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Adverse Impact Of Chronic Kidney Disease On Clinical Outcome Coronary Intervention

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Aims:

We aimed to assess the impact of the severity of CKD with long-term outcomes in patients undergoing percutaneous coronary intervention (PCI).

Methods:

We analysed data on consecutive patients undergoing PCI enrolled in the Victorian Coronary Intervention Registry (VCOR) from January 2014 to December 2018. Patients were stratified by renal function; eGFR ≥ 60 , 30-59 and < 30 mL/min/1.73m² (including dialysis). The primary endpoint was long-term all-cause mortality obtained from linkage with the Australian National Death Registry. The secondary endpoint was a composite of 30-day major adverse cardiac events (MACCE).

Results:

We identified a total of 51,480 patients (eGFR ≥ 60 , n=40,534; eGFR 30-59, n=1,425). Compared with patients whose eGFR was ≥ 60 , those with eGFR 30-59 were on average older (77 and 78 vs 63 years) and had a greater burden of comorbidities. Worsening CKD severity was independently associated with greater adjusted mortality: eGFR <30 hazard ratio (HR) 4.21 [CI 3.7-4.8] and eGFR 30-59 HR 1.85 compared to eGFR ≥ 60 , all p <0.001 .

Conclusion:

In this large, multicentre PCI registry, severity of CKD was associated with

Abbreviations: Chronic kidney disease (CKD), Percutaneous coronary intervention (PCI), ST-Elevation Myocardial Infarction (STEMI), Non ST-Elevation Myocardial Infarction (NSTEMI), National Death Index (NDI).

Introduction:

Chronic kidney disease (CKD) is a well-established independent risk factor for coronary artery disease (1–4). Among patients with CKD, cardiovascular disease is a leading cause of morbidity and mortality after adjustment for traditional cardiovascular risk factors such as diabetes and hypertension (5,6). In this context, 30-40% of patients presenting for revascularization procedures have pre-existing renal impairment(1–4). Despite the high prevalence of renal dysfunction in those presenting for coronary angiography, patient's with CKD are often excluded or significantly under-represented in major clinical outcome studies evaluating the efficacy of revascularization and medical therapy for ischaemic heart disease(5,6). A recent study performed a systematic review which demonstrated that three-quarters of patients were excluded patients with greater than moderate CKD and only 7% reported mild CKD. The limited representation of CKD patients in cardiovascular outcome studies such as COURAGE and SYNTAX, which help shape current revascularization guidelines. In COURAGE and SYNTAX, approximately 14% and 16% of patients with CKD were included, respectively(7,10). Moreover, multiple studies have shown an association between CKD and higher rates of procedural complications and adverse outcomes following revascularization. However, the balance of risk versus benefit of revascularization with either percutaneous coronary intervention (PCI) or coronary artery bypass graft surgery (CABG) and compared to optimal medical therapy remains to be defined (1,2,6,11,12).

METHODS:

We analyzed data from patients who underwent PCI and were prospectively enrolled in the Victorian Cardiac Outcomes Registry (VCOR) between January 2014 and December 2018. VCOR is a national clinical registry established to improve the quality of care in cardiovascular medicine in Australia (19). The registry is coordinated by Monash University. The registry collects data related to PCI procedures gathered from 30 public and private hospitals. All patients undergoing PCI are given information on the registry and an opt-out option. A steering committee with representation from contributing centres oversees the registry, a peer-review committee audits and monitors data collection and outcomes. Each participating site has received approval from their local human research ethics committee. We analyzed data from all patients in the VCOR PCI module who had a pre-procedure estimated creatinine clearance (CrCl) calculated using the Cockcroft-Gault equation: $(\text{mL/min}) = \frac{[140 - \text{age}] \times \text{weight [Kg]}}{(\text{serum creatinine [mg/dL]} \times 72)} \times 0.85$ for females (20). Patients were stratified into tertiles according to baseline eGFR: eGFR ≥ 60 mL/min, eGFR 30-59 mL/min and eGFR < 30 mL/min (requiring dialysis or replacement therapy (RRT)). The primary outcome was long-term all-cause mortality. Data linkage with the Australian National Death Index (NDI). Secondary outcomes included major adverse cardiovascular or cerebrovascular event (MACCE; composite of myocardial infarction, stent thrombosis, unplanned revascularization or stroke). Pat

haemorrhagic), rehospitalization (including cardiac, PCI, CABG, and plan vessel revascularization (TVR), target lesion revascularization (TLR), medications at 30-days. Major adverse cardiac events (MACE) were mortality, myocardial infarction, stent thrombosis, and unplanned revascularization. MACE variables with the addition of stroke.

Statistical analysis:

Continuous variables are presented as medians and interquartile ranges or means (as appropriate). Categorical variables are presented as frequencies and percentages. Statistical significance was two-tailed and assessed at the 5% significance level. Comparisons of continuous variables were made using paired or unpaired t tests for normally distributed data or the Wilcoxon test for non-normally distributed data. Fisher's exact test was used for categorical variables with small cell counts. Chi square test with Bonferroni's correction for multiple comparisons were assessed using the Chi square test, Fisher Exact or McNemar test for paired categorical variables. Kaplan-Meier methods was used for time-to-event outcome comparisons. Survival curves were plotted from the time of index revascularization to death or censored at the closing date of the study. Cox proportional hazard modelling, which included univariate variables with $p < 0.1$ in the univariate analysis, was performed to assess for independent predictors of long-term survival. All analyses were performed using StataCorp. 2013. Stata Statistical Software: Release 14. StataCorp LP.

replacement therapy) were categorised into 3 cohorts according to tertiles of eGFR: eGFR \geq 60 mL/min, eGFR30-59 mL/min and eGFR $<$ 30 mL/min, respectively. No significant differences were observed between eGFR groups. Those with eGFR \geq 60 were younger (a mean age of 63 years \pm 11, compared to those with eGFR 30-59 (77 years \pm 10 years \pm 8), $p < 0.001$). Among all patients, 76% were male, however, the proportion was higher in those with worsening renal impairment (eGFR \geq 60:20% vs eGFR30-59: 26% vs eGFR $<$ 30:33%), $p < 0.001$. Renal impairment was also associated with increased rates of comorbid conditions such as diabetes mellitus (eGFR \geq 60:21% vs eGFR30-59: 26% vs eGFR $<$ 30:33%), CABG (eGFR \geq 60:7% vs eGFR30-59: 13% vs eGFR $<$ 30:16%) and peripheral vascular disease (eGFR \geq 60:3% vs eGFR30-59: 7% vs eGFR $<$ 30:12%), $p < 0.001$.

Left ventricular (LV) systolic dysfunction was more common in the red blood cell transfusion group. eGFR $<$ 30 patients were observed to have severe LV dysfunction (ejection fraction $<$ 30%) with 9% and 4% in the eGFR 30-59 and \geq 60 groups, respectively ($p < 0.001$). Presentation with cardiogenic shock prior or at the time of PCI, compared with 4% and 10% in patients, respectively $p < 0.001$. Acute coronary syndrome (STEMI and NSTEMI) was more frequently the indication for PCI in the eGFR $<$ 30 (19 and 38%) groups compared with 15 and 31% in the eGFR 30-59 (15 and 31%) and eGFR \geq 60 (16 and 32%), $p < 0.001$ (Table 2). Conversely, patients with eGFR 30-59 (28%) had a greater proportion of patients undergoing PCI for chronic

CKD severity was also associated with increased coronary lesion complexity according to the ACC/AHA coronary lesion classification system. Additionally, a greater number of stents were performed on the left main coronary artery (6%) and bypass grafts (3%) in those with CKD ($p<0.001$). Of note, those in the eGFR<30 (92%) and eGFR 30-59 (93%) groups had a higher number of successful treated lesion(s) compared to eGFR ≥ 60 (94%), $p<0.001$.

In hospital and 30-day outcomes

In hospital outcomes are shown in Table 3. The median in-hospital length of stay increased with increasing severity of CKD; eGFR <30 (5 days; IQR 2-9); and eGFR 30-59 (3 days; IQR 2-4) vs eGFR ≥ 60 (2 days; IQR 1-4), $p<0.001$. BARC type 3a-5 (excluding BARC 4) bleeding occurred in 1.7% of patients with eGFR<30, 1.7% in eGFR 30-59 and 0.7% of eGFR ≥ 60 , $p<0.001$. Kidney injury and need for post procedural dialysis was higher in those with eGFR <30 (10.9% and 7.2%) and eGFR 30-59 (7.2% and 1.1%), compared with eGFR ≥ 60 (2.3% and 1.1%), $p<0.001$. In-hospital mortality (eGFR<30; 9.8% and eGFR 30-59; 3.7% vs. eGFR ≥ 60 ; 2.2%) (eGFR <30; 10.9% and eGFR 30-59; 5.0% vs eGFR ≥ 60 ; 2.2%) were more frequent in the CKD dysfunction groups, all $p<0.001$.

At 30-day follow-up (Table 3), there was no difference in rates of stent thrombosis with and without renal impairment. There was, however, significantly increased rates of myocardial infarction, clinically significant bleeding and rehospitalization in the CKD

term mortality for the study population was 7.8% with a step-wise increase in mortality with decreasing eGFR (eGFR <30 requiring RRT 40% vs eGFR <30 no-RRT 38%, eGFR 30-59 14% vs eGFR \geq 60 4.5%), $p < 0.001$. After multi-variable analysis, worse renal function was independently associated with increased risk of mortality; adjusted HR for eGFR <30 7.5 [CI 6.3-9], 3.3 [CI 2.8-3.9] for eGFR <30 no-RRT, 2.1 [CI 1.9-2.4] for eGFR 30-59, 1.4-1.8] for eGFR 45-59, when compared to eGFR >60, all $p < 0.001$ (Figure 1).

DISCUSSION:

In this large, contemporary all-comers PCI population, increasing severity of CKD was associated with higher rates of adverse clinical events following PCI over both short and long-term follow-up. Clinical outcome metrics such as length of hospitalization, major bleeding, 30-day mortality and MACCE were increased among CKD patients. There was also an association between long-term NDI-linked mortality, commensurate with worsening CKD severity. CKD following multivariable analysis remained a significant independent predictor of mortality when adjusted for increased burden of comorbid conditions, age, and other factors at the time of presentation for a revascularization procedure. These findings underscore the prognostic impact of impaired renal function on all measures of clinical outcomes in this all-comers population.

Beyond being just a biomarker for a higher risk subset of patients, CKD

patients with an eGFR of <60 . Furthermore, when assessing the optimal management of patients with multivessel CAD with CABG versus PCI - a common clinical scenario - the SYNTAX and FREEDOM only included 16% and 17% of patients with CKD, respectively. With the widespread use of drug eluting stents (DES), the BIONYX (BIONYX: Durable Polymer-Coated Versus Ultrathin Cobalt-Chromium Strut, BioCrucial) and Drug Eluting Stents in Allcomers With Coronary Artery Disease) trial only included 10% of patients with CKD (21). In this context, the current decision-making process regarding PCI in CKD patients is predicated upon insufficient and, to an extent deficient data for this patient population. Indeed, patients with CKD appear to be a population characterised by multiple high-risk co-morbidities which we have demonstrated and therefore, require dedicated data to guide revascularization decisions, which is currently lacking.

Patients undergoing PCI with CKD, compared to those with preserved renal function, appear to have several pre-procedural features that increase the risk of adverse clinical outcomes. Analysis of the EVENT (Evaluation of Drug Eluting Stents and Ischaemic Events in Treatment of Coronary Artery Disease) trial reported increased rates of 30-day mortality, major adverse cardiovascular events, year outcomes post PCI with DES, and reported increased rates of treatment failure, major adverse cardiovascular events, LV dysfunction, prior coronary intervention or CABG, and increased mortality in patients with an eGFR of <75 (5), similar to the findings from our study. These findings, along with procedural characteristics likely underpin the reason why patients with CKD have a higher risk of adverse outcomes when being treated with PCI. In fact, in a large provincial database

greater risk of hemodynamic instability and lower probability of procedural success, leading to poorer short and long-term outcomes (2,5,25).

The pathophysiological mechanisms responsible for the CKD phenotype are multifactorial. Patients with CKD are known to have a chronic inflammatory state, increased oxidative stress, derangement in calcium-phosphate haemostasis, and vascular calcification.(26,27), In addition, increased rates of diabetes, and hypertension are observed in the CKD population are likely to compound vascular inflammatory processes and their sequelae (28–30).

In our study population, 50% of those receiving PCI with CKD (eGFR <60 mL/min/1.73 m²) had ACS, underscoring the sizeable proportion of CKD patients with ACS who require revascularization treatment. Revascularization in the context of ACS has a robust body of evidence supporting its prognostic benefits in those with preserved renal function(31,32). In the absence of large-scale trials, CKD patients presenting with STEMI continue to undergo emergent revascularization in the same manner as those with normal kidney function (33,34). The unadjusted rate of ACS in STEMI patients in our cohort was 34% in the eGFR <30 group, compared to 16% in the normal kidney function cohort. This finding underscores the high risk of adverse outcomes in CKD patients with myocardial impairment presenting with STEMI, which is consistent with those reported in the primary PCI registry(15). For patients with NSTEMI and CKD, there are no randomized trials comparing medical therapy alone versus PCI. A meta-analysis of several landmark trials posited

Among patients with eGFR <30 and eGFR 30-59, approximately 1 in 5 patients had an indication of stable CAD. In the setting of increased coronary lesion complexity, left ventricular dysfunction and other high-risk features being more prevalent in those with CKD, a decision regarding the risk-benefit of proceeding with PCI needs to be undertaken. While the benefit may be obtained from PCI, the recent ISCHAEMIA-CKD (International Study of Comparative Effectiveness With Medical and Invasive Approaches – Chronic Kidney Disease) trial demonstrated prognostic benefit from PCI compared with OMT in patients with CKD. Furthermore, ISCHAEMIA-CKD demonstrated increased need for RRT in those who underwent an invasive strategy. Similarly, in our cohort we observed that increased severity of CKD was associated with higher rates of acute kidney injury and need for post-procedure dialysis secondary to contrast administration. In a meta-analysis by *James* and colleagues, acute kidney injury was strongly associated with increased risk of mortality and progression to end-stage renal disease, prolonged hospitalisation(34). These findings highlight the need for careful patient selection in those with CKD undergoing PCI for whom it is felt that patients will derive significant symptom relief and the risk of procedural complications is low. Increasing severity of CKD was found to be an independent predictor of long-term mortality after PCI. An eGFR <30, in particular those needing RRT, was the most significant predictor of long-term all-cause mortality. Interestingly, severe CKD conferred a greater risk than severe left ventricular dysfunction, cardiogenic shock, pre-procedure

management of CAD, for example PCI vs CABG vs OMT, in patients with CKD. We need to include these patients in future randomized controlled trials.

LIMITATIONS

Our study findings need to be interpreted with acknowledgment of several limitations. There is heterogeneity between the eGFR groups as seen through a range of outcomes. We did not adjust for confounders with respect to the primary and secondary end-points of the study. We attempted to account for these measured confounders through a multivariable model, but unmeasured variables that could also impact upon the outcomes of the study were not included. Long-term mortality data are derived from the National Death Index, which may not capture outcomes such as the mode of death, repeat hospitalizations, which would be important for patients in the VCOR registry all underwent PCI, and we do not have data on whether patients underwent angiography, or were managed medically or underwent surgical revascularization.

CONCLUSION:

In this large, all-comers, PCI registry, the severity of CKD was associated with an increased risk of short-term adverse outcomes and long-term all-cause mortality.

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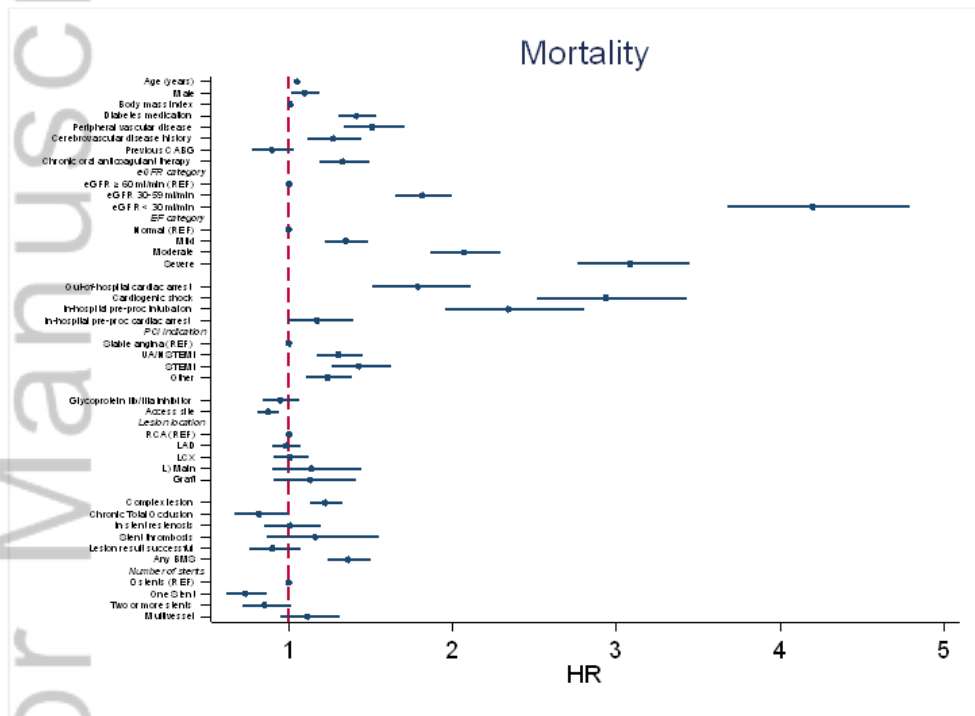
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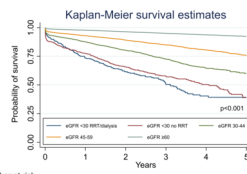
Figures and table headers:

Table 1: Baseline pre-procedural characteristics

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Number at risk	0	1	2	3	4	5
eGFR <30 RRT/dialysis	267	158	80	37	12	12
eGFR <30 no RRT	845	566	343	197	113	35
eGFR 30-44	3085	2110	1449	911	481	168
eGFR 45-59	6436	4684	3319	2218	1233	449
eGFR ≥60	40534	31446	23362	16076	9477	3616

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Table 1: Baseline pre-procedural characteristics:

		eGFR<30 (n=1425)	eGFR 30-59 (n=9521)
Age, mean +/- SD, years		76.6 +/- 12.6	77.6 +/- 8.3
Male		816 (57%)	5890 (62%)
Body mass index, mean +/- SD (Kg/m ²)		25.8 +/- 5.2	26.2 +/- 4.5
Diabetes medication		562 (39%)	2500 (26%)
Diabetes medication type	Oral	227 (40%)	1626 (65.0%)
	Insulin	335 (60%)	874 (35.0%)
Peripheral vascular disease		174 (12%)	636 (6.7%)
Cerebrovascular disease history		137 (9.6%)	612 (6.4%)
Previous CABG		223 (16%)	1219 (13%)
Chronic oral anticoagulant therapy		143 (10.0%)	997 (10.5%)
Creatinine, median (IQR)		218.0 (150.0, 449)	107.0 (88.0, 170)
Renal Replacement Therapy		467 (33%)	1446 (15%)
Ejection Fraction	Normal	525 (47%)	4936 (61%)
	Mild	241 (21%)	1446 (18%)
	Moderate	189 (17%)	997 (12.4%)
	Severe	175 (16%)	682 (8.5%)
Out-of-hospital cardiac arrest		27 (1.9%)	230 (2.4%)
Cardiogenic shock		100 (7.0%)	381 (4.0%)
In-hospital pre-procedure intubation		50 (3.5%)	271 (2.8%)
In-hospital pre-procedure cardiac arrest		31 (2.2%)	193 (2.0%)

Table 2: Procedural characteristics

		eGFR<30 (n=1425)
PCI indication	STEMI	265 (19%)
	PCI post cardiac arrest or cardiogenic shock (non MI)	11 (0.8%)
	NSTEACS	536 (38%)
	PCI for stable angina	259 (18%)
	Staged PCI	109 (7.6%)
	Other PCI	233(16%)
Door to balloon time, median (IQR)		89(56, 154)
Symptom to balloon time, median (IQR)		266 (167, 503)
Access site	Radial	345 (24%)
	Femoral	1077 (76%)
	Brachial	3 (0.2%)
Lesion location	RCA	439 (31%)
	LAD	506 (36%)
	LCX	331 (23%)
	Left Main	78 (5.5%)
	Graft	71 (5.0%)
ACC/AHA lesion classification		
	A	79 (5.5%)
	B1	383 (27%)
	B2	530 (37%)
	C	433 (30%)
Multiple lesions treated		165 (12%)
Chronic Total Occlusion		51 (3.6%)
Lesion(s) successfully treated		1308 (92%)

Table 3: In hospital and 30-day outcomes

	eGFR<30 (n=1425)	eGFR 30-59 (n=9521)
<u>In-hospital outcomes</u>		
Length of Stay, median (IQR)	5 (2-9)	3 (1-5)
New renal impairment	203 (17%)	506 (7.2%)
Post-procedure dialysis	54 (4.6%)	76 (1.1%)
In-hospital shock	101 (7.1%)	306 (3.2%)
In-hospital MI	19 (1.3%)	78 (0.8%)
TVR (PCI)	10 (0.7%)	60 (0.6%)
TLR	6 (0.4%)	49 (0.5%)
In-hospital CABG	3 (0.2%)	69 (0.7%)
Planned CABG	2 (0.1%)	34 (0.4%)
TVR requiring CABG	3 (0.2%)	46 (0.5%)
Stent thrombosis (definite/probable)	7 (0.5%)	33 (0.3%)
Major bleeding	36 (2.5%)	154 (1.6%)
Stroke	No stroke	1418 (99.5%)
	Haemorrhagic	2 (0.1%)
	Ischaemic	5 (0.4%)
Mortality	140 (9.8%)	356 (3.7%)
MACE	150 (11%)	453 (4.8%)
MACCE	155 (11%)	477 (5.0%)
<u>30-Day Outcomes</u>		
Myocardial infarction	26 (2.1%)	127 (1.5%)
Stent thrombosis (definite/probable)	7 (0.6%)	46 (0.5%)
Major bleeding	45 (3.2%)	215 (2.3%)
Stroke	No stroke	1208 (99.8%)
	Haemorrhagic	1 (0.1%)
	Ischaemic	2 (0.2%)
Rehospitalisation	259 (21.%)	1372 (16%)

Table 4: 30-day outcomes stratified by PCI indication

		eGFR<30 (n=1425)	eGFR 30-59 (n=9521)
STEMI	Mortality	95 (34%)	293(18%)
STEMI	MACE	99 (36%)	339(21%)
NSTEMI/Unstable Angina	Mortality	44 (8.2%)	81(2.7%)
NSTEMI/Unstable Angina	MACE	54(10%)	144(4.9%)
Stable Angina	Mortality	16 (4.5%)	57(2.5%)
Stable Angina	MACE	20(5.7%)	85 (3.8%)