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The gamma delta lymphomas: an Australian multi-centre case series

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Background: The gamma delta ($\gamma\delta$) lymphomas are heterogenous subtypes of T-cell lymphoma that originate from the $\gamma\delta$ T-cell. There are four recognized entities: hepatosplenic T-cell lymphoma (HSPTCL), primary cutaneous gamma delta lymphoma (PCGDTL), monomorphic epitheliotropic intestinal T-cell lymphoma (MEITL) and large granular lymphocytic leukemia (T-LGL). They are extremely rare and with the exception of large granular lymphocytic leukemia, characteristically aggressive with standard of care treatments not yet defined. The literature is limited and comprised largely of case series and reports which describes poor responses to regimens typically utilized in T-cell lymphomas.

Case Description: We report the first Australian multi-centre retrospective series of twenty-one patients with $\gamma\delta$ lymphoma subtypes who were diagnosed and managed at tertiary or quaternary oncology centers. There was treatment heterogeneity but poor responses to anthracycline-based chemotherapy as reported in other series were seen, whereas promising responses to novel agents was demonstrated. While the role of stem cell transplantation (SCT) is controversial, there were durable responses seen across all subtypes after allogeneic SCT (alloSCT). However, the prognosis across all subtypes was poor with early relapses and refractory disease common.

Conclusions: Front-line treatments utilized in other aggressive lymphomas achieved short remissions, but interpretation was hampered by treatment heterogeneity so no definite conclusions can be made. A minority of patients who proceeded to allogeneic transplantation achieved durable remissions while novel agents demonstrated efficacy in the relapsed/refractory setting. These encouraging results provide further rationale for interrogation in larger studies.

Keywords: Hepatosplenic T-cell lymphoma (HSPTCL); primary cutaneous gamma delta lymphoma (PCGDL); monomorphic epitheliotropic intestinal T-cell lymphoma (MEITL); case series

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Introduction

Gamma delta ($\gamma\delta$) lymphomas are an exceedingly rare and characteristically aggressive type of T-cell lymphomas that originate from $\gamma\delta$ lymphocytes. These lymphocytes display a distinctive T-cell receptor (TCR) on their surface and are derived from CD4⁻/CD8⁻ T cells. Normal $\gamma\delta$

T lymphocytes represent only a small percentage of circulating lymphocytes (<5%) but are enriched in the splenic red pulp, mucosal sites and cutaneous tissues. Their function remains to be completely defined and they are thought to have a role in both innate and adaptive immunity. Their cytotoxic features enable them to act as early effectors allowing non-major histocompatibility

complex (MHC) restricted antigen recognition and secretion of high levels of cytokines (1). The 2016 World Health Organization (WHO) classification of lymphoid neoplasms recognizes four entities of $\gamma\delta$ lymphomas: hepatosplenic T-cell lymphoma (HSPTCL), primary cutaneous gamma delta lymphoma (PCGDTL), monomorphic epitheliotropic intestinal T-cell lymphoma (MEITL), and large granular lymphocytic leukemia (T-LGL) (2). Furthermore, there are numerous case reports of lymphomas composed of $\gamma\delta$ lymphocytes that are not able to be classified with the current WHO classification. With the exception of T-LGL which usually behaves in an indolent manner, the $\gamma\delta$ lymphomas are typically aggressive with early relapses and chemo-refractory disease common. Standard of care treatment of $\gamma\delta$ lymphomas has not been established with many centers employing aggressive front-line chemotherapy often followed by stem cell transplantation (SCT). Despite this, the outcomes remain dismal with most patients succumbing to the disease often within months of the diagnosis. Prospective trials are lacking with evidence limited to retrospective case series and database analyses.

The Australasian Lymphoma Alliance (ALA) is a collaborative working group of clinicians and scientists from centers across the Asia Pacific. All centers were invited to contribute data on patients with a confirmed diagnosis of $\gamma\delta$ lymphoma as defined by the WHO criteria that were diagnosed between 2000 and 2019. Histological diagnoses were made by the local hematopathologist and were accepted without further review. Demographic, survival, and treatment data from five centers was submitted and there was a total of 21 cases included (10 HSPTCL, 5 MEITL, 5 PCGDTL and 1 non-classifiable). We report the management and clinical outcomes of the first Australian multi-centre retrospective case series of 21 patients with $\gamma\delta$ lymphoma subtypes.

This project was approved by Peter MacCallum Cancer Centre governance with protocol approval by respective local ethics committees. All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Waiver of consent was granted by a fully constituted Human Research Ethics Committee. We present the following article in accordance with the CARE reporting checklist (available at <https://aol.amegroups.com/article/view/10.21037/aol-21-41/rc>).

Case series clinical presentations and treatment

HSPTCL

Ten patients with HSPTCL were reported with a median follow-up of 31.5 months. The median age at diagnosis was 45 (range, 18–66) years; 80% were male; Eastern Cooperative Oncology Group (ECOG) was generally low, with B-symptoms (70%) and marrow involvement (90%) present in the majority. Prior use of immunosuppression for any indication was identified in three patients with one patient having prior immunosuppression with azathioprine for inflammatory bowel disease (*Table 1*).

HyperCVAD (hyperfractionated cyclophosphamide, doxorubicin, vincristine, prednisolone, cytarabine and methotrexate) (20%) and CHOEP (cyclophosphamide, doxorubicin, vincristine, etoposide and prednisolone) (20%) were the most common first-line therapies with the remainder being purine or platinum-based regimens. Only four patients had a complete remission (CR) to first line therapy but all three patients that obtained a partial response (PR) and two of three patients with stable (SD) or progressive disease (PD) were then able to obtain a CR with salvage therapy. Salvage regimens were heterogenous with four patients receiving ICE (ifosfamide, carboplatin and etoposide) while the others were treated high dose methotrexate combined with high dose cytarabine and the novel agent pralatrexate alone or in combination with romidepsin. Notably, one patient who was diagnosed with HSPTCL incidentally after splenectomy has survived >32 months with no evidence of relapse after observation alone.

Frontline consolidative SCT was used in seven cases (70%) of which four were allogenic (alloSCT). All patients who proceeded to SCT were reported to be in CR at the time. The 2-year overall survival (OS) was 60% and declined to 30% at 4-year. Two of three with a progression-free-survival (PFS) >3 years had received alloSCT (*Table 2*).

Primary cutaneous gamma delta T-cell lymphoma (PCGDTCL)

Five patients with PCGDTCL were identified with a median follow-up of 18 months. The median age of diagnosis was 38 (range, 24–71) years. The three patients aged <40 years had more aggressive disease characteristics with local nodal involvement and an elevated lactate dehydrogenase (LDH) and were treated front-line with anthracycline-based multi-agent chemotherapy. The

Table 1 $\gamma\delta$ lymphoma baseline characteristics

Characteristics	HSPTCL	MEITL	PCGDTCL
Number of patients	10	5	5
Median age [years]	44 [18–66]	55 [34–67]	38 [24–71]
Gender, n [%]			
Male	8 [80]	3 [60]	5 [100]
Female	2 [20]	2 [40]	0 [0]
History of immunocompromise, n [%]	3 [30]	0 [0]	0 [0]
Bone marrow involvement, n [%]	9 [90]	1 [20]	0 [0]
Lymphadenopathy, n [%]	1 [10]	2 [40]	3 [60]
Liver enzyme derangement, n [%]	6 [60]	1 [20]	1 [20]
B-symptoms, n [%]	7 [70]	2 [40]	2 [40]
Elevated LDH, n [%]	7 [70]	2 [40]	2 [40]
Cytopenia, n [%]			
Anaemia	8 [80]	2 [40]	2 [40]
Thrombocytopenia	8 [80]	0 [0]	2 [40]
Neutropenia	7 [70]	0 [0]	2 [40]

One patient with $\gamma\delta$ not able to be classified not included. HSPTCL, hepatosplenic T-cell lymphoma; MEITL, monomorphic epitheliotropic intestinal T-cell lymphoma; PCGDTCL, primary cutaneous $\gamma\delta$ T-cell lymphoma; LDH, lactate dehydrogenase.

two older patients (>65 years) were treated with non-chemotherapy modalities typically employed for indolent cutaneous T-cell lymphomas such as interferon and localized radiotherapy (*Table 3*).

In our series, two patients received three courses of radiation therapy (30–35 Gy) with durable infield control achieved in one patient. The first, a 68-year-old male, received 30 Gy to a significant lesion on his right buttock in combination with pegylated interferon. Despite an impressive response with almost complete resolution to the buttock lesion he had rapid progression of lesions elsewhere and the development of nodal disease necessitating further systemic therapy with chemotherapy. Due to the excellent response to radiotherapy of the buttock lesion further radiotherapy was utilized at two further sites (shoulder and upper arm) in combination with vinorelbine, gemcitabine and filgrastim (VGF) chemotherapy. Using a dose of 35 Gy both sites demonstrated significant PRs, but the patient ultimately had rapidly PD outside of the prior radiotherapy fields. The second patient, a 71-year-old male, had widespread skin lesions and received total skin electron beam (TSEB) at a dose of 30 Gy with 10 Gy boosts to sites of tumor disease. Good disease control was achieved

with resolution of the tumor disease but there was relapse 6 months with widespread tumor disease progression whereupon systemic therapy with the histone acetylase inhibitor vorinostat was implemented.

Upfront allogeneic transplant was utilized in two patients. One patient relapsed at 16-month post-transplant and died of infective complications; the other patient remains in remission 10-months post-transplant.

MEITL

Five patients with MEITL were identified, with a median follow-up of 14.5 months and a median age of 55 (range, 34–67) years. Three patients (60%) presented with B-symptoms, lymphadenopathy was seen in two patients (40%), marrow involvement was seen in only one patient (20%). Cytopenias were uncommon at diagnosis with anaemia present in only two patients. Front-line treatment was most frequently cyclophosphamide, doxorubicin, vincristine and, prednisolone (CHOP)-based (60%) with hyperCVAD and the Newcastle regimen of IVE/MTX (ifosfamide, vincristine, etoposide and methotrexate) also being utilized. Despite all patients achieving an initial early complete response, four

Table 2 Hepatosplenic T-cell lymphoma treatment regimens and responses

Patient	Age (years)	Treatment line	Treatment regimen	Response	Response duration (months)	Survival from diagnosis (months)	Current status
1	52	1	ICE	SD	–	4	Disease related death
		2	Pralatrexate	SD	–		
2	33	1	DICE + alloSCT	CR	11	11	Alive in remission
3	39	1	HyperCVAD	PD	–	15	Died of treatment related toxicity
		2	ICE + alloSCT	CR	13		
4	53	1	CHOEP	CR	17	26	Disease related death
		2	ICE + autoSCT	PR	1		
5	18	1	Pentostatin and alemtuzumab	PR	3	66	Alive in remission
		2	ICE + alloSCT	CR	63		
6	65	1	CHOEP	PD	–	11	Disease related death
		2	Pralatrexate and romidepsin + autoSCT	CR	8		
7	55	1	HyperCVAD + autoSCT	CR	67	79	Died of treatment related toxicity
		2	VGF	SD	7		
		3	Romidepsin	SD	4		
8	66	1	FCM + alloSCT	CR	67	93	Disease related death
		2	Romidepsin	PR	12		
		3	CHOP	PD	–		
		4	ICE	PD	–		
9	31	1	DHAC	PR	3	36	Disease related death
		2	High dose MTX and ara-C + autoSCT	CR	10		
		3	VGF	SD	–		
		4	Radiotherapy to spleen	PR	14		
10	24	1	Splenectomy	CR	32	32	Alive in remission

ICE, ifosfamide, carboplatin, etoposide; SD, stable disease; DICE, dexamethasone, ifosfamide, carboplatin and etoposide; alloSCT, allogeneic stem cell transplantation; HyperCVAD, hyperfractionated cyclophosphamide, doxorubicin, vincristine, prednisolone, cytarabine and methotrexate; CHOEP, CHOP and etoposide; CHOP, cyclophosphamide, doxorubicin, vincristine and, prednisolone; PD, progressive disease; CR, complete remission; PR, partial response; VGF, vinorelbine, gemcitabine and filgrastim; FCM, fludarabine, cyclophosphamide and mitoxantrone; DHAC, dexamethasone, cytarabine and carboplatin.

patients (80%) relapsed within 60 days of frontline therapy. Consolidative allogeneic stem cell transplant was employed in two patients with one patient allografted in first CR (CR1) and the other in second CR (CR2) after early relapse post frontline chemotherapy. The survival post-transplant was 14 and 102 months, respectively. The 2-year OS of all five patients was poor at 20% with most patients succumbing to

disease within 1 year (*Table 4*).

γδ lymphoma, non-classifiable

One patient reported in our case series was a 47-year-old male who presented with nodal and marrow involvement of disease phenotypical for γδ lymphoma. His prior history

Table 3 Primary cutaneous $\gamma\delta$ lymphoma treatment regimens and responses

Patient	Age (years)	Treatment line	Treatment regimen	Response	Duration of response (months)	Survival from diagnosis (months)	Current status
1	24	1	IVAC + alloSCT	CR	12	20	Disease related death
		2	ICE	PD	–		
		3	CODOX-M	PD	–		
		4	Pralatrexate and romidepsin	PD	–		
2	24	1	Cyclosporin	PR	3	7	Disease related death
		2	ICE	N/A	–		
		3	HyperCVAD	PD	–		
		4	Romidepsin	PD	–		
3	68	1	Interferon + radiotherapy (30 Gy)	PR	4	8	Disease related death
		2	VGF + radiotherapy (35 Gy)	PR	3		
4	38	1	HyperCVAD + alloSCT	CR	18	18	Alive in remission
5	71	1	TSEB radiotherapy (30 Gy)	PR	6	133	Death unrelated to disease or treatment
		2	Vorinostat	PR	13		
		3	Interferon	PR	61		
		4	Low dose methotrexate	SD	7		
		5	Denileukin diftitox	PR	3		

IVAC, ifosfamide, etoposide and cytarabine; alloSCT, allogenic stem cell transplantation; CR, complete remission; ICE, ifosfamide, carboplatin, etoposide; PD, progressive disease; CODOX-M, cyclophosphamide, vincristine, doxorubicin, methotrexate; PR, partial response; HyperCVAD, hyperfractionated cyclophosphamide, doxorubicin, vincristine, prednisolone, cytarabine and methotrexate; VGF, vinorelbine, gemcitabine and filgrastim; TSEB, total skin electron beam.

was relevant for X-linked lymphoproliferative disorder associated with common variable immunodeficiency disorder. He was treated with CHOEP and consolidated with alloSCT in CR. He remains in remission 74 months post-transplant. Although not yet recognized by the WHO, there are numerous case reports of patients with $\gamma\delta$ histology that do not fit within the existing classifications describing patients with primarily nodal or marrow involvement typically treated with aggressive induction chemotherapy (3,4).

An overview of the $\gamma\delta$ lymphomas

HSPTCL

HSPTCL is an aggressive peripheral T-cell lymphoma (PTCL) subtype involving the liver, spleen, and bone marrow. Diagnoses in all age groups have been reported but it occurs predominately in younger men with a median

age of 34. Constitutional symptoms are common and often accompanied by splenomegaly. As seen in our cohort, typical laboratory findings include cytopenia, elevated LDH and derangement of liver enzymes (5). There is an association with hemophagocytic lymphohistiocytosis (HLH) which portends a worse prognosis (6).

First described in 1981 and recognized as a distinct entity in 1990, the hallmark of HSTCLs is expression of $\gamma\delta$ TCRs however cases of $\alpha\beta$ TCR expression have been reported. The malignant cells infiltrate extranodal sites in a marked sinusoidal pattern. Recurrent isochromosome 7q and trisomy 8 is noted on cytogenetics (7). *STAT5B* is mutated in up to 31% of cases (8). There is a reported association with prior immunosuppression in up to 20% of cases and the combination of thiopurine and tumor necrosis factor inhibitor treatment for Crohn disease as a risk factor for HSPTCL has been particularly well described (9-11).

Standard induction regimens have not been defined

Table 4 Monomorphic epitheliotropic intestinal T-cell lymphoma treatment regimens and responses

Patient	Age (years)	Treatment line	Treatment regimen	Response	Duration of response (months)	Survival from diagnosis (months)	Current status
1	58	1	CHOEP	CR	1	11	Disease related death
		2	GDP	PD	–		
		3	DHAC	PD	–		
2	62	1	CHOP	CR	2	20	Disease related death
		2	GDP	CR	7		
3	34	1	HyperCVAD + AlloSCT	CR	6	20	Died of treatment related toxicity
4	51	1	CHOP	CR	1	105	Alive in remission
		2	VGF + AlloSCT	CR	100		
5	67	1	IVE/MTX	CR	2	7	Disease related death
		2	Romidepsin	PD	–		

CHOEP, CHOP and etoposide; CR, complete remission; GDP, gemcitabine, dexamethasone, cisplatin; PD, progressive disease; DHAC, dexamethasone, cytarabine and carboplatin; CHOP, cyclophosphamide, doxorubicin, vincristine and prednisolone; CR, complete remission; HyperCVAD, hyperfractionated cyclophosphamide, doxorubicin, vincristine, prednisolone, cytarabine and methotrexate; alloSCT, allogenic stem cell transplantation; VGF, vinorelbine, gemcitabine and filgrastim; IVE/MTX, ifosfamide, epirubicin, etoposide, methotrexate.

but several retrospective case series support non-CHOP (Cyclophosphamide, doxorubicin, vincristine, prednisolone) regimens due to disappointing results observed with frontline induction with CHOP or CHOP-like treatment. Despite achieving satisfactory early response rates, they are usually of short duration with early relapse common (12,13). This was well demonstrated by Belhadj *et al.* who reported a single centre retrospective series of 21 patients with HSPTCL where all except two were treated with CHOP or CHOP-like therapy with a median survival of 16 months. All patients treated with CHOP/CHOP-like regimens died of disease, three patients within 2 months of starting therapy. The two patients treated with platinum and cytarabine based regimens were alive and in remission at 62 and 42 months at time of reporting (13). The addition of cytarabine and methotrexate to a CHOP-like backbone (fractionated cyclophosphamide, liposomal doxorubicin, vincristine, and dexamethasone) or Hyper-CVIDD was reported by Falchook *et al.* from the MD Anderson Cancer Centre to obtain a higher rate of CR with durable responses in patients after SCT when compared to patients treated with CHOP/CHOP-like regimens (12). The prospective registry T Cell Project (<http://www.tcellproject.org>) reported one of the largest cohorts of HSPTCL so far with 31 patients. Non-Anthracycline-based regimens were well

represented (40% *vs.* 60%) and they reported a CR rate of 40% with a 3-year OS of 40% (14). Smaller retrospective cohorts have also demonstrated durable responses with non-CHOP based regimens such as ICE (ifosfamide, carboplatin, etoposide) or IVAC (ifosfamide, etoposide, high dose cytarabine). A retrospective series reported 14 pts with HSPTCL of which seven remained alive with median follow-up of 65.6 months: 6 of the 7 long-term survivors had received alternative non-CHOP induction chemotherapy regimens followed by consolidation with AutoSCT or AlloSCT (15).

Expression of CD52 is common in HSTCL and there is anecdotal evidence of treatment with alemtuzumab in combination with a purine analogue (16-18). The patient in our cohort treated with this combination obtained a PR with progression after 3 months. The role of the novel “T-cell lymphoma agents” such as romidepsin and pralatrexate are less well defined but have demonstrated activity in HSPTCL (19). The combination of both was able to achieve a CR in one patient in our cohort for over 6 months.

Allogeneic SCT (AlloSCT) is performed where feasible and is supported by retrospective registry data however many patients do not proceed to transplantation due to early relapse or refractory disease despite encouraging initial response rates (13). A retrospective registry review by the

European Society for Bone and Marrow Transplantation of 25 patients with HSTCL revealed a 3-year PFS and OS of 48% and 54%, respectively following a median follow-up of 36 months in the 18 patients that underwent an alloSCT. Disease status at time of transplant was CR (39%), PR (44%) or refractory disease (17%). All patients with data available were in CR prior to autograft. In the seven patients who underwent an autologous SCT only one was alive and progression-free 58 months after transplantation (20). A retrospective systematic review of outcomes in alloSCT reported similar findings; the estimated 3-year relapse free survival and OS were 42% and 56%, respectively in 44 patients (21).

PCGDTCL

PCGDTCL accounts for <1% of cutaneous T-cell lymphomas and has been characterized by an aggressive course with rapidly progressive skin plaques and early ulceration although indolent cases have also been reported. There is typically an absence of lymph and bone marrow involvement, while patients with subcutaneous involvement are reported to have a worse prognosis. The histological appearance can include both epidermotrophism and subcutaneous involvement and the classic immunophenotype is typically lacking expression of both CD4 and CD8 and positive for CD2 and CD3. BF1 is typically negative (22). The reported median survival is approximately 15 months, although this can be considerably less in the presence of hemophagocytic syndrome with which there is an association (22,23). To date, the largest published retrospective series included 48 patients that met diagnostic criteria for PCGDTCL: in this study, elevated LDH and ECOG >1 were identified as poor prognostic markers, while alloSCT in first remission was associated with improved OS (24).

There is no standardized treatment consensus with most series reporting heterogeneous frontline therapies and a poor response to multi-agent chemotherapy (23). European Society Medical Oncology (ESMO) guidelines suggest treatment as per PTCL with aggressive upfront chemotherapy (25). Variations of CHOP have been typically employed and responses have also been observed with bendamustine, bexarotene and the fusion toxin denileukin diftiox. Furthermore, a complete response to pralatrexate has been demonstrated in relapsed disease (26-29). Indolent cases have also been treated effectively with methotrexate and narrowband ultraviolet therapy (30). CD30 expression is uncommon in PCGDL but brentuximab vedotin has

demonstrated activity in these patients anecdotally (31).

Despite most patients presenting with wide-spread lesions necessitating systemic therapy, PCGDTCL has been shown to respond to radiation therapy with excellent responses and acceptable infield disease control demonstrated following localized radiation therapy (32). Radiation therapy is particularly important in the management of patients with localized disease, patients who are not fit for intensive systemic chemotherapy or in the palliation of symptomatic sites of disease. Previous reports have utilized fractionated courses of radiation therapy to 30 Gy, although the optimal radiation dose is not known (32-34).

A recent case series of seven patients demonstrated the efficacy of allogeneic stem cell transplant; all patients received multi-agent chemotherapy prior to transplant with median number of 3 (1-5) prior therapies, and 71% were in CR at time of transplant (35). With median follow-up of 5 years (1.7-14 years), the authors report 29% 100-day mortality with three surviving patients who are currently disease-free at time of reporting [one patient remaining in remission 12 years post-transplant, and two achieving ongoing remission with brentuximab vedotin after relapse post allograft (35)].

MEITL

Monomorphic epitheliotropic intestinal T-cell lymphomas are derived from intestinal intraepithelial lymphocytes. Lacking the association with coeliac disease typical of enteropathy associated T-cell lymphoma (EATL) it was previously known as EATL type 2 before being recognized as a separate entity by the WHO in 2016. Accounting for less than 5% of all gastrointestinal lymphomas and more common in Asian populations compared with EATL, survival is generally poor with a median survival of less than 12 months (36). The most common sites of involvement are the jejunum and ileum, but involvement may be found anywhere along the gastrointestinal tract as well as extraintestinal sites. MEITL is generally positive for CD3, CD8, and CD56 and negative for CD5 and most cases are positive for the $\gamma\delta$ TCR with expression of the mucosal homing receptor CD103. Monomorphic cell shapes, epitheliotropic patterns and expression of CD8 and CD56 help distinguish it from other types of T-cell lymphoma. Gains in chromosome 8q24 involving *MYC* are common and mutation in *STAT5B* is seen in around a third of cases, similar to HSPTCL (2,37).

No frontline treatment has demonstrated superiority

Table 5 $\gamma\delta$ lymphoma cohorts

Author	Subtype	Patients	Median age (years)	SCT	Median OS (months)	OS
Yabe (6)	HSPTCL	28	32.5	5 allo, 7 auto	28.3	NR
Belhadj (13)	HSPTCL	21	34	2 allo, 6 auto	16	NR
Falchook (12)	HSPTCL	15	38	2 allo, 5 auto	11	NR
Foss (14)	HSPTCL	31	N/A	7 allo, 1 auto	13	40% 3-year
Voss (15)	HSPTCL	14	34	8 allo, 4 auto	59	NR
David (24)	PCGDTCL	48	62	6 allo, 1 auto	NR	36% 2-year
Isufi (35)	PCGDTCL	7	52	7 allo	NR	57% 5-year
Yi (36)	MEITL	42	59	16 auto	14.8	NR
Tse (38)	MEITL	38	59	1 allo, 5 auto	7	36% 1-year
Ishibashi (40)	MEITL	9	63	2 SCT	NR	0% 3-year

SCT, stem cell transplant; OS, overall survival; HSPTCL, hepatosplenic T-cell lymphoma; allo, allogeneic; auto, autologous; NR, not reported; PCGDTCL, primary cutaneous $\gamma\delta$ T-cell lymphoma; MEITL, monomorphic epitheliotropic intestinal T-cell lymphoma.

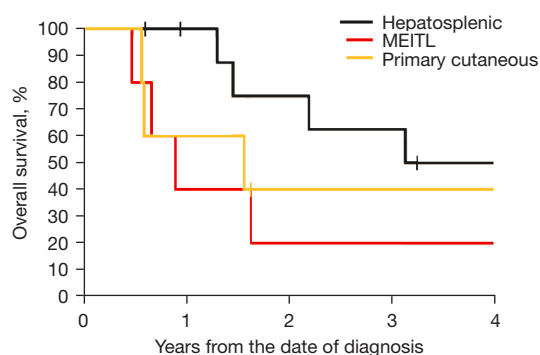


Figure 1 Overall survival of $\gamma\delta$ lymphoma subtypes. MEITL, monomorphic epitheliotropic intestinal T-cell lymphoma.

with evidence limited to case reports and registry reviews. The Asia lymphoma study reported 38 patients with a 1-year OS of 36%. Consolidation with AutoSCT or AlloSCT were associated with improved survival while poor performance status was associated with poor outcomes (38). Anthracycline-based chemotherapy was the most commonly utilized regimen (53%) and there was no difference in OS between regimens that did or did not contain an anthracycline. Supporting the use of AutoSCT in the management of MEITL was another retrospective review of 42 patients with MEITL by a South Korean group who demonstrated that patients who did not receive AutoSCT had poorer OS (36). A recent pooled analysis of 116 patients was able to demonstrate that SCT was associated with an OS benefit compared with chemotherapy alone (9 *vs.*

34 months) and that surgical resection was also associated with improved survival (39).

Discussion

The $\gamma\delta$ lymphomas are a rare, heterogenous and typically aggressive subtype of T-cell lymphoma. There are no standard treatments and evidence is limited to retrospective case series and database analyses (Table 5). To our knowledge this is the first case series of patients with $\gamma\delta$ lymphoma reported in Australia. The characteristics of patients with HSPTCL were consistent with international case series with prior immunosuppression and marrow involvement with cytopenia common. The diverging clinical behavior reported of PCGDTCL was also observed with both rapidly progressive and indolent disease seen.

The prognosis of $\gamma\delta$ lymphoma was poor regardless of subtype with the 2-year OS of only 53% in this series (Figure 1). Treatment heterogeneity and the small number of patients limited statistical analysis and no clear recommendations can be made with regards to treatment strategies. Anthracycline or “CHOP” based chemotherapy has been reported to have low rates of response in other series. A “CHOP” backbone was used in three patients with HSTCL (two upfront, one at relapse and three with MEITL (three upfront) with generally disappointing responses.

AlloSCT remains controversial but durable responses were seen after AlloSCT in several patients across all

subtypes. The patients in this series were all reported to be in CR at time of transplant so perhaps had more favorable disease biology compared to others which had short remissions or refractory disease. The responses seen to novel therapeutic agents active in other T-cell disorders are promising but need further study. Further development of the understanding of the biology of malignant $\gamma\delta$ T cells may contribute to much needed novel therapeutic approaches.

Conclusions

The $\gamma\delta$ lymphomas are an exceedingly rare and aggressive T-cell lymphoma subtype. Front-line treatments utilized in other aggressive lymphomas (such as CHOP) achieve short remissions, but interpretation of all series is hampered by the treatment heterogeneity. Indeed, the array of treatment regimens in this retrospective case series mean no definite conclusions or clear treatment recommendations can be made. Of the patients with $\gamma\delta$ lymphomas who obtain a complete response for long enough to proceed to allogeneic transplantation, a minority will achieve durable remissions. The use of novel agents warrants further study with both single-agent and combinations demonstrating efficacy in the relapsed/refractory setting.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://aol.amegroups.com/article/view/10.21037/aol-21-41/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This project was approved by Peter MacCallum Cancer Centre governance with protocol approval by respective local ethics committees. All procedures performed in studies

involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Waiver of consent was granted by a fully constituted Human Research Ethics Committee.

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