

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30

DR. DARREN WONG (Orcid ID : 0000-0003-1490-0547)

Article type : Original Articles

Editor : Stanislas Pol

ALT flares during nucleotide analogue therapy are associated with HBsAg loss in genotype A HBeAg-positive chronic hepatitis B

Darren Wong^{1,7}, Margaret Littlejohn¹, Rosalind Edwards¹, Kathy Jackson¹, Peter Revill¹, Anuj Gaggar², Kathryn Kitrinos², Mani Subramanian², Patrick Marcellin³, Maria Buti⁴, Harry Janssen⁵, Ed Gane⁶, Stephen Locarnini¹, Alexander Thompson^{7*}

¹Division of Molecular Research and Development, Victorian Infectious Diseases Reference Laboratory, Royal Melbourne Hospital, Doherty Institute Melbourne, Australia

²Gilead Sciences, Foster City, California

³Hôpital Beaujon, University of Paris, Clichy, France

⁴Liver Unit, Vall d'Hebron (Ciberehd) University Hospital, Barcelona, Spain

⁵Toronto Center for Liver Diseases, Toronto Western and General Hospital, University Health Network, University of Toronto, Toronto, Canada

⁶New Zealand Liver Transplant Unit, Auckland City Hospital, Auckland, New Zealand

⁷Department of Gastroenterology, St. Vincent's Hospital, Melbourne, Australia

*** Corresponding author**

Name: Professor Alexander Thompson

E-mail: alexander.thompson@svha.org.au

Address: Department of Gastroenterology

St Vincent's Hospital

This is the author manuscript accepted for publication and has undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the [Version of Record](#). Please cite this article as [doi: 10.1111/liv.13716](https://doi.org/10.1111/liv.13716)

This article is protected by copyright. All rights reserved

31 41 Victoria Parade, Fitzroy, Victoria, Australia 3065

32 Telephone: +61392313581

33 Facsimile: +6139231 3590

34

35 **Word Counts**

36 **Title:** 18

37 **Abstract:** 238

38 **Main text:** 3623

39 **Key points:** 64

40

41 **Figures:** 5

42 **Tables:** 3

43

44

45 **List of Abbreviations:**

LAM	Lamivudine
HBV	Hepatitis B virus
NA	Nucleos(t)ide analogue
ALT	Alanine aminotransferase
CHB	Chronic hepatitis B
ULN	Upper limit of normal
IQR	Interquartile range
TDF	Tenofovir disoproxil fumarate
ADV	Adefovir dipivoxil
DNA	Deoxyribonucleic acid
IU	International unit
PC	Precore
BCP	Basal core promotor
IL	Interleukin
PEIU	Paul Ehrlich international unit
PCR	Polymerase chain reaction

SEM	Standard error of the mean
ANOVA	Analysis of variance
OR	Odds ratio
CI	Confidence interval
SD	Standard deviation
ORF	Open reading frame
BMI	Body mass index

46

47 **Financial disclosure**

48 Gilead Sciences funded and conducted the original study, including the collection and
49 storage of serum samples. For this study, all clinical data were made available to the
50 investigators, and Gilead were not involved in the analysis or interpretation of data, or the
51 decision to submit for publication.

52

53 **Statement of Interests**

54 AG, KK, and MS are employees of Gilead Sciences Inc., and own stocks and shares in Gilead
55 Sciences Inc. PM has served as a consultant for Abbot, Boehringer Ingelheim, Bristol-Myers
56 Squibb, Gilead, Janssen/Tibotec, Merck, Novartis, Pfizer, Roche, and Vertex, and has
57 received honoraria from Bristol-Myers Squibb, Gilead, Janssen/Tibotec, Merck, Novartis,
58 and Roche. MB has received honoraria and research grants from Bristol-Myers Squibb, and
59 Gilead. HLJ has received consulting fees and research support from Roche, Merck, Gilead,
60 Bristol-Myers Squibb, Novartis, Santaris, Medtronic, Anadys, Innogenetics, and Kirin. EG has
61 served as a consultant for Achillion, Gilead, Idenix, Janssen, Merck, Novartis, Novira, and
62 Roche. SL has served as a consultant for Gilead. The remaining authors have no personal or
63 financial disclosures.

64 **ABSTRACT**

65 **Background**

66 ALT flares during NA therapy are uncommon but occur. Evaluation of ALT flares during
67 nucleos(t)ide analogue (NA) therapy is important as new immunomodulatory therapies for
68 HBV are developed. We evaluated the association between ALT flares and HBsAg loss during
69 long-term therapy for genotype A CHB.

70

71 **Methods**

72 This analysis included genotype A subjects from a phase III study of tenofovir vs. adefovir in
73 HBeAg-positive HBV. ALT flare was defined as i) a rise in ALT >2x ULN from normal ALT
74 levels; or ii) a rise in ALT >2x baseline ALT level. HBsAg response at week 384 was recorded
75 as one of HBsAg loss vs. HBsAg decline ($\geq 1 \log_{10}$ IU/ml decline) vs. non-response. The
76 primary analysis evaluated the association between ALT flare and HBsAg response.

77
78 **Results**

79 54 subjects were included. 23/54 (43%) subjects experienced an on-treatment ALT flare.
80 45% achieved an HBsAg reduction $\geq 1 \log_{10}$ IU/mL, and of these 67% achieved HBsAg loss at
81 a median of 102 weeks [IQR: 64-156]. Flare was associated with HBsAg decline vs. non-
82 response (67% vs 23%, $p=0.002$), and were more common in subjects who achieved HBsAg
83 loss vs. non-response (56% vs. 23%), $p=0.049$). There was a median delay of 56 weeks [IQR:
84 40-80] between a flare and HBsAg loss.

85
86 **Conclusion**

87 In genotype A subjects undergoing long term NA therapy, ALT flares predict for HBsAg
88 response. The delay between ALT flare and HBsAg loss has implications for clinical trial
89 design for early phase development of immunomodulatory strategies aiming for HBsAg loss.

90
91 **Key Words:** HBV; Flare; HBsAg loss; Antiviral therapy

92 **Key Points**

- 93
- 94 • This is the largest detailed study of HBsAg loss subjects treated with oral antiviral
therapy.
 - 95 • ALT flares are common in genotype A HBeAg-positive chronic HBV treated with long-
96 term nucleoside analogue therapy.
 - 97 • ALT flares in this cohort are independently associated with functional cure.
 - 98 • There is a long delay between ALT flare and HBsAg loss, which has implications for
99 clinical trial design of novel immunotherapeutic strategies.

100

101 **Introduction**

102 Chronic hepatitis B infection affects more than 248 million people globally and in 2013 was
103 responsible for an estimated 686,000 deaths (1, 2). It is a major contributor to the rising
104 incidence of hepatocellular carcinoma. Despite this significant burden of disease, the
105 immunopathogenesis of chronic HBV infection remains poorly understood. Chronic hepatitis
106 B is very difficult to cure, and the goal of nucleos(t)ide analogue therapy has been long-term
107 suppression of viral replication, rather than viral eradication (3, 4). Functional cure has
108 recently been defined as the loss of hepatitis B surface antigen (HBsAg) with or without anti-
109 HBs production (5), and is now the goal of therapy for new therapeutic candidates.

110

111 The host antiviral immune response can be therapeutic, and a number of novel
112 immunotherapies are currently in clinical development to achieve functional cure (6-8).
113 Serum ALT levels are a surrogate marker of hepatic inflammation, indirectly reflecting
114 immune-mediated destruction of infected hepatocytes (9). ALT flares have been associated
115 with achievement of immune control and HBsAg loss in the natural history of chronic
116 hepatitis B, as well as during peginterferon- α therapy (10), leading to the concept of a
117 “therapeutic” flare. ALT flares are reportedly common in the setting of treatment with
118 nucleos(t)ide analogues, but their sequelae have not been investigated (11, 12). The role of
119 host-viral immune interactions in effecting HBsAg clearance during nucleos(t)ide analogue
120 therapy is poorly understood, as is the link with ALT flares. However, a number of novel
121 therapeutic strategies, including the siRNA technologies, are being developed to induce a
122 potentially therapeutic flare.

123

124 Study GS-US-174-0103 was a randomised, double-blind phase III study of 266 HBeAg-
125 positive subjects with immune clearance disease comparing the antiviral efficacy of
126 tenofovir disoproxil fumarate (TDF) to adefovir dipivoxil (ADV) (ratio 2:1) monotherapy for
127 48 weeks in chronic hepatitis B subjects, followed by open-label TDF for a further 336 weeks
128 (12). The primary clinical endpoints included plasma HBV DNA <80 IU/mL and histological
129 improvement. HBeAg loss or seroconversion and HBsAg loss or seroconversion were
130 secondary endpoints. At the conclusion of the study, a total of 26 subjects, or 9.8% of the
131 study cohort, had achieved HBsAg loss. The majority of these functional cures were infected
132 with genotype A virus ($n = 16$, 6.0%), with the others being either genotype D ($n = 9$, 3.4%)
133 or genotype B ($n = 1$, 0.4%).

134

135 The aim of the current study was to i) evaluate the frequency of ALT flares during
136 nucleos(t)ide analogue therapy; ii) evaluate the association between on-treatment ALT flare
137 and HBsAg responses; and iii) compare these to the presence of PC-BCP variants, among
138 genotype A patients treated with long-term nucleos(t)ide analogue therapy in the GS-US-
139 174-0103 study.

140 **Methods**

141 ***Subjects***

142 All genotype A-infected subjects in study GS-US-174-0103 who received at least 48 weeks of
143 treatment were included in the analysis (Table S1). Given that the number of patients
144 achieving HBsAg loss when infected with other genotypes was low, the analysis was
145 restricted to genotype A subjects (Table S2). Quantitative HBsAg response was monitored to
146 week 384 (end of study), or for 24 weeks after HBsAg loss, whichever endpoint was first.

147

148 ***Definitions and Assays***

149 The upper limit of normal for ALT in this study was gender-based as per, being 30 IU/L for
150 males and 19 IU/L for females (3). An ALT flare was defined as an ALT 2x the upper limit of
151 normal after achieving a normal ALT and/or a rise in the ALT level on-treatment to $\geq 2x$
152 baseline ALT level (13). These cut-offs were chosen as a presumptive marker of
153 immunological activity, rather than strict clinical significance. Flares $>5x$ ULN were
154 investigated to exclude other causes of elevated ALT. HBsAg loss was confirmed on two
155 samples 6 months apart, whereas a significant HBsAg decline was defined as a $\geq 1 \log_{10}$
156 IU/ml drop in HBsAg level from baseline but persistent HBsAg positivity at the end of follow-
157 up. HBsAg non-response occurred if HBsAg decline was $< 1 \log_{10}$ IU/ml at the end of follow-
158 up. Quantitative HBsAg was measured on the Abbott Architect platform (Abbott Park, IL)
159 using serum samples taken every 12 weeks for the duration of the study (lower limit of
160 detection = 0.05 IU/ml). Qualitative anti-HBs analysis was performed on the same platform,
161 with a lower limit of detection of 10 IU/L. Quantitative HBeAg was measured on the Roche
162 Elecsys platform (Roche Diagnostics, Mannheim, Germany), with a lower limit of detection
163 of 0.3 PEIU/ml.

164

165 ***PCR Amplification and Population-based Sequencing***

166 A) Precore / basal core promotor region (PC-BCP)
167 The PC-BCP sequencing protocol has been published in detail previously (14). In brief, the
168 PC/core region was amplified from baseline samples by PCR. Primers were designed to
169 amplify the negative regulatory element, core upstream regulatory sequence, BCP
170 regulatory regions, and the complete PC/core coding region over two rounds of nested PCR.
171 The amplicon was purified then sequenced using the PCR primers. Gel electrophoresis of the
172 sequencing reactions was carried out by MicroMon (Department of Microbiology, Monash
173 University, Clayton, Australia). Cut-off for variant detection is approximately 20-25%.

174 B) Small HBsAg region
175 Sequencing of the polymerase region was performed by Gilead Sciences using Sanger
176 sequencing as part of the parent study to screen for baseline antiviral resistance mutations
177 within the overlapping polymerase gene. These data were used in this study to determine
178 the small HBsAg sequence at baseline for the purpose of clustal analysis.

179

180 **Statistical Analysis**

181 All statistical analyses were performed using Stata v14.2 (StataCorp, TX). Normally
182 distributed data is reported as mean \pm standard error (SEM). Non-parametric data was
183 analysed as median and interquartile range (IQR). Categorical data was analysed as number
184 and percentage. Bivariate analyses of outcome variables were conducted using the
185 Student's t-test or Mann-Whitney as appropriate. One-way ANOVA or the Kruskal-Wallis
186 test were used when there was more than one category. Categorical variables were
187 analysed using chi-square or Fisher's exact test. Multivariate regression was used to
188 determine independent factors associated with development of an ALT flare. A two-sided p
189 value of 0.05 was considered statistically significant.

190

191 **Ethics**

192 The parent study was conducted following approval from independent ethics committees or
193 institutional review boards at all participating study sites (NCT00116805). Informed consent
194 was obtained for the parent study but was not required for the current data analysis.

195 **Results**

196 There were 54 genotype A subjects who received a minimum of 48 weeks of treatment
197 (median = 384 weeks [IQR: 264-384]). The characteristics of the cohort are described in

198 Table 1 and Table S1. All subjects were HBeAg-positive. Patients were classified according to
199 their HBsAg response - twenty-four (45%) subjects achieved a significant HBsAg decline and
200 of these, 16 (30% of the overall cohort) went on to achieve HBsAg loss. HBsAg loss was
201 observed at a median of 102 weeks of treatment [IQR: 64-156]. Thirty (55%) subjects were
202 HBsAg non-responders at the end of follow up (Table 1). Age, gender, ethnicity, liver
203 histology (fibrosis stage / necro-inflammatory grade), treatment allocation, and median
204 baseline ALT level were comparable across the three HBsAg response groups. Baseline
205 median levels of HBV DNA, HBeAg, and HBsAg were lower in the HBsAg non-responder
206 group, and these subjects were more likely to be infected with PC-BCP variant virus, as
207 previously described (15).

208

209 ***On-treatment ALT flares were common in patients with genotype A HBV infection treated***
210 ***with nucleos(t)ide analogues***

211 An on-treatment ALT flare was experienced by 23 (43%) subjects (Table 2, Figure S1, and
212 Table S3), with the median peak ALT in this group being 203 [IQR: 97-457] IU/L. Six of the 23
213 had a flare defined by an ALT >2x baseline vs. 17 of the 23 defined by an ALT 2x the upper
214 limit of normal (Table S4). The median time to ALT flare was 40 weeks [IQR: 8-44]. ALT flares
215 occurred earlier in patients treated with TDF (median 16 weeks [IQR: 8-40] compared to
216 ADV treated patients (median 42 weeks [IQR: 40-56], p-value vs. TDF = 0.002). All patients
217 who flared were viraemic at the time of the flare; of note, the later flares in ADV treated
218 subjects were associated with a mean HBV DNA of 4.89 log₁₀ IU/ml [sd: 0.82] despite more
219 than 24 weeks treatment duration. HBV DNA levels were <2,000 IU/mL by week 24 in all
220 TDF-treated subjects, and at the time of flare were at a mean of 3.07 log₁₀ IU/ml [sd:1.53].

221

222 ***Higher baseline viraemia was associated with an increased likelihood of an on-treatment***
223 ***ALT flare***

224 Univariate logistic regression was used to determine clinical factors associated with ALT
225 flare (Table S5). Variables included were age, gender, body mass index, histologic fibrosis
226 and inflammatory scores, ethnicity, treatment arm, detectable baseline PC-BCP variants,
227 and baseline levels of HBV DNA, HBeAg, and HBsAg. Virologic factors including infection
228 with wildtype virus (p=0.03), and levels of HBV DNA (p=0.005), HBeAg (p=0.009), and HBsAg
229 (p=0.008) were associated with ALT flare. These were entered into a multivariate logistic

230 regression model. Following stepwise elimination of non-significant variables, only baseline
231 HBV DNA level remained significantly associated with an on-treatment ALT flare ($p=0.005$),
232 with higher baseline HBV DNA level associated with increased likelihood of flare (OR 3.75
233 per \log_{10} IU/ml increase [95% CI: 1.48-9.53]).

234

235 ***On-treatment ALT flares were associated with HBsAg response***

236 The pre-specified composite end-point for the primary analysis was the association between
237 on-treatment ALT flare and HBsAg response (HBsAg loss or significant HBsAg decline) vs.
238 HBsAg non-response. ALT flares were more common in subjects who achieved HBsAg loss
239 (9/16 [56%]) or significant HBsAg decline (7/8 [88%]) vs. HBsAg non-response (7/30 [23%]),
240 $p=0.049$ and 0.002 , respectively (Table 3). The median time to ALT flare among subjects who
241 achieved HBsAg loss was 14 weeks [IQR: 8-42]. The median time to HBsAg loss was 102
242 weeks [IQR: 64-156]. There were 7 HBsAg loss subjects who were not observed to have an
243 ALT flare. Three subjects had no observable fluctuations in ALT and four subjects had
244 elevations in ALT that coincided with control of viraemia but did not meet study criteria for
245 an ALT flare. One of these four subjects, who was TDF-treated, experienced a sustained
246 elevation in ALT between 1-2x the upper limit of normal for 40 weeks of treatment (Subject
247 5703, Figure S3).

248

249 Seven (88%) of the eight HBsAg decline subjects experienced a study defined ALT flare. Five
250 of these subjects were in the TDF only arm, and two were in the ADV-TDF arm. The median
251 time of flare was at 22 weeks [IQR: 8-44]. The mean baseline HBsAg level in the HBsAg
252 decline subjects was 5.10 [SD: 0.33] \log_{10} IU/ml (Table 1), and levels declined to their nadir
253 by a mean of 2.09 [SD: 0.73] \log_{10} IU/ml.

254

255 HBeAg seroconversion was common, both in subjects who achieved an HBsAg response and
256 non-response (HBsAg loss / HBsAg decline: 21/24 (88%) vs. HBsAg non-response: 23/30
257 (77%)). However, there was no association between the occurrence of an on-treatment ALT
258 flare and the attainment of HBeAg seroconversion (50% vs 41%, $p = 0.73$). Additionally, the
259 HBsAg response group experienced a significantly greater median decline in HBsAg levels 24
260 weeks post-flare (1.34 \log_{10} IU/ml [IQR: 0.82 - 2.31] vs 0.12 \log_{10} IU/ml [IQR: 0.03 - 0.31]
261 amongst non-responders, $p=0.002$). The magnitude of the week 24 post-flare decline

262 correlated strongly with the peak flare ALT (Pearson's $r=0.75$, $p<0.0001$). Accelerated HBV
263 DNA decline was not observed post flare. An ALT flare appeared to result in a more rapid
264 reduction in HBsAg when compared to those who did not flare (Figure 1).

265

266 ***Peak ALT level was higher in subjects who achieve HBsAg loss***

267 Among subjects who experienced an ALT flare, the peak ALT level was significantly higher in
268 those who achieved HBsAg loss. Median ALT in this group was 457 IU/L (IQR: 254 – 627) vs.
269 HBsAg decline (median ALT 203 IU/L [IQR: 97 – 278]) and non-responders (median ALT 104
270 IU/L [IQR: 68 – 149]) (Figure 2).

271

272 ***ALT flares were independently associated with HBsAg response***

273 Bivariate regression was performed on all baseline clinical factors, as well as the occurrence
274 of an on-treatment ALT flare, to determine which variables were associated with an HBsAg
275 response. ALT flare, HBV DNA level ($p=0.002$), HBeAg level ($p<0.0001$), HBsAg level
276 ($p=0.002$), and infection with PC-BCP wildtype virus ($p=0.001$) were associated with HBsAg
277 loss. After multivariate regression with stepwise elimination of non-significant predictors,
278 only baseline HBeAg level ($p=0.003$) and the occurrence of an on-treatment ALT flare
279 ($p=0.02$) were associated with an HBsAg response.

280

281 ***ALT flares associated with HBsAg loss occurred later in ADV vs TDF treated patients***

282 Of the 9 patients who achieved HBsAg loss, 5 were TDF treated, and 4 were ADV-TDF switch
283 treated. HBsAg seroconversion (ie, development of anti-HBs) was seen in 12 (75%) of the 16
284 HBsAg loss subjects; of the four who did not, one had an ALT flare, whereas three did not.
285 The median time to ALT flare was 14 weeks [IQR: 8-42] in subjects who achieved HBsAg loss.
286 TDF treated subjects had early flares at ≤ 16 weeks with rapid control of viraemia, observed
287 in four subjects (Figure 3). The fifth TDF treated patient (6204) had a lower degree of
288 necroinflammation at baseline, and a less acute decline in viraemia, and reached criteria for
289 an ALT flare later at week 40 (Figure 4). This flare was lower in magnitude. In contrast, the
290 four ADV-TDF treated subjects had persistent viraemia greater than $5 \log_{10}$ IU/ml of DNA at
291 the last level measured prior to a flare, in keeping with the reduced potency of ADV. Flares
292 were seen between 40 and 56 weeks of treatment (Figure 5) in those who had a slow ADV
293 response. HBV DNA was higher at both week 4 ($6.93 \log_{10}$ IU/ml [sd: 0.72] vs $5.32 \log_{10}$

294 IU/ml [sd: 0.84], $p=0.002$) and at week 12 ($6.59 \log_{10}$ IU/ml [sd:0.77] vs $4.46 \log_{10}$ IU/ml
295 [sd:1.25], $p=0.003$) in these subjects.

296

297 ***There was a significant lag period between ALT flare and HBsAg loss***

298 ALT flare preceded HBsAg decline in all study subjects. In those who achieved HBsAg loss,
299 this response was seen at a median of 102 weeks of treatment [IQR: 64-156]. There was a
300 significant time delay of a median of 56 weeks [IQR: 40-80 weeks] between ALT flare and
301 HBsAg loss (Figure S2). Reduction in levels by at least $1 \log_{10}$ IU/ml in the HBsAg decline
302 group, however, occurred soon after a flare (median 12 weeks [IQR:8-26], Figure S2).

303

304 ***ALT flares in non-responder subjects preceded HBV DNA suppression***

305 Seven (23%) of the non-responder subjects experienced an ALT flare during treatment
306 (Figure S4 and Table S1). ALT flare occurred at a median of 24 weeks [IQR: 4-48] of
307 treatment in this group. As noted, the peak ALT level in this population was significantly
308 lower than in HBsAg responders (104 IU/L vs 457 IU/L / 203 IU/L, respectively, Figure 2).
309 Although HBsAg decline was not observed, in 6/7 of these subjects, the ALT flare occurred
310 just prior to HBV DNA suppression below the limit of detection (Figure S4).

311

312 ***Infection with HBV variants at the PC and/or BCP region is associated with a reduced***
313 ***likelihood of an ALT flare and HBsAg response***

314 We have previously observed a negative relationship between PC-BCP variants and the
315 achievement of HBsAg loss in this cohort (15). We were therefore interested in whether
316 HBV variants might be associated with resistance to the occurrence of an ALT flare, or with
317 resistance to HBsAg decline in the event of an ALT flare. Population sequencing of the PC-
318 BCP region, as well as the S-ORF (open reading frame) was successful for 52 of the 54
319 subjects. Thirty (58%) subjects were found to be infected with wildtype HBV, whereas 22
320 (42%) harboured PC-BCP variants. ALT flares occurred less often in subjects with PC-BCP
321 variants vs. wildtype HBV infection (56% vs. 76%, $p=0.04$, Table 3). When an ALT flare
322 occurred, there was a trend for PC-BCP-infected subjects to be less likely to achieve an
323 HBsAg response (2/5 vs. 13/16, $p=0.12$). We also tested for an association between variants
324 in the S ORF and HBsAg response. However, when S ORF sequence data for all these
325 genotype A subjects were aligned, no variants were detected.

326 **Discussion**

327 This is the first study to examine in detail the occurrence of ALT flares during nucleos(t)ide
328 analogue therapy and their association with HBsAg kinetics in genotype A patients. We have
329 demonstrated that ALT flares occur frequently in this cohort and predict for subsequent
330 HBsAg decline and HBsAg loss.

331

332 On-treatment ALT flare was observed in 43% of genotype A infected HBV subjects. ALT flare
333 was more common among subjects who achieved HBsAg loss or HBsAg decline (67%) vs.
334 HBsAg non-response (23%). Peak ALT flare was higher in subjects who achieved an HBsAg
335 response than in HBsAg non-response, and the post-flare viral kinetics were more
336 pronounced, indicating that the magnitude of the flare may correlate with the strength of
337 the underlying antiviral immune response. Those who experienced a flare had a less
338 pronounced suppression of HBV DNA in response to treatment, particularly amongst the
339 ADV group who were generally slow responders to treatment. This is consistent with a
340 necessary role for persistent virion stimulation as a trigger for ALT flare. ALT flares occurred
341 in the first year of treatment and were seen earlier in patients randomized to TDF (median
342 16 weeks) than ADV (median 44 weeks). In ADV treated subjects, flares were associated
343 with a mean HBV DNA of 4.89 log₁₀ IU/ml [sd: 0.82] despite more than 24 weeks treatment
344 duration.

345

346 A prolonged lag period was observed between ALT flare and HBsAg loss (median 56 weeks).
347 We hypothesize that ALT flare achieves HBV control, with eventual HBsAg loss occurring
348 through hepatocyte turnover. This concept should be considered in future prospective
349 studies aiming for HBV cure. The lag period has practical implications for clinical trial design
350 of immunomodulatory cure strategies aiming to enhance the anti-HBV immune response to
351 achieve HBsAg loss – prolonged follow-up periods will be required to capture HBsAg loss
352 itself.

353

354 It has previously been recognised that HBsAg loss is more common in genotype A infection
355 in patients treated with nucleos(t)ide analogues, similar to treatment with pegylated
356 interferon (16). In association with this, we have shown that on-treatment ALT flares are
357 also common. Additionally, ALT flares are more common in HBsAg loss subjects than in non-

358 responders (17, 18). This may indicate that the strength of the immune response and / or
359 the degree of immune recovery is greater in these patients and this is what is necessary to
360 achieve immunologic control of chronic hepatitis B. Unfortunately, immunological studies
361 were not possible in this cohort. Future translational studies will be required to interrogate
362 the antiviral mechanisms driven by ALT flare and should also compare the differences
363 between genotype A vs. non-genotype A-infected patients.

364
365 HBsAg loss was also independently associated with higher HBeAg levels in this study. This
366 was independent of the presence of PC-BCP variants. HBeAg has been shown to have an
367 immunomodulatory effect in chronically infected subjects, attenuating innate immune
368 antiviral responses (19). It could, therefore, be hypothesised that a higher level of HBeAg
369 results in greater immune paresis, and that the subsequent reduction of HBeAg during
370 treatment allows an effective immune response to occur. This raises the possibility of
371 therapeutic approaches designed to rapidly reduce circulating HBeAg and could be used as
372 an adjunctive therapy to new treatments (20).

373
374 A subset of subjects who achieved functional cure did so without an ALT flare. This may
375 have simply been due to a missed flare. Alternatively, this could be explained by the non-
376 cytolytic model of cytokine-mediated viral clearance, which would not manifest with an ALT
377 flare (21-23). This mechanism is in contrast to the cytolytic model of adaptive CD8+ T cell-
378 mediated HBV clearance via hepatocyte killing, which has been well described (24, 25). It is
379 also likely that both mechanisms are at play concurrently, but perhaps the dominance of a
380 given pathway results in the observed clinical presentation in an individual patient.

381
382 Not all subjects who experienced an ALT flare achieved an HBsAg response. This is likely to
383 be multi-factorial. In general, the ALT flare in non-responders was lower level, perhaps
384 associated with weaker antiviral effect. It may be that these HBV have developed as yet
385 undefined mechanisms for 'immune escape' (26). Alternatively, HBsAg levels in these
386 patients include virions, subviral particles, as well as HBsAg particles derived from
387 integrated HBV. Current HBsAg assays cannot differentiate between these particles;
388 integrated HBsAg is unlikely to be cleared by immune-mediated antiviral effect.

389

390 There are limitations to this study. Firstly, ALT is a crude marker of an anti-HBV immune
 391 response, and as such, these data do not allow speculation about mechanisms underlying a
 392 flare. Secondly, the overall number of subjects was small, and limited to HBeAg-positive,
 393 genotype A-infected subjects. It should be noted, however, that this study has shown one of
 394 the highest reported rates of functional cure, and therefore provides a unique opportunity
 395 to examine and explore in detail factors that may be responsible for the development of
 396 cure, to inform future therapies and trial design. Importantly, however, factors leading to
 397 functional cure in HBeAg-negative disease, and in those infected with other genotypes,
 398 requires further study, as functional cure associated with nucleos(t)ide analogue therapy in
 399 these patients is rare.

400
 401 In conclusion, we have demonstrated a strong association between on-treatment ALT flare
 402 and HBsAg decline and HBsAg loss in genotype A, HBeAg-positive HBV-infected subjects
 403 treated with long-term nucleos(t)ide analogues. The data suggest that ALT flares may be
 404 important for achieving HBsAg loss and support the evaluation of immunotherapeutic
 405 strategies to induce a therapeutic hepatitis flare.

406 **Table 1** Baseline characteristics of the study cohort, stratified according to end-of-study HBsAg response.

	Overall	Non-Response	HBsAg Decline ($\geq 1 \log_{10}$ IU/mL)	HBsAg Loss	p-value
n (%)	54 (100)	30 (55.6)	8 (14.8)	16 (29.6)	-
Weeks of Follow Up, med (IQR)	384 (264-384)	384 (300 – 384)	384 (294 – 384)	350 (228 – 384)	0.38
Age, med (IQR)	39 (25-50)	37 (24 – 47)	37 (26 – 43)	44 (36 – 52)	0.19
Males, n (%)	46 (85)	24 (80)	8 (100)	14 (88)	0.35
Ethnicity, n (%)					
White	43 (80)	21 (70)	7 (88)	15 (94)	0.14
Black	9 (17)	7 (23)	1 (13)	1 (6)	0.32
Asian	1 (2)	1 (3)	0 (0)	0 (0)	
BMI, med (IQR)	25 (22-29)	25 (21 – 29)	23 (22 – 24)	27 (23 – 29)	0.13
ADV-TDF Arm, n (%)	17 (31)	8 (27)	3 (38)	6 (38)	0.70
Ishak Fibrosis Score, med (IQR)	4 (2-6)	4 (2 – 6)	5 (3 – 6)	4 (3 – 6)	0.88
Cirrhosis, n (%)	17 (31)	10 (33)	3 (38)	4 (25)	0.49
Knodell Inflammatory Score, med (IQR)	9 (9-10)	9 (9 – 9)	9 (9 – 9)	9 (9 – 10)	0.53
Baseline ALT (IU/L), med (IQR)	109 (85-198)	106 (81 – 196)	134 (86 – 215)	117 (100 – 190)	0.69
Baseline HBV DNA (Log ₁₀ IU/mL), mean (sd)	7.98 (0.94)	7.64 (0.99)	8.73 (0.60)	8.23 (0.66)	0.004

Baseline HBeAg (Log ₁₀ PEIU/mL), mean (sd)	2.96 (0.89)	2.57 (1.00)	3.53 (0.12)	3.39 (0.42)	0.0008
Baseline HBsAg (Log ₁₀ IU/mL), mean (sd)	4.62 (0.61)	4.40 (0.56)	5.10 (0.33)	4.80 (0.62)	0.004
Wildtype HBV by Population Sequencing, n (%)	30 (58)	11 (38%)	7 (88%)	12 (80%)	0.005

407

408

409

410

411

Table 2 There were statistically significant differences between the HBsAg responses when comparing the group who had an ALT flare vs. those who did not. The differences were significant for both the composite outcome of any HBsAg response, as well as the individual components of HBsAg decline or HBsAg loss, as compared to non-responders.

	Overall N=54	ALT Flare N=23	No ALT Flare N = 31	p-value (vs. non- response)
HBsAg response, n (%) (HBsAg loss + HBsAg decline $\geq 1 \log_{10}$)	24 (45%)	16 (69%)	8 (26%)	0.0019
HBsAg loss, n (%)	16 (30%)	9 (39%)	7 (23%)	0.049
HBsAg decline, n (%) (HBsAg decline $\geq 1 \log_{10}$)	8 (15%)	7 (30%)	1 (3%)	0.002
HBsAg non-response, n (%) (HBsAg decline $< 1 \log_{10}$)	30 (56%)	7 (30%)	23 (71%)	--

412

413

414

Table 3 Wildtype HBV infection is associated with an increased likelihood of an on-treatment ALT flare (p=0.04)

	No Flare	Flare	Total
PC and/or BCP Variant, n (%)	17 (55)	5 (24)	22 (42)
Wildtype, n (%)	14 (45)	16 (76)	30 (58)
Total	31	21	52

415

416

417

Figure Legends

418

419

420

421

422

Figure 1 An ALT flare is likely to result in a rapid decline in HBsAg, as compared to those who did not flare. Each bar represents the decline in HBsAg for an individual subject. In subjects who had a flare, decline is between HBsAg at time of flare and 24 weeks post-flare. In subjects without an ALT flare, change in HBsAg is the average decline between baseline to week 72 separated into 3 intervals (week 0-24, week 24-48, and week 48-72) (13)

423 **Figure 2** Box plot of peak ALT in those experiencing an on-treatment flare (n=23) by HBsAg
424 response. There was no statistically significant difference between the HBsAg decline and
425 HBsAg loss groups.

426 **Figure 3** Graph depicting mean ALT changes over time for the first 48 weeks of treatment,
427 separated by treatment group, and comparing complete HBsAg responders to the rest of
428 the cohort. Crosses indicate a statistically significant difference compared to all other
429 groups. Error bars indicate SEM.

430 **Figure 4** Individual subject plots over the first 144 weeks of treatment for those in the TDF
431 treatment cohort who achieved HBsAg loss following an ALT flare. Subject 3058 lost HBsAg
432 at week 180 but did not achieve on-study HBsAg seroconversion. Subject 4318 achieved
433 HBsAg seroconversion at week 152.

434 **Figure 5** Individual subject plots over the first 144 weeks of treatment for those in the ADV-
435 TDF switch treatment cohort who achieved HBsAg loss following an ALT flare.

436

437 **References**

438

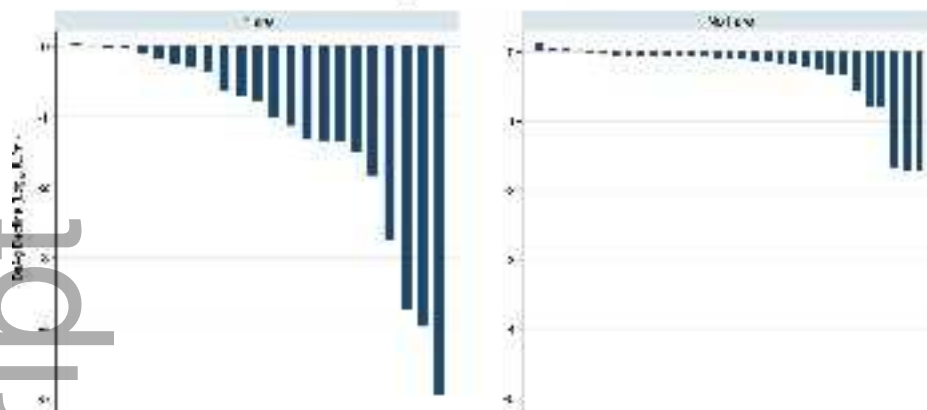
- 439 1. Global, regional, and national life expectancy, all-cause mortality, and cause-specific
440 mortality for 249 causes of death, 1980–2015: a systematic analysis for the Global Burden of
441 Disease Study 2015. *The Lancet* 2016; 388(10053): 1459-544.
- 442 2. SCHWEITZER A, HORN J, MIKOLAJCZYK R T, KRAUSE G, OTT J J. Estimations of
443 worldwide prevalence of chronic hepatitis B virus infection: a systematic review of data
444 published between 1965 and 2013. *Lancet* 2015; 386(10003): 1546-55.
- 445 3. TERRAULT N A, BZOWEJ N H, CHANG K M, HWANG J P, JONAS M M, MURAD M H.
446 AASLD guidelines for treatment of chronic hepatitis B. *Hepatology* 2016; 63(1): 261-83.
- 447 4. PAPANICOLAOU G, BUTI M, CORNBERG M, et al. EASL Clinical Practice Guidelines:
448 Management of chronic hepatitis B virus infection. *Journal of hepatology* 2012; 57(1): 167-
449 85.
- 450 5. REVILL P, TESTONI B, LOCARNINI S, ZOULIM F. Global strategies are required to cure
451 and eliminate HBV infection. *Nature reviews Gastroenterology & hepatology* 2016; 13(4):
452 239-48.

- 453 6. CHISARI F V, FERRARI C. Hepatitis B virus immunopathogenesis. *Annu Rev Immunol*
454 1995; 13: 29-60.
- 455 7. BERTOLETTI A, GEHRING A. Immune response and tolerance during chronic hepatitis
456 B virus infection. *Hepatology research : the official journal of the Japan Society of*
457 *Hepatology* 2007; 37 Suppl 3: S331-8.
- 458 8. MAINI M K, SCHURICH A. The molecular basis of the failed immune response in
459 chronic HBV: therapeutic implications. *Journal of hepatology* 2010; 52(4): 616-9.
- 460 9. CHANG M L, LIAW Y F. Hepatitis B flares in chronic hepatitis B: pathogenesis, natural
461 course, and management. *Journal of hepatology* 2014; 61(6): 1407-17.
- 462 10. NAIR S, PERRILLO R P. Serum alanine aminotransferase flares during interferon
463 treatment of chronic hepatitis B: is sustained clearance of HBV DNA dependent on levels of
464 pretreatment viremia? *Hepatology* 2001; 34(5): 1021-6.
- 465 11. DIENSTAG J L, SCHIFF E R, WRIGHT T L, et al. Lamivudine as initial treatment for
466 chronic hepatitis B in the United States. *The New England journal of medicine* 1999;
467 341(17): 1256-63.
- 468 12. MARCELLIN P, HEATHCOTE E J, BUTI M, et al. Tenofovir disoproxil fumarate versus
469 adefovir dipivoxil for chronic hepatitis B. *The New England journal of medicine* 2008;
470 359(23): 2442-55.
- 471 13. MARCELLIN P, GANE E J, KRASSTEV Z, et al. Association between ALT flares and HBeAg
472 loss and HBsAg decline in Patients with Chronic Hepatitis B during treatment with Tenofovir
473 Disoproxil Fumarate or Adefovir Dipivoxil. *Hepatology* 2015; 62(S1): 1212A.
- 474 14. WONG D, LITTLEJOHN M, YUEN L, et al. HBeAg levels at week 24 predict response to
475 8 years of tenofovir in HBeAg-positive chronic hepatitis B patients. *Alimentary*
476 *pharmacology & therapeutics* 2018; 47(1): 114-22.
- 477 15. BAYLISS J, YUEN L, ROSENBERG G, et al. Deep sequencing shows that HBV basal core
478 promoter and precore variants reduce the likelihood of HBsAg loss following tenofovir
479 disoproxil fumarate therapy in HBeAg-positive chronic hepatitis B. *Gut* 2017; 66(11): 2013-
480 23.
- 481 16. BUSTER E H, HANSEN B E, LAU G K, et al. Factors that predict response of patients
482 with hepatitis B e antigen-positive chronic hepatitis B to peginterferon-alfa.
483 *Gastroenterology* 2009; 137(6): 2002-9.

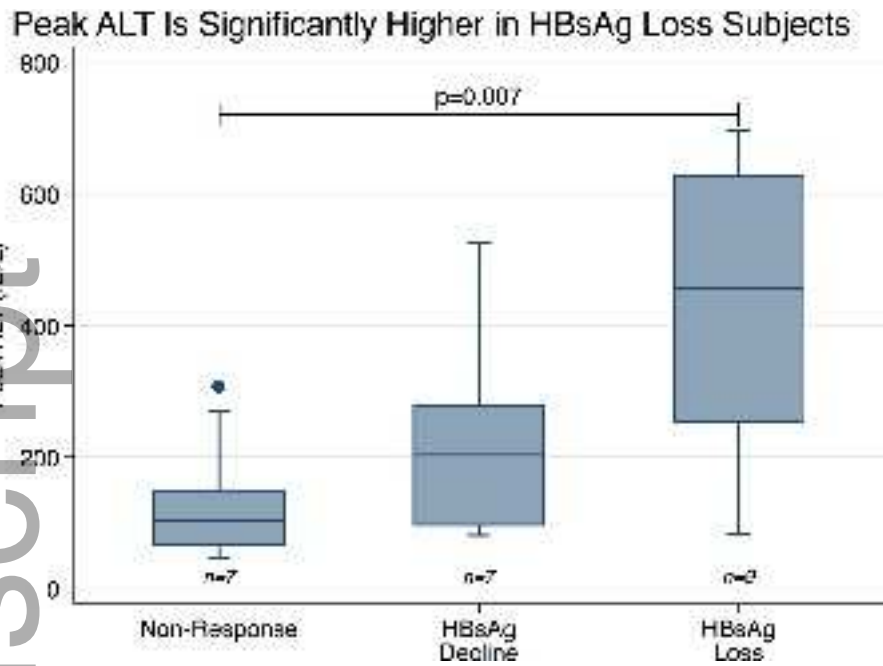
- 484 17. PERRILLO R P. Acute flares in chronic hepatitis B: the natural and unnatural history of
485 an immunologically mediated liver disease. *Gastroenterology* 2001; 120(4): 1009-22.
- 486 18. LIAW Y F. Hepatitis flares and hepatitis B e antigen seroconversion: implication in
487 anti-hepatitis B virus therapy. *Journal of gastroenterology and hepatology* 2003; 18(3): 246-
488 52.
- 489 19. VISVANATHAN K, SKINNER N A, THOMPSON A J, et al. Regulation of Toll-like
490 receptor-2 expression in chronic hepatitis B by the precore protein. *Hepatology* 2007; 45(1):
491 102-10.
- 492 20. WALSH R, NUTTALL S, REVILL P, et al. Targeting the hepatitis B virus precore antigen
493 with a novel IgNAR single variable domain intrabody. *Virology* 2011; 411(1): 132-41.
- 494 21. THOMPSON A J, COLLEDGE D, RODGERS S, et al. Stimulation of the interleukin-1
495 receptor and Toll-like receptor 2 inhibits hepatitis B virus replication in hepatoma cell lines
496 in vitro. *Antiviral therapy* 2009; 14(6): 797-808.
- 497 22. LUCIFORA J, XIA Y, REISINGER F, et al. Specific and nonhepatotoxic degradation of
498 nuclear hepatitis B virus cccDNA. *Science* 2014; 343(6176): 1221-8.
- 499 23. SEEGER C, LITWIN S, MASON W S. Hepatitis B Virus: Persistence and Clearance. In:
500 Liaw Y-F, Zoulim F, eds. *Hepatitis B Virus in Human Diseases*. Cham: Springer International
501 Publishing, 2016: 123-45.
- 502 24. PHILLIPS S, CHOKSHI S, RIVA A, EVANS A, WILLIAMS R, NAOUMOV N V. CD8(+) T cell
503 control of hepatitis B virus replication: direct comparison between cytolytic and noncytolytic
504 functions. *Journal of immunology* 2010; 184(1): 287-95.
- 505 25. WOHLLEBER D, KASHKAR H, GARTNER K, et al. TNF-induced target cell killing by CTL
506 activated through cross-presentation. *Cell Rep* 2012; 2(3): 478-87.
- 507 26. LOK A S, LAI C L, WU P C, LEUNG E K, LAM T S. Spontaneous hepatitis B e antigen to
508 antibody seroconversion and reversion in Chinese patients with chronic hepatitis B virus
509 infection. *Gastroenterology* 1987; 92(6): 1839-43.

510

HBsAg Decline Post-Flare

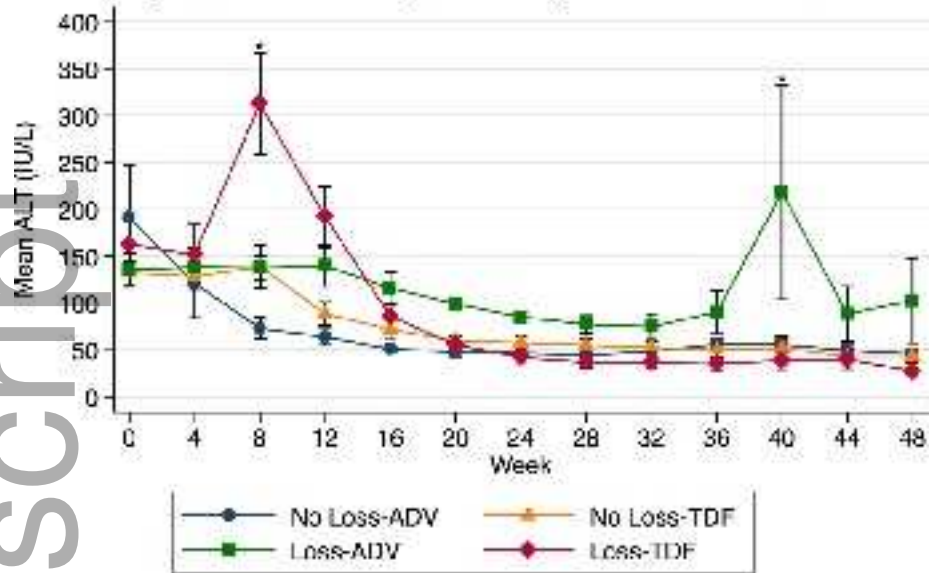


liv_13716_f1.tif



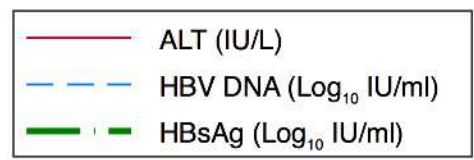
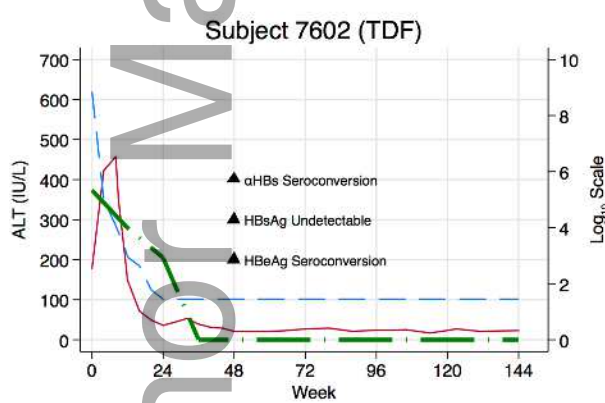
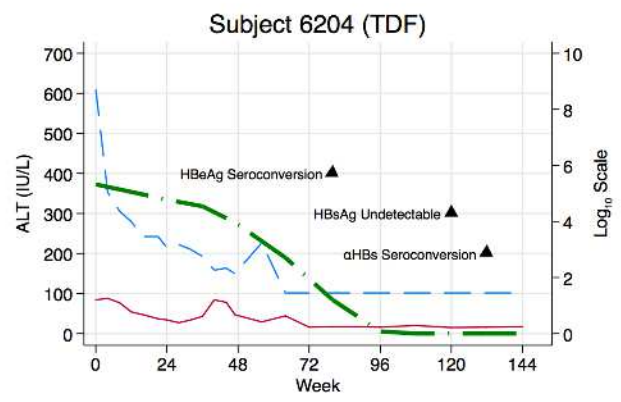
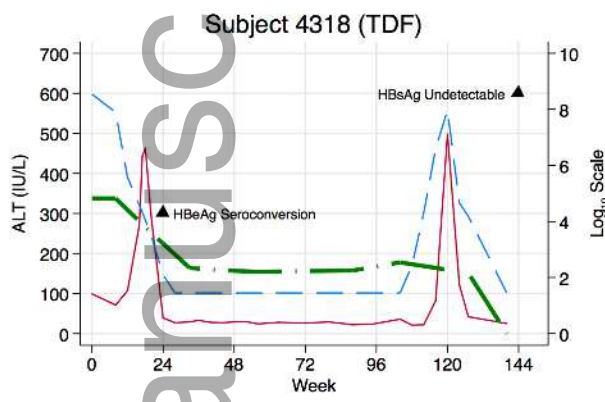
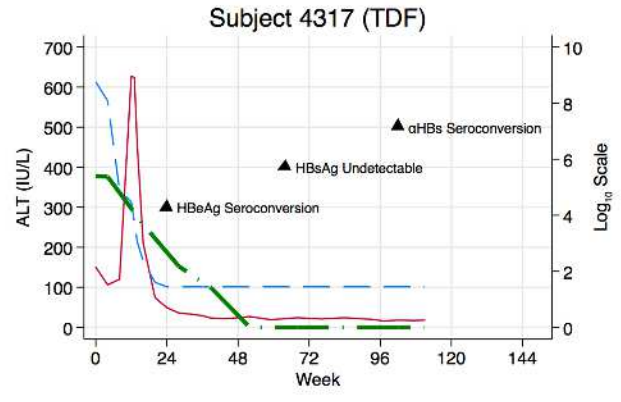
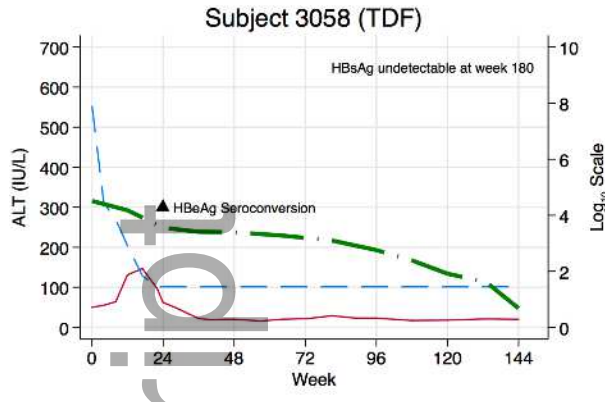
liv_13716_f2.tif

HBsAg Loss Subjects Have Significant Differences in ALT Early in TDF Treated, and Delayed in ADV Treated

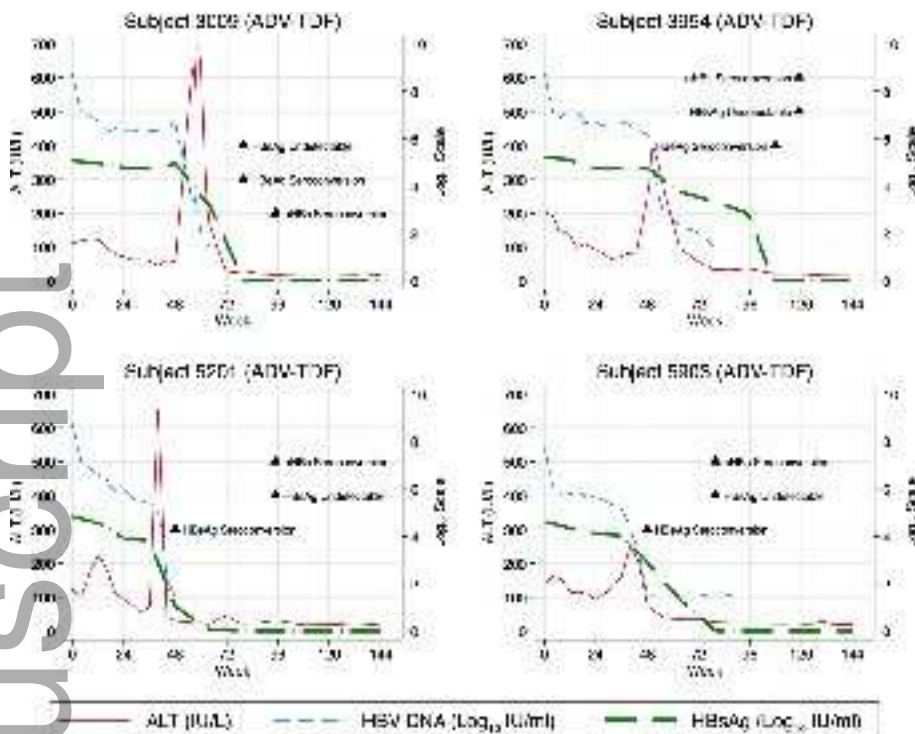


liv_13716_f3.tif

Author Manuscript



liv_13716_f4.tif



liv_13716_f5.tif