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4 Received Date : 22-Oct-2016

5 Revised Date : 19-Dec-2016

6 Accepted Date : 10-Jan-2017

7 Article type : Original Article

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10 Running head: Heat stress and selenium in pigs

11 **Effects of a short-term supranutritional selenium supplementation on redox balance,**
12 **physiology and insulin related metabolism in heat stressed pigs**

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This is the author manuscript accepted for publication and has undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the [Version of Record](#). Please cite this article as [doi: 10.1111/jpn.12689](https://doi.org/10.1111/jpn.12689)

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Summary

25 Heat stress (HS) disrupts redox balance and insulin-related metabolism. Supplementation with
26 supranutritional amounts of selenium (Se) may enhance glutathione peroxidase (GPX) activity
27 and reduce oxidative stress, but may trigger insulin resistance. Therefore, the aim of this
28 experiment was to investigate the effects of a short-term high Se supplementation on physiology,
29 oxidative stress and insulin-related metabolism in heat-stressed pigs. Twenty-four gilts were fed
30 either a control (0.20 ppm Se) or a high Se (1.0 ppm Se yeast, HiSe) diet for 2 weeks. Pigs were
31 then housed in thermoneutral (20°C) or HS (35°C) conditions for 8 days. Blood samples were
32 collected to study blood Se and oxidative stress markers. An oral glucose tolerance test (OGTT)
33 was conducted on day 8. The HS conditions increased rectal temperature and respiration rate
34 (both $p < 0.001$). The HiSe diet increased blood Se by 12% ($p < 0.05$) and ameliorated the
35 increase in rectal temperature ($p < 0.05$). Heat stress increased oxidative stress as evidenced by a
36 48% increase in plasma advanced oxidized protein products (AOPP) ($p < 0.05$), which may be
37 associated with the reductions in plasma biological antioxidant potential (BAP) and erythrocyte
38 GPX activity (both $p < 0.05$). The HiSe diet did not alleviate the reduction of plasma BAP or
39 increase of AOPP observed during HS, although it tended to increase erythrocyte GPX activity
40 by 13% ($p = 0.068$). Without affecting insulin, HS attenuated lipid mobilization, as evidenced by
41 a lower fasting NEFA concentration ($p < 0.05$), which was not mitigated by the HiSe diet. The
42 HiSe diet increased insulin AUC suggesting it potentiated insulin resistance, although this only
43 occurred under TN conditions ($p = 0.066$). In summary, HS induced oxidative stress and
44 attenuated lipid mobilization in pigs. The short-term supranutritional Se supplementation
45 alleviated hyperthermia, but did not protect against oxidative stress in heat-stressed pigs.

Introduction

47 Heat stress compromises the efficiency of pig production. Physiological responses to HS
48 including reduced gut blood flow and increased core temperature both contribute towards
49 disrupting the redox status and triggering oxidative stress (Cottrell et al., 2015). Oxidative stress
50 may be associated with HS-induced metabolic disorders. Heat stress has a direct effect on
51 increasing fat deposition in pigs (Christon 1988; Kouba et al., 2001; Wu et al., 2016) which may
52 be due to the inhibition of lipolysis or lipid mobilisation (Pearce et al., 2013a). Although the
53 mechanism is unknown, the elevated blood insulin that have been observed in the heat-stressed
54 ruminants may be a reason for the reduced lipid mobilisation (Baumgard and Rhoads 2012;
55 2013), as insulin is an anti-lipolytic hormone (Wray-Cahen et al., 2012). Since oxidative stress
56 can cause insulin resistance (Houstis et al., 2006), it may be responsible for the elevated insulin
57 in heat-stressed animals. Moreover, oxidative stress occurs in the tissues of heat-stressed pigs
58 (Pearce et al., 2013b; Montilla et al., 2014; Liu et al., 2016). Therefore, oxidative stress may be
59 involved in the pathophysiology of metabolic disorders in pigs during HS, thus an alleviation of
60 oxidative stress may normalize insulin action and lipid mobilisation.

61 Selenium is incorporated into glutathione peroxidase (GPX) which is an antioxidant enzyme.
62 The current nutrient requirements of swine (National Research Council 2012) recommends 0.2
63 ppm Se for growing pigs under thermoneutral conditions. However, as a nutritional strategy to
64 reduce HS, it is unknown if a short-term supplementation with supranutritional amounts of Se
65 before and during a heat event can alleviate physiology and oxidative stress in heat-stressed pigs,
66 as it does in sheep (Chauhan et al., 2014; Chauhan et al., 2015). However, pigs are more insulin
67 sensitive than ruminants (Dunshea and D'Souza, 2003; Pethick et al., 2005) and a cautionary
68 note is that supranutritional Se supplementation (0.5-3.0 ppm) can adversely impact on insulin
69 homeostasis in pigs (Liu et al., 2012; Pinto et al., 2012) **possibly by inhibiting the expresion and**
70 **function of the proteins participating in the insulin signalling.** Therefore, the aims of the study
71 were to investigate the effects of dietary Se supplementation as a means of mitigating the
72 physiological responses and oxidative stress, and to explore its role in insulin-related metabolism
73 in pigs exposed to HS. Our primary hypothesis was that supplementation with 1.0 ppm Se for 2
74 weeks before and during HS can mitigate physiological responses and oxidative stress in the

75 heat-stressed pigs with a secondary hypothesis that an alleviation of oxidative stress may
76 normalize insulin action and lipid mobilization.

77 **Material and Methods**

78 ***Animals and experimental design***

79 All procedures were approved by an animal ethics committee of The University of Melbourne
80 (protocol number: 1212687) and adhered to the Australian Code for the Care and Use of Animals
81 for Scientific Purposes (8th edition, 2013).

82 The experiment was a 2×2 factorial design with two diets and two environmental
83 conditions. Female Large White \times Landrace pigs ($n = 24$, 25 ± 2 kg, mean \pm SD) were
84 acclimatised in individual pens for 7 days then randomly allocated to one of the two diets. The
85 control diet contained 0.2 ppm Se and was formulated to meet NRC (2012) specifications (**Table**
86 **1**). The high Se (HiSe) diet was identical to the control diet with the exception of an addition of
87 0.04% Se-enriched yeast (Alltech, Lexington, KY, USA) to elevate a final Se dietary
88 concentration to 1.0 ppm. After 14 days, six pigs from each dietary treatment were allocated to
89 either TN conditions (20°C, 35-45% relative humidity) or HS conditions (35°C, 09:00 – 17:00;
90 28°C, 17:00 – 09:00, 35 - 45% relative humidity) for 8 days. To eliminate the confounding
91 effects of dissimilar feed intake between TN and HS, all pigs received a restricted feed allowance
92 throughout the experiment including acclimatisation period that was approximately 75% of
93 voluntary feed intake under TN conditions. The amount of feed offered was predicted as the feed
94 intake under this magnitude of heat load, based on the break-line linear model developed by
95 Huynh *et al.* (2005). **The pair-fed protocol described previously (Pearce et al., 2013a) was not**
96 **followed in the present experiment, because the pair-fed protocol could result in a greater**
97 **starting body weight of our selected thermoneutral pigs when they lagged one day behind the**
98 **heat-stressed pigs.** All the pigs were fed twice daily at 09:00 and 17:00, and any individual feed
99 refusals were recorded at 09:00 daily. Water was supplied via nipple drinker *ad libitum*.

100 ***Physiological monitoring***

101 All pigs were monitored for physiological signs of HS including rectal temperature and
102 respiration rate at 09:00, 13:00, and 16:00 during the 8-day thermal exposure. Respiration rate
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103 (breaths/min) was counted visually within 20 s and rectal temperatures measured with a digital
104 thermometer (Fast-Read, Livingstone Pty Ltd., Rosebery, NSW, Australia). As a precaution, pigs
105 were removed from the HS room if the rectal temperature exceeded 41 °C until their rectal
106 temperature returned below 40 °C. Two pigs were removed for 1 h due to hyperthermia on the
107 first day of thermal exposure but were returned to the room without incident.

108 ***Blood sampling and blood gas measurement***

109 Blood samples were collected at 09:00 and 15:00 on the day 7 during the thermal exposure
110 period via venipuncture from the jugular vein and collected in three different 10 mL vacutainers
111 (no-preservatives, sodium heparin and EDTA coated, BD vacutainer, BD, North Ryde, NSW
112 Australia). Fresh blood from non-coated vacutainers were immediately loaded into an automatic
113 blood gas analyzer (EPOC, Alere, Waltham, MA, USA) for measurement of blood gas and
114 biochemical parameters such as partial pressure of CO₂ (pCO₂) and O₂ (pO₂), pH, bicarbonate,
115 hematocrit. The whole blood (1 mL) was taken from each heparinized vacutainer for preparation
116 of erythrocyte lysates according to the method described by Bernabucci et al. (2002). Blood
117 collected in the sodium heparin and EDTA coated vacutainers were centrifuged at 2000 × g at
118 4°C for 10 min. Approximately 0.5 mL of the “buffy coat” containing white blood cells (WBC)
119 were aspirated carefully from EDTA coated vacutainers and mixed with 1 mL RNA stabilizing
120 solution (RNAlater, Life Technologies Pty Ltd., Mulgrave, VIC, Australia) stored at 4°C for 12 h
121 before freezing at -20°C until RNA extraction. Plasma samples from heparinized vacutainers
122 were stored at -20°C pending analysis.

123 ***Selenium measurement in diet and blood***

124 The blood samples collected on the day 7 and three representative samples from each diet were
125 used for determine the Se concentrations. Blood (0.2 mL) or fresh feed samples (0.2 g) were
126 added in a 100 mL Kjeldhal digestion tube for digesting organic matters. Nitric acid (70%, 2 mL)
127 was mixed with the blood or feed sample in each digestion tube and kept at room temperature
128 overnight. The digestion tubes were heated up to 60 °C and maintained for 1 h, then heating
129 temperature was increased to 110 °C and maintained for 5 h. The digestion tubes were cooled
130 down to room temperature before adding 4 mL hydrogen peroxide and being heated up to 80 °C

131 for 1 h. Afterwards the digestion tubes were cooled to room temperature again and the digested
132 sample solution was transferred the into a volumetric flask. Finally, the total volume was fixed
133 up to 10 mL by adding 10% hydrochloric acid. Then the digested samples were filtered through
134 541 Waterman paper (Sigma-Aldrich Pty. Ltd, Sydney, NSW, Australia). Selenium
135 concentration in the digested blood or feed solution was measured by an inductively coupled
136 plasma optical emission spectrometer (ICPOES, 4500DV, Perkin Elmer, Waltham, MA)
137 equipped with a charge coupled solid state detector and an auto sampler. Three replicate readings
138 were made for each sample. The analytical wavelength was chosen 196.032 nm for detecting Se.
139 The digested sample solution was mixed with 0.4% NaBH₄ in 0.05 M NaOH at a flow rate of 1.5
140 mL/min in a hydride generator prior to introduction into nebulizer. There were 2 s flush time
141 between samples at rate 2.5 mL/min and 30 s wash time at rate 1.5 mL/min. A calibration curve
142 was established by using 5, 10, 15 and 20 ppb Se standards.

143 *Oxidative stress biomarkers*

144 An aliquot of heparinised plasma was used for evaluating a panel of oxidative stress biomarkers
145 (FREE Carpe Diem, Diacron International, Grosseto, Italy) as detailed by (Celi et al., 2010).
146 Reactive oxygen metabolites (ROM), biological antioxidant potential (BAP), and thiol groups
147 (SHp) were quantified. The ROM assay measures metabolites of reactive oxygen species (ROS)
148 in the plasma and expressed as an equivalent as H₂O₂ (mg dL⁻¹), and ROM assay has been
149 successfully used in pigs for quantifying oxidative stress (Brambilla et al., 2002). The BAP assay
150 measures the ability of plasma to reduce ferric to the ferrous form and quantifies the biologically
151 active antioxidants in plasma including bilirubin, uric acid, vitamins C and E and proteins. The
152 results of the BAP test were expressed as μmol of iron reduced by 1 L plasma. The SHp assay
153 measures thiolic antioxidants such as lipoic acids and glutathione. Advanced oxidized protein
154 products (AOPP) were quantified according to the method of Witko-Sarsat et al., (1998), and the
155 values were expressed as μM of chloramine T equivalents. Glutathione peroxidase activity was
156 assayed in erythrocyte lysates using a commercial kit (Cayman, Ann Arbor, MI, USA). The GPX
157 activities were expressed in units per mL of red blood cells (RBC) (Bernabucci et al., 2002)
158 where a unit is defined as the amount of GPX oxidize 1 nmol NADPH to NADP⁺ per min in
159 25°C.

160 ***Gene expression in white blood cells***

161 White blood cell samples which were collected on day 7 were separated from RNAlater after
162 centrifugation at 1,000 g at 20 °C for 1 min. Total RNA was then extracted using acid-phenol
163 and chloroform method according to the manufactures manual (RiboPure, Life Technologies
164 Australia Pty Ltd., Mulgrave, VIC, Australia). The concentration and RNA quality index (an
165 overall score by evaluating 28s/18s RNA ratio and 5s RNA concentrations) of extracted RNA
166 were determined using an Experion RNA analysis system (Bio-Rad Laboratories, Inc. Hercules,
167 CA, USA). Then 0.8 µg RNA templates from each sample was reversely transcribed into cDNA
168 in triplicates according to the protocol of Superscript III First-Strand Synthesis kits (Life
169 Technologies Australia Pty Ltd. Mulgrave, VIC, Australia). The synthesized cDNA samples
170 were stored at -20°C. Sequences of primer sets for swine 18S ribosome RNA (*r18s*), heat shock
171 protein 70 (*HSP70*), hypoxia induced factor-1 α (*HIF-1 α*) were either designed in NCBI
172 nucleotide database or referenced from others (**Supporting Table 1**). Reactions (25 µL per well)
173 were prepared based on the manufacturer's instruction using SYBR GREEN qPCR Supermix
174 Universal kit (Life Technologies Pty Ltd. Mulgrave, VIC, Australia), 100 nM of each forward
175 and reverse primer were added in each reaction. Each sample was run in triplicates and SYBR
176 green fluorescence was quantified in iQ5 Real Time PCR Detection System (Bio-Rad
177 Laboratories Inc. Hercules, CA, USA). Each PCR plate included a standard curve (five 10-fold
178 dilutions of a pooled cDNA), non-template negative controls, and blank controls to determine
179 amplification efficiency of PCR. For the PCR protocols, after denaturing 95°C for 10 min, 45
180 cycles consisting of three stages were applied. For *r18s* and *HSP70*, the protocol of (95°C for 30
181 s, 60 °C for 30 s, 72°C for 30 s) was used; for *HIF-1 α* , a protocol of (95°C for 30 s, 55°C for 30
182 s, 72°C for 30 s) was followed. A melting curve was included after the 45 amplification cycles to
183 verify the amplification of a single PCR product. Gene expression was calculated and expressed
184 as fold change (Livak and Schmittgen 2001).

185 ***Oral glucose tolerance test and metabolite analysis***

186 All pigs were fasted for 18 h commencing at 18:00 on day 7 during the thermal exposure period
187 before receiving a simplified oral glucose tolerance test (OGTT) at 12:00 on day 8 (i.e. after 3 h
188 exposure to 35°C). Each pig was given 50 g of pelleted feed mixed with anhydrous D-dextrose

189 (BDH, VWR, Tingalpa, QLD, Australia; 2 g/kg of fasting BW). Blood samples (5 mL) were
190 sampled and collected as described above (EDTA anticoagulant) at 0, 30, 60 and 120 min, and
191 plasma were separated as previously described then frozen at -20°C until analysis. Plasma
192 glucose was assayed by a commercial kit (Infinity, Thermo Fisher Scientific, Scoresby, VIC,
193 Australia) with an inter- and intra-variation of 3.7% and 6.6 %, respectively. Plasma NEFA
194 concentrations were quantified using the NEFA C kit (Wako Pure Chemical Industries Ltd.,
195 Kawagoe, Japan) modified with a 5-fold dilution of reagents A and B in phosphate-buffered
196 saline. The intra- and inter-variation of NEFA measurement were 4.3% and 7.0 %, respectively.
197 Plasma insulin concentrations were quantified by a double anti-body radioimmunoassay (Tindal
198 et al., 1978) with all samples processed in a single assay with an intra-variance of 4.0 %. Plasma
199 glucose, NEFA and insulin area under the curve (AUC) were calculated using the trapezoidal
200 rule with fasting concentrations used as baseline for subtraction.

201 ***Statistical analysis***

202 Data were analysed using linear mixed models in GenStat 15th edition (VSN international,
203 Hemel Hempstead, UK). For physiological parameters, temperature (TN and HS), diet (control
204 and HiSe), day (seven days) and time (09:00, 13:00, and 16:00) were set as fixed effects. Results
205 for physiological responses were reported as line graphs using the mean and SEM of the
206 temperature × diet × time interaction. For blood Se, blood gas, oxidative stress markers, and gene
207 expression parameters, temperature, diet, time (09:00 and 15:00) were set as fixed effects, and
208 the results were presented in tables using mean and SEM of temperature × diet interactions.
209 Glucose, insulin and NEFA data during the OGTT were analysed with temperature, diet, time set
210 as fixed effects. To determine the effects of temperature and diet on basal glucose, basal insulin,
211 basal NEFA and areas under the curve in response to OGTT, data were analysed with
212 temperature and diet set as fixed effects. Pigs were used as random effect in all statistical models.
213 Means were considered to differ significantly when $p \leq 0.05$, and a trend was identified when $p \leq$
214 0.10. Duncan multiple range test was used as a *post-hoc* multiple comparison if $p \leq 0.10$ for the
215 interaction between dietary treatment and temperature.

216 **Results**

217 *Physiology and feed intake*

218 Restricting the feed allowance ensured that there was no effect of temperature ($p = 0.96$) or diet
219 ($p = 0.71$) on ADFI which was approximately 1.45 kg across all treatments (data was not shown).

220 Heat stress increased rectal temperature (38.2°C vs 39.5°C for TN and HS, $p < 0.001$) and
221 there was an interaction between temperature and time ($p < 0.001$) such that rectal temperature
222 rapidly increased from 09:00 to 13:00 then reached a plateau until 16:00 in the heat-stressed pigs,
223 whereas under TN conditions the pigs had relatively stable rectal temperature across the day. The
224 HiSe diet reduced rectal temperature compared with the control diet (38.94°C and 38.74°C for
225 the control and HiSe, $p < 0.001$). In particular, pigs offered HiSe diet had lower rectal
226 temperatures than control diet under HS conditions at 16:00 (40.05°C and 39.66°C for the
227 control and HiSe, $p < 0.05$) (**Fig. 1 A**).

228 Heat stress markedly increased respiration rate (31 vs 119 breaths/min for TN vs HS, $p <$
229 0.001). Respiration rate increased between 09:00 and 13:00 before plateauing until 16:00 under
230 HS conditions (50, 148 and 159 breaths/min for 09:00, 13:00 and 16:00), whereas respiration
231 rate was constant over the day under TN conditions as indicated by an interaction between time
232 and temperature ($p < 0.001$). The HiSe diet tended to have a main effect to reduce respiration
233 rate (75 and 70 breaths/min for control and HiSe $p = 0.087$), whereas respiration rates did not
234 differ between dietary treatments at any time points under any environmental conditions (**Fig. 1**
235 **B**).

236 *Blood gas parameters*

237 Blood pCO_2 , bicarbonate decreased whereas pH increased during HS (all $p < 0.001$). Blood pO_2
238 was not affected by HS. Pigs fed the HiSe diet had lower blood bicarbonate than the pigs
239 consuming control diets under TN conditions, whereas the pigs fed on the two diets had similar
240 bicarbonate concentration during HS conditions, as evidenced by an interaction between
241 temperature and diet ($p = 0.006$). The other blood gas parameters were not significantly affected
242 by HiSe diet. (**Table 2**).

243 *Selenium concentration and erythrocyte GPX activity*

244 The measured Se concentration was 0.24 ± 0.064 ppm and 0.88 ± 0.130 ppm (mean \pm SD) in
245 control diet and HiSe diet, respectively. The HiSe diet increased blood Se from 151 to 174
246 ng/mL ($p = 0.037$) whereas HS did not affect blood Se concentrations (**Fig. 2 A**). Heat stress
247 reduced GPX activity from 17.7 to 15.1 unit/mL RBC ($p = 0.019$) whereas the HiSe diet tended
248 to increase GPX activity from 15.4 to 17.4 unit/mL RBC ($p = 0.068$) (**Fig. 2 B**).

249 *Oxidative stress parameters and relevant gene expression*

250 Heat stress more than doubled the expression of *HSP70* (2.16 vs 4.46, $p < 0.001$, **Table 3**) and
251 *HIF-1 α* (1.21 vs 2.78, $p = 0.032$) in white blood cells. The HiSe diet did not affect *HSP70* or
252 *HIF-1 α* expression. Heat stress decreased plasma ROM concentrations (49.3 vs 47.4 mg dL⁻¹, p
253 = 0.039) whereas the HiSe did not affect ($p = 0.20$) plasma ROM concentrations. Plasma BAP
254 was reduced by HS (2.92 vs 2.76 mmol L⁻¹, $p = 0.024$), whereas HiSe diet did not affect BAP.
255 Heat stress increased plasma AOPP concentrations (18.5 vs 27.9 μ mol L⁻¹, for TN vs HS, $p =$
256 0.029), whereas HiSe diet did not affect plasma AOPP concentrations. Neither HS nor HiSe diet
257 supplementations affected plasma SHp concentrations.

258 *Basal glucose, insulin, NEFA and oral glucose tolerance test (OGTT)*

259 **Figure 3 (A, B, C)** shows the effect of HS and time on plasma glucose, insulin and NEFA
260 responses to the OGTT. As expected, plasma glucose concentration changed significantly in
261 relative to time after glucose ingestion ($p < 0.001$). Specifically, glucose increased from a
262 baseline of 5.48 mM and peaked at 7.68 mM at 30 min after glucose ingestion before returning
263 close to baseline at 60 min. While there was no overall effect of HS on plasma glucose during
264 the OGTT ($p = 0.47$), there was an interaction ($p = 0.001$) between time and HS such that plasma
265 glucose concentration of the pigs under HS conditions tended to be less than those under TN at
266 60 min, but became greater than those under TN at 120 min. Plasma glucose was not affected by
267 HiSe diet. Plasma insulin concentrations changed along with time in relative to glucose ingestion
268 ($p < 0.001$), such that insulin increased rapidly from 3.23 μ U/mL at 0 min, peaked at 96.8
269 μ U/mL at 30 min then sharply decreased to 18.2 μ U/mL at 60 min before further gradually
270 decreasing to 9.20 μ U/mL at 120 min. While there was no overall effect of HS on plasma insulin
271 during the OGTT ($p = 0.23$), there was a tendency of an interaction ($p = 0.086$) between time and

272 HS such that plasma insulin of HS pigs tended to be less than TN pigs at 30 and 60 min. The
273 HiSe diet tended to increase plasma insulin concentration from 29.9 to 33.7 $\mu\text{U}/\text{mL}$ ($p = 0.075$),
274 and there was a tendency of interaction between HS and diet ($p = 0.076$) such that the increase of
275 plasma insulin in the pigs fed HiSe was significant under TN conditions but not HS conditions.
276 In response to the increase in plasma insulin, plasma NEFA concentrations decreased from 183
277 μM to 58 μM at 30 min, then remained lower until 120 min ($p < 0.001$). While there was no
278 overall effect of HS on plasma NEFA during the OGTT ($p = 0.82$), there was an interaction ($p =$
279 0.011) between time and HS such that plasma NEFA concentrations of the pigs under HS
280 conditions was lower than those under TN conditions at 0 min. Plasma NEFA concentrations
281 was not affected by HiSe diet.

282 As **Table 4** illustrated, neither HS nor the HiSe diet affected the basal glucose concentration,
283 glucose AUC, basal insulin concentration. The pigs fed the HiSe diet had a greater plasma
284 insulin AUC than control pigs under TN conditions but not during HS conditions as indicated by
285 an interaction between temperature and diet ($p = 0.066$). Heat stress reduced fasting plasma
286 NEFA concentrations (0.23 vs 0.14 mM, $p=0.047$), but attenuated the reduction in plasma NEFA
287 (-17.3 vs -8.3, for plasma NEFA AUC, $p = 0.037$) in response to OGTT.

288 Discussion

289 Heat stress comprehensively and negatively affects animals in various aspects including
290 physiology, acid-base balance, oxidative stress and metabolism. The primary hypothesis tested
291 was that a short term (14 days before HS and 7 days during HS) supranutritional amount of Se
292 (1.0 ppm) supplementation can alleviate physiological response and reduce oxidative stress in
293 the heat-stressed pigs. These results suggested that the current Se supplementation increased
294 blood Se concentration by 12%, however, GPX activity was only marginally increased and
295 therefore did not alleviate the HS-induced oxidative stress. However, the HiSe diet did partially
296 alleviate some of the physiological responses to HS as evidenced by a lower rectal temperature,
297 although it did not mitigate the increased respiration rate and respiratory alkalosis that occurred
298 during HS. The secondary hypothesis tested in this study was that oxidative stress triggers
299 hyperinsulinemia such that lipid mobilization is attenuated in the heat-stressed pigs, and that an
300 alleviation of oxidative stress could mitigate these metabolic consequences. The present data
301 showed that HS did attenuate lipid mobilization without increasing fasting insulin or insulin
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302 AUC response to OGTT, therefore the mechanism for the compromised lipid mobilization in the
303 heat-stressed pigs is possibly **independent of circulating insulin concentrations**.

304 The HiSe diet partially mitigated the increase in rectal temperature observed in response to
305 HS. Similarly, rectal temperature was ameliorated in heat-stressed sheep that received 5 mg/day
306 Se solution injection (Alhidary et al., 2012) as well as in the heat-stressed sheep supplemented
307 with 1.0 ppm Se plus 200 IU/kg VE (Chauhan et al., 2014; Chauhan et al., 2015). Although the
308 exact mechanism remains unknown, it may be related with the effect of Se in sparing the release
309 stress hormones for catabolism such as cortisol, therefore the total heat production can be
310 reduced (Chauhan et al., 2014)

311 Increased respiration rate during HS triggered respiratory alkalosis which was incompletely
312 compensated as evidenced by a slight increase in blood pH from 7.41 to 7.45. The direct reason
313 for the increased pH in the heat-stressed pigs is the reduction of carbonic acid formation due to
314 loss of CO₂ via respiration. As a compensatory mechanism to prevent alkalemia, blood
315 bicarbonate concentrations decreased via increased renal excretion. These data are in agreement
316 with previous findings in heat-stressed growing pigs (Patience et al., 2005; Liu et al., 2016) and
317 sheep (Chauhan et al., 2015). The HiSe diet did not mitigate respiratory alkalosis, because it did
318 not ameliorate the increased respiration rate and prevent the loss of blood CO₂. **The pO₂ in
319 venous blood remained unchanged, however, leukocyte HIF-1α mRNA abundance, a marker of
320 hypoxia, increased in the heat-stressed pigs. This controversy implies that the increase of HIF-1α
321 mRNA abundance may be triggered by another factor such oxidative stress, because oxidative
322 stress can activate the promoter of HIF-1α (Khatri et al., 2004; Bonello et al., 2007).**

323 Heat stress triggered oxidative stress in pigs, as evidenced by a 48% increase in plasma
324 AOPP. However, the increased oxidative stress in the heat-stressed pigs was not via excessive
325 ROS production, because the plasma ROS level as measured as ROM did not increase but tended
326 to decrease in the heat-stressed pigs. **The response of plasma ROM concentration to HS is
327 surprising, because HSP70 mRNA abundance increased in leukocytes which represents the body
328 was experiencing an overall hyperthermia. Cellular hyperthermia has been reported to increase
329 ROS production (Zuo et al., 2000; Mujahid et al., 2005).** Given that the electron transport chain
330 is the main source of ROS production, the ostensible reduction of ROS maybe a consequence of
331 reduced overall activity of electron transport chain in the heat-stressed pigs. Conversely, an
332 increased ROM concentration in plasma (Bernabucci et al., 2002; Chauhan et al., 2015; Chauhan

333 et al., 2016b) and exhaled breath condensate (Chauhan et al., 2016a) was reported during HS in
334 ruminants, which might be explained by the different intermediate metabolism between pigs and
335 ruminants. Specifically, the basal ROM concentration in pigs found in the present study and the
336 study of Brambilla et al., (2002) is over 40 mg dL⁻¹ H₂O₂, which was two or three times higher
337 than ruminants (around 8-16 mg dL⁻¹ H₂O₂) as measured by the same method (Bernabucci et al.,
338 2002; Chauhan et al., 2015; Chauhan et al., 2016b). This is in accordance with higher glucose
339 turnover and insulin sensitivity and responsiveness in pigs compared with ruminants (Cote et al.,
340 1982). In other words, HS may inhibit whole body generation of ROS in pigs but increase ROS
341 production in ruminants.

342 The compromised overall blood antioxidant defence system during HS, as evidenced by the
343 reductions in both BAP and GPX activity, may be the reason for the increased oxidative stress.
344 Biological antioxidant potential represents the biological active antioxidants such as bilirubin,
345 uric acid, vitamins C and E, and it was reduced by 5.3 % during HS. The reduction in BAP is
346 consistent with previous observations in the heat-stressed ruminants (Bernabucci et al., 2002;
347 Chauhan et al., 2014), suggesting a compromised antioxidant system. Similarly, erythrocyte
348 GPX activity was reduced by 17% during HS, which is also responsible for the compromised
349 antioxidant defence system and the increased oxidative stress, because GPX is an antioxidant
350 enzyme which neutralizes free radicals into water and participates in the regeneration of VE and
351 vitamin C (Rooke et al., 2004). Moreover, our previous study showed that HS reduced GPX
352 activity by 18% in the small intestines of heat-stressed pigs (Liu et al., 2016). The reduction in
353 the components of the antioxidant defence system are often the consequence of the increased
354 oxidative stress (Celi and Gabai 2015), and the current study suggests HS may have direct
355 negative impacts on the regeneration, stability, or biological function of antioxidants in blood.
356 The compromised antioxidant defence system explained the increased plasma AOPP
357 concentration during HS in pigs. An increase in AOPP, as a consequence of oxidative stress, has
358 also been found in sheep exposed chronic HS conditions (Chauhan et al., 2014; Chauhan et al.,
359 2015; Chauhan et al., 2016b). Proteins become dysfunctional after oxidation and therefore an
360 increase of AOPP is associated with many metabolic disorders (Celi and Gabai 2015). The HiSe
361 diet used in the present study only tended to enhanced erythrocyte GPX activity by 13%, and the
362 magnitude of the enhancement in GPX activity did not mitigate the reduction of BAP or increase
363 of AOPP in plasma observed during HS. The duration (2 weeks pre-heat supplementation and 1

364 week supplementation over the thermal exposure) of Se supplementation may not be sufficient
365 for 1.0 ppm Se reaching the maximum deposition and functionality, because an experiment has
366 shown an increase dietary Se from 0.3 ppm to 3.0 ppm did not increase plasma GPX activity
367 until 16 weeks (Liu et al., 2012). However, supplementing with a lower concentration of Se (0.46
368 ppm) of Se-enriched probiotic maximized erythrocyte GPX activity in piglets in 2 weeks (Gan et
369 al., 2013). Similarly, plasma Se was maximized after 14 days, whereas, muscular Se was
370 maximized after 4 weeks of supplemental protein-bound Se (1.0 ppm vs 0.14 ppm) in milk fed
371 pigs (Uglietta et al., 2008). Another possibly is that the overall antioxidant defence system may
372 have been limited by a lack of a synergistic effect of Se and VE in the current study, because the
373 reduced form of glutathione participated in the regeneration of VE from oxidized α -tocopherol
374 (Roos et al., 2004). A 14-day combined supplementation with Se (1.2 ppm) and VE (100 IU/kg)
375 successfully increased BAP and mitigated HS-induced oxidative stress in heat-stressed sheep
376 (Chauhan et al., 2014). Similarly, 1.0 ppm Se and 250 IU/kg VE alleviated the increase of blood
377 AOPP in heat-stressed sheep (Chauhan et al., 2016b). Future studies are required to test the
378 effects of a prolonged supplementation of Se and VE combination on oxidative stress biomarkers.

379 Previous studies have shown that an increase in blood oxidized protein markers such as
380 AOPP (Koçak et al., 2007) and protein carbonyl (Ruskovska and Bernlohr 2013) correlated with
381 impaired insulin sensitivity in diabetic patients, because increased free radicals can decrease
382 phosphorylated Akt protein abundance which impairs insulin signalling and triggers insulin
383 resistance (Houstis et al., 2006). **However, the insulin resistance or hyperinsulinemia was not**
384 **detected in the heat-stressed pigs by the OGTT used in the present study, even though the blood**
385 **AOPP concentration was markedly increased by 48 % by HS.** An explanation to this apparent
386 contradiction is that HS not only increased oxidative stress but also up-regulated HSP70
387 expression which has been shown to facilitate insulin signalling (Gupte et al., 2009; Gupte et al.,
388 2011). Therefore, the HS-induced HSP70 up-regulation may have compensated or even
389 overwhelmed any detrimental effects of oxidative stress on insulin sensitivity. In this context, a
390 recent study showed that a 7-day HS condition increased HSP70 (Pearce et al., 2013a) as well as
391 insulin receptor substrate-1 protein abundance in skeletal muscle and improved insulin
392 sensitivity (Sanz Fernandez et al., 2015b) in growing pigs. Noticeably, Se supplemented pigs had
393 increased insulin AUC under TN conditions, which indicates that a supranutritional amount of Se
394 potentiated insulin resistance. Likewise, compared with the pigs fed adequate level (0.2-0.3 ppm)

395 Se, a prolonged supranutritional Se supplementation can interfere insulin homeostasis. For
396 example, supplementing 0.5 ppm Se for 8 weeks increased blood Se by 25% and numerically
397 increased fasting insulin by 44% (Pinto et al., 2012). Supplementing 3.0 ppm Se for 16 weeks
398 increased blood Se by 140%, decreased hepatic Akt protein abundance, and increased insulin
399 concentration by 50% in pigs (Liu et al., 2012). Therefore, high dietary Se should be avoided
400 under TN conditions or conditions where oxidative stress is not anticipated. However, the HiSe
401 diet did not affect insulin response to OGTT during HS conditions, suggesting Se has been
402 utilized as a selenoprotein in GPX to counteract the HS-increased oxidative stress.

403 While HS attenuated lipid mobilization, it was not via elevated insulin concentrations which
404 is at odds with the original hypothesis. Although the exact mechanism is not clear, the reduced
405 NEFA concentrations is a consistent observation in heat-stressed pigs (Pearce et al., 2013a; Sanz
406 Fernandez et al., 2015a) and ruminants (O'Brien et al., 2010; Wheelock et al., 2010; Baumgard
407 et al., 2011). Heat stress may attenuate lipid metabolism via different modes of actions. For
408 example, prolonged HS may directly desensitize β -adrenergic receptor or activate adenosine A1
409 receptor, thereby affecting adipocyte sensitivity to lipolytic signals (Faylon et al., 2015). Or on
410 the other hand, the reduced NEFA concentration might be due to the increased fatty acid
411 esterification and enhanced glyceroneogenesis after adipocytes were heat-stressed (Qu et al.,
412 2016). In the present study, the reduction in plasma NEFA in response to elevated insulin during
413 the OGTT was less in the heat-stressed pigs, because the heat-stressed pigs had lower fasting
414 NEFA concentrations thus had less potential to decrease. **Due to the limitations of the OGTT
415 used in the present experiment, such as the limited number of sampling points and relatively
416 stressful snare restraining during the blood sampling, the effects of Se and HS on insulin
417 sensitivity need to be confirmed by intravenous glucose tolerance test using catheterized pigs
418 with more descriptive blood sampling points.**

419 In conclusion, HS alters physiological parameters, increased oxidative stress biomarkers,
420 and attenuated lipid mobilization independent of insulin resistance. The short-term
421 supplementation of high Se (1.0 ppm) partially mitigated hyperthermia, but did not alleviate the
422 HS-induced oxidative stress, respiratory alkalosis, or the attenuated lipid mobilization. Improved
423 nutritional strategies such as a combined supplementation with supranutritional Se and VE needs
424 to be tested in future studies.

425 **Acknowledgements**

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426 Funded by the Australian Department of Agriculture and Water Resources via the Carbon
427 Farming Futures Program (194374-167). Fan Liu received International Postgraduate Research
428 Scholarship, Australia Postgraduate Award and a scholarship from Australian Pork Limited. The
429 authors express appreciations to Maree Cox, Evan Bittner, Dr. Kristy DiGiacomo, Aya
430 Abrasaldo, Victoria Russo, Dr. Cameron Ralph and Chandra Prakash Rijal for their technical
431 assistance.

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577 2000: Intra- and extracellular measurement of reactive oxygen species produced during
578 heat stress in diaphragm muscle. *American Journal of Physiology Cell Physiology* **279**,
579 1058-1066.
- 580 Table 1 Composition of control diet*

Ingredients	% of fed basis
Wheat	83.2
Canola meal	19.4
Soybean meal	2.3
Tallow	1.47
Limestone	0.7
DL-Methionine	0.07
Lysine	0.55
Threonine	0.18
Vitamin Blend†	0.03
Mineral Blend‡	0.06
Salt	0.23
Phytase	0.012
Calculated values	
Digestible energy, kcal/kg	3343
Crude protein, %	18.5
Total phosphorus, %	0.57
Calcium, %	0.70
Lysine, %	1.14
Selenium, ppm	0.20

581 *Control diet is formulated to NRC 2012 standard

582 † Supplied per kg of diet: vitamin A, 1486 IU; vitamin D₃, 297 IU; vitamin E 17.5 IU; vitamin K,
583 0.4 mg; vitamin B-1, 0.6mg; vitamin B-2, 2.0 mg; vitamin B-6 1.2 mg; vitamin B-12 2.0 mg;
584 Niacin, 8.0 mg; pantothenic acid, 6 mg

585 ‡ Supplied per kg of diet: copper, 18.6mg; cobalt, 0.5mg; manganese, 28.8 mg; zinc, 50.9 mg;
586 iron, 65.2 mg; iodine, 0.50 mg; selenium; 0.20 mg; chromium, 186.3 mg

587 Table 2 Blood gas in the pigs fed control or high selenium diet under thermoneutral or heat stress
588 conditions

Parameters	20 °C	35 °C	SEM	p-values
------------	-------	-------	-----	----------

	Control	HiSe	Control	HiSe		T*	D†	T×D
pCO ₂ , mmHg	59.2 ^c	55.0 ^{bc}	45.5 ^a	49.4 ^{ab}	2.68	<0.001	0.94	0.067
pO ₂ , mmHg	37.4	46.0	41.4	42.0	7.43	0.98	0.39	0.45
Bicarbonate, mM	36.9 ^c	34.6 ^b	32.2 ^a	33.2 ^{ab}	0.83	<0.001	0.28	0.006
pH	7.40	7.42	7.46	7.44	0.03	<0.001	0.56	0.34

589 Within a row means without common superscript differ ($p < 0.05$). Values were pooled day and
590 time factors

591 * Temperature

592 † Diet

593

594 Table 3 Plasma oxidative stress biomarkers and leukocyte mRNA expression in the pigs fed
595 control or high selenium diet under thermoneutral or heat stress condition

Parameters	20 °C		35 °C		SEM	p-values		
	Control	HiSe	Control	HiSe		T*	D†	T×D
<i>HSP70 fold change</i>	1.79	2.53	4.78	4.41	1.104	0.006	0.95	0.38
<i>HIF-1α fold change</i>	1.24	1.59	2.54	3.00	1.465	0.042	0.92	0.80
ROM‡, mg dL ⁻¹	54.4	49.8	48.3	46.9	3.70	0.09	0.26	0.55
BAP§, mmol L ⁻¹	2.96	2.87	2.71	2.81	0.963	0.028	0.87	0.18
SHp¶, μ mol L ⁻¹	440	430	449	432	33.5	0.82	0.58	0.88
AOPP**, μ mol L ⁻¹	21.3	15.7	28.7	27.1	5.82	0.029	0.39	0.63

596 Values were pooled across two blood sampling time points (09:00 and 15:00)

597 * Temperature

598 † Diet

599 ‡ Reactive oxygen metabolites, units expressed as mg dL⁻¹ H₂O₂

600 § Biological antioxidants potential

601 ¶ Thiol group

602 ** Advanced oxidize protein products

603

604 Table 4 Metabolites of OGTT in growing pigs fed on control or high selenium diet under
 605 thermoneutral or heat stress conditions

Parameters	20 °C		35 °C		SEM	p-values		
	Control	HiSe	Control	HiSe		T*	D†	T×D
Glucose (fasting), mM	5.49	5.27	5.25	5.91	0.487	0.57	0.53	0.21
Glucose AUC‡	89	160	127	101	99.1	0.88	0.75	0.50
Insulin (fasting), $\mu\text{U mL}^{-1}$	2.85	3.25	2.25	4.06	1.574	0.93	0.34	0.54
Insulin AUC	3257 ^a	4409 ^b	3551 ^{ab}	3349 ^{ab}	493.2	0.29	0.31	0.066
NEFA(fasting), mM	0.19	0.27	0.16	0.12	0.064	0.047	0.59	0.18
NEFA AUC	-11.9 ^{bc}	-22.7 ^{ab}	-9.0 ^c	-7.7 ^c	5.68	0.037	0.25	0.15

606 Within a row means without common superscript differ ($p < 0.05$).

607 * Temperature

608 † Diet

609 ‡ Area under the curve

610

611 Fig. 1 (A) Rectal temperature and (B) respiration rate of pigs fed control or high selenium diet
 612 exposed to thermoneutral or heat stress conditions

613 Pigs were fed either a control (Se 0.2 ppm) or high selenium (HiSe, 1.0 ppm selenium) diet and
 614 exposed to thermoneutral (20 °C) or heat stress condition (35°C from 09:00 to 17:00; 28°C from
 615 17:00 to 09:00). The error bars are the SEM for the interaction of temperature × diet × time. The
 616 p-values for the effects diet, temperature, time, diet × temperature, diet × time, temperature ×
 617 time, and temperature × diet × time were <0.001, <0.001, <0.001, 0.23, 0.030, <0.001 and 0.81
 618 for rectal temperature; 0.087, <0.001, <0.001, 0.13, 0.85, <0.001, and 0.62 for respiration rate.

619 Fig. 2 (A) Blood selenium and (B) erythrocyte GPX activity of pigs fed control or high selenium
 620 diet exposed to thermoneutral or heat stress condition

621 Pigs were fed either (NRC 2012 recommended, Se 0.2 ppm), high selenium (HiSe, 1.0 ppm
 622 selenium) diet for 14 days then exposed to thermoneutral (20°C) or heat stress (35°C, 09:00 -
 623 17:00; 28°C rest of the day) condition for 8 days. Blood samples were taken on the day 7 of

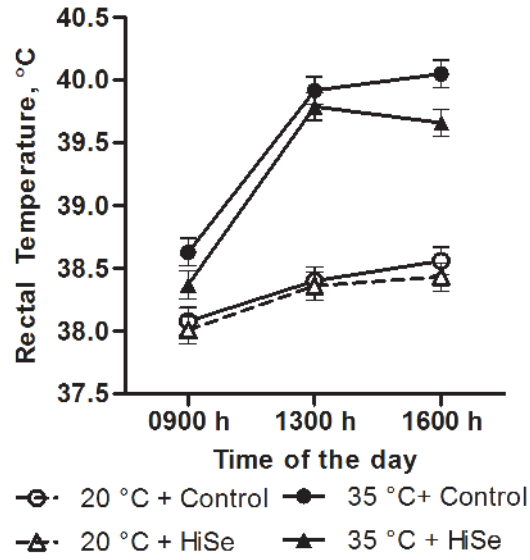
624 thermal exposure. The values were expressed as mean and SEM (n=6), and the values without
625 common superscript differ ($p < 0.05$).

626

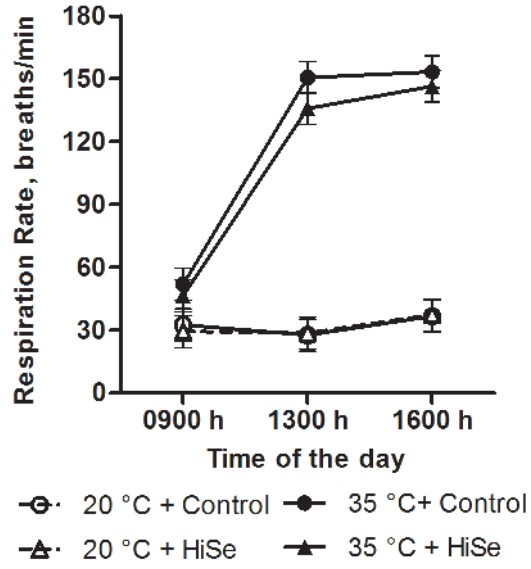
627 Fig. 3 (A) Glucose, (B) insulin and (C) NEFA during oral glucose tolerance test

628 (A) glucose, (B) insulin, (C) NEFA of the pigs were fed the control diet (0.2 ppm selenium) or
629 supranutritional selenium (1.0 ppm) and exposed to thermoneutral (20°C) or heat stress
630 conditions (35°C from 09:00 to 17:00, 28°C in rest of the day) (n=6). The p - values for the
631 effects of temperature, diet, time, temperature \times time, diet \times time, temperature \times diet, and
632 temperature \times diet \times time are 0.47, 0.40, <0.001, 0.001, 0.54, 0.70 and 0.59 for glucose; 0.23,
633 0.075, <0.001, 0.086, 0.29, 0.076 and 0.47 for insulin; and 0.15, 0.55, <0.001, 0.011, 0.55, 0.29,
634 and 0.10 for NEFA.

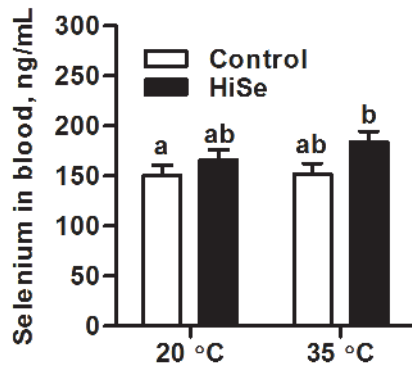
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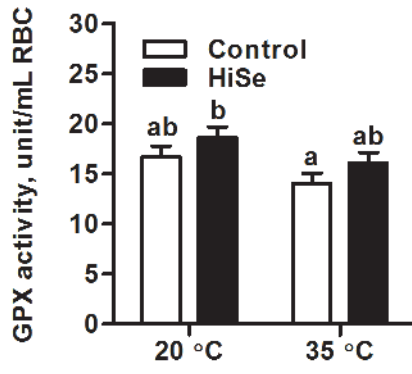
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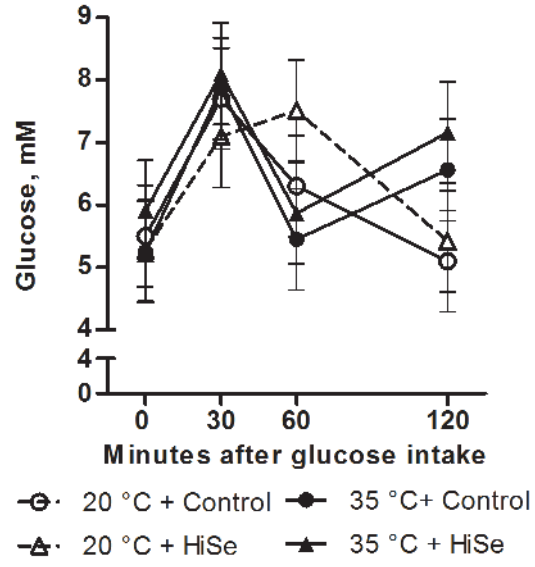
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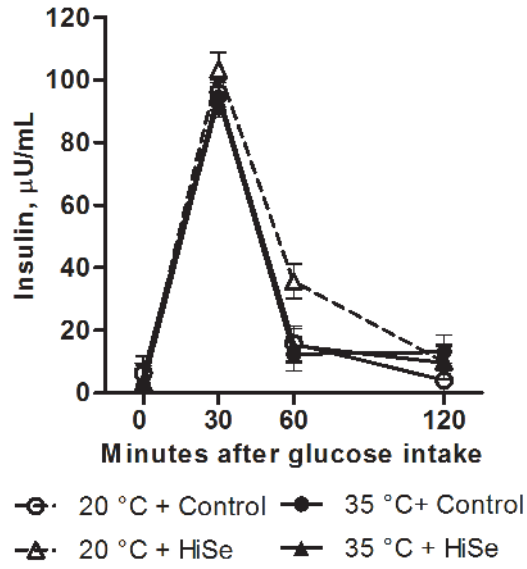
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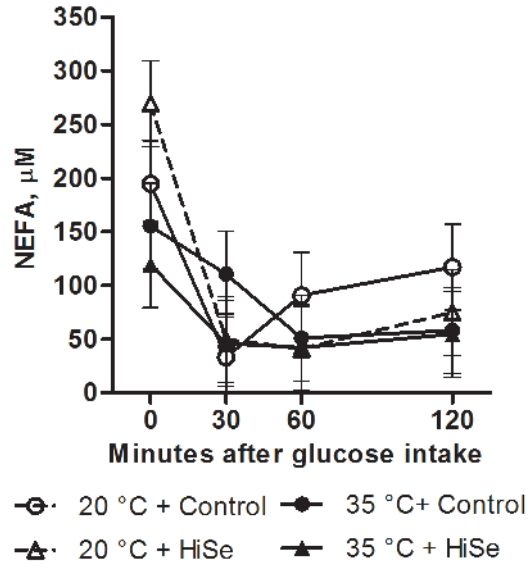
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jpn_12689_f3b.tif



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