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Establishment of reference intervals for serum symmetric dimethylarginine in adult non-racing Greyhounds

Running header: Reference intervals for serum SDMA in Greyhounds

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25 **ABSTRACT**

26 **Background:** The reference intervals (RIs) for the renal biomarkers urea and creatinine in
27 Greyhounds are higher than those for non-sighthound breeds. A recent study has demonstrated a
28 higher concentration of another biomarker of renal function, symmetric dimethylarginine (SDMA), in
29 Greyhounds compared to other dog breeds, and thus a breed-specific RI for serum SDMA may be
30 appropriate for Greyhounds. Greyhounds appear to be predisposed to renal disease, and the
31 establishment of an appropriate RI for SDMA may improve the ability to identify early renal
32 dysfunction in this breed.

33 **Objectives:** The aim of this study was to establish an RI for serum SDMA in non-racing Greyhounds
34 and to determine whether the RI for Greyhounds is different from that of non-sighthound breeds.

35 **Methods:** Blood samples were collected from 101 clinically healthy, non-racing Greyhounds for
36 serum SDMA measurements. Results from Greyhounds were compared with serum SDMA
37 concentrations measured in a group of non-sighthound dogs (n=24) of similar weight, age, and sex,
38 and with a previously established canine serum SDMA RI.

39 **Results:** The serum SDMA RI for Greyhounds was 6.3-19.9 $\mu\text{g/dL}$ (0.31-0.99 $\mu\text{mol/L}$). Greyhounds
40 had a significantly higher mean value (13.1 $\mu\text{g/dL}$) than that of the non-sighthound dogs (10.2 $\mu\text{g/dL}$)
41 ($P < 0.001$), and the RI of Greyhounds was different from previously established canine RIs for
42 SDMA.

43 **Conclusion:** This study supports the use of a Greyhound-specific RI for SDMA. Using previously
44 established canine RIs for this breed may result in the over-diagnosis of renal disease.

45 **Key Words**

46 **Acute phase protein, C-**
47 **reactive protein, dog,**

48 immune-mediated

49 hemolytic anemia

50 Key Words

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59 Keywords; *Greyhound, dog, symmetric dimethylarginine, reference interval*

60

61 INTRODUCTION

62 Symmetric dimethylarginine (SDMA) is released into cell cytoplasm following the intranuclear
63 methylation of the amino acid arginine. Proteins carrying SDMA are involved in DNA repair, protein
64 translocation, and signal transduction, and the degradation of these methylated proteins leads to free
65 SDMA in the serum.¹ In both veterinary and human medicine, SDMA is used as a biomarker to assess
66 glomerular filtration rate (GFR) since it appears to be eliminated exclusively by the kidneys.^{2,3} Studies
67 have demonstrated a strong correlation between SDMA and GFR, and suggest that measurement of
68 SDMA may be more sensitive in the diagnosis of canine renal disease compared to serum creatinine
69 (SCr).⁴⁻⁷ An SDMA assay based on liquid chromatography-mass spectrometry (LC-MS) has been
70 validated for use in dogs, and a reference interval (RI) of 6-13 μ g/dL has been established from 122
71 dogs.^{5,8} IDEXX laboratories have since released a commercial immunoassay for SDMA that shows
72 excellent correlation with LC-MS and has become widely adopted.⁹ Currently, the IDEXX
73 immunoassay adult canine SDMA RI is 0-14 μ g/dL.

74 Several veterinary studies have shown that unlike SCr, serum SDMA concentration does not depend
75 on lean body mass, suggesting that the generic canine SDMA RI should be applicable for all
76 breeds.^{5,10} Indeed, a study comparing SDMA concentrations between 3 different breeds (Pointers,
77 Cairn Terriers, and Cavalier King Charles Spaniels) found no significant differences.¹¹ In contrast,
78 SDMA concentrations were significantly higher in Greyhounds (n=20) compared to other breeds
79 (n=20), and 68% of Greyhounds had an SDMA concentration greater than the upper limit of the
80 previously established canine RI.¹² Larger studies are required to confirm this latter finding,
81 particularly since Greyhound pet ownership has become increasingly popular, and with this comes
82 greater owner expectations for breed-specific veterinary knowledge.¹³ In addition, Greyhounds appear
83 predisposed to hypertension, proteinuria, and renal dysfunction, and thus there is a need for early
84 detection of renal disease in this breed.^{14,15}

85 The aim of this study was to establish an RI for serum SDMA concentration in non-racing
86 Greyhounds using the commercially available immunoassay,¹⁶ and compare this RI with serum
87 SDMA concentrations measured in non-sighthound dogs of similar weight, age, and sex, and with
88 previously established canine RIs.

89 **MATERIALS AND METHODS**

90 *Populations*

91 This study was approved by The University of Melbourne Animal Experimentation Ethics Committee
92 (ID: 1613906), and all owners signed a consent form prior to participation.

93 Non-racing Greyhound dogs (n=149) and non-sighthound dogs (n=35) were enrolled from September
94 2016 to July 2017. All dogs lived in Victoria, Australia. After exclusions were taken into account, the
95 final analysis included 101 Greyhounds and 24 non-sighthound dogs. The Greyhound population was
96 sourced from 35 different owners, which included a program that rehomes retired racing Greyhounds
97 (n=40), 3 different racing trainers/breeders (n=27), an animal shelter (n=1), and private dog owners
98 (n=33). Five dogs from the non-sighthound group were sourced from a shelter, and the remainder
99 were owned by staff, students, or clients at the University of Melbourne Faculty of Veterinary and
100 Agricultural Sciences. The non-sighthound group consisted of the following breeds; mixed breed
101 (n=9), Labrador Retriever (n=8), Golden Retriever (n=1), Wirehaired Pointer (1), German Shepherd
102 dog (n=1), Koolie (n=1), Belgian Shepherd (n=1), Kelpie (n=1), and a Gordon Setter (n=1).

103 *Sample collection*

104 Sampling took place where the animals were housed, at the University of Melbourne U-Vet hospital,
105 or in public spaces during dog walking events. Free access to water was permitted unless it was
106 withheld by veterinary staff due to a planned medical or surgical procedure (eg, prior to neutering
107 surgery later that day). Each dog was leash-walked, allowed to urinate, and a midstream sample was
108 collected into a clean container. Following urine collection, 3mL of blood were taken from the jugular
109 vein (or cephalic if an IV catheter was placed) using a 21G needle (NIPRO Corporation, Osaka,
110 Japan), and 3mL syringe (BD, Singapore), with 2.5mL placed into a serum separation tube ('Vacuette
111 tube', Greiner Bio-One Frickenhausen, Germany), and 0.5mL into an EDTA microtube (MiniCollect,
112 Greiner Bio-One Frickenhausen, Germany).

113 *Inclusion and exclusion criteria*

114 Inclusion criteria for Greyhounds comprised healthy dogs aged 1-12 years, of any gender or neutering
115 status. Inclusion criteria for the non-sighthound population comprised healthy dogs aged 1-12 years,
116 of any breed apart from sighthounds, in the weight range of 24-42kg, and of any gender or neutering
117 status. Health status was assessed with histories, physical examinations, PCV and total solids (TS)
118 measurements, SCr concentrations, and urinalyses. Owners provided information on the health of

119 each dog within the previous 14 days, including any medical conditions or surgical procedures, as
120 well as racing status. Dogs were excluded if they had actively raced or trained within the last 7 days,
121 had been administered medications that might interfere with GFR or SCr concentrations within the
122 previous 14 days, had eaten in the 8 hours prior to sampling, or if a free catch urine sample could not
123 be collected. Greyhounds were also excluded if they had values outside of Greyhound-specific RIs
124 established at the University of Melbourne U-Vet hospital for the following: SCr > 170 $\mu\text{mol/L}$ with a
125 urine specific gravity (USG) < 1.030; PCV < 0.36 L/L; or TS < 48 g/L. Similarly, non-sighthounds
126 were excluded if they had values outside the canine RI established at U-Vet: SCr > 140 $\mu\text{mol/L}$ with
127 USG < 1.030; PCV < 0.37 L/L; or TS < 60 g/L. Based on published USG results in healthy
128 Greyhounds,¹⁷ dogs from either group were excluded if they had a USG < 1.025 regardless of SCr.
129 Additionally, dogs were excluded if they had gross hematuria or evidence suggestive of urinary tract
130 infection (≥ 5 WBC /high power field (HPF) or bacteriuria) on urine sediment examination.

131 ***Analytical methods***

132 Serum tubes were centrifuged within 4 hours of sample collection, and approximately 0.5-1 mL of
133 serum was placed into an Eppendorf tube (Eppendorf AG, Hamburg, Germany) that was then
134 immediately frozen for storage at -80°C for up to 3 months. Frozen serum samples were later thawed
135 and sent to IDEXX laboratories for batch analysis of SDMA. The remaining serum was either
136 immediately analyzed for SCr or refrigerated and analyzed within 36 hours of collection at the U-Vet
137 hospital's clinical pathology laboratory.

138 Analyzers at both laboratories were calibrated as directed by the manufacturers. SCr was measured
139 using the COBAS INTEGRA 400 plus (Roche Diagnostics Ltd, Rotkreuz, Switzerland) with a
140 kinetic colorimetric assay based on the Jaffé method. PCVs were determined by centrifuging a plain
141 microhematocrit tube (Frontline PTY Ltd., NSW, Australia) filled with EDTA anticoagulated whole
142 blood at 14 800g for 5 minutes (Orbital 260 centrifuge; Clements NSW, Australia). TS was
143 determined by refractometry using plasma from the centrifuged microhematocrit tubes.

144 Routine urinalysis was performed within 6 hours of collection; 5 mL of urine was centrifuged at
145 2100g for 3 minutes. The supernatant was used for USG, and dipstick analysis and the sediment were
146 examined microscopically.

147 ***Statistical Analyses***

148 Study data were collected and managed using Research Electronic Data Capture (REDCap) hosted at
149 the University of Melbourne.¹⁸ Statistical analyses was carried out using Minitab 17 Statistical
150 Software (Minitab 17 Statistical Software, Minitab Inc., State College, PA, USA) and Microsoft Excel
151 2013 for Windows (Microsoft Corp., Redmond, WA, USA) with Reference Value Advisor v2.1 Add-
152 In (freeware v2.1: <http://www.biostat.envt.fr/reference-value-advisor/>).¹⁹ SDMA data were assessed

153 for compatibility with a normal distribution using frequency histograms and probability plots (or Q-Q
154 plots), and the mean SDMA and SCr values for Greyhound and non-sighthound dogs were compared
155 using an independent samples *t*-test. The association between SDMA and SCr was assessed using
156 Pearson's correlation coefficient and a scatterplot. Age and weight of Greyhound and non-sighthound
157 dogs were compared using an independent samples *t*-test. The chi-squared test was used to compare
158 the proportions of gender and neutering status of Greyhounds and non-sighthound dogs. In
159 accordance with American Society for Veterinary Clinical Pathology (ASVCP) guidelines,²⁰ reference
160 limits and the 90% confidence intervals (CIs) were determined parametrically. The Tukey and Dixon
161 method was used to detect outliers. The RI comprises the central 95% of the fitted distribution, with
162 90% CIs calculated around the lower (2.5%) and upper (97.5%) limits. Statistical significance was set
163 at $P < 0.05$ for all analyses.

164

165 RESULTS

166 The final analysis included 101 Greyhounds and 24 non-sighthound dogs. A total of 48 Greyhounds
167 and 11 non-sighthound dogs were excluded from the study; 41 due to USG < 1.025 , 10 due to pyuria,
168 and 1 Greyhound due to an increased SCr with insufficiently concentrated urine. Of the remaining
169 dogs, 5 were excluded due to insufficient sample quantity and 2 dogs were excluded as they were
170 subsequently found to have been administered sedatives prior to blood collection.

171 No significant differences between the Greyhounds and the non-sighthound dogs for age ($P=0.34$),
172 weight ($P=0.65$), gender proportions ($P=0.63$), or neutering status proportions ($P=0.71$ for male,
173 $P=0.97$ for female) were found (Table 1). The SDMA data for both groups showed no significant
174 deviation from normality ($P=0.09$ for Greyhounds, $P=0.12$ for non-sighthound dogs). No outliers
175 were detected when using the Dixon or Tukey method. The serum SDMA RI for Greyhounds was
176 6.3-19.9 $\mu\text{g/dL}$ (0.31-0.99 $\mu\text{mol/L}$). The upper end of this interval was higher than the upper limit of
177 the published canine RI (6-13 $\mu\text{g/dL}$)⁸. The mean SDMA concentration for the Greyhound group was
178 significantly higher than the mean for the non-sighthound dog group, with a difference between the
179 means of 2.85 $\mu\text{g/dL}$ (95% CI = 1.48, 4.23; $P<0.001$) (Figure 1). There were 37 Greyhounds and 4
180 non-sighthound dogs with SDMA concentrations higher than the published canine RI⁸.

181

182 The Greyhounds had a significantly ($P<0.001$) higher SCr concentration compared with the non-
183 sighthound dogs (Table 2). There was a significant but weak correlation between SDMA and SCr
184 concentration ($r= 0.22$, $P=0.03$) in the Greyhound group but not in the non-sighthound dog group ($r=$
185 0.36, $P= 0.08$) (Figure 2).

186

187 **DISCUSSION**

188

189 The RI for the serum SDMA concentration in Greyhounds was 6.3-19.9 $\mu\text{g/dL}$ (0.31-0.99 $\mu\text{mol/L}$) and
190 the mean was significantly higher compared with that of a group of non-sighthound dogs of similar
191 weight, age, and sex. The upper end of the Greyhound RI is higher than the reported canine RI of 6-13
192 $\mu\text{g/dL}$ (0.30-0.64 $\mu\text{mol/L}$),⁸ indicating that Greyhounds require a wider serum SDMA RI than dogs of
193 other breeds.

194 The cause for higher SDMA concentrations in Greyhounds is uncertain. Increases in serum SDMA
195 and SCr concentrations have been shown to predict a lower GFR.^{4,5} It is possible that the GFR of
196 Greyhounds is physiologically lower than that of other breeds, and this contributes to higher SDMA
197 and SCr concentrations. In the current study, GFR was not assessed. Other published studies have
198 reported contradictory results, with Greyhounds having higher, comparable, or potentially lower
199 GFRs than other dog breeds.²¹⁻²³ Only small numbers of dogs were assessed in these studies and, due
200 to differences in methodology, comparisons between studies are difficult. Thus, future studies should
201 aim to assess GFR in conjunction with SDMA in Greyhounds.

202

203 Compared with other breeds, Greyhounds possess a number of unique hematologic, biochemical, and
204 drug metabolism characteristics^{12,23,24} and some of these factors could indicate differences in cellular
205 production and metabolism. Indeed, increased SDMA production due to an increased cell turnover
206 rate has been a proposed mechanism for higher SDMA concentrations in juvenile dogs,⁵ and could be
207 a potential mechanism in Greyhounds. Interestingly, increases in SDMA concentration have shown an
208 association with hypertension and endothelial dysfunction in people,^{25,26} and a recent study
209 demonstrated that the eicosanoid profile of Greyhounds is shifted toward metabolites that promote
210 vascular dysfunction, hypertension, and proteinuria.²⁷ Whether there is a connection between
211 elevations in SDMA and vascular dysfunction in Greyhounds remains to be elucidated.

212

213 Dogs in this study were fed a varied diet to reflect a representative RI for the Greyhound population.
214 Previous studies suggest that the effect of diet on serum SDMA is negligible,^{28,29} unless the diet is
215 purposefully chosen to treat renal disease, in which case SDMA decreases.^{10,30} Thus, diet is an
216 unlikely explanation for higher SDMA values seen in Greyhounds. Serum SDMA concentrations are
217 not influenced by lean body mass^{10,31} and, in the current study, the non-sighthound and Greyhound
218 groups were purposely chosen to be of similar weight and size to reduce any potential effect of these
219 factors on SDMA concentrations. SDMA is therefore unlikely to be higher and more variable because
220 of differences in lean body weight between the Greyhounds and non-sighthound dogs.

221

222 In the non-sighthound dog group, 4 of the 24 dogs had mildly elevated SDMA concentrations of
223 14µg/dL, which could support early renal disease. However, serum SDMA intermittently reaches
224 concentrations of 14-15µg/dL, and rarely up 16µg/dL, in dogs unaffected by renal disease, and these
225 increases were found to occur more commonly in young dogs.⁵ Interestingly, 3 of the 4 dogs with
226 SDMA concentrations of 14µg/dL were 1-2 years of age. We decided to include these dogs in the
227 study since mild increases could indicate normal biological variation, and the goal of this study was
228 not to establish accurate RIs for non-sighthound dogs but rather to use these RIs as a comparison for
229 Greyhound RIs. The fact that non-sighthound dogs studied here have, on average, had significantly
230 lower SDMA than Greyhounds, despite the inclusion of dogs with mildly increased SDMA, strongly
231 supports a breed-specific difference in SDMA concentrations.

232

233 There were limitations to this study. International recommendations state the preferred method for
234 establishing RIs is with the use of nonparametric determinations from at least 120 reference
235 individuals.^{32,33} In this study, 149 Greyhounds were enrolled; however, 48 Greyhounds were
236 excluded, mostly due to insufficient urine concentrations. This was an unexpected finding and led to
237 the inclusion of only 101 Greyhounds in the final analysis. We decided to forgo sampling more
238 Greyhounds, as the data demonstrated an approximate Gaussian distribution, and the upper and lower
239 CIs fell within the recommended guidelines.^{33,34}

240

241 Although we attempted to exclude animals with renal disease on the basis of history, physical
242 examination, and laboratory findings, we did not measure GFR or blood pressure, and the health
243 screen used to determine inclusion eligibility did not include a CBC. Therefore, it is possible that
244 some of the dogs included in the study had subclinical disease; especially given that Greyhounds are
245 prone to renal disease and hypertension.^{14,15} By following ASVCP guidelines for establishing RIs as
246 closely as practically possible, the presence of some animals with subclinical disease should have
247 minimal impact on the tolerable level of uncertainty.

248

249 A further limitation is that serum samples in this study underwent both a freeze-thaw cycle before
250 analysis and were stored for up to 3 months at -80°C. The SDMATM immunoassay has been validated
251 for stability, with performance metrics within FDA guidelines.¹⁶ Studies evaluating the effects of
252 short-term storage and freezing on SDMA using LC-MS showed no significant effect of storage time
253 on SDMA concentrations in samples stored for 14 days at 4°C.^{5,35} Additionally, no significant
254 differences were found when samples were subjected to 3 freeze-thaw cycles when compared with
255 unfrozen samples.⁵ There are currently no published studies evaluating the long-term stability of
256 SDMA in frozen serum samples; however, anecdotal evidence supports stability for at least 5 years

257 when frozen at -80°C (IDEXX, Laboratories, Inc., Personal Communication).³⁶ Furthermore, in this
258 study, the storage protocol and timespan were similar for the Greyhound and non-sighthound dog
259 samples (data not shown), suggesting sample storage was not a factor in the differences between
260 groups.

261 Of all the sighthound breeds, only Greyhounds were included in this study. Among the sighthounds,
262 hematologic and biochemical RIs show some similarities but also significant differences;^{24,37,38} and
263 therefore, the RIs established in this study should not be extrapolated to other sighthounds. In
264 addition, actively racing Greyhounds were excluded from this study. Further work is required to
265 determine these group-specific RIs.

266

267 In conclusion, the RI for serum SDMA was established from 101 healthy Greyhound dogs and was
268 significantly higher than that of non-sighthound dogs of a similar weight, age, and sex. We, therefore,
269 propose that, when assessing SDMA, this breed-specific RI should be adopted for non-racing
270 Greyhounds.

271

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274 Veterinarians (a subsidiary of the Australian Veterinary Association), and the University of
275 Melbourne.

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278

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375

376 **Table 1 . Summary of population characteristics for Greyhounds and non-sighthound dogs**

<i>Category</i>	<i>Non-sighthound</i>	<i>Greyhound</i>
	n = 24	n = 101
Age in years: mean (SD)	4.5 (2.4)	4.0 (2.2)
Sex		
Male intact, n (%)	2 (8.3)	12 (11.9)
Male neutered, n (%)	10 (41.7)	44 (43.6)
Female intact, n (%)	5 (20.8)	19 (18.9)
Female neutered, n (%)	7 (29.2)	26 (25.7)

Weight (kg)	mean (SD)	31.2 (5.2)	31.7 (3.8)
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377 *n*= number SD= standard deviation

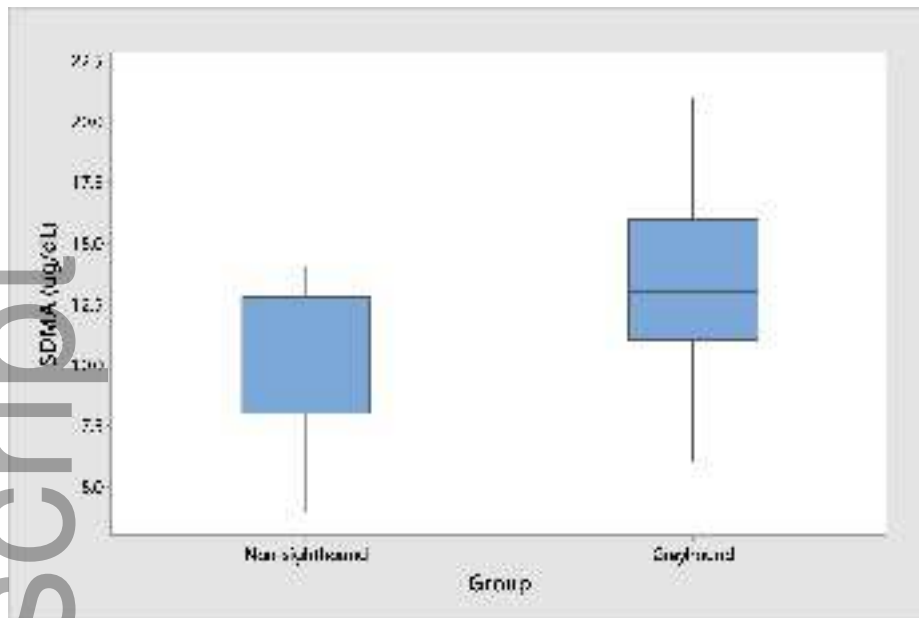
378

379 **Table 2. Summary of laboratory results for Greyhounds and non-sighthound dogs**

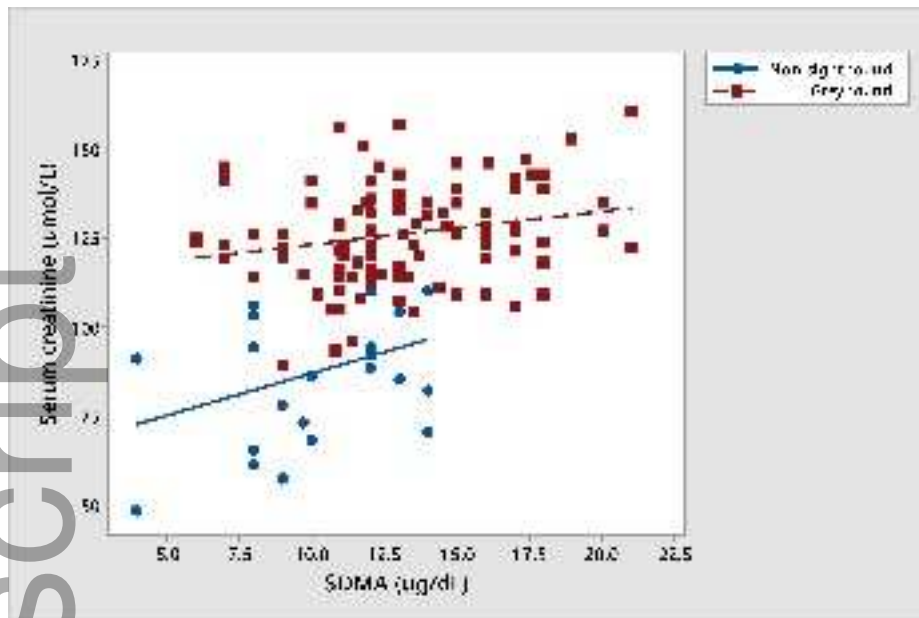
Category	Non-sighthound n= 24	Greyhound n=101	Adult canine RIs ⁸ n= 122
SDMA (µg/dL) mean (SD)	10.2 (2.9)	13.1 (3.4)	N/R
Estimated lower (2.5%) and upper (97.5%) limits (µg/dL)	N/A*	6.3-19.9	6-13
90% CI for lower limit (µg/dL)	N/A*	5.5-7.2	N/R
90% CI for upper limit (µg/dL)	N/A*	18.9-20.8	N/R
Range (µg/dL)	4.0-14.0	6.0-21.0	5-17
Serum creatinine (µmol/L) mean (SD)	87.5 (19.2)	126.0 (14.0)	N/R
Range (µmol/L)	48.0-119.0	89.0-161.0	44.2-141.4
PCV (L/L) median	44.0	52.0	N/R
Range	37-55	37-67	
TS (g/L) median	6.7	6.0	N/R
Range	60-81	52-81	

380 *CI* = confidence interval; *N/A*= not assessed; *N/R*= not reported.

381 *The non-sighthound dog group was too small to accurately calculate the reference interval.



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