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# Composite guar gum-silver nanoparticle hydrogels as self-healing, injectable, and antibacterial biomaterials

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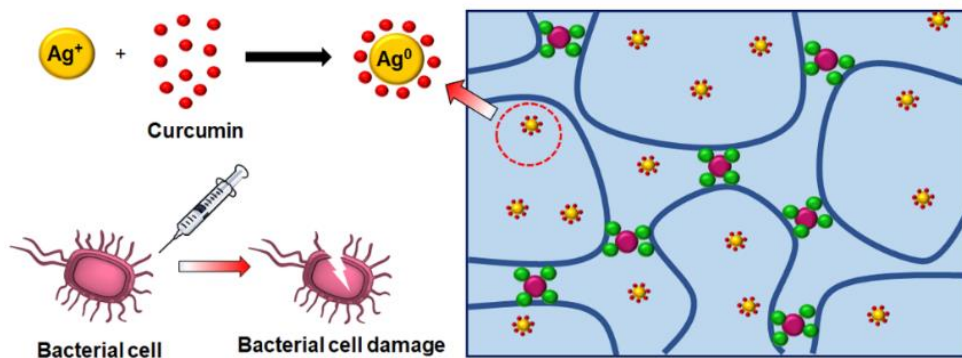
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## Abstract

Biomaterial-based hydrogels incorporating antibacterial agents may provide sustainable solutions to biomedical device failures and the prevention of infections. Herein we report guar gum hydrogels, cross-linked with borax and loaded with silver nanoparticles, that are injectable, exhibit rapid self-healing, and show antibacterial properties towards both gram-positive and gram-negative bacteria. The hydrogels are fully characterized by infrared spectroscopy, thermogravimetric analysis, scanning electron microscopy, and rheological measurements. An important focus was to minimize borax content, thus reducing the toxicity of the gels greatly, whilst retaining their favorable viscoelastic properties. When the low borax-content hydrogels are composited with curcumin-stabilized silver nanoparticles, the hydrogels show activity against *Escherichia coli* (*E. coli*), *Pseudomonas aeruginosa* (*P. aeruginosa*), and *Staphylococcus aureus* (*S. aureus*).



Graphical Abstract

## 44 1. Introduction

45 Hydrogels are three-dimensional polymeric networks that absorb a large amount of water  
46 [1,2]. They are soft and wet materials in which both chemical and physical gelling can  
47 coexist [1]. Their ability to retain water, along with their other biomimetic properties, make  
48 them of interest in medical [1,3] sensor [4], cosmetic [5], materials science [6], tissue  
49 engineering [7,8] and pharmaceutical [9,10] applications. Hydrogels with dynamically cross-  
50 linked polymer networks also have promising potential as self-healing materials [11]. These  
51 materials are dynamic at the molecular level due to reversible covalent bonding based on the  
52 constitutional dynamic chemistry concept. Self-healing hydrogels can automatically repair  
53 their function after damage and can be based on either reversible covalent or non-covalent  
54 crosslinked gel networks [12]. Nevertheless, self-healing hydrogels can have limitations,  
55 including slow speeds of self-healing, costly synthesis of macromolecular components, and  
56 complications during chemical modification [13,14]. In addition, the present focus on  
57 environmental sustainability demands that these materials be produced from natural  
58 (renewable) resources.

59 Guar Gum (GG) is an excellent starting biomaterial for modified polymers. The guar gum  
60 extracted from the seeds of *Cyamopsis tetragonoloba* consists of a (1,4)-linked  $\beta$ -D-  
61 mannopyranose main chain with a branched  $\alpha$ -D-galactopyranose unit at the 6-position [15].  
62 It is popular in biological applications and the food industry because it is non-toxic, cheap,  
63 biodegradable, and easily forms gels in water at room temperature [16,17]. In this work,  
64 borax was used as a cross-linker of GG because the dynamic nature of the boronate ester  
65 linkages imparts the gel with self-healing properties without any external stimuli [16].

66 The incorporation of metallic nanoparticles into materials can endow them with unique  
67 optical, electronic and biomedical properties [18-22]. Incorporation of silver nanoparticles  
68 (AgNPs) into hydrogels has been shown to modify gelation and lead to antimicrobial activity  
69 [23-25]. Hydrogel-AgNPs composites thus have potential as injectable materials for use in  
70 antimicrobial pharmaceutical formulations [26]. Herein we fabricate AgNPs using curcumin  
71 (1,7-bis(4-hydroxy-3-methoxy phenyl)-1,6 heptadiene-3,5-diene), the principal curcuminoid  
72 of turmeric, as both reductant and stabilizing ligand. Curcumin is known for its own various  
73 biological activities [27], but is poorly soluble in water, restricting its usefulness in  
74 biomedical applications. Here however, the curcumin-stabilized silver nanoparticles are  
75 easily dispersed in water and combined efficiently within our hydrogels.

76 In the final part of this work, we test the structural properties of the curcumin AgNP-  
77 incorporated GG-borax hydrogels and assess their anti-microbial properties against a range of

78 bacteria. The composite AgNPs hydrogel is shown to have better swelling properties than  
79 neat GG-borax hydrogels, to be self-healing, injectable by syringe, and highly resistant to  
80 various bacteria, suggesting future potential in the realm of biomedicine (e.g. wound healing,  
81 drug delivery). This work is part of a continuing drive in our laboratories to exploit natural  
82 products and to expand their technological usefulness by chemical and nanoscale  
83 modifications.

84

## 85 **2. Experimental**

### 86 2.1 Materials

87 Guar gum was purchased from Chemipan Corporation Co. , Ltd, Thailand. Sodium  
88 Hydroxide (99%) was purchased from RCL Labscan. Borax (di-sodium  
89 tetraboratedecahydrate) was purchased from QRëC, New Zealand. Silver nitrate was  
90 purchased from POCH™ and Curcumin synthetic grade (pure > 97%) was purchased from  
91 TCI, Europe. Deionized water (DI) with specific resistivity of 18.2 MΩ.cm was obtained  
92 from a RiO<sub>s</sub>™ Type I Simplicity 185 (Millipore water purification system).  
93 Dimethylsulfoxide (DMSO) was purchased from Riedel-deHaën®, Germany. K<sub>2</sub>CO<sub>3</sub> was  
94 purchased from Merck, Germany. Ethanol was obtained from Merck, Germany. Bacterial  
95 strains were obtained from the Biochemistry Laboratory, Biochemistry Department, Faculty  
96 of Science, Khon Kaen University, Thailand. Antimicrobial activity assays used *Escherichia*  
97 *coli* (*E. coli* O157H7), *Pseudomonas aeruginosa* (*P. aeruginosa* ATCC27853), and  
98 *Staphylococcus aureus* (*S. aureus* ATCC25923).

### 99 2.2. Guar gum purification procedure

100 Guar gum was purified according to a literature method [28]. Briefly, crude guar gum (10  
101 g) was stirred in 800 mL of DI water at room temperature for 12 hr. The guar gum solution  
102 was then centrifuged at 5000 rpm for 20 min (12 mL x 66 tubes), retaining the supernatant  
103 liquid. The supernatant was then precipitated with 400 mL ethanol and centrifuged at 5000  
104 rpm for 5 min. The white solid material thus obtained was washed again with ethanol  
105 followed by DI water. The material was then freeze-dried to obtain the purified guar gum  
106 powder.

107

108

### 109 2.3. Preparation of borax cross-linked guar gum hydrogels and guar gum films

110 The borax cross-linked guar gum hydrogels were prepared via a modification of a  
111 previous report [16]. Briefly, the solution of guar gum was prepared using purified guar gum  
112 powder (0.1 g) in 20 mL of DI water, stirred for 1 hr at room temperature. The solution pH  
113 was then adjusted to 8 by 0.1 M NaOH (200  $\mu$ L). The borax solutions were prepared in  
114 different proportions in 10 mL of DI water (i.e. 2, 4, 6, and 8 wt% of borax). 500  $\mu$ L of the  
115 prepared borax solution was then added to the guar gum solution to give final gelation  
116 solutions containing 0.5 wt% GG and 0.05 wt%, 0.1 wt%, 0.14 wt% and 0.2 wt% borax  
117 (10:1, 5:1, 3.6:1, and 2.5:1 GG:borax weight ratio respectively). The series of four hydrogels  
118 thus obtained were designated here GG-1, GG-2, GG-3 and GG-4, respectively (Table S1).  
119 For the film preparation, the obtained hydrogel was poured into a petri dish then dried in an  
120 oven at 40 °C for 24 hr. DI water was then poured over the whole film area, and the dish let  
121 sit until the film was swollen. Finally, the film was removed from the petri dish and put on a  
122 plastic plate to dry at room temperature.

### 123 2.4. Synthesis of curcumin-stabilized silver nanoparticles (Cur-AgNPs)

124 A solution of 20 mM curcumin in DMSO (250  $\mu$ l) was added to 22.5 mL of DI water in a  
125 100 mL round bottom flask. The solution pH was then adjusted to 10 by 0.07 M  $K_2CO_3$  and  
126 the solution heated up to 100 °C. Next, 2.5 mL of 10 mM  $AgNO_3$  was quickly added to the  
127 solution mixture. The mixture was stirred vigorously at 100 °C for 1 hr and filtered by micro  
128 filter to obtain the Cur-AgNPs [29]. The concentration of Cur-AgNPs was estimated to be  
129 3.14 nM based on an extinction coefficient of  $41.8 \times 10^8 M^{-1}.cm^{-1}$  at 407 nm for 17.7 nm  
130 diameter citrate-silver nanoparticles [30].

### 131 2.5 Preparation of GG-2/Cur-AgNPs hydrogel

132 Purified guar gum (0.1 g) was stirred in 20 mL of the Cur-AgNPs solution Cur-AgNPs at  
133 concentrations of 0.20, 0.39, 0.78, 1.57, and 3.14 nM, with 0.1 M NaOH (200  $\mu$ L) and 4 wt%  
134 borax (500  $\mu$ L) then added to each solution (Table S2). The mixture was then stirred until  
135 gelation occurred, affording slightly yellow hydrogels designated GG-2/Cur-AgNPs 0.20 nM,  
136 GG-2/Cur-AgNPs 0.39 nM, GG-2/Cur-AgNPs 0.78 nM, GG-2/Cur-AgNPs 1.57 nM, and  
137 GG-2/Cur-AgNPs 3.14 nM, respectively.

138

## 139 2.6 Characterization

### 140 2.6.1 Characterization of hydrogels

#### 141 2.6.1.1 ATR-FTIR spectroscopy

142 The ATR-FTIR spectra of guar gum and borax cross-linked hydrogels were recorded in  
143 the solid state by an Attenuated Total Reflection Fourier Transform Infrared  
144 spectrophotometer using a standard Pike ATR cell (Model: Bruker TENSOR 27, Netherland)  
145 in the range 4000-600  $\text{cm}^{-1}$ .

#### 146 2.6.1.2 Surface morphology studies

147 Surface morphology of guar gum powder, GG-2 hydrogel films and freeze-dried GG-2  
148 hydrogels were analyzed by scanning electron microscopy (Model: 1450VP, LEO, USA).  
149 Freeze-dried GG-1, GG-2, GG-3, and GG-4 hydrogels were characterized by digital  
150 microscopy (Model: Leica DVM6, Singapore).

#### 151 2.6.1.3 Thermal studies

152 The thermogravimetric analysis (TGA, Rigaku TG-8120) of guar gum and cross-linked  
153 hydrogels was carried out under a nitrogen atmosphere from 25 °C to 800 °C with a heating  
154 rate of 10 °C/min.

#### 155 2.6.1.4 Viscosity studies

156 The viscoelastic properties of the cross-linked hydrogels were analyzed using a  
157 Brookfield viscometer Model RVDV-II+, USA.

#### 158 2.6.1.5 Rheological studies

159 The rheological properties of the cross-linked hydrogels were examined using a parallel-  
160 plate (smooth stainless steel, 25 mm diameter) rheometer (Physica MCR500, Germany). The  
161  $G'$  (storage modulus) and  $G''$  (loss modulus) of the hydrogels were further monitored by  
162 strain amplitude ( $\gamma_0$ ) under strain from 0.1% to 100% at a constant temperature (25 °C) and  
163 frequency (1  $\text{rad s}^{-1}$ ). For angular frequency sweep experiments,  $G'$  and  $G''$  were measured  
164 under an angular frequency range from 1 to 100  $\text{rad s}^{-1}$  and with strain fixed at 1%.

165

166

167 2.6.2 Characterization of Cur-AgNPs

168 2.6.2.1 Optical properties

169 The optical properties of the as-prepared Cur-AgNPs in DI water were characterized by  
 170 UV-Vis spectroscopy (Model: Agilent 8453, USA) using 1.0 cm quartz cells in the range of  
 171 200-700 nm.

172 2.6.2.2 Morphology and particle size studies by TEM

173 Morphology of Cur-AgNPs was determined by transmission electron microscopy (Model:  
 174 Tecnai G<sup>2</sup>-20 FEI, Netherland) under an accelerating voltage of 200 kV. A sample volume of  
 175 10  $\mu$ L of Cur-AgNPs was dropped on a copper grid (300 mesh), then dried at room  
 176 temperature before measurements. The size distribution was calculated using the ImageJ  
 177 program.

178 2.6.2.3 Dynamic light scattering (DLS)

179 Dynamic light scattering, used to determine the size distribution of the Cur-AgNPs in  
 180 solution, was undertaken using a Malvern Zetasizer Nano series (Nano ZS, UK).

181 2.6.2.4 Particle size and size distribution studies by SAXS technique

182 The particle size and size distribution of Cur-AgNPs were also characterized by the Small  
 183 Angle X-ray Scattering (SAXS) technique. The experiments were measured using a multipole  
 184 wiggler source on Beamline 1.3W (BL1.3W:SAXS) of the Synchrotron Light Research  
 185 Institute (SLRI), Thailand. A MarCCD Rayonix SX165 detector with a sample-to-detector  
 186 distance of 4439 mm was used and the samples were exposed to X-ray emission ( $\lambda = 1.38 \text{ \AA}$ )  
 187 at room temperature for 10 min. A sample volume of 60  $\mu$ L was used. Background  
 188 subtraction was carried out using pure water. The 2D SAXS images were reduced and  
 189 radially averaged by in-house software at SLRI (SAXSIT), to obtain 1D scattering curves.  
 190 The unified exponential-power law model of Beaucage was used to fit the 1D scattering  
 191 curves, where the scattering intensity is given by (1) [31]:

$$192 \quad I(q) = G \exp\left(-\frac{q^2 R_g^2}{3}\right) + B \left( \left[ \operatorname{erf}\left(\frac{q R_g}{\sqrt{6}}\right) \right]^3 / q \right)^P \quad (1)$$

193 The prefactors  $G$  and  $B$ , the radius of gyration ( $R_g$ ), and the exponent  $P$ , are fit  
 194 parameters. The fitting was carried out with a least-squares minimization procedure using the  
 195 software package SASfit [32].

196 To investigate the particle size and size distribution, the lognormal distribution of the  
 197 particle size is assumed where the lognormal distribution function,  $f(R)$  is given by (2) [33-  
 198 34]:

$$199 \quad f(R) = \frac{1}{R\sigma(2\pi)^{\frac{1}{2}}} \exp\left\{-\frac{\left[\log\left(\frac{R}{m}\right)\right]^2}{2\sigma^2}\right\} \quad (2)$$

200 Where  $R$  is the particle size and  $f(R)$  is the number distribution. The mean particle radius,  $\langle R \rangle$   
 201 and the standard deviation of the particle size,  $SD$ , which can be obtained from the lognormal  
 202 distribution, are related to  $m$  and  $\sigma$  by (3):

$$203 \quad \langle R \rangle = m \exp\left(\frac{\sigma^2}{2}\right) \text{ and } SD = m\sqrt{\omega(\omega-1)} \quad (3)$$

204 where  $\omega = \exp(\sigma^2)$ . The two parameters,  $m$  and  $\sigma$ , of the lognormal distribution can be  
 205 obtained in terms of the ratio  $B/G$  and  $R_g$  of the SAXS scattering profile [33]. This allows us  
 206 to extract the particle size and distribution information from the fit of the unified model of  
 207 Beaucage. The parameters  $m$  and  $\sigma$  can be obtained directly by (4):

$$208 \quad m = \{5R_g^2/[3 \exp(14\sigma^2)]\}^{1/2} \text{ and } \sigma = \left\{\frac{\ln[B/R_g^4/(1.62G)]}{12}\right\}^{1/2} \quad (4)$$

## 209 2.7 Water absorption measurements

210 The degree of swelling of the hydrogels was studied in DI water at room temperature.  
 211 0.1 g of each GG hydrogel film was soaked in 50 mL water for a prescribed time, then  
 212 removed with excess water dabbed away using filter paper. The gels were then weighed until  
 213 a constant weight was obtained. The swelling degree was calculated using:

$$214 \quad \text{Swelling degree} = ((W_s - W_o) / W_o) \times 100 \quad (5)$$

215 Where  $W_s$  is the swollen weight of the soaked hydrogel and  $W_o$  is original weight of the dry  
 216 hydrogel. All experiments were done in triplicate.

## 217 2.8 Antimicrobial activity

218 The antimicrobial activities of the GG-2/Cur-AgNP hydrogels were evaluated against  
 219 pathogenic bacteria *E.coli* (Gram-negative bacteria), *P. aeruginosa* (Gram-negative bacteria)  
 220 and *S. aureus* (Gram-positive bacteria). The antimicrobial activity was carried out over 24 hr

221 by the agar well diffusion method in Mueller–Hinton Agar (MHA) plates [35-37]. Bacterial  
222 inoculum was swabbed on the surface of MHA plates. Wells of 6 mm were made on the  
223 MHA plates. 0.2 g of GG-2/Cur-AgNPs hydrogel was poured into the wells. Additionally, 0.2  
224 g of GG gel without any Cur-AgNPs was used as a negative control. Gentamicin 33.5  $\mu$ M  
225 was used as a positive control. The agar plates were incubated at 37 °C for 24 hr. The  
226 diameters of the observed zones of inhibition were used as a measure of the antimicrobial  
227 efficacy of the GG-2/Cur-AgNPs hydrogels. The experiments were repeated three times for  
228 each bacterial strain and average values were recorded. We note that curcumin itself has been  
229 proposed as an anti-bacterial [38], however its low water solubility and bioavailability, and  
230 poor chemical stability, have limited its utilization in testing, including in this case. Herein  
231 curcumin could only be incorporated into GG gels as a surface ligand on the silver  
232 nanoparticles and could not be investigated separately.

### 233 2.9 Antimicrobial susceptibility

234 The antimicrobial susceptibility of the GG-2/Cur-AgNPs hydrogel was determined by  
235 agar well diffusion as described previously [37,39]. Briefly, bacterial inoculum was swabbed  
236 on the surface of Mueller–Hinton Agar (MHA) plates. Then, a hole with a diameter of 6 mm  
237 was punched with a sterile tip. After that, 0.1 g of GG-2/Cur-AgNPs hydrogel at  
238 concentrations of 0.2, 0.39, 0.78, 1.57, and 3.14 nM of Cur-AgNPs was poured into the well  
239 and dried in laminar flow conditions. The agar plates were incubated at 37 °C for 24 hr. After  
240 incubation, the no-growth zone or clear zone was measured in millimeters. The results are  
241 well-correlated to MIC (minimum inhibitory concentration) since the size of the no-growth  
242 zone is determined by the rate of diffusion of the active ingredient through the agar; as the  
243 rate reaches its slowest, the MIC is achieved.

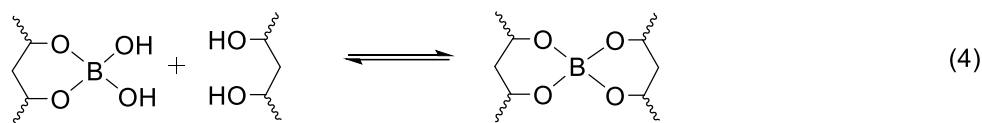
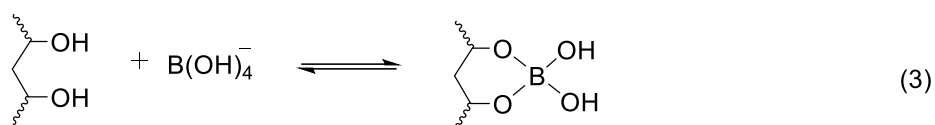
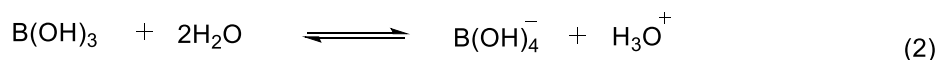
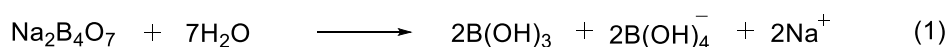
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## 245 **3. Results and Discussion**

### 246 3.1 Preparation of GG-hydrogels

247 The guar gum-borax hydrogels (GG-hydrogels) were prepared in water at pH 8. First,  
248 guar gum was dissolved in DI water and the solution pH was adjusted to 8 by NaOH solution,  
249 then borax was used as a cross-linking agent. The borax-initiated gelation mechanism is as  
250 follows: (1) The borax was dissolved in water and transformed into borate ions and boric  
251 acid, forming boric/borate solution (equation (1) and (2)). (2) The cross-linking proceeds

252 firstly via monodiol complexation as shown in equation (3), and is then followed by a cross-  
 253 linking reaction to form the diol-borax complex (equation (4)) to achieve the desired guar-  
 254 gum borax hydrogels [16,40].



255

256

257 As mentioned earlier a series of four guar gum-borax hydrogels were fabricated with  
 258 GG:borax weight ratios of 10:1, 5:1, 3.6:1, and 2.5:1, designated here GG-1, GG-2, GG-3 and  
 259 GG-4, respectively. The different structures of these four hydrogels were investigated by  
 260 ATR-FTIR spectroscopy (Fig. 1a). In guar gum (GG), the broad peak at  $3450\text{ cm}^{-1}$  indicates  
 261 the presence of O-H stretching vibrations, the peak at  $2906\text{ cm}^{-1}$  is characteristic of C-H  
 262 stretches, and the peaks at  $1457\text{ cm}^{-1}$  and  $1163\text{ cm}^{-1}$  correspond to C-H bending and C-O-C  
 263 stretching vibrations, respectively. In the FTIR spectrum of GG-1 to GG-4, the broad peak at  
 264  $3400\text{ cm}^{-1}$  is drastically reduced. This is attributed to the consumption of hydroxyl groups of  
 265 the galactomannan backbone to form covalent boronate ester bonds with the borax (Scheme  
 266 1). The higher percentage composition of borax, the less prominent the OH stretching peak  
 267 becomes [16].

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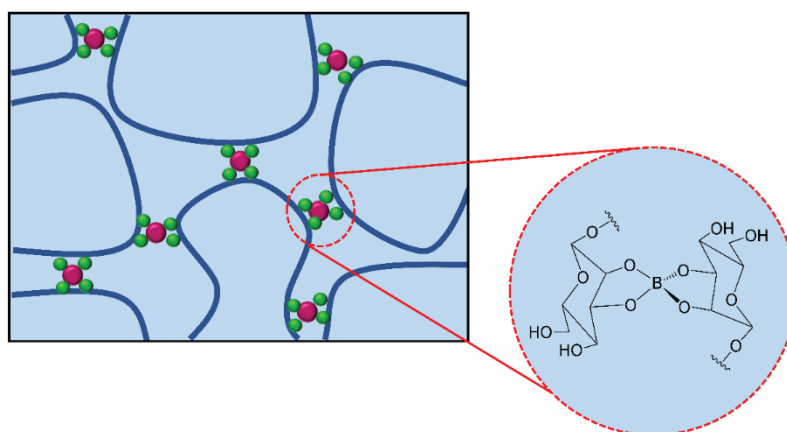
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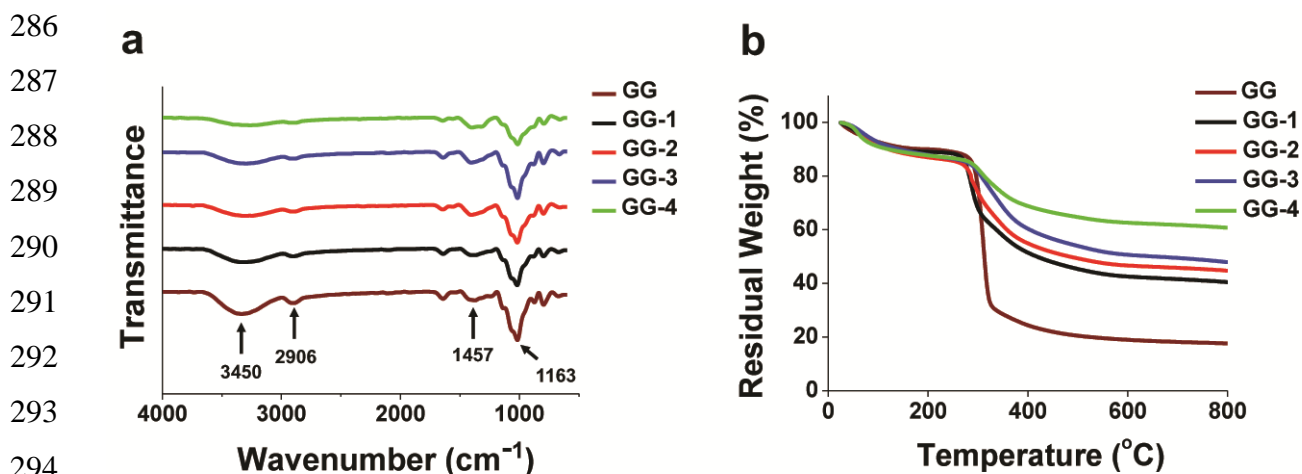
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**Scheme 1.** Schematic illustrations of borax cross-linked guar gum hydrogels

278 The effect of the density of borax cross-linking on the thermal stability of the GG  
 279 hydrogels was investigated using thermogravimetric analysis (TGA, Fig. 1b). Weight loss in  
 280 the first region of the TGA curve spectra (25-250 °C) is assigned to initial moisture loss,  
 281 while weight loss in the second zone (250 to 350 °C) is attributed to degradation of the main  
 282 backbone of guar gum. The neat guar gum undergoes 80% weight loss in this zone, but the  
 283 borax cross-linked gels are much more stable. In the third temperature zone (350-525 °C)  
 284 degradation of borax-hydrogel hydroxyl bonds can occur. In this zone, the greater wt% borax,  
 285 and presumably higher cross-linkage density, correlates strongly with stability [16].

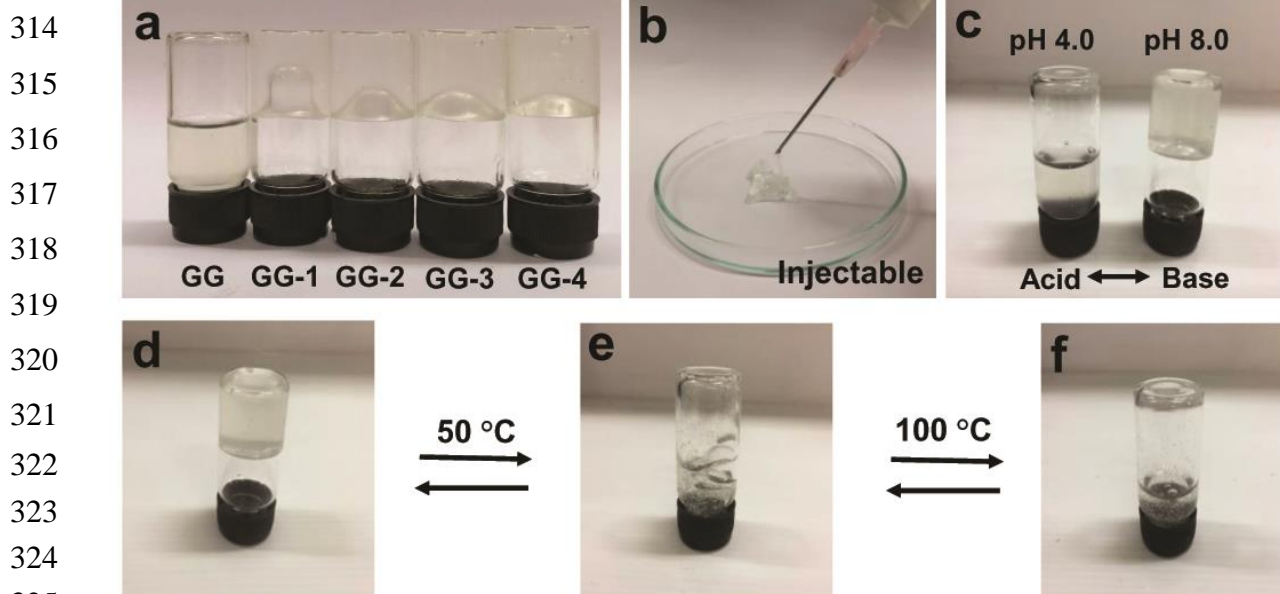


296 **Figure 1.** a. ATR-FTIR spectra of hydrogels with different guar gum:borax weight ratios  
 297 (GG-1 (10:1), GG-2 (5:1), GG-3 (3.6:1) and GG-4 (2.5:1), b. TGA curves of GG, from low  
 298 cross-linkage density (GG-1) to high cross-linkage density (GG-4).

300 Despite the guar gum:borax weight ratio being as high as 10:1, and thus reducing the  
 301 degree of cross-linking and thermal stability, GG-borax hydrogel formation still occurs in all  
 302 cases (see Fig. 2a). The photographs in Fig. 2b show the injectable nature of the GG-2  
 303 hydrogel, it can be easily loaded and dispensed through a 1.2 mm internal diameter  
 304 needle/syringe (see also discussion further on). As expected, the GG-borax hydrogels are  
 305 responsive to pH and temperature conditions. Under basic conditions at pH 8.0, the -B-OH  
 306 groups deprotonate to give -B-O<sup>-</sup> groups that quickly react with guar gum via diol  
 307 complexation, leading to efficient gelation. On the other hand, if -B-O<sup>-</sup> groups are protonated  
 308 to -B-OH by addition of acid at pH 4.0, borax diol complexation is not efficient and de-  
 309 gelation occurs. However, re-gelation occurs quickly by adding basic solution (Fig. 2c). In  
 310 addition, the gels break down to form liquids at high temperature but quickly re-gelate when

311 cooled down (Fig. 2d-f, vials are sealed to avoid evaporation and drying out of the hydrogel  
 312 at higher temperatures) [41].

313



327 **Figure 2.** a. The effect of different GG:borax weight ratio on gel formation, from low cross-  
 328 linker density (GG-1) to high (GG-4), b. Injectability of GG-2 hydrogel (5:1 GG:borax)  
 329 through a needle with 1.2 mm internal diameter, c-f. reversible GG-2 hydrogel formation in  
 330 acid (pH 4.0), base (pH 8.0), and in different temperature conditions.

331

### 332 3.2 Morphology analysis

333 A Leica DVM6 digital microscope was used to study the pore size of the hydrogels as a  
 334 function of GG:borax weight ratio. Upon increasing the borax content, a decreasing hydrogel  
 335 pore size was observed (Fig. 3a-d). SEM images of guar gum powder, a guar gum film, and a  
 336 GG-borax hydrogel, are shown in Fig. 3e-g respectively, allowing further magnification. The  
 337 guar gum powder shows surface morphology in the form of nodules and flakes. In the case of  
 338 the guar gum film, a homogenous and compact surface was observed. For the GG-borax  
 339 hydrogels however there is an outstanding change in morphology, with massive spaces  
 340 between scaly and fractured material.

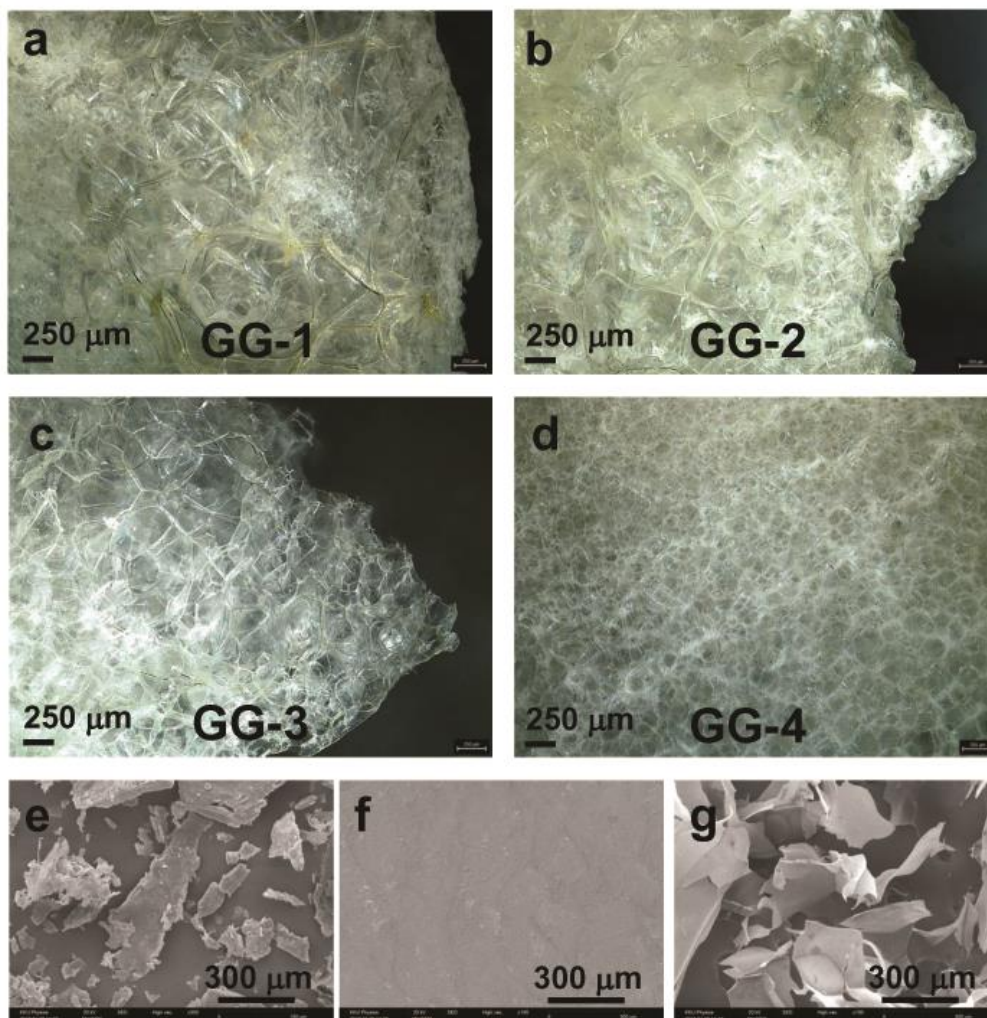
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365 **Figure 3.** Morphological studies with a Leica DVM6 digital microscopy of hydrogels as a  
 366 function of GG:borax weight ratio, a. GG-1 hydrogel (10:1 GG:borax), b. GG-2 hydrogel  
 367 (5:1 GG:borax), c. GG-3 hydrogel (3.6:1 GG:borax), and d. GG-4 hydrogel (2.5:1  
 368 GG:borax). Morphological studies with SEM images, e. guar gum powder, f. GG-2 film, and  
 369 g. GG-2 hydrogel.

370

### 371 3.3 Water absorption

372 Water uptake by the hydrogels was characterized via their swelling ratio (Fig. 4a). It took  
 373 about 2 hr soaking for the hydrogels to reach equilibrium size, with GG-4 (maximum borax  
 374 content) illustrating maximum swelling and GG-1 (minimum borax content) showing the  
 375 least. Swelling clearly correlates with increased borax composition from 0.05 to 0.2% wt and  
 376 thus increased cross-linking within the hydrogel as hydrogen bonding was increased as well  
 377 [16]. Moreover, in the process of gel preparation, the pH solution of guar gum was adjusted

378 to 8 by adding NaOH then borax with different proportional was added. Eventually, the guar  
379 gum film was obtained after drying. Thus, during swelling study, hydroxide ion in the film  
380 can repulse the negatively charged of borate ions which increased the network spaces  
381 permitting more water to go in.

### 382 3.4 Viscosity measurements

383 Viscosity measurements show an analogous trend (Fig. 4b), with higher wt% borax  
384 leading to higher hydrogel viscosity. However while GG-4 (2.5:1 GG:borax) showed the  
385 highest viscosity (395 P), the viscosity of GG-1 (10:1 GG:borax) was not much less (382 P).

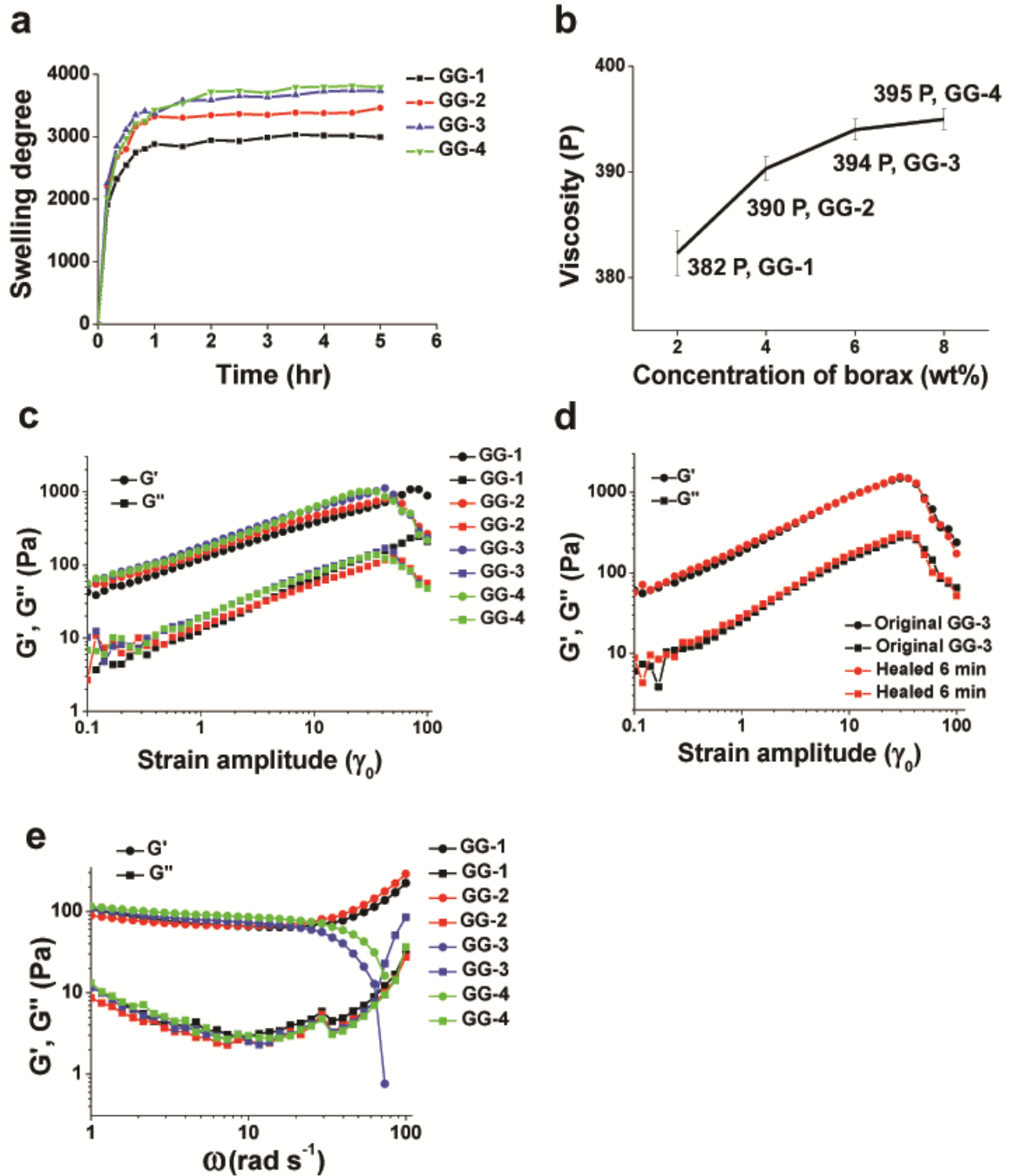
### 386 3.5 Rheological measurements

387 The rheological properties of the hydrogels were measured by monitoring the storage  
388 modulus ( $G'$ ) and loss modulus ( $G''$ ) as a function of strain amplitude sweep ( $\gamma_0$ ) and  
389 frequency sweep at room temperature.  $G'$  and  $G''$  for the hydrogels as a function of weight%  
390 borax are shown in Fig 4c. The storage modulus is always larger than the loss modulus,  
391 indicating that all the hydrogels exhibit elastic features with a covalent cross-linked network  
392 [42,43]. In addition, an increase of the crosslinker density from GG-1 to GG-4 results in a  
393 larger storage modulus ( $G'$ ) and a stiffer gel. No further increase of the modulus is observed  
394 above a 3.6:1 GG:borax weight ratio (GG-3). Most interestingly, the hydrogels become stiffer  
395 upon the increase of strain in the material, however this smooth increase of both moduli goes  
396 through a single turning point at 30% strain amplitude attributed to a breakdown of the cross-  
397 linked structure and/or chain scission.

398 Frequency sweeps were recorded at 1% strain for each of the hydrogels in a range of  
399 frequencies from 1 to 100  $\text{rad s}^{-1}$ . The results are reported in Fig. 4e. The storage modulus is  
400 significantly greater than the loss modulus which suggests that the hydrogels are elastomeric.  
401 Furthermore, the moduli are nearly constant up to 70  $\text{rad s}^{-1}$ , indicating that the cross-linkage  
402 networks of the gels remain unchanged to that point. Above a sweep frequency of 70  $\text{rad s}^{-1}$ ,  
403 the most cross-linked hydrogels, GG-3 and GG-4, degrade indicating change from a cross-  
404 linked to an uncross-linked structure ( $G'' > G'$ ). However, the degradation of the hydrogels  
405 GG-1 and GG-2 with lower cross-linkage density is not observed in the experiment.

### 406 3.6 Self-healing properties

407 The self-healing properties of the hydrogels were evaluated visually by cutting samples  
408 into two pieces and dyeing one of the pieces with Rhodamine 6G to assist visualization. The  
409 two blocks were then brought back into contact at room temperature and left for several  
410 minutes without temperature changes or light/pressure/chemical stimuli. Each of the various  
411 weight% borax guar gum hydrogels showed excellent self-healing, complete within 6 min (an  
412 example is shown in Fig. 5 for GG-3). The hydrogel GG-3, with maximum stiffness for  
413 minimum borax content (3.6:1 GG:borax weight ratio), was selected for further self-healing  
414 experiments with concomitant rheological analyses to monitor qualitatively the self-healing  
415 process (Fig. 4d). An original piece of hydrogel GG-3 was cut into two pieces, then the  
416 separated blocks brought back immediately into contact. After 6 min, the rheological  
417 properties of the self-healed gel were completely recovered, with a similar strain-stiffening  
418 and the same strain-at-breakage as uncut GG-3 hydrogel. These results indicate the excellent  
419 gelling and self-healing properties of these borax cross-linked hydrogels [44].



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422 **Figure 4.** a. Degree of swelling followed over time for GG:borax hydrogels of varying

423 weight ratio, from low cross-linker density (GG-1) to high (GG-4). b. Viscosity of these GG

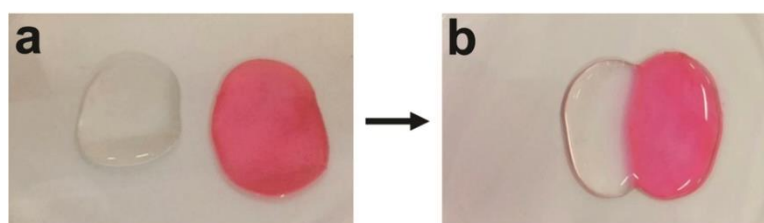
424 hydrogels c. Storage and loss moduli measured by strain amplitude ( $\gamma_0$ ) for all the hydrogels

425 and d. for a cut-and-self-healed GG-3 hydrogel sample compared to an uncut piece. e.

426 Frequency sweep experiments for all the hydrogels at 1% strain amplitude.

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441 **Figure 5.** Self-healing properties of the GG-3 hydrogel (3.6:1 GG:borax weight ratio), a. the  
442 two pieces resulting from cutting the original hydrogel (the pink piece has been dyed with  
443 Rhodamine 6G), b-c. self-healing of the hydrogel upon bringing the two pieces back into  
444 contact and d. after 6 minutes, the healed hydrogel could be stretched.

445

446 Next, the incorporation of silver nanoparticles into the hydrogels to endow anti-bacterial  
447 properties, and an investigation of the injectability of the gels, was undertaken towards  
448 developing them as potential biomedical materials. In these studies, outlined below, the 5:1  
449 weight ratio GG:borax hydrogel (GG-2) was focused on as it has a relatively low borax  
450 content (hence low toxicity [45]) but was shown to maintain a stable gel structure under high  
451 frequency deformations (Fig. 4e) which is an important property for injectable materials.  
452 Depending on their stiffness, some injectable gels must be loaded into a syringe as liquid  
453 components, only to gel after injection [46]. Here, our hydrogel GG-2 is soft enough to be  
454 loaded into a syringe directly and easily expelled through a needle of 1.2 mm internal  
455 diameter.

456

### 457 3.7 Nanocomposite of GG-borax hydrogels and silver nanoparticles

458 Curcumin-stabilized silver nanoparticle (Cur-AgNPs) dispersions were characterized by  
459 UV-spectroscopy (Fig. S1) showing a maximum extinction at 407 nm due to localized  
460 surface plasmon resonances (SPR) [47, 48]. The size and morphology of the synthesized Cur-  
461 AgNPs were studied by transmission electron microscopy (TEM) (Fig. 6a). The results  
462 showed the particles to be reasonably monodisperse with a diameter distribution in the range

463  $17.69 \pm 3.52$  nm ( $n = 50$ , Fig. 6b, ImageJ program used for the analysis). The Cur-AgNPs  
 464 size and size distribution were further characterized using small angle x-ray scattering  
 465 (SAXS, Fig. 6c,d) to complement the data from TEM. The measured SAXS scattering profile  
 466 of Cur-AgNPs is shown in Fig. 6d. The intensity profiles are plotted as a function of the  
 467 scattering vector  $q$ , given by  $q = 4\pi \sin(\theta / \lambda)$  where  $\theta$  denotes half the scattering angle and  $\lambda$   
 468 is the X-ray wavelength. The scattering profile was well fitted to the unified exponential-  
 469 power law fit (Fig. 6c) [49]. The fitted parameters were further analyzed by a lognormal size  
 470 distribution as shown in Fig. 6d (for more detail please see the Experimental Section). The  
 471 relevant fitted parameters and calculated mean particle radius and standard deviation of the  
 472 size distribution are shown in Table 1. The result gives a mean radius of  $8.84 \pm 0.82$  nm,  
 473 which agrees very well with the TEM studies. Finally the Cur-AgNPs particle size was also  
 474 measured by dynamic light scattering (DLS, Fig. S2) estimating an average particle diameter  
 475 of  $36.1 \pm 0.9$  nm with a polydispersity index (PDI) of 0.510. This larger estimate may  
 476 indicate some particle aggregation, or be due to the structure of the stabilizing curcumin  
 477 layer/hydration sphere in aqueous solution [50].

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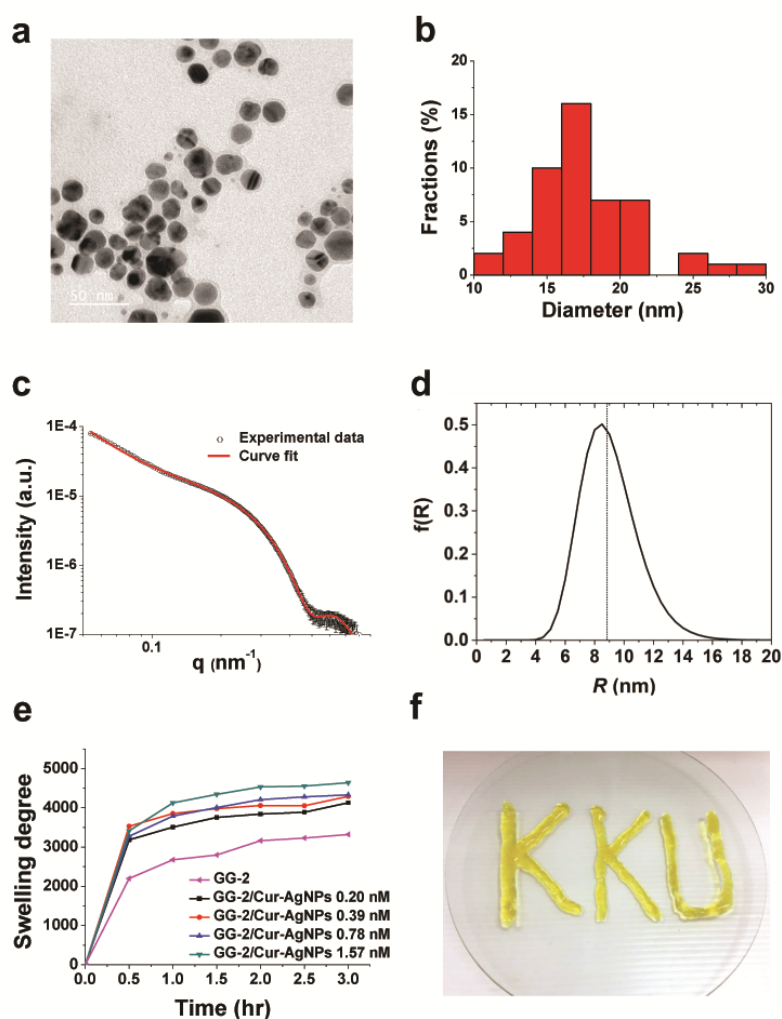
479 **Table 1** Fitted parameters for the SAXS scattering profile of curcumin-stabilized silver  
 480 nanoparticles and their calculated mean particle radius and standard deviation compared with  
 481 the result from TEM.

Sample	SAXS					TEM
	$R_g$ /nm	$M$	$\sigma$	$\langle R \rangle$ /nm	$SD$	$R$ /nm
Cur-AgNPs	1.80	8.80	0.09	8.84	0.82	8.84

482

483 Silver nanoparticles have the potential to anchor to bacterial cell walls and then  
 484 infiltrate them, thereby causing structural changes in the cell membrane, membrane  
 485 permeability, and cell death [51,52]. In order to incorporate an anti-microbial property to our  
 486 guar gum hydrogels, aqueous solutions of Cur-AgNPs of different concentrations (0.20, 0.39,  
 487 0.78, 1.57, and 3.14 nM, Table S2) were mixed with GG-2 and 4 wt% borax to generate GG-  
 488 2/Cur-AgNPs hydrogels (designated GG-2/Cur-AgNPs 0.20 nM, GG-2/Cur-AgNPs 0.39 nM,  
 489 GG-2/Cur-AgNPs 0.78 nM, GG-2/Cur-AgNPs 1.57 nM, and GG-2/Cur-AgNPs 3.14 nM,  
 490 respectively.). The incorporation of Cur-AgNPs into the hydrogels changes the latter's optical  
 491 properties, turning them yellow, however the hydrogels still show good structural and self-  
 492 healing properties (see Fig. S2). The degree of swelling of GG-2/Cur-AgNPs hydrogels

493 increased with increasing concentration of the Cur-AgNPs solution (Fig. 6e). By comparison,  
 494 the neat GG-2 hydrogel showed lower swelling degree than any of the GG-2/Cur-AgNPs  
 495 hydrogels. These results indicate that the introduction of curcumin-capped AgNPs, and thus  
 496 excess OH-functional groups, may lead to more H-bonding with water and improved  
 497 absorption of water. In addition, these nanocomposite hydrogels still maintain excellent self-  
 498 healing properties (Fig. S2), and importantly they are also shown to be injectable by syringe  
 499 (1.2 mm internal diameter needle), a very useful feature in the context of bio-medical  
 500 applications (Fig. 6f).



501  
 502 **Figure 6.** a. TEM image of Cur-AgNPs dispersed on a TEM copper grid (a, scale bar 50 nm),  
 503 b. A histogram showing diameter distribution of Cur-AgNPs from TEM. c. The SAXS profile  
 504 (hollow dots) and the unified exponential power-law fit (red solid line) of Cur-AgNPs. d. The  
 505 lognormal size distribution of Cur-AgNPs obtained from the unified exponential power-law  
 506 fit (black solid line). The position of the mean radius (8.84 nm) is shown by dotted line. e.  
 507 Swelling degree of GG-2/Cur-AgNPs hydrogels with various NP concentrations compared to

508 neat GG-2. f. Picture of the GG-2/Cur-AgNPs hydrogel, syringe-injected to write ‘KKU’ (1.2  
509 mm internal diameter needle).

510

### 511 3.8 Antibacterial activity

512 The GG-2/Cur-AgNPs hydrogels exhibit strong antimicrobial activity against both Gram-  
513 negative bacteria, *E. coli*, *P. aeruginosa* and Gram-positive *S. Aureus*, forming zones of  
514 inhibition of diameters 13.5, 13 and 15 mm, respectively (Fig. 7a-c and Table 2). They  
515 showed stronger inhibition against Gram-positive bacteria compared to Gram-negative  
516 bacteria. The results obtained for antimicrobial activity are impressive and consistent with  
517 many earlier reports of plant extract-assisted synthesis of AgNPs [53,54]. The antimicrobial  
518 susceptibility of GG-2/Cur-AgNPs hydrogels was determined by agar well diffusion with  
519 minimum inhibitory concentration (MIC). The lowest concentration of Cur-AgNPs which  
520 inhibits visible growth of a bacterium with a clear zone was determined as the MIC value.  
521 After incubation for 24 hr, a zone of inhibition was observed around the agar well (Fig. 7d-f).  
522 Bacterial cell growth was inhibited by GG-2/Cur-AgNPs hydrogels at MIC 1.57 nM for *E.*  
523 *coli* and *P. aeruginosa* and at MIC 0.78 nM for *S. aureus*. The hydrogels showed stronger  
524 inhibition against Gram-positive bacteria than they did to Gram-negative bacteria.

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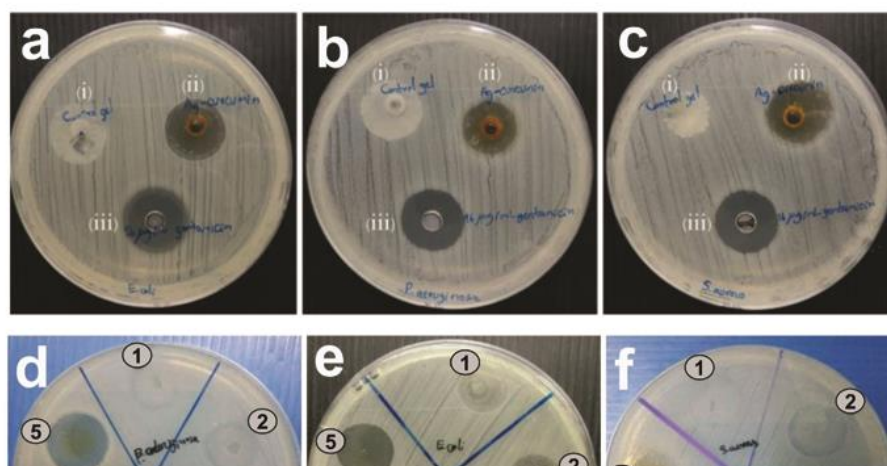
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551 **Figure 7.** GG-2/Cur-AgNPs and its antimicrobial activity. Position (i) Antimicrobial activity  
552 of control gel (without any treatment), position (ii) GG-2/Cur-AgNPs 0.39 nM, and position  
553 (iii) gentamicin 33.5  $\mu$ M against, a. *E.coli*, b. *P.aeruginosa* and c. *S.aureus*. Antimicrobial  
554 activity of GG-2/Cur-AgNPs hydrogels at various AgNPs concentrations, 0.2 nM (position  
555 1), 0.39 nM (position 2), 0.78 nM (position 3), 1.57 nM (position 4), and 3.14 nM (position  
556 5), against, d. *P.aeruginosa*, e. *E.coli* and f. *S.aureus*.

557

558 **Table 2** Zone of inhibition in millimeters (uncertainty  $\pm$  0.6 mm) of GG-2/Cur-AgNPs 0.39  
559 nM hydrogels and a standard anti-bacterial, gentamicin, against Gram-negative and Gram-  
560 positive bacteria.

Test organism	Zone of inhibition (mm) of GG-2/Cur-AgNPs 0.39 nM	Zone of inhibition (mm) of gentamicin
<i>E.coli</i>	13.5	12.5
<i>P.aeruginosa</i>	13.0	16.0
<i>S.aureus</i>	15.0	14.7

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## 567 **Conclusions**

568 GG hydrogels with high GG:borax weight ratio (10:1 up to 2.5:1) were prepared and  
569 characterized by spectroscopy, rheology and microscopy. GG-3 (3.6:1 GG:borax weight  
570 ratio) hydrogel exhibits a good compromise between borax content and gel stiffness, whereas

571 GG-2 (5:1 GG:borax) was more stable to deformation and thus more suitable as an injectable  
572 material. Incorporation of curcumin-coated silver nanoparticles into GG-2 not only improved  
573 the degree of swelling but also led to the hydrogels exhibiting excellent antimicrobial  
574 activity, particularly showing stronger inhibition against Gram-positive bacteria compared to  
575 Gram-negative bacteria. Finally, the nanoparticle/hydrogel composite can also be syringe-  
576 injected, suggesting these biodegradable materials may have potential in anti-microbial and  
577 injectable formulations for biomedical and other industrial applications.

### 578 **Declaration of interests**

579 We wish to confirm that there are no known conflicts of interest associated with this  
580 publication.

581

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