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Title:

Within-host modeling of blood-stage malaria

Date:

2018-09-01

Citation:

Khoury, D. S., Aogo, R., Randriafanomezantsoa-Radohery, G., McCaw, J. M., Simpson, J. A., McCarthy, J. S., Haque, A., Cromer, D. & Davenport, M. P. (2018). Within-host modeling of blood-stage malaria. *Immunological Reviews*, 285 (1), pp.168-193. <https://doi.org/10.1111/imr.12697>.

Persistent Link:

<https://hdl.handle.net/11343/284372>

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4 Article type : Invited Review  
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7 **Within-host modelling of blood-stage malaria**  
8

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32 **Running Title:** Within-host modelling of blood-stage malaria

33

34 **Summary**

35 Malaria infection continues to be a major health problem worldwide and drug resistance in  
36 the major human parasite species, *Plasmodium falciparum*, is increasing in South East Asia.  
37 Control measures including novel drugs and vaccines are in development, and contributions  
38 to the rational design and optimal usage of these interventions are urgently needed. Infection  
39 involves the complex interaction of parasite dynamics, host immunity, and drug effects. The  
40 long lifecycle (48 hours in the common human species) and synchronized replication cycle of  
41 the parasite population present significant challenges to modelling the dynamics of  
42 *Plasmodium* infection. Coupled with that, variation in immune recognition and drug action at  
43 different lifecycle stages leads to further complexity. We review the development and  
44 progress of 'within-host' models of *Plasmodium* infection, and how these have been applied  
45 to understanding and interpreting human infection and animal models of infection.

46

47

48 **Keywords**

49 Malaria, Within host, Mathematical modelling, Parasite Development, Immunity,  
50 Antimalarial.

51

52

## 53 **Introduction**

54 Mathematical models of viral infections such as HIV and hepatitis C have been extensively  
55 studied from the molecular level to the epidemiological level, drawing on a broad range of  
56 modelling strategies and data analysis techniques (1-5). This has contributed to the  
57 development of highly effective control strategies at the host and population levels for both  
58 HIV and hepatitis C, among other important viral infections. Although a significant body of  
59 work, modelling to understand the within-host dynamics of malaria infections has enjoyed  
60 significantly less attention from modellers compared with viral infections. Here we discuss  
61 the key aspects of within-host malaria infection, highlighting the application of different  
62 modelling approaches, the parallels with models of viral dynamics, as well as important and  
63 interesting differences specific to malaria parasite biology. With more than 200 million cases  
64 of malaria each year, leading to approximately half a million deaths, the vast majority of  
65 which (more than 90%) occur in Africa and in children under five (6), malaria is a global  
66 health priority. Our intention with this review is to spark the interest of the infection  
67 modelling community to commence a renewed investigation of this important and complex  
68 pathogen.

69  
70 The blood-stage of malaria infection can be modelled as a variant of the ‘basic model’ of  
71 infection used for viral dynamics (7-13). However, the peculiarities of the parasite lifecycle –  
72 a prolonged development within the host red blood cell (RBC) followed by rupture, and the  
73 synchronised nature of parasite replication in many species, lend themselves to application of  
74 more complex modelling approaches such as age-structured ordinary differential/difference  
75 equation models (14-16), delay differential equation models (17), or partial differential  
76 equation models (18-20). By discussing, the similarities and differences between viral  
77 infections and malaria we hope to show the reader both the potential for the application of

78 existing virological modelling techniques to malaria, and the opportunities for developing  
79 new modelling approaches to address some of malaria's unique challenges.

80

### 81 **Outline of the parasite lifecycle**

82 The malaria parasite (*Plasmodium* genus) infects a wide variety of host species and has a  
83 complex lifecycle involving sexual reproduction occurring in the insect vector (21), and two  
84 stages of infection within a human (or animal host), a liver-stage (22) and blood-stage (23-  
85 25) (illustrated in fig. 1). Five species infect humans (*Plasmodium falciparum*, *P. vivax*, *P.*  
86 *malariae*, *P. ovale*, and *P. knowlesi*). Here we focus mainly on the most pathogenic species  
87 infecting humans, *P. falciparum*, and refer to differences with the other major human species,  
88 as well as peculiarities of commonly used animal models, where relevant.

89

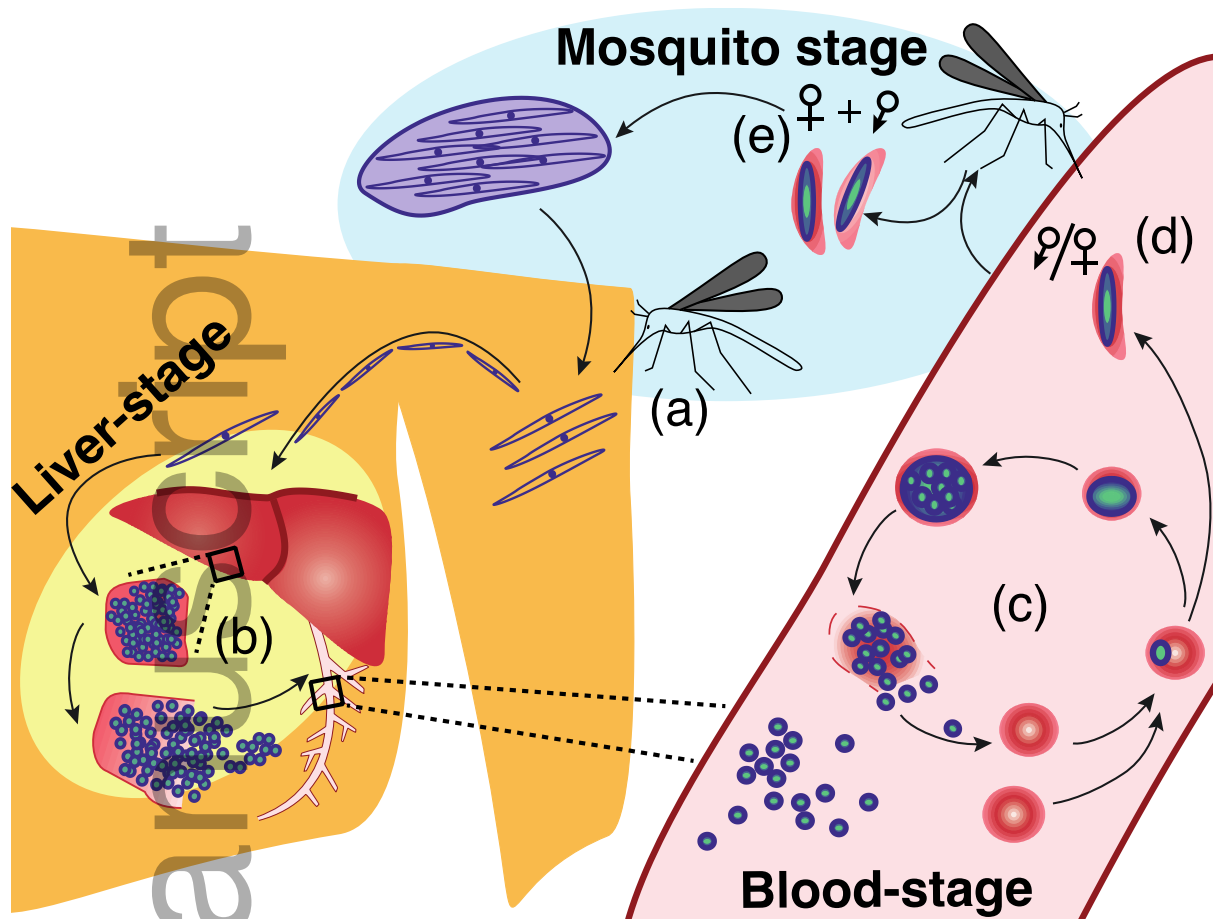
90 Human infection is initiated by mosquito transmission of the sporozoite form of *P.*  
91 *falciparum* during a blood meal (fig. 1a). The sporozoites find and enter the host peripheral  
92 circulation, and rapidly transit to the liver where they infect liver cells (hepatocytes) (fig. 1b)  
93 (22). The liver stage of infection lasts around a week in humans, is asymptomatic, and at  
94 present there are few experimental approaches for in vivo detection of parasites in the liver.  
95 The parasite replicates within the liver cell before rupturing to release  $\approx 40,000$  extracellular  
96 parasite forms, known as merozoites, into the host circulation (fig. 1b), where they may  
97 invade red blood cells (RBCs) to initiate blood-stage infection (fig. 1c) (24). Then follows a  
98 series of cycles of replication, rupture, and re-invasion of the RBC (fig. 1c). This so-called  
99 erythrocytic lifecycle is the primary focus of this review (25). Some asexual parasite forms  
100 commit to an alternative developmental pathway and become sexual forms (gametocytes)  
101 (fig. 1d) (23). Gametocytes can be taken up by mosquitos during a blood meal where they

102 undergo a cycle of sexual development to produce sporozoites (21) (fig. 1e), which completes  
103 the parasite lifecycle.

104

105 Asexual parasite development within RBCs is characterised by a series of morphological  
106 stages, readily identified by microscopy (fig. 1c) (23). The youngest stage is known as the  
107 ring stage, describing the appearance of the parasite vacuole as a ring-like structure within the  
108 recently infected RBC. As the parasite grows it assumes a larger and denser appearance  
109 termed the trophozoite stage. Following mitotic division of the growing parasite it reaches the  
110 final intraerythrocytic stage, the schizont, when the morphological appearance of small  
111 structures within the infected RBC signals the formation of between 8-32 daughter  
112 merozoites within the schizont. The schizont then ruptures to release daughter merozoites  
113 into the circulation, where they rapidly invade another host RBC, initiating the next cycle of  
114 replication.

115



116

117 **Figure 1: Illustration of the Plasmodium lifecycle.** (a) infection in a human or animal host  
 118 is initiated by a bite from an infectious mosquito. Sporozoite parasite forms are injected and  
 119 traverse the blood stream to the liver where they infect liver cells. (b) This initiates the liver-  
 120 stage of infection, which lasts around a week in humans. Once mature, these infected liver  
 121 cells rupture to release  $\approx 40,000$  merozoites into the blood. (c) Merozoites invade red blood  
 122 cells (RBCs) inside which the parasite matures into a schizont. Schizonts rupture to release  
 123 between 8-32 merozoites that can infect more RBCs. This asexual proliferation in the blood  
 124 of the host is called the blood-stage of infection and is the stage of the parasites lifecycle that  
 125 leads to pathogenesis. (d) Some parasite can commit to sexual development in the RBC,  
 126 producing gametocytes. (e) Gametocytes are taken up by mosquitos during a blood meal,  
 127 where sexual development occurs resulting in sporozoite formation.

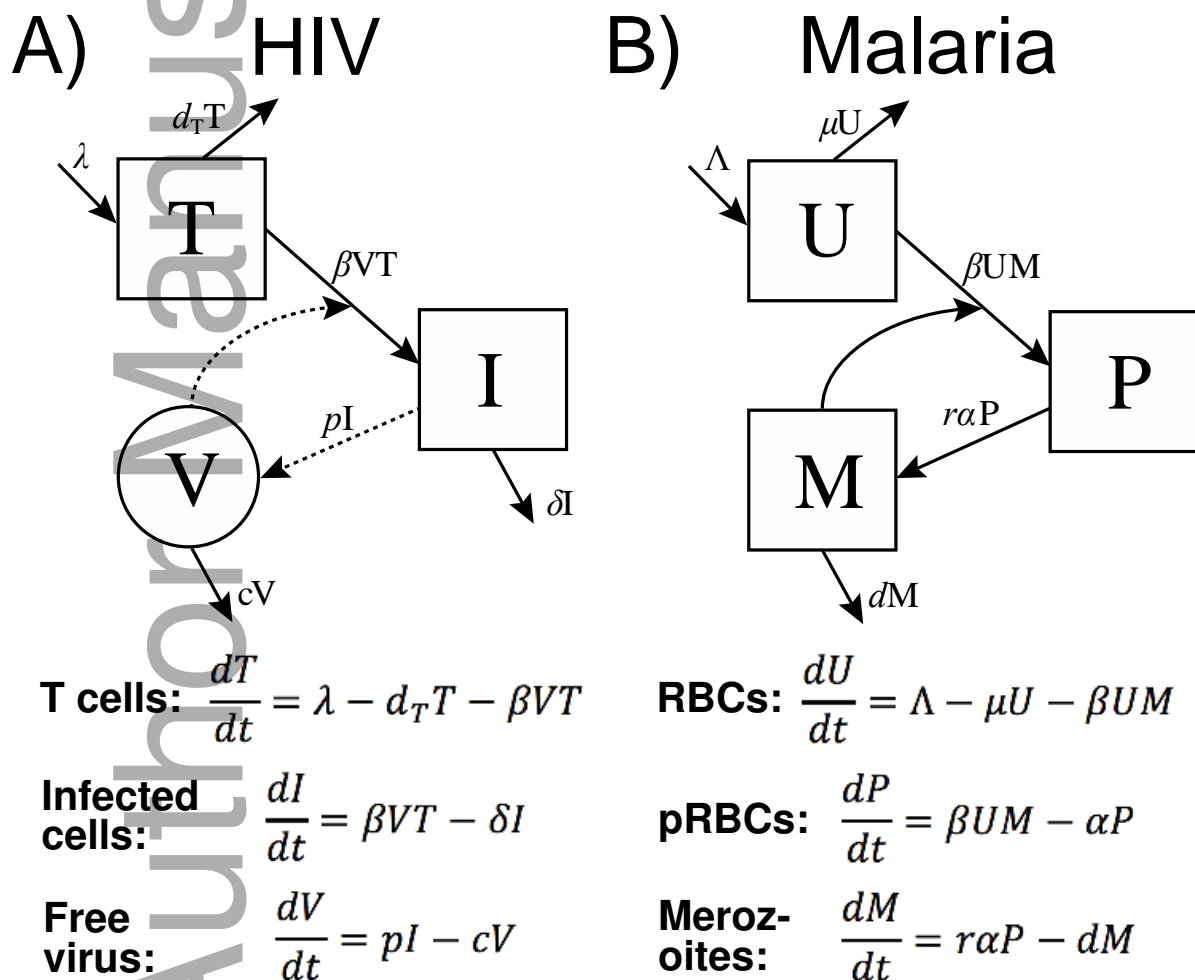
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129 **Parasite multiplication: The standard within-host model of Plasmodium parasite**  
 130 **replication**

131 The malaria parasite asexual cycle described above (fig. 1c) is very similar to the replication  
 132 cycle of many viruses, such as HIV. Both involve cycles of infecting cells ( $CD4^+$  T cells or  
 133 RBC), and short-lived extracellular stages (free virus, or merozoites). The “classical” model  
 134 of within-host parasite multiplication in malaria infections was formulated by Anderson et al.

135 in 1989 (9), and has a similar formulation to the standard viral replication model for HIV (26)  
 136 (fig. 2). This model tracks target cells, parasitised cells and extracellular parasites (7, 8).  
 137 Using these models as a starting point we will discuss some of the key similarities and  
 138 differences between viral infections and malaria, paying special attention to the key  
 139 opportunities for applied mathematicians and other quantitative experts to bring insights into  
 140 some of the many outstanding problems in malaria research.

141  
 142



143

144 **Figure 2: Schematic and equations of the standard models of within-host HIV and**  
 145 **malaria infections.** (A) The standard model of HIV infection. Target CD4<sup>+</sup> T cells,  $T$ , are  
 146 produced at rate  $\lambda$  and die at a natural death rate  $d_T$ . The infection of T cells depends on the  
 147 availability of T cells, the amount of free virus,  $V$ , and infectivity  $\beta$ . Infected cells,  $I$ , are lost  
 148 at rate  $\delta$ . Infected cells produce virus at rate  $p$ , and virus is cleared at rate  $c$ . The solid lines  
 149 indicate a transition of state (e.g. uninfected T cells becomes infected), whereas, the dashed

150 lines indicate an interaction that does not ‘use up’ the contributing population. For example,  
 151 virus production does not directly lead to the loss of the infected cell. Similarly, the infection  
 152 of T cells is related to the virus level but virus is not used up by infection in this standard  
 153 version of the model. (B) The standard model of Plasmodium infection. Uninfected red blood  
 154 cells (RBCs),  $U$ , are produced at rate  $\Lambda$  and lost at rate  $\mu$ . Parasitised RBCs (pRBCs),  $P$ , are  
 155 created when a merozoite,  $M$ , infects a RBC. This process depends on the availability of  
 156 uninfected RBCs, merozoites, and the infectivity  $\beta$ . Parasitised RBCs rupture at rate  $\alpha$ , with  
 157 each rupturing pRBC producing  $r$  merozoites. Merozoites are lost at rate  $d$ .  
 158

## 159 **Modelling the replication cycle of Plasmodium**

160 The standard model illustrated in figure 2 highlights a key difference in most models of viral  
 161 infections and malaria infection. Whereas, HIV virus production is often treated as  
 162 continuous and proportional to the number of infected cells (i.e. virus production does not  
 163 lead to cell death, though this is not always the case). On the other hand, merozoite  
 164 production only occurs when a mature parasitised RBC (pRBC) ruptures, releasing a brood of  
 165 merozoites (of size  $r$ ) (fig. 2). The standard model of Plasmodium infection tries to capture  
 166 this by including the production of merozoites as proportional to the loss of pRBCs (fig. 2B).  
 167 Interestingly, there is some debate about whether a continuous production of virus is realistic  
 168 for some viral infections (27-30), but that is a question for modellers in virology. For  
 169 modellers of Plasmodium infections, the issue of correctly modelling the rupturing of mature  
 170 pRBCs has been a major point of discussion, and for good reason given the unique  
 171 synchronous character of many Plasmodium infections.

172

### 173 **The problem of lifetimes**

174 Issues with the standard model of Plasmodium infection were first highlighted by Saul (31),  
 175 and is related to the distribution of possible life-times of pRBCs. In particular, Saul noted that  
 176 the parameter in this model that was defined as describing the number of merozoites  
 177 produced per infected cell ( $r$ ) gave a dramatic over estimate of the growth rate of infected  
 178 cells. Even though the model correctly captures the idea that  $r$  merozoites are produced at the

179 end of a pRBCs lifecycle, the model fails to capture realistic life-times of the pRBCs. The  
180 model uses an exponential process to describe the rate of rupture of pRBCs, and the rate of  
181 rupture ( $\alpha$ ) is chosen so that on average the life-time of pRBC matches the known time life-  
182 time of pRBCs (approximately 48 hours for *P. falciparum* and *P. vivax*). Despite this  
183 formulation of the model (with parasite rupture as an exponential process) giving a correct  
184 average life-time of pRBCs, it also ensures that many pRBCs will have a much shorter life-  
185 time (some even reaching maturity and rupturing almost instantly after invasion of the RBC),  
186 and some will have a much longer life-time. This means that some pRBCs will rupture  
187 immediately (and release  $r$  merozoites), and others will take much longer (even months), and  
188 still release  $r$  merozoites. This is not realistic, given the asexual lifecycle time is known to be  
189 relatively constant, and fast pRBC rupture leads to unrealistically high parasite growth rates.

190

### 191 **Modelling parasite life-times**

192 This observation by Saul (31), led to a number of other approaches to modelling parasite  
193 development and replication within a host. These other approaches included, a model that  
194 added many compartments representing a progression through a parasites lifecycle (which we  
195 refer to as the  $n$ -compartment model, fig. 3A) (14-16), delay differential equations to capture  
196 the time it takes infected cells to mature before producing merozoites (17), and the use of  
197 partial differential equations (PDE) to track the age structure of the pRBC population (18-20)  
198 (which we refer to as the PDE model, fig. 3B).

199

200 The  $n$ -compartment model has some interesting properties. The standard model (fig. 2B)  
201 produced an exponential distribution in the life-times of pRBCs with mean equal to 1 over  
202 the rate of pRBC rupture ( $1/\alpha$ ). However, the  $n$ -compartment model produces an Erlang  
203 distribution in pRBCs life-times, with the same mean, but with life-times more narrowly

204 distributed around this mean as the number of compartments ( $N$ ) increases (32, 33). This  
205 provides a useful way to control the variation in the parasite lifecycle. As  $N$  approaches  
206 infinity the distribution approaches the Dirac delta function, causing all pRBCs to have  
207 identical life-times.

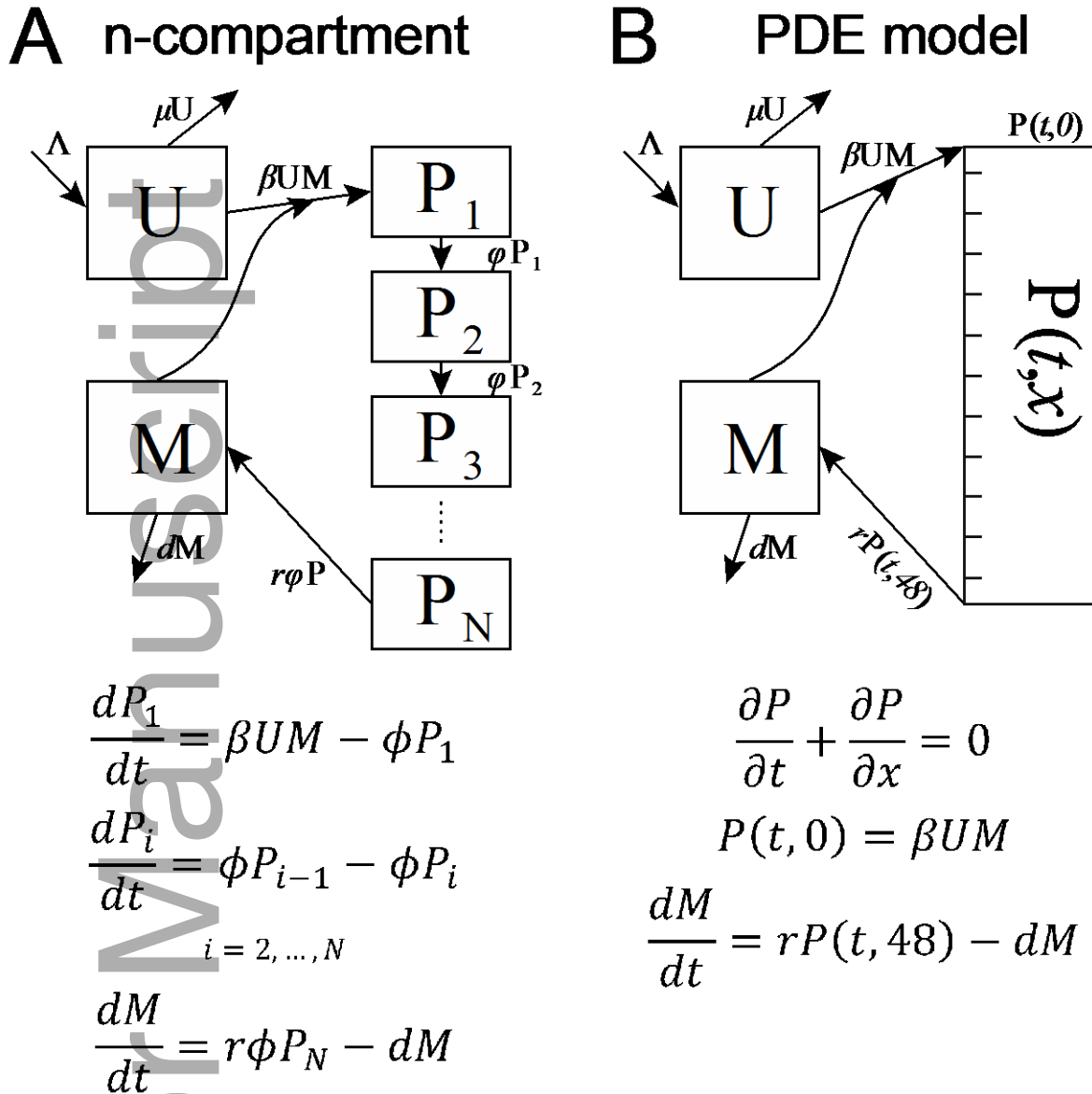
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209 The PDE model tracks the movement of the age-density of the parasite population through  
210 time. That is, with each step forward in time resulting in an equivalent increase in all  
211 parasites' ages. This model captures parasite invasion of RBCs in the boundary condition,  
212 which illustrates the birth of pRBCs of age zero, and merozoite creation is related to the  
213 number of mature pRBCs rupturing at age 48 h (fig. 3B). Alternatively, a parasite rupture rate  
214 that depends on the age of parasites can be included in this model. In this case the production  
215 of merozoites (fig. 3B), becomes a more complicated expression related to the integral of the  
216 rupture rate multiplied by the age-density of parasites (see (19, 34)). This PDE model is a  
217 more general formulation of an older model of parasite replication found in the literature,  
218 which tracked a normal distribution of pRBCs of different ages as they progress through time  
219 (35). Further, this PDE model is equivalent to the  $n$ -compartment model as the number of  
220 compartments approaches infinity, in that all pRBCs have identical life-times.

221

222 This issue of correctly capturing the life-times of pRBCs when modelling Plasmodium  
223 infections is perhaps most important because the lifecycle of infection within an individual  
224 host is often synchronous.

225



226

227 **Figure 3: Schematic and equations for two age-structured models of Plasmodium**  
 228 **infection.** (A) An ordinary differential equation (ODE) model extending on the standard  
 229 model in figure 2B. The parasitised RBC compartment from the standard model is split into  
 230 N discrete stages of development. The rate of transition between stages is given by  $\phi$ , and  
 231 chosen such that  $\phi = N/48$ , to ensure an average parasitised red blood cell (pRBC) life-time  
 232 of 48 hours. The form of the equations for merozoites,  $M$ , is equivalent to that in the standard  
 233 model except only the mature pRBC compartment,  $P_N$ , contributes to merozoites production.  
 234 We refer to this model as the n-compartment model. (B) A partial differential equation (PDE)  
 235 model of parasite development. In this model  $P$  represents the age-density of pRBCs at time  
 236  $t$ , where  $x$  is parasite age in hours. The structure of this PDE is such that for every hour of  
 237 time that passes all parasites will mature by one hour. The infection of RBCs is defined by  
 238 the boundary condition of the PDE. The equation describing merozoites has the same form as  
 239 the classical model except that production of merozoites at any given time is proportional to  
 240 mature pRBCs,  $P(t, 48)$ . The total pRBCs at any given time is given by  $\int_0^{48} P(t, x) dx$ . We  
 241 refer to this model as the PDE model. In both model (A) and (B) the uninfected RBC  
 242 equation,  $U$ , is identical to that shown in the classic model in figure 2B.

243

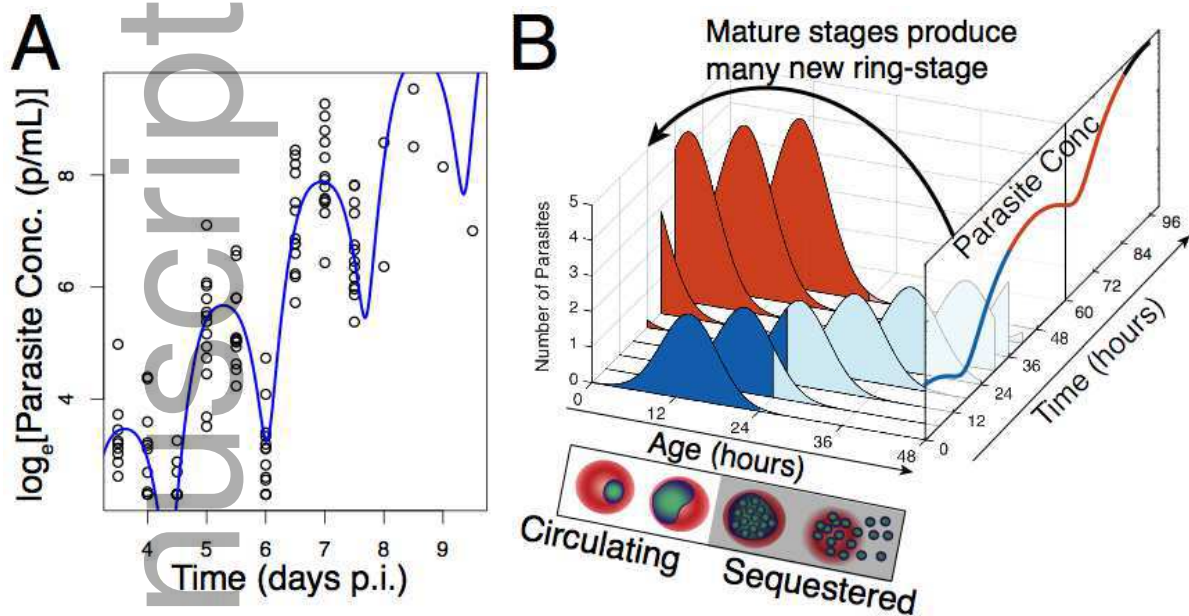
244 **Synchronous Parasite Replication**

245 Very early studies of malaria (even before it was agreed that it was caused by an infectious  
246 agent) noted patients experienced periodic fevers every 48 hours ('tertian fever', as seen with  
247 the most common human Plasmodium species, *P. falciparum* and *P. vivax*) or every 72 hours  
248 ('quartan fever', as seen with *P. malariae*) (36, 37). It became commonly accepted that this  
249 periodicity in fever was the result of synchronous cycles of simultaneous rupture of infected  
250 RBC, releasing pyrogenic toxins into the circulation (36). The stereotypic pattern of periodic  
251 fevers in Plasmodium infection may not be universal, for a range of reasons, including  
252 multiple, out-of-phase, releases of merozoites from the liver or multiple concurrent  
253 infections. However, synchrony has been confirmed in experimental human Plasmodium  
254 infections where it has been possible to track parasite numbers in individuals that have  
255 received deliberate infection either for treatment of neurosyphilis (before the discovery of  
256 penicillin), or more recently for drug and vaccine development (38-42). In these studies it is  
257 clear that parasite numbers increase periodically (fig. 4A). Importantly, we observe that the  
258 standard model proposed in figure 2B cannot account for the periodic structure of the growth  
259 of parasites observed in individuals infected with *P. falciparum*. This creates an issue because  
260 some of the traditional concepts of infection, such as the 'growth rate', become less  
261 meaningful when applied to a synchronous infection (Box 2). However, models similar in  
262 construction to both the n-compartment and PDE models have been used to capture  
263 synchronous infection dynamics (43, 44).

264

265 The synchronous nature of many malaria infections raise some important questions that  
266 remain to be resolved. In particular, how does the parasite co-ordinate or maintain a  
267 synchronous infection? And why do some Plasmodium species mature and rupture

268 synchronously in some individuals? What advantage is gained by the parasite? (Be aware that  
 269 there are examples of highly synchronous (45) and asynchronous *Plasmodium falciparum*  
 270 infections (46) recorded in the literature).



271

272 **Figure 4: Synchronous infection *Plasmodium falciparum* infection and sequestration in**  
 273 **humans.** (A) Parasite concentration data of individuals ( $n=13$ ) infected with *P. falciparum*  
 274 3D7 parasites in a controlled human malaria infection study (CHMI, Box 4) (42). Data prior  
 275 to treatment is shown. The blue line indicates a model similar to that presented in fig. 3B,  
 276 which has been fit to the data using mixed effects approaches. The laboratory strain of *P.*  
 277 *falciparum* used in this challenge study has a 40 hour lifecycle (43). (B) An illustration of  
 278 waves of semi-synchronous pRBCs maturing through the ring, trophozoite and schizont  
 279 stage. The first generation of pRBCs is shown in blue. As this population reaches 24 hours  
 280 into its lifecycle the pRBCs sequester (shown in pale blue). Once these pRBCs rupture they  
 281 release merozoites that infect more RBCs, generating a new generation of pRBCs (shown in  
 282 red). The ratio of the peak of the second wave of pRBCs compared with the peak of the first  
 283 generation is equivalent to the parasite multiplication rate (PMR). In circulation we typically  
 284 do not distinguish between parasites based on age, and so we only see the total circulating  
 285 parasite concentration oscillating as it increases.  
 286

287 How does the parasite maintain synchronous infection cycles?

288 One simple mechanism by which parasites might establish and maintain synchronous

289 infection is by having fixed lifecycle times. If this were the case then merozoites (which only

290 have a very short life-time in which they remain viable, (approximately 10 minutes (47))

291 would be released from the liver stage and rapidly invade RBCs. Subsequent infected pRBCs

292 would all have a fixed 48 hour lifecycle, and they themselves would rupture releasing short-  
293 lived merozoites, which would then establish another generation of pRBCs with a fixed  
294 lifecycle. However, any deviation from this would tend to allow desynchronization of the  
295 parasite population over time. Further, it has recently become clear that host factors such as  
296 the level of immune response and nutrient availability may affect the lifecycle of the parasite  
297 (48, 49), which may lead to asynchrony. Thus, how synchrony is maintained in the face of  
298 variable lifecycle and exposure to host responses presents an interesting question for  
299 modelling.

300

301 One modelling study proposed to explain parasite synchrony by suggesting that fever itself  
302 may provide a synchronising force during infection (50). Using a difference equation version  
303 of the n-compartment model with 2 or 4 compartments, the paper explored the idea that if  
304 fever is lethal or inhibitory in some way to older parasites then it may remove any  
305 asynchronous ‘tail’ of parasites at every replication cycle, providing a simple explanation for  
306 the maintenance of synchronicity. That is, as the dominant population of parasitised RBCs  
307 reaches maturity in unison, they will rupture the RBCs and induce a burst in host  
308 inflammation leading to fever. This fever will then kill any ‘slow’ parasites that have not yet  
309 ruptured. This implies that during each cycle of parasite replication and rupture, any  
310 distribution in times to parasite rupture is trimmed by the tail of that distribution being  
311 destroyed. However, a weakness to this explanation is that it relies on fever being present to  
312 maintain a synchronous infection; recent development of controlled human malaria infections  
313 in volunteers has allowed us to study parasite synchrony in individuals with no fever. From  
314 this data, it is clear that parasite synchrony exists even before fever or other symptoms appear  
315 (fig. 4A).

316

317 The advantage of a synchronous infection

318 The length of the asexual cycle (and periodicity of fever) varies for each Plasmodium species,  
319 with *P. falciparum* and *P. vivax*, the two most prevalent human species both having a 48-hour  
320 lifecycle. However, the less common *P. malariae* has a 72-hour asexual cycle, and the  
321 zoonotic *P. knowlesi* has a 24-hour asexual cycle. It is striking that the various species'  
322 lifecycles, as reported in the literature, are all multiples of 24 hours. Murine studies (Box 1)  
323 suggest that Plasmodium may synchronise with the host diurnal rhythm, and that falling out  
324 of synchrony with the host may restrict parasite growth (reviewed in (51)). For example,  
325 Reece and colleagues compared parasite growth in mice kept in a typical day-night cycle, and  
326 another group housed in an artificial day-night cycle, 12 hour out of phase. When both groups  
327 were infected with the same Plasmodium chabaudi parasite inoculum (a rodent species),  
328 parasites proliferated more rapidly in the mice housed in the typical day night cycle (52).  
329 This suggests that parasites replicating synchronously perform better if the mature parasites  
330 rupture and merozoite release occurred at a particular time (i.e. in the evening). Further, it  
331 seems that when infections are induced out of sync with the host circadian cycle that the  
332 parasites shift their periodic pattern to become more synchronised with the host day-night  
333 cycle (53). This indicates, not only that the parasite gains some benefit from keeping a  
334 particular asexual cycle matched with host circadian factors, but that the parasite can alter its  
335 asexual cycle time to bring it in line with the host circadian rhythm. It has been suggested  
336 that this may be due to changes in host macrophage function, and the varying ability to clear  
337 parasites from circulation at different times. However, very recent work suggests that host  
338 feeding cycles and metabolic processes, and circadian fluctuations in the production of  
339 inflammatory cytokines may be involved (54, 55).

340

341 While synchronised parasite replication is a common feature of human (and some animal)  
342 Plasmodium species, it is not universal. *P. berghei* for example, a common species studied in  
343 mice, will desynchronise over the course of infection (56). The 48-hour lifecycle in human  
344 infection can also be perturbed, as a commonly studied laboratory strain of *P. falciparum*,  
345 known as 3D7, has been shown to grow with a 40 hour lifecycle both in vitro and in vivo (43,  
346 57). The dynamics, mechanisms, and fitness advantages of synchronisation amongst the  
347 parasite population and with host cycles remains an exciting field on which modelling may  
348 be able to shed further light.

349

350 **Box 1:** Experimental models of malaria infection

351 Tracking the natural course of Plasmodium infections in humans is rarely possible  
352 without treatment (a few exceptions, Box 4). However, “animal models” are  
353 commonly used to study the course of Plasmodium infections, as well as host  
354 responses and other host-parasite factors that play an important role during infection.

355 The most common animal models used to study malaria are mouse models. The  
356 rodent parasite species used in such studies include *Plasmodium berghei*, *Plasmodium*  
357 *yoelii* and *Plasmodium chabaudi*. Depending on the strain of each of these species  
358 and the mouse line used, these infections have very diverse phenotypes. For example,  
359 there are lethal and non-lethal strains of *P. yoelii* and *P. chabaudi*, and while *P.*  
360 *berghei* ANKA can cause rapid onset of illness and mortality within a week in  
361 C57BL6 mice, in Balb/c mice the infections are less virulent with mice surviving  
362 twice as long. Further, *P. berghei* ANKA infection in C57BL6 mice reaches a  
363 parasitemia of only about 10% by day 6 or 7 day of infection, at which point mice  
364 succumb to severe neurological symptoms. On the other hand, non-lethal *P. yoelii*  
365 XNL infection, in the same mice, reaches up to 50% parasitemia, but is completely

366 resolved by the mice without intervention, rendering the mice protected from  
367 subsequent challenges with the same parasite species. Other animal models are also  
368 used to study malaria, in particular, avian and primate malaria models (Owl monkeys,  
369 *Aotus* monkeys, squirrel monkeys) (58-60). However, these are far less common.

370

371 The applicability of conclusions from these animal studies to human infection has  
372 been discussed extensively (61, 62). There is some agreement that these models might  
373 be useful for studying immunological responses to infection, but there is also some  
374 criticism of these experimental models, in particular for their use in understanding the  
375 pathogenesis of neurological disease in severe malaria, since there are a number of  
376 features of the manifestation of disease in these models that is quite different to that  
377 seen in human infection (62). Animal models are very useful in that they allow us to  
378 assess host and parasite interactions beyond what would be possible in human  
379 infection. However, caution is always required when relating results from animal  
380 models to human infection.

381

382

383 **Box 2:** Growth rate, parasite multiplication rate (PMR) and  $R_0$

384 Whereas we would typically talk about the growth rate of a viral infection (meaning  
385 the exponential rate, per unit time of viral growth), in the case of *Plasmodium*  
386 infection it is less clear how best to describe the “growth rate”, because the parasite  
387 population typically increases with a periodic structure. The most commonly used  
388 term to describe parasite growth is the parasite multiplication rate (PMR) (or less  
389 commonly parasite multiplication factor (PMF)), which refers to the fold-increase in  
390 the parasite population per replication cycle (i.e. usually the fold increase in parasite

391 load over 48 hours in *P. falciparum* infection). The PMR can be interpreted as the  
392 average number of progeny of each infected RBC, over a single replicative cycle.  
393 This is similar to the within-host basic reproductive number ( $R_0$ ) often discussed in  
394 viral infections, which represents the average number of progeny of an infected  
395 individual within its infectious life-time. Common estimates of the PMR in early  
396 infection in previously unexposed individuals have ranged between 8-17 for *P.*  
397 *falciparum* (39, 57, 63-65). The PMR is the average number of progeny of a single  
398 pRBC and so includes in it the probabilities that some pRBCs will not survive to  
399 produce merozoites, and that not all merozoites produced will successfully infect  
400 RBCs.

401

## 402 **Where do all the parasites go? Sequestration in *P. falciparum*** 403 **infection**

404 An important feature of *P. falciparum* infection is that the late-stage pRBCs (older than  
405 approximately 24 hours (35)) are not typically observed in the peripheral circulation of  
406 infected individuals (66). This is because these late-stage pRBCs adhere to the walls of blood  
407 vessels causing them to accumulate in the microvasculature of host organs, including the  
408 brain, lungs, liver, spleen – making them undetectable in the circulating blood of a host (67).  
409 This is known as sequestration. Measures of parasite concentration (Box 3) that rely on  
410 counting infected cells in a sample of blood from the peripheral circulation are limited in that  
411 they only quantify the circulating forms of *Plasmodium falciparum* (rings and young  
412 trophozoites) but cannot detect sequestered forms (late trophozoites and schizonts). The  
413 sequestration of parasites is not merely an impediment to accurate measurement of parasite  
414 numbers in the blood. It is also thought to be directly responsible for much of the

415 pathogenesis of malaria, with parasite accumulation in organs such as the brain and lung  
416 believed to be important drivers of clinical illness (i.e. malaria – which is the name of the  
417 disease caused by infection with Plasmodium parasites, rather than the parasite itself) (68-  
418 72). Therefore, the ability to measure or estimate sequestered parasite biomass in host organs  
419 is an important goal for modellers.

420

421 **Box 3:** Measuring circulating parasite concentration

422 Malaria is not a parasite. Malaria is a disease caused by infection with Plasmodium  
423 parasites. A common clinical definition of malaria, is an individual presenting with a  
424 fever (temperature above 37.5°C), and more than 5000 Plasmodium parasites/ $\mu\text{L}$   
425 detected in the blood of the individual (73).

426

427 **Microscopy:** Plasmodium parasites are most commonly detected and quantified in an  
428 individual by preparing a blood smear and, using a microscope counting the number  
429 of infected RBCs (microscopy). Parasite counts performed by microscopy can either  
430 be given as the percentage of total RBCs that were infected (parasitemia), or as a  
431 concentration of parasites per unit volume (e.g. p/ $\mu\text{L}$ ). In fact, one can readily convert  
432 between these two units by using the measured red cell count (typically  
433 approximately  $5 \times 10^9/\text{mL}$ ), the hemoglobin level, or making assumptions based on  
434 patient age, weight and gender. Typically, rather than counting the number of infected  
435 RBCs as a fraction of uninfected RBCs, microscopists count the number of infected  
436 RBCs as a fraction of the number of white blood cells (WBCs) they observed on the  
437 microscope slide. This is most common because WBCs are readily counted, are less  
438 common ( $4.5 - 11.0 \times 10^6/\text{mL}$ ). Therefore, when counting the fraction of RBCs  
439 infected it is much faster to count only a small number of WBCs rather than all of the

440 uninfected RBCs on the slide. One can then convert measures of infected RBCs per  
441 WBC into parasitemia. However, this conversion usually assumes a fixed ratio  
442 between RBCs and WBCs. This may be inaccurate, since we expect the number of  
443 WBCs in circulation to increase due to infection, and the number of RBCs to decline  
444 as Plasmodium infection commonly causes anaemia. Unless the white cell count is  
445 also measured some errors may be introduced by this approach.

446  
447 PCR: It is generally reported that a thick film blood smear has a limit of detection, in  
448 the hands of an expert microscopist, of approximately 20 p/ $\mu$ L. However, there are  
449 instances in which it is desirable to measure parasites at lower concentrations than  
450 microscopy will allow, such as in control human malaria infection (CHMI, Box 4)  
451 studies. In these instances quantitative PCR (qPCR) can be used to quantify parasite  
452 concentrations as low as 20 p/mL (i.e. 1000 fold more sensitive than microscopy). An  
453 important difference to note with PCR approaches to measuring pRBCs is that these  
454 methods rely on amplifying and quantifying the amount of parasite DNA in a sample.  
455 Since pRBCs begin to synthesize parasite DNA during their development, individual  
456 pRBC may have up to 32 genomes (DNA copies). Thus, the amount of DNA in a  
457 sample is not necessarily equivalent to the number of pRBCs (which is what is  
458 measured by microscopy). In the case of *P. falciparum* this is not an important  
459 confounder, since the mature parasites stages that would have multiple genome copies  
460 (schizonts) are sequestered and not circulating, but in the case of other parasite  
461 species that do not sequester this factor may be a consideration.

462

### 463 **Modelling to estimate the sequestered parasite load**

#### 464 Models of pRBC dynamics to estimate sequestration

465 A simple way to adapt the standard model (fig. 1) to explore sequestration is by splitting the  
466 pRBC compartment into circulating pRBC and sequestered pRBC compartments (19, 74, 75).  
467 Newly parasitised RBCs occupy the circulating blood compartment, transit to the sequestered  
468 compartment, and then rupture to produce merozoites, and ultimately give rise to a new  
469 generation of infected cells in the blood. Such a model was used to fit patient data from The  
470 Gambia, which monitored the parasite concentration in individuals with cerebral malaria  
471 following treatment (74). This model then estimated the sequestered parasite load in each  
472 individual, and found a correlation between the sequestered parasite load in an individual and  
473 risk of mortality. However, this model suffers from the issue of not accurately capturing the  
474 life-times of pRBCs, which we outlined above. The same authors also included sequestration  
475 into the n-compartment model (fig. 3A) by defining circulating parasites ( $\bar{P}$ ) as the sum of all  
476  $P_i$  compartments that correspond to parasites less than 24 hours old (fig. 5A) (44). The  
477 authors fitted this model to more parasite concentration data from patients treated for malaria  
478 and estimated the sequestered parasite loads. This model relies on the structure of the  
479 declines (or sometimes transient rises) in circulating parasite concentration after treatment in  
480 each individual in order to infer the number of sequestered pRBCs they harbour. However, it  
481 is assumed that drug effect is constant over the period of observation, which is unlikely, and  
482 in fact the constant drug effect may itself influence the shape of the decline in pRBCs after  
483 treatment, confounding this approach.

484

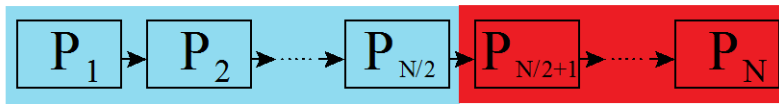
485 Sequestration can be readily incorporated into the PDE model (fig. 3B). In the PDE model,  
486 the circulating parasite load ( $\bar{P}$ ) can be defined as the integral of the pRBCs population over  
487 the ages,  $x$ , between 0 and 24 hours (first half of the parasite lifecycle) (35, 43), which  
488 implies that all pRBCs between 24 and 48 hours are sequestered (fig. 5B). This model has  
489 been applied to fit data from studies in which volunteers received deliberate infections with

490 *P. falciparum* (43) (e.g. fig. 4A, Box 4). Unlike in a hospital setting, where malaria patients  
491 are quickly treated, in these deliberate infections, the natural course of pRBC multiplication  
492 before drug treatment can be tracked (fig. 4A). From these parasite growth curves one  
493 quickly observes, a) the synchronous rupture of mature pRBCs, b) that the release of  
494 merozoites is responsible for the periodic rises in parasite concentration in these individuals,  
495 and c) that the periodic troughs in parasite concentration correspond to the mass sequestration  
496 of pRBCs as they mature (fig. 4B). Given this direct connection between oscillations in the  
497 parasite growth curve and sequestration, one might expect that accurate estimates of the  
498 sequestered pRBC parasite load would be obtained when fitting models to this data.

499

500 There are alternative ways to model sequestration. In particular, the models discussed above  
501 all assumed that all parasites sequester instantaneously at a specific parasite age, rather than  
502 at as a process occurring at some rate (e.g. fig. 5C, (15, 35)). This might be reasonable for *P.*  
503 *falciparum* given the almost complete absence of late-stage pRBCs in peripheral circulation.  
504 However, other species, such as *P. vivax* and some *Plasmodium* species in animals, exhibit  
505 weak cytoadhesion properties (76, 77), allowing only partial sequestration of late-stage  
506 pRBCs. Further, some studies have suggested in *P. falciparum* infection that inflammation  
507 can expose more tissue sites to pRBC adherence (67, 72, 78). Hence, there may be scope for  
508 more mechanistic models of parasite sequestration in *Plasmodium* infections that consider the  
509 interaction of sequestration sites and pRBCs as well as the affinity of “binding” to these sites.

## A n-compartment



$$\bar{P}(t) = \sum_{i=1}^{N/2} P_i(t) \quad \bar{S}(t) = \sum_{i=N/2+1}^N P_i(t)$$

## B PDE model

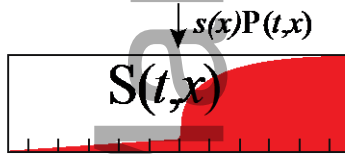


$$\bar{P}(t) = \int_0^{24} P(t, x) dx \quad \bar{S}(t) = \int_{24}^{48} P(t, x) dx$$

## C Rate of sequestration



$$\frac{\partial P}{\partial t} + \frac{\partial P}{\partial x} = -s(x)P(t, x)$$



$$\frac{\partial S}{\partial t} + \frac{\partial S}{\partial x} = s(x)P(t, x)$$

$$\bar{P}(t) = \int_0^{48} P(t, x) dx \quad \bar{S}(t) = \int_0^{48} S(t, x) dx$$

510

511 **Figure 5: Schematic and equations illustrating how age-structured Plasmodium models**  
 512 **can be extended to account for sequestration.** (A) Sequestration can be included in the n-  
 513 compartment model (fig. 3A) by defining the sequestered parasite load,  $\bar{S}$ , as the sum of all  
 514 parasite compartments in the second half of the parasite life cycle (shaded red, i.e.  $P_i$  where  
 515  $i > N/2$ ). The sum of the parasite compartments that correspond to parasites less than half-  
 516 way through their life cycle (shaded blue, i.e.  $P_i$  where  $i \leq N/2$ ), are defined as the total  
 517 circulating parasite load,  $\bar{P}$ . (B) In the PDE model (fig. 3B), the total circulating ( $\bar{P}$ ) and  
 518 sequestered parasite loads ( $\bar{S}$ ) are defined as the integral of the age-density of parasites,  
 519  $P(t, x)$ , over the first and second halves of the parasite life-cycle, respectively. (C) Instead of  
 520 assuming all parasites sequester instantaneously once they reach a particular age,  
 521 sequestration can be thought of as a process occurring at some rate,  $s(x)$ , which also depends  
 522 on parasite age,  $x$ . This model requires the introduction of a new compartment to capture  
 523 sequestered,  $S$ , versus circulating,  $P$ , parasites. The total circulating and sequestered parasite  
 524 loads in this case are simply given by the integral over all parasite ages of the age-density  
 525 functions for circulating and sequestered parasites respectively.  
 526

527

528 **Box 4:** The history of deliberate malaria infection and a resource for modellers  
529 Parasite growth curves, such as that in figure 4, are usually not observable because it  
530 is typically unethical to observe infection within an individual without treating them.  
531 Prior to the advent of modern antibiotics, some neurosyphilis patients were  
532 deliberately infected with Plasmodium so that the malaria induced fevers would assist  
533 with controlling their syphilis infections (caused by the bacterium *Treponema*  
534 *pallidum*) (79-81). These studies produced a unique data set of the daily  
535 measurements of parasite numbers within individuals without treatment, that has been  
536 long studied (39, 40, 50, 82-86). More recently, a number of groups have established  
537 protocols for highly controlled infections of volunteers with Plasmodium parasites to  
538 study vaccine and drug efficacy, often referred to as controlled human malaria  
539 infections (CHMI) (42, 87-93). These experimental systems use highly sensitive  
540 techniques, such as real-time PCR, to quantify very low levels of parasites in the  
541 peripheral circulation (94-96). Individuals are then treated before parasitemia reaches  
542 a level that is detectable by microscopy (that is, infected RBCs observable on a blood  
543 smear using a microscope) or which would cause illness.

544

545 Douglas and colleagues have developed and compared a number of modelling  
546 approaches to measure the parasite multiplication rate and to estimate initial parasite  
547 inoculum using data from CHMI studies (note that they have also made much of this  
548 data freely available to the modelling community online, see reference (57)). These  
549 include (1) direct estimates of the PMR by taking the ratio of adjacent peaks from the  
550 parasite growth curves, (2) fitting an exponential growth curve to the data to estimate  
551 the growth rate and converting this to PMR using a simple relationship, (3) fitting an  
552 exponential growth model with a sine function to capture the periodicity of infection

553 (39), and (4) more mechanistic models of parasite replication that consider waves of  
554 parasites with normally distributed age structures, moving through the development  
555 cycles and producing progeny at the end of the development cycle (35). The first  
556 method is limited in that it does not use all available data to estimate the PMR, and so  
557 potentially gives wider confidence intervals on estimates. The second method uses  
558 more of the available data but disregards the periodic structure of the parasite growth  
559 curve. The third model uses all of the data and is able to capture periodicity, but  
560 requires more parameters. The fourth model is able to use all of the data and is  
561 sympathetic to the underlying biological processes governing the parasites growth  
562 curve, but it has twice as many parameters as the exponential growth (second) model,  
563 and can be difficult to fit, especially if data is sparse (35). Bejon et al. fitted these  
564 models to their CHMI data and estimated the PMR in each case. They argue that  
565 the PMR estimates from each approach yield very similar estimates of the PMR and  
566 suggest that the exponential model is sufficient for estimating the PMR in CHMI  
567 studies (57).

568  
569 These methods have been used to analyse and compare the growth rates of  
570 experimentally inoculated parasites in immune adults from a malaria endemic region  
571 with naïve individuals in the UK. This demonstrated slower growth rate of parasites  
572 in immune individuals (PMR  $\approx 2.4$ ) than in malaria naïve individuals (PMR  $\approx 8$ ) (63),  
573 consistent with acquired immunity acting at the blood stage.

574  
575 Fitting the exponential growth model not only provides an estimate of the parasite  
576 growth rate (and PMR) but gives an estimate of the starting inoculum of parasites in

577 the blood, which has been used to assess whether an experimental liver stage vaccine  
578 has reduced the release of merozoites from the liver into blood (97).

579

580

581 Using circulating proteins to estimate sequestered parasites

582 An alternate approach for estimating the number of sequestered pRBCs used the  
583 concentration of a protein produced by the parasite (e.g. PfHRP2 or pLDH) in the host  
584 circulation (68, 98). In one study, the level of PfHRP2 was combined with a mathematical  
585 model of the production of the protein by the parasite and subsequent clearance from host  
586 circulation, to provide an estimate of total parasite load in the individuals (68). Using the  
587 concentration of PfHRP2, and the mathematical model, it was again shown that this metric of  
588 sequestration was a strong predictor of disease severity and death, and was a better predictor  
589 than circulating parasite concentration alone.

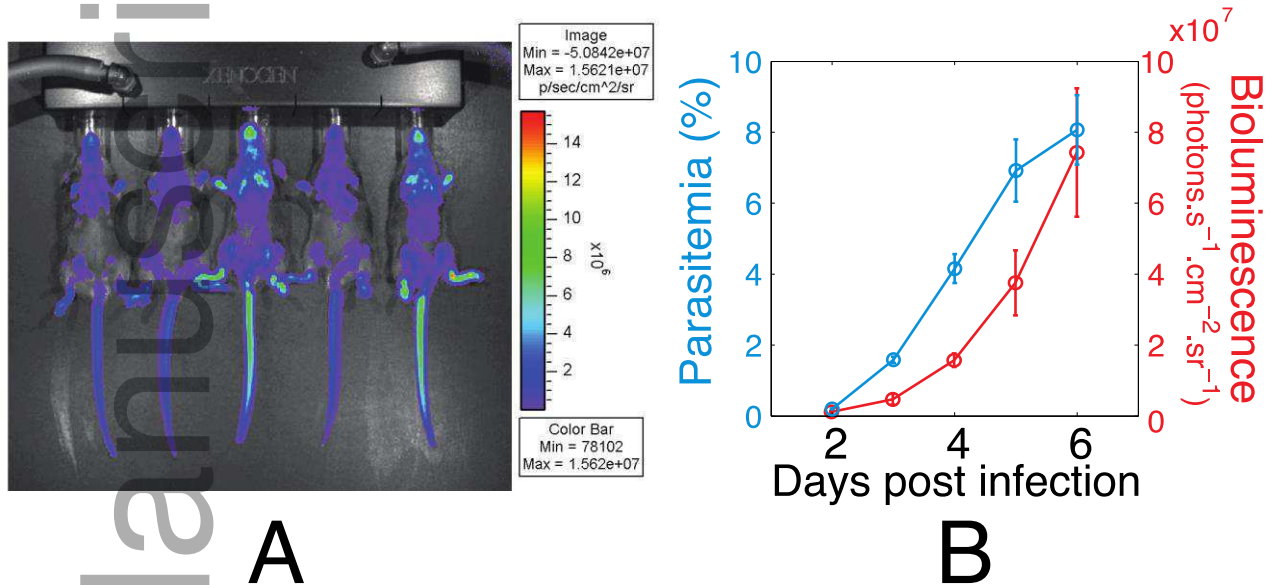
590

591 Measuring parasite sequestration in the mouse

592 In mice, another interesting method of determining total parasite burden has been genetically-  
593 modified rodent Plasmodium parasites (*Plasmodium berghei* ANKA) that express luciferase  
594 (an enzyme found naturally in fireflies, which catalyses a chemical reaction with luciferin,  
595 resulting in bioluminescence) (99, 100). Infected, anaesthetised mice are photographed with a  
596 sensitive CCD camera, such that the intensity of light emitted provides a measure of total  
597 parasite burden (fig. 6). This tool has proved useful as a metric for parasite burden, which can  
598 be collected in parallel with measurement of the host's circulating parasitemia (19).

599 However, the bioluminescence is only a relative measure of parasite load over time and, on  
600 its own, is not directly comparable to parasite load and concentration in blood. A model to  
601 link these would be of value (19). Considerations of the model should include the non-

602 uniform distribution of parasites across the hosts body (with many parasites accumulating in  
 603 the different organs, causing hot spots of parasites such as in the lung, fig. 6), as well as the  
 604 transformation of a 3D mouse into a 2D image, resulting in the superposition of many layers  
 605 of the mouse's body.  
 606



607

608 **Figure 6: Using luciferase to measure total parasite load in mice.** (A) An example of the  
 609 bioluminescence data collected from C57BL6 mice, infected with a transgenic *P. berghei*  
 610 ANKA that expresses luciferase (PbA-Luc). This image was collected on day 6 after  
 611 infection. Data is from (101). Note the bright appearance of the chest area, which indicates  
 612 pRBC accumulation in the lungs. (B) A summary figure showing the circulating parasitemia  
 613 and total bioluminescence measurements (intensity measured as photons per second per  
 614 square-centimetre per steradian) taken from C57BL6 mice (n=6) infected with PbA-Luc over  
 615 a 6-day infection. Data from (19).  
 616

### 617 Why hide? The mechanism and purpose of sequestration

618 Thus far we have made no comment regarding the purpose of sequestration, which may be  
 619 worthy of discussion. The sequestration of parasites in tissues is not merely passive  
 620 ‘trapping’ of infected cells. The parasite actively inserts proteins into the infected RBC  
 621 membrane, making cells ‘stick’ to the host endothelium. The pRBC surface ligands and host  
 622 endothelial receptors associated with *P. falciparum* cytoadherence and sequestration have  
 623 been studied in detail with some understanding of the main ligands and receptors responsible

624 (such PfEMP1 (P. falciparum erythrocyte membrane protein 1) and CD36, reviewed in  
625 (67)). However, similar to the synchronisation of infection, it is not well established what  
626 benefit parasites gain from sequestration. Although a number of hypotheses have been  
627 proposed (67), the central paradigm is that sequestration allows parasites to evade host  
628 removal of circulating pRBC by the host spleen (75, 102, 103). The spleen is a filtration  
629 system for the blood, removing debris, extracellular pathogens, as well as old, damaged or  
630 infected RBCs whose deformability is altered (104, 105). Thus, pRBCs are thought to evade  
631 circulation through the spleen and splenic removal by adhering to the walls of blood vessels.  
632 It is thought that mature stages are more likely to be cleared, and thus parasites sequester  
633 mainly in the second half of their cycle (106). This hypothesis is supported by evidence  
634 showing that splenectomised individuals have worse outcomes in infection, are susceptible to  
635 hyperparasitemia and have slower clearance of infection after drug treatment (104, 107, 108).  
636  
637 Contrary to the above hypothesis, in some experimental systems removing the spleen  
638 (splenectomy) causes slower parasite growth rates. This is true in mouse models (100), as  
639 well as P. falciparum infected monkeys (109), and suggests that under some circumstances,  
640 the spleen promotes parasite proliferation. Furthermore, in vivo imaging of pRBCs in mice  
641 (as described above, fig. 6) shows a hot spot of pRBCs in the spleen, suggesting that pRBCs  
642 could accumulate in this organ (100). Therefore an alternative hypothesis is that sequestration  
643 allows pRBCs to rupture in favourable environments (67). Perhaps locations such as the  
644 spleen or lungs, despite containing high concentrations of phagocytic cells, place pRBCs in  
645 close proximity to favourable RBC targets. Or perhaps there are multiple benefits to  
646 sequestration for the parasite. One study in mice supports the latter suggestion (77). It found  
647 that gene knock-out P. berghei parasites, lacking the gene responsible for producing the  
648 ligand thought to be involved in sequestration, grew more slowly than wild-type counterparts.

649 The advantage gained by sequestering, was more than could be accounted for by evading host  
650 clearance alone, suggesting that sequestration afforded the parasite an additional advantage  
651 (77). The benefits of sequestration for pRBCs remains an unresolved question, and a formal  
652 comparison of models that consider the various proposed hypotheses (67) might provide new  
653 insights and lead to further research in this area.

## 654 **Host control of parasite proliferation**

655 The typical course of acute infection involves growth to a peak of parasitemia, followed by  
656 successful resolution of infection involving a decay from this peak. The mechanisms leading  
657 to this decrease in parasite numbers include the reduced availability of target cells (target cell  
658 limitation), or host immune mechanisms (innate or adaptive) acting directly to reduce parasite  
659 numbers. Modelling has been used to explore these mechanisms.

660

### 661 **Target cell limitation**

662 The replication capacity of a pathogen is often able to exceed the ability of the host to replace  
663 uninfected target cells, and as a result the level of infection declines after some peak. Thus,  
664 while the slowing of growth or decay of HIV or parasite levels from a peak is often attributed  
665 to host immunity, others have argued that target cell limitation may also play a major role  
666 (110-113). However, a significant difficulty arises in modelling target cell depletion if  
667 infection occurs in a subset of cells, which may be poorly defined or difficult to measure. In  
668 HIV this is the case because the virus only targets a subset of CD4<sup>+</sup> T cells. In malaria, the  
669 preference of some species for a subset of very young RBCs, known as reticulocytes, may  
670 also present issues with measuring target cell availability.

671

672

673

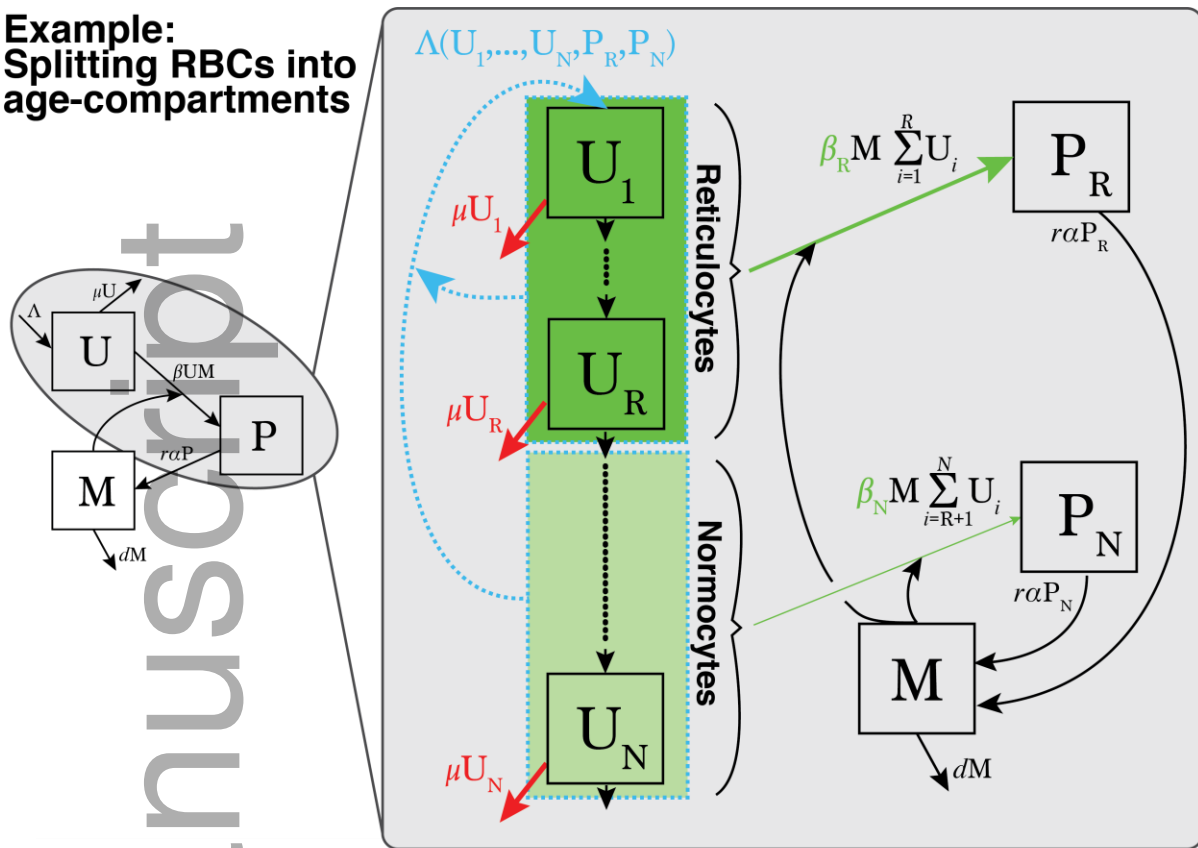
674 Preferences for subsets of RBCs

675 Some species of Plasmodium parasites such as *P. vivax* in human infection, and *P. berghei* in  
676 rodent malaria are known to exclusively or preferentially invade reticulocytes. Other species  
677 such as *P. falciparum* are thought to target all RBCs equally, although there is evidence for  
678 preferential invasion of a subset of cells (114, 115), especially reticulocytes (116). A number  
679 of models that incorporate more sophisticated details of RBC (reticulocyte) production, and  
680 preferential targeting of certain RBC stages have been constructed (e.g. fig. 7, (18, 20, 117-  
681 120)). These studies have, in most cases, adopted a structure similar to either the many  
682 compartment ODE or the PDE models in figure 3, but to capture the age structure of the  
683 RBCs rather than the parasites (illustrative model presented in figure 7).

684

685 One modelling study investigated the extent of the *P. berghei* preference for reticulocytes in  
686 Balb/c mice (120). This study developed a difference equation model similar in structure to  
687 the standard model (fig. 2B), but without explicit consideration of the short-lived merozoite  
688 forms, and splitting target cells into two populations, the normocytes (mature erythrocytes)  
689 and the preferentially infected reticulocytes. This model also extended the standard model, by  
690 more accurately accounting for the production of reticulocytes (following the work of others  
691 (119)), allowing for an increased production of new RBCs (reticulocytes) as the host loses its  
692 RBCs (fig. 7) (120). During early *P. berghei* infection a rapid increase in parasite numbers  
693 was observed, due to high availability of the preferred target cells (reticulocytes). However,  
694 an intermediate phase, characterised by a decline in parasite numbers, occurred as  
695 reticulocytes were depleted by infection. The infection-induced anaemia was detected by the  
696 host, causing increased production of reticulocytes, increasing target cell availability and  
697 driving a second wave of infection. The study of *P. berghei* estimated an approximate 150  
698 fold preference for reticulocytes over normocytes (120).

**Example:  
Splitting RBCs into  
age-compartments**



$$\begin{aligned} \frac{dU_1}{dt} &= \underbrace{\Lambda(U_1, \dots, U_N, P_R, P_N)}_{\text{Production of RBCs}} - \underbrace{\omega U_1}_{\text{RBC maturation}} - \beta_R U_1 M - \underbrace{\mu U_1}_{\text{Bystander killing}} \\ \frac{dU_i}{dt} &= \omega U_{i-1} - \omega U_i - \underbrace{\beta_R M U_i}_{\text{Preferential invasion of reticulocytes}} - \mu U_i, \quad 1 \leq i \leq R \\ \frac{dU_i}{dt} &= \omega U_{i-1} - \omega U_i - \beta_N M U_i - \mu U_i, \quad R + 1 \leq i \leq N \\ \frac{dP_R}{dt} &= \beta_R M \sum_{i=1}^R U_i - \alpha P_R \quad \frac{dP_N}{dt} = \beta_N M \sum_{i=R+1}^N U_i - \alpha P_N \end{aligned}$$

699

700 **Figure 7: Example model with age-structured target cells and preferential invasion of**  
 701 **young RBCs (reticulocytes).** An ordinary differential equation (ODE) model extending on  
 702 the standard model in figure 2B by adding age-structure to the uninfected target RBCs  
 703 (adapted from (119)). The uninfected RBC compartment from the standard model is split into  
 704 N discrete cell stages. The rate of transition between stages is given by  $\omega$ , and chosen such  
 705 that  $N/\omega$  is equal to the average life time of an RBC (120 days in humans). Uninfected RBCs  
 706 in the  $R^{\text{th}}$  compartment or below are considered reticulocytes, and R is chosen such that  $R/\omega$   
 707 is equal to the average time an RBC spends as a reticulocyte (approximately 6 days in  
 708 humans). With age-structured target cells it is possible to consider heterogeneity in merozoite  
 709 invasion of the various subsets of RBCs. For example, in this illustration, merozoites have  
 710 differing infectivities of reticulocytes ( $\beta_R$ ) and normocytes ( $\beta_N$ ) – allowing the inclusion of a

711 preference for invasion of reticulocytes. Although not shown here, it is also common to  
 712 include age-structure of the pRBC compartments as illustrated in figure 3. RBCs are  
 713 produced at a rate that depends on the total number of RBCs (infected and uninfected),  
 714  $\Lambda(U_1, \dots, U_N, P_R, P_N)$ , and destroyed at rate  $\mu$ . The production rate of RBCs increases with  
 715 anemia (i.e. as total RBCs decrease), often with some delay (e.g. (18, 119, 120)). The  
 716 increased destruction of ‘bystander’ uninfected RBCs can be captured in this model by an  
 717 increase in  $\mu$ . The other parameters presented here are as described in figure 2.

718  
 719 The advantage gained by the parasite from targeting reticulocytes is an unanswered question.  
 720 One modelling study proposed an interesting hypothesis, namely that preferential invasion of  
 721 reticulocytes may be a mechanism used by the parasite to self-regulate parasite replication, so  
 722 as to prevent the rapid depletion of targets or harm to the host, which might interfere with the  
 723 parasites ultimate goal of transmission to a mosquito (118). The parasite preference for  
 724 reticulocytes also provides an opportunity for host resistance because reduced reticulocyte  
 725 production can shut down parasite replication before depletion of the mature RBC pool ( $\downarrow \Lambda$   
 726 in figure 7). Patients often show bone marrow suppression during severe *P. falciparum*  
 727 malaria, and modelling suggests that this shutdown of reticulocyte production may  
 728 paradoxically be a protective mechanism against severe anemia (18, 119).

#### 729 730 Indirect loss of target cells (Bystander killing)

731 Another key factor when considering target cell limitation in malaria infections is the idea of  
 732 bystander killing. This is the idea that more RBCs are lost in a *Plasmodium* infected host than  
 733 can be accounted for by the direct infection by parasites (e.g.  $\uparrow \mu$  in figure 7). One study used  
 734 a mathematical model to estimate the number of RBCs lost due to direct infection by *P.*  
 735 *falciparum*, compared to the total red cell loss (using data from the neurosyphilis studies  
 736 mentioned in Box 4) (40). Their modelling estimated that approximately 8 bystander  
 737 uninfected RBCs were lost for each infected RBC over the course of the infection (40). This  
 738 modelling work was not without its own limitations. For example, the model considered that  
 739 the destruction of bystander RBCs was constant over the course of infection. However, the

740 level of bystander destruction may change with time, depending on the nature of the  
741 mechanism that causes bystander loss. For example, malaria-induced inflammation may lead  
742 to more active filtering of RBC by the spleen, which may then filter and clear both infected  
743 and uninfected RBCs more rapidly, leading to the loss of otherwise healthy RBCs. If this is  
744 the case, the extent of bystander destruction would change over the course of infection.  
745 Alternatively, it has been suggested that debris released from rupture of infected pRBCs leads  
746 to destruction of bystander RBCs (121), which would lead to a fixed ratio of bystander death  
747 to pRBC rupture. There are a number of experimental studies that have looked at the role of  
748 different host immune responses, such as complement and phagocytes, in mediating  
749 accelerated pRBC removal, a number of which may provide some evidence of host responses  
750 being involved in the destruction of uninfected RBCs (121-124). Exploring these different  
751 mechanisms of bystander destruction using modelling could help make sense of the  
752 experimental literature on mechanisms and host risk factors associated with severe anaemia.

753

#### 754 **Innate immune control of parasite replication**

755 Adaptive immunity (antibodies and T cells) typically takes either weeks (in the case of  
756 primary infection) or days (in the case of re-infection) to control infection. Prior to this, the  
757 host is reliant upon non-specific innate immune mechanisms (innate immunity).

758

#### 759 Quantifying the role of innate immunity

760 A modelling study by Metcalf et al. looked at infection in mice and attempted to dissect the  
761 relative roles of target cell limitation, innate immunity and adaptive immunity in controlling  
762 infection (112). This study adapted a model from ecology to fit the parasitemia and RBC  
763 concentration data from infected mice (112). The model inferred adaptive immunity by  
764 changes in the parasite growth rate that could not otherwise be explained by changes in RBC

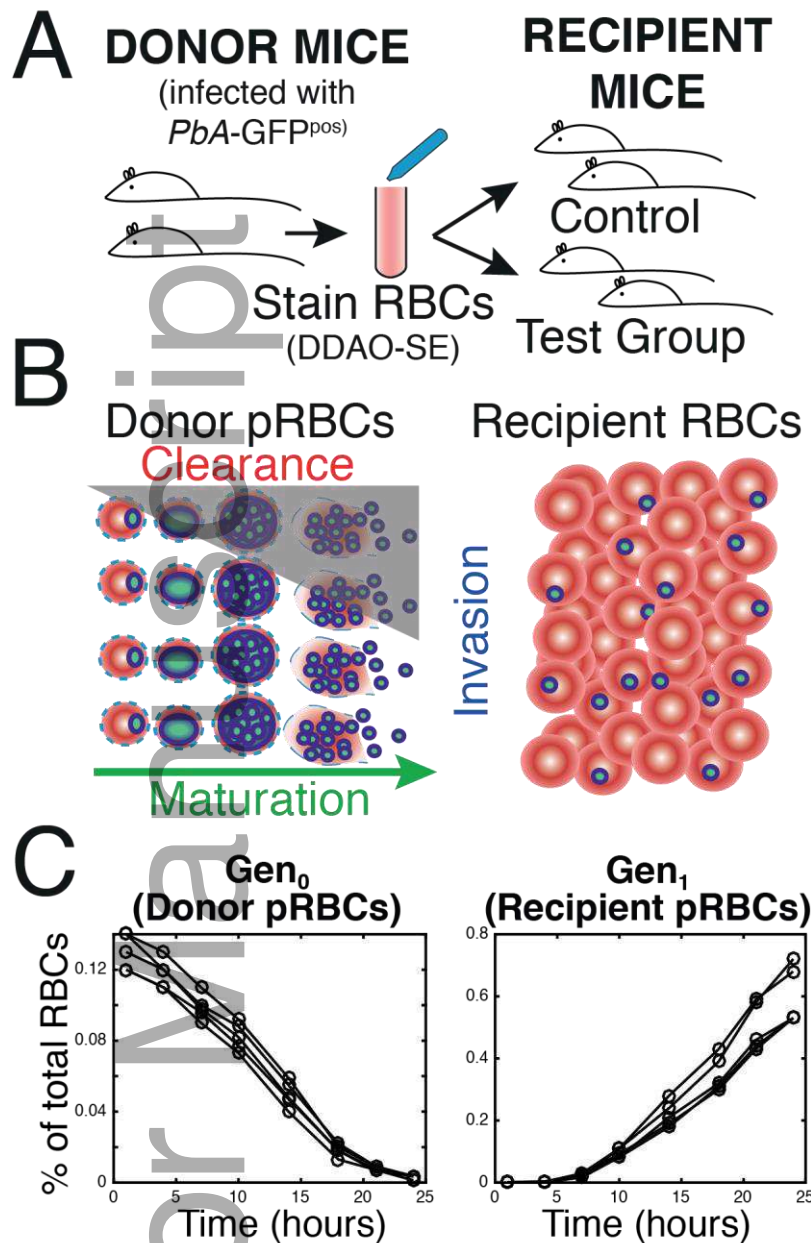
765 numbers. Further, the study raised the interesting possibility that host immune control might  
766 operate partly by reducing RBC numbers (perhaps by limiting production or by ‘bystander’  
767 destruction), in order to limit the number of target cells and slow parasite growth (linking  
768 host immune responses and target cell limitation as mechanism of host control) (125). This  
769 model provides some novel insights and a useful alternative framework for modelling data of  
770 the infection kinetics outside of the classical differential equation framework. However, it is  
771 also limited by a narrow view of the mechanisms of innate immunity, in particular, assuming  
772 that innate immunity is saturable, which has not been shown experimentally.

773

#### 774 Parasite clearance

775 Perhaps the most commonly assumed mechanism of innate host control of parasite growth is  
776 the mechanical filtration of pRBCs by the host spleen (104, 105, 107). As mentioned earlier,  
777 the spleen mechanically filters RBCs based on their elasticity. It has been observed that  
778 unhealthy or infected RBCs have different elastic/deformability properties (126). It might  
779 seem strange then that the standard within-host model has no explicit term representing the  
780 clearance of pRBCs (fig. 2B). This was because the original model was not concerned with  
781 modelling innate host responses and the authors may have assumed that the loss of pRBCs, to  
782 clearance instead of rupture, would be encapsulated in a lower average merozoite production  
783 per pRBC that rupture ( $r$ ). However, there is obviously a case for the explicit inclusion of  
784 pRBC clearance in models of malaria infection, and many modelling studies have since  
785 included pRBC clearance explicitly (17-19, 44, 74, 75, 112, 120).

786



787

788 **Figure 8: Illustration and data from an adoptive transfer experiment to study parasite**  
 789 **clearance and replication in vivo.** (A) Adoptive transfer experiments involved harvesting  
 790 blood from an infected donor mouse. The blood is then stained with a fluorescent dye  
 791 allowing the pRBCs that originated in the donor mouse to be tracked. The labelled donor  
 792 pRBCs (as well as some labelled uninfected RBCs) from the donor mouse (Gen<sub>0</sub> pRBCs) are  
 793 then transfused into groups of recipient mice, which receive various interventions. (B)  
 794 Illustration of Gen<sub>0</sub> pRBCs maturing and rupturing to release daughter merozoites that will  
 795 go and infect other RBCs. The recipients' endogenous RBCs make up the vast majority of  
 796 available RBCs. Therefore, by measuring the number of unlabelled RBCs that become  
 797 infected we can quantify the progeny of the Gen<sub>0</sub> pRBCs (i.e. Gen<sub>1</sub> pRBCs). (C) Example  
 798 data from an adoptive transfer experiment, transferring *P. berghei* ANKA pRBCs from a  
 799 donor mouse into naïve recipient mice. Data from (48).  
 800

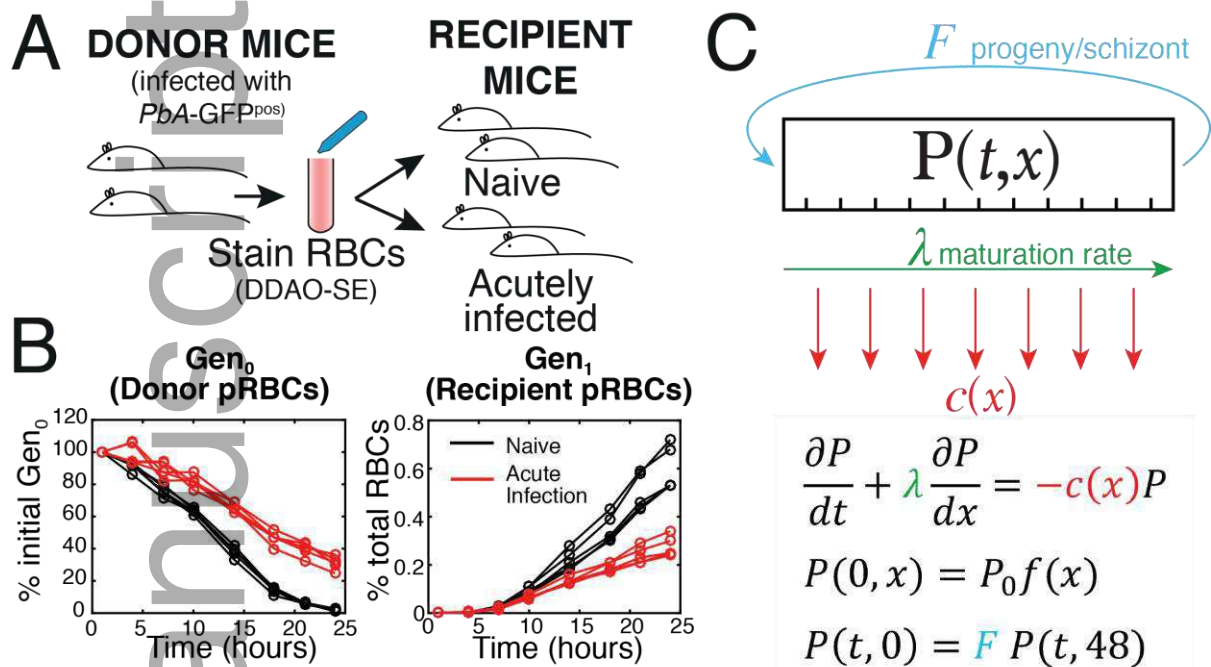
801 Given the relative importance attributed to splenic clearance, there have been limited studies  
802 of how the spleen affects pRBCs in vivo. Experimental studies have measured the clearance  
803 of radiolabelled infected cells or heat-treated RBC in vivo (127-130), and ex vivo studies have  
804 measured the retention of parasites by isolated spleens (106). We recently developed a novel  
805 adoptive transfer assay to assess parasite clearance in which blood from infected donor mice  
806 is labelled with a fluorescent cytoplasmic dye and transfused into recipient mice (fig. 8A)  
807 (48, 131-133). A portion of the labelled RBCs are parasitized, allowing us to track, by flow  
808 cytometry, a single labelled generation of pRBCs and monitor their disappearance and  
809 clearance in a group of recipient mice (fig. 8B & C). We call this labelled generation of  
810 pRBCs Gen<sub>0</sub> parasites. The complication with interpreting this data is that Gen<sub>0</sub> pRBCs can  
811 disappear from host circulation for three distinct reasons, host removal of pRBCs, rupture of  
812 mature pRBCs, or sequestration of pRBCs. However, when a labelled pRBC disappears  
813 because it has ruptured, it should release daughter merozoites, some of which will go on to  
814 infect more RBCs. In recipient mice, the majority of the available RBCs are endogenous  
815 RBCs (and so are not labelled, fig. 8B). Hence, by looking at the number of endogenous  
816 RBCs that become parasitized over time we can track the appearance of the progeny of Gen<sub>0</sub>  
817 pRBCs (fig. 8B & C). We constructed a statistical model that looked at the magnitude of the  
818 loss of donor (labelled) pRBCs over a given time step and the corresponding appearance of  
819 unlabelled parasitized RBCs in order to estimate the number of pRBCs that were lost due to  
820 rupture and those that were lost due to host removal (133). This modelling gave an estimate  
821 that pRBCs were removed with a 15 hour half-life in naïve mice (no previous infection), i.e.  
822 on average 68% of all parasites are removed before they can reach maturity and rupture  
823 (133).

824

825 How does host clearance change over the course of early infection?

826 In another study we addressed the question of whether pRBC clearance increases from the  
827 beginning of infection to the peak of infection. In mouse studies we and others had identified  
828 that pRBC growth slows as mice become acutely ill by day 4 or 6 of infection (19). This  
829 stage of infection is also marked by increased systemic inflammatory cytokine production  
830 and splenic enlargement (19, 134). We hypothesised that slower parasite growth under these  
831 conditions resulted from increased splenic clearance of pRBCs. Using our adoptive transfer  
832 assay we compared naïve mice to those experiencing an acute infection (day 5 of *P. berghei*  
833 infection, where growth was expected to be slower, fig. 9A) (48). Surprisingly, we found that  
834 pRBCs were not cleared faster, but in fact persisted in host circulation for longer under  
835 conditions of systemic inflammation and splenomegaly. This is particularly surprising when  
836 one considers that these parasites have a 24-hour lifecycle. So, regardless of whether they are  
837 removed by the host, they should reach maturity and rupture within 24 hours. In naïve mice  
838 we observed that most pRBCs were indeed removed within 24 hours (only 2% remaining at  
839 this time), but in acutely infected mice 32% of the transferred donor pRBCs remained 24  
840 hours after transfusion (fig. 9B). Using the RNA and DNA content of the pRBCs to  
841 determine their developmental stage (rings / trophozoites or schizonts), we observed that  
842 pRBCs in acutely infected mice were maturing from the ring stage to the late-stages more  
843 slowly. We confirmed this by fitting an extension of the PDE model from figure 3 to the data,  
844 which allowed for either altered clearance of parasites or slower maturation of parasites to  
845 explain the observed dynamics (fig. 9C). Fitting this model to the data we estimated that in  
846 acutely infected mice, pRBCs were taking approximately 37 hours to complete their  
847 lifecycle, compared with 24 hours in the control group (48). In addition, our modelling  
848 revealed that the slower growth of parasitemia in acutely infected mice could be explained by  
849 the observed slower maturation of pRBCs, without requiring any other mechanisms of host  
850 control, such as increased clearance or reduced merozoite invasion (fig. 9C). Thus, our

851 findings revealed a host-mediated mechanism which impaired parasite maturation, and was  
 852 responsible for slowing parasite growth, with no evidence of increased parasite clearance  
 853 (48).



854

855 **Figure 9: Measuring clearance in acutely infected mice.** (A) Outline of the adoptive  
 856 transfer experiment used to explore host clearance in naïve and acutely (5 day) infected mice.  
 857 Fluorescently labelled pRBCs from donor mice (Gen<sub>0</sub> pRBCs) were transferred into (n=5)  
 858 naïve and (n=5) acutely infected mice (48). (B) Acutely infected mice were expected to have  
 859 slower growth of parasite numbers, which was confirmed by the reduced number of Gen<sub>1</sub>  
 860 pRBCs observed in acutely infected mice. Surprisingly, rather than observing faster removal  
 861 of the labelled Gen<sub>0</sub> pRBCs in acutely infected mice, Gen<sub>0</sub> pRBCs persisted in these mice.  
 862 Further, despite the 24 hour life-cycle of *P. berghei* ANKA, Gen<sub>0</sub> pRBCs were still present in  
 863 acutely infected mice after 24 hours. Data from (48). (C) We extended the PDE model from  
 864 fig. 3B by including a maturation “rate”,  $\lambda$ , which scales the amount of aging that occurs in a  
 865 given time (48). When  $\lambda = 1$  parasites age normally and when  $\lambda = 0$  parasites do not mature.  
 866 In this model clearance of pRBCs is given by  $c(x)$ , and the number of progeny (i.e.  
 867 successful Gen<sub>1</sub> pRBC that arise) per rupturing schizont is given by  $F$ . The initial distribution  
 868 of parasite stages is given by the probability density function  $f(x)$ , which we assume to be a  
 869 normal distribution. Note that this model does not include target cells or merozoites  
 870 explicitly, differing from the standard model.

871

## 872 Modelling intracellular maturation processes

873 The above finding highlighted the importance of understanding parasite maturation within  
 874 RBC, and how it is altered by the host. Parasitised RBCs have historically been categorised  
 875 into three main developmental stages: rings (young parasite forms), which mature into

876 trophozoites and finally into mature schizont stages (fig. 1). Some researchers go further to  
877 break this categorisation up into more compartments, for example, distinguishing between  
878 small rings and large rings, and so on (66). However, this is a morphological description of  
879 the asexual parasite development cycle, and underpinning these morphological changes are  
880 molecular processes within the infected RBC (23). The maturation of the parasite has also  
881 recently been classified based on the transcriptome (135). Perturbation of the malaria  
882 lifecycle has now been demonstrated in response to nutrient deprivation, drug treatment (132,  
883 138) and resistance (136), and host innate immunity (48) and nutritional status (141). Given  
884 the increasing observation of Plasmodium parasites with altered development within RBCs,  
885 developing models to understand the molecular underpinnings of parasite development and  
886 how it is perturbed, is likely to have broad applications. In the pursuit of models to describe  
887 the molecular processes associated with parasite development within a RBC, the classical  
888 models of mammalian cellular developmental, such as that proposed by Smith and Martin  
889 (139), are likely to be very informative. Recently, a model inspired by this older model of the  
890 mammalian cell cycle was developed to explore parasite development, and in particular the  
891 perturbation of this development by drug treatment (140).

892

### 893 **Adaptive (acquired) immunity**

894 In malaria endemic areas individuals are repeatedly exposed to infection and can acquire  
895 partial immunity to Plasmodium infection. However, this takes many years of exposure, with  
896 children under 5 often remaining the most susceptible to malaria in these regions (6, 142).  
897 Even with prolonged exposure, immunity is incomplete (not ‘sterilising’) because immune  
898 individuals continue to be infected and carry a low level of parasites (chronic infection),  
899 although they are far less likely to succumb to high parasitemias or clinical malaria (i.e. they  
900 are immune to clinical illness (143)). Understanding which immune responses are critical in

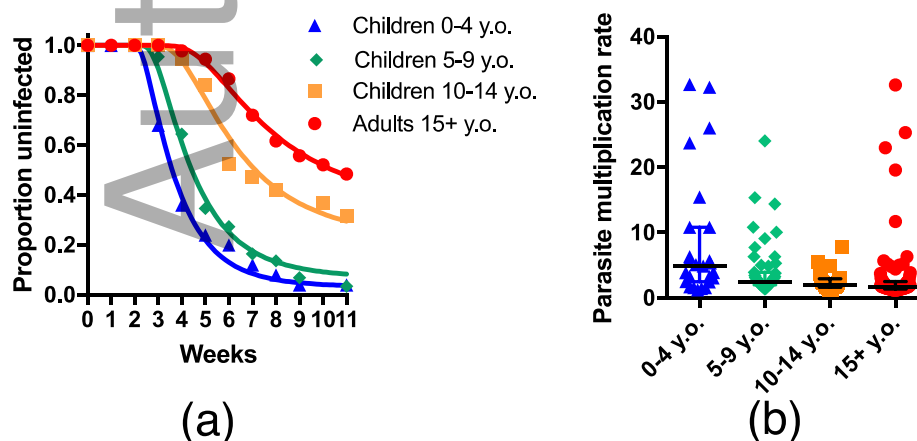
901 naturally-acquired immunity will assist in developing effective blood-stage vaccines that  
 902 generate the same protective responses in susceptible individuals.

903

904 Is immunity against the liver or blood stage of Plasmodium infection?

905 A major debate in malaria immunity is whether naturally-acquired immunity, associated with  
 906 prolonged exposure, acts at the liver stage to prevent the initiation of blood stage growth, or  
 907 on blood-stage replication itself to reduce parasite growth and peak levels. For many years it  
 908 was believed that immune adults may have a lower incidence of infection than children,  
 909 suggesting that new infections may be blocked at the liver stage. However, recent studies  
 910 using more sensitive techniques to detect parasites have revealed a hidden pool of low-level  
 911 infection in adults. Modelling of data on the time-to-infection of a highly exposed population  
 912 suggest that the frequency of new infection does not differ with age, and that the major  
 913 impact of prolonged exposure is a reduced growth rate of parasites in blood (144, 145), which  
 914 leads to prolonged episodes of infection and a higher multiplicity of infection (146) (fig. 10).  
 915 This is consistent with the observation that the transfer of serum from immune adults, living  
 916 in malaria endemic regions, into Plasmodium infected children results in a decline in the  
 917 children's circulating parasitemia (147). This indicates that immune adults carry antibodies  
 918 (Ab) in their serum that can inhibit blood-stage parasite replication and control infection.

919



920

921 **Figure 10: Naturally acquired immunity slows blood-stage *P falciparum* growth.** (a)  
 922 Naturally acquired immunity leads to increasing time-to detection of infection with age in a  
 923 highly exposed population. Curve fitting assuming the same infection rate for all ages, and a  
 924 distribution in PMR for each age group, with a decreased mean PMR with age. (b) Estimated  
 925 growth rate of blood stage parasitemia in groups of different ages decreases from a PMR of 6  
 926 per cycle in children less than 4 years of age to 1.5 per cycle in adults >15 years. Adapted  
 927 from references (148) and (145).  
 928

929 Considering our approach to understanding immunity – a mechanistic focus

930 These studies of naturally-acquired immunity represent an interesting contrast between  
 931 measuring immune responses to infection, versus immunity to infection. That is, the dominant  
 932 approach for understanding immunity to malaria infection is to measure immune responses,  
 933 and correlate these with outcomes. A major barrier here is that all immune responses increase  
 934 with exposure, and thus a response that is a good marker for exposure may appear correlated  
 935 with protection, even though it plays no mechanistic role in protection. This can manifest in  
 936 field studies, where responses can also be seen as risk factors for infection, simply because  
 937 they are found in individuals that are more highly exposed to infection (149, 150). The  
 938 approach of measuring immune responses and trying to correlate them with clinical outcome  
 939 might be considered a ‘forward approach’ to identifying protective responses. It focuses on  
 940 the immunology (i.e. what the immune responses are doing) of the response and tries to work  
 941 out which parts are associated with immunity (i.e. actual protection from disease). An  
 942 alternative approach is to identify what immunity does in terms of changing infection  
 943 dynamics. For example, since we know older individuals are more immune, can we identify  
 944 what changes in infection dynamics have occurred, and then look for immune mechanisms  
 945 that mediate these changes? Thus, the strongly reduced growth rate of blood stage  
 946 parasitemia with age suggests that measuring parasite blood-stage replication rate as a  
 947 clinical outcome (rather than frequency of infection or time to infection) may focus our  
 948 attention on the major mechanisms of naturally acquired immunity (151). Hence, we will

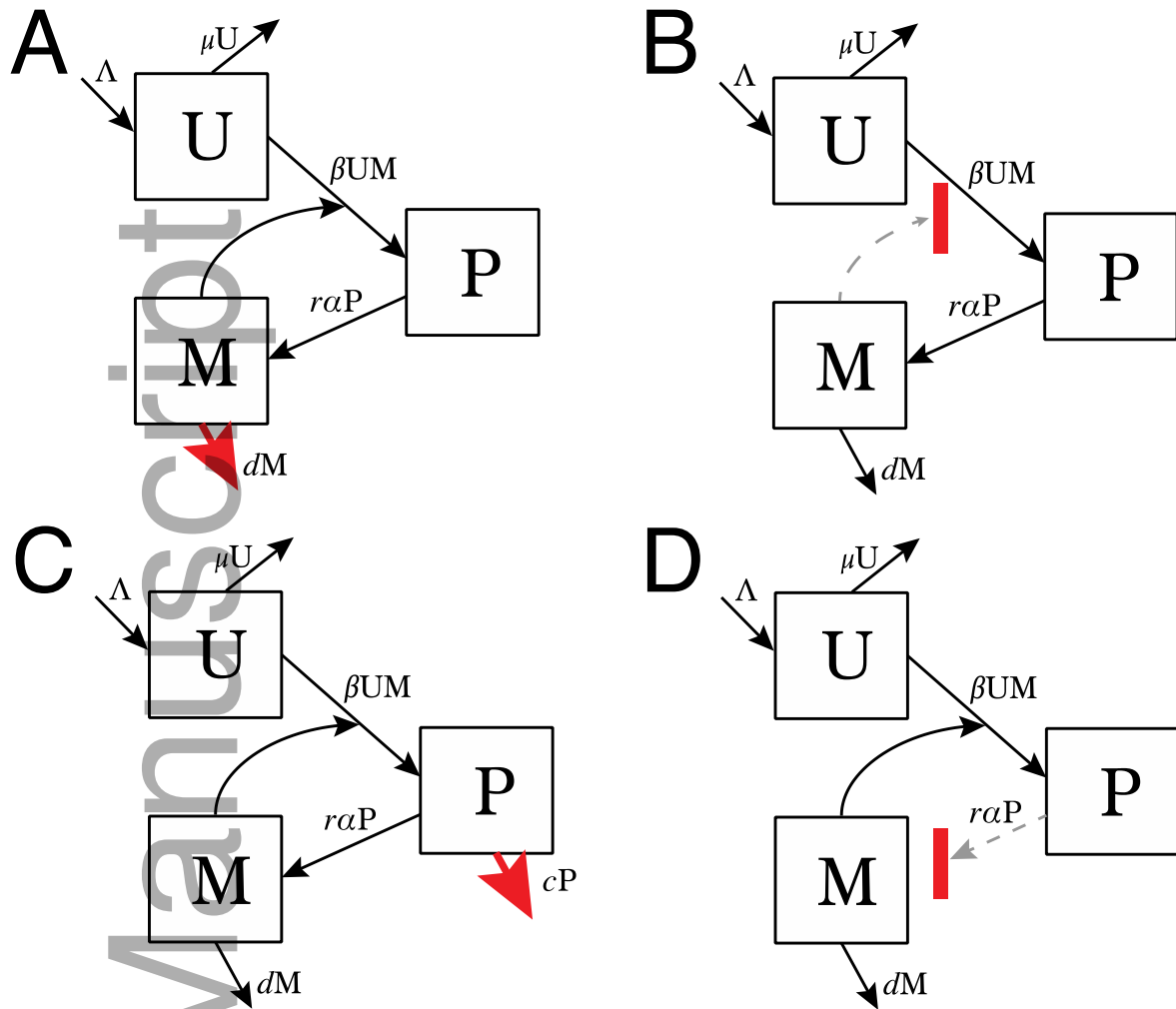
949 now focus our discussion on modelling immunity that acts to slow replication of the asexual  
950 blood-stage.

951

952 Within-host models of immunity

953 With little knowledge regarding the precise immune responses associated with protection in  
954 naturally acquired immunity, other than a knowledge that immunity slows asexual parasite  
955 expansion, how might we model immunity? Generally speaking, from the standard model  
956 one might think that a host immune response (adaptive or innate) could act directly against  
957 the parasite in a number of possible ways (fig. 11): (i) to destroy merozoites ( $\uparrow d$ ), (ii) to  
958 reduce the infectivity of merozoites ( $\downarrow \beta$ ), (iii) to destroy pRBCs ( $\uparrow c$ ), or (iv) to reduce the  
959 number of merozoites successfully produced by pRBCs ( $\downarrow r$ ). These different mechanisms  
960 are akin to mechanisms in HIV infection that might (i) destroy free virus, (ii) reduce the  
961 potential for free virus to successfully infect a target cell (e.g. through Ab binding and  
962 neutralisation), (iii) directly kill infected cells (e.g. CD8 cytotoxic killing of infected cells), or  
963 (iv) reduce the production of virus by infected cells.

964



965

966 **Figure 11: Illustration of how immunity might inhibit the parasite lifecycle.** Variables  
 967 and parameters in this figure are equivalent to those described in figure 2B, except where  
 968 stated otherwise. (A) Immunity could act by increasing the clearance of merozoites (e.g.  
 969 phagocytosis), (B) inhibiting merozoite invasion (e.g. neutralisation), (C) causing the  
 970 clearance of pRBCs (at rate  $c$ ), or (D) inhibition of merozoite production (e.g. by inhibiting  
 971 pRBC maturation or blocking rupture). Red arrows and bars indicate the effect of immunity,  
 972 and dashed arrows indicate an inhibited process.

973

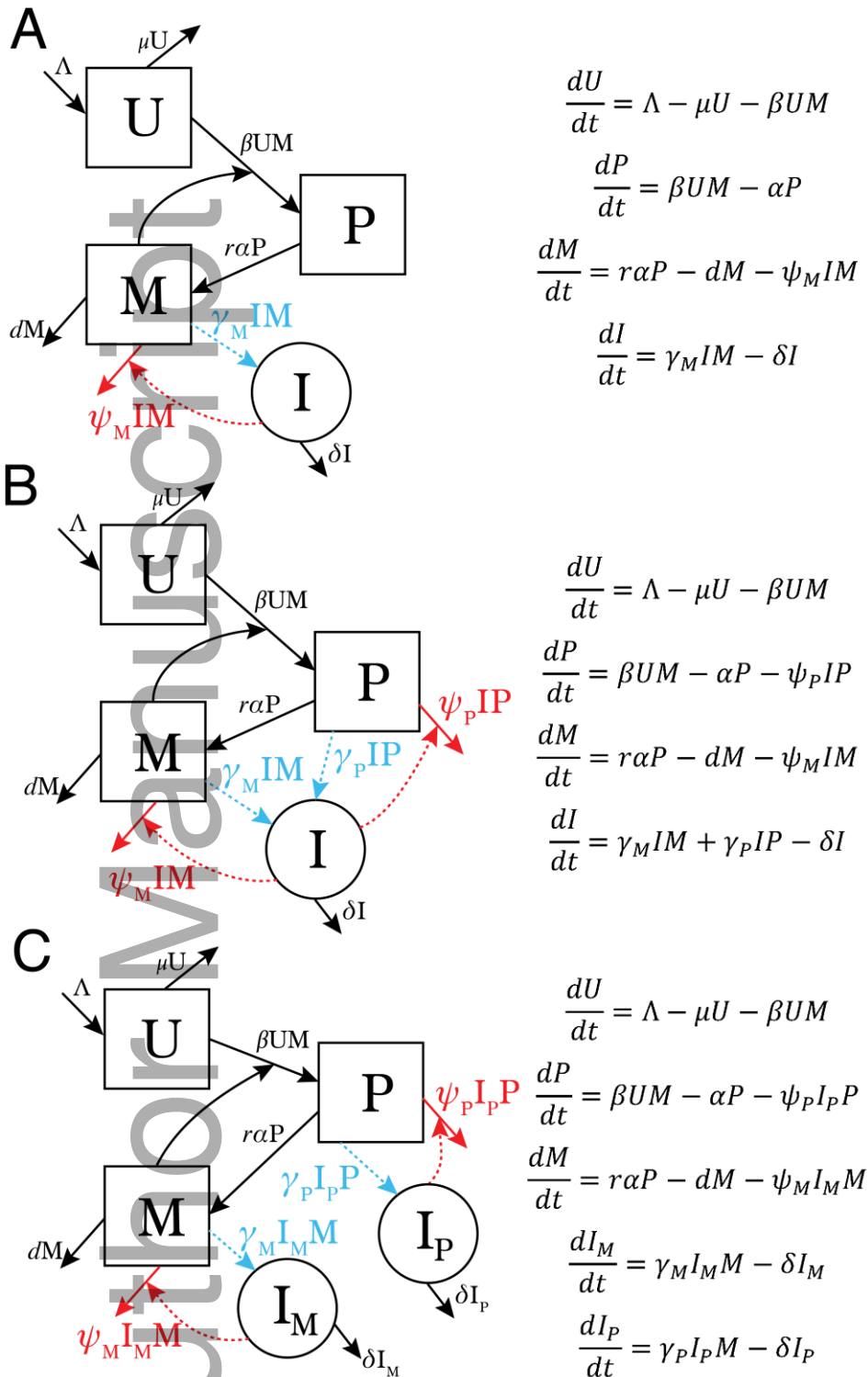
974 In an early model of within-host malaria, Anderson et al. present two models of adaptive  
 975 immunity, but rather than considering all four of the possibilities above, they compared only  
 976 immunity that targets merozoites versus immunity that targets both merozoites and pRBCs  
 977 (fig. 12A & B) (9). In these models, all adaptive immune functions (Ab mediated immunity,  
 978 cellular immunity, etc) were encapsulated by one state variable,  $I$ . In the first model,  
 979 immunity increased proportionally to the number of merozoites, and acted against merozoites

980 only (fig. 12A). In the second model, immune responses were recruited in proportion to both  
981 merozoites and pRBC levels, and the immune responses acted to clear both merozoites and  
982 pRBCs (fig. 12B). They observed from their model that immunity that acted against the  
983 longer lived pRBCs as well as merozoites would generate a more effective control of  
984 infection, and lead to elimination of infection, whereas targeting merozoites alone failed to  
985 clear the infection in their model. This model of adaptive immunity has some seemingly  
986 reasonable features. For example, it is appropriate that recruitment of immunity depends on  
987 both merozoites and pRBCs (fig. 12B). However, it is possible (even likely) that these  
988 different parasite stages recruit host responses to differing extents, since it is well known that  
989 pRBC rupture causes inflammation as intracellular host and parasite debris is released in to  
990 the blood of the host, generating fever and inflammation that could activate innate immune  
991 cells. On the other hand, circulating pRBCs carry parasite proteins on the surface of their host  
992 cell membranes, but intact pRBCs may elicit a much smaller host response on their own.  
993 Hence, the parameter describing the immune stimulation from merozoites ( $\gamma_M$ ) and pRBC  
994 ( $\gamma_P$ ) may differ (fig. 12B), and the challenge becomes determining the appropriate rate at  
995 which each parasite stage will elicit host immune responses. Further, this model assumes that  
996 all immunity acts generally on all stages of the parasite (i.e. once immunity is recruited,  
997 either by pRBCs or merozoites, it affects both pRBCs ( $\psi_P$ ) and merozoites ( $\psi_M$ ) (fig. 12B)).  
998 However, it is possible that immunity recruited towards merozoites might only act against  
999 merozoites and vice versa (fig. 12C).

1000

1001 Since the model by Anderson et al. (9), a number of other models of adaptive immunity have  
1002 been developed. Like Anderson et al., most of these models of within-host acquired  
1003 immunity encapsulate all immunity as one or maybe two factors (such as cellular and  
1004 antibody (152)) (10, 84, 85, 153). Also, while some of these models explicitly assume

1005 schizont rupture is the major factor responsible for stimulating/recruiting immunity (153),  
1006 most assume recruitment is related to total parasite load (10, 84, 85, 152). However, perhaps  
1007 more critically, like Anderson et al. (9), most models assume that the immunity generated  
1008 acts against all stages of the parasite, regardless of whether it was induced by, say,  
1009 merozoites or pRBCs (fig. 12C). A lack of careful consideration of the stage-specificity of  
1010 host responses seems like one of the major limitations for these models being able to provide  
1011 useful insights regarding the mechanisms of immune control.  
1012



1013

1014 **Figure 12: Models of parasite stage-specific immune recruitment and action.** The three  
 1015 models presented here are extensions of the standard model (fig. 2B), however, in these  
 1016 models immunity,  $I$ , is introduced. The immunity state variable,  $I$ , encompasses all immune  
 1017 mechanisms that may be acting to control infection. Immunity is recruited by the presence of  
 1018 the parasites,  $P$  and  $M$ , (terms shown in blue). Immunity then acts to accelerate the removal  
 1019 of parasites (terms shown in red). Solid arrows indicate a change of state, and dashed arrows  
 1020 indicate an interaction without a state-change. (A) & (B) were originally presented in (9). As  
 1021 in the standard model, uninfected red blood cells (RBCs),  $U$ , are produced at rate  $\Lambda$  and lost

1022 at rate  $\mu$ . Production of pRBCs,  $P$ , is given by the interaction of merozoites,  $M$  and  
 1023 uninfected cells. Parasitised RBCs rupture at rate  $\alpha$ , with each rupturing pRBC producing  $r$   
 1024 merozoites. (A) This model assumes all immunity acts to clear merozoites only. The model  
 1025 assumes immunity is recruited at rate  $\gamma_M I$ , in proportion to the number of merozoites, and  
 1026 that immunity acts to clear merozoites at rate  $\psi_M I$ . (B) This model is the same as (A), except  
 1027 both merozoites and pRBCs stimulate an immune response and can be targeted by the  
 1028 immune response. Merozoites stimulate and are targeted by an immune response in the same  
 1029 manner as in (A). Parasitised RBCs stimulate an immune response at rate  $\gamma_P I$ , in proportion  
 1030 to the number of pRBCs. Parasitised RBCs are then cleared by immunity at rate  $\psi_P I$ . (C)  
 1031 Immunity generated by specific parasite stages is restricted to those stages. Neither of the  
 1032 models shown in (A) or (B), nor more recent models consider the possibility that immunity  
 1033 recruited against merozoites, might not be effective against pRBCs, and vice versa. Hence,  
 1034 we propose a third model identical to (B), except that we split immunity into immunity that  
 1035 acts against merozoites only,  $I_M$ , and immunity that acts against pRBCs only,  $I_P$ .  
 1036

### 1037 Determining whether immunity acts against the merozoite or pRBCs

1038 A number of in vitro studies have explored how antibodies from immune individuals act  
 1039 against parasite replication in culture (154-159). Given that the inhibitory activity of  
 1040 antibodies is likely dependent on other host immune mechanisms present in vivo, these in  
 1041 vitro systems often add back immune effector mechanisms such as phagocytic cells or  
 1042 complement in order to better replicate the mechanisms available to the host in vivo (154-  
 1043 158). These studies have often emphasised a role for merozoite-specific antibodies. One  
 1044 study found that complement-dependent, antibody-mediated killing of merozoites was a  
 1045 major correlate of immunity in individuals (157). This is consistent with a number of studies  
 1046 that have found the concentration of antibodies against merozoite proteins to be correlated  
 1047 with protection in individuals from endemic areas (though as discussed above, there are  
 1048 difficulties in interpreting these immune correlate studies (160)). Antibodies may act against  
 1049 merozoites in a number of ways, including complement mediated lysis or opsonisation for  
 1050 phagocytosis (both of which would increase merozoite clearance, i.e.  $d$  in the standard model  
 1051 shown in figure 11A), or neutralisation (preventing their invasion of new RBC, i.e. reducing  
 1052  $\beta$  in figure 11B). Data from these in vitro growth inhibitory assays are likely to inform the  
 1053 development of models of immunity.

1054

1055 Antibodies and other immune mechanisms may also directly target the infected RBC, acting  
1056 to accelerate their removal or impair their development (as was observed in acutely ill mice  
1057 (48)), either of which could also play a significant role in controlling Plasmodium infection.  
1058 It has been highlighted that the longer lived pRBCs (which circulate for 24 hours or more)  
1059 might be a better target for host immunity than the short-lived merozoite (which is infectious  
1060 for only around 10 minutes) (9). However, this ultimately depends on how effectively  
1061 immune responses are able to suppress pRBC development or accelerate their clearance. For  
1062 example, it is possible that the fully exposed merozoite is much more susceptible to antibody  
1063 binding or neutralisation than the parasite inside a RBC, and thus a given level of antibody  
1064 may have a much larger effect on merozoites (i.e. parameter  $\psi_M$  may be much larger than  
1065 parameter  $\psi_P$  in figure 12B & C). Thus, we need to assess not only the magnitude of the host  
1066 adaptive response targeting merozoites or pRBCs, but the efficacy of a given level of  
1067 antibody or other response in reducing parasite replication.

1068

1069 The immune recruitment and effector actions discussed above are generally modelled with  
1070 simple ‘mass action’ terms. However, a variety of other approaches including maximum  
1071 growth rates, density dependent growth and survival, and saturable killing rates are also  
1072 possible (161-164). Given the amount of uncertainty regarding the targets, mechanisms, and  
1073 efficacy of host immune control of Plasmodium replication, novel experimental and  
1074 modelling approaches to quantifying immune control are urgently required (112, 165).

1075

#### 1076 Antigenic variation and cross-reactive immunity in Plasmodium infections

1077 In addition to life-stage-specific immunity, a separate issue is strain-specific immunity. *P.*  
1078 *falciparum* expresses an antigenically diverse family of var genes on the pRBC surface. Each

1079 parasite has a repertoire of around 60 var genes, and an individual strain can switch  
1080 expression from one variant of the gene to the other during an infection (166). Thus, the  
1081 response to a single strain may initially target one var variant, which is then switched and a  
1082 new response must be generated to a new variant (in much the same way as occurs with  
1083 immune escape in HIV (167, 168)). Importantly, the concept of var gene variation and strain  
1084 (or variant)-specific immunity also applies to sequential infection with different strains,  
1085 which may carry or express different var gene variants. Modelling studies have attempted to  
1086 capture the notion of competing Plasmodium variants within the one individual, with the host  
1087 responding to each variant with a separate immune response, or the idea of Plasmodium gene  
1088 switching (var gene switching) as a mechanism of avoid host responses (145, 169, 170). Over  
1089 multiple exposures, it is expected that some form of cross-reactive immune responses should  
1090 be elicited, which may act to control new infections (145, 171).

1091

#### 1092 Persistent infection

1093 Many viral infections such as HIV and hepatitis C develop into chronic infections. These  
1094 viruses persist through their ability to evade immunity, at least partly due to antigenic  
1095 variation to avoid immune recognition. In contrast, Plasmodium infections frequently  
1096 manifest as acute infections that lead to illness and treatment (or death) and are usually  
1097 completely resolved by the host. However, in endemic areas it seems that partially immune  
1098 adults are able to carry infections for long periods of time at low parasitemias (143, 172).  
1099 Given that antigenic variation is also a feature of malaria infection, whether by repeated  
1100 exposures (with some patients re-infected as frequently as once every 10 days (144, 145)), or  
1101 var gene switching in a single infection, it is plausible that 'chronic' malaria infections  
1102 resemble some chronic viral infections.

1103

1104

## 1105 **Modelling drug treatment**

1106 Unlike HIV, Plasmodium infections are typically easily curable with drug treatment.

1107 However, the history of antimalarial therapy worldwide is one of repeated cycles of success

1108 and failure of new drugs. The Global Malaria Eradication Campaign was launched in 1955,

1109 using DDT to reduce mosquito numbers and chloroquine for treating infected individuals.

1110 This program initially led to major reductions in the number of malaria cases, however, by

1111 1960 chloroquine resistance appeared (173). New drugs were introduced, including

1112 piperazine (in the 1960s) and mefloquine (in the 1970s and 80s), however drug resistance to

1113 each soon followed. Artemisinin (originally known as qinghaosu) and its derivatives were

1114 developed in China in the 1970s. These drugs have been adopted as the recommended

1115 therapy for the treatment of malaria globally (174), in particular, in combination with partner

1116 antimalarials. The artemisinin-based therapies are highly effective, resulting in very rapid

1117 declines in parasite burden when administered to infected individuals (175). However, in the

1118 last ten years resistance to the artemisinins has emerged and spread across the Greater

1119 Mekong Region (176-179).

1120

1121 Modelling antimalarial drug action using traditional pharmacokinetic-pharmacodynamic

1122 (PK/PD) models is well established (reviewed in (180)). These models relate the in vivo

1123 concentration of an antimalarial with the rate of killing of parasites. Most PK/PD modelling

1124 in malaria also, rightly, includes the known differences in antimalarial activity against early-

1125 stage parasites (which are usually less susceptible to the action of antimalarials) and late-

1126 stage parasites (181-183). However, ongoing development of mechanistic models to better

1127 understand antimalarial drug action and resistance are still major research areas, and not

1128 without some controversy (138, 184, 185). While there are many similarities to studies of

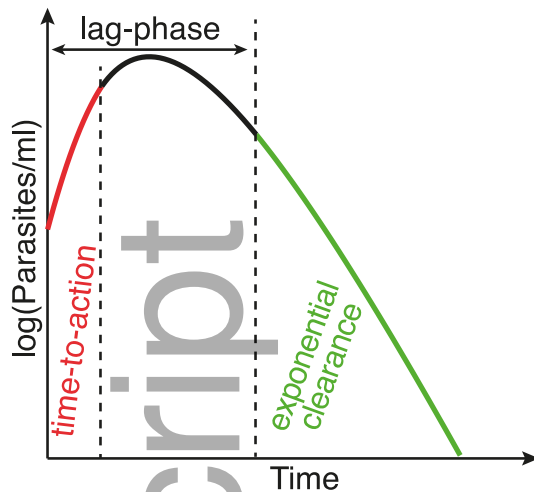
1129 antiviral drug action in vivo, the complex and synchronised lifecycle of the parasite provides  
1130 some important challenges to modelling and interpretation which we will discuss below.

1131

### 1132 **The unique shape of the parasite clearance curve**

1133 Early modelling studies of drug action in HIV and hepatitis C infection proved remarkably  
1134 useful in understanding the dynamics of viral replication (13, 186, 187). These studies  
1135 analysed the decay of virus after drug treatment and applied mechanistic models to interpret  
1136 the viral lifecycle and drug action. Similar dynamics of decay in circulating parasite numbers  
1137 after treatment have been observed both in field studies and in studies of experimentally  
1138 infected patients. The ‘parasite clearance curve’ is typically more complex than the viral  
1139 clearance curve, as a result of the more complex lifecycle of the parasite (fig. 13) (102). In  
1140 particular, approximately one quarter of patients experience a rise in parasite numbers soon  
1141 after treatment (43). Rises after treatment occur when an individual has late-stage parasites at  
1142 the time of treatment, and the drug is unable act quickly enough to stop mature stage parasites  
1143 from rupturing and infecting more RBCs immediately (43). If individuals have many young  
1144 parasite stages at the time of treatment, the drug has many hours to take effect in order to  
1145 prevent pRBCs rupturing and releasing more merozoites. The apparent delay between  
1146 treatment and a decline in parasite numbers in some individuals is called the “lag-phase”  
1147 (102) (fig. 13). After excluding the lag-phase, the subsequent phase of exponential parasite  
1148 “clearance” has become an important metric for drug efficacy in malaria, and an online  
1149 statistical tool has since been developed to estimate the rate of decline of parasite  
1150 concentrations in individuals (188). The rate of parasite clearance has been used to identify  
1151 the presence of drug resistance (176) and is currently being used to assess new antimalarial  
1152 drug candidates (189, 190).

1153



1154

1155 **Figure 13: Illustration of a parasite clearance curve, showing the lag-phase.** The  
 1156 dynamics of parasites after treatment has become known as the parasite clearance curve  
 1157 (191). After treatment many Plasmodium infected individuals can experience a rise in  
 1158 parasite concentration. This occurs when the individual is harbouring many mature schizonts  
 1159 at the time of treatment. The delay before drug is able to stop parasites maturing enables  
 1160 some schizonts to rupture and release progeny. At some point parasite replication is stopped  
 1161 and pRBC concentration declines. The lag-phase is the time between treatment and the  
 1162 exponential phase of parasite decline.

1163

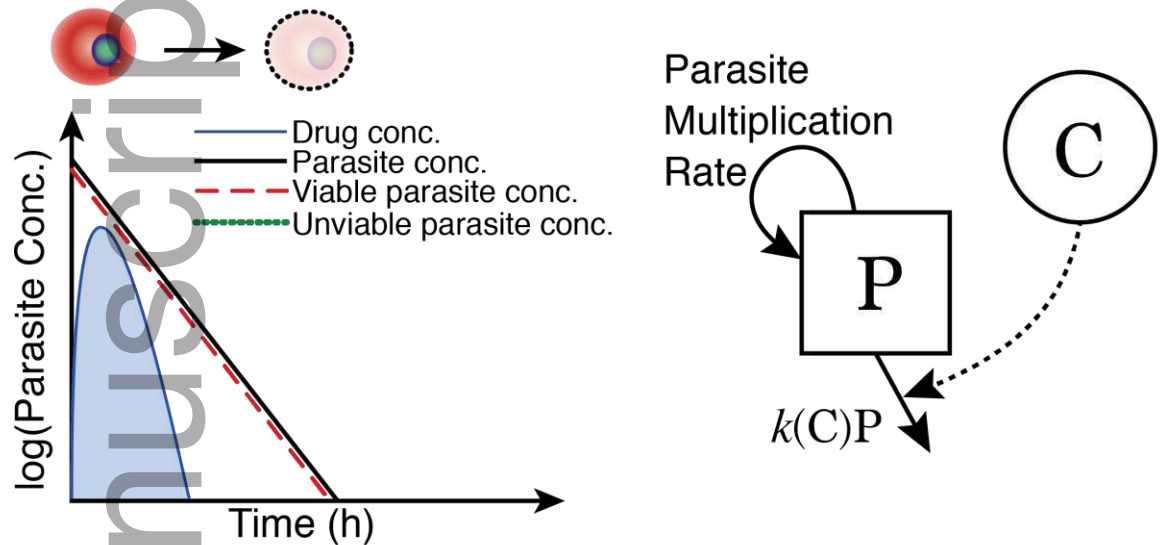
#### 1164 **Interpreting and modelling parasite clearance**

1165 Correctly interpreting the exponential decline in parasite numbers after treatment has proved  
 1166 an area of some controversy (138, 184, 185). Given the complex and synchronous lifecycle of  
 1167 the parasite, one may ask why decay would be exponential at all (44, 138, 192)? In HIV  
 1168 dynamic modelling, drug action is interpreted as blocking viral replication, and the  
 1169 exponential decay phase of virus is interpreted as the natural decay rate of (virus producing)  
 1170 infected cells. In malaria treatment the effects of drug are interpreted very differently, with  
 1171 the rate of exponential decay in circulating parasite numbers usually being interpreted as the  
 1172 rate of killing by the drug (fig. 14A). That is, it has been assumed that 'killed' parasites are  
 1173 removed from circulation immediately. This presents a particular issue for interpreting the  
 1174 effects of short-acting drugs. The artemisinin derivatives typically have a short elimination  
 1175 half-life (30 minutes to 1 hour) and are largely cleared from the body by six hours post-  
 1176 treatment. These are typically administered every 24 hours. However, the exponential decay

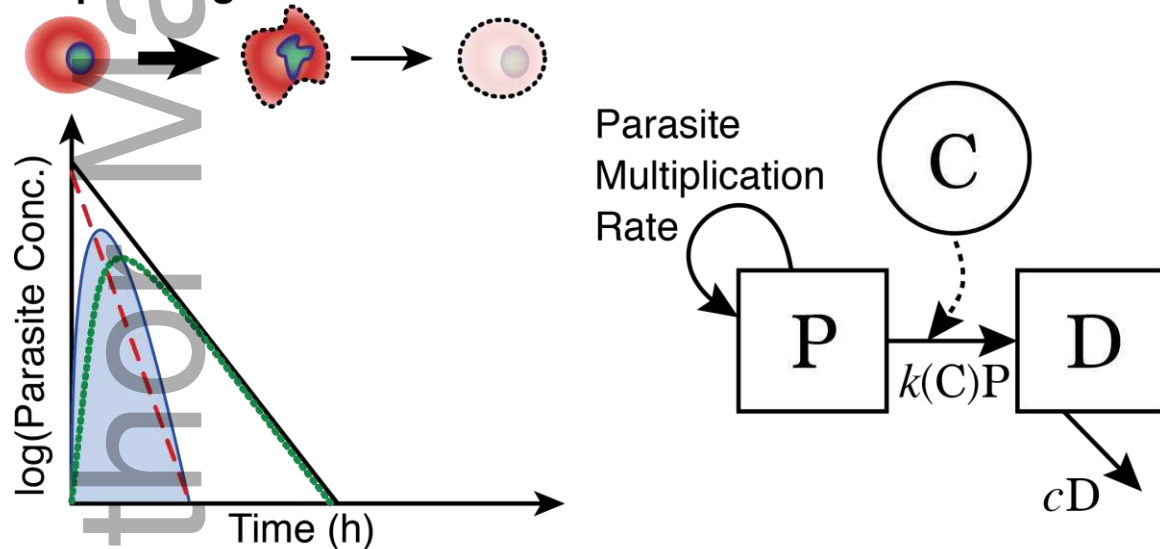
1177 of parasites continues despite the removal of drug from circulation (illustration in fig. 14A,  
 1178 see (193)).

1179

### A Drug killing & very rapid removal



### B Rapid drug inhibition & slower removal



1180

1181 **Figure 14: Illustration of two alternative understandings of drug-effect and parasite**  
 1182 **removal.** Here we present an illustration of the decline in parasite concentration after  
 1183 treatment with an antimalarial, highlighting that it is possible to observe parasite  
 1184 concentration declining even once drug has been eliminated from host circulation (193). The  
 1185 solid black line indicates parasite concentration, and the blue shaded region indicates the drug  
 1186 concentration over time. (A) In PK/PD models of antimalarial drug action it is typically  
 1187 assumed that once a drug kills a parasite it is very rapidly removed, such that the overall  
 1188 decline in pRBCs from the host is essentially a measure of the rate of drug-killing (see red-  
 1189 dashed line and solid black line). The mathematical models tend to have a drug killing term,  
 1190  $k(C)$ , that depends on the concentration of drug,  $C$ , in the host and causes pRBCs to decline

1191 as they are killed. (B) Other modelling studies have suggested that drug-effect and host  
1192 removal of drug-damaged or killed pRBCs are separate processes. This would mean that the  
1193 decline in parasite concentration after drug treatment is not a measure of the speed of the  
1194 drug-effect, but is a measure of the rate of host removal of drug-affected pRBCs (green  
1195 dotted line versus red dashed line). A mathematical model of this process has an extra  
1196 compartment, drug-damaged, or dead pRBCs,  $D$ . Drug action is still modelled in the same  
1197 way, as a function of drug concentration,  $k(C)$ . However, the drug effect does not cause  
1198 instant removal of the pRBCs but shifts them from the 'healthy' (red dashed line) to drug-  
1199 affected (damaged) state, where they are subsequently removed at some rate,  $c$ .

1200

1201 Most models of drug action in malaria combine the two processes of drug killing of parasites,  
1202 and the subsequent removal of those killed parasites, by assuming instantaneous removal (fig.  
1203 14A) (15, 16, 44, 74). However, several studies have proposed that drug killing of parasites  
1204 and their removal might be two separate processes, and that the rate of killing might be faster  
1205 than the rate of clearance of those killed parasites by the host (fig. 14B) (132, 133, 138, 184,  
1206 194-196). Under this scenario, the presence of drug for six hours may be sufficient to kill  
1207 parasites (or perhaps to 'stun' them, since they may appear morphologically normal). These  
1208 drug-affected (unviable) parasites remain in circulation and are subsequently cleared at an  
1209 exponential rate (fig. 14B). This reconciles the short duration of drug action with the  
1210 prolonged clearance of circulating parasites.

1211

1212 Distinguishing between these two processes is very difficult in human studies. However,  
1213 adoptive transfer studies in mice (fig. 8) allow a dissection of the timing of drug action versus  
1214 clearance of drug-affected parasites in vivo (132, 133). By removing a proportion of parasites  
1215 from the mouse soon after treatment and culturing them in vitro, it is clear that after 6 hours  
1216 of exposure to artesunate in vivo circulating parasites were completely impaired in their  
1217 development and unable to mature in culture (132). However, these drug affected pRBCs  
1218 continued to circulate in vivo, and were cleared with a half-life of 6.7 hours (132). This study  
1219 indicates that drug action to impair or kill pRBCs is very rapid (complete within 6 hours), but  
1220 that the subsequent host removal of these impaired or killed parasites is considerably slower.

1221 The removal of these drug-affected parasites appeared host-mediated, as removal of  
1222 phagocytes by clodronate treatment, or splenectomy, significantly reduced the clearance rate  
1223 (133, 197). This strongly suggests that models should be incorporating drug effect and pRBC  
1224 clearance as separate processes in vivo.

1225

### 1226 **Incorporating cumulative drug effects on parasite killing**

1227 A recent series of in vitro experimental studies have established that a drug's killing activity  
1228 is not only concentration, but also exposure dependent (138, 183, 198). These have  
1229 highlighted an important gap in the modelling literature in malaria. Classical models of drug  
1230 action in malaria, and most PK/PD models generally, have tended to assume that drug killing  
1231 rates at any point in time are instantaneously related to the drug concentration at that time.  
1232 This assumption is probably sufficient when considering drug action in HIV, for example,  
1233 where enzyme inhibition is the major action, and drugs act rapidly to inhibit these enzymes  
1234 and viral processes. Surprisingly, the mechanisms of action of most common antimalarials  
1235 are poorly defined, and often ascribed to broad interference with parasite metabolism, and  
1236 death due to oxidative damage (as a result of the parasite's need for haemoglobin degradation  
1237 and metabolism) (138, 199). Thus, even if the inhibition of parasite metabolism is rapid, the  
1238 resulting oxidative damage may take some time to accumulate and kill (or otherwise affect)  
1239 the parasite. This suggests that the rate of 'killing' of parasites may be time-dependent and  
1240 exposing a parasite to an antimalarial for longer periods may increase its risk of being killed  
1241 (137). This concept of accumulated parasite stress, depending on the history of exposure of a  
1242 parasite to a drug, has recently been modelled (137). Mechanistic models of the action of  
1243 antimalarials to kill or inhibit parasites are sparse, more modelling of these processes may  
1244 contribute to unravelling the mechanisms of antimalarial action.

1245

## 1246 **Conclusion**

1247 This review has provided an introduction to within-host modelling of malaria infection, with  
1248 a particular focus on exploring the complexities of the infection in order to highlight the  
1249 points of difference with the extensive field of viral dynamics modelling. We have attempted  
1250 to highlight the key challenges and open questions in the field and summarise some of the  
1251 recent progress towards addressing those challenges. A major obstacle for many modellers in  
1252 entering a new field of research can be accumulating enough of the necessary background  
1253 knowledge to determine how their previous modelling experience can be applied with  
1254 greatest effect. We hope to have provided readers the necessary background knowledge to  
1255 begin developing models with biological fidelity, and to calibrate and test them with real-  
1256 world data.

1257

## 1258 **Acknowledgements**

1259 This work was supported by the Australian Research Council (grant DP120100064 &  
1260 DP180103875 (to MPD, DC, AH, DSK), DP170103076 (to JMM, JAS) and FT110100250 (to  
1261 JMM)), the National Health and Medical Research Council (NH&MRC), Australia (grants  
1262 1082022 (to MPD, DC, AH), 1141921 (to DSK), 1080001 (to MPD), 1028634 (to AH), 1100394  
1263 (to JAS, JMM), 1104975 (to JAS), 1028641 (to AH) and 1126399 (to AH)). The University of  
1264 New South Wales provided the International Postgraduate Research Scholarship to RA and a  
1265 Scientia PhD Scholarship to GRR. This work was supported in part by the Australian Centre for  
1266 Research Excellence on Malaria Elimination, funded by the National Health and Medical  
1267 Research Council of Australia 1134989 (to JAS, JMM, JM).

1268

1269 There are no conflicts of interest to declare.

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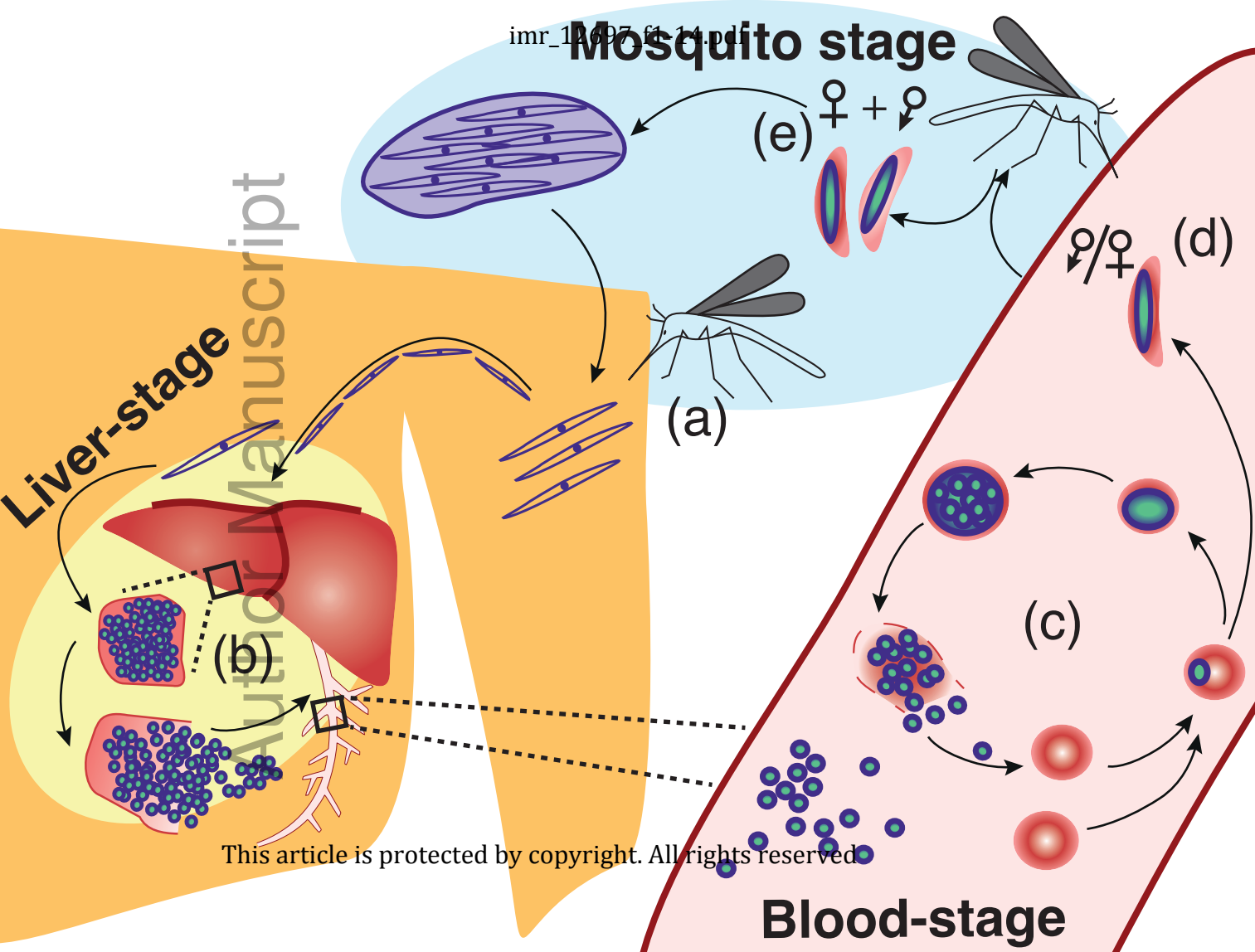
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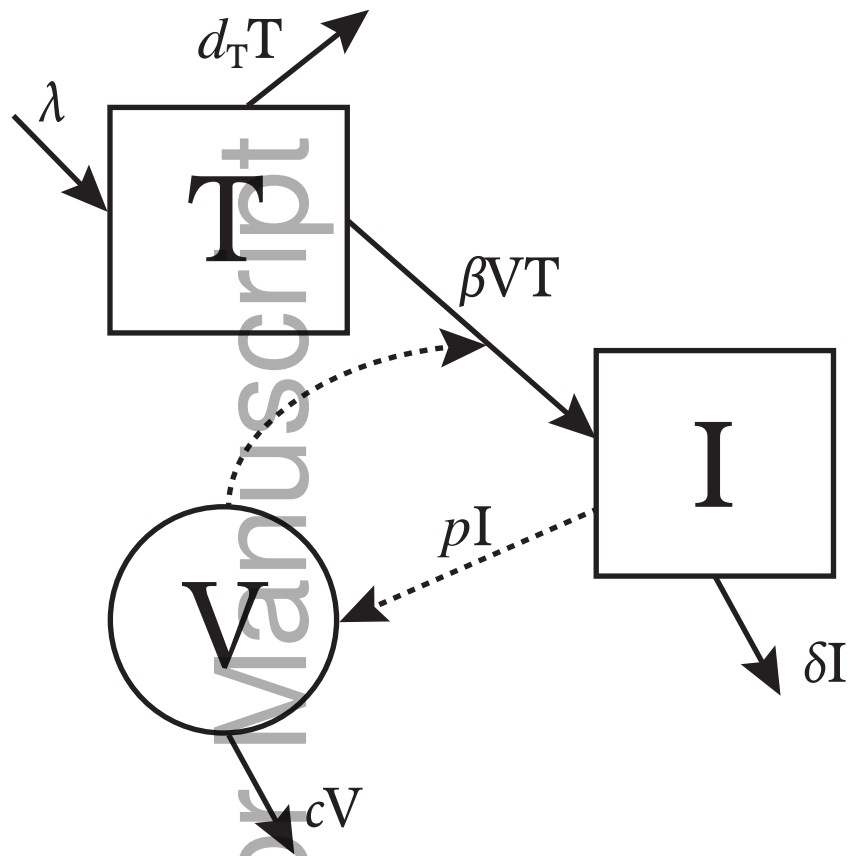
# Mosquito stage

Liver-stage  
Author Manuscript



# Blood-stage

# A) HIV

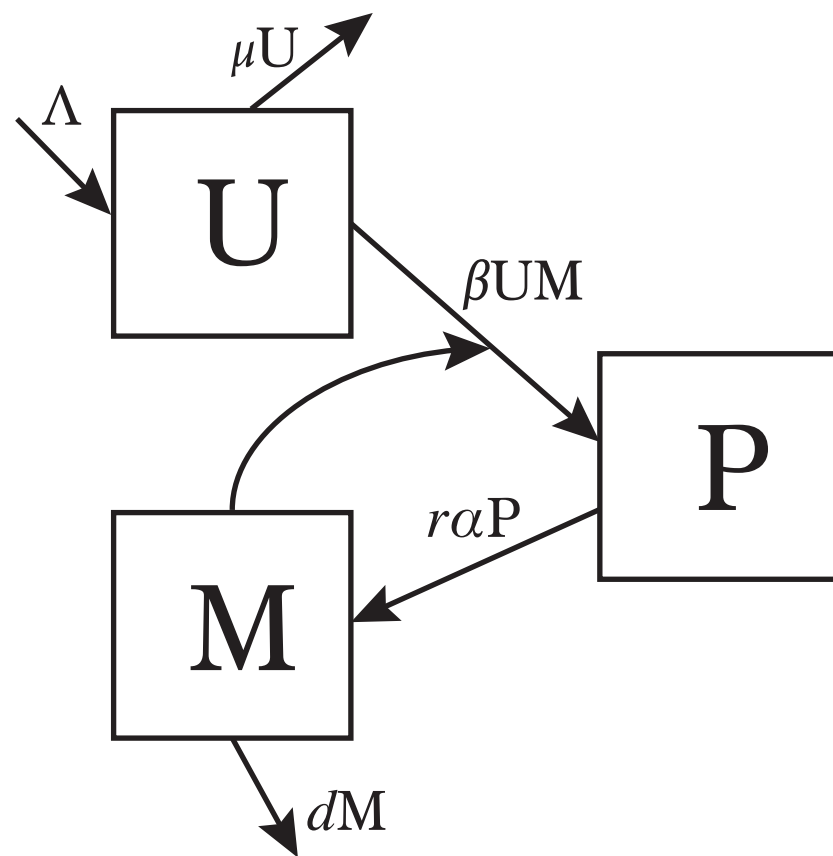


**T cells:** 
$$\frac{dT}{dt} = \lambda - d_T T - \beta VT$$

**Infected cells:** 
$$\frac{dI}{dt} = \beta VT - \delta I$$

**Free virus:** 
$$\frac{dV}{dt} = pI - cV$$

# B) Malaria

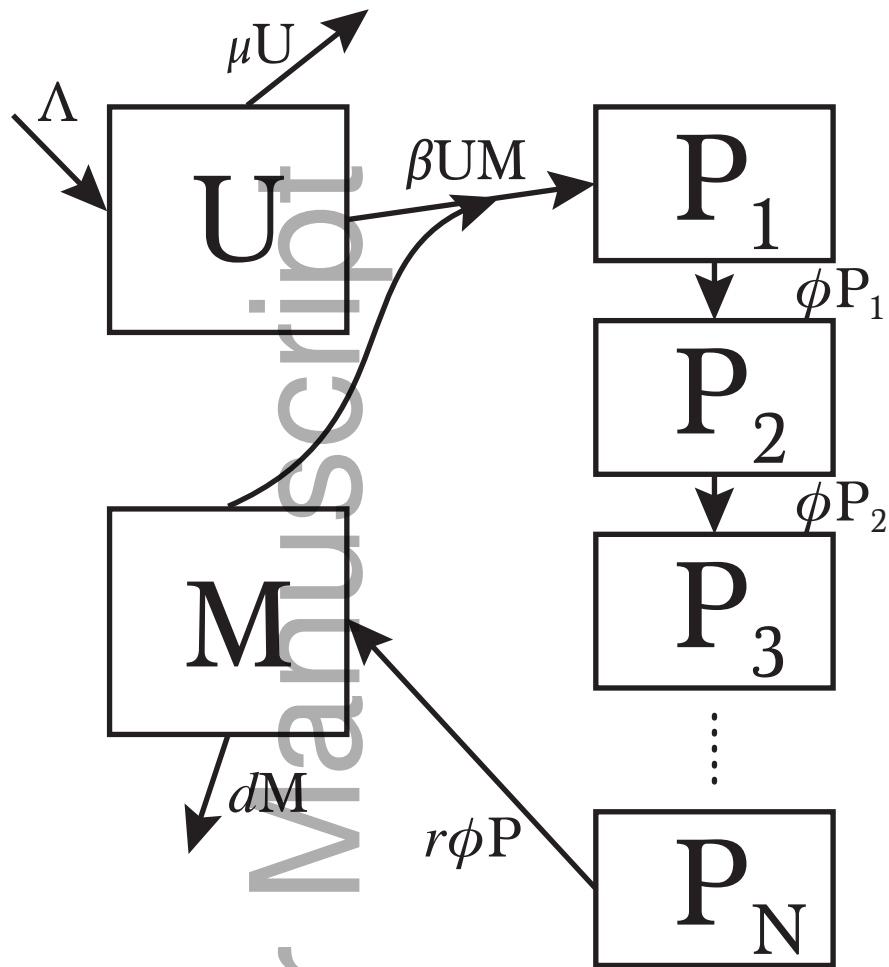


**RBCs:** 
$$\frac{dU}{dt} = \Lambda - \mu U - \beta UM$$

**pRBCs:** 
$$\frac{dP}{dt} = \beta UM - \alpha P$$

**Merozoites:** 
$$\frac{dM}{dt} = r\alpha P - dM$$

# A n-compartment



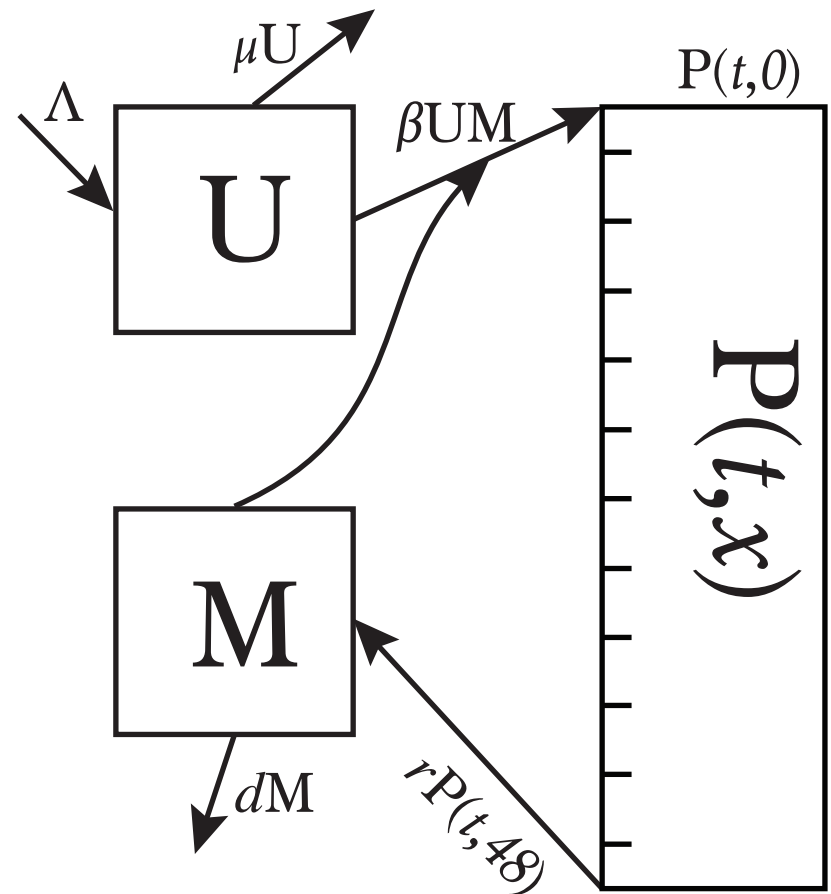
$$\frac{dP_1}{dt} = \beta UM - \phi P_1$$

$$\frac{dP_i}{dt} = \phi P_{i-1} - \phi P_i$$

$$i = 2, \dots, N$$

$$\frac{dM}{dt} = r\phi P_N - dM$$

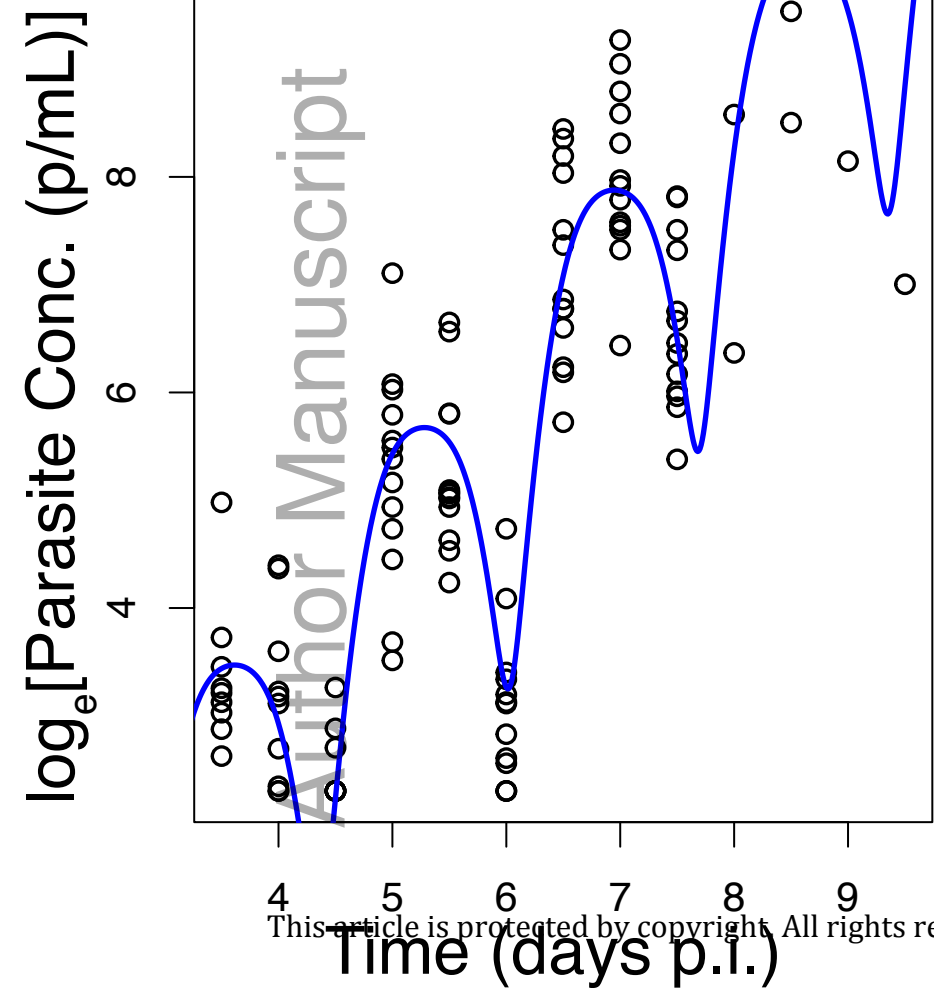
# B PDE model



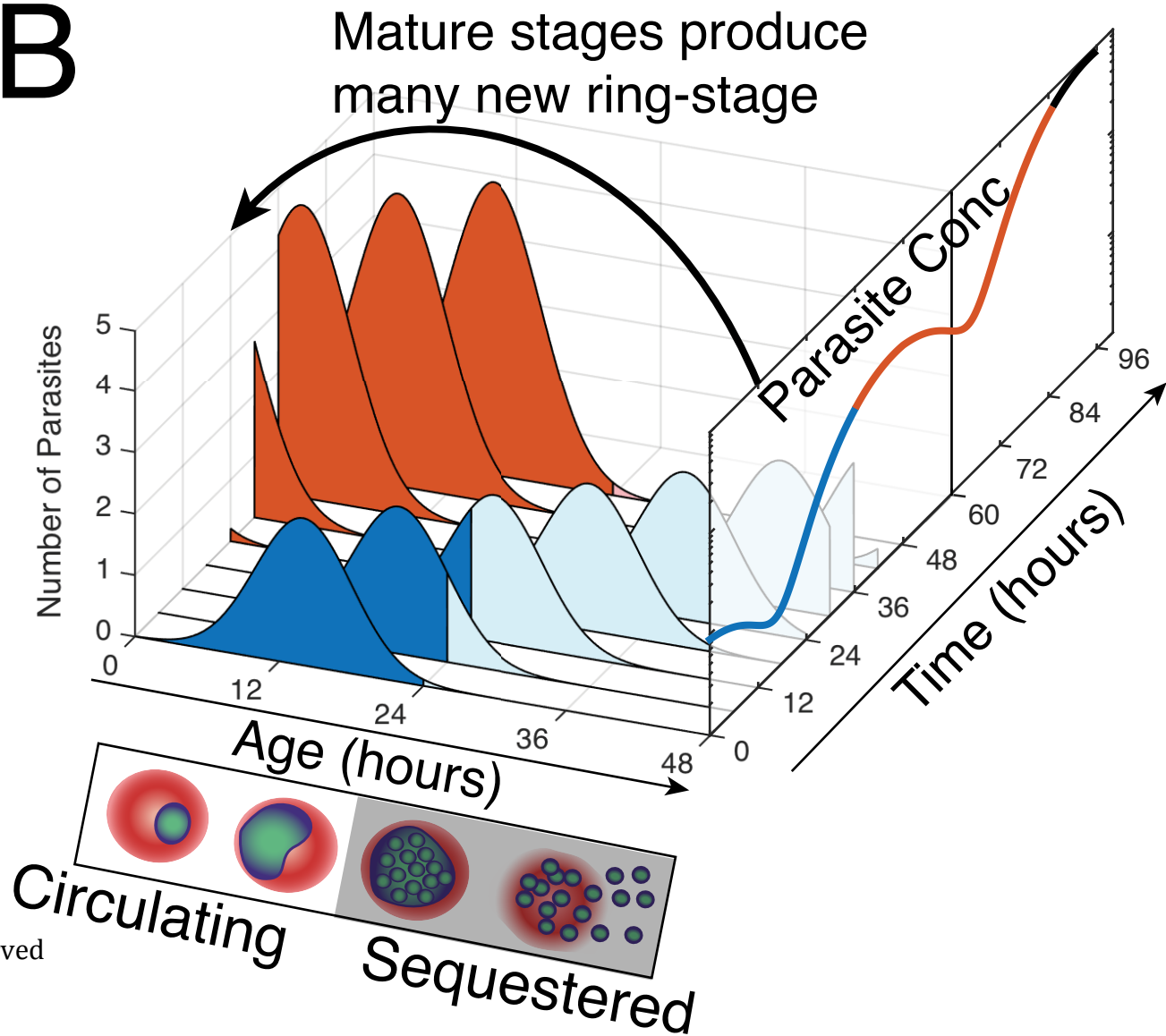
$$\frac{\partial P}{\partial t} + \frac{\partial P}{\partial x} = 0$$

$$P(t, 0) = \beta UM$$

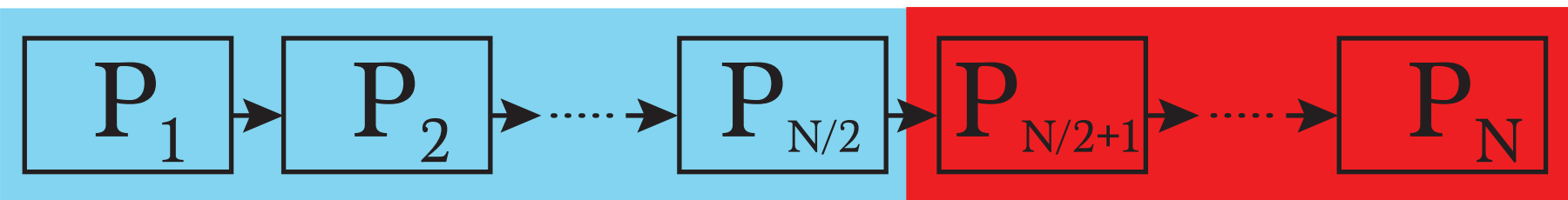
$$\frac{dM}{dt} = rP(t, 48) - dM$$

**A**

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**B**

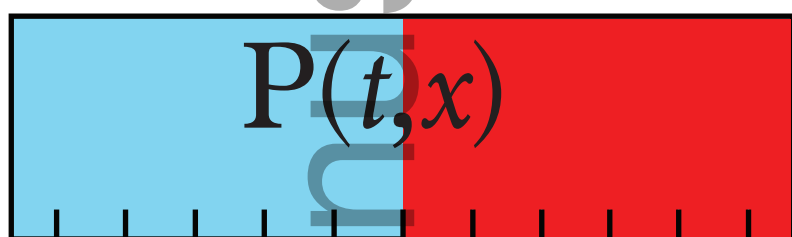
# A n-compartment



$$\bar{P}(t) = \sum_{i=1}^{N/2} P_i(t)$$

$$\bar{S}(t) = \sum_{i=N/2+1}^N P_i(t)$$

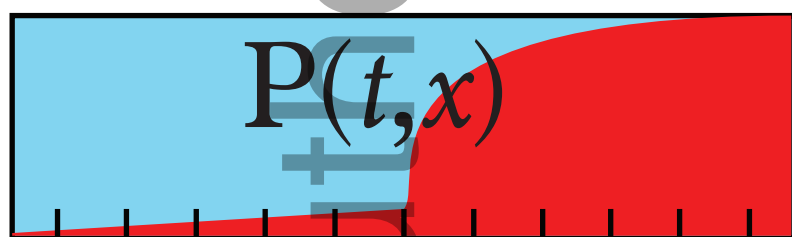
# B PDE model



$$\bar{P}(t) = \int_0^{24} P(t, x) dx$$

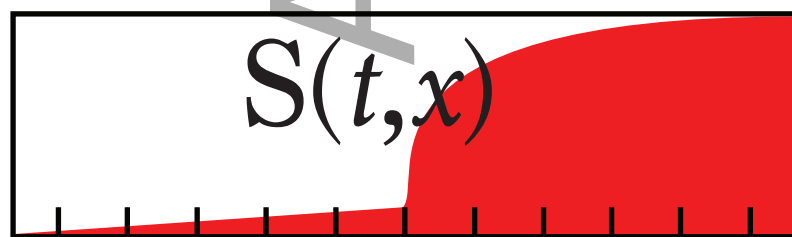
$$\bar{S}(t) = \int_{24}^{48} P(t, x) dx$$

# C Rate of sequestration



$$\frac{\partial P}{\partial t} + \frac{\partial P}{\partial x} = -s(x)P(t, x)$$

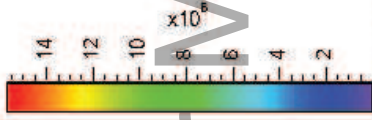
$$\frac{\partial S}{\partial t} + \frac{\partial S}{\partial x} = s(x)P(t, x)$$



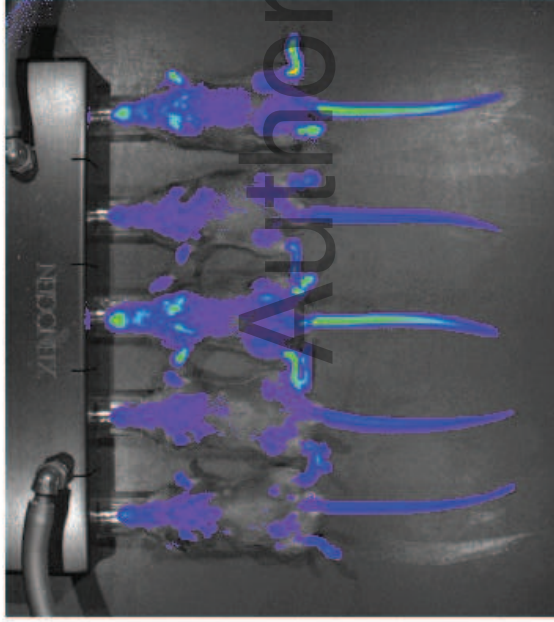
$$\bar{P}(t) = \int_0^{48} P(t, x) dx$$

$$\bar{S}(t) = \int_0^{48} S(t, x) dx$$

Image  
Min = -5.0842e+07  
Max = 1.5621e+07  
p/sec/cm^2/sr

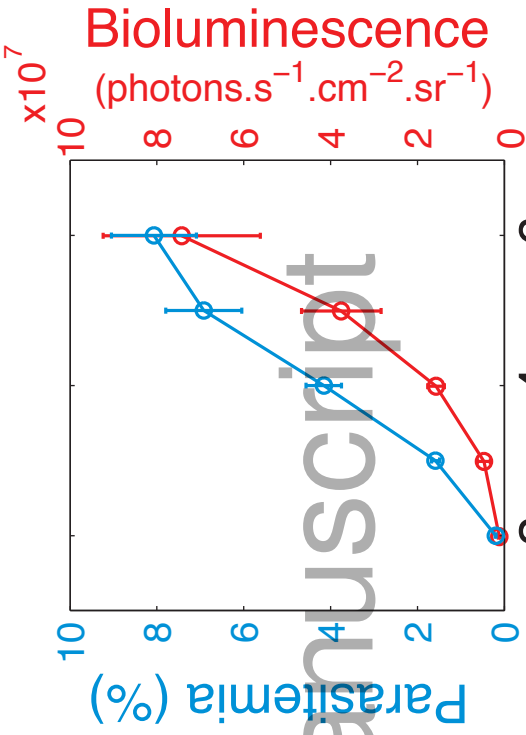


Color Bar  
Min = 78102  
Max = 1.562e+07



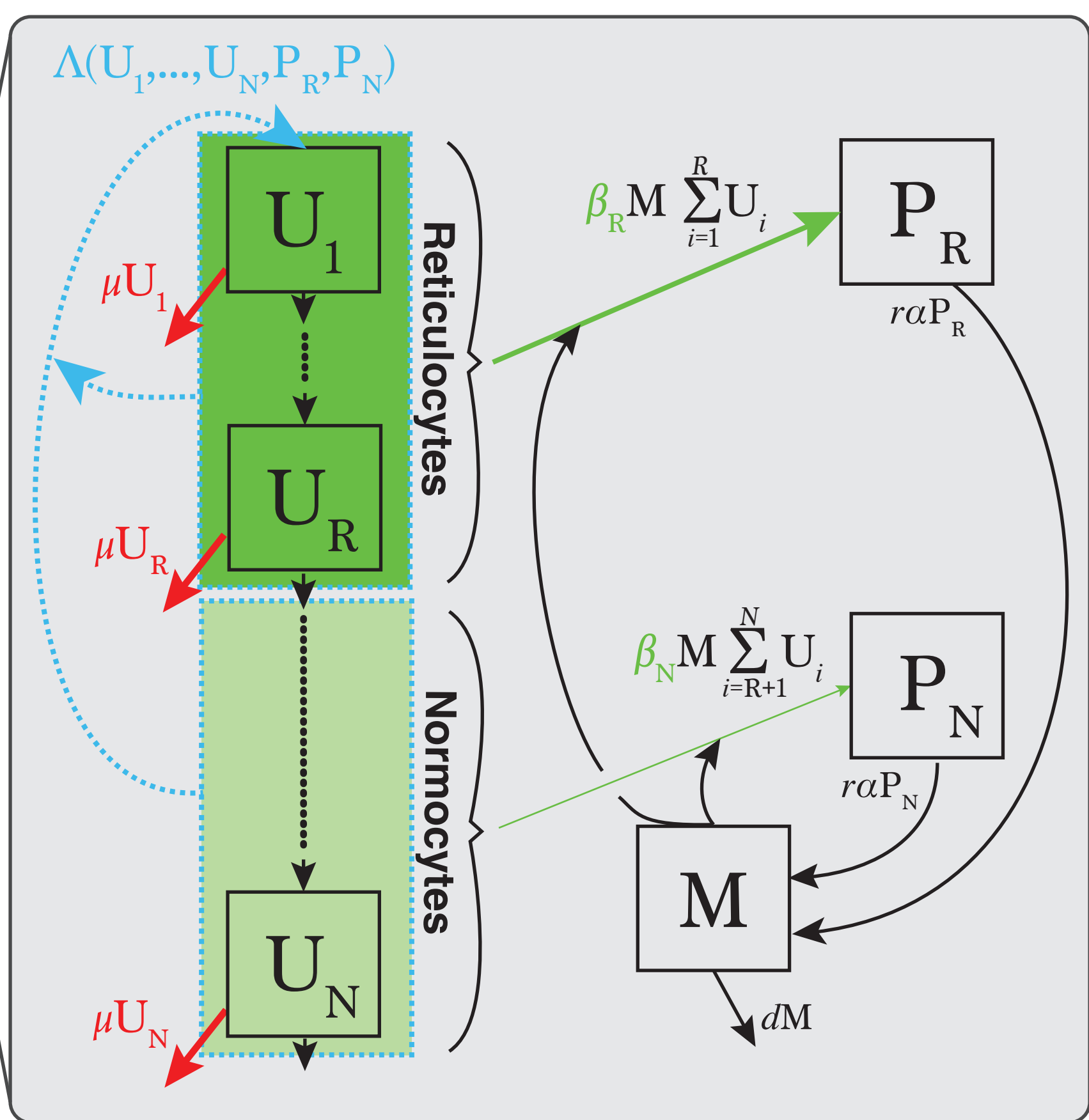
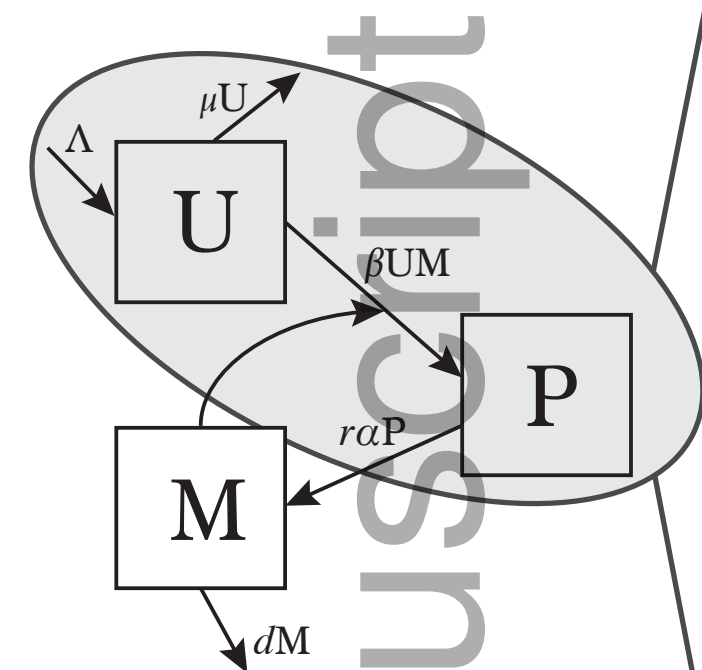
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**A**

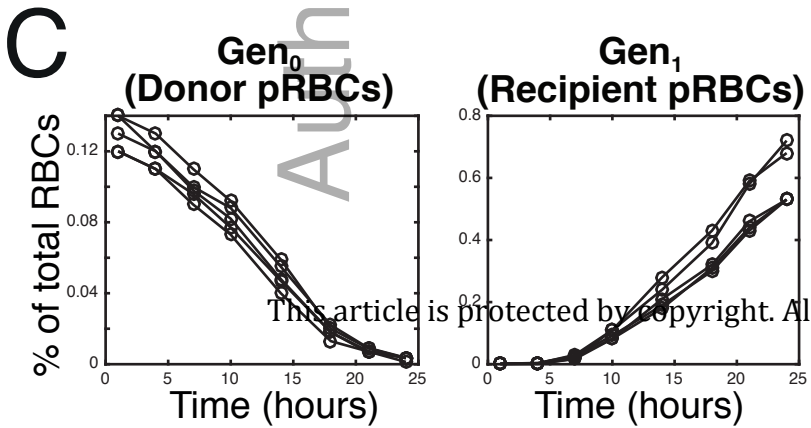
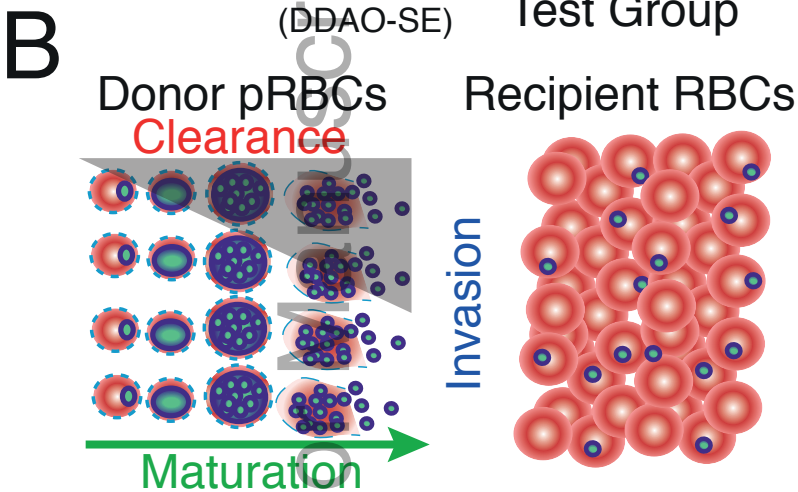
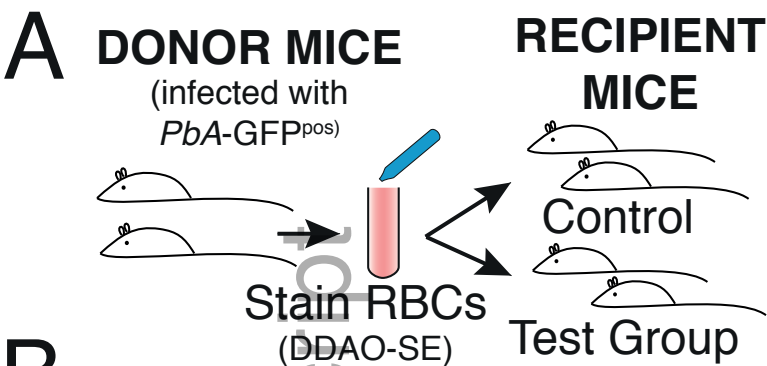


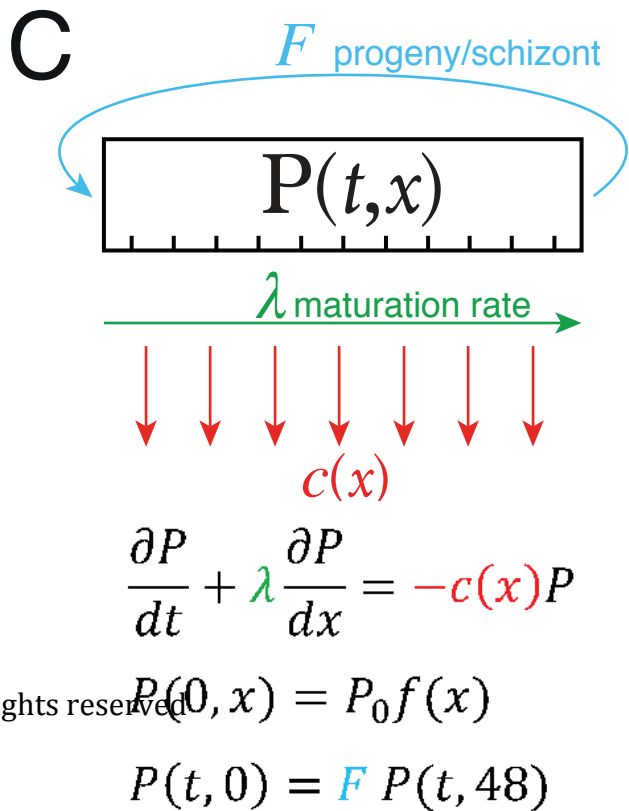
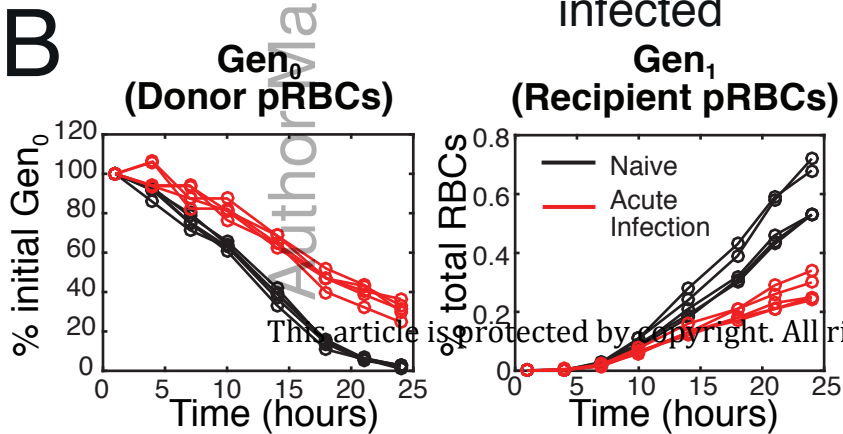
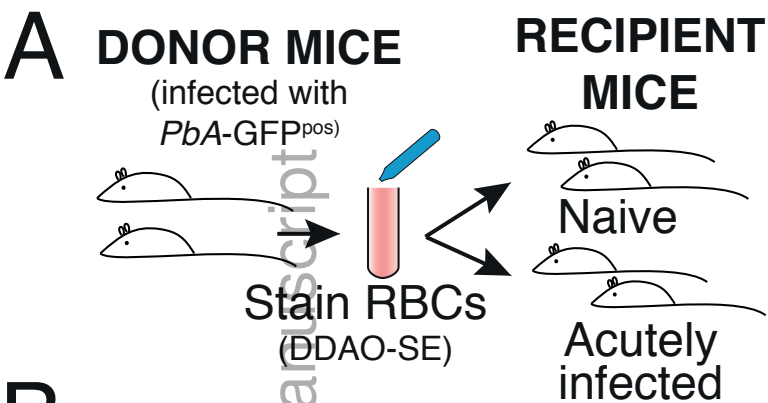
**B**

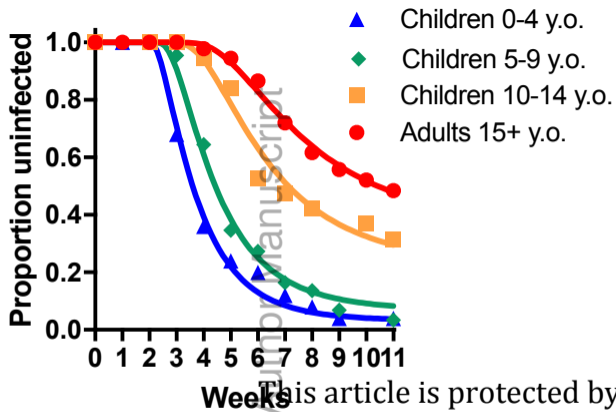
# Example: Splitting RBCs into age-compartments



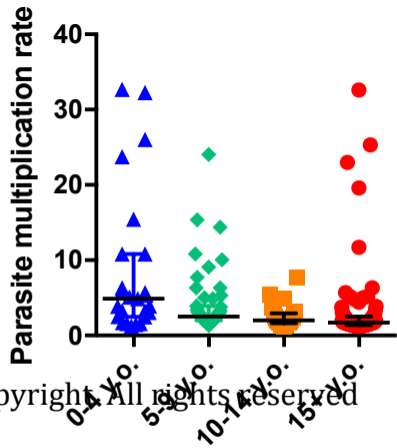
$$\begin{aligned} \frac{dU_1}{dt} &= \underbrace{\Lambda(U_1, \dots, U_N, P_R, P_N)}_{\text{Production of RBCs}} - \underbrace{\omega U_1}_{\text{RBC maturation}} - \underbrace{\beta_R U_1 M}_{\text{Preferential invasion of reticulocytes}} - \underbrace{\mu U_1}_{\text{Bystander killing}} \\ \frac{dU_i}{dt} &= \omega U_{i-1} - \omega U_i - \underbrace{\beta_R M U_i}_{\text{Preferential invasion of reticulocytes}} - \mu U_i, \quad 1 \leq i \leq R \\ \frac{dU_i}{dt} &= \omega U_{i-1} - \omega U_i - \underbrace{\beta_N M U_i}_{\text{Preferential invasion of normocytes}} - \mu U_i, \quad R + 1 \leq i \leq N \\ \frac{dP_R}{dt} &= \beta_R M \sum_{i=1}^R U_i - \alpha P_R \quad \frac{dP_N}{dt} = \beta_N M \sum_{i=R+1}^N U_i - \alpha P_N \end{aligned}$$



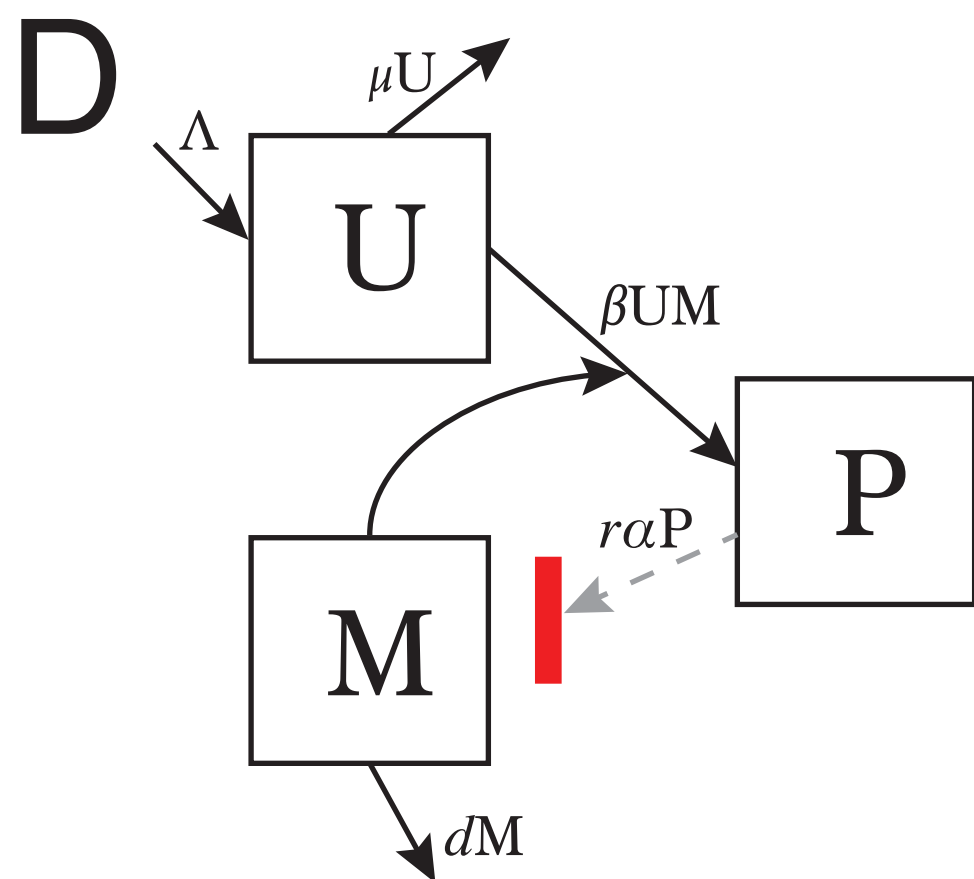
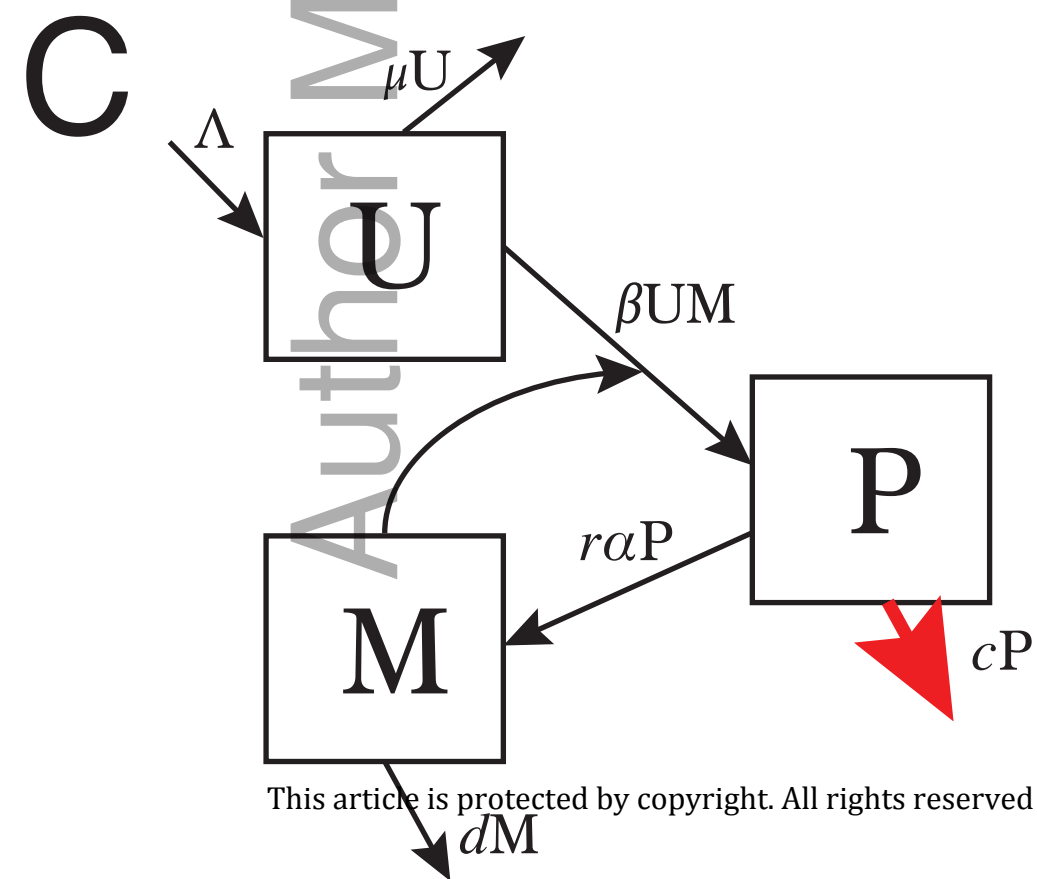
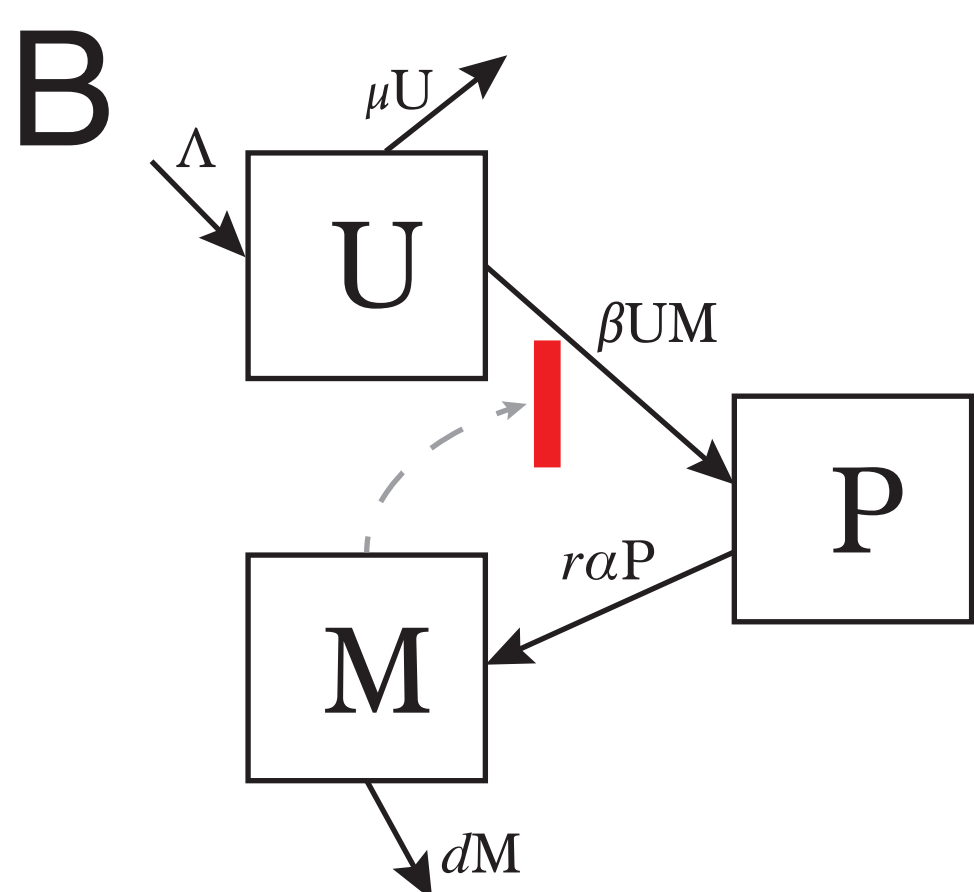
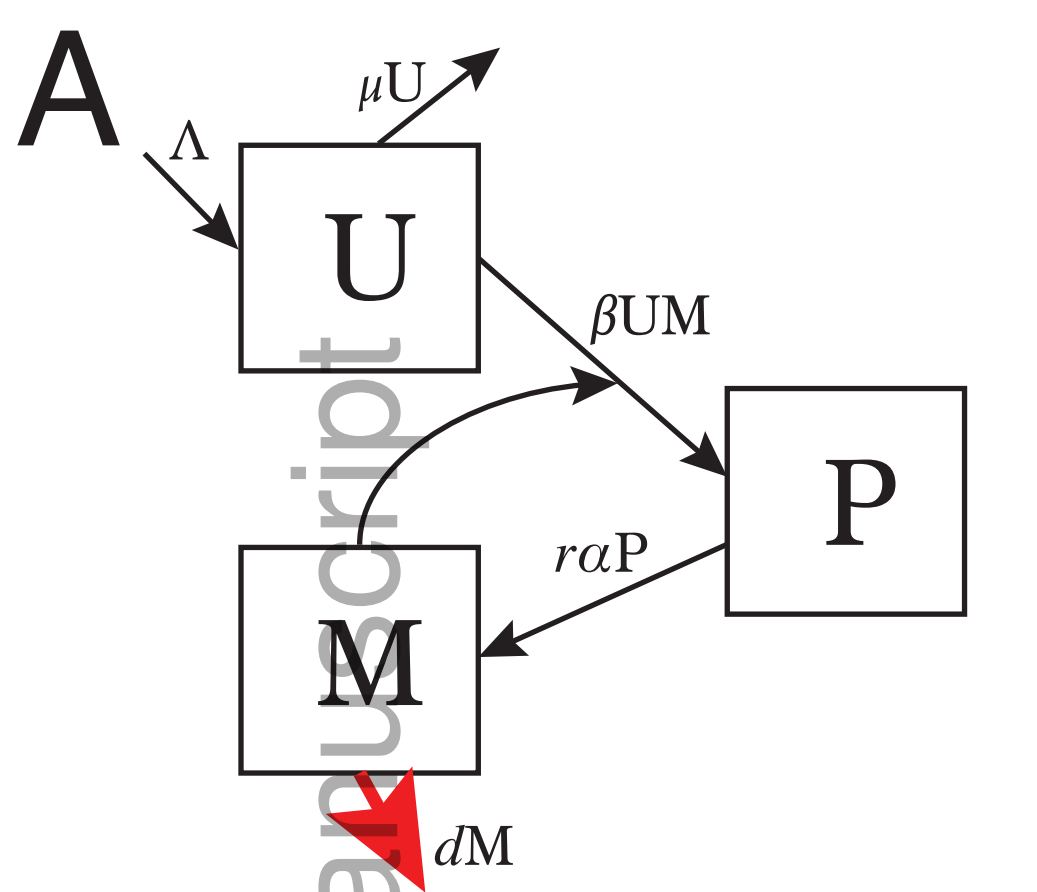


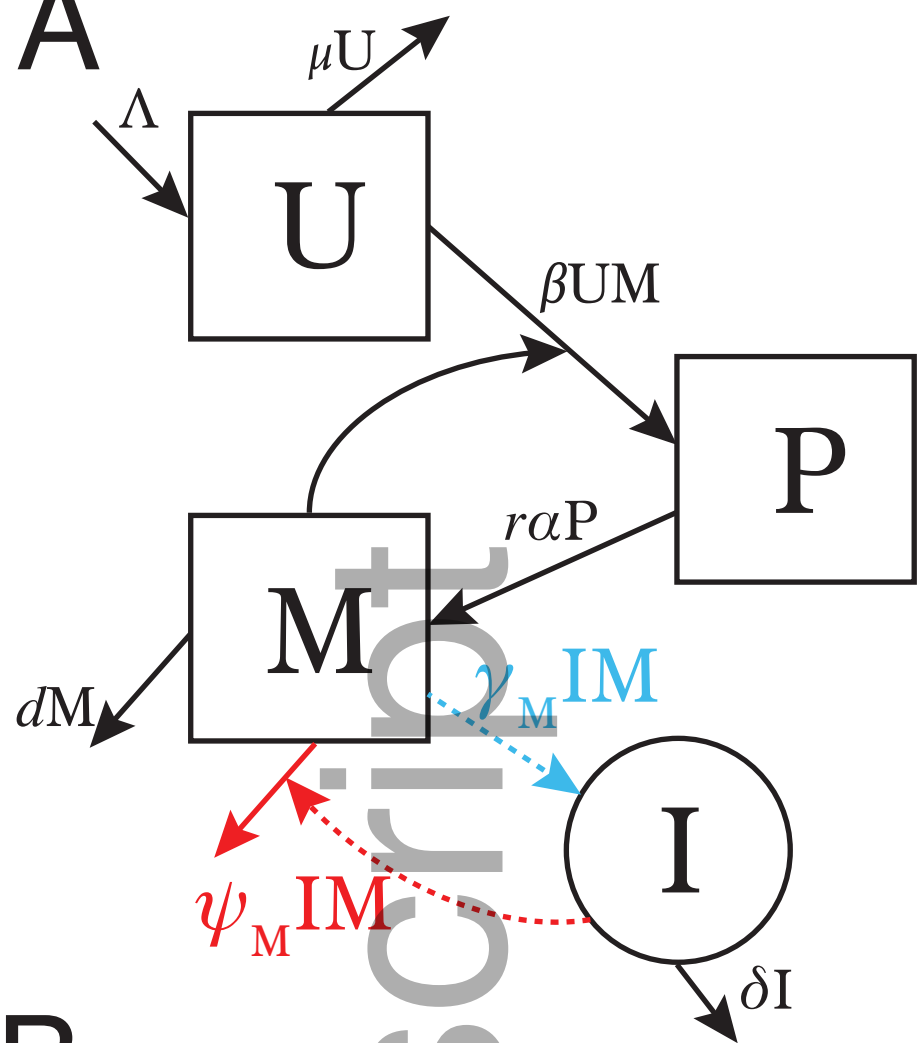


(a)



(b)



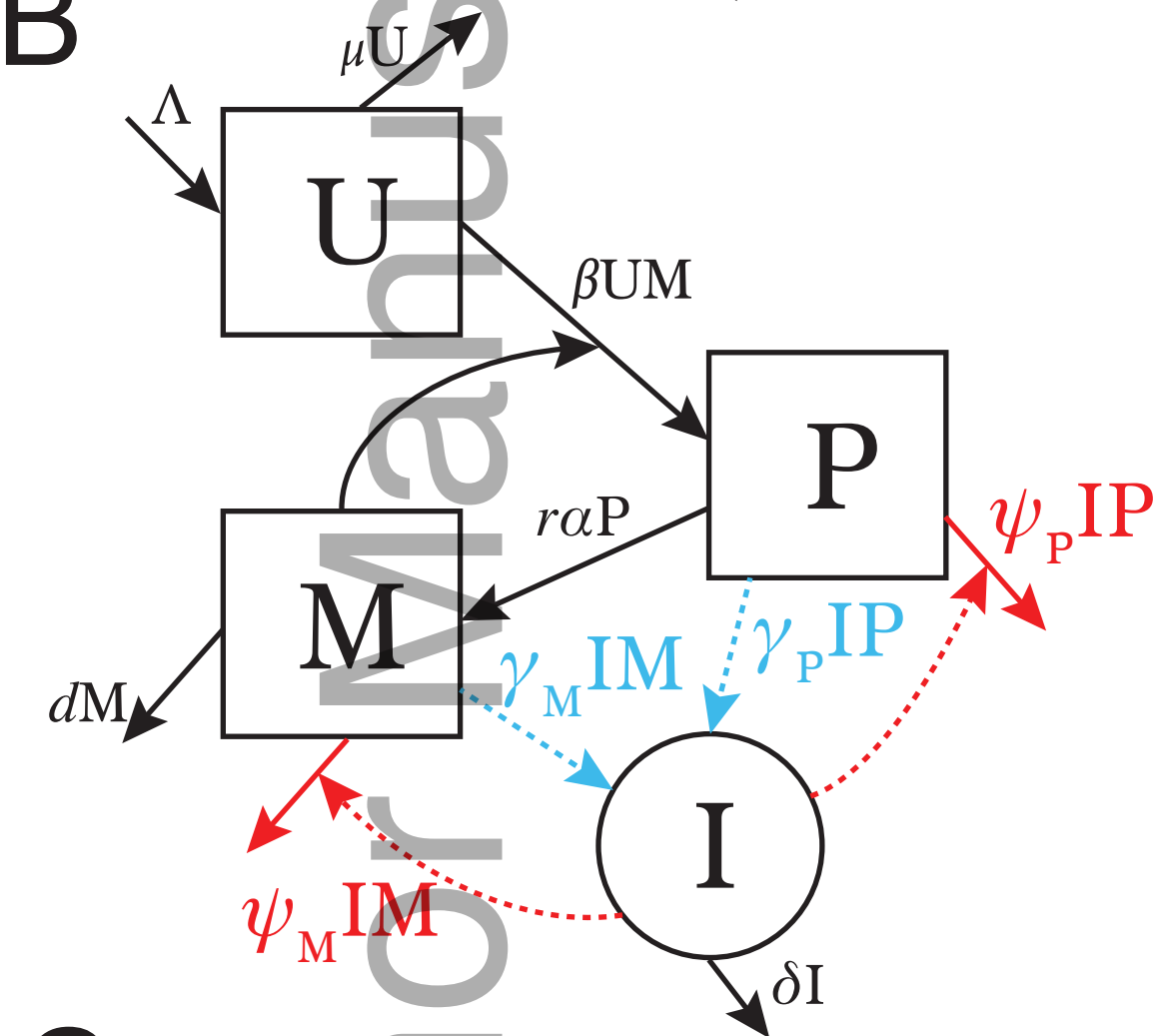
**A**

$$\frac{dU}{dt} = \Lambda - \mu U - \beta U M$$

$$\frac{dP}{dt} = \beta U M - \alpha P$$

$$\frac{dM}{dt} = r \alpha P - d M - \psi_M I M$$

$$\frac{dI}{dt} = \gamma_M I M - \delta I$$

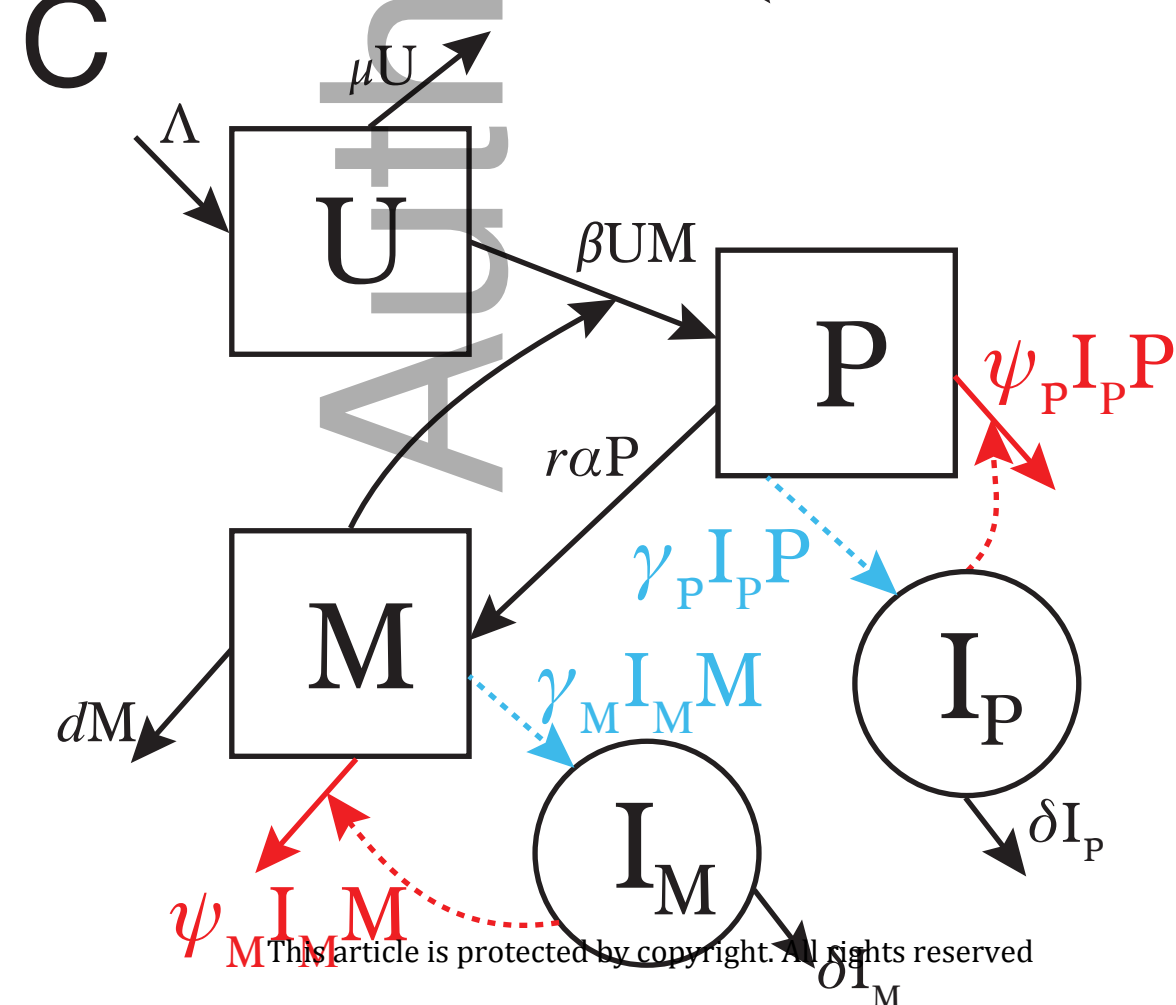
**B**

$$\frac{dU}{dt} = \Lambda - \mu U - \beta U M$$

$$\frac{dP}{dt} = \beta U M - \alpha P - \psi_P I P$$

$$\frac{dM}{dt} = r \alpha P - d M - \psi_M I M$$

$$\frac{dI}{dt} = \gamma_M I M + \gamma_P I P - \delta I$$

**C**

$$\frac{dU}{dt} = \Lambda - \mu U - \beta U M$$

$$\frac{dP}{dt} = \beta U M - \alpha P - \psi_P I_P P$$

$$\frac{dM}{dt} = r \alpha P - d M - \psi_M I_M M$$

$$\frac{dI_M}{dt} = \gamma_M I_M M - \delta I_M$$

$$\frac{dI_P}{dt} = \gamma_P I_P M - \delta I_P$$

