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Conflicts of interest:

Dr. Cadejani has nothing to disclose. Ms. Lim has nothing to disclose. Dr. Goren has nothing to disclose. Dr. McCoy has nothing to disclose. Dr. Situm has nothing to disclose. Dr. Kovacevic has nothing to disclose. Dr. Vano Galvan has nothing to disclose. Dr. Sinclair has nothing to disclose. Dr. Tosti has nothing to disclose. Dr. Wambier has nothing to disclose.

To the Editor: The mortality rate of COVID-19 has been observed to be higher in males than in females internationally.(1) In humans, the only known promoter of the TMPRSS2 gene is an androgen response element; (2, 3) therefore, androgens could potentially explain the sexual dimorphism observed in COVID-19 disease burden.(4)

Female hyperandrogenism is characterized by elevated androgen levels and is often a result of polycystic ovary syndrome (PCOS). It plays a role in the development of acne, hirsutism, and female pattern hair loss.(5) Thus, we hypothesized that women suffering from hyperandrogenism may face an elevated risk of severe COVID-19 symptoms.

A cross-sectional case-control analysis was conducted to measure incidence of clinical characteristics of COVID-19 in hyperandrogenic women. Subjects presented with symptoms of suspected COVID-19 infection to one of several outpatient clinics and were assigned to one of two groups: non-hyperandrogenic or hyperandrogenic, indicated by diagnosis of PCOS with 2 of 3 Rotterdam criteria satisfied, idiopathic hirsutism with at least 8 points in the Ferriman-Gallwey scale, or androgenetic alopecia confirmed by trichoscopy. Nasal swabs were collected for screening. Propensity scores were calculated to rule-out baseline characteristics, medications and supplements, and lifestyle factors as confounders (**Table 1**). Of potential confounding variables, only age and BMI \geq 30 (kg/m²) were significant. Confounding was addressed via matching implemented using a greedy algorithm with Euclidean distance in a 1:1 ratio. The Fisher exact test was used to compare the proportions of clinical symptoms between hyperandrogenic COVID-19 patients and their non-hyperandrogenic counterparts. Statistical significance was set at $p < 0.05$.

A total of 233 SARS-CoV-2 positive women were identified. There were 177 subjects in the non-hyperandrogenic group and 56 subjects in the hyperandrogenic group. Following matching, 111 subjects were excluded, leaving 56 matched pairs included in the final analysis. The average age of the subjects was 34.8 ± 9.2 (mean \pm standard deviation) years old and 23(20.5%) of the subjects had BMI \geq 30 kg/m². Baseline characteristics of the study group are summarized in **Table 1**.

Frequency of symptoms observed is reported in **Table 2**. The most prevalent symptoms in both the hyperandrogenic and non-hyperandrogenic groups were anosmia, ageusia, and headache. Increased incidence of conjunctival hyperemia, upper back pain, hyporexia/anorexia, weakness, fatigue, dry cough, ageusia, anosmia, and low-grade fever, in the hyperandrogenic group were statistically significant ($p < 0.05$). Incidence of breast pain, dry eyes, abdominal pain, vomiting, nausea, lower back pain, and arthralgia were indistinguishable between study groups ($p = 1.00$) due to low frequency.

A marked gender difference in the SARS-CoV-2 pandemic suggests that men may be more susceptible to developing severe symptoms. Beyond the androgen sensitivity hypothesis, it has been proposed that males may be more affected by *ACE2* variants since they are hemizygous for the gene, and a recent study investigating *ACE2* gene regions found that the homozygous mutation rate of *ACE2* was much higher in males than in females.(6) Behavioral and social factors may also put males at higher risk for severe symptoms.

In this study, we observe that frequency of several common clinical symptoms of COVID-19 are significantly more pronounced in hyperandrogenic females than their non-hyperandrogenic counterparts. Limitations of this study include specificity of the population and relatively small sample size. Additionally, hyperandrogenism is often underdiagnosed, and its symptoms become more difficult to detect with age.(7) Underdiagnosis of hyperandrogenism in menopausal women may have affected our results. Further research surrounding COVID-19 presentation in hyperandrogenic women is warranted. Additional awareness of the cutaneous manifestations of hyperandrogenism in women could increase diagnoses in the dermatology clinic to improve identification of a potentially high-risk population for COVID-19.

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Table 1. Characteristics of the study population

		Total N=112	Hyperandrogenic N=56	Non- Hyperandrogenic N=56
		N (%)		
Baseline Data	Average Age	34.8	35.4	34.3
	BMI >30 kg/m ²	23(20.5%)	15(26.8%)	8(14.3%)
	Hypertension	11(9.8%)	9(16.1%)	2(3.6%)
	Myocardial Infarction	0	0	0
	Stroke	0	0	0
	Heart Failure	0	0	0
	Lipid Disorder	20(17.8%)	13(23.2%)	7(12.5%)
	Diabetes	6(5.4%)	6(10.7%)	0
	Pre-Diabetes	7(6.3%)	6(10.7%)	1(1.8%)
	Obesity	23(20.5%)	15(26.8%)	8(14.3%)
	Asthma	5(4.5%)	3(5.4%)	2(3.6%)
	COPD	0	0	0
	Cancer (current, excluding thyroid and prostate)	0	0	0
	Cancer (current, excluding thyroid and prostate)	0	0	0
	Chronic Renal Disease	0	0	0
	Liver Fibrosis/Cirrhosis	0	0	0
	Clinical Depression	4(3.6%)	2(3.6%)	2(3.6%)

	Anxiety	16(14.3%)	12(21.4%)	4(7.1%)
	ADHD	8(7.1%)	6(10.7%)	2(3.6%)
	Insomnia	5(4.5%)	4(7.1%)	1(1.8%)
	Hypothyroidism	26(23.2%)	12(21.4%)	14(25.0%)
	Autoimmune Disorder	3 (2.7%)	1(1.8%)	2(3.6%)
	Menopause	14(12.5%)	7(12.5%)	7(12.5%)
	Cancer (current, excluding thyroid and breast)	0	0	0
	Cancer (previous, excluding thyroid and breast)	0	0	0
	Endometriosis	20(17.9%)	11(19.6%)	9(16.1%)
	Breast Cancer	1(0.9%)	1(1.8%)	0
	Other Diseases	0	0	0
Anti-Hypertensives	Beta-blockers	0	0	0
	ECAi	1(0.9%)	1(1.8%)	0
	Angiotensin II receptor blocker	12(10.7%)	10(17.9%)	2(3.6%)
	Loop Diuretics	1(0.9%)	0	1(1.8%)
	Thiazide Diuretics	2(1.8%)	2(3.6%)	0
	Calcium Channel Blockers	6(5.4%)	5(8.9%)	1(1.8%)
	K-sparing Diuretics	1(0.9%)	1(1.8%)	0
Lipid Reducing Agents	Statins	17(15.2%)	14(25.0%)	3(5.4%)
	Others	0	0	0

Anti-Coagulants	Aspirin	0	0	0
	Clopidogrel	0	0	0
	Xa Factor Inhibitors	0	0	0
Anti-Diabetics	Metformin	20(17.9%)	17(30.4%)	3(5.4%)
	GLP1R Analogue	7(6.3%)	7(12.5%)	0
	SGLT2 Inhibitors	11(9.8%)	10(17.9%)	1(1.8%)
	DPP4 Inhibitors	1(0.9%)	1(1.8%)	0
	Sylfonylureas	0	0	0
	Glitazone	0	0	0
	Acarbose	1(0.9%)	0	1(1.8%)
	Insulin	0	0	0
	Orlistat	9(8.0%)	9(16.1%)	0
	Hypothyroidism	Levothyroxine	26(23.2%)	12(21.4%)
Liothyronine		2(1.8%)	0	2(3.6%)
Progesterone		0	0	0
Estradiol		2(1.8%)	1(1.8%)	1(1.8%)
Combined Therapy		10(8.9%)	5(8.9%)	5(8.9%)
Oral Contraceptives		28(25.0%)	17(30.4%)	11(19.6%)
Aromatase Inhibitors or SERMs		1(0.9%)	1(1.8%)	0
Central-Acting Drugs		Sedatives	7(6.3%)	5(8.9%)
	SSRi	16(14.3%)	9(16.1%)	7(12.5%)
	Other Antidepressants	11(9.8%)	8(14.3%)	3(5.4%)

	Benzodiazepenes	0	0	0
	Atypical Antipsychotics	4(3.6%)	2(3.6%)	2(3.6%)
	CNS stimulants	8(7.1%)	5(8.9%)	3(5.4%)
Hair	Finasteride	4(3.6%)	4(7.1%)	0
	Oral Minoxidil	7(6.3%)	5(8.9%)	2(3.6%)
	Other Drugs	0	0	0
Supplements	Omega-3	2(1.8%)	1(1.8%)	1(1.8%)
	Vitamin D	9(8.0%)	7(12.5%)	2(3.6%)
	Zinc	7(6.3%)	4(7.1%)	3(5.4%)
	Biotin	12(10.7%)	6(10.7%)	6(10.7%)
	Vitamin C	7(6.3%)	6(10.7%)	1(1.8%)
Vaccines	BCG	112(100%)	56(100%)	56(100%)
	Influenza A (in 2020)	11(9.8%)	7(12.5%)	4(7.1%)
	Pneumococcal (in 2020)	11(9.8%)	7(12.5%)	4(7.1%)
Lifestyle	Current Smoking	1(0.9%)	0	1(1.8%)

Table 2. Clinical symptoms of the study population

Symptoms	Hyperandrogenic (N=56)	Non- Hyperandrogenic (N=56)	p
Fever (>37.8)	9(16.1%)	4(7.1%)	0.237
Low Grade Fever ("Feverish")	20(35.7%)	8(14.3%)	0.015
Shortness of Breath	3(5.4%)	1(1.8%)	0.618
Anosmia	48(85.7%)	35(62.5%)	0.009
Ageusia	45(80.4%)	30(53.6%)	0.005
Dry Cough	27(48.2%)	15(26.8%)	0.031
Sore Throat	15(26.8%)	6(10.7%)	0.051
Dizziness	13(23.2%)	7(12.5%)	0.217
Fatigue	28(50%)	13(23.2%)	0.006
Weakness	22(39.3%)	9(16.1%)	0.011
Myalgia	24(42.9%)	20(35.7%)	0.562
Arthralgia	4(7.1%)	5(8.9%)	1.000
Hyporexia/Anorexia	25(44.6%)	7(12.5%)	0.000
Thoracic Pain	20(35.7%)	14(25.0%)	0.304
Upper Back Pain	10(17.9%)	2(3.6%)	0.029
Lower Back Pain	3(5.4%)	4(7.1%)	1.000
Diarrhea	18(32.1%)	11(19.6%)	0.195
Nauseas	5(8.9%)	4(7.1%)	1.000
Vomiting	1(1.8%)	1(1.8%)	1.000
Abdominal Pain	6(10.7%)	5(8.9%)	1.000
Jaundice	0	0	--
Conjunctival Hyperemia	10(17.9%)	1(1.8%)	0.008
Pre-Orbital Pain	8(14.3%)	3(5.4%)	0.203

Dry Eyes	1(1.8%)	0	--
Dry Mouth	1(1.8%)	0	1.000
Runny Nose	22(39.3%)	16(28.6%)	0.318
Headache	32(57.1%)	24(42.9%)	0.186
Breast Pain	0	1(1.8%)	1.000
Skin Lesions	0	0	--
100% Asymptomatic	2(3.6%)	9(16.1%)	0.053

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