were done on the muscularis tissue, which is less relevant for CRC development. The heritability of gene expression levels explained by the SNPs (predictive R²) were calculated using a mixed-effects model. The estimated weights and predictive R² for eQTL sets associated with individual genes were downloaded from the publicly available PredictDB.
Repository (http://hakyimlab.org/predictdb/). Genes with $R^2 \geq 0.01$ were selected for interaction analyses. A total of 4839 genes were included.

2.4 Exposure assessment

Demographics and environmental exposures were self-reported at either in-person interview or via structured self-administered questionnaires, based on each participating study. A multistep, iterative data harmonization procedure was applied, reconciling each study’s unique protocols and data collection instruments.13,23 Numerous quality-control checks were performed, and outlying values of variables were truncated to the minimum or maximum value of an established range for each variable. Variables were combined into a single dataset with common definition, standardized coding, and standardized permissible values. For the main exposure variables (BMI and diabetes), continuous measurement of BMI (per 5 kg/m²) excluded participants below 18.5 kg/m² as well as a binary self-reported diagnosis of diabetes were used.

2.5 Statistical analysis

Individual level genotyping and environmental data were used for statistical analysis. We used MiSTi,16 a set-based statistical framework providing mixed effects score tests for G × E interaction, to identify genes with eQTLs that interact with BMI or diabetes on CRC risk. MiSTi models the G × E interaction effects with two components, the fixed- and random-effect components. The fixed-effect component incorporates the weights from PrediXcan to calculate the genetically predicted gene expression levels for samples in our data, and then assesses the interaction between the predicted expression of each gene and BMI as well as diabetes. The random-effects component quantifies residual interaction effects that are not accounted for by the fixed-effect component. To combine the fixed and random effects components, we used the data-adaptive weighted combination approach under MiSTi (aMiSTi).16 All BMI analyses were stratified by sex as BMI-CRC associations differ by sex. As associations for diabetes and CRC have been reported to be similar for men and women, we analyzed diabetes-by-SNP associations in men and women combined and included sex as a covariable. Genes with false discovery rate (FDR) <0.2 were considered statistically significant.

For G × E interactions discovered in our analysis, we conducted secondary analyses with multivariable-adjusted generalized linear regression models to assess main effects and interactions between individual eQTL variants and BMI/diabetes on CRC risk. A sequential analysis was conducted where we started with the most significant SNP with the G × E interaction, then took the next significant one while adjusting for the first one, and so forth until the SNP’s $P$-value was greater than .05. Age, study and PCs were adjusted for BMI models, and sex was additionally included in the sequential analysis for diabetes-by-SNP associations. eQTL variants which drive the significant interaction effects were identified and reported. All statistical analyses were performed using R (version 3.4.4).

3 RESULTS

The demographic characteristics and exposures of interest are summarized in Table S1. Compared to controls, cases had a higher BMI (27.4 vs 26.7 kg/m²) and a higher prevalence of diabetes (13.5% vs 10.7%). The main effects of BMI and diabetes on CRC risk for each study individually and combined are summarized in Figures S1A, S1B, and S2, respectively. Among men, each 5 kg/m² increase in BMI was associated with 24% higher risk of CRC (fixed effect OR = 1.24, 95% CI 1.19-1.29, $P$-value < .01); among women, each 5 kg/m² increase in BMI was associated with 12% higher risk of CRC (fixed effect OR = 1.12, 95% CI 1.09-1.15, $P$-value < .01). In addition, diabetes was associated with a 22% higher risk of CRC (fixed effect OR = 1.22, 95% CI 1.14-1.30, $P$-value < .01) compared to those without diabetes.

Among the 4839 genes tested, we observed interactions between genetically predicted expression and BMI for CRC risk at FDR <.2 for three genes among men, and two genes among women (Table 1; Figure S3A and S3B). All genetic signals in the five genes were detected by the random-effect components (Table 1). Among men, the most significant gene was FOXA1 ($p_{\text{interaction}} = 3.15 \times 10^{-5}$) located on 14q21.1. A total of 43 eQTLs were included in this gene. The second most significant gene was CD33 ($p_{\text{interaction}} = 2.71 \times 10^{-4}$, located on 19q13.3) with 30 eQTL included in the interaction test for this gene. Another gene, PSMC5, located on 17q23.3 also surpassed the FDR threshold and interacted with BMI among men ($p_{\text{interaction}} = 4.51 \times 10^{-4}$), with 32 eQTL tested. Among women, KIAA0753 ($p_{\text{interaction}} = 2.29 \times 10^{-5}$, located on 17p13.1) and SCN1B ($p_{\text{interaction}} = 2.76 \times 10^{-4}$, located on 19q13.11) showed interactions with BMI on CRC risk. There were 30 and 11 eQTLs included in the interaction testing of these two genes, respectively.

When studying interactions with diabetes, we observed that the eQTLs of PTPN2 located at 18p11.21 modified the association between diabetes and CRC risk ($p_{\text{interaction}} = 2.31 \times 10^{-5}$) (Table 1; Figure S4). The interaction signal was mainly from the interaction of genetically predicted gene expression with diabetes ($p_{\text{interaction}} = 1.03 \times 10^{-5}$), detected by the fixed-effect components. A total of 95 eQTLs predicted the expression level of this gene.
In secondary analysis we assessed main effects and interactions of individual variants with BMI or diabetes on CRC risk for each gene set that showed FDR <0.2. The results suggested that associations observed for FOXA1, CD33, PSMC5, and PTPN2 might be largely driven by some specific individual variants (Table S2). In Tables S3A and S3B, we demonstrated the associations of the predicted gene expression on CRC risk stratified by BMI at quartiles and diabetes.

### DISCUSSION

In this large genome-wide investigation using transcription data to inform G × E interaction testing, we observed suggested interactions between genetic predicted gene expression and BMI and diabetes for risk of CRC. The strongest association was for FOXA1 and BMI with CRC risk for men, and the predicted gene expression level of PTPN2 interacted with diabetes on CRC risk among men and women combined. Our findings also suggested that the gene expression levels of CD33 and PSMC5 may interact with BMI on CRC risk among men and women combined. Our results also suggested that the gene expression levels of KIAA0753 and SCN1B may interact with BMI on CRC risk among women. The identified genes are novel in modifying BMI-CRC and diabetes-CRC associations.

Our most significant result in the BMI interaction analysis was for the FOXA1 (Forkhead Box A1) gene-BMI interaction for CRC risk, among men. FOXA1 is a transcription factor that belongs to the FOX gene superfamily, which is responsible for various biological processes, including cell proliferation, apoptosis and differentiation. Several studies have found that FOXA1 expression in cancer tissues was associated with multiple types of human cancers, reflecting its crucial roles in cellular processes. According to Sahu et al., besides pioneering the androgen receptor (AR) pathway, FOXA1 depletion elicited extensive redistribution of AR-binding sites on LNCap-1F5 cell chromatin that was commensurate with changes in androgen-dependent gene expression signature. They also found that the role of FOXA1 in androgen signaling is distinctly different from that in estrogen signaling, providing evidence to the results that FOXA1 was associated with CRC and interacted with BMI only among men, but not women. A recent study detected the expression of FOXA1 in samples of CRC tissues and matched noncancerous tissues using immunohistochemistry to determine the clinical significance of FOXA1 and its role in CRC. Their research demonstrated that the FOXA1 expression level in cancer tissues was significantly higher among CRC cases compared to noncancer specimens, and positive expression of FOXA1 in cancer tissues was associated with poor clinical-pathological characteristics as well as poor prognosis of CRC. Though many existing studies indicated the strong associations between FOXA1 expression in cancer tissues and human cancers, so far none of them focused on interactions between FOXA1 and BMI on cancers. In our genome-wide G × BMI interaction scans, we demonstrated that genetic variants in FOXA1 interacted with BMI among men. Further exploration suggested that multiple genetic variants in the tested gene-set contributed to the FOXA1-BMI interaction effect. This interaction may be explained by the observation that FOXA1 binds to four distinct intronic regions of the FTO (fat mass and obesity associated) gene, which has a known predisposing role to obesity. However, functional follow up analysis are needed to shed further light on this interaction effect of this gene. Overall, previous literature provides strong support for a potential role of FOXA1 in CRC which may be mediated through the FTO gene that could explain the observed interaction with obesity.

We identified an interaction between PTPN2 (protein tyrosine phosphatase nonreceptor-type 2) and diabetes with

### Table 1

Results for interactions of eQTLs with BMI and diabetes and risk of colorectal cancer with a FDR <0.2

<table>
<thead>
<tr>
<th>Gene name</th>
<th>CHR</th>
<th># of SNPs</th>
<th>R²</th>
<th>Fixed-effect component</th>
<th>Random-effect component</th>
<th>Adaptive weight</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Fixed-effect component</td>
<td>Random-effect component</td>
<td>Adaptive weight</td>
</tr>
<tr>
<td>BMI</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td>Male</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FOXA1</td>
<td>14q21.1</td>
<td>43</td>
<td>1.90%</td>
<td>0.125</td>
<td>1.03 × 10⁻⁵</td>
<td>3.15 × 10⁻⁵</td>
</tr>
<tr>
<td>CD33</td>
<td>19q13.3</td>
<td>30</td>
<td>1.87%</td>
<td>0.963</td>
<td>1.28 × 10⁻⁴</td>
<td>2.71 × 10⁻⁴</td>
</tr>
<tr>
<td>PSMC5</td>
<td>17q23.3</td>
<td>32</td>
<td>10.50%</td>
<td>0.719</td>
<td>9.96 × 10⁻⁵</td>
<td>4.51 × 10⁻⁴</td>
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<td>Female</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>KIAA0753</td>
<td>17p13.1</td>
<td>30</td>
<td>14.49%</td>
<td>0.029</td>
<td>5.91 × 10⁻⁵</td>
<td>2.29 × 10⁻⁵</td>
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<tr>
<td>SCN1B</td>
<td>19q13.11</td>
<td>11</td>
<td>2.27%</td>
<td>0.426</td>
<td>6.33 × 10⁻⁵</td>
<td>2.76 × 10⁻⁴</td>
</tr>
<tr>
<td>Diabetes</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>PTPN2</td>
<td>18p11.21</td>
<td>95</td>
<td>7.87%</td>
<td>1.03 × 10⁻⁵</td>
<td>0.605</td>
<td>2.31 × 10⁻⁵</td>
</tr>
</tbody>
</table>

*R²* is the heritability in gene expression.

Pathway, FOXA1 depletion elicited extensive redistribution of AR-binding sites on LNCap-1F5 cell chromatin that was commensurate with changes in androgen-dependent gene expression signature. They also found that the role of FOXA1 in androgen signaling is distinctly different from that in estrogen signaling, providing evidence to the results that FOXA1 was associated with CRC and interacted with BMI only among men, but not women. A recent study detected the expression of FOXA1 in samples of CRC tissues and matched noncancerous tissues using immunohistochemistry to determine the clinical significance of FOXA1 and its role in CRC. Their research demonstrated that the FOXA1 expression level in cancer tissues was significantly higher among CRC cases compared to noncancer specimens, and positive expression of FOXA1 in cancer tissues was associated with poor clinical-pathological characteristics as well as poor prognosis of CRC. Though many existing studies indicated the strong associations between FOXA1 expression in cancer tissues and human cancers, so far none of them focused on interactions between FOXA1 and BMI on cancers. In our genome-wide G × BMI interaction scans, we demonstrated that genetic variants in FOXA1 interacted with BMI among men. Further exploration suggested that multiple genetic variants in the tested gene-set contributed to the FOXA1-BMI interaction effect. This interaction may be explained by the observation that FOXA1 binds to four distinct intronic regions of the FTO (fat mass and obesity associated) gene, which has a known predisposing role to obesity. However, functional follow up analysis are needed to shed further light on this interaction effect of this gene. Overall, previous literature provides strong support for a potential role of FOXA1 in CRC which may be mediated through the FTO gene that could explain the observed interaction with obesity.

We identified an interaction between PTPN2 (protein tyrosine phosphatase nonreceptor-type 2) and diabetes with
are found abnormally expressed in carcinoma cells and tumor biopsies, and their activity is associated with aggressive features and cancer progression. Expression of the Na\textsubscript{v}1.5 isoform in breast tumors was found to be correlated with metastases development and patients’ death, and SCN1B mRNA was also discovered to be more abundant in highly invasive prostate cancer cell lines. Our study revealed that the gene SCN1B significantly interacted with BMI on CRC risk, though the interaction became non-significant after Bonferroni correction. It is possible that obesity interacts with Na\textsubscript{v} and further affects the regulations of cellular functions, resulting in various types of human cancers including CRC; further follow up studies are warranted.

Several strengths and limitations need to be considered when interpreting the findings. In our study, which is the largest to date to investigate gene-BMI and gene-diabetes interactions on CRC risk, we integrated colon-specific gene expression data to inform interaction testing. However, the tissue collection of the gene expression is suboptimal given that the transverse colon tissue samples from the GTEx Project covers the entire colonic wall, which not only included the epithelial cells of the mucosa from which CRC derived, but also all other tissue layers, which dilutes the epithelial gene expression profile. For this reason, we used the gene expression data from the transverse colon tissues instead of the sigmoid colon tissues in the GTEx project, as the sigmoid colon tissue samples were collected from the muscle tissues only. We did not include other tissues, as we have observed that colorectal cancer risk loci are enriched of colorectal tissue specific enhancer marks, which are key regulators for gene expression. We also did not narrow down our analysis further using marginal eQTLs that have achieved transcriptome-wide association study (TWAS) significance level, because we were concerned that we might miss novel interactions. We combined colon and rectal cancer cases together, because the comprehensive analysis of The Cancer Genome Atlas (TCGA) demonstrated that colon and rectal cancer are very similar. To improve statistical power, we used our novel statistical set-based G \times E mixed effects score tests, MiSTi, which allows testing of both fixed- and random-effects of the interaction. As expected, the predicted heritability in gene expression differs between the genes. Accordingly, our statistical power to detect interaction between genetic-defined gene expression (fixed effects) varies and is higher for more heritable genes, given the effect size are the same. In other words, if there is little evidence for E and predicted gene expression, it could be due to low $R^2$ for the gene. Since expression levels of different genes may differ across populations and our analysis was limited to those of European descent, our results may not be necessarily generalizable to other race/ethnicity groups. Furthermore, the self-reported BMI and diabetes measurements might be
subjected to recall bias, however, we found similar effects for prospective cohort studies and case-control studies. Lastly, future independent replications are warranted, since FDR <0.2 is not stringent.

In summary, by incorporating functional information and conducting aggregated gene-based testing, the most significant interactions we observed where between FOXA1 and BMI among men, and between PTPN2 and diabetes for CRC risk. Other suggested genes interacting with BMI at FDR <0.2 included CD33 and PSMC5 among males, and SCN1B and KIAA0753 among females. These findings provide support for potential new biological insights that could help in understanding the underlying mechanisms of BMI and diabetes on CRC. Independent replication and functional follow-up studies are warranted to confirm the functions of these genes in relation to BMI/diabetes and CRC development.

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CONFLICT OF INTEREST

None.

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**DATA AVAILABILITY STATEMENT**
Research data are not shared.


**SUPPORTING INFORMATION**

Additional supporting information may be found online in the Supporting Information section.

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