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## ARTICLE

## Nanoscale probing and imaging of HIV-1 RNA in cells with a chimeric LNA-DNA sensor

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Real-time detection and nanoscale imaging of human immunodeficiency virus type 1 ribonucleic acid (HIV-1 RNA) in latently infected cells that persist in people living with HIV-1 on antiretroviral therapy in blood and tissue may reveal new insights needed to cure HIV-1 infection. Herein, we develop a strategy combining DNA nanotechnology and super-resolution expansion microscopy (ExM) to detect and image a 22 base sequence transcribed from the HIV-1 promoter in model live and fixed cells. We engineer a chimeric locked nucleic acid (LNA)-DNA sensor via hybridization chain reaction to probe HIV-1 RNA in the U3 region of the HIV-1 long terminal repeat (LTR) by signal amplification in live cells. We find that the viral RNA transcript of the U3 region of the HIV-1 LTR, namely PromA, is a valid and specific biomarker to detect infected live cells. The efficiency and selectivity of the LNA-DNA sensor are evaluated in combination with ExM. Unlike standard ExM methods, which rely on additional custom linkers to anchor and immobilize RNA molecules in the intracellular polymeric network, in the current strategy, we probe and image the HIV-1 RNA target at nanoscale resolution, without resorting to chemical linkers or additional preparation steps. This is achieved by physical entrapment of the HIV-1 viral transcripts in the cells post-expansion by finely tuning the mesh size of the intracellular polymeric network.

### Introduction

Nanoscale-resolution imaging and quantification of proteins and nucleic acids in cells and tissues is key to understanding cellular processes and for defining cell phenotypes.<sup>1–3</sup> Probing ribonucleic acid (RNA) molecules in live cells and tissues by pairing in situ hybridization and amplification techniques with

super-resolution imaging technologies would be useful for defining cell types and states in normal and pathological biological settings. For instance, biosensing and imaging techniques that are suited to identifying infected cells that harbor productive or latent human immunodeficiency virus type 1 (HIV-1) *in vivo* are of high interest. HIV-1 establishes latent infection in resting and proliferating CD4+ T-cells, and these cells can persist in people living with HIV-1 despite prolonged antiretroviral therapy (ART).<sup>4</sup> Simple methods for real-time probing of HIV-1-infected cells that persist during ART would enable a better understanding of viral latency, reservoir dynamics and reactivation. Significant research has focused on developing strategies for detecting HIV-1 in plasma, including electrochemical-, optical-, and mechanical-based assays, as well as the use of miniaturized platforms.<sup>5</sup> Current available methods to detect HIV-1 rely on the quantification of proviral DNA and RNA transcripts, including a viral outgrowth assay,<sup>6</sup> *in situ hybridization* RNAscope and DNAscope,<sup>7</sup> and polymerase chain reaction.<sup>8,9</sup> Although highly specific and sensitive (Table S1), these techniques are labor-intensive and require a number of reagents and purifications steps, thus increasing the cost and time of analysis. In addition, these techniques are performed on formalin-fixed cells and paraffin-embedded tissues, hence precluding the real-time detection of HIV-1 DNA and RNA in live cells.

In the present study, a chimeric locked nucleic acid (LNA)-DNA sensor was designed to enable hybridization chain reaction (HCR) for the efficient detection of HIV-1 RNA transcripts in

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Electronic Supplementary Information (ESI) available: Depiction of the HCR mechanism; stability of H2<sub>570</sub> and H2<sub>670</sub> in the presence of I<sub>22</sub> and I<sub>60</sub>; in vitro HCR kinetics; efficiency of the HCR reaction using a double-stranded initiator; specificity of HCR reaction; comparison of efficiency of the HCR reaction using initiators I<sub>22</sub> and I<sub>60</sub>; HCR in cell lysate; stability of H1 and H2 in complex with lipofectamine; viability assay; live confocal microscopy imaging of HCR reaction in live cells; representative photographs of the expanded gels; representative images of nuclei before and after ExM; detection of HCR products by confocal microscopy in non-ExM and ExM samples; quantitative analysis of size and number of the HCR products per cell; quantification of the signal intensity of Dx-FITC under different ExM hydrogel washing conditions; and extracellular hydrogel mesh size evaluation with standard Dx-FITC. See DOI: 10.1039/x0xx00000x

fixed and live cells. Previous studies have indicated that a small-interfering RNA (siRNA) siPromA (Figure 1a) is a potent siRNA transcriptional suppressor of HIV-1 *in vitro* and *in vivo*.<sup>10</sup> siPromA targets the tandem nuclear factor kappa B (NF- $\kappa$ B) binding sites in the HIV-1 long terminal repeat (LTR). We postulate that the PromA target sequence in the viral RNA transcripts of the U3 region of the HIV-1 LTR can be a valid specific biomarker of infected cells as it is highly conserved in different HIV-1 strains and is unique to the HIV-1 genome, with little homogeneity to the human/host genome.

HCR is an efficient enzyme-free amplification biosensing technique based on single-stranded DNA hairpins H1 and H2.<sup>11</sup> Recent studies have reported the imaging and detection of RNA and DNA by HCR in cells from different organisms,<sup>12,13</sup> including tumor cells and living mice.<sup>14</sup> Briefly, the two hairpins H1 and H2 are kinetically trapped in metastable states in the absence of a nucleic acid initiator, I. The introduction of I opens H1 via toehold-mediated strand displacement to expose a domain that opens H2 by hybridization to its sticky end. Upon opening, H2 exposes a domain identical to the sequence of I that triggers a chain reaction of alternating H1 and H2 polymerization steps, ultimately leading to the formation of a nicked double-stranded polymeric DNA. Using this approach, viral RNA transcripts can serve as the initiator and readily trigger signal transduction in fixed cells and tissues. However, to detect intracellular HIV-1 RNA targets in live cells (Figure 1b), the molecular probes H1 and H2 need to overcome several barriers including transfection efficiency, intracellular trafficking, and endosomal escape. These barriers typically limit the uptake and HCR efficiency of the H1 and H2 hairpins in live cells, resulting in poor signal output and high interference due to the intracellular nuclease-mediated degradation of the probes. Hence, the engineering of a highly efficient and specific LNA-DNA chimera probe is key to improving the fluorescence signal or readout provided by HCR in live cells.<sup>15</sup>

In combination with the advanced design of the chimeric LNA-DNA probe for live cell imaging of viral transcripts, we employed super-resolution expansion microscopy (ExM) to precisely localize the viral RNA in the model infected cells in a three-dimensional (3D) matrix. ExM is a powerful tool for imaging preserved cells and tissues, providing nanoscale resolution using conventional diffraction-limited microscopes.<sup>16</sup> ExM involves embedding fixed cells and tissues inside a swellable acrylic-based hydrogel.<sup>17</sup> Following tissue softening and solvent exchange, the hydrogel-specimen composite typically expands 4.5-fold the original size of the hydrogel in pure water by isotropic swelling. As a result, subcellular structures and biomolecules can be separated in space and imaged by fluorescent probes in super-resolution mode on a confocal microscope. When the expansion is uniform in the three dimensions and the fluorescent probes are preserved, the final imaging resolution is improved by a factor of 4, that is, ~70 nm resolution using a ~300 nm diffraction-limited objective lens. ExM protocols for imaging of subcellular structures,<sup>18</sup> proteins,<sup>19</sup> nucleic acids,<sup>20</sup> and lipids<sup>21</sup> have been recently

developed and are continuously being improved.<sup>22</sup> Previous studies have reported that biomolecules, such as RNA proteins and lipids, tend to be washed away or structurally altered during sample mechanical homogenization and expansion, and thus it is necessary to chemically anchor the biomolecules to the polymer network. For instance, RNA molecules were quantified post-expansion in cell culture and intact mouse brain tissues using a custom reagent, LabelX, containing an alkylating group, which reacts with the RNA guanine, and a polymerizable acrylamide moiety.<sup>23</sup> Unlike previous studies, herein, we exploited the size exclusion properties of the acrylic cross-linked hydrogel upon expansion in hypotonic conditions to detect and image model HIV-1 RNA. By physically entrapping the RNA molecules in the highly cross-linked intracellular hydrogel, we probed and localized the HIV-1 RNA target at nanoscale resolution post-expansion without resorting to synthetic chemical linkers or additional preparation steps.

## Experimental

### Materials

HPLC-purified DNA sequences were purchased from Biosearch Technologies (Risskov, Denmark). PAGE-purified DNA-LNA sequence was purchased from Exiqon (Vedbaek, Denmark). DNase I, DNase I buffer, RIPA lysis and extraction buffer, and SYBR Safe DNA gel stain were obtained from Thermo Fischer Scientific (Waltham, MA, USA). RNeasy Mini Kit was purchased from Qiagen. LysoTracker<sup>®</sup> Green DND-26 was purchased from cell signaling technology (MA, USA). EZ Load 20 bp Molecular Ruler, EZ Load 100 bp Molecular Ruler were purchased from BIO-RAD. HeLa cells were purchased from the American Type Culture Collection (Manassas, VA, USA). TZM-bl cells were obtained through the National Institutes of Health (NIH) AIDS Reagent Program, Division of AIDS, NIAID, NIH (Dr. John C. Kappes, Dr. Xiaoyun Wu and Tranzyme Inc.).<sup>24–28</sup> Dulbecco's phosphate-buffered saline, RIPA buffer, poly(ethylene glycol) (PEG) ( $M_w$  3350), and phosphate-buffered saline (PBS) were purchased from Sigma-Aldrich (St. Louis, MO, USA). Trypsin and Dulbecco's modified Eagle's medium (DMEM) were purchased from Lonza (Allendale, USA). Fetal bovine serum (FBS) was purchased from Bovogen (Keilor East, Australia). All chemicals were used without further purification.

### Oligonucleotide sequences

The following DNA and DNA-LNA oligonucleotides modified and non-modified were used. All oligonucleotides were suspended to a final concentration of 100  $\mu$ M in UltraPure<sup>™</sup> DNase/RNase-free distilled water and stored at  $-20$  °C.

H1: 5'-

CTTTCGGCTGGGGACT ACAAAC AGTCCCCAGCGGAAAG TCCCTT-3'

H1<sub>LNA</sub>: 5'-

CTTTCGGCTGGGGACT ACAAAC AGTCCCCAGCGGAAAG TCCCTT-3'

H2<sub>570</sub>: 5'-*GTTTGT* AGT(BHQ-  
 2)CCCCAGCGGAAAG AAGGGA CTTTCCGCTG GGGG CT(Quasar  
 570)-3'  
 H2<sub>670</sub>: 5'-*GTTTGT* AGT(BHQ-  
 2)CCCCAGCGGAAAG AAGGGA CTTTCCGCTG GGGG CT(Quasar  
 670)-3'  
 I<sub>22</sub>: 5'-AAGGGACTTTCCGCTGGGGACT-3'  
 I<sub>60</sub>: 5'CTGACATCGAGCTTGCTACAAGGGACTTTCCGCTGGGGACTT  
 TCCAGGGAGGCGTGGCCT-3'  
 I\*<sub>60</sub>: 5'AGGCCACGCCTCCCTGGAAAGTCCCCAGCGGAAAGTCCCTT  
 GTAGCAAGCTCGATGTCAG-3'  
 I NF-κB binding domain: 5'-GGGACTTCTAGAAATTAT 3'

In the hairpin sequences noted above, bases in bold represent the LNA bases, the underlined bases represent the hairpin loops, and those in italic represent the sticky end portions. The \* symbol denotes complementary strand. For all experiments, the hairpins (H1<sub>LNA</sub>, H1<sub>DNA</sub>, H2<sub>570</sub>, and H2<sub>670</sub>) were heated at 95 °C for 5 min and allowed to cool to room temperature (25 °C) for 1 h.

### Fluorescence measurements

Fluorescence measurements were performed on a Microplate Reader Infinite M200 Pro (Tecan) (Männedorf, Switzerland) with the following settings: λ<sub>ex</sub> 520 nm and emission wavelength, λ<sub>em</sub>, 550–600 nm (for H2<sub>570</sub>) and λ<sub>ex</sub> 620 nm and λ<sub>em</sub> 650–700 nm (for H2<sub>670</sub>) and the following protocols were employed.

In Figure 1d and e, the concentration of the hairpins (H1<sub>LNA</sub>, H1<sub>DNA</sub>, H2<sub>570</sub>, and H2<sub>670</sub>) was 100 nM. The fluorescence signal was monitored for 2 h at 37 °C in PBS pH 7.4 or PBS + 30% PEG<sub>3350</sub> w/v.

Figures S2: The concentration of the hairpins (H2<sub>570</sub> and H2<sub>670</sub>) was 100 nM. The fluorescence signal was monitored for 2 h at 37 °C in PBS pH 7.4 or PBS + 30% PEG<sub>3350</sub> w/v. Different concentrations of I<sub>22</sub> or I<sub>60</sub>, (5, 10, 50, 100, and 500 nM) were added to the mixture reactions containing H2<sub>570</sub> or H2<sub>670</sub>.

Figures 2a–h, S4, S6, and S8: The concentration of the hairpins (H1<sub>DNA</sub>, H1<sub>LNA</sub>, H2<sub>570</sub>, and H2<sub>670</sub>) was 100 nM. Different concentrations of I<sub>22</sub> (Figure 2a, b, e, f, Figure S6), I<sub>60</sub> (Figure 2c, d, g, h, and Figure S8) or I\*<sub>60</sub> (Figure S4) (5, 10, 50, 100, and 500 nM) were added to the reaction mixtures containing H1<sub>DNA</sub> + H2<sub>570</sub>, H1<sub>DNA</sub> + H2<sub>670</sub>, H1<sub>LNA</sub> + H2<sub>570</sub>, or H1<sub>LNA</sub> + H2<sub>670</sub>. The reaction mixtures were incubated at 37 °C for 2 h in PBS pH 7.4 (Figures 2a–h, S4, and S8) or PBS + 30% w/v PEG<sub>3350</sub> (Figures S6 and S8).

Figure S3: The concentration of the hairpins (H1<sub>DNA</sub>, H1<sub>LNA</sub>, H2<sub>570</sub>, and H2<sub>670</sub>) was 100 nM. I<sub>60</sub> at a given concentration (from 5 to 500 nM) was added to the reaction mixtures containing H1<sub>DNA</sub> + H2<sub>570</sub>, H1<sub>DNA</sub> + H2<sub>670</sub>, H1<sub>LNA</sub> + H2<sub>570</sub>, or H1<sub>LNA</sub> + H2<sub>670</sub> after 10 min to allow a stable baseline. The fluorescence signal was monitored for 2 h at 37 °C in PBS pH 7.4. Signal increase of H2<sub>570</sub> or H2<sub>670</sub> was monitored for about 2 h after I<sub>60</sub> addition.

Figure 2j: Fluorescence melting curves were obtained on a Horiba FL-322 Fluorolog-3 spectrometer equipped with a 450 W xenon lamp as the excitation source. All measurements were performed in quartz cuvettes with a volume of 200 μL. For H2<sub>570</sub>, λ<sub>ex</sub> was 520 nm (slit = 5 nm) and emission was acquired in the range from 550 to 600 nm (slit = 5 nm). Melting curves were recorded for H2<sub>570</sub> (at 20 nM), diluted in PBS 1:100 at pH 7.4. A heating range of 24–84 °C with increments of 1.5 °C was applied. For H2<sub>670</sub>, λ<sub>ex</sub> was 620 nm (slit = 5 nm) and emission was acquired in the range from 650 to 700 nm (slit = 5 nm). Melting curves were recorded for H2<sub>670</sub> (at 20 nM), diluted in PBS 1:100 at pH 7.4, within a heating range of 24–84 °C with increments of 1.5 °C. The obtained melting curves were normalized using the interpolation model.<sup>29</sup> T<sub>m</sub>'s were obtained using the same model from the intersection of the calculated median and the experimental melting curve.

### Native gel electrophoresis

The gel experiments were performed 24 h after the addition of I (see above description). The 1% agarose gels were prepared using 1× sodium borate buffer (from Sigma-Aldrich, St. Louis, MO, USA), run at 150 V for 1 h, and stained in 1× SYRB Safe for 30 min. The gels were visualized using Gel-Doc XR+ (Biorad).

### Energy transfer properties

Fluorescence measurements of the signaling hairpins (H2<sub>570</sub> and H2<sub>670</sub>) were performed on a Horiba FL-322 Fluorolog-3 spectrometer equipped with a 450 W xenon lamp as the excitation source. All measurements were performed at 37 °C in quartz cuvettes with a volume of 200 μL, λ<sub>ex</sub> was 520 nm (slit = 5 nm), and emission was acquired in the range from 550 to 600 nm (slit = 5 nm). Fluorescence emission spectra were recorded for four samples: H2<sub>570</sub> (100 nM), H2<sub>670</sub> (100 nM), HCR reaction products obtained by incubating H2<sub>570</sub> (100 nM) + H1<sub>LNA</sub> (100 nM) + I<sub>60</sub> (500 nM) for 2 h at 37 °C, and HCR reaction products obtained by incubating H2<sub>670</sub> (100 nM) + H1<sub>LNA</sub> (100 nM) + I<sub>60</sub> (500 nM) for 2 h at 37 °C. Maximal fluorescence signal was measured after incubation of each sample with DNase I for 60 min at 37 °C. The Förster resonance energy transfer (FRET) efficiency (%) in solution was calculated using Equation (1):

$$\text{FRET (\%)} = (I_{\text{max}} - I_{\text{DA}}) / I_{\text{max}} \times 100 \quad (1)$$

where I<sub>DA</sub> is the donor fluorescence intensity measured during the titration experiments and I<sub>max</sub> is the maximum donor fluorescence emission. I<sub>max</sub> was measured by treating the sample with DNase I, which resulted in degradation of oligonucleotides and loss of quenching from BHQ-2.

### Cell lysate

The cell lysates were prepared according to the RIPA lysis buffer protocol. Briefly, approximately 1 × 10<sup>7</sup> cells (HeLa or TZM-bl cell line) were pelleted by centrifugation at 1000g for 5 min and the supernatant was discarded. The cells were then washed twice in cold PBS and pelleted further by centrifugation at

1000g for 5 min. The RIPA lysis buffer was then added (2 mL) to the washed pellet, together with 25  $\mu$ L of RiboLock RNase. The reaction mixture was then gently mixed for 15 min and centrifuged at 14,000g for 15 min to pellet the cell debris. The supernatant was then transferred to a new tube for the reaction. In the control, H2<sub>570</sub> only at a concentration of 100 nM was added to the supernatant. In the other sample, both H2<sub>570</sub> and H1<sub>LNA</sub> were added at a concentration of 100 nM. The reaction mixtures were incubated at 37 °C for 2 h. The fluorescence was then measured as per the protocols described prior.

#### RNA Extraction

RNA extraction from HeLa and TZM-bl cells was performed using the RNeasy Mini Kit according to the RNeasy Mini Kit protocol. The samples were first digested with DNase I and then incubated with H2<sub>570</sub> (for the control) or H2<sub>570</sub> + H1<sub>LNA</sub> at a concentration of 100 nM. The reaction mixtures were incubated at 37 °C for 2 h. The fluorescence was then measured as per the protocols described prior.

#### Confocal laser scanning microscopy (CLSM) analysis

A Nikon A1 laser scanning confocal microscope was used for the confocal analysis. All samples were imaged ensuring that pixel saturation is avoided and using identical acquisition settings for comparison of fluorescence intensities. The images were analyzed with Fiji software (<http://fiji.sc/>).

#### HCR Studies in fixed cells

For the HCR studies in fixed cells, 40,000 TZM-bl or HeLa cells per well were plated in 12 mm coverslip in 24-multiwell plates and allowed to adhere for 24 h. The cells were then washed once with PBS (1 $\times$  PBS, 10 mM) and fixed with 4% (w/v) paraformaldehyde (PFA) at room temperature for 10 min, followed by three washes with 1 $\times$  PBS. The cells were then permeabilized with Triton 0.1% for 5 min and washed three times. Afterwards, the following solutions H2<sub>570</sub> or H2<sub>570</sub> + H1<sub>LNA</sub> in 0.5 $\times$  PBS were added to the cells and incubated for 1 h. The fixed cells were incubated with 0.5 $\times$  PBS for 1 h for the HCR reaction to proceed. Finally, the cells were washed with a solution of 0.5 $\times$  PBS and collected for the subsequent step. The samples were then mounted using ProLong Gold Antifade Mountant (Thermo Fisher Scientific, USA) and analyzed by CLSM at  $\lambda_{\text{ex}}$  546 nm.

#### HCR Studies in live cells

For the HCR studies in live cells, 40,000 TZM-bl cells per well were plated on Nunc™ Lab-Tek™ II chambered coverglass (Life Technologies, Scoresby, Australia) in DMEM medium supplemented with 10% FBS and allowed to adhere for 24 h. The cells were washed with 1 $\times$  PBS prior to the replacement of DMEM with OPTI-MEM medium. The samples were treated with the following solutions prepared in 0.5 $\times$  PBS and lipofectamine RNAiMAX (used as transfecting agent according to the supplier protocol): H2<sub>570</sub> (final concentration of 50 nM);

H2<sub>570</sub> + H1<sub>LNA</sub> (1:1) (final concentration of 50 nM); or I\*<sub>60</sub> (final concentration 500 nM) 1 h prior to transfection with solution H2<sub>570</sub> + H1<sub>LNA</sub>. After 2 h of incubation, the cells were washed three times with 1 $\times$  PBS and the OPTI-MEM medium was replaced with DMEM. After additional 2 and 4 h, DMEM medium was swapped with Leibovitz medium supplemented with 10% FBS, and the samples were analyzed by CLSM at  $\lambda_{\text{ex}}$  546 nm. For each time point, LysoTracker® Green DND-26 was added to cell culture media to stain the endo-lysosome compartments and the colocalization of HCR products with endo-lysosome compartments was studied. The PCC values were calculated using Fiji ImageJ software.

#### ExM

Solution A (polymerization buffer) consisted of the following: 100 mM PBS, 2 M NaCl, 9% sodium acrylate, 2.5% acrylamide, and 0.15% methylenebis(acrylamide). Prior to use, 0.2% tetramethylethylenediamine and 0.2% ammonium persulfate were added to the buffer. Solution B (digestion buffer) consisted of the following: 0.8 M guanidine chloride, 1 $\times$  TAE (40 mM Tris, 20 mM acetic acid, and 1 mM ethylenediaminetetraacetic acid), and 0.5% Triton. Prior to use, 8 U/mL of proteinase K was added to the buffer. The hold chamber was prepared by laying three stripes of parafilm onto a microscope slide and cutting holes of 10 mm in diameter, which can hold 70  $\mu$ L of solution A and an 11 mm round cover glass.

For the ExM experiments, control HeLa cells and target TZM-bl cells were grown on a 12 mm round cover glass in a 24 multiwell plate. When the cells reached 80% of confluency, they were fixed with 4% PFA for 10 min. After three washes with 1 $\times$  PBS, the cells were treated with 0.1% Triton for 5 min and washed three times with 1 $\times$  PBS. Subsequently, the sample was reacted for 1 h with 25 mM methacrylic acid *N*-hydroxysuccinimide ester (MA-NHS) at room temperature. Upon reaction of MA-NHS monomer with the primary amine groups on the proteins, MA-NHS monomer will anchor native proteins to the hydrogel during polymerization and cross-linking. After three washes with 1 $\times$  PBS, freshly prepared solution A was poured onto the cover glass, which was then placed in the hold chamber for gelation to proceed for 1 h at 37 °C. Then, the cover glass with the polymerized hydrogel was collected, submerged in solution B and kept overnight (12 h) at 37 °C. The sample was then washed with 0.5 $\times$  PBS three times for gel expansion to proceed. After the third wash, the hydrogel was cut and used for the different experiments in which the following solutions prepared in 0.5 $\times$  PBS were added to the hydrogel: H2<sub>570</sub>; H2<sub>570</sub> + H1<sub>LNA</sub>; or H2<sub>570</sub> + H1<sub>LNA</sub> + I\*<sub>60</sub>. Incubation of the hydrogel in these solutions proceeded for 1 h to allow permeation of the reagents in the hydrogel pores. The gel was then incubated with 0.5 $\times$  PBS for 1 h, allowing the HCR reaction to occur. Finally, the hydrogel was washed with 0.5 $\times$  PBS and collected for the subsequent step. The gel was placed onto a 1.5 mm thick microscope slide and analyzed by CLSM at  $\lambda_{\text{ex}}$  546 nm.

### Cell incubation with dextran-fluorescein isothiocyanate (Dx-FITC)

TZM-bl or HeLa cells (40,000 per well) were plated in 12 mm coverslip in a 24 multiwell plate and allowed to adhere for 24 h. The cells were then washed once with 1× PBS and fixed with 4% (w/v) PFA at room temperature for 10 min, followed by three washes with 1× PBS. The cells were then permeabilized with 0.1% Triton for 5 min and washed three times. Subsequently, the sample was either treated as per the same procedure employed for ExM studies and the formed hydrogel was incubated with 500 ng/mL Dx-FITC (10 kDa) for 2 h or directly incubated with 500 ng/mL Dx-FITC for 2 h. In the latter case, after the incubation, the sample was treated accordingly to the ExM protocol. After incubation in digestion buffer, the hydrogel was washed three times either with Milli-Q water or 0.5× PBS for 20 min each wash.

### Statistics

Data are presented as means  $\pm$  standard deviations (SDs) and analyzed using the software package GraphPad Prism v.6.0 (USA, CA). In all cases,  $p < 0.05$  was considered statistically significant.

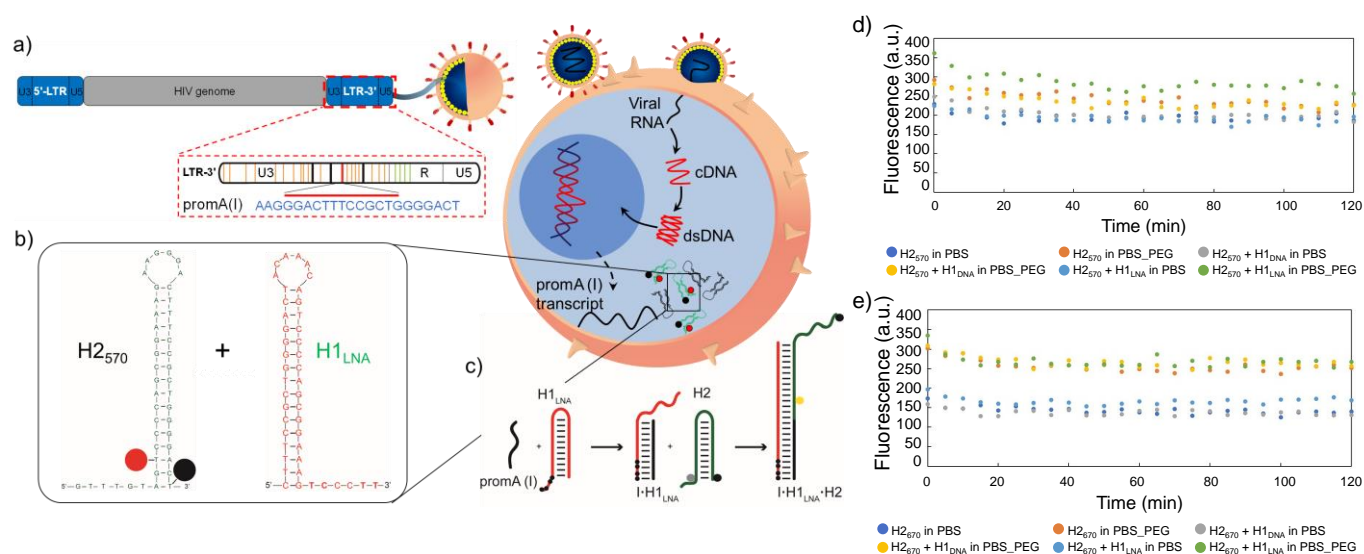
## Results and discussion

### Rational design of chimeric LNA-DNA sensor to detect HIV-1 mRNA

We designed two 16 bp-stem detection hairpins, H1<sub>DNA</sub> and H1<sub>LNA</sub>, partially complementary to the tandem repeat of NF- $\kappa$ B binding sites (PromA target sequence GGGACTTTCGTGGGGACTT) found in the HIV-1 3'LTR region, hereafter referred to as mRNA<sub>PromA</sub> (Figure 1a, 1b and Figure S1). The signaling hairpin, H2, was also designed (Figure 1b) to provide the fluorescence signal upon hybridization with H1<sub>DNA</sub> and H1<sub>LNA</sub>. The target sequence, mRNA<sub>PromA</sub>, acts as the initiator

strand (I) to trigger a chain reaction, resulting in the formation of a fluorescent nicked double strand (Figure 1c). The complementary detection and signaling hairpins (H1<sub>DNA</sub> or H1<sub>LNA</sub> and H2, respectively) were engineered in silico using mfold web server with a 16 bp-stem, 6-base loop, and 6-base sticky end to reside in a metastable equilibrium.<sup>30</sup> The sticky end of the H1<sub>DNA</sub> element was entirely composed of nucleotides, whereas four LNA bases (black circles in Figure 1c) were introduced in the sticky end of H1<sub>LNA</sub>.

LNA are nucleotides bearing a ribose ring "locked" by a 2'-O-CH<sub>2</sub>-4' linkage. In the rigid bicycle, the number of conformational degrees of freedom, including rotations around internal bonds, is reduced. As a result, the methylene bridge locks and preorganizes the sugar into an RNA-like C3'-endo configuration.<sup>31</sup> The preorganization of the sugar moiety reduces the hybridization entropy penalty upon base pairing. In addition to the net reduction in the entropy change, a favorable hybridization enthalpic contribution can be observed due to the enhancement of hydrophobic interactions and  $\pi$ - $\pi$ -stacking between the bases.<sup>31</sup> Overall, the incorporation of LNA nucleotides into a strand of DNA or RNA improves the thermal stability and selectivity of oligonucleotides when hybridized to a complementary DNA or RNA strand.<sup>32-34</sup> We postulate that introducing LNA in the sticky end may affect the kinetics and thermodynamics of the HCR process, thus leading to an increase in HCR yield (i.e., high fluorescence output), a faster response, and a decrease in the effective amount of probe necessary for hybridization. To provide a fluorescent signal, H2 was modified with a fluorophore-quencher pair QUASAR®-Black Hole Quencher®-2 (BHQ-2). In addition, to explore the effect of the fluorophore-quencher pair on the HCR efficiency, H2 modified with QUASAR® 570 (H2<sub>570</sub>) was compared with H2 modified with QUASAR® 670 (H2<sub>670</sub>) (Figure S1).



**Fig. 1** Schematic representation of an infected cell and mechanism of action of hairpins. Upon cell infection with HIV-1, (a) the viral genome containing the 5' and 3'LTR regions with the PromA target sequence is integrated in the genome. The 5'LTR functions as the virus promoter and the 3'LTR acts to cap viral transcripts and is incorporated into all HIV-1 gene products. (b) Sequence of the H2 signal element and H1<sub>LNA</sub> or H1<sub>DNA</sub> detection element. (c) Hairpins H1 and H2 are stable in the absence of the mRNA<sub>PromA</sub> initiator I. Initiator I can nucleate at the sticky end of H1 and undergo a strand displacement reaction to open the hairpin. The newly exposed sticky end of H1 binds to the sticky end of H2 and opens the

hairpin to expose a sticky end on H2 that is identical in sequence to I. cDNA, complementary DNA; dsDNA, double-stranded DNA. Black circle represents the quencher, grey and yellow circles represent the fluorophore. The black circles in the sticky end region of H1 represent the LNA bases. (d, e) Stability of H2<sub>570</sub> and H2<sub>670</sub> in the presence of H1: fluorescence signal as a function of time of H2<sub>570</sub>, H2<sub>570</sub> + H1<sub>DNA</sub>, or H2<sub>570</sub> + H1<sub>LNA</sub> in PBS or PBS + 30% w/v PEG<sub>3350</sub> (PBS\_PEG) (d) and fluorescence signal as a function of time of H2<sub>670</sub>, H2<sub>670</sub> + H1<sub>DNA</sub>, or H2<sub>670</sub> + H1<sub>LNA</sub> in PBS or PBS\_PEG (e). The concentration of the hairpins (H1 and H2) in the reaction mixture was constant (100 nM). The reaction kinetics was followed for 2 h at 37 °C.

The stability of the engineered hairpins was first examined in PBS at 37 °C (Figure 1d and e). The mixture containing both hairpins, i.e., H1<sub>DNA</sub> or H1<sub>LNA</sub> and H2, remained stable in the absence of strand initiator over at least 2 h (Figure 1d and e) and the signal elements, i.e., H2<sub>570</sub> and H2<sub>670</sub>, also remained stable in the presence of the initiator strand (Figure S2). These results indicate that the engineered sets of hairpins possess the required features to be used as building blocks of the HCR system.

To demonstrate that the addition of I<sub>N</sub>, where N denotes the number of bases, triggers HCR in the presence of H1 and H2, we used a 22-base sequence (thereafter referred to as I<sub>22</sub>) fully complementary to the sticky end and the stem of H1. I<sub>22</sub> has a sequence similar to that of PromA (Figure 1a, Figure S1). To determine the HCR efficiency of the different systems, different combinations of H1 and H2 were examined: (i) H1<sub>DNA</sub> + H2<sub>570</sub>; (ii) H1<sub>DNA</sub> + H2<sub>670</sub>; (iii) H1<sub>LNA</sub> + H2<sub>570</sub>; and (iv) H1<sub>LNA</sub> + H2<sub>670</sub> (Figure 2). An increasing amount of I<sub>22</sub> was added to the reaction mixture to assess the efficiency of HCR as a function of I<sub>22</sub> concentration. The reaction mixtures were incubated under physiological conditions at 37 °C for 2 h. As expected, increasing concentrations of I<sub>22</sub> increased the fluorescence signal in all four combinations (Figure 2a, b, e, f). However, the results suggest that HCR efficiency is affected by the different formats of both H1 and H2. Specifically, the percentage signal gain for the different combinations decreased in the order of H1<sub>LNA</sub> + H2<sub>570</sub> > H1<sub>DNA</sub> + H2<sub>570</sub> > H1<sub>LNA</sub> + H2<sub>670</sub> > H1<sub>DNA</sub> + H2<sub>670</sub>. A 60-base initiator (I<sub>60</sub>) was also examined, comprising the 22 nt target sequence, 3'LTR<sub>PromA</sub> with additional 19 upstream and downstream nucleotides of the LTR sequence (see *Experimental*). Although the target binding site embedded in I<sub>60</sub> is likely less exposed when compared with I<sub>22</sub>, similar fluorescence signals were obtained with both I<sub>22</sub> and I<sub>60</sub> (Figure 2c, d, g, h). The kinetics of the HCR process for the different systems was also investigated (Figure S3). The fastest kinetics was obtained using H1<sub>LNA</sub> as the detection element and H2<sub>570</sub> as the signal element (Figure S3c). It is noted that a double strand DNA containing the 3'LTR<sub>PromA</sub> sequence is unable to act as initiator to trigger a chain reaction as shown in Figure S4. This observation suggests that in live cells, only single strand viral RNA transcripts can be detected by HCR signal transduction.

The specificity of H1<sub>LNA</sub> for PromA sequence was confirmed by using a control sequence 5'-GGGACTTCTAGAAATTAT 3' (I<sub>contr</sub>) consisting of 50% of the bases matching the target sequence PromA and 50% scrambled bases. A negligible fluorescence signal gain (10%) was detected when the I<sub>contr</sub> sequence was employed as the initiator to trigger the chain reaction (Figure S5). To mimic the intracellular crowded milieu *in vitro*, a "crowding agent", a concentrated solution of PEG, was used.<sup>35</sup> The HCR efficiency in the presence of PEG is shown in Figures S6

and S7. The crowding agent improved the efficiency of the HCR process at low concentrations of I by up to 150%, possibly owing to excluded volume effects of the system.<sup>36</sup>

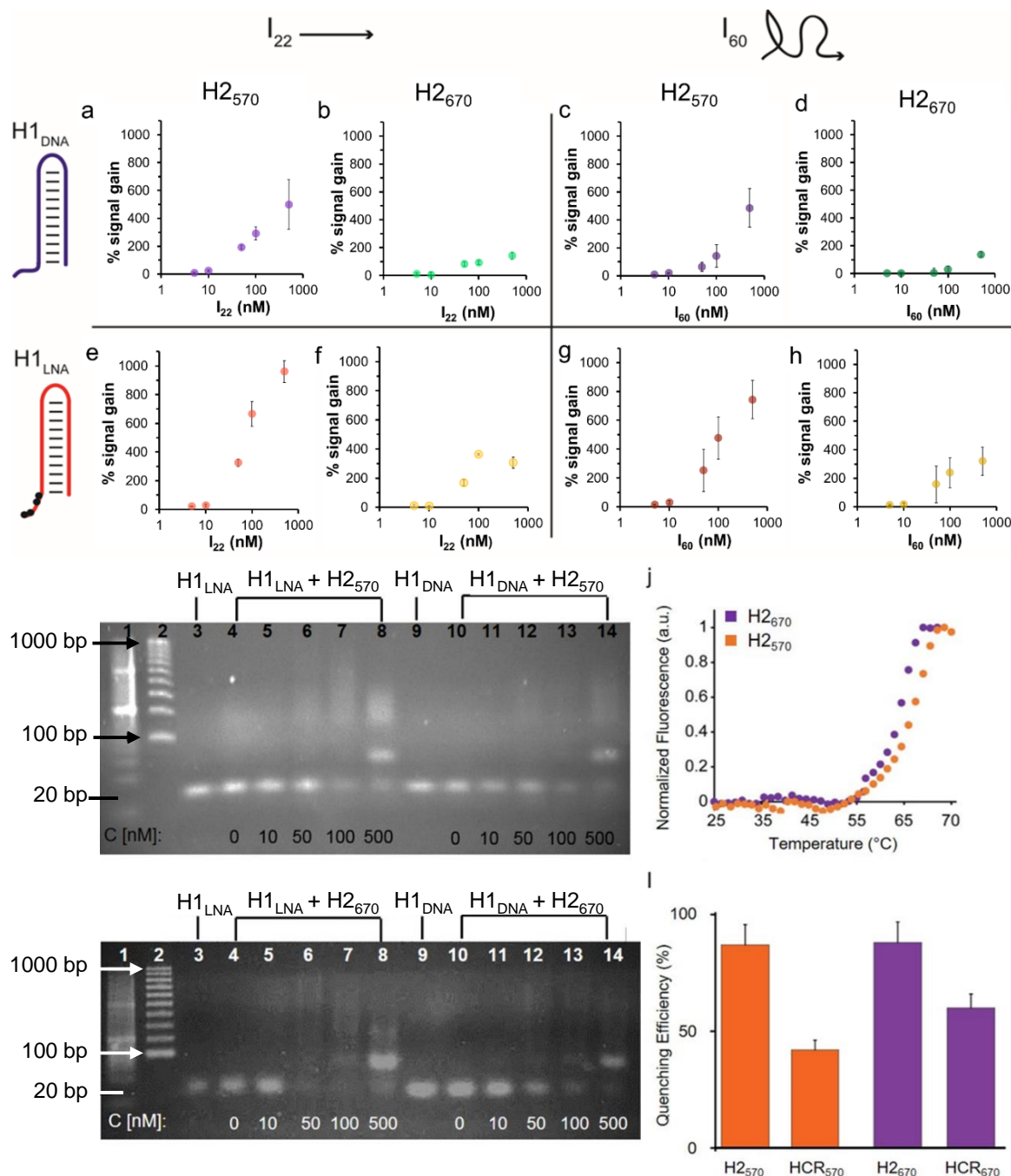
Collectively, a comparison of signal gains as a function of I<sub>22</sub> and I<sub>60</sub> concentrations, including statistical data analysis (Figure S8), indicates that the presence of the LNA bases in the H1<sub>LNA</sub> detection element improves the overall HCR efficiency by 1.3–3.3-fold compared with the conventional HCR process that uses DNA bases. As shown in Table S2, the chimeric LNA-DNA sensor enabled the detection of the target sequence with higher sensitivity compared to the DNA-DNA sensor over the range of concentrations of 5 to 500 nM with a calculated limit of detection of 8–15 nM for the H1<sub>LNA</sub>/H2<sub>570</sub> systems. Interestingly, we found that the fluorophore–quencher pair of H2 can influence the HCR process.

To investigate the structure of the concatemers (Figure 1c) obtained by HCR using all H1–H2 combinations (i)–(iv), agarose gel electrophoresis experiments were conducted on the reaction mixtures obtained by adding different concentrations of I<sub>60</sub> (Figure 2). Figure 2i shows the formation of smeared bands at higher molecular weights when H1<sub>LNA</sub> was used as the detection element at both low and high and concentrations of I<sub>60</sub> (Figure 2i, Lanes 4–8). In contrast, faint bands were observed for the same concentrations when H1<sub>DNA</sub> was used as the detection element (Figure 2i, Lanes 10–14). These results confirm that in the presence of H2<sub>570</sub>, H1<sub>LNA</sub> as the detection element significantly improves the efficiency of the HCR process when compared with H1<sub>DNA</sub>. When H2<sub>670</sub> was incubated with either H1<sub>DNA</sub> or H1<sub>LNA</sub>, a distinct intense band (Figure 2k, Lanes 8 and 14) was observed at the highest concentration of I<sub>60</sub> examined, corresponding to the 80 bp concatemer I•H1•H2•H1•H2. This indicates that H2<sub>670</sub> promotes the formation of low molecular weight concatemers and the interaction between the fluorophore–quencher pair can dictate the structure and length of the concatemers. To further study this effect, the melting curves of both hairpins (Figure 2j) were examined, showing that H2<sub>570</sub> with a melting temperature T<sub>m</sub> of 66.6 °C is more stable than H2<sub>670</sub> (T<sub>m</sub> = 63.8 °C). Thus, relative to H2<sub>570</sub>, H2<sub>670</sub> is more prone to nucleate with the complex I•H1, leading to a larger number of concatemers with lower molecular weights.

The lower percentage signal gain (Figures 2b, f, d, h, Figure S8) resulting from these short and rigid concatemers can be ascribed to inter-molecular collisional quenching effects. Conversely, longer concatemers can assume a random coil conformation that prevents inter-molecular quenching of the fluorophores. The fluorescence emission of fluorophores in the presence of quencher molecules, such as BHQ, is typically affected by collisional quenching and is dependent on

environmental factors. The conformational properties of the concatemers modulate the environment around the fluorophore and the probability of collisional quenching events to occur. To confirm this hypothesis, the efficiency of FRET- and contact-mediated quenching in the hairpins and the HCR product after treatment with deoxyribonuclease (DNase) I was measured. As expected, the FRET efficiency (85%) in the hairpins H2<sub>570</sub> and H2<sub>670</sub> was similar (Figure 2l). However, 1.5-

fold higher quenching in the concatemers obtained with the H2<sub>670</sub> system than with the H2<sub>570</sub> system was observed (Figure 2l). The results suggest that the interactions between the fluorophore and quencher can contribute to the stability of the hairpin and thus affect the efficiency of the HCR process. Both QUASAR® 570 and QUASAR® 670 are polymethine fluorescent dyes, however the additional conjugated double bond in QUASAR® 670 may weaken the  $\pi$ - $\pi$  interactions between the



**Fig. 2** Efficiency of HCR using initiators  $I_{22}$  and  $I_{60}$ . Percentage signal increase as a function of (a, b, e, f)  $I_{22}$  or (c, d, g, h)  $I_{60}$  concentration using H2<sub>570</sub> and H1<sub>DNA</sub> (a, c) or H1<sub>LNA</sub> (e, g) as the detection element or H2<sub>670</sub> and H1<sub>DNA</sub> (b, d) or H1<sub>LNA</sub> (f, h) as the detection element. The concentration of the hairpins (H1<sub>DNA</sub>, H1<sub>LNA</sub>, H1<sub>570</sub>, and H1<sub>670</sub>) in the reaction mixture was constant (100 nM). The reactions were performed in PBS, pH 7.4, and incubated for 2 h at 37 °C. (i) Agarose gel of HCR using H1<sub>LNA</sub> or H1<sub>DNA</sub> as detection element and increasing

concentrations of  $I_{60}$ . Lane 1, ladder 20 bp; Lane 2, ladder 100 bp; Lane 3,  $H1_{LNA}$  (100 nM); Lanes 4–8,  $H1_{LNA}$  (100 nM) +  $H2_{570}$  (100 nM) with increasing concentrations of  $I_{60}$  (0 nM (Lane 4), 10 nM (Lane 5), 50 nM (Lane 6), 100 nM (Lane 7), and 500 nM (Lane 8)); Lane 9,  $H1_{DNA}$  (100 nM); Lanes 10–14,  $H1_{DNA}$  (100 nM) +  $H2_{570}$  (100 nM) with increasing concentrations of  $I_{60}$  (0 nM (Lane 10), 10 nM (Lane 11), 50 nM (Lane 12), 100 nM (Lane 13), and 500 nM (Lane 14)). (j) Melting curves of  $H2_{570}$  and  $H2_{670}$ . (k) Agarose gel of HCR using  $H1_{LNA}$  or  $H1_{DNA}$  as detection element and increasing concentrations of  $I_{60}$ . Lane 1, ladder 20 bp; Lane 2, ladder 100 bp; Lane 3:  $H1_{LNA}$  (100 nM); Lanes 4–8,  $H1_{LNA}$  (100 nM) +  $H2_{670}$  (100 nM) with increasing concentrations of  $I_{60}$  (0 nM (Lane 4), 10 nM (Lane 5), 50 nM (Lane 6), 100 nM (Lane 7), and 500 nM (Lane 8)); Lane 9,  $H1_{DNA}$  (100 nM); Lane 10–14,  $H1_{DNA}$  (100 nM) +  $H2_{670}$  (100 nM) with increasing concentrations of  $I_{60}$  (0 nM (Lane 10), 10 nM (Lane 11), 50 nM (Lane 12), 100 nM (Lane 13), and 500 nM (Lane 14)). (l) Quenching efficiency (%) after treatment with DNase I of  $H2_{570}$ , the product of HCR using  $H1_{LNA}$  +  $H2_{570}$ ,  $H2_{670}$ , or the product of HCR using  $H1_{LNA}$  +  $H2_{670}$ . (Values are shown as mean  $\pm$  SD, averaged over at least three independent measurements).

fluorophore and quencher. Overall, the engineered hairpins show potential toward the detection of  $mRNA_{PromA}$  *in vitro*. The use of the chimeric LNA-DNA sensor as the recognition element and  $H2_{570}$  as the signal element results in high HCR efficiency.

#### Detection of HIV-1 in infected live cells using a chimeric LNA-DNA sensor

Following validation of the *in vitro* performance of the engineered chimeric LNA-DNA sensor for  $mRNA_{PromA}$  by HCR-mediated signal amplification, the activity of the sensor was examined in live cells. To demonstrate its efficacy and selectivity in cellular extracts,  $H1_{LNA}$  +  $H2_{570}$  was incubated with RNA isolated from TZM-bl (Figure S9) and HeLa (control cell lacking 3'LTR<sub>PromA</sub> expression) cell lines or with the whole cell lysate of both cell lines (Figure S9). TZM-bl cells were used as a model HIV-1 reporter cell line that contains the HIV-1 5' and 3'LTR region sequence and thus PromA target sequence in its genome.<sup>24</sup> In both systems, the fluorescence signal gain obtained in TZM-bl cell extracts was significantly higher than that obtained in HeLa cells, indicating that qualitative detection of  $mRNA_{PromA}$  in TZM-bl cells can be achieved using the chimeric LNA-DNA sensor.

The intracellular activity and selectivity of the chimeric LNA-DNA sensor were then examined on TZM-bl live cells (Figure 3). TZM-bl cells were transfected with  $H2_{570}$  or  $H1_{LNA}$  +  $H2_{570}$  using lipofectamine to enable cell internalization and endosomal escape (Table S3).

The stability of  $H1_{LNA}$  +  $H2_{570}$  was assessed upon complexation with lipofectamine. As observed from Figure S10, complexation of the hairpins with lipofectamine did not affect the stability of the hairpins or their ability to undergo HCR in the presence of an initiator. The TZM-bl cells were transfected with  $H2_{570}$  or  $H1_{LNA}$  +  $H2_{570}$  for 2 h and the fluorescence signal was analyzed after 5 h incubation by CLSM (Figure 3a). A standard and validated transfection protocol using lipofectamine was used to avoid significant toxicity to the cells. After transfection with lipofectamine- $H2_{570}$  only or  $H2_{570}$  + initiator  $H1_{LNA}$  complexes, the TZM-bl cells did not show any significant reduction in cell viability (Figure S11). Previous studies on the intracellular delivery of oligonucleotide sensors mediated by lipofectamine have shown that at least 2 h incubation is sufficient to achieve cell internalization and binding that result in a fluorescence signal that can be detected by CLSM.<sup>37</sup> It is noted that major interferences and false positive signals in the HCR fluorescence readout in live cells arise from the intracellular degradation of the  $H2_{570}$  hairpin, possibly mediated by lysosomal nucleases. Therefore, the transfection of TZM-bl cells with the  $H2_{570}$

hairpin only is a control experiment that allows us to rule out possible false positive fluorescence signals. When the cells were incubated with the  $H2_{570}$  hairpin only, a faint signal was detected (Figure 3a, panel 1, Figure S12). This indicates that the lipofectamine- $H2_{570}$  complex is able to avoid entrapment within the endo-lysosomal compartments and degradation by nucleases. Conversely, transfection of both HCR elements  $H1_{LNA}$  and  $H2_{570}$  resulted in a strong signal (Figure 3a, magnified area of panel 2, Figure S12).

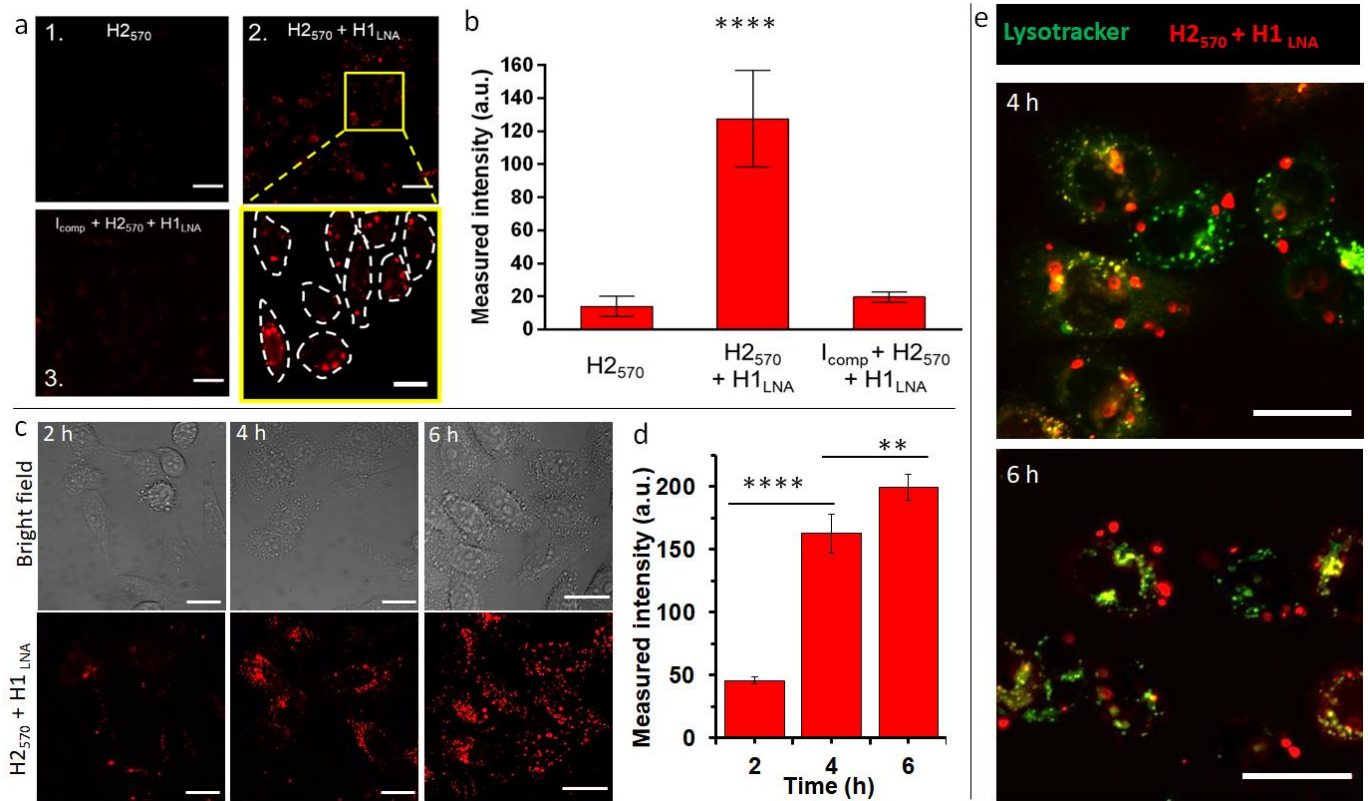
Furthermore, to demonstrate that the HCR reaction was specifically triggered by  $mRNA_{PromA}$ , TZM-bl cells were first transfected with a DNA strand that can hybridize with  $mRNA_{PromA}$ ,  $I_{comp}$ , therefore preventing HCR between the transfected signal ( $H2_{570}$ ) and detection ( $H1_{LNA}$ ) elements (Table S3). Under this condition, only a faint signal was observed in cells pretreated with  $I_{comp}$  (Figure 3a, panel 3, Figure S12), confirming the specificity of the developed chimeric LNA-DNA sensor toward  $mRNA_{PromA}$  and the limited intracellular degradation of  $H2_{570}$ . A quantitative evaluation of the fluorescence signal acquired under the three experimental conditions is shown in Figure 3b.

In addition, a time course experiment, up to 6 h incubation, was performed to demonstrate that the fluorescence signal provided by live cells transfected by  $H2_{570}$  + initiator  $H1_{LNA}$  was enhanced as a function of time, as confirmed by confocal microscopy images (Figure 3c) and quantitative evaluation of the fluorescence signal (Figure 3d).

These results suggest that the endosomal escape and cytosolic delivery of both  $H1_{LNA}$  and  $H2_{570}$  hairpins enabled the occurrence of HCR triggered by  $mRNA_{PromA}$ . Confocal microscopy images (Figures 3a, 3c, and S12) revealed a cytosolic distribution of punctate signals in approximately 100% live cells, highlighting that the engineered chimeric LNA-DNA sensor enables the detection of  $mRNA_{PromA}$  by HCR-mediated signal amplification with a high detection rate.

To further investigate the localization of the punctuate signals in live cells, we performed colocalization studies after 4 and 6 h incubation by staining the late endosomes/lysosomes with LysoTracker. The images were analyzed by Pearson's correlation coefficients (PCC). The images show that the red punctuate signals poorly colocalize with the late endosomes and lysosomes (PCC = 0.1). These data suggest that the spot signals localized in the cytosol do not arise from the  $H2_{570}$  hairpin degraded and entrapped in the endo-lysosomal vesicles. The limited colocalization between the widespread red signal and green signal (yellow signal) may be attributed to the negligible

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**Fig. 3** The intracellular activity and selectivity of the chimeric LNA-DNA in live cells. (a) Live CLSM imaging of TZM-bl cells incubated with H2<sub>570</sub> only (panel 1), H2<sub>570</sub> + initiator H1<sub>LNA</sub> (panel 2), or H2<sub>570</sub> + initiator H1<sub>LNA</sub> + inhibitor I<sub>comp</sub> (panel 3). Excitation wavelength,  $\lambda_{ex}$  is 546 nm. Scale bars are 50  $\mu$ m in panels 1–3. A magnified area of the inset in panel 2 of the HCR signal from the cells incubated with both detection and initiator elements is also shown; scale bar is 20  $\mu$ m. (b) Bar plot of the HCR signal intensity of the different systems in panels 1–3. (Independent t-test,  $N = 30$  cells. \*\*\*\* indicates  $p < 0.0001$ ). (c) CLSM imaging of live TZM-bl cells after transfection with H2<sub>570</sub> + initiator H1<sub>LNA</sub> for 2, 4, and 6 h. Excitation wavelength,  $\lambda_{ex}$  is 546 nm. Scale bars are 20  $\mu$ m. (d) Bar plot of the HCR signal intensity of the H2<sub>570</sub> + initiator H1<sub>LNA</sub> within the cells after incubation for 2, 4, and 6 h (Independent t-test,  $N \geq 200$  cells. \*\*\*\* indicates  $p < 0.0001$ , \*\* indicates  $p < 0.01$ ). (e) CLSM imaging of live TZM-bl cells after transfection with H2<sub>570</sub> + initiator H1<sub>LNA</sub> (red) for 4 and 6 h, showing limited colocalization with endo-lysosome compartments (green, stained with lysotracker green). Scale bars are 20  $\mu$ m.

degradation of H2<sub>570</sub> hairpin or to the limited resolution of confocal microscopy. We note that the spatial and temporal resolution of confocal microscopy does not allow precise and accurate detection and localization of nanosized structures in the cells.

Overall, these results indicate that the engineered chimeric LNA-DNA sensor enables live cell imaging and qualitative evaluation of mRNA expression. We have shown that cellular transcripts of the HIV-1 3'LTR promoter region are valid specific biomarkers that can be used to identify infected cells. The HIV-1 genome integrated in TZM-bl cells contains two identical LTR regions, i.e., 5' LTR and 3'LTR (Figure 1a). Although these LTR regions share identical nucleotide sequences, 5'LTR serves as a virus promoter and initiates transcription, whereas 3'LTR functions as the terminator for transcription via 3' end cleavage

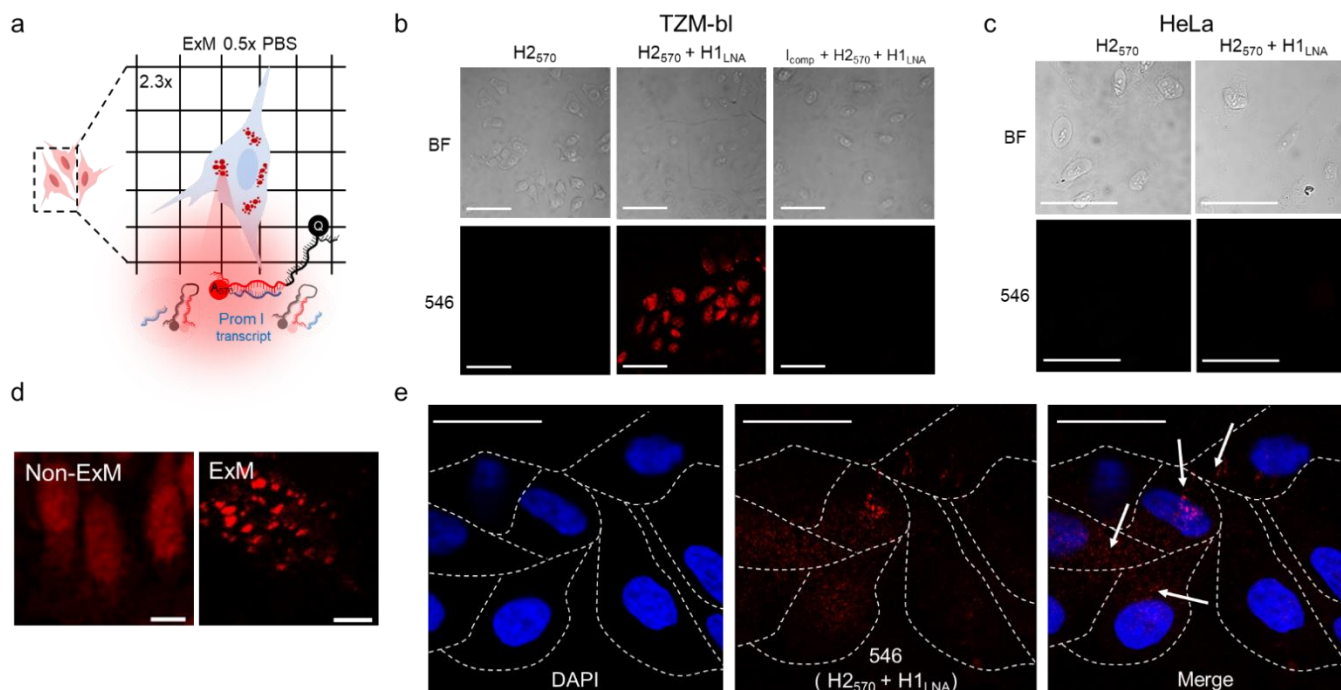
and polyadenylation of viral mRNA transcripts. In the absence of 5'LTR, 3'LTR has also been reported to function as a promoter. The 3' end processing and poly(A) tail addition to pre-mRNA is derived from 3'LTR, resulting in the incorporation of the 3'LTR sequence in the 3' end of viral mRNA transcripts.<sup>38</sup> The HIV-1 LTR consists of two unique regions, U3 and U5, that flank a central repeat element region, R, which is the transcription start site (+1) in 5'LTR.<sup>38,39</sup> HIV-1 mRNA transcripts incorporate a 5' cap, including the R and U5 region.<sup>40</sup> The HIV-1 sequence targeted by the chimeric LNA-DNA sensor is located in the U3 region of LTR and is thus present in both 5' and 3'LTRs of the integrated provirus. The observed detection of the PromA sequence in the cytoplasm by the chimeric LNA-DNA probe is likely due to the presence of the U3 region in the 3'LTR sequence at the 3' end of all HIV-1 mRNA transcripts, which are exported to the cytoplasm upon maturation.

### Nanoscale imaging and localization of HIV-1 LTR transcript by ExM

mRNA<sub>PromA</sub> in TZM-bl cells was visualized by super-resolution ExM using the protocol detailed in the *Experimental* section. The expansion factors of the hydrogels and embedded cells were determined by measuring the diameter of the specimens and via nuclei staining with 4',6-diamidino-2-phenylindole (DAPI) (Figures S13 and S14). Under the experimental conditions used, the hydrogels (with the embedded cells) expanded by 4.5-fold in water (Figure S13), with the cell nuclei expanding approximately 3.8-fold (Figure S14). Notably, the expansion of the samples was achieved without resorting to a linker to chemically immobilize RNA inside the hydrogels. MA-NHS was used as a monomer, which is known to anchor native proteins to the hydrogel during polymerization and cross-linking.<sup>41</sup> We postulate that the use of MA-NHS could also enhance the cross-linking degree of the intracellular hydrogel and enable RNA retention inside the network by physical entrapment. In fact, the reaction of MA-NHS with primary amine groups on proteins generates protein-based macromers, which likely contribute to the polymerization and cross-linking process, ultimately affecting the structure of the 3D network after digestion and expansion. Furthermore, the mesh size of the formed intracellular hydrogel was tuned by optimizing the ionic strength of the buffer used during the expansion process with the aim to prevent the diffusion of RNA molecules through the pores of the swollen hydrogel. During washing of the expanded samples, charged RNA chains embedded in the hydrogel diffuse through the pores via a reptation mechanism under the influence of osmotic pressure.<sup>42</sup> The mobility of mRNA chains is dictated by many factors including folded or unfolded RNA conformations, hydrogel pore size, and

electrostatic repulsive forces between RNA and the polyacrylate network. Therefore, ionic strength, i.e., salt concentration, plays an essential role in controlling the diffusive properties of mRNA and mesh size of the hydrogel. We hypothesize that expansion of specimens prepared with MA-NHS at low ionic strength (i.e., 0.5× PBS) could limit the diffusional movements of mRNA by both reducing the hydrogel mesh size and the unfolding of the nucleic acid chains.

To test our hypothesis, the cell sample obtained after hydrogel expansion in 0.5× PBS (Figure 4a) was incubated with three different solutions containing H2<sub>570</sub>, H2<sub>570</sub> + initiator H1<sub>LNA</sub>, and inhibitor I<sub>comp</sub> + H2<sub>570</sub> + H1<sub>LNA</sub>, and the cells were analyzed with a confocal microscope (Figure 4b and S15). As indicated in Figure 4b, cells incubated with H2<sub>570</sub> only did not show any fluorescence. In contrast, red fluorescence was visible in the TZM-bl cell sample incubated with H2<sub>570</sub> + H1<sub>LNA</sub> owing to the occurrence of HCR triggered by mRNA<sub>PromA</sub>. This was also confirmed by the lack of signal when the expanded cell samples were first incubated with the inhibitor I<sub>comp</sub> and then with H2<sub>570</sub> + H1<sub>LNA</sub>, indicating that the inhibitor prevents HCR signaling by hybridizing with the mRNA<sub>PromA</sub>. In addition, no signal was detected in the HeLa cell control when incubated with either H2<sub>570</sub> or H2<sub>570</sub> + H1<sub>LNA</sub> (Figures 4c and S15). The CLSM image of the (Non-ExM) TZM-bl cells prior to expansion, shown in Figure 4d, indicates a high density of HCR-related spots, whereas decrowding of individual spots localized in the cytosol and perinuclear region was observed for the post-expansion (ExM) cells (Figures 4d, 4e and S16). Furthermore, imaging by ExM provided information about the size and the number of HCR products (Figures 5 and S17).

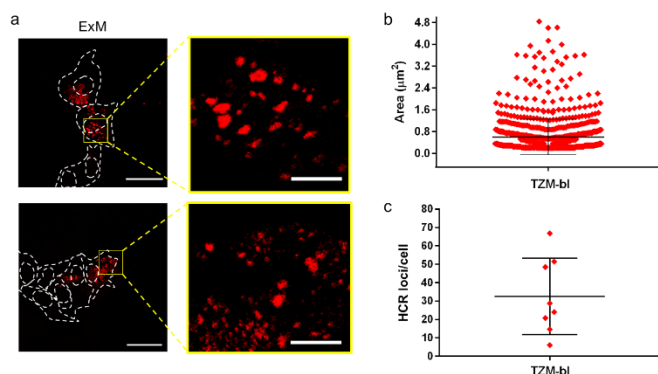


**Fig. 4** Nanoscale imaging of HIV-1 RNA with a chimeric LNA-DNA sensor and expansion microscopy. (a) Depiction of ExM experiment. (b) CLSM images of TZM-bl cells subjected to ExM procedure involving incubation with H2<sub>570</sub>, H2<sub>570</sub> + H1<sub>LNA</sub>, or I<sub>comp</sub> + H2<sub>570</sub> + H1<sub>LNA</sub>: bright-field (BF) images and images showing cells excited with  $\lambda_{ex}$  = 546 nm (546). (c) CLSM

images of the expanded hydrogels containing HeLa cells incubated with H2<sub>570</sub> alone or H2<sub>570</sub> + H1<sub>LNA</sub>; BF images and images showing cells excited with  $\lambda_{\text{ex}} = 546$  nm (546). (d) Magnification of fixed non-ExM and ExM TZM-bl cells incubated with H2<sub>570</sub> + H1<sub>LNA</sub>. (e) CLSM images of the expanded hydrogels containing TZM-bl cells incubated with H2<sub>570</sub> + H1<sub>LNA</sub>. Nuclei are stained with DAPI. Dashed lines indicate the perimeter of the cells. White arrows indicate the localization of HCR loci inside the cells.  $\lambda_{\text{ex}} = 405$  and 546 nm. Scale bars are 100  $\mu\text{m}$  (b,c), 10  $\mu\text{m}$  (d) and 50  $\mu\text{m}$  (e) (expansion factor 2.3 $\times$ ).

The size of the individual puncta (Figure 5a and S17), which likely corresponds to the amplification products of the HCR process triggered by the mRNA molecules inside the cell, was analyzed. The average area of the detected spots spanned between 100 nm<sup>2</sup> and 2.4  $\mu\text{m}^2$ , taking into account the expansion factor, and an average number of  $\sim 30$  spots were detected per cell (Figures 5b, c and S17). Although the physical entrapment of RNA in the intracellular polymer network may result in a loss of some RNA molecules (35% of infected cells appeared positive) these results show that the engineered chimeric LNA-DNA sensor enables the nanoscale detection of HCR products in HIV-1-infected TZM-bl cells after expansion in a 3D hydrogel.

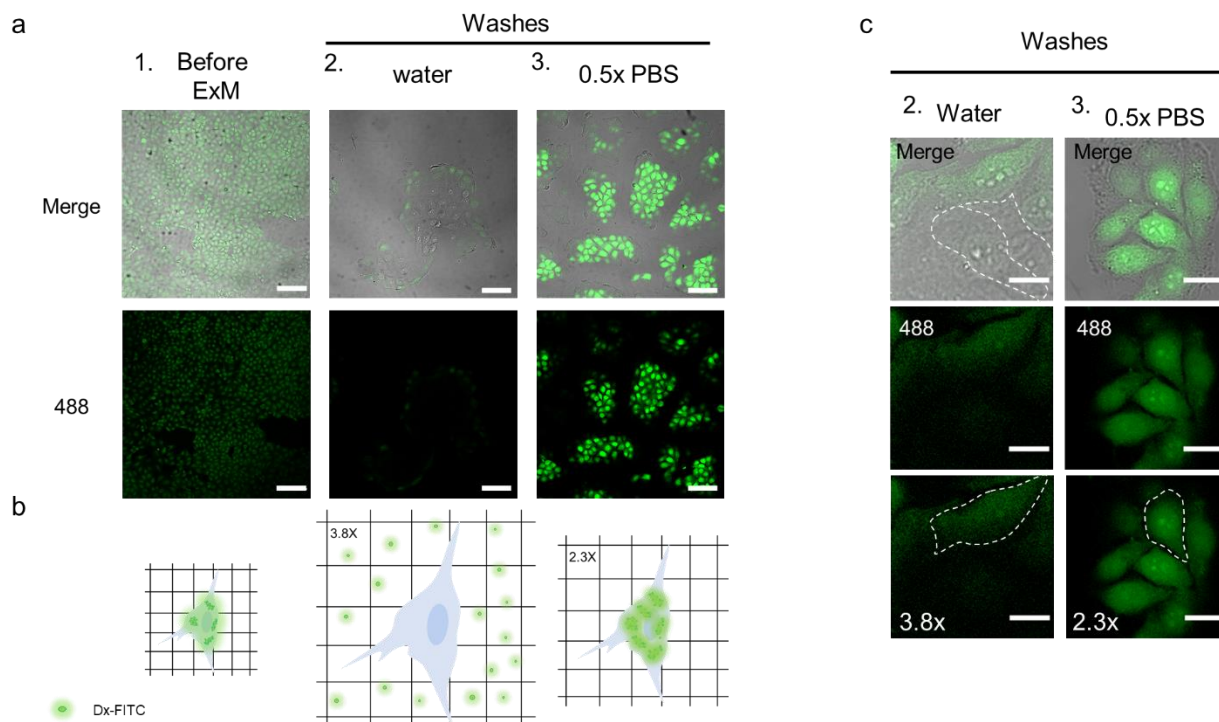
To obtain insight into the network mesh size in the expanded sample, we performed an in situ size exclusion experiment using Dx-FITC as a probe (10 kDa, hydrodynamic radius  $\sim 2.3$  nm), as shown in Figure 6. This method allowed us to characterize the mesh size of intracellular and extracellular hydrogels. The pore size of the hydrogels/network prepared for ExM,  $\sim 1\text{--}2$  nm, was previously indirectly estimated by comparison with gels produced in test tube at the same salt concentration and acrylamide/*N,N'*-methylenebis(acrylamide) ratio.<sup>43</sup> However, to our knowledge, the direct measurement of pore sizes in expanded hydrogel samples has not been reported to date.



**Fig. 5** HCR loci analysis. (a) Representative CLSM images of TZM-bl cells post-ExM expansion showing HCR spots at low and high magnification; the ExM samples were incubated with H2<sub>570</sub> + H1<sub>LNA</sub>. Dashed lines indicate the cell and nuclei perimeters.  $\lambda_{\text{ex}} = 546$  nm. Scale bars are 50  $\mu\text{m}$  and 10  $\mu\text{m}$  in the low- and high-magnification images respectively (expansion factor 2.3 $\times$ ). (b) Quantification of the area ( $\mu\text{m}^2$ ) of HCR loci found in TZM-bl cells. Values are shown as mean  $\pm$  SD,  $N > 1000$  loci. (c) Quantification of the HCR loci number found in TZM-bl cells (values are shown as mean  $\pm$  SD,  $N > 50$  cells).

Before processing the sample for ExM, fixed TZM-bl cells were incubated with 1 mL Dx-FITC (500 ng/mL) solution for 2 h to allow the biomacromolecule to enter the cells. The diffusion of Dx-FITC into the fixed cells was confirmed by the green fluorescence signal displayed by cells in CLSM images (Figure 6a,b column 1). Following incubation, the sample was fixed and treated according to the ExM protocol, as described in the *Experimental* section. After incubation in the digestion buffer, the sample was expanded by washing in Milli-Q water or 0.5 $\times$  PBS three times and imaged via confocal microscopy. Noteworthy, Dx-FITC was washed out from the hydrogel matrix after repeated washing with Milli-Q water, as indicated by the marked decrease in green fluorescence signal inside the cells (Figure 6a, column 2; Figure 6c, column 2; and Figure S18). In contrast, the fluorescence signal remained visible inside the cells when the sample was washed with 0.5 $\times$  PBS (Figure 6a, column 3; Figure 6c, column 3; and Figure S18), suggesting that Dx-FITC was retained when expansion was performed in a solution of given ionic strength. These results indicate that the mesh size of the intracellular network is smaller than 4.6 nm when the composite specimen is expanded in 0.5 $\times$  PBS but is larger than 4.6 nm when Milli-Q water is used. To obtain further insight into the mesh size of the hydrogel, the specimen was first expanded in 0.5 $\times$  PBS and subsequently incubated with a Dx-FITC (500 ng/mL) solution for 2 h to allow the biomacromolecule to diffuse inside the hydrogel (Figure S19a). In agreement with previous results, the green fluorescence signal was mainly detected in the extracellular region but not in the intracellular space (Figure S19b). This difference in diffusion behavior indicates the different degree of cross-linking in the intracellular and extracellular hydrogels. This was further investigated by comparing the expansion factor of the macroscopic hydrogels and nuclei following expansion of the samples under different conditions. Although the specimen incubated with 0.5 $\times$  PBS shows significant macroscopic shrinking ( $\sim 2.4$ -fold), primarily ascribed to shrinking of the extracellular hydrogel, the nuclei shrunk only 1.6-fold when compared with the sample incubated in Milli-Q water (Figure S20). These data suggest that the use of MA-NHS monomer during the polymerization and cross-linking process confers a high cross-linking degree to the intracellular compartment and that the sieving properties of the intracellular hydrogel can be tuned at low ionic strength to inhibit the diffusion of biomacromolecules such as RNA.

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**Fig. 6** Intracellular hydrogel mesh size evaluation with standard dextran-FITC. (a) CLSM images of T2M-bl cell sample incubated with Dx-FITC and collected as is (1.), treated as per the ExM protocol and washed with water (2.) or 0.5x PBS (3.).  $\lambda_{\text{ex}} = 488$  nm. Scale bars are 100  $\mu\text{m}$  (expansion factors are 3.8x (a 2.) and 2.3x (a 3.)). (b) Schematic of the cells containing Dx-FITC before washes (left), after hydrogel expansion following washes in Milli-Q water and diffusion of Dx-FITC from the cells (middle), and after hydrogel expansion following washes in 0.5x PBS (right). (c) Magnification of the cells embedded into the hydrogel and washed with Milli-Q water (2., left) or 0.5x PBS (3., right). The limited fluorescence in the cells washed with Milli-Q water and the difference in size of the cells treated in the two different conditions is indicated by the dashed white line, which defines the perimeter of the cell.  $\lambda_{\text{ex}} = 488$  nm. Scale bars are 25  $\mu\text{m}$  (expansion factors are 3.8x (c 2.) and 2.3x (c 3.)).

## Conclusions

In the present study, we developed chimeric LNA-DNA probes as HCR building blocks to detect HIV-1 LTR RNA in an infected cell line. The engineered hairpins display high efficiency and specificity and are suitable for biosensing applications in live cells. We employed ExM and validated a new approach to detect HIV-1 RNA in infected cells embedded and expanded in a 3D matrix, mimicking a tissue. The developed LNA-DNA amplification sensor combined with ExM enabled the selective imaging of individual viral transcripts with nanoscale precision in a 3D specimen in super-resolution mode. The sieving properties of the composite expanded sample were characterized, and the results revealed that the pore size of the intracellular hydrogel could be tuned by using MA-NHS monomer during the gelation and low ionic strength during the expansion. The RNA transcripts entrapped inside the expanded cell were detected using detection without requiring additional chemicals for cross-linking of mRNA to the hydrogel matrix. The

proposed combination of DNA nanotechnology and ExM provides a valuable tool for the detection of mRNAs inside cells and may find application in the biosensing of HIV-1-infected cells in complex tissues.

## Author contributions

AA carried out the design and characterization of the chimeric LNA-DNA sensor and wrote a draft of manuscript. MC carried out the expansion microscopy experiments on fixed cells and wrote a draft of manuscript. LM carried out confocal microscopy experiment on live cells. CC-J carried out gel electrophoresis, viability experiments and wrote a draft of the manuscript. SKB carried out confocal microscopy on live cells and statistical analysis of data. JS prepared cell extracts. CLA contributed to the experimental design of LNA-DNA sensor. GF contributed to the expansion microscopy experiments on fixed cells. FR contributed to the experimental design of LNA-DNA sensor. ADK contributed to the manuscript preparation. SRL contributed to the manuscript preparation. FCav contributed to the design and characterization of the chimeric LNA-DNA sensor in fixed

and live cells and wrote the manuscript. FC contributed to experimental design and wrote the manuscript

## Conflicts of interest

The authors declare no competing financial interest.

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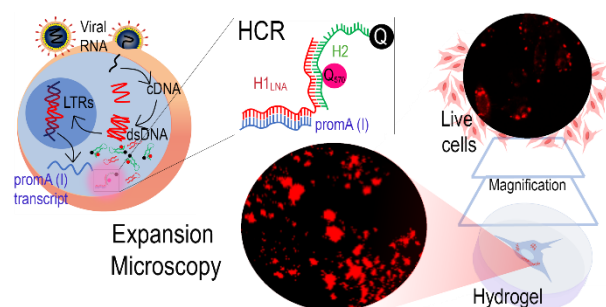
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## TOC graphic



A chimeric locked nucleic acid (LNA)-DNA sensor enables hybridization chain reaction (HCR) for the efficient detection and nanoscale imaging of HIV-1 RNA transcripts in cell lysates, and fixed and live cells.