# The Development of Encapsulated Cell Technologies as Therapies for Neurological and Sensory Diseases.

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## 1 Abstract

2 Cell encapsulation therapies involve the implantation of cells that secrete a 3 therapeutic factor to provide clinical benefits. The transplanted cells are protected 4 from immunorejection via encapsulation in a semipermeable membrane. This 5 treatment strategy was originally investigated as a method for protecting pancreatic 6 islets from immunorejection, thus allowing them to secrete insulin as a chronic 7 treatment for diabetes. Since then a significant body of work has been conducted in 8 developing cell encapsulation therapies to treat a variety of different diseases. Many 9 of these conditions involve neurodegeneration, such as Alzheimer's and Parkinson's 10 disease, as cell encapsulation therapies have proven to be particularly suitable for 11 delivering therapeutics to the central nervous system. This is mainly because they 12 offer chronic delivery of a therapeutic and can be implanted proximal to the affected 13 tissue, bypassing the blood brain barrier, which is impermeable to many agents. 14 Whilst these therapies are not yet widely available in the clinic, promising results 15 have been obtained in several advanced clinical trials and further developmental 16 work is currently underway. This review specifically examines the development of 17 encapsulated cell therapies as treatments for neurological diseases and evaluates 18 the challenges that are yet to be overcome before they can be made available for 19 clinical use.

20

## 21 Keywords

22 Encapsulation, neurotrophin, Alzheimer's disease, Parkinson's disease, hearing loss,

23 retinal degeneration, epilepsy, stroke

#### 24 1.0 Introduction

25 Cell encapsulation therapy is the delivery of a therapeutic substance using cells 26 encapsulated in a semipermeable membrane. It was originally investigated as a 27 method for providing chronic insulin delivery to treat diabetes without the need for 28 immunosuppression, using pancreatic islets encapsulated in a semipermeable 29 membrane [1]. As a treatment for diabetes, cell encapsulation therapy represents a 30 significant improvement over conventional treatments, such as repeated insulin 31 injections and transplantation of unencapsulated islets. As encapsulated pancreatic 32 islets are responsive to elevations in blood sugar levels, there is no need for 33 repeated insulin injections. The islets are also protected from immunorejection by the 34 encapsulation material, thus chronic immunosuppression, required following 35 implantation of unencapsulated islets, is not necessary. The semipermeable 36 encapsulation material is also permissive of the exchange of wastes and nutrients, 37 thus facilitating the survival and function of the encapsulated islets over long periods 38 post transplantation (figure 1). Thus, as a treatment for diabetes, cell encapsulation 39 therapy represents a significant improvement over current therapies. These benefits 40 are an example of the broader potential of cell encapsulation therapy as therapies for 41 other chronic diseases, of which there are few or no effective treatment options.

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43 Cell encapsulation therapies have also been developed as potential treatments for a 44 variety of neurological diseases. One of the reasons for this broad applicability is that 45 the encapsulated cells can be genetically manipulated to secrete practically any 46 therapeutic protein that the gene sequence is known for. These therapies are 47 particularly useful to deliver therapeutics that cannot be delivered systemically, such 48 as neurotrophins, which elicit significant side effects when delivered systemically and 49 have a short half-life [2, 3]. Neurotrophins are proteins that have significant survival 50 effects on neurons and have demonstrated potential in supporting neuronal 51 populations that degenerate in diseases such as Alzheimer's and Parkinson's

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52 disease [4, 5]. Numerous neurological studies have demonstrated that cell 53 encapsulation therapies are safe and efficacious in pre-clinical and clinical studies 54 and clinical trials are currently underway for a number of cell encapsulation therapies 55 for several neurodegenerative diseases. The first Phase I clinical trials to be 56 conducted using cell encapsulation therapies for neurological disorders were 57 completed in the mid 1990's in the context of amyotrophic lateral sclerosis and 58 chronic pain but no further trials were conducted [6, 7]. However, other cell 59 encapsulation therapies are currently in advanced clinical trials following promising 60 results in preclinical and early clinical studies. This review deals with the application 61 of encapsulated cell technologies to treat disorders of the peripheral and central 62 nervous systems, as summarised in table 1. It reviews the progress made and the 63 challenges yet to be resolved regarding the development of implants for clinical 64 application.

65

#### 66 **2.0 Neurological Diseases**

#### 67 2.1 Parkinson's Disease

68 The underlying etiology of Parkinson's disease (PD) involves the loss of neurons in 69 different regions of the brain, with most clinical emphasis focussed on the dramatic 70 and disease-defining loss of dopaminergic neurons in the substantia nigra pars 71 compacta. PD is characterized by motor deficits such as a resting tremor, rigidity, 72 bradykinesia and altered posture, symptoms which are often followed later in the 73 disease course by dementia [8, 9]. Much of the motor dysfunction associated with PD 74 results from the loss of nigral dopamine projections to the striatum, but the cause of 75 dementia is not clear [8]. Age is a major risk factor for PD, the incidence of PD in the 76 fifth decade of life is 17.4 per 100,000 people, which increases to 93.1 per 100,000 77 people in the seventh decade of life, with a median onset of 60 years [10, 11]. 78 Therefore, aging populations will see an increasing disease burden. Worldwide it is 79 estimated that 4 million people are affected [12]. The total economic impact of PD is

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80 difficult to estimate but in the USA alone the total annual figure could run as high as
\$US23 billion [12].

82

83 Current pharmacological treatment of PD usually involves oral administration of 84 levodopa (L-DOPA), the precursor to dopamine, to replace what would normally be 85 produced by lost dopaminergic neurons. The efficacy of this treatment is well 86 established, especially in the early stages of PD [13]. However, chronic, systemic 87 administration of L-DOPA results in undesirable side effects [14, 15] and over time 88 the threshold L-DOPA concentration required to elicit side effects decreases, limiting 89 the dosages that can be used safely and hence the effectiveness of the drug [16]. 90 Cell transplantation has been investigated as a method to deliver a more continuous 91 and physiologically 'normal' supply of dopamine to overcome the side effects of 92 systemic L-DOPA administration. Adrenal chromaffin cells were initially used 93 because they naturally produce neurotrophic factors and dopamine. Initial clinical 94 studies using autografts of unencapsulated chromaffin cells demonstrated potential, 95 but the results of several subsequent studies were unsatisfactory, partly due to poor 96 cell survival but also due to a variety of surgical complications resulting in high 97 morbidity [17-20].

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99 Further experimental studies utilized chromaffin cells or PC12 cells, a 100 pheochromocytoma cell line, encapsulated in hollow fibre poly(acrylonitrile-co-vinyl 101 chloride) polymers or poly-I-lysine (PLL) coated alginate capsules [21-23]. In rat 102 models of PD, these implants were effective in increasing the duration of efficacy of 103 systemically-administered L-DOPA over a time course of weeks. However, in the 104 context of PD this is a comparatively short time span and therefore further 105 development is required to extend this timeframe to make these implants clinically 106 relevant.

107 PD pathogenesis has also been linked to neurotrophin deficiencies in the brain and 108 therefore the delivery of the neurotrophins such as brain-derived neurotrophic factor 109 (BDNF) and glial cell-derived neurotrophic factor (GDNF) has been investigated as a 110 treatment strategy. The delivery of both BDNF and GDNF to the brain via intrathecal 111 and intracerebral injection and unencapsulated genetically modified cells has shown 112 potential in supporting dopaminergic neurons and reducing Parkinsonian symptoms 113 in animal models of PD [5, 24-30]. A Phase I clinical trial investigated GDNF delivery 114 via mechanical pump intracerebroventricularly, however no improvements were 115 observed and there was evidence of adverse side effects, such as nausea and 116 depressive symptoms, resulting in the trial being halted in 2004 [31-33]. These 117 negative outcomes may have been due to limited penetration of GDNF into the brain 118 [31]. Two further Phase I trials were then conducted, which used cannulas to deliver 119 GDNF directly to the putamen. Patients in the first of these studies demonstrated 120 improvements in mobility and increases in tyrosine hydroxylase immunoreactivity, the 121 rate-limiting enzyme in dopamine biosynthesis, and tyrosine hydroxylase-positive 122 neurons were also observed in the substantia nigra of treated patients [34]. The 123 second trial involved 34 patients, half receiving GDNF and half receiving a placebo. 124 However, behavioural improvements were not observed in treated patients, despite 125 increased dopamine uptake in the putamen [35]. It is possible that this increased 126 uptake did not then lead to increased dopamine release from these neurons [35]. 127 These trials demonstrate that the method and target of GDNF delivery is critically 128 important in designing an effective PD treatment using neurotrophins and that 129 delivery via cannula to the putamen or ventricles is not suitable.

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131 As cell encapsulation devices can provide targeted, chronic delivery of neurotophins,

they potentially represent a clinically-applicable neurotrophin delivery method.

133 Several preclinical studies have been conducted using GDNF-secreting cells

134 encapsulated in a polyvinyl alcohol matrix contained in poly(ether sulfone) hollow

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135 fibers in both rat and baboon models of PD (figure 2) [36, 37]. These implants 136 produced neurotrophins in the nanomolar range and, in rats, preserved dopaminergic 137 neurons in the substantia nigra and were well tolerated [38-40]. In baboons, the 138 implants required surgical replacement every 20 days and, despite multiple 139 surgeries, implants were well tolerated with no noticeable inflammatory reaction at 140 the sites of surgery [38]. This methodology, though impractical in a clinical setting, 141 was successful in eliciting transient recovery of locomotor activity and increases in 142 DOPA uptake, but not in protecting neurons from death. This may indicate that doses 143 higher than the nanomolar range are required for neuroprotection in larger mammals. 144 Whilst these preclinical studies have yielded promising results, these devices are yet 145 to be tested in a clinical trial as a treatment for PD.

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#### 147 **2.2 Stroke**

A stroke is a localized area of brain infarction, which often results in permanent damage and loss of function. The two main types of stroke are ischemic stroke, due to blood vessel occlusion, and haemorrhagic stroke, caused by rupture of a blood vessel in the brain. Important risk factors for stroke include hypertension, diabetes, hyperlipidemia and tobacco smoke [41]. Stroke is the third leading cause of death and the leading cause of serious, long-term disability in the United States, approximately 795,000 people suffer a stroke annually in the United States and the

- total projected cost of stroke in 2009 was \$68.9 billion [41].
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Neurotrophins such as BDNF have demonstrated neuroprotective effects post stroke in animal models and could therefore potentially be used to preserve neurons post infarction [42, 43]. Devices consisting of cells transfected to secrete GDNF and encapsulated in polysulfone hollow fiber membranes have been tested in rats by implanting them into the brain prior to an ischemic insult [44]. This was successful in reducing neuronal damage caused by the insult [44]. Choroid plexus (CP) cells,

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which secrete a variety of neuroprotective substances including BDNF, nerve growth
factor (NGF), neurotrophin-3 (NT-3) and fibroblast growth factor (FGF), have also
been used in the context of stroke [45]. CP cells, encapsulated in alginate
microcapsules and implanted into the brain, showed protective effects against
ischemic insults in rats [46, 47].

169 Glucagon-like peptide-1 (GLP-1) is another protein that exhibits neuroprotective and 170 neurotrophic activity and has anti-apoptotic effects on neurons [48, 49]. GLP-1 has 171 been tested successfully in animal models of traumatic brain injury, using devices consisting of stem cells transfected to secrete GLP-1 encapsulated in alginate 172 173 microcapsules [49-51]. As yet this device has not been tested in clinical trials. 174 Another device is also currently being trialled in a Phase I/II clinical trial sponsored by 175 Cellmed/Biocompatibles [52]. This device consists of stem cells transfected to 176 secrete CM1, a proprietary version of GLP-1, which is also anti-apoptotic [53]. It is 177 designed to treat intracerebral haemorrhage, a severe form of stroke. As yet data has 178 not been published from this trial.

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#### 180 **2.3 Epilepsy**

181 Epilepsy is one of the most common neurological disorders, affecting over 50 million 182 people worldwide and accounting for 1% of the total global burden of disease [54]. 183 Whilst not all causes of epilepsy are currently understood, any insult that disturbs 184 neuronal function is an important risk factor, such as head trauma, genetic 185 abnormalities, infection and tumours [55]. The economic impact of epilepsy is significant, estimated at \$15.5 billion annually in the USA alone [56]. Up to 70% of 186 187 patients with epilepsy can be successfully treated with anti-epileptic medication, 188 however, these drugs carry with them the risk of adverse effects, including dizziness, 189 sedation, impairment of cognitive function and potential teratogenic effects [57]. In 25 190 to 30% of patients, seizures are drug resistant and cannot be controlled by

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medication [54]. In these patients, therapeutic options are surgery to remove the area
of the brain where seizures originate or attempts to supress seizure activity via vagal
nerve stimulation [57, 58].

194

195 Neurotrophins have been studied as potential therapies for epilepsy and whilst their 196 therapeutic effects are clear in the context of neurodegenerative diseases such as 197 PD, their benefits in the context of epilepsy have not been as evident. In animal 198 models, neurotrophins have been shown to either diminish or worsen symptoms, 199 depending on the dosage administered [59-63]. Larger doses of neurotrophins such 200 as GDNF or BDNF have detrimental effects whilst the continual administration of 201 smaller doses of neurotrophins is beneficial in reducing the symptoms epilepsy [60, 202 61]. Therefore, dosage is of critical importance. The chronic delivery of relatively 203 smaller doses of neurotrophins has been achieved in animal models using implants 204 consisting of cells transfected to secrete BDNF or GDNF encapsulated in 205 polyethersulfone hollow fiber membranes, which are implanted into the brain [60, 61]. 206 Promising results have been obtained in these animal models but as yet they have 207 not been tested in clinical trials.

208

#### 209 2.4 Huntington's Disease

210 Huntington's disease (HD) is a genetic neurodegenerative disease caused by the 211 expression of a mutant form of the protein huntingtin which has deleterious effects on 212 certain populations of neurons [64]. It is one of a group of diseases classified as 213 polyglutamine diseases, which are caused by an expansion of CAG repeats in gene 214 sequences, resulting in proteins that have an expanded stretch of glutamine in their 215 amino acid sequence. Neurons of the striatum are particularly affected, although 216 degeneration also occurs in the cortex and hippocampus and these losses also 217 contribute to the pathogenesis of the disease [65-67]. HD is one of the more common 218 genetic neurodegenerative disease, with a prevalence of 5-7 per 100,000 people

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[68]. Typical duration from diagnosis of HD to death is 20 years, at which point motor
and cognitive deficits are severe, and there are no treatments currently available [68].
However, unlike other neurodegenerative diseases, early detection is possible via
genetic testing for the mutant gene, which is expressed in cells throughout the body
[69]. Therefore, the ability to detect patients who harbour the mutant huntingtin gene
long before symptoms become apparent provides a treatment window that could be
exploited to provide support for affected neurons.

226

227 The capacity for neurotrophins to preserve populations of striatal neurons in rodent 228 and non-human primate models of HD is well documented [70-79]. However, these 229 studies used repeated intracranial injections, which is not a clinically viable treatment 230 strategy. The use of cell-based therapy has been investigated as an alternative. This 231 research has focused on two neurotrophic factors, NGF and ciliary neurotrophic 232 factor (CNTF). The implants used in these studies consisted of calcium phosphate-233 transfected cells mixed with collagen and encapsulated in implants consisting of 234 hollow fibers of poly(acrylonitrile-co-vinyl chloride). In rats and non-human primates, 235 these implants showed protective effects on multiple populations of affected striatal 236 neurons [73, 74, 80, 81]. In rats these implants have been shown to provide a 237 sustained release of NGF for up to one year without adverse effects [80]. A Phase I 238 clinical trial has also been performed using capsules loaded with cells transfected to 239 secrete CNTF in six patients [82]. This study showed that the devices themselves 240 were well tolerated and positive electrophysiological changes were observed in three 241 patients, indicating improved neural circuit function [82]. However, variable survival of 242 the encapsulated cells resulted in variable CNTF secretion [82]. As such, further 243 optimisation of the encapsulation technology is required to achieve greater clinical 244 efficacy. No new clinical trials have been initiated using these implants since 245 publication of the Phase I trial results in 2004 [82].

Cells from the CP are another possible treatment for HD. In rats and non-human primates with striatal lesions, CP cells encapsulated in poly-ornithine coated alginate yielded significant increases in the volume of the striatum and performance in behavioural tests [83-86]. In both animal models only minor tissue reactions were reported and the implants were well tolerated. Further work and optimisation of these implants is required to achieve maximum clinical benefit but current work demonstrates their potential to at least slow the disease course of HD.

253

#### 254 2.5 Alzheimer's Disease

255 Alzheimer's disease (AD) is the most common form of dementia in people over 60 256 and is characterised by a progressive loss of memory and cognition. The main risk 257 factor of AD is age, incidence almost doubles every 5 years post 65 years of age [87, 258 88]. It is a complicated, multifactorial condition whose pathogenesis is incompletely 259 understood. In 2006 the number of people worldwide with AD was 26.6 million and 260 this figure is expected to quadruple by 2050 [89]. Worldwide, populations are aging 261 and this in itself is likely to contribute greatly to increasing the incidence of AD. In 262 2009 in the USA alone, the annual cost of AD was estimated at US\$172 billion and 263 AD was cited as the seventh leading cause of death [90]. There are no completely 264 effective treatments for AD and current clinical strategies involve treatments based 265 on cognitive and neuropsychiatric symptoms of the disease [91]. Commonly used 266 treatments are cholinesterase inhibitors to improve cognitive function and 267 antipsychotic drugs to treat agitation and psychosis in AD patients with dementia 268 [91].

269

In the brain, AD is characterized at the cellular level by the appearance of senile
plaques and neurofibrillary tangles, which are aberrant accumulations of proteins that
are associated with a significant loss of neurons and synapses in the brain [92]. In
addition to abnormal protein accumulation, disturbances in neurotrophins in the brain

274 have also been linked to AD pathology. Neurotrophin receptors are normally 275 expressed at high levels on neurons in the basal forebrain, but expression is 276 drastically reduced in late-stage AD [93]. BDNF levels are also depressed in the AD 277 brain and several studies have shown that decreases in BDNF are associated with 278 AD pathology and that neurons containing neurofibrillary tangles do not contain 279 BDNF [94, 95]. Studies in rodents and primates have shown that exogenous BDNF in 280 the brain positively influences learning and memory, and can reverse cognitive 281 decline and neuronal atrophy seen in these animal models of AD [96, 97]. Therefore 282 neurotrophins show significant promise as a possible therapeutic for AD.

283

284 CNTF has been tested in a mouse model of AD using myoblasts transduced to 285 secrete CNTF and encapsulated in alginate microcapsules [98]. When implanted 286 intracerebroventricularly into mice expressing mutant amyloid precursor protein, or 287 mice injected with amyloid beta, there were significant improvements in cognitive 288 function [98]. GLP-1 has also been tested as a therapy for AD and has been shown 289 to reduce amyloid deposition and has protective effects on neurons against toxicity 290 induced by amyloid beta [48, 99]. To test this molecule in a cell encapsulation setting, 291 human bone marrow-derived stem cells, transfected to secrete GLP-1, were 292 encapsulated in alginate and implanted intracerebroventrically into a transgenic 293 mouse model of AD [100]. In these animals, encapsulated GLP-1 secreting cells 294 were effective in reducing amyloid deposition and suppressing the inflammatory 295 response [100].

296

NGF has also shown significant therapeutic effects against AD. Studies in rodent and
non-human primate models of AD have shown that NGF prevents retrograde
degeneration of cholinergic neurons and can also correct spatial memory deficits
[101-103]. A Phase I clinical trial in patients with mild AD was also conducted

301 whereby autologous, unencapsulated grafts of fibroblasts transduced to secrete NGF

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302 were implanted into the basal forebrain. No adverse effects were observed during 303 this 22 month trial and there were indications of a decrease in the rate of cognitive 304 decline [4]. Several studies have also utilized transfected NGF secreting cells 305 encapsulated in asymmetric hollow fibers of poly(acrylonitrile-co-vinyl chloride) 306 microspheres [80, 81, 104, 105]. In non-human primates, these implants provided 307 support to degenerating neurons in the basal forebrain and promoted resprouting of 308 cholinergic fibers [105, 106]. Implants were also well tolerated and only a minimal 309 astrocytosis proximal to the implants was observed [81]. Whilst these are promising 310 results, the time course of these experiments were approximately one month, which 311 is short in the context of AD [81, 105]. However, in another study these microspheres 312 were implanted into the ventricle of rats over a 13.5 month period; no adverse effects 313 were observed and the microspheres were still capable of secreting NGF at the 314 completion of the study [107]. Furthermore, robust sprouting of cholinergic fibers was 315 observed proximal to the implant, indicating the concentrations of NGF secreted by 316 these implants were sufficient to have trophic effects on surrounding neurons [107]. 317

A Phase Ib clinical trial was conducted in 2008-2009, sponsored by NsGene, using encapsulated NGF-secreting cells (nsG0202) in six AD patients [108]. Four nsG0202 implants were implanted into the basal forebrain nuclei of each patient for a period of 12 months. Data from this trial is not yet published however the devices are reported to be well tolerated and there are promising indications of efficacy [109]. Positive results from this trial would potentially lead to multicentre clinical trials, thus moving this treatment closer to clinical availability.

325

## 326 2.6 Amyotrophic Lateral Sclerosis

327 Amyotrophic lateral sclerosis (ALS) is a debilitating, terminal condition characterized

- by a progressive loss of motor neurons leading to limb paralysis and eventually
- 329 respiratory failure. It is a relatively rare condition, with an incidence of 1.5-2.5 per

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100,000 people, but there is no cure and mean survival post onset of symptoms is
three to five years [110]. Whilst the cause(s) of ALS remain unknown, approximately
10% of cases are dominantly inherited and 20% of these cases are due to mutations
in the superoxide dismutase-1 gene [111].

334

Neurotrophins have been shown to provide neuroprotective effects against motor
neuron degeneration and therefore represent a possible treatment [2, 112]. The
majority of research has been performed using CNTF and promising results in
animals led to a Phase I clinical trial involving systemic administration of CNTF [113].
However, as CNTF is rapidly cleared from the body, relatively large doses were
required, which in turn resulted in unacceptable, often severe, side effects [2].

341

342 To overcome these adverse side effects, cell-based therapies were subsequently 343 studied. In rats, implants consisting of a porous polypropylene filter containing cells 344 transfected to secrete CNTF were capable of slowing axotomy-induced cell death of 345 the facial nerve [114]. These implants were well tolerated and elicited only a small 346 amount of fibrotic tissue growth around the capsules with no penetration of host cells 347 [114]. In a murine model of motor neuronopathy, these implants were effective in 348 increasing survival time by 40% and significantly decreasing motor neuron loss [115]. 349 A similar implant using a hollow fiber membrane constructed from poly(ether sulfone) 350 and containing myoblasts transfected to secrete CNTF was tested in vivo by 351 implantation intrathecally in rats for 3 months [116]. These implants were capable of 352 secreting CNTF for the 3 month implantation period and provided some rescue effect 353 on axotomy-induced neuronal death [116]. A Phase I clinical trial then followed in 354 which six patients were implanted intrathecally for three months, during which time 355 the implants significantly increased CNTF levels in the cerebrospinal fluid (CSF) 356 without the side effects associated with systemic delivery [6, 7]. These implants were 357 also very well tolerated as there was no evidence of cells adherent on the implants

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following their removal at the conclusion of the study [6]. However, it was unclear as
to whether disease progression was slowed by the implants, thus necessitating
further optimization of this strategy to yield clinical benefit and as yet no new clinical
trials have been undertaken since the publication of these results in 1996 [6].

363 In addition to CNTF, GDNF and vascular endothelial growth factor (VEGF) have also 364 demonstrated therapeutic potential in superoxide dismutase-1 (SOD-1) mutant rats 365 and mice, which are models of ALS. Autologous myoblasts or bone marrow-derived 366 mesenchymal stem cells were transduced to secrete GDNF and implanted 367 intramuscularly into SOD-1 mutant rats and mice prior to disease onset [117, 118]. 368 This therapy increased motor neuron survival, delayed disease progression and 369 increased lifespan [117, 118]. VEGF has also been shown to prevent motor neuron 370 degeneration and prolong survival of SOD-1 mutant rodents when delivered 371 intraperitoneally or intracerebroventricularly [119-121]. Two Phase I/II clinical trials 372 sponsored by NeuroNova are currently underway to test the efficacy of VEGF 373 administration via a pump and catheter system intracerebroventricularly [122, 123]. 374 Promising results from this clinical trial could potentially lead to the development of 375 cell encapsulation therapies to deliver VEGF, bypassing issues inherent with a pump-376 based catheter system.

377

## 378 2.7 Chronic Pain

379 Chronic pain is a serious medical problem for a significant number of patients who

380 cannot achieve adequate relief. Whilst an accurate definition is somewhat

381 controversial, it can be defined as pain that extends beyond the expected time frame

of healing. Chronic pain affects at least 116 million adults in the USA alone at a cost

383 of \$560-635 billion annually [124]. Treatment of chronic pain commonly involves

384 systemic delivery of opioids but there are significant issues associated with these

385 drugs, especially when used over long periods of time. Insensitivity to their actions

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can result, necessitating increased dosages that results in further desensitisation and
increased likelihood of adverse reactions and side effects, such as cognitive
impairment, chronic constipation and respiratory depression. With increasing dosage,
side effects can eventually reach a stage where they become unmanageable or
unacceptable to the patient, negating any beneficial effects of the drug. The
production and use of opioids also places a significant strain on health care systems
[125, 126].

393

394 A more 'natural' treatment for chronic pain involves utilizing adrenal chromaffin cells. 395 which secrete a number of anti-nociceptive substances, such as catecholamines, 396 adrenaline, nor-adrenaline, opioid peptides, met-enkephalin and leu-enkephalin [127, 397 128]. As these substances are naturally secreted by chromaffin cells, they are not 398 foreign to the body and therefore pose less risk of side effects and adverse reactions 399 than opioids [127]. Chromaffin cells also express nicotinic receptors, which stimulate 400 secretion of these substances when activated by nicotine, which is a feature that 401 could be utilized in vivo to achieve a level of control over release [129].

402

403 There are numerous studies investigating the potential of encapsulated chromaffin 404 cell implants to treat chronic pain, mainly in rat models of pain. Early studies using 405 suspensions of bovine chromaffin cells injected intrathecally demonstrated promising 406 results in alleviating chronic pain [130-132]. Subsequent studies used bovine 407 chromaffin cells and PC12 cells, a pheochromocytoma cell line, encapsulated in PLL 408 coated alginate capsules. In these studies, encapsulated cells were implanted intrathecally in rats and, in treated animals, levels of norepinephrine and met 409 410 enkephalin were significantly increased in the CSF in response to pain, indicating an 411 antinociceptive effect [133-136].

412 A Phase I clinical trial was conducted with a cohort of patients that were experiencing 413 inadequately managed chronic pain. Patients received implants consisting of bovine 414 chromaffin cells in alginate contained in poly(acrylonitrile-co-vinyl chloride) 415 (PAN/PVC) semipermeable membranes. The implants were well tolerated and there 416 was no evidence of tissue or cellular growth on the surface of the capsules. This 417 study described improvements in the pain ratings reported by implant recipients but 418 did not control for placebo effects [7]. Results from this trial were published in 1996 419 and as yet no new trials have been initiated [7]. A Phase II clinical trial was also 420 conducted, which was a longitudinal study of 15 patients with intractable cancer pain 421 that were implanted with unencapsulated human adrenal medullary tissue 422 intrathecally. This treatment strategy was safe and effective but one of the main 423 disadvantages of the procedure was the requirement for immunosuppression, which 424 could be overcome by encapsulating the adrenal tissue [137]. Whilst further work is 425 required, these treatment strategies are potentially clinically viable and would solve 426 many of the issues surrounding chronic opioid use, especially those related to 427 desensitisation and side effects.

428

# 429 3.0 Sensory Diseases

#### 430 3.1 Hearing Loss

431 Hearing loss reduces the capacity for communication, which can have a major impact 432 on the ability to obtain employment, participate in education and gain skills, and 433 engage in social relationships. Hearing loss also has a significant impact on the 434 health care system. In developed countries, rates of hearing loss are approximately 17% of the adult population (36 million people in the USA). However this figure is 435 436 very dependent on age and is as high as 47% in adults 75 years old and over in the 437 USA. The economic impact of hearing loss in the USA is in excess of \$100 billion 438 annually [138].

439 The most common form of hearing loss is sensorineural hearing loss (SNHL), which typically occurs following damage to, or loss of, cochlear hair cells - the receptors 440 441 responsible for converting the mechanical vibrations of sound into nerve impulses in 442 auditory neurons (ANs). Widespread hair cell loss results in severe to profound 443 SNHL and the only effective therapeutic intervention for these patients is the use of a 444 cochlear implant, a neural prosthesis designed to electrically stimulate the auditory 445 nerve in order to provide the pitch and temporal cues necessary for speech 446 perception. However, ANs undergo progressive degeneration in the absence of hair 447 cells, ultimately resulting in significant neuronal loss after long periods of deafness 448 [139, 140]. Experimental studies from our laboratory indicate that ongoing AN 449 degeneration can compromise the efficacy of the cochlear implant, therefore, there 450 are likely to be important clinical benefits in rescuing ANs from degeneration [139, 451 141-143]. The loss of endogenous neurotrophic factors, such as BDNF and NT-3, 452 normally expressed by hair- and support-cells within the organ of Corti, initiates AN 453 degeneration [144-147]. Numerous studies have demonstrated that intracochlear 454 administration of these neurotrophins via a mini-osmotic pump and cannula-based 455 system can support AN survival in animal models of deafness [148-151]. When 456 combined with chronic electrical stimulation via a cochlear implant, exogenous 457 neurotrophin treatment results in significantly enhanced AN survival compared to 458 neurotrophin treatment alone [150, 152].

459

Whilst these studies have shown the benefits of using neurotrophin delivery combined with electrical stimulation, the delivery of neurotrophins via a mini-osmotic pump/cannulae assembly is not acceptable as a therapy for preserving hearing in a clinical setting. This is due to the finite capacity of the pumps, which necessitate refilling for long-term use, and concerns about infection with multiple use of a cannula or manipulation of an osmotic pump. Therefore, cell encapsulation technology presents an attractive alternative technique as they can be implanted along with the

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467 cochlear implant as part of a once-off surgical procedure and provide the potential for 468 long-term delivery of neurotrophins. Experiments in our laboratory have shown that 469 Schwann cells genetically modified to secrete BDNF or NT-3 are able to enhance the 470 survival of ANs in vitro [153]. The AN survival-promoting effects of BDNF-secreting 471 Schwann cells were subsequently tested in vivo by encapsulating them in PLL 472 coated alginate capsules prior to implantation into deafened guinea pig cochleae 473 (figure 3) [154]. The implants were generally well tolerated and did not cause an 474 adverse reaction. Importantly, in comparison to control (empty) capsules, the 475 implantation of encapsulated BDNF-Schwann cells enhanced AN survival [154]. 476 Similar results were also obtained in cats using CP cells encapsulated in PLL coated 477 alginate [155]. In combination with electrical stimulation from a cochlear implant, this 478 therapy was effective in supporting AN survival in neonatally deafened cats for 479 periods of at least 8 months [155].

480

481 Another cell encapsulation technique that has undergone preclinical evaluation 482 consists of a cochlear implant incorporating an electrode array coated in an agarose 483 gel containing BDNF secreting cells [156]. Over a 48 day trial in vivo, the implant was 484 effective in supporting ANs and elicited only a minimal tissue reaction. However, the 485 exchange of wastes and nutrients was not sufficient to support the cells for any 486 significant length of time, suggesting that an alternative material would be more 487 suitable for this application [156]. Moreover, there is the potential to extend this 488 technology to target the rescue of cochlear hair cells.

489

Studies to date have shown that the implantation of encapsulated cells into the cochlea along with a cochlear electrode array is achievable and therefore potentially clinically viable. However, further data is needed, particularly regarding the long-term safety and performance of implants in preclinical studies and clinical trials. However, neurotrophin delivery to ANs using encapsulated cells in combination with chronic

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495 electrical stimulation from the cochlear implant shows significant potential as a

496 treatment to provide functional benefits for cochlear implant patients.

497

#### 498 3.2 Vision Loss

499 Diseases that result in the degeneration of the retina, producing progressive loss of 500 peripheral vision and eventually central vision loss and blindness, are a significant 501 public health problem. In the USA alone the estimated cost of vision impairment has 502 been estimated at \$35.4 billion [157]. The two most common conditions involving 503 retinal degeneration are retinitis pigmentosa (RP) and age-related macular 504 degeneration (AMD) [158]. RP is characterized by the death of photoreceptors in the 505 periphery of the retina and has complicated and diverse genetic origins that are 506 increasingly being understood [159]. The cause of AMD is even less clear but has 507 origins in the accumulation of waste products in the macula (dry AMD) or the 508 formation of abnormal blood vessels in the retina that allow the leakage of blood and 509 fluid, resulting in swelling and vision impairment (wet AMD) [160, 161]. Like RP, AMD 510 is characterised by a loss of photoreceptors, which particularly affects central vision, 511 that then sets in place additional degenerative changes in the retina [162].

512

513 Treatments for these conditions are limited and currently there are no specific 514 treatments for RP or dry AMD [163, 164]. However, a relatively new treatment for wet 515 AMD is available, which involves intraviteal injections of an anti- VEGF antibody or 516 the antigen binding fragment of the same antibody [165]. VEGF is a major factor 517 associated with the formation of new blood vessels in wet AMD and therefore this 518 treatment acts to inhibit their formation. Whilst anti-VEGF treatments are effective in 519 improving visual acuity, repeated intraocular injections carry the risk of bacterial 520 infection which represents a significant risk to vision. However, this has been 521 documented in only 1% of cases in a clinical trial [166-168].

522 Studies into potential treatments for dry AMD and RP have shown that injection of 523 neurotrophins such as FGF and CNTF into the eye provide protection against retinal 524 photoreceptor degeneration [169-171]. In addition, several neurotrophins exert 525 protective effects on neurons in inner retinal layers, CNTF being one of the most effective in this setting [172]. This is important because retinal ganglion cell (RGC) 526 527 loss can follow degeneration of photoreceptors in the outer retina [162, 173, 174], 528 presumably associated with a loss of trophic support in a manner similar to the loss 529 of ANs following the degeneration of hair cells in the cochlea.

530

531 Whilst intraviteal injections of neurotrophins support the survival of cell populations in 532 the eye, this strategy is not practical for long-term clinical applications [175, 176]. To 533 overcome the need for repeated injections, strategies to achieve chronic delivery 534 have been developed using encapsulated neurotrophin secreting cells, which have 535 been tested in various animal models of RP. The anatomy of the eye makes it 536 particularly suited to such treatment as it is a relatively contained environment and 537 therefore secreted neurotrophins will be somewhat concentrated where they are 538 most needed. These implants consist of CNTF secreting cells in a hollow fiber 539 membrane consisting of poly(ethersulfone) containing an internal scaffold of 540 poly(ethylene terephthalate) yarn, which promotes cell attachment [177, 178]. These 541 implants were tested in rats, dogs and rabbits and were effective in protecting 542 photoreceptors from degeneration and were well tolerated [178, 179]. A study in 543 rabbits showed that this implant is capable of continuous delivery of CNTF at 544 concentrations above therapeutic thresholds for up to one year [179].

545

Following these successful trials in animals, a Phase I clinical trial of six months
duration was conducted to assess the safety and efficacy of these implants. This
study demonstrated that implants recovered from patients still secreted CNTF at

549 concentrations above those deemed to be therapeutic [180]. The implants were also

550 well tolerated, with no systemic or ocular complications observed, with the exception 551 of a single choroidal detachment, which was deemed likely due to mechanical insults 552 sustained during surgery [180]. There were also indications that visual acuity was 553 improved in some patients, but interpretation of these results was hampered by 554 variability, a small sample size of ten patients and lack of adequate controls. Longer 555 term Phase II and a Phase II/III clinical trial are currently underway. A Phase II study, 556 sponsored by Neurotech Pharmaceuticals, was designed to assess the safety and 557 efficacy of their CNTF-producing NT-501 implant in patients with dry AMD over an 18 558 month follow-up period [181]. The NT-501 implant was also tested in a Phase II/III 559 trial in patients with RP, which aimed to assess the performance of these implants in 560 patients out to 2.5 years post implantation [182]. As yet no data has been published 561 from these studies [177].

562

#### 563 **<u>4.0 Future Directions and Conclusions</u>**

564 Significant progress has been made in the development of cell encapsulation 565 therapies as treatments for neurological conditions. However, further challenges still 566 exist before these therapies can be accepted into the clinic. Importantly, more data is 567 needed regarding the longevity of cell encapsulation therapies, as these are 568 designed to be chronic delivery methods. Of primary concern is that the implants are 569 safe, i.e., they can remain in the host for long periods of time without causing 570 adverse reactions. This necessitates that the encapsulation material must be stable 571 in vivo for extended periods, thus remaining biocompatible and protecting the 572 encapsulated tissue from immunorejection. Another important consideration is the 573 consistency of the encapsulation material produced using scaled-up manufacturing 574 techniques, which are required to produce sufficient numbers of devices for large 575 scale clinical trials or for clinical use. Consistency is very important in gaining 576 regulatory approval for use in clinical trials or in the clinic, as variations in the 577 composition or purity of the materials could potentially lead to devices that fail in vivo.

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578 This is particularly pertinent for alginate, as it is derived from algae, a natural product 579 that can contain high levels of contaminating proteins. If adequate purification is not 580 achieved, biocompatibility could be compromised, resulting in a foreign body reaction 581 post implantation and possible capsule destruction [183, 184]. However, using 582 current purification methods, millions of alginate capsules can be produced 583 consistently under good manufacturing practise standards. Additionally, newer 584 manufacturing technologies being developed could see the number of capsules able 585 to be produced increase tenfold. Therefore, alginate is considered a viable material 586 for large scale cell encapsulation therapy. Batch to batch variability is less of an issue 587 for other materials, such as cellulose sulphate, which has been used successfully as 588 part of a cell encapsulation therapy for pancreatic cancer in a Phase I/II clinical trial 589 [185, 186]. Cellulose sulphate can now be produced in large quantities under good 590 manufacturing practice, which is compatible with clinical use [187, 188].

591

592 Longevity data is also important in the context of the encapsulated tissue.

593 Encapsulated cells must not proliferate within the encapsulation device to such a 594 degree that they compromise the integrity of the device, which could potentially 595 expose them to the immune system. The encapsulated cells must also be capable of 596 secreting therapeutics for an acceptable period of time, depending on the therapy in 597 question. Whilst there are still issues to resolve and more data to obtain, cell 598 encapsulation represents a promising treatment strategy against a number of chronic 599 diseases with limited or no treatment options currently available. Considering the 600 social and economic impact of these diseases, the scope of potential benefits to be 601 obtained from cell encapsulation therapies is large.

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## 1222 Figure captions

- 1223 Figure 1. General structure of a cell encapsulation device. Therapeutic-secreting
- 1224 cells are encapsulated in a biocompatible, semipermeable membrane that allows the
- 1225 release of therapeutics, such as neurotrophins, whilst excluding the immune system,
- 1226 preventing immunorejection. The membrane is also permeable to oxygen, nutrients
- 1227 and waste products, thus supporting the survival of encapsulated cells.
- 1228
- 1229 Figure 2. Polyethersulfone hollow fibers containing a polyvinyl alcohol matrix used to
- 1230 encapsulate GDNF-secreting human fibroblasts for implantation into the striatum.
- 1231 (a)–(d) Scanning electron micrograph images of the implant, (a); the glued-end (b);
- 1232 the hollow-fibre membrane pores (c,d); a high power cross-section, (e) a
- 1233 photomicrograph of encapsulated cells implanted for one month in the rat striatum.
- 1234 Devices of similar configurations have also been used the development of treatments
- 1235 for Huntington's and Alzheimer's disease [189].
- 1236
- 1237 Figure 3. Alginate microcapsules containing BDNF-secreting Schwann cells.
- 1238 Schwann cell clumps are visible within the capsule walls. Scale bar =  $500\mu$ M.

Table 1

| Disease   | Device   | Therapeutic                                   | Stage of development   | References |
|---|--|---|--|------------|
| Parkinson's disease   | Transfected mouse myoblasts in a polyvinyl<br>alcohol matrix encapsulated in<br>polyethersulfone hollow fibers   | Neurotrophins<br>(GDNF)                       | Preclinical (completed –published 2004)  | [36-40]    |
| Stroke  | Stem cells transfected to secrete a modified<br>GLP-1 protein encapsulated in alginate<br>microcapsules  | Neurotrophins<br>(GDNF)                       | Phase I/II (ongoing)   | [52]       |
| Epilepsy  | Human cell line transfected to secrete BDNF or<br>GDNF encapsulated in polyethersulfone hollow<br>fiber membranes  | Neurotrophins<br>(GDNF)                       | Preclinical (completed – published 2009 and 2011)  | [60, 61]   |
| Huntington's<br>disease   | Transfected baby hamster kidney cells in a<br>collagen matrix encapsulated in hollow fibers<br>of poly(acrylonitrile-co-vinyl chloride)                                      | Neurotrophins (CNTF)                          | Phase I clinical trial (completed – published 2004)  | [82]       |
| Alzheimer's disease   | Transfected baby hamster kidney cells in<br>hollow fibers of poly(acrylonitrile/vinyl chloride)<br>and poly(D,L-lactide- <i>co</i> -glycolide)<br>biodegradable microspheres | Neurotrophins (NGF)                           | Phase Ib clinical trial (completed 2009 - not yet published)   | [108]      |
| Amyotrophic lateral sclerosis   | Transfected baby hamster kidney cells in a porous polypropylene filter   | Neurotrophins (CNTF)                          | Phase I clinical trial (completed – published 1996)  | [6]        |
| Chronic pain  | Bovine chromaffin cells in an alginate matrix<br>encased in a semipermeable membrane   | Neuroactive,<br>antinociceptive<br>substances | Phase I clinical trial (completed – published 1996)  | [7]        |
| Hearing loss  | Transfected schwann cells in poly-ornithine-<br>coated alginate microcapsules  | Neurotrophins and<br>growth factors           | Preclinical (completed – published 2011)   | [154, 155] |
| Vision loss<br>(age-related<br>macular<br>degeneration &<br>retinitis pigmentosa) | Human retinal pigment epithelium cells in a<br>poly(ethylene terephthalate) yarn scaffold<br>encased in a semipermeable polysulfone<br>hollow-fiber membrane                 | Neurotrophins (CNTF)                          | Phase II clinical trial (retinitis<br>pigmentosa. Completed – not yet<br>published). Phase II/III clinical trial<br>(age-related macular degeneration.<br>Completed – not yet published) | [181, 182] |

Table 1. Summary of cell encapsulation devices used to treat various conditions described in this review and the most advanced stage of

development each device is at currently. GDNF - glial cell-derived neurotrophic factor, CNTF - ciliary neurotrophic factor, NGF - nerve growth

factor.