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## **A comparative analysis of histone deacetylase inhibitors for the treatment of mycosis fungoides and Sézary syndrome**

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### **Potential Conflicts of Interest:**

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CMcC has received honorarium for advisory roles for Merck

Two histone deacetylase inhibitors (HDACi), vorinostat and romidepsin have been approved by regulatory agencies in parts of the world for the treatment of relapsed/refractory Mycosis Fungoides (MF) and Sézary Syndrome (SS) based on positive Phase II trial results.<sup>1,2</sup> Panobinostat has activity in MF/SS, and is approved in the United States for the treatment of myeloma.<sup>3</sup> HDACi are of different classes, with vorinostat and panobinostat both hydroxamic acids with pan-HDAC inhibitor activity, and romidepsin a cyclic peptide with specificity to Class I HDAC. Moreover, the mechanism of action of HDACi are not fully understood and there are no direct comparative analyses between HDAC inhibitors to aid the physician in selecting between HDACi agents for MF/SS.<sup>4</sup>

Previously, we reported a comparative analysis between systemic therapy agents in the treatment of MF/SS, utilizing “time to next treatment” (TTNT) to assess and compare the clinical value of these therapies.<sup>5</sup> In that study, we observed that the median TTNT for all treatments was 5.4 months. Here, we now review the use of HDACi in the treatment of patients with MF/SS at our institution, and examine TTNT for three HDACi: romidepsin, vorinostat and panobinostat. A retrospective analysis of patients’ first treatment with a HDACi was performed, and the primary endpoint was TTNT, using the methodology previously described.<sup>5</sup> In Australia, currently all drugs are approved by the Therapeutics Goods Administration, vorinostat for relapsed/refractory cutaneous T cell lymphoma, romidepsin for relapsed/refractory peripheral T cell lymphoma and panobinostat for myeloma. During the time-frame of the analysis the drugs had not necessarily achieved approval and were variously obtained through standard prescription, compassionate programmes or clinical trial.

Eighty-two patients were treated: 58 MF, 24 SS. Patient characteristics are summarized in Table 1. All patients had multiply-relapsed disease; overall median number of previously failed lines of therapy was 4 (range: 1-14). There were no differences between the HDACi with respect to age, gender, stage, or number of prior therapies. The overall median TTNT was 5.5 months (range: 1-124). There were no significant differences in TTNT between the HDACi therapies (Table 1 and Figure 1). Adverse events were consistent with that reported in previous clinical trials<sup>1,2,3</sup>. Indeed, few patients discontinued therapy for adverse events (vorinostat = 2, romidepsin = 1 and panobinostat = 1).

As this was a retrospective analysis we cannot exclude the possibility of some selection bias as to the choice of HDACi utilized. Given that romidepsin requires regular intravenous administration, it is possible that the clinician's drug choice may have been influenced by individual patient characteristics. Some patients received panobinostat or romidepsin in the context of a clinical trial which also may have had some influence on drug selection choice.

We specifically examined vorinostat according to diagnosis: the median TTNT was 4 months for MF (range: 1-38) and 7 months for SS (range: 1-34 months); at 24 months, approximately 10% of patients had not required another treatment in both disease groups. Of note, vorinostat was the control arm of the MAVORIC study where a median progression free survival of 3.1 months [95% confidence interval of 2.9–4.1 months] was reported<sup>6</sup>. Moreover, a recent analysis of the MAVORIC study presented in abstract form demonstrated a TTNT of 3.5 months [95% confidence interval of 3.1–4.3 months]<sup>7</sup>. These results are strikingly similar to our TTNT of 4 months and confirms the value of TTNT as clinically meaningful endpoint, particularly in retrospective analyses of real-world studies where detailed global response scoring as used in prospective clinical trials is not always feasible.

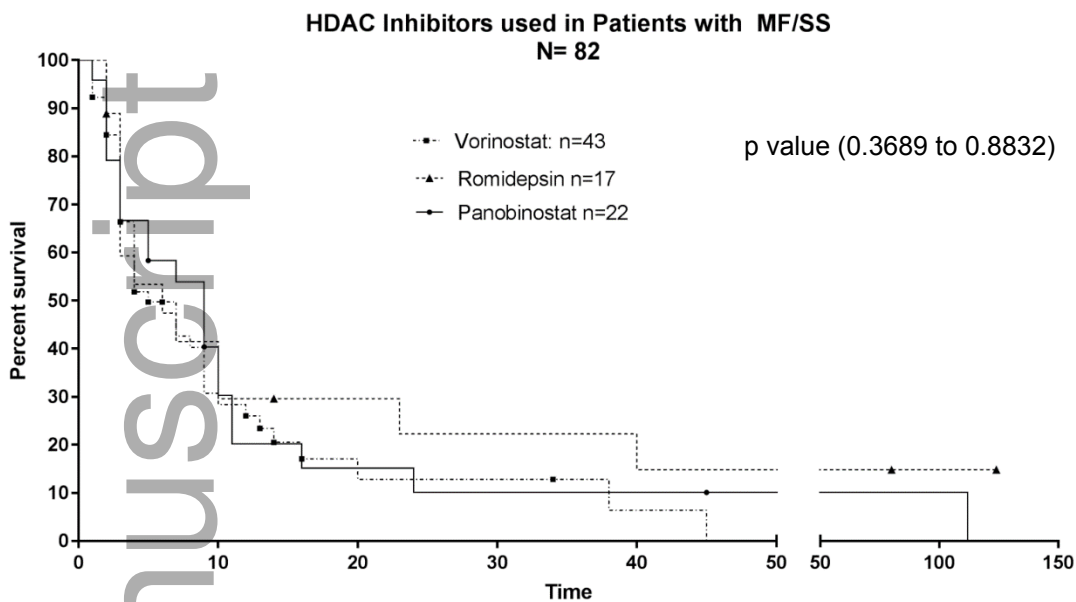
The median TTNT for the entire group for refractory, early stage disease (n=25) was 7 months (range: 2-124), and for advanced stage disease (n=57) was 5 months (range: 1-112). Of note, for each drug there were some patients who achieved long-term disease control. We examined the seven patients who achieved disease control beyond 24 months; there were no differences between this group of patients and the whole cohort in terms of age, gender, number of prior therapies, MF vs. SS, early- vs advanced-stage, and drug received (romidepsin=3, vorinostat=2, panobinostat=2).

In conclusion, we demonstrate that the three HDACi produced equivalent TTNT in patients with multiply-relapsed MF/SS. Further, approximately 10% of patients achieved prolonged disease control with a TTNT greater than 24 months.

**Table 1: Mycosis fungoides and Sézary syndrome patients treated with first HDAC inhibitor**

HDACi	Vorinostat	Romidepsin	Panobinostat	All HDACi
Number	43	17	22	82
Median Age in years (Range)	66 (32-86)	62 (37-73)	57 (21-79)	63 (32-86)
Gender Male/Female	22/21	11/6	10/12	44/48
Early Stage IA to IIA (%)	11 (25%)	8 (47%)	6 (33%)	25 (30%)
Advanced Stage IIB to IVB (%)	32 (75%)	9 (53%)	16 (67%)	57 (70%)
Median Number of Prior Treatments (Range in months)	4 (1-14)	4 (1-11)	3 (1-13)	4 (1-14)
Median TTNT in months (Range)	5 (1-38)	6 (1-124)	9 (1-112)	5.5 (1-124)

TTNT, time to next treatment; HDACi, histone deacetylase inhibitor.



**Figure 1. TTNT for combined MF/SS patients treated with HDACi.**

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