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1 **Emerging connectivity of programmed cell death pathways and its**
2 **implications in health and disease**

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14 **Competing interests**

15 The authors declare no competing interests.

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27

28 **Abstract**

29 Removal of superfluous, infected or potentially neoplastic cells is driven by programmed cell
30 death (PCD) pathways, which thus have important roles in homeostasis, host defence against
31 pathogens, cancer and a range of other pathologies. Several types of PCD pathways have been
32 described, including apoptosis, necroptosis and pyroptosis; they employ distinct molecular and
33 cellular processes and differ in outcomes, such as their capacity to trigger inflammatory
34 responses. Recent genetic and biochemical studies have revealed remarkable flexibility in the
35 use of these PCD pathways and indicate a considerable degree of plasticity in their molecular
36 regulation that, for example, allows inflammatory caspases despite primarily inducing
37 pyroptosis, to induce apoptosis and, conversely, apoptotic stimuli to trigger pyroptosis.
38 Intriguingly, this flexibility is most pronounced in cellular responses to infection, whilst
39 apoptosis is the dominant cell death process through which organisms prevent the development
40 of cancer. In this Review, we summarise the mechanisms of the different types of PCD and
41 describe physiological and pathological processes engaging the crosstalk between these
42 pathways, focusing on infections and cancer. We discuss the intriguing notion that the different
43 types of PCD could be seen as a single, coordinated cell death system, in which individual
44 pathways are highly inter-connected and can flexibly compensate for another.

45

46 **H1 Introduction**

47 The development and homeostasis of multi-cellular organisms not only depends on regulated
48 cell proliferation, but also hinges on the disposal of cells that are no longer needed or pose a
49 potential danger for the organism. This includes removal of damaged cells at risk of neoplastic
50 transformation or those hijacked by microbes for pathogen replication. Programmed cell death
51 (PCD) represents the primary means through which the organism coordinates the elimination
52 of such cells¹⁻³. It can be induced by developmental programs and stress-induced signals
53 stimulating membrane-bound and cytosolic proteins that trigger cell death via intricate
54 cascades of transcriptional changes and post-translational protein modifications. Work over the
55 past three decades has defined several distinct types of PCD⁴. Apoptosis represents the
56 coordinated disintegration and typically ‘immunologically silent’ removal of dying cells, while
57 pyroptosis and necroptosis refer to comparatively ‘violent’ types of cell death that are
58 characterised by the bursting of the dying cell and the resulting release of potent inducers of
59 inflammation and, in the case of infected cells, also pathogens and its varying components,
60 such as antigens (Fig. 1).

61

62 A simple model of the biological relevance of distinct forms of PCD stipulates that apoptosis
63 ensures normal development and tissue homeostasis in mature organisms, while pyroptosis and
64 necroptosis are reported to protect the host from pathogens and other external threats⁴. This
65 view is supported by the analysis of mice with genetic disruptions of the different PCD
66 pathways. Mice with defects in apoptosis, such as those lacking pro-apoptotic **BCL-2 (B cell**
67 **leukaemia/lymphoma-2) family [G]** members BAX (BCL-2 associated X), BAK (BCL-2
68 antagonist/killer 1) and BOK (BCL-2 related ovarian killer), typically die during late stages of
69 development or soon after birth with rare survivors into adulthood showing marked
70 accumulations of lymphoid cells and pathologies arising from a lack of normal removal of

71 certain epithelial tissues (e.g. webbed paws, imperforate vagina)^{5,6}. Conversely, mice deficient
72 in pyroptosis or necroptosis are born healthy but are defective in their responses to certain
73 pathogens or other external insults⁷⁻⁹. Having said so, there is now mounting evidence that the
74 different PCD pathways are interconnected at multiple levels and should perhaps be thought of
75 in less discrete terms. Here, we discuss the changing views about the roles of the different types
76 of PCD in health and disease. We summarise the latest insights into molecular and functional
77 connections between the different PCD pathways and interrogate the idea that all these
78 pathways form integral components of a single extended system that responds with different
79 kinetics and modalities to a complex set of challenges, particularly those imposed by infectious
80 pathogens.

81

82 **H1 Mechanisms of key PCD pathways**

83 PCD pathways can be loosely grouped into those causing lytic vs non-lytic forms of cell death
84 (Box 1). Lytic types of cell death, such as pyroptosis and necroptosis, result from the formation
85 of pores or other breaches in the plasma membrane⁴. The breakdown of cellular integrity during
86 lytic cell death is caused by water influx, loss of membrane potential and cellular swelling that
87 ultimately results in the rupture of the cell. Consequently, intracellular content as well as
88 material from intra-cellular pathogens, if present, such as RNA, DNA, proteins and lipids, is
89 released into the extracellular space, where they act as **danger-associated molecular patterns**
90 **[G]** (DAMPs) and **pathogen-associated molecular patterns [G]** (PAMPs). These danger signals
91 stimulate **pattern recognition receptors [G]** and other receptor systems expressed by
92 neighbouring macrophages and other bystander cells, triggering the release of pro-
93 inflammatory cytokines¹⁰ (Fig. 1). Non-lytic forms of PCD, such as apoptosis, are characterised
94 by the coordinated disintegration of dying cells into smaller fragments, the so-called apoptotic
95 bodies, which ensure sequestration of intracellular content, including DAMPs (and PAMPs, if

96 pathogen infected). Macrophages recognise apoptotic cells primarily through their **TAM**
97 **receptors [G]** and the resulting removal of these dying cells is thought to prevent inflammation
98 (Fig. 1).

99

100 **H2 Cell death by apoptosis.**

101 Cellular demolition during apoptosis is mediated by caspases¹¹. These aspartate specific
102 cysteinyl proteases are produced as inactive zymogens and are highly conserved throughout
103 evolution¹¹. A variety of upstream cell death signalling processes¹² cause the consecutive
104 activation of ‘initiator’ and then ‘effector’ caspases that induce the various processes involved
105 in cell demolition. This includes DNA fragmentation by DNAses¹³, chromatin condensation
106 and actomyosin-driven membrane blebbing generating apoptotic bodies¹⁴.

107 Two distinct, albeit converging pathways can lead to apoptosis. Growth factor or nutrient
108 withdrawal, developmental cues associated with tissue reorganisation or loss of cell attachment,
109 as well as steroid hormones or treatment with diverse cytotoxic agents can trigger the ‘intrinsic’
110 (also called mitochondrial or BCL-2-regulated) pathway of apoptosis (Fig. 2a). This apoptotic
111 pathway involves transcriptional and/or post-transcriptional increases in the expression of pro-
112 apoptotic **BH3-only proteins [G]** that bind with high affinity to members of the pro-survival
113 BCL-2 protein family^{15,16}, which in healthy cells, keep the effectors of apoptosis, BAX and
114 BAK, in inactive states. When all pro-survival BCL-2 proteins within a cell are functionally
115 neutralised by BH3-only proteins, BAK and BAX are unleashed to oligomerise and assemble
116 into structures that cause a breach of the outer mitochondrial membrane, thereby inducing
117 **mitochondrial outer membrane permeabilisation [G]** (MOMP)^{17,18}. MOMP causes the release
118 of several mitochondrial proteins, and some of these drive critical downstream processes in
119 apoptosis. For example, cytochrome *c* binds to apoptotic peptidase activating factor 1 (APAF-
120 1) upon translocation into the cytosol, promoting formation of the apoptosome. Monomeric,

121 enzymatically inactive pro-forms of the ‘initiator’ caspase 9 are recruited into the apoptosome,
122 resulting in caspase 9 activation thereby promoting the downstream proteolytic activation of
123 the ‘effector caspases’ 3 and 7 (ref. 19). Activation of this caspase cascade can be attenuated
124 by XIAP (X-linked inhibitor of apoptosis), one of the **inhibitor of apoptosis proteins [G]** (IAPs).
125 XIAP can prime certain caspases for proteasomal degradation²⁰. MOMP also causes release of
126 SMAC (Second Mitochondrial Activator of Caspases, also known as DIABLO) and HTR2
127 (HTRA serine peptidase 2), which both can block XIAP and thereby prevent it from inhibiting
128 caspases²¹.

129 Apoptosis can also be initiated through the death receptor (also known as ‘extrinsic’) pathway
130 upon ligation of so-called **death receptors [G]** on the cell surface (Fig. 2b). Stimulation of these
131 members of the tumour necrosis factor receptor (TNFR) family containing intra-cellular ‘death
132 domains’, such as FAS and TNFR1²², results in the recruitment of the adaptor protein FADD
133 (FAS associated via death domain), and for some receptors this also involves TRADD
134 (TNFRSF1A associated via death domain) through the action of death domains that are present
135 in both the receptors and their adaptors. Homotypic interactions between death effector
136 domains (present in FADD and pro-caspase 8) then promote recruitment of pro-caspase 8 into
137 the death inducing signalling complex (DISC), leading to activation of this initiator caspase^{12,23}.
138 The activity of caspase 8 can be modulated by cFLIP (cellular **CASP8 and FADD-like**
139 **apoptosis regulator) [G]**²⁴. Caspase 8 can proteolytically activate the executioner caspases to
140 unleash the downstream cell demolition processes of apoptosis. Caspase 8 can also convert the
141 BH3-only protein BID into its pro-apoptotic form, tBID, which triggers BAX/BAK-mediated
142 MOMP and apoptosis through the intrinsic pathway (see above)²⁵.

143

144 **H2 Cell death via pyroptosis.**

145 Caspase 1 and caspase 11 (caspase 4 and caspase 5 are the human homologues of mouse
146 caspase 11) have important roles in a lytic form of cell death, termed pyroptosis, which is
147 widely considered to be involved in defending the organism against pathogens^{26,27}. Caspase 1
148 is synthesised as an inactive zymogen that undergoes autocatalytic activation within large disc-
149 shaped platforms, called **inflammasomes [G]** (Fig. 3). These are formed upon triggering of
150 members of the **NLR (nucleotide-binding domain and leucine-rich repeat containing) family**
151 **[G]**^{28,29}, such as NLRP3 (NLR family pyrin domain containing 3), which engage pro-caspase
152 1, a process that is often facilitated by activating adaptors, such as ASC (apoptosis-associated
153 speck-like protein containing) in the case of NLRP3 (refs.^{11,29}). Many different cellular
154 disturbances can cause NLRP3 inflammasome activation, including alterations in intracellular
155 ion concentrations or failure to degrade inert structures, such as crystals, that can rupture
156 lysosomal membranes³⁰. It is still unclear how NLRP3 is activated, although a role for NEK-7
157 (NIMA related kinase 7) as an NLRP3 activator is emerging³¹. Binding of pathogen-derived
158 DNA to AIM2 (Absent in melanoma 2) also promotes assembly of inflammasomes³².
159 Inflammasomes can also incorporate NLRC4 (NLR family CARD domain containing 4),
160 which is activated downstream of NAIPs (NLR family apoptosis inhibitory proteins) that
161 recognise bacterial components, such as the rod-structure of the **type III secretion (T3SS)**
162 **apparatus [G]** and **flagellin [G]**³³. Although inflammasomes can differ substantially in the
163 upstream sensors and therefore the activating ligands, they all result in caspase 1 activation³³.
164 Active caspase 1 cleaves several targets amongst which the **gasdermin family [G]** member,
165 gasdermin D (GSDMD) is essential for pyroptosis³⁴. GSDMD is cleaved by caspase 1 into an
166 N-terminal and a C-terminal fragment (Fig. 3), with the latter exerting auto-inhibitory activity
167 in unprocessed GSDMD. Liberated N-terminal GSDMD fragments are recruited to the inner
168 leaflet of the cell membrane where they form transmembrane pores that create a breach
169 between the cytosol and the extracellular space^{8,35} (Fig. 3). This results in potassium efflux and

170 water influx, thereby destabilising the plasma membrane potential and causing rupture of the
171 cell³⁴. In addition to activating GSDMD to form pores, caspase 1 also promotes the proteolytic
172 conversion of the precursors of the pro-inflammatory cytokines, pro-IL-1 β and pro-IL-18, into
173 their bioactive forms that drive wide-ranging inflammatory responses³⁶. These cytokines lack
174 the leader sequences required for secretion³⁷, and cell rupture allows these cytokines to be
175 released into the extracellular space, providing further drivers of inflammation in addition to
176 the release of DAMPs³⁸. Recent findings suggest that IL-1 β and IL-18 can also be released
177 through GSDMD pores, even when only few such pores have formed and membrane repair
178 mechanisms dependent on **ESCRT [G]** (endosomal sorting complexes required for transport)
179 machinery are still able to keep cells alive³⁹. However, more research is needed to better define
180 how frequently such events occur and how relevant such transient pores are in the context of
181 cellular responses to varying stressors at both the cellular and the organism level. Doing so will
182 require overcoming challenges related to experimentally disentangling the relative roles of
183 GSDMD in mediating pyroptosis *vs* the release of bio-active IL-1 β and IL-18. While mice
184 lacking IL-1 β and/or IL-18 help decipher the specific contribution of the lytic cell death
185 machinery downstream of inflammasomes (without a confounding influence of these
186 cytokines), it is currently not possible to separate the role of these cytokines from lytic cell
187 death, as they depend on GSDMD for release (either through lytic death or transient pores).

188

189 Human caspases 4 and 5, and their murine homologue caspase 11, are closely related in amino
190 acid sequence to caspase 1. In the mouse, the genes for caspases 1 and 11 are located in close
191 proximity⁴⁰ (which caused the first caspase 1 deficient animals to also lack caspase 11). There
192 are, however, some notable differences between caspase 1 and caspase 11. Although caspase
193 11 can cleave GSDMD with similar efficiency as caspase 1, it is unable to convert pro-IL-1 β
194 and pro-IL-18 into their bio-active forms¹¹. Caspase 11 also differs from caspase 1 in that it is

195 not constitutively expressed but depends on transcriptional induction through interferon alpha
196 receptor and/or NFκB signalling^{41,42}. Of note, caspase 11 and its human orthologues caspases
197 4 and 5 can bind to and be directly activated by **lipopolysaccharide [G]** (LPS)⁴³ as opposed to
198 caspase 1, which is activated downstream of pattern recognition receptors. This suggests a
199 particularly important role of caspase 11 in mice, and caspases 4 and 5 in humans, in host
200 defence against **gram-negative bacteria [G]**. In fact, caspase 11-deficient mice are resistant to
201 LPS-induced septic shock^{44,45}, indicating that the pro-inflammatory responses triggered by LPS
202 alone through engagement of its cell-surface **Toll-like receptor [G]**, TLR4, (ref. 46) are not
203 sufficient to cause lethal septic shock but that this pathology requires additional intra-cellular
204 activation of caspase 11 by LPS⁴⁵. These differences have led to the description of the
205 machinery for caspase 11 activation as non-canonical inflammasomes. Disentangling the
206 relative roles of caspase 1 and caspase 11 *in vivo* remains challenging, as the pore-inducing
207 capacity of caspase 11 through activation of GSDMD promotes secondary NLRP3
208 inflammasome activation, most likely driven by the resulting potassium efflux^{47,48}. This
209 essentially ‘re-connects’ caspase 11 to the full suite of pro-inflammatory signals, including
210 caspase 1-mediated production of bio-active IL-1β and IL-18. It is perhaps useful to interpret
211 these findings with the view that caspase 1 and caspase 11 operate in a complementary manner
212 as products of gene duplication events¹¹ that provide the host with two overlapping processes
213 for activating pyroptosis to dispose of cells invaded by gram-positive pathogens.

214

215 **H2 Cell death via necroptosis.**

216 Necroptosis is a pathway for genetically programmed lytic cell death that is thought to have a
217 role in the killing of pathogen-infected cells and/or damaged cells during certain degenerative
218 or inflammatory disorders⁴⁹. Necroptosis can be induced by multiple innate immune signalling
219 pathways, including those initiated by the stimulation of **RIG-I-like Receptors [G]**, TLRs and

220 death receptors⁴⁹. These signalling pathways all lead to the phosphorylation and activation of
221 necroptotic kinase RIPK3 (receptor-interacting serine-threonine kinase 3) (Fig. 4), which in
222 the case of death receptor-induced necroptosis also requires RIPK1 activity⁵⁰. RIPK3 activates
223 the pseudokinase MLKL (mixed lineage kinase domain like) through phosphorylation, thereby
224 causing substantial conformational changes that allow trafficking of MLKL to the plasma
225 membrane, where it induces membrane permeabilisation⁵¹. Although the resulting loss of
226 membrane integrity and cytosolic osmolarity accounts for the lytic nature of the cell death
227 associated with necroptosis, more work is necessary to determine whether MLKL does form
228 well-defined pores, as is the case for GSDMD, or causes a breach of the plasma membrane in
229 some other way. Like for pyroptosis, during the early stages of MLKL activation, cell
230 membrane repair processes involving ESCRT appear to be able to halt or possibly even prevent
231 cell killing⁵².

232

233 **H1 Functions of PCD pathways in disease**

234 The programmed suicide of cells in mature, fully developed organisms likely serves the
235 purpose to combat infections by removing replicative niches for intracellular pathogens and to
236 prevent cancer through the elimination of nascent neoplastic cells. Conversely, aberrant cell
237 death has been postulated to contribute to pathologies associated with acute injuries and
238 chronic degenerative diseases. PCD pathways also have roles in activating adaptive immune
239 responses that are vital in the fight of the host to combat pathogens and cancers. For example,
240 intracellular pathogens released from dying cells can be engulfed by nearby macrophages and
241 neutrophils, whose subsequent activation results in the secretion of cytokines and chemokines
242 that support the immune response (f.ex. via recruitment of cells involved in adaptive immunity).
243 DAMPs, PAMPs and antigens released from dying cells are also sensed and engulfed by
244 dendritic cells, and this primes these potent **antigen presenting cells** [G] to stimulate T

245 lymphocytes enabling them to find and destroy additional infected cells as well as aiding in the
246 differentiation of B cells that produce pathogen-specific antibodies (Fig. 5).

247

248 **H2 The role of PCD in host defence against infection.**

249 Many of the sensors that initiate inflammasome activation and pyroptosis respond to
250 components from intracellular pathogens, such as bacteria and viruses⁵³, implying that these
251 processes may be indispensable for protecting the host from such infections. Early *in vitro*
252 studies supported this view, showing that loss of caspase 1 abrogated the killing of
253 macrophages infected with a variety of bacterial pathogens, including *Salmonella enterica*^{54,55},
254 *Pseudomonas aeruginosa*⁵⁶ or *Franciscella tularensis*⁵⁷, or viruses, like murine
255 cytomegalovirus⁵⁸. NLRP3 inflammasomes are also activated during influenza virus infections.
256 This may involve direct roles of viral antigens, such as PB1-F2 [G], acting as NLRP3 agonists⁵⁹
257 or could be an indirect consequence of the viral M2 protein [G] causing calcium flux from
258 endosomes and the trans-Golgi network into the cytosol⁶⁰. Despite these initial findings
259 suggesting critical roles for pyroptosis in host defence against pathogens, there are also studies
260 reporting comparatively minor defects in responses to bacterial infections caused by the
261 absence of caspase 1, and even the combined lack of caspase 1 and caspase 11 (refs. 61,62).
262 This surprising resistance of mice unable to rely on pyroptosis for host defence appears to be
263 most prominent in infectious disease models involving relatively low doses of pathogen
264 inoculation⁶³. This is remarkable as infections of humans are thought to often commence with
265 rather low pathogen doses. This implies that pyroptosis may have its most significant role under
266 conditions of overwhelming pathogen encounters. Newer investigations showed that
267 macrophages deficient for both caspase 1 and 11 could actually still die upon infection with
268 intracellular pathogens but did so with protracted kinetics when compared to wild-type
269 macrophages⁶⁴. It thus appears likely that pyroptosis has an important role in limiting the

270 spread of large numbers of pathogens by rapidly killing infected cells, yet it is unlikely to be
271 the only cell death pathway that the host relies on to remove infected cells.

272

273 The relative reliance on pyroptosis during host defence is likely influenced by microbial
274 strategies to evade recognition and prevent inflammasome activation. For example, *Salmonella*
275 *enterica serovar* Typhimurium rapidly downregulate flagellin expression once the bacteria
276 have infected a cell, and *Salmonella* strains engineered to sustain flagellin expression are more
277 efficiently removed from the host than wild-type bacteria⁶⁵. Similarly, exposure of mice to
278 *Legionella pneumophila* only results in productive infection when either the host lacks NLRC4
279 or the bacteria do not produce flagellin^{66,67}. Removing a key trigger of NLRC4 inflammasomes
280 and pyroptosis therefore affords the bacteria a replicative advantage⁶⁸. The capacity to evade
281 pyroptosis is likely a consequence of the continuing battle between these pathogens and the
282 host. This notion is supported by the observation that microbes that do not typically infect
283 mammalian hosts and have therefore not evolved under the pressure of mammalian immune
284 systems, such as *Chromobacterium violaceum*, are non-pathogenic in wild-type mice even
285 when administered at high doses, but cause lethal disease in mice deficient in pyroptosis or
286 lacking IL-18 (refs. ^{63,69}).

287

288 The role of certain other PCD pathways also seem to be linked to microbial evasion strategies.
289 Some bacterial pathogens, such as enteropathogenic *Escherichia coli* (EPEC), utilise T3SS
290 systems to inject effector proteins into host cells to promote their survival in the epithelial
291 layers of the gut⁷⁰. One of these effectors, NLEB1, has been shown to inhibit FADD to thereby
292 prevent death receptor-induced apoptosis of host cells⁷¹. Accordingly, mice deficient in FAS-
293 induced apoptosis showed delayed clearing of the EPEC-like mouse pathogen *Citrobacter*
294 *rodentium*⁷¹. A critical role for death receptor induced apoptosis in host defence against

295 bacterial pathogens can also be inferred from rapid pathogen dissemination in caspase 8
296 deficient mice after infection with *Yersinia pestis*, *Y. pseudotuberculosis* or influenza virus^{72,73}.
297 However, as outlined above, caspase 8 is required to prevent necroptosis and therefore all these
298 experiments were performed in mice lacking not only caspase 8 but also core components of
299 the necroptosis machinery (i.e. RIPK3 or MLKL). This makes it difficult to determine whether
300 the aforementioned failures in host defence resulted from the lack of either death receptor
301 induced apoptosis or necroptosis, or possibly both. Findings that RIPK3-deficient mice are
302 impaired in controlling Herpes simplex virus⁷⁴ or Vaccinia virus⁷⁵ have been used to argue for
303 roles of necroptosis in these infections. In addition, a recent study showed that influenza virus
304 and other orthomyxoviruses are associated with the generation of **Z-RNAs** [G], which are
305 bound by the ZBP1 protein that initiates RIPK-3-dependent activation of MLKL and
306 necroptosis. Accordingly, mice lacking ZBP1 were more susceptible to infection⁷⁶. However,
307 the interpretation of these data is made difficult by RIPK3 also being involved in the activation
308 of caspase 8-driven apoptosis, as well as the role of this kinase in the production of certain
309 cytokines and chemokines^{77,78}. Moreover, there are conflicting reports showing increased,
310 unaffected or even decreased susceptibility to influenza virus infection in mice lacking key
311 components of the necroptotic pathway⁷⁹⁻⁸¹. Together with unperturbed control of *Y. pestis* or
312 *Y. pseudotuberculosis* infection in mice deficient for necroptosis⁷³ and classes of mammals,
313 such as marsupials and carnivorous placentals, lacking key components of the necroptosis
314 machinery⁸², these considerations question whether necroptosis exerts essential functions in
315 host defence against pathogens.

316

317 Thus, although the literature suggests critical roles for PCD in controlling infections, it appears
318 that no single pathway is universally responsible. Rather, the specifics and modalities
319 associated with a particular infection, such as the type of pathogen (i.e. viral, bacterial, fungal

320 or parasitic), the infectious dose and host genetic makeup, as well as the actions of varying
321 microbial immune evasion strategies⁶⁸, determine what type of PCD pathway(s) the host
322 employs to achieve control and clearance of the invader.

323

324 **H2 The role of PCD in cancer.**

325 The role of apoptosis in cancer has been recognised for over 30 years. Indeed, the first regulator
326 of programmed cell death, BCL-2, was discovered in human follicular lymphoma, where the
327 t[14;18] chromosomal translocation causes BCL-2 overexpression^{83,84}. Somatically acquired
328 copy number amplifications of loci encoding the related pro-survival proteins MCL-1 or BCL-
329 XL are found in ~10% or ~3% of human cancers, respectively⁸⁵. Over-expression of pro-
330 survival BCL-2 (ref. ⁸⁶), or absence of pro-apoptotic BIM⁸⁷ or PUMA⁸⁸, were shown to
331 accelerate *c-Myc* oncogene-driven lymphoma development, altogether providing solid
332 evidence that evasion of apoptosis can promote tumorigenesis. Notably, on their own, defects
333 in apoptosis are not potent drivers of tumorigenesis, with only ~5% of mice over-expressing
334 BCL-2 in lymphocytes developing lymphoma over an 18 month period⁸⁹. Therefore, inhibition
335 of apoptosis appears to aid tumour development by keeping alive cells that would normally die,
336 thus facilitating their acquisition of oncogenic lesions (e.g. c-MYC over-expression) that then
337 cooperate in neoplastic transformation.

338

339 Many, possibly all, anti-cancer agents kill malignant (and also normal) cells at least in part by
340 inducing the intrinsic pathway to apoptosis⁹⁰, whereas direct activation of the death receptor
341 induced apoptotic pathway does not appear to be required for cell killing downstream of these
342 anti-neoplastic therapeutics⁹¹. However, the up-regulation of FAS and TRAIL receptors —
343 often mediated by the tumour suppressor p53 — may sensitise malignant cells to the ligands
344 of these death receptors. These ligands are expressed on activated **cytotoxic lymphocytes [G]**

345 and the ensuing death receptor-induced killing of malignant cells may contribute to the overall
346 response of a tumour to therapy *in vivo*⁹². Studies using gene knock-out mice and cell lines
347 have shown that different anti-cancer agents induce apoptosis in a manner dependent on
348 distinct BH3-only proteins. PUMA and to a lesser extent NOXA are required for cell killing
349 induced by agents that cause DNA damage (e.g. radiation, etoposide)^{93,94}, and they are both
350 transcriptionally regulated by the tumour suppressor p53, which is inactivated in ~50% of
351 human cancers. The induction of apoptosis by glucocorticoids (e.g. dexamethasone) depends
352 on BIM and PUMA⁹⁵, and BIM is also critical for the killing of tumour cells by inhibitors of
353 oncogenic kinases (e.g. inhibitors of BCR–ABL, mutant B-RAF or mutant EGFR)⁹⁶. The
354 demonstration of the critical role of BH3-only proteins in the killing of malignant cells by anti-
355 cancer agents stimulated the development of small molecule mimetics of these initiators of
356 apoptosis, so-called **BH3 mimetic drugs [G]**, for cancer therapy⁹⁷ (for recent reviews see^{98,99}).
357 Experiments using inducible gene deletion and later BH3 mimetic drugs revealed that the
358 survival of certain tumour cells is safeguarded mainly by a single pro-survival BCL-2 family
359 member, such as BCL-2 in chronic lymphocytic leukaemia¹⁰⁰ or MCL-1 in c-MYC driven
360 lymphoma^{101,102}. However, efficient killing of most malignant cells necessitates inhibition of
361 two or more pro-survival BCL-2 family members. This can be achieved by using two BH3
362 mimetic drugs that target distinct pro-survival proteins or by combined treatment with a BH3
363 mimetic drug that inhibits a select pro-survival BCL-2 family member (e.g. venetoclax to
364 inhibit BCL-2) plus another anti-cancer agent that causes an increase in pro-apoptotic BH3-
365 only proteins (e.g. BIM, PUMA) that will inhibit the non-targeted pro-survival BCL-2 proteins
366 present in the tumour cells¹⁰³.

367

368 Contrasting with the contribution of defects in the regulation of apoptosis in malignancy, so
369 far cancer genome analyses have not identified recurrent mutations in genes encoding effectors

370 of necroptosis or pyroptosis. There have been reports suggesting a role for necroptosis in
371 pancreatic cancer, whereby necroptosis would promote tumorigenesis (in contrast to the
372 tumour suppressive role of apoptosis discussed above). Blockade of the **necrosome** [G] a
373 protein complex composed of RIPK1, RIPK3 and MLKL, enhanced the *in vitro* proliferation
374 of cell lines derived from pancreatic cancers, yet loss or inhibition of RIPK3 or RIPK1
375 diminished the growth of pancreatic cancers *in vivo* in mice. The discrepancy between these *in*
376 *vitro* vs *in vivo* observations was attributed to the finding that loss of RIPK1 or RIPK3 function
377 in cells in the tumour micro-environment created a more immunogenic milieu, by abrogating
378 immunosuppressive signalling associated with necroptosis of tumour-associated
379 macrophages^{104,105}. However, these findings have since been challenged¹⁰⁶.

380

381 The roles of pyroptosis and inflammasomes, more generally, in the development of cancer and
382 cancer therapy are currently also not clear. There is little evidence to suggest that induction of
383 pyroptosis in cells undergoing neoplastic transformation functions as a major mechanism of
384 tumour suppression, but the release of IL-1 β and IL-18 could lead to the infiltration and
385 activation of immune cells into tumour sites, which could support anti-tumour immune
386 responses¹⁰⁷. However, opposing evidence suggests that pyroptosis, through promoting release
387 of IL-1 β and IL-18, could support tumorigenesis. In this context, inflammasome-driven
388 secretion of IL-1 β and IL-18 could induce in neighbouring non-malignant cells the expression
389 of angiogenic proteins and growth factors, such as vascular endothelial growth factor (VEGF),
390 IL-6, IL-8, TNF (tumour necrosis factor) and TGF- β (transforming growth factor β), that fuel
391 tumour growth¹⁰⁷. Hence, it is not clear under which circumstances IL-1 β - and IL-18-induced
392 inflammation and GSDMD-mediated pyroptosis would promote or hinder tumour development.
393 Sustained inflammation has clearly been implicated in the development of several cancers,
394 including those of the liver, stomach and colon¹⁰⁸. Yet, to our knowledge, essential mediators

395 of pyroptotic cell death, such as GSDMD, or components of the various inflammasomes have
396 not emerged from whole genome CRISPR- or shRNA-based screens as tumour suppressors or
397 resistance factors against anti-cancer agents. However, recent studies showed that GSDME, a
398 relative of GSDMD that is also thought to be able to perforate the plasma membrane, can act
399 as a tumour suppressor in certain solid cancers^{109,110}. Many human cancer-derived cell lines
400 have inactivating mutations in GSDME and low expression of GSDME was associated with
401 decreased survival of patients with certain cancers^{109,110}. Additionally, it was reported that
402 GSDME can be activated by effector caspases in tumour cells treated with chemotherapeutic
403 drugs¹¹¹. This was proposed to change the death of the tumour cells from non-lytic apoptosis
404 to a lytic pyroptosis-like death. Such GSDME-mediated tumour cell lysis may underlie the
405 **tumour lysis syndrome [G]** with the associated massive cytokine release (cytokine release
406 syndrome) that cancer patients experience when their phagocytic system is overwhelmed by
407 very large numbers of cancer cells undergoing drug induced apoptosis in a short amount of
408 time¹³. Consistent with this, it has recently been demonstrated that GSDME-mediated
409 pyroptosis of cancer cells induced by therapeutic **CAR (chimeric antigen receptor) T cells [G]**
410 could cause cytokine release syndrome. DAMPs released by dying cancer cells were reported
411 to cause activation of caspase 1 with consequent GSDMD processing and cytokine release in
412 macrophages. This non-desired effect of pyroptosis on macrophages could be one of the factors
413 limiting the effectiveness of CAR-T cell therapy in cancer¹¹². These findings suggest that
414 therapies that induce PCD directly in large numbers of cells (e.g. BH3 mimetic drugs or CAR-
415 T cells) could be exploited more effectively and safely by combining them with strategies that
416 limit the detrimental ‘cytokine storm’.

417

418 **H2 PCD in diseases associated with traumatic or degenerative cell loss.**

419 Cell death has long been recognised as a feature of several acute as well as chronic degenerative
420 pathologies¹. Many degenerative disorders are characterised by aggregates of misfolded
421 proteins that are thought to result in pathological cell death, for example the loss of motor
422 neurons in amyotrophic lateral sclerosis (ALS) or reductions in cortical and hippocampal
423 neurons during Alzheimer disease¹⁶. Several cell death processes have been implicated in the
424 pathological loss of cells in these diseases. For example, insoluble complexes incorporating
425 active RIPK1, RIPK3 and MLKL were found in the brains of Alzheimer disease patients but
426 not in healthy controls¹¹³. Pharmacological blockade or genetic ablation of MLKL in a mouse
427 model of Alzheimer disease was reported to result in partial improvements of functional
428 defects¹¹⁴ and the absence of RIPK1 activity was shown to delay the onset of symptoms in a
429 mouse model of ALS¹¹⁵. Interestingly, amyloid plaques [G] isolated from brains of Alzheimer
430 disease patients have abnormally high levels of active caspase 1 and mouse models suggest a
431 role for NLRP3 inflammasomes and pyroptosis in this disease, possibly triggered by these
432 pathological protein aggregates¹¹⁶. Inflammasome activation has also been linked to fronto-
433 temporal dementia¹¹⁷, ALS and Parkinson disease¹¹⁶.

434

435 Apoptotic cell death has long been hypothesised to have a critical role in neurodegeneration,
436 with reports showing that A β fibrils associated with Alzheimer disease can activate caspase 3
437 in cultured neurons and that this is accompanied by increased expression of pro-apoptotic BAX
438 and decreased expression of pro-survival BCL-2 proteins^{118,119}. Similar changes in the
439 expression patterns of regulators of apoptosis have also been documented in the hippocampi of
440 patients with Alzheimer disease¹²⁰. While all these lines of evidence suggest that necroptosis,
441 apoptosis and pyroptosis are active in the diseased tissues, it remains unclear whether this
442 constitutes a cause or consequence of the underlying pathologies. The fact that the genetic loss
443 of BIM, caspase 1 and/or caspase 11 or necrosome components (MLKL, RPIK3 or RIPK1) did

444 not afford marked protection in several mouse models of neurodegenerative diseases makes it
445 unlikely that aberrant activation of a single PCD pathway is the critical driver of these complex
446 pathologies. This highlights the need for more research in this area.

447

448 Contribution of PCD is also considered in traumatic tissue damage. Disruption of oxygen
449 supply, loss of nutrient provision and failure to remove cellular waste products promote cell
450 death and tissue injury during ischaemic events caused by blood vessel blockage or luminal
451 occlusion via thrombosis or embolism. While this causes un-regulated necrotic cell death of
452 the immediately affected ischaemic tissue, the slower, secondary death of more distant cells
453 may be mediated by apoptosis triggered as a result of the loss of support from cells that had
454 been killed in the initial traumatic event¹²¹. This view is supported by demonstration of smaller
455 infarct areas in mice lacking pro-apoptotic BAX, BAK or PUMA or the death receptor FAS¹²².
456 Necroptosis has also been implicated in the aforementioned pathologies, but genetic loss of
457 mediators of necroptosis (i.e. RIPK3) did not offer marked benefit in mouse models of
458 ischaemic injury of the brain¹²³. Loss of RIPK3 or the kinase function of RIPK1 did, however,
459 afford significant protection in murine models of ischaemic injury of the kidney and heart¹²³.
460 Of note, loss of MLKL afforded less protection¹²³, suggesting roles for RIPK1 and RIPK3 in
461 these pathologies that extend beyond their function as necroptosis inducers. This may involve
462 the functions of these kinases in the induction of apoptosis (via caspase 8) or the production of
463 cytokines and chemokines⁷⁸. There are also indications of a potential role for ferroptosis (Box
464 1), another PCD pathway, in certain ischaemic diseases that are associated with abnormal cell
465 killing. For example, an inhibitor of ferroptosis was shown to protect renal tubular cells from
466 death in culture¹²⁴.

467

468 Inflammasome activation has also been implicated in inflammatory diseases involving tissue
469 damage that are associated with unwanted cell death. For example, in murine models of
470 **periodic fever syndrome** [G], loss of activators of inflammasomes or loss of GSDMD were
471 reported to markedly reduce pathology associated with the severe inflammation, such as
472 pharyngitis, stomatitis and adenitis¹²⁵. Given the role of GSDMD in the cellular release of IL-
473 1 β and IL-18, it is, however, not clear whether this protection was due to the prevention of
474 pyroptotic cell death, the reduction in the release of these pro-inflammatory cytokines, or both.
475

476 Clearly, we still know too little about the role of the various PCD pathways in these diverse
477 disorders. Nevertheless, it is tempting to speculate that treatment with inhibitors of multiple
478 PCD mechanisms in combination with agents that target the insult that caused the pathology in
479 the first place could have therapeutic value, although the exact implementation and safety of
480 such hypothetical combination treatments needs to be established.

481

482 **H1 Connectivity between PCD pathways**

483 The findings discussed above highlight important roles for the different types of cell death in
484 both the maintenance of homeostasis and a broad variety of pathological conditions. However,
485 they also make it abundantly clear that the biological relevance of the different cell death
486 pathways is complex and that the individual PCD pathways do not seem to have unique and
487 isolated roles, but rather operate in synergy to eliminate cells. Having said so, it is intriguing
488 that host responses to infection make a broad use of the different types of PCD, yet embryonic
489 development, tissue homeostasis and cancer development are most strongly associated with
490 apoptosis, indicating the existence of perhaps some form of specificity in the engagement of
491 different PCD pathways. In the following section, we will take a closer look at the interplay

492 between different types of PCD and compare and contrast the relevance of connections
493 between PCD pathways in infection and cancer.

494

495 **H2 Switching between apoptosis, necroptosis and pyroptosis.**

496 The inhibition of caspase 8 or its adaptor FADD would be expected to cause an increase in the
497 number of cells in tissues owing to the ensuing blockade of death receptor induced apoptosis.

498 However, this is not the case suggesting that other types of cell death can be activated in cells
499 unable to undergo death receptor induced apoptosis. The discovery of aberrant necroptosis

500 induction in cells lacking caspase 8 (ref. 126) or FADD¹²⁷ provided the first glimpse of the
501 possibility that different types of PCD are functionally intertwined^{78,128,129}. A likely explanation

502 for this capacity of cells to substitute apoptosis with necroptosis may be found in strategies of
503 several pathogens that have evolved varying means to prevent caspase 8 activation and

504 consequently apoptosis. For example, the latent *K13* gene of the Human Herpesvirus (HHV)-
505 8 encodes a viral equivalent of cFLIP, called vFLIP. vFLIP binds to and prevents activation of

506 pro-caspase 8 and thus blocks death receptor induced apoptosis in HHV-8-infected cells¹³⁰.

507 Other examples include: cowpox viruses, which encode the **serpin [G]** CrmA capable of
508 blocking caspase 1 and caspase 8 (ref. 131); HSV preventing caspase 8 activation via ICP6 (ref.

509 132); and cytomegalovirus (CMV) promoting production of viral mitochondria-localised
510 inhibitor of apoptosis, a protein with structural similarities to anti-apoptotic BCL-XL that

511 blocks MOMP by sequestering BAX¹³³. Necroptosis may therefore have evolved to provide a
512 back-up process to kill cells infected with pathogens that evade apoptosis. This option is of

513 course limited to cells equipped with the molecular machinery for necroptosis, which at least
514 in some types of neurons (and all cells of certain species; see above) does not appear to be the

515 case¹³⁴.

516

517 Functional backup of PCD pathways is not unique to necroptosis. Macrophages infected with
518 *Yersinia pseudotuberculosis* typically die by undergoing apoptosis. However, macrophages
519 lacking the apoptotic executioner caspases still die in response to *Y. pseudotuberculosis*
520 infection but this appears to occur via pyroptosis instead¹³⁵. This functional link between
521 apoptosis and pyroptosis also seems to have a role during embryonic development. Most
522 functions of caspase 8 have been attributed to its enzymatic activity, but recent reports suggest
523 that it may also function as a scaffolding protein. These scaffold functions have been revealed
524 in mice that expressed a version of caspase 8 with a selective defect in its proteolytic activity.
525 Notably, these mice display signs of uncontrolled pyroptosis in the intestine¹³⁶⁻¹³⁹, indicating
526 that the enzymatic activity of caspase 8 not only is critical for apoptosis and keeping
527 necroptosis in check, but may also prevent pyroptosis. It will be interesting to investigate
528 whether pyroptosis is triggered when the enzymatic activity of caspase 8 is inhibited because
529 expression of enzymatically inactive caspase 8 induces the formation of aggregates containing
530 caspase 8 and ASC that have the capacity to activate caspase 1 in a manner similar to some
531 other protein aggregates (e.g. certain crystals or those implicated in neurodegenerative
532 disorders)¹³⁶. Regardless, these findings suggest that caspase 8-mediated cell death is
533 functionally backed-up by several processes. Interestingly, cell death back-up mechanisms are
534 not only relevant when apoptosis is blocked but also appear to come into play when the
535 magnitude of apoptotic events is induced to such a level that it exceeds the capacity of the
536 phagocytotic system to safely remove the dying cells. In this case, cells undergo a lytic type of
537 cell death, initially referred to as ‘secondary necrosis’, which is akin to the unregulated death
538 that is induced by excess heat or freezing. At the molecular level, this secondary lytic cell death
539 likely involves channel-forming molecules, such as pannexin-1 (ref. ¹⁴⁰) that act downstream
540 of apoptotic caspases. This is followed by a decrease in intracellular potassium concentrations
541 in cells at late stages of apoptosis thereby driving NLRP3 inflammasome activation and

542 pyroptosis¹⁴¹. This raises the prospect of a caspase 3-activated pathway towards pyroptosis,
543 which springs into action when the processes for the removal of cells undergoing apoptosis are
544 hampered or overwhelmed. Although, so far, this switch from apoptosis to secondary lytic cell
545 death has mostly been examined under *in vitro* conditions¹⁴¹, these mechanisms are likely
546 involved in the tumour lysis syndrome with excessive release of cytokines that can occur in
547 lymphoma patients treated with apoptosis-inducing BH3 mimetic drugs¹⁴². Perhaps this
548 detrimental tumour lysis syndrome could be attenuated using inhibitors of caspases. It must,
549 however, be noted that upon caspase inhibition cells will generally still undergo cell death¹⁴³,
550 likely owing to the mitochondrial dysfunction and energetic collapse of a cell following
551 extensive MOMP. Importantly, this caspase-independent cell death is pro-inflammatory, and
552 therefore may engender the potential to promote anti-cancer immune responses¹⁴⁴.

553

554 The ability of cells to alternate between different cell death pathways is perhaps best
555 documented in the cellular response to TNF. Under physiological conditions, TNFR1
556 stimulation mostly triggers signalling pathways that promote cell survival, proliferation and
557 differentiation¹⁴⁵ (Fig. 6). Stimulation of TNFR1 by its ligand, TNF, induces the formation of
558 a so-called type I signalling complex, comprising TRADD, RIPK1, TRAF2 (TNF receptor
559 associated factor 2) and/or TRAF5 and the E3 ligases cIAP1 (cellular inhibitor of apoptosis
560 protein 1) and cIAP2. cIAP1 and cIAP2, together with the linear ubiquitination complex
561 (LUBAC), ubiquitylate TNFR1 signalling complex components (which is counteracted by
562 deubiquitylating enzymes, such as CYLD and A20, to attenuate signalling)¹⁴⁶. The
563 ubiquitylation of components of the type I TNFR1 signalling complex promotes the
564 recruitment, phosphorylation and retention of key regulators that control activation of the
565 **canonical and non-canonical NFκB pathways [G]**, including mitogen-activated protein kinase
566 7 (TAK1), IKK-α–IKK-β (inhibitor of nuclear factor kappa-B kinase complex) and NEMO

567 (NF-kappa-B essential modulator)¹⁴⁷, as well as the recruitment of JNK kinase that activates
568 AP1 (adaptor protein complex 1) transcription factor¹⁴⁸. NFκB and AP1 transcription factors
569 can activate genes encoding pro-survival factors, including the pro-survival BCL-2 family
570 members BCL-XL, BCL-2 and A1 (ref. 149) as well as cFLIP (Fig. 6), thereby blocking both
571 the intrinsic and the death receptor-induced apoptotic pathways to promote the survival of
572 TNF-stimulated cells¹⁵⁰. These mechanisms can have a role in pathogen defence. For example,
573 *Yersinia Spp.* facilitate intracellular infection through T3SS-mediated injection of a variety of
574 effector molecules. One of these, YopJ, can directly block the activation of TAK1 (refs. 151,152),
575 thereby preventing infected cells from responding to TNF through NFκB pathway activation,
576 which beyond regulating cell survival is also important for stimulating immune responses that
577 would target the pathogen. However, in this case, pathogen-induced blockade of NFκB does
578 not act in the pathogen's favour, because upon TNFR1 stimulation this blockade triggers death
579 receptor-mediated apoptosis, which prevents efficient pathogen replication¹⁴⁵. This dramatic
580 change in cellular outcome — switching from survival mode to apoptosis — in response to
581 TNF is caused by the formation of an alternative, so-called type II complex of TNFR1
582 signalling, comprising TRADD, FADD and pro-caspase 8, the formation of which is otherwise
583 inhibited by TAK1 and the IKK complex¹⁵³. The absence or blockade of these NFκB signalling
584 components alleviates this inhibition and allows the type II TNFR1 complex to recruit and
585 activate pro-caspase 8 and thus links TNFR1 to the triggering of apoptosis. Bearing in mind
586 that certain pathogens, such as *Pseudomonas Spp.*, *Vibrio Spp.* or enteroviruses, target TAK1
587 (refs. 154-156), it is tempting to speculate that the switch in cellular response to TNFR1 signalling
588 from promoting cell survival and proliferation to apoptosis reflects a host strategy aimed at
589 offsetting microbial attempts at evading NFκB and/or AP-1 driven responses. This cell death
590 may even be seen as a guardian of intact NFκB and AP-1 function that ensures the removal of
591 cells in which these vital responses are corrupted by pathogens or other noxious stimuli.

592

593 The above considerations raise the important question of whether similar flexibility
594 encompassing the possibility to activate back-up cell death pathways also occurs in the context
595 of cancer and other conditions, where cell death has an important role. As discussed above,
596 evasion of apoptosis can promote tumorigenesis, but there is only little evidence that other
597 pathways of PCD can also suppress tumorigenesis or exert a compensatory role in tumour
598 suppression when apoptosis is blocked. For example, c-MYC over-expression in addition to
599 causing aberrant cell proliferation also increases the predisposition of cells to die¹⁵⁷. This cell
600 death is entirely blocked by over-expression of anti-apoptotic BCL-2 family members^{86,158,159}
601 or loss of pro-apoptotic BIM⁸⁷ or PUMA⁸⁸. This indicates that cells with deregulated c-MYC
602 expression do not compensate for the lack of apoptosis by undergoing necroptosis, pyroptosis
603 or some other form of cell death, as a compensatory tumour suppressive process. Moreover,
604 malignant and non-transformed cells lacking the essential effectors of apoptosis, BAX and
605 BAK, show impressive long-term survival when treated with anti-cancer agents, and retain the
606 capacity to proliferate again after the cytotoxic insult has been removed^{6,160}. This supports the
607 notion that in cancer therapy there is no major functional back-up by other processes of PCD
608 that would help eliminate tumour cells. Having said so, it has been reported that under certain
609 circumstances autophagic cell death (Box 1) can contribute to tumour suppression, for example
610 in cells undergoing replicative crisis, where the release of telomeric DNA into the cytosol
611 induces autophagy via intracellular DNA sensor cGAS [G]¹⁶¹. However, there is also evidence
612 that autophagy can enhance tumour growth under conditions of stress, for example by
613 providing nutrients and energy¹⁶². Autophagy has also been associated with reduced expression
614 of class I major histocompatibility complexes (MHC), thereby protecting malignant cells from
615 attack by cytotoxic lymphocytes¹⁶³. Whether the appearance of non-apoptotic types of cell
616 death in tumour tissues reflects secondary inflammatory responses, perhaps arising from

617 necrosis of malignant cells caused by hypoxia, or rather indicates a more intricate regulatory
618 relationship between apoptosis and other cell death pathways in cancer remains to be
619 investigated.

620

621 The situation is equally complex with regards to switching between PCD pathways in the
622 context of degenerative disorders. Experimental data indicate that neurodegenerative diseases
623 are associated with apoptosis, necroptosis and pyroptosis, but the slow progression of these
624 diseases makes it difficult to discern whether the potential involvement of various PCD
625 pathways is the consequence of switching between the pathways or simply represents
626 secondary effects, whereby the triggering of one type of PCD ultimately causes tissue damage
627 that can result in other types of PCD. The observation that abnormal elevation of IL-1 β in the
628 brains of Alzheimer disease mouse models are dependent on RIPK1 may suggest the latter¹⁶⁴.
629 It is also interesting to consider that the developing brain is characterised by enhanced
630 susceptibility to apoptosis compared to the adult brain and this may in fact be an important
631 feature for building and establishing new neuronal connections. Upon maturation of the
632 organism, most neurons will transition into a post-mitotic stage and this is thought to reverse
633 the initial susceptibility to apoptosis towards a state in which they are refractory to cytotoxic
634 insults¹⁶. It is tempting to speculate that the proposed contributions of pyroptosis and
635 necroptosis to neurodegenerative disorders might be related to decreased susceptibility of
636 neurons to apoptosis, which would be reminiscent of infected cells that undergo necroptosis
637 when the pathogen expresses inhibitors of apoptosis.

638

639 **H2 Molecular plasticity in the induction of the known PCD pathways.**

640 Recent findings suggest that the different PCD pathways are also inter-connected at the
641 molecular level in a manner that goes well beyond their consecutive activation as part of a fail-

642 safe system (Fig. 7). As discussed above, NLRC4 activation driven by bacterial components,
643 such as flagellin, stimulates inflammasome formation and the resulting caspase 1 activation
644 promotes pyroptosis via GSDMD cleavage³⁵. Of note, cells lacking caspase 1 or GSDMD still
645 die in response to flagellin-induced NLRC4 activation, but this death not only sets in with
646 delayed kinetics but also takes on morphological characteristics of apoptosis¹⁶⁵. Such dying
647 cells contain active caspase 8, likely complexed with ASC and NLRC4 (refs. ^{67,166}). This
648 indicates that cells with sustained inflammasome activation that are unable to undergo
649 pyroptosis (e.g. lacking GSDMD) can die by apoptosis instead (Fig. 7). Interestingly, the likely
650 physical interaction between caspase 8 and inflammasome components is not exclusive to
651 NLRC4, but has also been demonstrated upon stimulation of NLRP1b by lethal anthrax toxin¹⁶⁷.
652 Inflammasomes thus appear capable of incorporating and activating not only caspase 1 but also
653 caspase 8. There are reports that inflammasome activation may also induce apoptosis through
654 additional molecular switches, for example via caspase 8 mediated processing of the BH3-only
655 protein BID into pro-apoptotic tBID with subsequent triggering of the intrinsic apoptotic
656 pathway through activation of BAX/BAK and induction of MOMP¹⁶⁸ (Fig. 7). A recent study
657 indicated that caspase 1 may also directly proteolytically activate pro-caspase 3 in macrophages
658 infected with *Salmonella enterica serovar* Typhimurium that lack GSDMD⁶⁴. Interestingly,
659 macrophages can still undergo PCD in response to *Salmonella* infection even if they lack all
660 known executioner molecules and under such circumstances, they appear to rely on caspase 1
661 and caspase 8 acting not only as initiators but also as executioners of PCD¹⁶⁹. These findings
662 challenge our previous understanding that apoptosis and pyroptosis are functionally distinct
663 cellular responses that serve very different purposes. The existence of inflammasomes that can
664 drive apoptosis rather than pyroptosis is also conceptually intriguing as it links recognition of
665 PAMPs, such as flagellin or bacterial toxins, to apoptosis with potentially concomitant
666 production of anti-inflammatory cytokines by macrophages engulfing apoptotic cells (Fig. 1).

667 It remains to be determined whether the resulting changes in the type of the cell death response
668 from pro-inflammatory to anti-inflammatory serve to apply immune regulation in the context
669 of potentially overwhelming anti-microbial responses. It is also possible that inflammasome-
670 driven forms of apoptosis might be particularly relevant to cell types that do not express
671 GSDMD, such as neurons or **mast cells** [G]⁶⁴. Perhaps this represents a form of protection for
672 cells that directly connect to many other cells in the body, as is the case for neurons. These
673 alternative mechanisms of PCD induction, favouring apoptosis over lytic cell death pathways,
674 could then be seen as means of preventing damage to neighbouring cells caused by cell lysis,
675 concomitant release of DAMPs as well as other mediators of inflammation, such as histamine
676 and TNF, as would be the case for mast cells.

677

678 Recent reports indicate that a reverse connection may also be at play, whereby caspase 8 drives
679 pyroptotic responses. This appears to be particularly relevant under conditions in which death
680 receptor induced NFκB signalling is disrupted (see also previous sub-section). For example,
681 stimulation of *Yersinia Spp.*-infected macrophages with LPS and a TAK1 inhibitor was shown
682 to result in caspase 8 mediated GSDMD cleavage and pyroptosis¹⁷⁰. Similarly, *Yersinia Spp.*
683 infection of macrophages defective in the apoptotic executioner caspases caused proteolytic
684 activation of GSDMD in a manner dependent on YopJ-mediated inhibition of TAK1 (ref. 135).
685 Interestingly, a recent study suggested that the association between caspase 8 and pyroptosis
686 can be inhibited through NFκB-dependent induction of the long form of the apoptosis inhibitor
687 cFLIP¹⁷¹. The precise molecular mechanism that connects caspase 8 to pyroptosis is not clear.
688 Caspase 8 appears capable of cleaving GSDMD directly but does so with about 30-times lower
689 efficacy compared to caspase 1 (ref. 140). The pyroptotic activity of caspase 8 has also been
690 linked to its incorporation into **rioptosomes** [G], which resemble the type II complex of
691 TNFR1 signalling comprising RIPK1, FADD and caspase 8 (Fig. 7)¹⁷². However, whether and

692 how ripoptosomes engage with inflammasome components remains to be determined. Caspase
693 8 has also been implicated in the pyroptotic expulsion of epithelial cells during intestinal
694 *Salmonella* Typhimurium infection, where it was shown to be activated downstream of NLRC4.
695 Such NLRC4–caspase 8 inflammasomes were shown to be sufficient to drive pyroptosis in the
696 absence of caspase 1 (ref. 173). This efficient cell removal process might explain why most
697 human *Salmonella Spp.* infections are rather mild and limited to gastroenteritis and do not
698 advance to typhoid fever¹⁷⁴.

699

700 The above findings support two important conclusions. First, they indicate that the biochemical
701 and cellular consequences of one type of cell death can have profound influence on the activity
702 of another type of cell death. Second, they show that the known molecular pathways
703 underpinning our current understanding of PCD are characterised by surprising levels of
704 plasticity, where upstream triggers of apoptosis can cause inflammatory cell death and,
705 conversely, inflammatory caspases, such as caspase 1, can drive ‘immunologically silent’
706 apoptosis.

707

708 **H1 Conclusions and perspectives**

709 While much of the research so far has focused on the molecular mechanisms underpinning
710 individual types of cell death, it is now evident that the different PCD pathways do not operate
711 in isolation. In fact, a more likely interpretation of the current knowledge around the varying
712 possibilities in triggering and rewiring the PCD signalling cascades suggests that apoptosis,
713 pyroptosis and necroptosis constitute a single, coordinated cell death system, in which one
714 pathway can flexibly compensate for another. This back-up system is also characterised by
715 remarkable plasticity enabling classical apoptotic triggers to induce pyroptosis, while
716 inflammatory caspases can induce apoptosis, which further blurs the lines between the

717 supposedly ‘immunologically silent’ character of apoptotic death and the highly inflammatory
718 consequences of pyroptosis or necroptosis.

719

720 It is also interesting to consider the kinetics with which the fail-safe systems of using different
721 PCD pathways for elimination of pathogens spring into action. The apoptotic death ensuing in
722 cells unable to undergo pyroptosis takes place with a considerable delay compared to the rapid
723 onset of pyroptosis. Perhaps pyroptosis is much faster because its execution depends on the
724 enzymatic activation and cleavage of pre-formed caspase 1 and subsequent proteolytic
725 activation of pre-formed GSDMD. Apoptosis, by contrast, involves more steps to ensure the
726 coordinated and ‘clean’ removal of a cell, which may be more time-consuming. Although
727 apoptosis might not be evident in infected cells, its machinery might nonetheless be activated
728 ‘in the background’ in cells undergoing pyroptosis or necroptosis, and hence can run its course
729 when these lytic forms of PCD are not available or blocked. We hypothesise that the different
730 cell death processes have evolved to provide multicellular organisms with a failsafe system to
731 offset varying and ever evolving attempts by pathogens to evade host cell suicide. An answer
732 to the question of why cells have so many ways to die could therefore be that this versatility is
733 needed to allow the existence of multicellular organisms in a world dominated by single-cell
734 organisms.

735

736 In contrast to infection, for tumour suppression, apoptosis appears clearly much more important
737 than all other PCD pathways. Also, all currently used drugs, in particular the BH3 mimetics,
738 induce apoptosis in malignant cells^{98,175}. This rather strict dependence on apoptosis for cancer
739 cell death is noteworthy, as in principle any type of PCD could lead to tumour shrinkage.
740 Clearly more work is required to better understand the context in which PCD pathways are

741 coordinated as a failsafe system, what the underlying drivers are and why the interplay between
742 PCD pathways appears to differ between cell types and forms of cell stress.

743

744 Regardless of the underlying biology and fascinating conceptual questions about cause and
745 consequence in the context of cell death, therapeutic manipulations of cell death pathway have
746 enormous promise. This includes the use of BH3 mimetic drugs in haematological
747 malignancies, which is already in place⁹⁸, but likely also pertains to other means of cell killing
748 and their future therapeutic use in the treatment of cancers more generally (i.e. not only
749 leukaemias and lymphomas). For example, agonists of death receptors²² would be expected to
750 synergise with BH3 mimetic drugs, activating both apoptotic pathways, although the safety of
751 such combination therapies requires careful assessment. Other therapeutic approaches might
752 involve GSDME, which when introduced in its active state into cancer cells can promote anti-
753 tumour immunity *in vivo* through the induction of pyroptosis¹⁰⁹. The killing of tumour cells
754 also underpins the success of **immune checkpoint [G]** inhibitors, whose capacity to reinvigorate
755 exhausted T cells has caused remissions and possibly even cures in certain types of cancer,
756 such as melanoma¹⁷⁶⁻¹⁷⁸. There may also be scope for cell death-inducing drugs in infections,
757 as was shown in the context of pulmonary *Legionella Spp.* infections¹⁷⁹. By contrast, blocking
758 PCD pathways could be explored as a therapeutic approach in degenerative diseases¹⁸⁰. We are
759 hopeful that future investigations of the complicated molecular interactions between the
760 different PCD pathways underpinning their functional complementation may lead to the
761 identification of central signalling hubs that could be exploited as drug targets for various
762 human diseases.

763 **Glossary**

764

765 **BCL-2 (B cell leukaemia/lymphoma-2) family:** A family of proteins that has been named
766 after its original member, BCL-2, which regulate the intrinsic apoptotic pathway.

767

768 **Damage-associated molecular patterns (DAMPs, also known as alarmins):** Intracellular
769 molecules, such as HMGB1 or S100A8, whose release from cells undergoing lytic cell death
770 triggers distinct receptors in innate immune cells and causes inflammation.

771

772 **Pathogen-associated molecular patterns (PAMPs):** Evolutionary conserved molecular
773 components of pathogens, such as LPS expressed by gram-negative bacteria, causing
774 inflammatory responses by innate immune cells.

775

776 **Pattern recognition receptors:** Membrane-associated or cytosolic receptors capable of
777 recognising and responding to PAMPs through the induction pro-inflammatory responses.

778

779 **TAM receptors:** Family of receptor tyrosine kinases (TYRO3, AXL, MERTK) that promote
780 apoptotic cell clearance by binding to phosphatidylserine exposed on apoptotic cells using
781 GAS6 and PROTEIN S as bridging ligands.

782

783 **BH3-only proteins:** Pro-apoptotic members of the BCL-2 protein family, which share only
784 one out of the four BCL-2 homology (BH) domains, namely the BH3 domain, with the
785 remainder of the family. BH3-only proteins are induced transcriptionally and/or activated post-
786 transcriptionally in response to developmental cues or cytotoxic stimuli that initiate the
787 intrinsic apoptotic cell death pathway.

788

789 **Mitochondrial outer membrane permeabilisation (MOMP):** Perforation of the outer
790 mitochondrial membrane, causing leakage of content from the mitochondrial intermembrane
791 space, including the apoptosis inducers cytochrome *c* and SMAC. MOMP can result in the
792 translocation of mitochondrial DNA into the cytosol, leading to the production of type I
793 interferons and thereby drive inflammatory responses.

794

795 **Inhibitor of apoptosis proteins (IAPs):** Family of proteins with structural homology (i.e.
796 Baculovirus IAP repeat). Some of the IAP proteins have E3 ubiquitin ligase function, allowing
797 them to ubiquitylate their target proteins. XIAP inhibits apoptosis by binding to and promoting
798 degradation of caspases 3 and 7, whereas cIAP1 and cIAP2 promote pro-survival signalling
799 from TNFR1 by enhancing NF κ B activation.

800

801 **Death receptors:** Subsets of the Tumour Necrosis Factor Receptor superfamily that contain
802 an intra-cellular death domain, which upon ligation can induce killing of the cells on which
803 they are expressed through FADD adaptor protein mediated activation of caspase 8.

804

805 **cFLIP (CASP8 and FADD like apoptosis regulator):** Protein with structural similarity to
806 caspase 8 but lacking enzymatic activity. There are two forms of FLIP: FLIP short and FLIP
807 long. FLIP short inhibits apoptosis by preventing activation of caspase 8. FLIP long can form
808 heterodimers with caspase 8 and this heterodimer inhibits necroptosis by cleaving RIPK1. High
809 levels of FLIP long can also inhibit caspase 8 activation and apoptosis.

810

811 **Inflammasomes:** A multimeric protein complex, activated by various events, including ion
812 flux, reactive oxygen species or mitochondrial dysfunction. It is comprised of sensors, such as

813 NLR molecules, often depends on the adaptor protein ASC and pro-caspase 1, which together
814 causes the autocatalytic activation of caspase 1 with consequent proteolytic processing of pro-
815 IL-1 β and pro-IL-18 into their bio-active forms to cause inflammation and proteolytic
816 activation of GSDMD to drive pyroptotic cell death.

817

818 **NLR (nucleotide-binding domain and leucine-rich repeat containing) family:**
819 Evolutionary conserved diverse family of proteins further classified into NLRA, NLRB, NLRP
820 and NLRC in accordance with their N-terminal domains and the presence or absence of CARD
821 domains. Certain (but probably not all) NLRs function in innate immune sensing of pathogens
822 and infection-associated cellular changes. They contribute to the protection of the infected host
823 by instructing anti-microbial defence, including inflammatory responses.

824

825 **Type III secretion (T3SS) apparatus:** Complex molecular machines used by bacteria to inject
826 effector proteins into eukaryotic host cells.

827

828 **Flagellin:** Subunit protein of the flagellum, which endows bacteria with motility.

829

830 **Gasdermin family:** Conserved family of proteins in vertebrates, named after the restriction of
831 gasdermin A to gut and skin epithelial cells, although it is now clear that these proteins are
832 much more widely expressed. At least some of the gasdermins can form pores in membranes
833 after proteolytic cleavage (e.g. processing of gasdermin D by caspase 1 or 11).

834

835 **ESCRT (Endosomal sorting complexes required for transport):** Multiprotein machinery
836 that enables membrane bending/budding away from the cytoplasm.

837

838 **Lipopolysaccharide (LPS):** Large molecules comprising of a lipid and a complex
839 polysaccharide found in the outer membrane of gram-negative bacteria.

840

841 **Gram-negative bacteria:** Diverse group of bacteria defined by their inability to retain crystal
842 violet (or Gram) stains due to the architecture of their cell envelope being composed of an inner
843 cytoplasmic and outer bacterial cell membrane separated by a thin peptidoglycan cell wall.
844 Typical examples include *Escherichia coli*, *Salmonella enterica*, *Pseudomonas aeruginosa*,
845 *Chlamydia trachomatis* and *Yersinia pestis*.

846

847 **Toll-like receptor:** Family of transmembrane receptors that recognise PAMPs and DAMPs
848 and upon stimulation can induce diverse pro-inflammatory responses.

849

850 **RIG-I-like receptors:** Cytosolic pattern recognition receptors that respond to double-stranded
851 RNA.

852

853 **Antigen presenting cells:** While all nucleated cells can present antigens, the group of
854 professional antigen presenting cells comprising macrophages, dendritic cells and B cells are
855 capable of priming naïve T cells by processing and presenting antigen derived peptides in the
856 context of class I or class II major histocompatibility complex (MHC) molecules and by
857 delivery of co-stimulatory signals.

858

859 **PB1-F2:** A protein encoded by Influenza A virus that contributes to its pathogenicity.

860

861 **M2 protein:** Protein encoded by Influenza A virus that is part of the viral envelope; it is capable
862 of forming a tunnel between host cell compartments.

863

864 **Z-RNAs:** Left-handed form of double stranded RNA, which is bound by proteins, such as
865 ADAR, ZBP1, or their viral homologues.

866

867 **Cytotoxic lymphocytes:** CD8⁺ T cells and natural killer (NK) cells can kill infected or
868 malignant cells via diverse mechanisms, including delivery of perforin plus granzymes, using
869 FAS ligand to activate the death receptor FAS on the target cells and IFN- γ .

870

871 **BH3 mimetic drugs:** Small molecule inhibitors of pro-survival BCL-2 proteins. They mimic
872 the action of the pro-apoptotic BH3-only proteins, the natural cellular inhibitors of the pro-
873 survival BCL-2 proteins that are critical for the initiation of the intrinsic apoptosis signalling
874 pathway.

875

876 **Necrosome:** Protein complex consisting of RIPK1, RIPK3 and FADD. This complex is formed
877 in response to TNFR1 stimulation when both the activation of NF κ B and caspase 8 activity are
878 blocked. This signalling complex causes activation of the pseudokinase MLKL, the critical
879 effector of necroptosis.

880

881 **Tumour lysis syndrome:** Caused by the failure to safely remove large numbers of dying
882 tumour cells during anti-cancer therapy. This can cause renal failure, cardiac abnormalities,
883 seizures and sudden death.

884

885 **CAR (chimaeric antigen receptor) T cells:** T lymphocytes engineered to express artificial
886 antigen receptors capable of directly recognising proteins on cancer cells and killing these
887 malignant cells.

888

889 **Amyloid plaques:** Beta-amyloid protein aggregates implicated in the destruction of nerve
890 connections causing degenerative disorders, such as Alzheimer disease.

891

892 **Periodic fever syndrome:** Group of rare genetic auto-inflammatory diseases in which patients
893 develop periodic fevers with a range of inflammatory pathologies, including stomatitis, aphtitis
894 and adenitis.

895

896 **Serpin:** Superfamily of proteins sharing structural homology, where some (e.g. CrmA from
897 cowpox virus) but not all members have serine protease inhibitory activity.

898

899 **Canonical and non-canonical NF- κ B pathways:** Induced by stimulation of a variety surface
900 receptors (e.g. TLRs, members of the TNFR superfamily and antigen receptors), the two
901 distinct NF- κ B signalling pathways involve different members of the NF- κ B/REL protein
902 family. The classical/canonical NF- κ B pathway operates via heterodimers of NF- κ B1 (its
903 cleavage product p50) with RELA or c-REL, whereas the non-canonical pathway is mediated
904 mainly by heterodimers of NF- κ B2 (its cleavage product p52) with RELB.

905

906 **cGAS:** Intracellular DNA sensor that induces an interferon response.

907

908 **Mast cells:** Tissue-resident cells involved in immune defence against parasitic infections and
909 allergic responses.

910

911 **Ripoptosomes:** Signalling platforms comprising RIPK1, RIPK3, FADD and caspase 8 that
912 can induce apoptosis or necroptosis depending on the state of the cell.

913

914 **Immune checkpoint signalling:** Signalling pathways that attenuate the activity of immune
915 cells, mainly T lymphocytes, thereby regulating immunological immune responses and
916 preventing destruction of self-tissues (contributing to self-tolerance). Inhibition of immune
917 checkpoint regulators, such as PD-1 or CTLA-4, can enhance CD8⁺ cytotoxic T cell mediated
918 killing of cancer cells.

919

920 **Complement system:** Evolutionary ancient system of protein cascades capable of lysing
921 bacteria by perforating their outer membrane, opsonising pathogens and activating cells of the
922 immune system.

923

924 **Box 1: Other pathways of programmed cell death**

925

926 **Autophagic cell death**

927 A unique programmed cell death (PCD) pathway that does not require caspases and is not
928 characterised by typical morphological features of apoptosis, necroptosis or pyroptosis. *In vivo*,
929 this cell death is important for the involution of salivary glands during *Drosophila*
930 *melanogaster* development and has been implicated in the death of cultured mammalian cells
931 deprived of nutrients that are incapable of undergoing apoptosis (e.g. due to the absence of the
932 essential effectors of apoptosis, BAX and BAK). A characteristic feature of autophagic cell
933 death is the accumulation of large vacuoles within the cytosol of a self-digesting dying cell¹⁸¹.

934

935 **Oxeiptosis**

936 A caspase-independent, non-inflammatory apoptosis-like cell death pathway, that can be
937 induced by reactive oxygen species (ROS) production in response to viral infection. It was
938 reported to require the ROS sensor KEAP1, the phosphatase PGAM5 and the pro-apoptotic
939 factor AIFM1 (ref. 182).

940

941 **Ferroptosis**

942 An iron-dependent, non-apoptotic oxidative cell death, which is morphologically,
943 biochemically and molecularly distinct from apoptosis, necroptosis, pyroptosis and autophagy.
944 It is similar to glutamate-induced cell killing, in which blockade of cellular cysteine uptake
945 interferes with anti-oxidant cellular defences and eventually causes cell death¹⁸³. Ferroptosis is
946 initiated by failure in or blockade of glutathione-dependent antioxidant defences of a cell. This
947 leads to unchecked lipid peroxidation and ultimately the killing of the cell. Lipophilic anti-
948 oxidants and iron chelators can prevent ferroptotic cell death.

949

950 **Secondary necrosis**

951 This is the secondary event that is not programmed but occurs in cells undergoing apoptosis
952 when they are not engulfed and digested by phagocytes at an early stage, for instance owing to
953 the overload of the phagocytic capacity in response to extensive apoptosis, as can occur
954 following highly effective anti-cancer treatments that cause apoptosis of large numbers of
955 malignant cells in a short time frame. The morphology of a cell undergoing secondary necrosis
956 is reminiscent of un-programmed necrotic death, such as that caused by burning or freezing of
957 cells.

958

959 **NETosis**

960 One of mechanisms through which activated neutrophils kill invading pathogens. In this
961 process, the neutrophils release granule proteins and chromatin that form extracellular fibres
962 called neutrophil extracellular traps (NETs) to entrap and kill pathogens. Because of the release
963 of vital cellular material, NETosis is often associated with neutrophil cell death, and it is
964 morphologically distinct from apoptosis or necrosis¹⁸⁴.

965

966 **Cytotoxic T lymphocyte (CTL)- and natural killer (NK) cell-induced cell killing**

967 Virus infected cells or malignant cells can be killed by activated CD8⁺ cytotoxic T lymphocytes
968 (CTL) and natural killer (NK) cells in a manner that has features of both lytic and non-lytic
969 PCD¹⁸⁵. Perforins secreted by CTLs and NK cells induce pores in their plasma membrane of
970 target cells (similar to the **complement [G]** system) and allows the entry of granzymes into
971 their cytosol¹⁸⁶. The resulting loss of cellular integrity causes the cell to die. Granzymes have
972 been reported to kill target cells by multiple mechanisms, including induction of apoptosis
973 through proteolytic activation of the BH3-only protein BID¹⁸⁷ or proteolytic activation of

974 effector caspases¹⁸⁸, as well as by induction of a pyroptosis-like cell death through proteolytic
975 activation of gasdermin E¹¹⁰. Activated CTLs and NK cells can also trigger death receptor-
976 induced apoptosis using membrane-bound FAS ligand or TNF. IFN- γ also plays an important
977 role in mediating the cytotoxic effects of T cells and NK cells. *In vitro* studies suggest that
978 IFN- γ can activate the intrinsic apoptotic pathway through the BH3-only protein BIM and it
979 may also enhance death receptor-induced apoptosis by increasing the expression of TRAIL and
980 TNFR1 (refs. 189,190).

981

982

983

984

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1515 **Figure Legends**

1516 **Figure 1: Different forms of programmed cell death lead to different bystander responses.**

1517 Cells can engage various pathways of programmed cell death (PCD); these pathways are
1518 characterised by distinct machineries and differ in their activation and outcomes. **a.** Apoptosis
1519 can be triggered by the extrinsic (also called death receptor induced) or the intrinsic (also called
1520 mitochondrial or BCL-2-regulated) pathway; although death receptors can also engage the
1521 intrinsic pathway of apoptosis. The death receptor pathway is activated at the plasma
1522 membrane by ligands (e.g. FAS ligand) binding to their cognate death receptors, such as FAS,
1523 leading to activation of caspase 8. The intrinsic pathway can be induced by a vast number of
1524 different stress stimuli, including DNA damage and growth factor withdrawal, and also by
1525 developmental cues. This pathway to cell death is associated with mitochondrial outer
1526 membrane permeabilisation (MOMP), with consequent release of cytochrome *c* leading to
1527 apoptosome formation and the activation of the initiator caspase 9. Both apoptotic pathways
1528 converge upon proteolytic activation of the effector caspases 3 and 7 by the initiator caspases.
1529 The effector caspases cleave hundreds of cellular proteins and thereby, amongst other
1530 processes, cause inter-nucleosomal DNA fragmentation and the exposure of
1531 phosphatidylserine (PtdSer) on the outer cell membrane of a dying cell. They also cause actin
1532 reorganisation leading to membrane blebbing, which supports the formation of apoptotic
1533 bodies. Collectively, these caspase-induced processes propagate the dismantling of the cell. **b.**
1534 Surface-exposed PtdSer is recognised by TAM receptors on neighbouring macrophages
1535 allowing clearance of apoptotic cells before any intracellular content is exposed to the
1536 extracellular environment. PtdSer recognition also triggers an anti-inflammatory response in
1537 phagocytes mediated by the secretion of IL-10, TGF- β (transforming growth factor- β) and
1538 prostaglandins, and the inhibition of the production of pro-inflammatory cytokines, including
1539 TNF and IL-1 β . **c.** Apoptosis of very large numbers of cells in a short amount of time can

1540 exceed the removal capacity of phagocytes. This can lead to so-called secondary necrosis, a
1541 lytic cell death with exposure of intracellular content from the dying cells to phagocytes,
1542 thereby fuelling inflammation. **d-f.** Necroptosis and pyroptosis are the main pro-inflammatory
1543 lytic forms of PCD. They are associated with cell lysis, which leads to the release of damage-
1544 associated molecular patterns (DAMPs) as well as pathogen-associated molecular patterns
1545 (PAMPs) in the case of cells infected with a pathogen. DAMPs and PAMPs are recognised by
1546 neighbouring phagocytes, leading to the production of pro-inflammatory cytokines.
1547 Necroptosis is induced via TNFR1 or Toll-like receptor (TLR) stimulation (and certain other
1548 signals), causing the activation of the receptor-interacting serine-threonine kinases RIPK1 and
1549 RIPK3. This causes conformational changes and activation of the pseudo-kinase mixed lineage
1550 kinase domain like (MLKL), which then translocates to the cell membrane, where it induces
1551 membrane rupture (possibly by pore formation) (**d**). Pyroptosis is a key PCD pathway triggered
1552 in response to pathogen infection, whereby pathogen products promote the formation of
1553 inflammasomes that act as platforms for caspase 1 activation. In addition, LPS was reported to
1554 directly stimulate the activation of caspase 11 (caspase 4 and caspase 5 in humans). Both
1555 caspase 1 and caspase 11 cleave gasdermin D (GSDMD), the N-terminal fragments of which
1556 assemble into pores in the cell membrane resulting in loss of membrane integrity and cell lysis.
1557 Caspase 1 also proteolytically processes the pro-forms of the pro-inflammatory cytokines IL-
1558 1 β and IL-18 into their bio-active forms, which are released via GSDMD-induced membrane
1559 pores (**f**). IFN, interferon; IRF, interferon regulatory transcription factor; MAPK, mitogen-
1560 activated protein kinase.

1561

1562 **Figure 2: Molecular mechanisms of apoptosis pathway activation.** The intrinsic apoptotic
1563 pathway (**a**) is activated by various stresses (e.g. ER stress, growth factor deprivation, DNA
1564 damage) and by developmental cues. This induces, transcriptionally and/or post-

1565 transcriptionally, pro-apoptotic members of the BCL-2 family called BH3-only proteins, such
1566 as BIM, PUMA, BAD or NOXA. The BH3-only proteins bind and neutralise pro-survival
1567 BCL-2 proteins, such as BCL-2, BCL-XL, MCL-1 and A1 (BFL-1 in humans), thereby
1568 liberating the critical effectors of apoptosis, BAX and BAK (members of a second pro-
1569 apoptotic sub-group of the BCL-2 family), which then assemble into large complexes that
1570 cause breaches in the mitochondrial outer membrane (MOMP: mitochondrial outer membrane
1571 permeabilisation). This causes release of apoptogenic factors, such as cytochrome *c* and SMAC
1572 (also known as DIABLO). Certain BH3-only proteins, such as BIM and PUMA, have been
1573 reported to also directly bind and activate BAX and BAK to induce MOMP. Cytochrome *c* via
1574 binding to apoptotic peptidase activating factor 1 (APAF1) causes formation of the apoptosome.
1575 The initiator caspase 9 is activated in this complex, and caspase 9 then proteolytically activates
1576 the effector caspases 3 and 7. SMAC blocks the activity of the caspase inhibitor XIAP. Death
1577 receptor induced apoptosis (**b**) is triggered by activation of death receptors, such as FAS by
1578 FAS ligand that is present on neighbouring cells. This leads to the recruitment of pro-caspase
1579 8 to the intracellular region of the death receptor via the adaptor protein FADD (FAS associated
1580 via death domain), resulting in the formation of the so-called death inducing signalling complex
1581 (DISC) that catalyses the activation of caspase 8. Active caspase 8 induces cell killing either
1582 by direct proteolytic activation of the effector caspases 3 and 7 or indirectly through proteolytic
1583 activation of the BH3-only protein BID into tBID, thereby engaging the intrinsic apoptotic
1584 pathway. Effector caspases activated by either pathway cleave hundreds of intra-cellular
1585 proteins to induce the typical apoptotic morphology and prevent leakage of intra-cellular
1586 damage-associated molecular patterns (DAMPs) that would lead to inflammatory responses.
1587 Effector caspases directly or indirectly activate ROCK-1 kinase, which induces plasma
1588 membrane blebbing through actin contraction and caspase-activated DNase (CAD) (by
1589 cleaving its inhibitor ICAD), which leads to inter-nucleosomal DNA cleavage and chromatin

1590 condensation. Effector caspases also proteolytically inactivate lipid flippases, such as ATP11,
1591 and proteolytically activate the lipid scramblase, XKR8, and collectively this causes exposure
1592 of phosphatidylserine (PtdSer) on the outer leaflet of the cell membrane. This acts as an ‘eat
1593 me’ signal for phagocytic cells and promotes engulfment of cells undergoing apoptosis.

1594

1595 **Figure 3: Molecular features of inflammasome activation and pyroptosis.** Cells
1596 encountering varying combinations of damage-associated molecular patterns (DAMPs),
1597 pathogen-associated molecular patterns (PAMPs), inert structures or disturbances in
1598 intracellular potassium (K⁺) concentration can undergo inflammasome activation and
1599 consequent pyroptotic cell death. In the cytosol, the aforementioned disturbances cause the
1600 stimulation of NLRs (nucleotide oligomerisation domain-like receptors), such as NLRC4 or
1601 NLRP3. This triggers formation of inflammasomes, large protein aggregates acting as sites of
1602 caspase 1 activation. At the cell membrane, DAMPs and PAMPs can trigger TLRs (Toll-like
1603 receptors) such as TLR4, which then activate IRAK1 (interleukin-1 receptor-associated kinase
1604 1) and the mitogen-activated protein kinase TAK1 via the adaptor protein MYD88. This
1605 triggers the IKK (inhibitor of NFκB kinase) complex to phosphorylate the NF-κB pathway
1606 inhibitor IκB, leading to its ubiquitin-dependent proteasomal degradation. This liberates c-
1607 REL-p50 or RELA-p50 NF-κB complexes to enter the nucleus and activate NF-κ- dependent
1608 target genes, such as those encoding pro-IL-1β, pro-IL-18 and pro-caspase 11. Type I
1609 interferons (e.g. IFN-α/β) can also induce expression of pro-caspase 11 through the activation
1610 of type I IFN receptors on the cell membrane and the resulting activation of JAK-STAT
1611 pathway signalling. Activated caspases 1 and 11 can both cleave gasdermin D (GSDMD). The
1612 N-terminal fragments of GSDMD cause plasma membrane lysis via pore formation. Whereas
1613 caspase 1 is activated in inflammasomes, caspase 11 has been shown to be activated directly
1614 by intracellular lipopolysaccharide (LPS). Caspase 1 (but not caspase 11) also causes

1615 proteolytic conversion of pro-IL-1 β and pro-IL-18 into their bioactive forms that are secreted
1616 via GSDMD pores or are released as the cell undergoes lysis.

1617

1618 **Figure 4: Induction of necroptosis.** When inhibitors of apoptosis cIAP1 and cIAP2 are
1619 inhibited and caspase 8 activity is blocked (see Figure 6), binding of tumour necrosis factor
1620 (TNF) to tumour necrosis factor receptor 1 (TNFR1) leads to the recruitment and
1621 phosphorylation of receptor-interacting serine-threonine kinase 1 (RIPK1) via the adaptor
1622 protein TRADD. RIPK1 in turn phosphorylates and thereby activates RIPK3. RIPK3 can also
1623 be activated by Toll-like receptor (TLR) signalling through a process involving the adaptor
1624 TRIF. Active RIPK3 phosphorylates mixed lineage kinase domain like (MLKL) pseudo-kinase.
1625 This causes conformational changes in MLKL allowing it to translocate to and breach the
1626 integrity of the plasma membrane (possibly by forming pores). The resulting influx of water
1627 and sodium (Na⁺), and potassium efflux leads to the swelling of the cell, disruption of
1628 membrane potential and eventually lysis of the cell. Heterodimers of caspase 8 with the cell-
1629 death regulator cFLIP long can cleave RIPK1 and thereby inhibit TNFR1 mediated induction
1630 of necroptosis.

1631

1632 **Figure 5: The role of cell death in host responses to infection.** Intracellular bacteria, such as
1633 *Salmonella Spp.* or *Legionella Spp.*, enter the host and infect target cells, including epithelial
1634 cells lining the gastrointestinal or respiratory tract. Following replication, some bacteria escape
1635 into the sub-epithelial tissue, where they can enter macrophages to establish additional
1636 replicative niches. This involves the injection of bacterial products into the cytosol and the
1637 repurposing of subcellular compartments as bacteria containing vesicles. The resulting
1638 contamination of the cytosol with bacterial components is detected through cellular sensors
1639 that promote the formation of inflammasomes (see Figure 3), which promote caspase 1

1640 activation. Caspase 1 causes pyroptotic cell death by proteolytic activation of gasdermin D
1641 (GSDMD). The N terminal fragments of GSDMD form pores in the plasma membrane and
1642 thereby cause cell lysis. The resulting pyroptotic death purges the bacteria from their
1643 intracellular niches, exposing them alongside intracellular host molecules acting as damage-
1644 associated molecular patterns (DAMPs) to cells of the immune system. Neighbouring
1645 macrophages are activated by the DAMPs and pathogen-associated molecular patterns
1646 (PAMPs). This, together with the concomitant release of bioactive IL-1 β and IL-18 from
1647 pyroptotic cells augments macrophage capacity to phagocytose and destroy bacteria. Bacteria
1648 and their components are also taken up by dendritic cells that migrate to the local draining
1649 lymph nodes, where they display to T cells antigenic fragments from pathogen encoded
1650 proteins in the context of class I and class II major histocompatibility complex (MHC)
1651 molecules. Together with the provision of appropriate membrane-bound costimulatory signals
1652 and cytokines that are triggered by the exposure to DAMPs and PAMPs, dendritic cells then
1653 induce proliferation and activation of effector functions of bacteria-specific T cells in the
1654 lymph nodes. Here, activated CD4⁺ T cells aid in the activation of B cells and their
1655 differentiation into plasma cells that produce antibodies that help clear the infection through
1656 opsonisation and neutralisation as well as by facilitating complement-mediated lysis and
1657 phagocytosis [Au:OK?] yes ok. Upon migration to the site of infection, activated CD4⁺ T cells
1658 locally support bacterial killing by secreting cytokines, amongst which interferon γ (IFN- γ)
1659 enhances anti-bacterial activity of macrophages. Activated CD8⁺ T cells kill infected cells
1660 displaying bacterial antigen derived peptides on class I MHC molecules through release of
1661 perforin plus granzyme, FAS ligand induced activation of FAS death receptor mediated
1662 apoptosis and through the provision of IFN- γ . In addition to dendritic cells, also macrophages
1663 can serve as antigen-presenting cells activating T cells at the site of infection.

1664

1665 **Figure 6. The molecular mechanisms of TNFR1 signalling.** Stimulation of tumour necrosis
1666 factor receptor 1 (TNFR1) by TNF in unstressed (healthy) cells results primarily in the
1667 activation of NF κ B and AP1 transcription factors (the latter not shown), leading to cell survival,
1668 proliferation and production of pro-inflammatory cytokines. Stimulation of TNFR1 by TNF
1669 engages an intra-cellular signalling complex involving the recruitment of the adaptors TRADD
1670 and TRAF2 and/or TRAF3 and the E3 ubiquitin ligases cIAP1 and cIAP2 that ubiquitylate
1671 receptor-interacting serine-threonine kinase 1 (RIPK1). Additionally, the linear ubiquitination
1672 complex (LUBAC) is recruited into this signalling complex where it causes linear
1673 ubiquitylation of several signalling components, including the NF κ B activator complex IKK α –
1674 IKK β –NEMO. This is required for optimal signalling and activation of the canonical (RELA
1675 or c-REL with p50 or p52) and non-canonical (RELB with p52) NF κ B pathways that induce
1676 cell survival by induction of the caspase 8 inhibitor cFLIP (long or short form) and the pro-
1677 survival BCL-2 family members, BCL-XL, BCL-2 and A1.

1678

1679 **Figure 7: Overlap and back-up of apoptosis and pyroptosis to induce cell death.** Diverse
1680 initiator and effector molecules involved in apoptosis or pyroptosis are interchangeably used
1681 to guarantee cell killing. For example, the apoptotic caspase 8 is able to induce pyroptosis by
1682 mediating gasdermin D (GSDMD) cleavage. This has been shown to occur in cells that are
1683 unable to activate NF κ B signalling downstream of tumour necrosis factor receptor 1 (TNFR1)
1684 stimulation (see Figure 6) and was associated with the formation of ripoptosomes, whereby
1685 pro-caspase 8 assembles with RIPK1 (receptor-interacting serine-threonine kinase) and FADD
1686 (FAS associated via death domain) (1). Caspase 8-mediated GSDMD cleavage and pyroptotic
1687 cell death was also shown to occur downstream of caspase 8-containing inflammasomes (2),
1688 indicating that in addition to the pyroptosis-inducing caspase 1, also caspase 8 can be activated
1689 within inflammasomes. In cells unable to undergo pyroptosis (e.g. ones lacking GSDMD or

1690 caspase 1 and 11) this inflammasome-mediated caspase 8 activation can induce apoptosis (3).
1691 As an additional link between pyroptosis and apoptosis, caspase 1 can activate apoptosis by
1692 proteolytic activation of caspase 3 (4) or by conversion of BID to tBID (5). Of note, in cells
1693 lacking all known executioner molecules, the initiator caspases 1, 8 and 9 can also serve as
1694 executioners to directly induce apoptosis (not shown). APAF1, apoptotic peptidase activating
1695 factor 1; NLR, **nucleotide-binding domain and leucine-rich repeat containing**.

1696

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1706

Author notes

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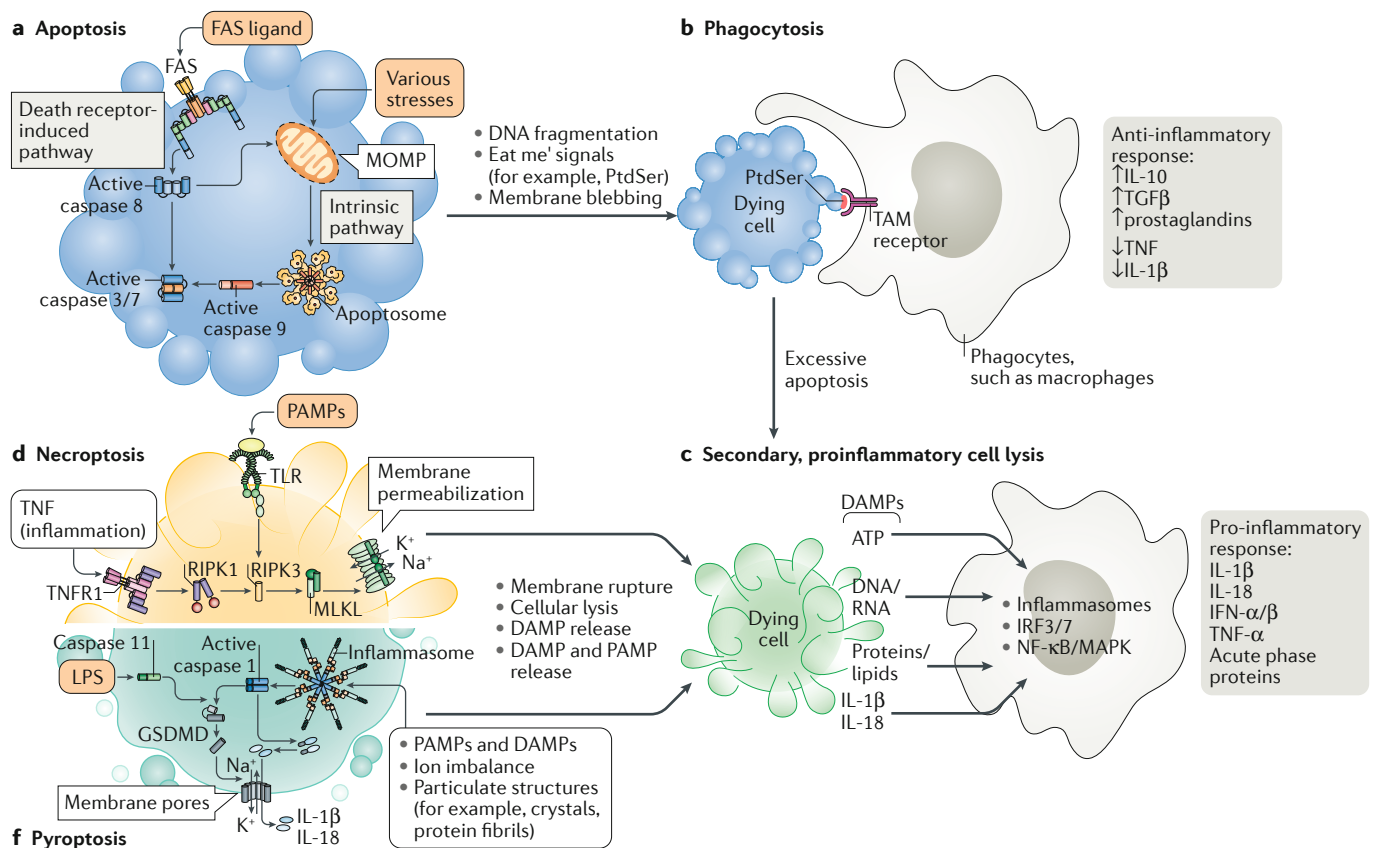


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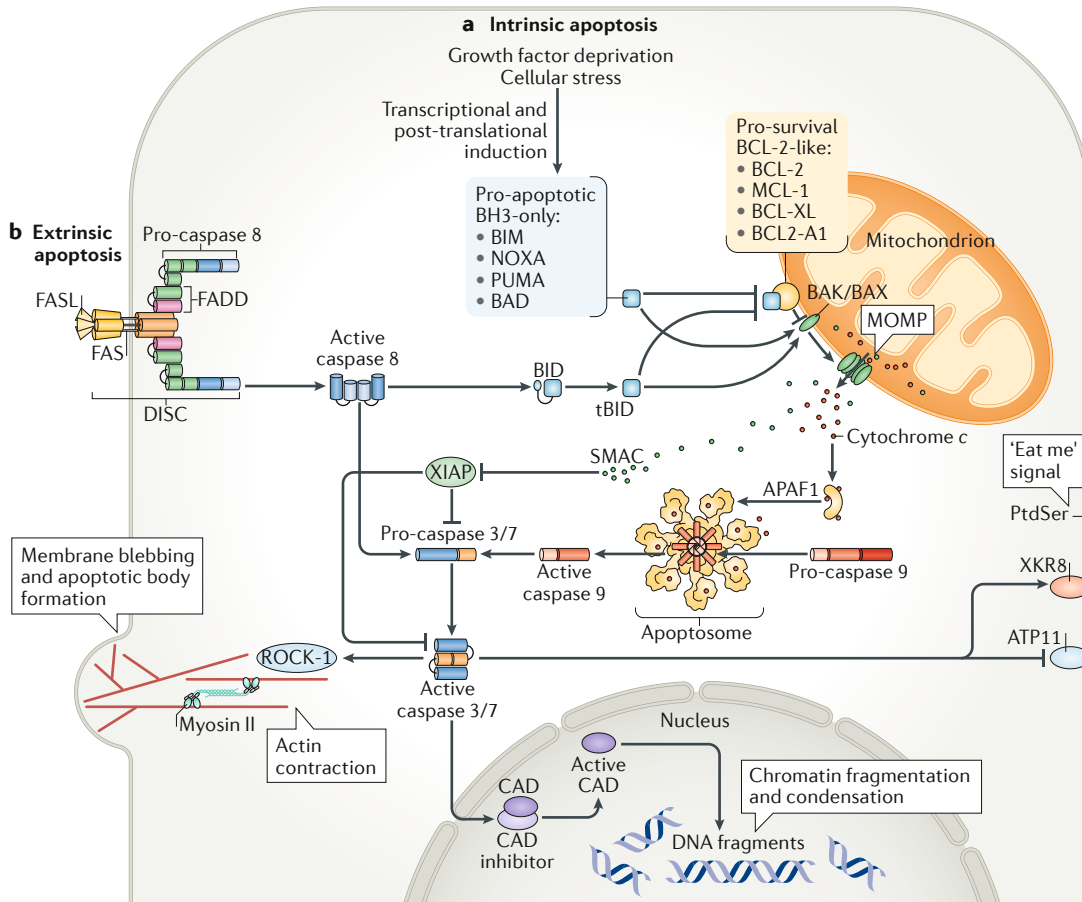


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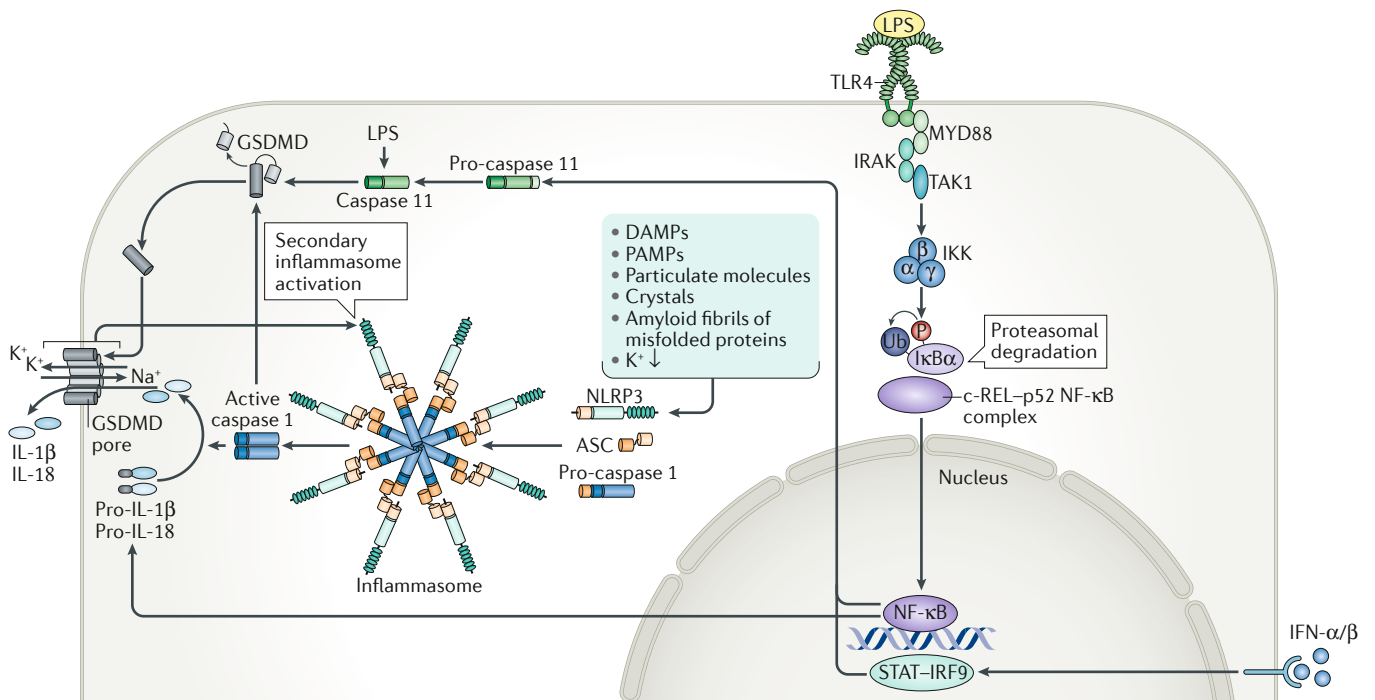


Fig 4

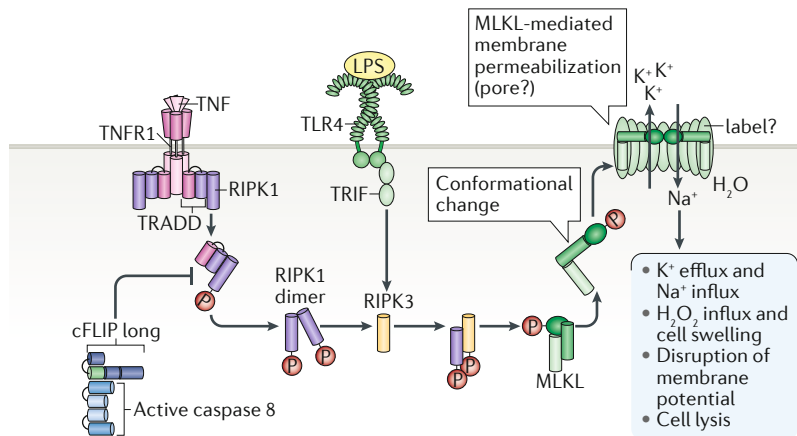


Fig 5

