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Developing indicators of public open space to promote health and wellbeing in communities

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1 **Introduction**

2 Evidence supporting associations between the built environment and health behaviors
3 and outcomes continues to accumulate (Koohsari, Badland, & Giles-Corti, 2013).
4 Along with other built environment attributes (e.g., public transport infrastructure,
5 walkability), public open space (POS) confers physical and social benefits including
6 encouraging physical activity (B Giles-Corti et al., 2005), and fostering neighborhood
7 social cohesion (Każmierczak, 2013; Peters, Elands, & Buijs, 2010). Studies have
8 linked POS with chronic conditions such as obesity (Lachowycz & Jones, 2011),
9 cardiovascular disease (Pereira et al., 2012), diabetes (Maas, Verheij, et al., 2009),
10 respiratory health (Maas, Verheij, et al., 2009), and mental health (e.g., stress, anxiety,
11 depression, attention deficit disorders) (Francis, Wood, Knuiman, & Giles-Corti,
12 2012). Furthermore, the provision of POS is important for mitigating health
13 consequences (e.g., heat stress and heat-related illness) resulting from extreme
14 ambient temperatures such as those potentially caused by climate change (Tan et al.,
15 2007), and reducing urban heat island effects (Aniello, Morgan, Busbey, & Newland,
16 1995; Jonsson, 2004).

17

18 POS is defined as “all open space of public value, including areas of water such as
19 rivers, canals, lakes and reservoirs (not just land) which offer important opportunities
20 for sport and recreation and also act as visual amenity” (Alexander, 1977). POS, such
21 as freely-accessible parks or green spaces, have received the most attention in urban
22 planning and public health fields, with much of the research exploring the association
23 between POS and health and wellbeing outcomes (Bedimo-Rung, Mowen, & Cohen,
24 2005; B Giles-Corti et al., 2005; Koohsari, Karakiewicz, & Kaczynski, 2013).

25 Consistent with this body of research, for the purposes of this paper, POS refers to
26 green spaces.
27
28 Local access to green POS encourages walking for recreation (Sugiyama, Francis,
29 Middleton, Owen, & Giles-Corti, 2010), walking for transport (Sugiyama &
30 Thompson, 2008), and leisure (recreational) physical activity (Kaczynski, Potwarka,
31 & Saelens, 2008; Lackey & Kaczynski, 2009). POS also provides a venue for people
32 to socialise, interact, and gather; this contributes to social inclusion, and community
33 social capital (Maas, Van Dillen, Verheij, & Groenewegen, 2009; Wood, Frank, &
34 Giles-Corti, 2010). While access to POS within walking distance is necessary to
35 facilitate physical activity, a growing body of literature suggests that proximity alone
36 may be insufficient to entice use. Other elements such as POS quality or attractiveness
37 (B Giles-Corti et al., 2005; Sugiyama et al., 2010) including its attributes (Cohen et
38 al., 2006; B Giles-Corti et al., 2005; Potwarka, Kaczynski, & Flack, 2008), as well as
39 its size (Paquet et al., 2013; Schipperijn, Bentsen, Troelsen, Toftager, & Stigsdotter,
40 2013), are also important determinants for POS use, physical activity, and mental
41 health outcomes.

42
43 Since urban POS plays such an important role in providing space for enhancing
44 health, the provision and access to POS is increasingly being recognised as an
45 environmental justice issue, which aims for a fair distribution of resources to ensure
46 vulnerable groups are not exposed to undue harm to health and wellbeing (Cutts,
47 Darby, Boone, & Brewis, 2009). Thus, POS viewed through an environmental justice
48 lens ensures the democratic provision and equitable access to POS for sectors of the
49 community from different ethnic and socio-economic backgrounds (Low, Taplin, &

50 Scheld, 2009; Wolch, Wilson, & Fehrenbach, 2005). Although the evidence remains
51 mixed (HM Badland, Keam, Witten, Kearns, & Mavoia, 2010), some studies show that
52 the availability of POS disproportionately benefits more affluent communities; while
53 others have shown more socioeconomically deprived areas and areas with high ethnic
54 minority populations may have poorer quality POS (Crawford et al., 2008; Pearce,
55 Witten, Hiscock, & Blakely, 2007; Timperio, Ball, Salmon, Roberts, & Crawford,
56 2007), which may in turn, amplify social inequalities.

57

58 The provision of POS is an important (and potentially modifiable) social determinant
59 of health and wellbeing, and contributes to the liveability of a region. Liveability has
60 been conceptualized as ‘safe, attractive, socially cohesive and inclusive, and
61 environmentally sustainable; with affordable and diverse housing linked to
62 employment, education, public open space, local shops, health and community
63 services, and leisure and cultural opportunities; via convenient public transport,
64 walking and cycling infrastructure’ (Lowe et al., 2013). This concept is closely
65 aligned with the social determinants of health (SDH), which encompass the
66 ‘circumstances in which people are born, grow up, live work, and age, and the
67 systems put in place to deal with illness’ (World Health Organization, 2012). In
68 addition to influencing people’s health and community wellbeing, POS has broader
69 relevance to regional and national policies, including: biodiversity protection (Sadler,
70 Bates, Hale, & James, 2010), environmental sustainability and regeneration (Chiesura,
71 2004); climate change adaptation; and water management (Young, 2010).

72

73 The amount and spatial distribution of POS throughout cities is determined by state
74 and local government urban planning policies, practices, and standards for open space

75 planning. In the context of POS planning, three types of ‘standards’ or ‘guidelines’
76 are generally used: 1) Area-percentages: a specified percentage of land to be reserved
77 for POS; 2) Population-ratios: a prescribed level of provision of POS related to the
78 level of population (typically, per 1000 population); and 3) Catchment area:
79 specifications for various categories of POS (typically based on size) of the ‘service
80 area’ or maximum distances which residents should have to travel to gain access
81 (Veal, 2013).

82

83 In Australia for example, the Victorian Planning Provision states that 95% of
84 dwellings should have access to a local park $\leq 400\text{m}$ from home (Victorian Planning
85 Commission, 2006). The Western Australian Liveable Neighbourhood Guidelines, on
86 the other hand, requires a minimum of 8-10% of gross subdivisible land area as POS
87 as well as catchment (distance) specifications for different sized parks (Western
88 Australian Planning Commission, January 2009 Update 02). Queensland POS
89 guidance is different again, based on population-ratios for recreational (2.0–2.6 ha per
90 1000 population) and sporting space (1.8–2.4 ha per 1000 population) within
91 specified distances, based on size, and 90% of dwellings.

92

93 Although urban design and planning literature provides a number of policy
94 recommendations for the provision of POS, they are not necessarily spatially
95 quantifiable and measurable. For example, an Australian review into the historical
96 origins of POS planning guidelines revealed most of the standards are not evidence-
97 driven, but rather derived from British or American standards, often with little
98 rationale for their application within the Australian context (Veal, 2013). Indeed,
99 internationally, there appears to be few evidence-based approaches to developing

100 urban design and planning standards for the provision of POS (La Rosa, 2014).
101 Similarly, there is no evidence about how different guidelines and recommendations
102 impact the health and wellbeing outcomes.
103
104 To optimize health and community wellbeing outcomes, there is a need to test
105 different policy standards and metrics to understand which measures are impactful.
106 Identification of the best POS indicators would be useful tools to measure and
107 monitor progress towards achieving a range of policy and health and wellbeing
108 outcomes, as well as reducing social and health inequalities (State Government
109 Victoria, 2014). This would further refine and inform evidence-driven planning policy
110 standards for POS provision.
111
112 The current study aims to: 1) develop a framework conceptualizing the pathways in
113 which POS influences health and wellbeing outcomes; 2) use this conceptual
114 framework as a guide to identify upstream policy-relevant indicators of POS that are
115 evidence-based, specific, quantifiable, and measurable across regions; and 3)
116 highlight methodological issues and challenges in developing these indicators. This
117 study will use major urban regions and capital cities across Australia as a case study
118 for the development of POS indicators, underpinned by the Australian planning policy
119 context. However, these methods may be relevant and applicable to other developed
120 countries, and could be modified for use in developing countries.

121

122 **Material and Methods**

123

124 *Development of a conceptual framework*

125 In a review of urban liveability indicators (H Badland et al., 2014) POS was identified
126 as one aspect of liveability, and contributing to the SDH pathway. For each of the
127 domains of liveability (e.g., housing, employment, transport, and social
128 infrastructure), conceptual frameworks have been developed to inform the creation of
129 indicators (H Badland et al., in press).

130

131 The POS conceptual framework was developed considering adult human health and
132 wellbeing outcomes using a SDH lens. We identified how both upstream determinants
133 (e.g., neighborhood attributes) and downstream determinants (e.g., behaviors) might
134 influence health and wellbeing outcomes (Figure 1). Associations drawn from
135 previous studies were used to guide the development of our framework. In turn, the
136 conceptual framework was used to identify spatial measures of POS that may be
137 associated with selected behavioral, intermediate, and longer-term health and
138 wellbeing outcomes.

139

140 *Indicator selection*

141 A review of Australian policy documents, grey literature, and journal articles
142 (Australian and international) helped identify a list of the most promising policy-
143 relevant POS indicators using the following inclusion criteria (H Badland et al.,
144 2014).

- 145 1) Is the indicator related to liveability and/or the SDH in urban areas?
- 146 2) Is the indicator specific, quantifiable and able to be spatially applied within a
147 defined spatial area?
- 148 3) Can the indicator be measured at the appropriate level(s) and scale(s) so that
149 intra- and inter-city comparisons can be made?

150 4) Is the indicator relevant to Australian urban planning policy?

151

152 A list of POS indicators based on these criteria were compiled, along with available
153 relevant datasets (Table 1). When measures were identified as being important based
154 on the conceptual framework but were not available through the policy and grey
155 literature, the authors created fit-for-purpose measures based on the current academic
156 research.

157

158 The subgroup responsible for selecting the final inclusion of indicators spanned
159 multiple disciplines including: public health, urban design and planning, psychology,
160 health policy, and transport engineering. When generating and applying these criteria,
161 we continually liaised and collaborated with other researchers, policy-makers and
162 practitioners. Using the process outlined, we attempted to include the most promising
163 policy-relevant indicators associated with health and wellbeing outcomes, which were
164 measurable across different geographic regions.

165

166 *Operationalizing and computing spatial indicators*

167 When selecting the most promising indicators for use, POS measures were required to
168 be spatially attributable (i.e., the unit of measurement had to be within a spatially
169 defined boundary). Spatially defined boundaries enable comparison and contrast of
170 different areas to understand what POS are available within a defined spatial unit.

171

172 In this study, POS indicators were calculated for Statistical Area Level 1 (SA1)
173 boundaries. SA1s are defined by The Australian Bureau of Statistics (ABS) Australian
174 Statistical Geography Standard (ASGS) (Australian Bureau of Statistics, 2013) as

175 equivalent to an area of approximately 400 persons (Australian Bureau of Statistics,
176 2013). We chose to use these small scale SA1 boundaries because they are more
177 likely to isolate neighborhood effects (rather than larger spatial units) (Learnihan, Van
178 Niel, Giles-Corti, & Knuiman, 2011). By way of example, living in in a
179 disadvantaged ‘pocket’ of a suburb with few (if any) or poor quality local parks, may
180 impact on residents’ health and wellbeing outcomes, compared with other residents
181 living in the same suburb but in a ‘pocket’ with more parks. Hence, measuring POS
182 at a smaller scale is preferable.

183

184 *Testing with health and wellbeing outcomes*

185 The measures in Table 1 will be created using Geographic Information Systems (GIS)
186 (ESRI ArcGIS v10.2.1; (ESRI (Environmental Systems Resource Institute), 2010)).
187 Once developed, the measures will be linked with existing population health and
188 survey datasets (Department of Health Preventative Health Survey (Department of
189 Health & State Government Victoria, 2014), VicHealth Indicators Survey (VicHealth
190 & State Government of Victoria, 2014), and the Victorian Integrated Survey of Travel
191 and Activity (Department of Transport Planning and Local Infrastructure & State
192 Government of Victoria, 2014)) to explore associations between POS and health and
193 wellbeing (Figure 1)). These datasets contain information about the lifestyles, and
194 health and wellbeing of Victorians. In this way, we are able to further understand how
195 urban design planning and policy decisions for POS affect health and wellbeing
196 outcomes.

197

198 **Results**

199

200 *Conceptual framework*

201 The ‘upstream’ POS determinants of health and wellbeing outcomes (left side of
202 Figure 1) focus on built environment attributes, and are informed by available
203 evidence (B Giles-Corti et al., 2005; Paquet et al., 2013). The ‘downstream’
204 determinants of the framework (moving to the right of Figure 1) are the more
205 behavioral measures of health and wellbeing, which in turn influence intermediate and
206 long-term health and wellbeing outcomes (to the far right of Figure 1). For example,
207 the quantity of POS (an upstream measure of POS access) may influence whether
208 people use parks for recreational physical activity (behavioral outcome) (Kaczynski &
209 Henderson, 2007). In turn this influences their physical activity levels (intermediate
210 outcome) (Roux et al., 2007), which are protective against chronic conditions such as
211 cardiovascular disease (long-term outcome) (Anderssen et al., 2007).

212

213 The ‘grey’ boxes (e.g., POS quantity and distance) represent the indicators that can
214 more readily be derived spatially because data are available. The ‘white boxes’ (e.g.,
215 quality of POS and POS amenities) are more difficult to measure spatially because of
216 limited objectively available data. These indicators are included in the framework for
217 completeness, and the feasibility of their inclusion as indicators may increase as
218 technology advances. Moreover, ‘walkability and neighborhood features surrounding
219 POS’ were included because they facilitate accessing POS since people are more
220 likely to walk to destinations in more ‘walkable’ environments (e.g., with more direct
221 routes, fewer major roads to cross) (Frank et al., 2010). There is extensive research
222 available on walkability (Frank et al., 2010; Müller-Riemenschneider et al., 2013),
223 hence walkability indicators are not considered in detail in this paper as they would
224 require a separate investigation of their own.

225

226

Insert Figure 1 here

227

228 *Spatial indicators*

229 Overall, 17 POS indicators were identified, but only 11 met our criteria. The final
230 indicators used to populate the conceptual framework are listed in Table 1. The final
231 selection spans POS quantity (amount), access (e.g., proximity), and purpose. The
232 most consistent indicators were those for the amount and proximity of POS. The
233 majority of these indicators could be operationalised at the SA1 level. The final
234 selection of indicators are also appropriate for implementation in large metropolitan
235 (e.g., Melbourne) and regional areas (e.g., large regional centres across Victoria), and
236 in future, could be expanded to generate national-level measures comparable across
237 states. Six potential indicators were not selected for inclusion in our final suite of
238 indicators. These addressed more subjective indicators of POS, such as quality and
239 frequency of use (H Badland et al., 2014), and can be difficult to measure spatially as
240 valid and reliable data at an appropriate scale are rarely available and require
241 intensive resources to develop.

242

243

Insert Table 1 here

244

245 **Discussion**

246 Urban design and planning policies have the capacity to shape people's health and
247 wellbeing, and influence social and health inequities. To date an evidence-based
248 approach to developing recommendations for the provision of POS has rarely been
249 adopted in urban design and planning practice and literature. Moreover, the use of

250 POS indicators for the specific purpose of informing and monitoring urban planning
251 policy and practice, is lacking. This may, in part, be due to limited understanding of
252 which POS indicators are most meaningful for health and wellbeing.

253

254 To that end we have utilised a novel approach to identify policy-relevant POS
255 indicators by using an evidence-based conceptual framework purposefully linking
256 indicators to health and wellbeing outcomes. We reviewed relevant policy as well as
257 research to develop indicators that can be spatially applied. The indicators are
258 therefore evidence-based, specific, quantifiable, and measurable within cities and
259 across regions. Furthermore, most indicators are easily developed and analysed using
260 GIS and spatial data.

261

262 In this way, once developed and implemented, these indicators have the potential to
263 inform urban design policy and practice to quantify and (re)design POS provision at
264 the neighborhood-level, and in turn influence a variety of health and wellbeing
265 outcomes. The next stages of this research are to source appropriate spatial data for
266 the measures, develop the measures, and test them against health and wellbeing
267 outcomes in existing population health datasets. The final step will be developing
268 appropriate indicators based on these findings. Indicators may be ‘grouped’ into a
269 composite index, if appropriate.

270

271 However, there are a number of key methodological challenges and limitations when
272 developing and applying indicators, including spatial data availability, spatial
273 applications, data harmonization, generalizability to other contexts, and reliance on
274 cross-sectional study designs. These challenges are discussed below.

275

276 **Developing and using spatial indicators**

277

278 *Spatial data availability*

279 Some measures are difficult to measure spatially. For example, research has shown
280 that quality of POS and availability of amenities are important in determining its use,
281 and have been linked to health outcomes (B Giles-Corti et al., 2005). POS quality has
282 been measured by assigning a score for quality or attractiveness based on attributes
283 and amenities within the POS (e.g., sporting facilities, shade along paths, water
284 features, and lighting) (B Giles-Corti et al., 2005). However, spatial measures of
285 quality are: rarely readily available; are inconsistently collected and collated across
286 local government authorities; are extremely difficult to source both regionally and
287 nationally; and are more prone to temporality issues (i.e., the time point at which data
288 were collected). Various audit tools for collecting POS attributes have been developed
289 in Australia using physical (actual visits to assess POS), and desktop auditing
290 techniques (e.g., Google Earth, Near Map imagery) (Edwards et al., 2013), but these
291 are resource-intensive and time consuming (Edwards et al., 2013), making it
292 expensive to acquire for large geographical areas (e.g., cities, states, countries). As
293 such, these are less appealing options for indicators to be used across large-scale and
294 multiple geographical areas and over time. The lack of available data to compute
295 spatial measures of POS quality is a key limitation, but it is envisaged that end-users
296 interested in these indicators (e.g., local government authorities) could develop their
297 own spatial data using readily available tools (Edwards et al., 2013).

298

299 *Geographic scale*

300 Associations between POS and health and wellbeing outcomes have been reported in
301 many studies, however the geographic scales at which POS needs to be measured and the
302 magnitude (how much) of POS is required to support health and wellbeing are not
303 clear (Koohsari, Badland, et al., 2013). The importance of choosing the most
304 appropriate neighborhood boundary (geographic scale) is a key methodological
305 challenge in linking spatial data to health and behavioral data, and is commonly
306 referred to as the ‘Modifiable Unit Area Problem’ (MAUP) (Openshaw, 1984).
307 MAUP is concerned with: 1) ‘scale or aggregation effect’ (i.e., aggregating smaller
308 units to larger units, with each aggregation providing variations in data), and 2)
309 ‘grouping or zoning effect’ (i.e., the variability in results due to aggregating different
310 areal unit shapes) (Gotway & Young, 2002). For example, a measure such as shortest
311 distance to a POS may be calculated as the road network distance from the
312 population-weighted centroid (PWC) of the administrative spatial unit (e.g., SA1) to
313 the POS. The PWC represents the ‘centre’ of the unit based on the dispersion of the
314 population (Thornton, Pearce, & Kavanagh, 2011). If a larger administrative spatial
315 unit is used (e.g., SA2), different results may contribute to measurement error and
316 attenuate associations with health and wellbeing outcomes (Learnihan et al., 2011).
317 However, selection of a neighborhood boundary should be meaningful (e.g.,
318 recognize natural boundaries, such as busy roads and rivers) and relevant for policy
319 and practitioners.

320

321 *Harmonizing data to create national POS indicators*

322 Ideally, *national* POS datasets (e.g., with details on geocoded location, type, and size)
323 are preferable for country-level analysis because any systematic errors present will be
324 consistent across states/regions, and minimises the time taken to ‘clean’ data.

325 However, spatial layers of this type are unlikely to be available. Using individual state
326 or regional datasets to compute spatial measures can be problematic when trying to
327 harmonize data with other states because different methods are used to create the data,
328 which are attributed in different ways. For example, POS datasets may have different
329 naming conventions, classification schemas, and even vary in methods used to
330 digitize POS (i.e., cadastre or mesh-block) across regions. Some measures may
331 capture park access from the digitized centroid of the park (i.e., point at the centre of
332 the park), while others may digitize a park at set intervals around the park perimeter
333 (e.g., at 10 m intervals around the perimeter of the park) to better reflect the true
334 access points to the park. Variation in digitizing approaches may result in differences
335 in proximity estimates (e.g., closest distance to park), thereby introducing
336 measurement error in analyses. Furthermore, if the accompanying metadata is not
337 thorough, the differences in POS spatial calculations may be disguised. Thus, to
338 ensure consistency in the spatial measures, spatial data should first be checked,
339 validated for quality assurance, and cleaned. This may prove time consuming when
340 using multiple data sources. Another issue is that each state/region may have different
341 urban planning policies. As mentioned, the feasibility of this work will be informed
342 by stakeholder consultation with policy-makers and practitioners across Australia.

343

344 **Testing with health and wellbeing outcomes**

345

346 *Different populations*

347 Although the conceptual framework presented focused on adults, it is important to
348 note that the magnitude and direction of associations between POS and health and
349 wellbeing may vary depending on the sub-population or life stage being investigated

350 (e.g., children, adolescents, older adults) (Giles-Corti & King, 2009; Giles-Corti,
351 Timperio, Bull, & Pikora, 2005). For example, different POS amenities (e.g., local
352 facilities and equipment) such as playgrounds are recognized as being important for
353 supporting children's physical activity levels and independent play (Cohen et al.,
354 2006), while others (e.g., toilets, park benches) have been associated with older
355 adults' park use (Alves et al., 2008). It is also important to consider the availability of
356 culturally-relevant amenities that meet community-based needs, and foster equitable
357 opportunities for people of different ethnic and cultural backgrounds (Northridge &
358 Freeman, 2011). Moreover, proximity to POS may be more meaningful for some
359 groups than others. Children and older adults for example, are more likely to use
360 destinations located within walking distance of their home (Christian et al., 2011;
361 McDonald & Alborg, 2009; Page, Cooper, Griew, & Jago, 2010; Timperio et al.,
362 2006; Transportation Research Board, 2005), but POS located further away may be
363 less of a barrier for adolescents and adults (Sugiyama et al., 2010). Thus, taking into
364 account associations between POS indicators and health and wellbeing data for
365 different life stages to ensure that liveable neighborhoods cater for all its residents
366 across the life course, and are designed and managed without 'unintended
367 consequences' (Giles-Corti & King, 2009).

368

369 *Cross-sectional data*

370 A key limitation of the majority of built environment and health research is the use of
371 cross-sectional data (rather than longitudinal) to examine associations. In this way,
372 causal inferences (cause and effect) cannot be confirmed; this is essential to develop
373 more effect interventions to modify built environments for achieving better health and
374 wellbeing. For example, neighborhood self-selection has rarely been addressed e.g.,

375 do physically active people choose to live in neighborhoods with more parks?
376 Although one study found little evidence of self-selection for recreational walking,
377 more longitudinal evidence is required (Giles-Corti et al., 2013). Nevertheless, the
378 development of evidence-based, policy-relevant indicators for the purpose of
379 ‘benchmarking’, monitoring and designing better environments across regions is
380 among the first step in addressing an important gap, and in future these can be applied
381 and tested using longitudinal datasets.

382

383

384 **Conclusions**

385

386 With over 50% of the global population living in urban environments (United Nations
387 Development Program, 2011), it is not surprising there is increasing research and
388 policy interest in creating indicators for liveable and healthy cities to support our
389 rapidly growing urban population (H Badland et al., 2014; State Government Victoria,
390 2014). POS is important for urban liveability, and has been associated with health and
391 wellbeing. Despite key methodological challenges and our focus on the developed
392 world, we have proposed an important first step to providing an evidence-based,
393 policy-relevant, and best-practice ‘benchmark measures’ of POS in relation to health
394 and wellbeing outcomes. Indicators will help provide a better guide to communities,
395 policy-makers and practitioners to assess equity of provision, distribution and access,
396 that need improvement. A key challenge as cities grow in the developing world is to
397 create relevant indicators in these contexts. In this way, resources can be utilised more
398 effectively for POS and amenity provision and benchmarks to compare within and
399 between cities, which can be used to monitor progress towards achieving POS policy

400 goals. Research translation and assistance with understanding the indicator results is
401 extremely important for the uptake of these indicators within a policy and planning
402 context. The indicators can also be used to inform the development of web-based
403 tools to measure progress towards (re)designing urban environments that reduce
404 inequalities and support health and wellbeing.

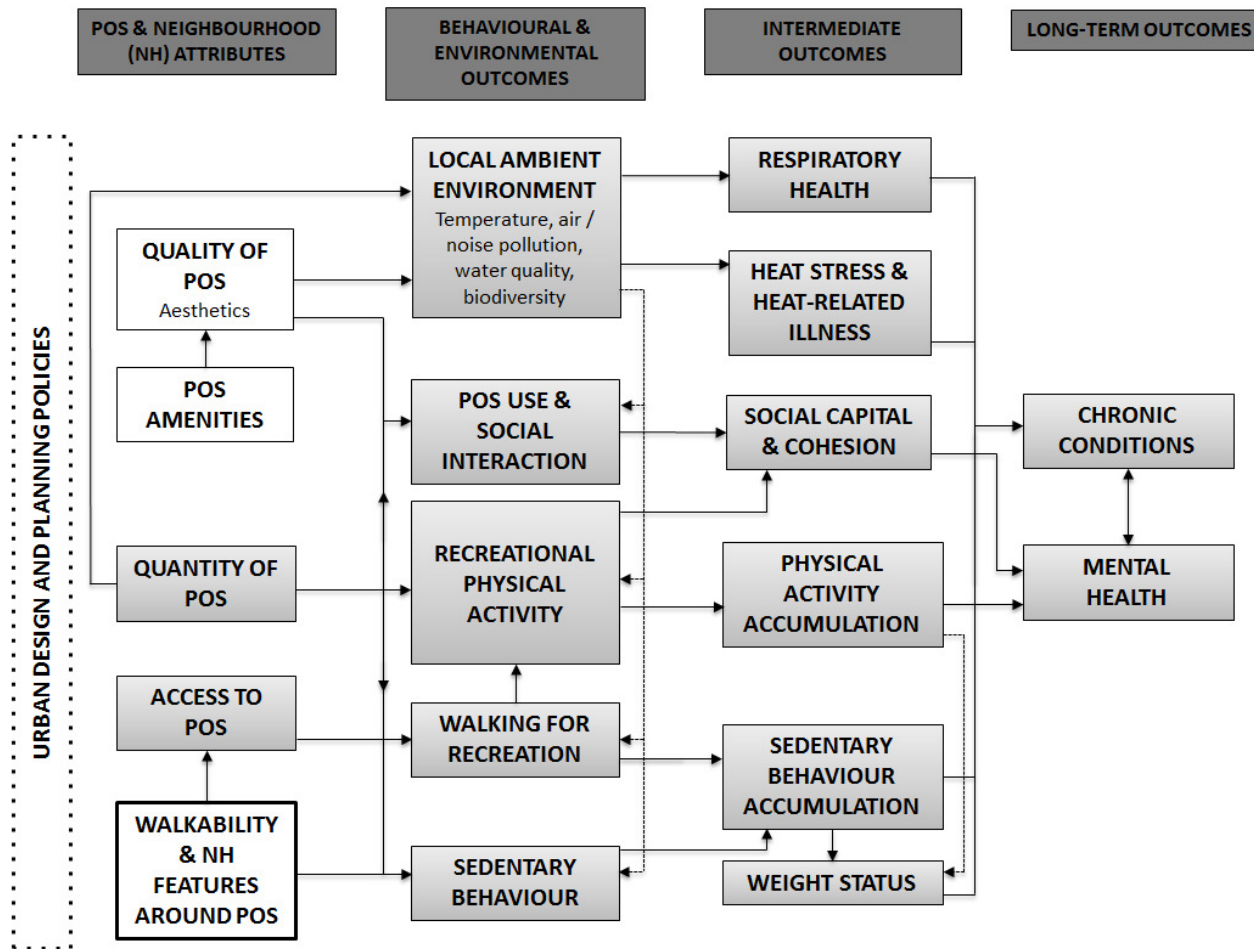


Figure 1. The role of Public Open Space in health and wellbeing: a conceptual framework

Mental health: e.g., psychological distress, anxiety, stress, depression, perceived quality of life. *Chronic conditions:* e.g., obesity, cardiovascular disease, diabetes, asthma.

Table 1. Proposed selection of spatially attributable Public Open Space indicators

	Measure	Policy guideline	Comments
POS quantity			
1	% POS area within SA1	No guidelines available ¹	A measure of the total area of POS within a SA1/gross land area of the SA1.
2	% POS area of subdivisible SA1 land area	WA Liveable Neighbourhoods (Western Australian Planning Commission, 2000)	WA planning policy requires 10% of the subdivisible land area of all new developments to be POS.
3	# of POS available within SA1	No guidelines available ¹	
4	# POS by size/type within SA1	No guidelines available ¹	
POS access			
5	Road network distance from SA1 population-weighted centroid to nearest POS border	No guidelines available ¹	Suggested by sub-group as a raw measure of access. Calculate PWCs of SA1s.
6	95% of dwellings have access to a local (≤ 0.3 ha) park POS ≤ 400 m	VPP Clause 56.05 [34]	Local park POS sizes based on WA policy recommendations (Western Australian Planning Commission, 2000).
7	95% of dwellings have access to a small (>0.3 to ≤ 0.5 ha) neighborhood park POS ≤ 400 m	VPP Clause 56.05 [34]	Small neighborhood POS sizes based on WA policy recommendations.
8	95% of dwellings have access to a medium (>0.5 to ≤ 1.5 ha) neighborhood ¹ park POS ≤ 400 m	VPP Clause 56.05 [34]	The WA Liveable Neighbourhood Guidelines are currently being updated with the following size cut-offs: Pocket <0.4 ha; Local = 0.4-1ha; Neighborhood – 1-5ha; District = 5-20ha; Regional >20 ha. The Medium neighborhood POS sizes are being considered for inclusion in the update of WA policy recommendations (Western Australian Planning Commission, 2000).

9	95% of dwellings have access to a large (>1.5 to ≤2.5ha) neighborhood park POS ≤ 800m	No guidelines available ¹	There are no policy guidelines for this, but we want to include an 800m buffer as people may travel further to access a better quality/larger POS.
10	95% of dwellings have access to a district (>2.5 to ≤4.0ha) park POS ≤ 800m	No guidelines available ¹	There are no policy guidelines for this, but we want to include an 800m buffer as people may travel further to access a better quality / larger POS.
11	95% of dwellings have access to a regional (>4.0ha) park POS 5km or 10km	No guidelines available ¹	There are no policy guidelines for this. Discussions with WA DSR have suggested the use of a 5km buffer. Work on a POS strategy with a Local Government Association has used a 10km buffer around regional POS.
POS quality			
12	A quality (attractiveness) score is assigned to each POS based on its attributes and amenities	No guidelines available ¹	POS quality or attractiveness is assessed by summing the weighted scores for a number of POS attributes audited using remote sensing methods (e.g., sporting facilities, shade along paths, water features, and lighting). See (B Giles-Corti et al., 2005); (Edwards et al., 2013).

POS: Public Open Space; GIS: Geographic Information System; SA1: Statistical Area Level 1; VPP: Victorian Planning Provision; WA: Western Australia; DSR: Department of Sport and Recreation; PWC: population-weighted centroid.

No guidelines available: Policy and grey literature were reviewed to identify policy-relevant measures. In cases where no policy guidelines existed, fit-for-purpose measures were created based on academic evidence.

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