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**Itinerant, nomad or invader? A field experiment sheds light on the
characteristics of successful dispersers and colonists**

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31 Running title: Successful dispersal and colonisation

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34 Keywords: aquatic invertebrates, colonisation, dispersal traits, insects, stepping stones

35 SUMMARY

36 1. Many hypotheses in ecology depend upon identifying species that can disperse across landscapes
37 and colonise new habitat patches. Species differ in dispersal ability, yet some good dispersers reach
38 new locations but fail to colonise them (“itinerants”). Additionally, successful colonists may comprise
39 species that routinely disperse and maintain connectivity among locations (“nomads”) as well as
40 species that can also take advantage of new situations (“invaders”). In a previously reported
41 landscape-scale, field experiment that boosted detrital resources in Hughes Ck (south-eastern
42 Australia), species diversity increased at manipulation sites due to successful dispersal and
43 colonisation. The species composition at manipulation sites gradually converged on that seen at
44 upstream sites, implying the latter locations supplied dispersers. Here we ask (i) did dispersers arise
45 from within the same creek, and were drift and adult flight both implicated? (ii) were successful
46 colonists (“responders”) clearly better dispersers (e.g. nomads or invaders) than those that did not
47 colonise manipulation sites (“non-responders”)? (iii) did traits commonly assumed to denote
48 successful dispersal provide a reliable guide to species that were actually successful colonists?

49 2. Simultaneous with benthic samples, we collected animals in the drift immediately upstream of
50 control and manipulation sites, and trapped winged adults along the banks. We used PERMANOVA
51 to contrast (i) the assemblages of species in the drift with those in the benthos and (ii) the assemblages
52 of adults, at different sites and times. For 54 common taxa (26 responders; 28 non-responders), we
53 used linear regression to test whether benthic densities were significantly related to drift numbers and,
54 if so, whether the relationship was the same at manipulation and control sites (“nomads”) or delivered
55 higher densities at manipulation sites (“invaders”). We compiled information on dispersal traits
56 (presence in drift, voltinism, flight-capable adults) to assess whether dispersal traits predicted species
57 that successfully colonised manipulation sites.

58 3. Drift assemblages were more similar to benthic assemblages at manipulation sites than to those at
59 control sites. Adult assemblages did not differ between manipulation sites and controls, but adult

60 assemblages at downstream sites converged on those seen upstream. Many dispersers arose from
61 within Hughes Creek, with ~ 60% of common taxa arriving via the drift. Among the common taxa,
62 4% were poor dispersers (rarely in the drift) and 33% were itinerants (drift and benthos were
63 unrelated), with these categories equally represented among responders and non-responders. In the
64 remaining taxa, benthic densities were related to drift numbers. Most responders were invaders,
65 whereas most non-responders were nomads. Responders and non-responders did not differ in traits
66 that are commonly assumed to reflect a high potential for dispersal and colonisation.

67 4. Responders were not demonstrably better dispersers than non-responders but instead were able to
68 colonise manipulation sites. Contrary to common assumptions, these differences in colonisation
69 ability were not captured by dispersal traits. Colonisation ability has rarely been separated from
70 dispersal ability in stream studies, and yet research in other ecosystems demonstrates that differences
71 in capacity to invade local communities are central to understanding community structure across
72 landscapes.

73 **Introduction**

74 Species differ in their ability to disperse across landscapes to colonise new locations. These
75 differences in dispersal ability can increase population numbers and cause range shifts (Lowe &
76 McPeck, 2014), allow competing species to coexist (Chesson, 2000) and explain variation in species
77 diversity and community structure across patchy landscapes (Logue *et al.*, 2011). Knowledge about
78 dispersal distances and frequencies is therefore vital but both are difficult to measure. Most
79 information about dispersal comes either from species large enough to be tagged and followed
80 individually (e.g. many vertebrates) or from sessile organisms with mobile juveniles (e.g. plants;
81 sessile marine invertebrates) where the appearance of new adults in habitat patches are outcomes of
82 successful dispersal (Hixon, Pacala & Sandin, 2002). In contrast, dispersal is much more difficult to
83 study in communities comprising small, mobile species, such as the invertebrate fauna of streams.
84 While most invertebrates can walk along the stream bed, most such movements are probably related
85 to acquisition of food or refuge. It is unlikely that walking routinely enables individuals to disperse
86 between sites separated by multiple kilometres (Erman, 1986; Freilich, 1991). Alternatively, many
87 stream invertebrates have the potential to use the drift to disperse downstream, but for most species it
88 is unknown how often individuals drift or how far they go (Lancaster, 2008). Additionally, many
89 stream invertebrates are insects that have terrestrial, winged adults, and dispersal can occur during this
90 stage as well. Nevertheless, it is unclear how far most species fly, how frequently, and in what
91 directions (Lancaster & Downes, 2013). Consequently, the extent to which stream communities and
92 populations are affected by frequent dispersal or not is unknown.

93 To overcome these knowledge gaps, researchers have turned to indirect methods to quantify the
94 effects of dispersal on populations and communities, and yet there are significant limitations

95 associated with such methods. For example, variation partitioning is used to estimate the proportion of
96 spatial variation in densities across landscapes that is unrelated to environmental variables. This
97 “pure” spatial variation is often used as a measure of the role that dispersal constraints play in setting
98 spatial distribution patterns (Logue *et al.*, 2011). Nevertheless, “pure” spatial variation may be caused
99 by factors other than dispersal constraints (Legendre & Legendre, 2012), and variation partitioning
100 provides unreliable estimates of dispersal when used with typical ecological data (Gilbert & Bennett,
101 2010; Smith & Lundholm, 2010). An alternative, indirect approach is to estimate the influence of
102 dispersal using morphological and behavioural traits that, theoretically, capture the capacity of species
103 to disperse. Coarse-level traits include characteristics such as whether the species swims or crawls, its
104 frequency of occurrence in the drift, whether adults are considered “weak” or “strong” flyers, whether
105 dispersal is “active” or “passive”, and so forth (Usseglio-Polatera *et al.*, 2000; Dolédec *et al.*, 2006;
106 Poff *et al.*, 2006). Dispersal traits have been embraced for hypothesis-testing (e.g. Göthe *et al.*, 2017),
107 but they are based typically on assumptions and collections of observations and “expert knowledge”
108 (Dolédec *et al.*, 2006; Poff *et al.*, 2006) rather than data demonstrating that traits successfully predict
109 either dispersal distances or frequencies.

110 A further problem with indirect methods is that they cannot distinguish between different dispersal
111 outcomes. While poor dispersers are taxa that move rarely (e.g. fully aquatic invertebrates that rarely
112 enter the drift), good dispersers that commonly move (e.g. are abundant in the drift) may be: (i)
113 unsuccessful dispersers, which reach new locations but fail to colonise them (e.g. because of
114 environmental constraints or inability to compete successfully for resources – termed “itinerants”) or
115 (ii) successful dispersers that reach locations and also colonise them successfully (e.g. juveniles settle
116 into the benthos; adults lay eggs and effect recruitment). These distinctions are important. By
117 definition, itinerants may disperse but are absent as residents from some locations (e.g. Svensson,
118 1974; Waringer, 1991; Sode & Wiberg-Larsen, 1993; McCauley, 2006; Lancaster & Downes, 2017a),
119 but so are poor dispersers that did not reach these locations at all. Indirect methods to quantify
120 dispersal cannot distinguish between these two different outcomes, and thus all absences are assumed
121 to be due to dispersal constraints. This assumption means that, for indirect methods to be useful, most
122 absences must be caused by poor dispersal ability, not a failure to colonise sites. The frequency of
123 unsuccessful dispersal has received insufficient attention in most empirical studies (Logue *et al.*,
124 2011; Lowe & McPeck, 2014) and yet evidence suggests it could be common (references above).
125 Furthermore, successful dispersers might also comprise two groups: routinely successful dispersers
126 (“nomads”), which simply maintain existing connectivity and population densities, and extra-
127 successful dispersers (“invaders”), which can exploit novel situations (e.g. new habitat patches or
128 locations with sudden increases in resources) and increase population densities in new locations. Our
129 use here of “invader” does not reference alien or exotic species but reflects use of this term in the
130 coexistence literature, where invaders are species that have a capacity to “invade” local communities

131 when at low densities (Chesson, 2000). Dispersal classifications are likely to be context-dependent,
132 i.e. a particular species may be a successful disperser in one situation and unsuccessful in another.

133 In this paper we report tests of how different modes of dispersal – drift and adult flight – enabled
134 successful colonisation during a landscape-scale, field experiment, which was designed to test
135 whether species diversity would increase at locations where resources had been boosted (Lancaster &
136 Downes, 2017b). The experiment was carried out along a stream (Hughes Creek) that has filled with
137 sand due to land clearance. The sand buries most terrestrial plant detritus in the stream and
138 consequently there is little detritus present on the bed, and yet detritus is the major source of hard
139 surfaces and energy for the food web (Reid *et al.*, 2008). Downstream, sand-affected locations have
140 about half the species richness of upstream locations, which are less affected by sand and have higher
141 densities of in-stream detritus (Downes *et al.*, 2017). Our experiment boosted the densities of detritus,
142 resulting in increases in species diversities at manipulation sites that were unequivocally caused by
143 dispersal (Lancaster & Downes, 2017b), with some taxa appearing to be invaders, as defined above.
144 Over 12 months, the species composition of manipulation sites gradually converged on those of the
145 more species-diverse, upstream locations. This pattern led us to hypothesize that most colonists were
146 sourced from within the creek itself (rather than from adults flying from elsewhere) with upstream
147 locations providing a source pool of colonists.

148 During the experiment, we simultaneously sampled dispersing individuals (drifters, winged adults)
149 and benthic communities. These data allow us to ask three questions. First, were the compositions of
150 drift and adult samples consistent with the hypothesis that many prospective colonists arose from
151 within the community of Hughes Creek, particularly from upstream locations? Second, were
152 successful colonists clearly better dispersers (e.g. nomads or invaders) than those that did not colonise
153 resource-rich, manipulation sites? Third, did traits commonly assumed to denote successful dispersal
154 provide a reliable guide to species that were actually successful colonists?

155 *Predictions about dispersal*

156 Our predictions are based on a simple piece of logic. If dispersers arose from within Hughes Creek,
157 then we expected the diversity and abundances of drifters and winged adults to be associated with
158 changes over time at manipulation sites, at both the whole-community level and at the species level
159 for common taxa.

160 At the community level, we predicted that, if drift dispersal is responsible for experimental responses,
161 then the species composition of drift assemblages should be more similar to benthic assemblages at
162 manipulation sites than to those at controls. This same expectation applies to winged adults, but we
163 were unable to apply the same tests partly because some taxa do not have a terrestrial stage or are
164 difficult to sample and partly because some larvae cannot be identified to species, which prevents
165 species-level matching between adult and benthic assemblages. We also cannot be certain whether

166 adults arose from Hughes Creek or dispersed from another creek. However, if winged adults
167 congregated at manipulation sites and increased benthic densities of larvae (through oviposition), then
168 we predicted that adult assemblages should differ between manipulation sites and controls.

169 Additionally, if many adults fly away from species-rich locations upstream, then we expect that adult
170 assemblages at downstream locations should converge on those of upstream locations.

171 At the species level, we examined 54 common taxa that were analysed in Lancaster & Downes
172 (2017b), of which 26 responded to experimental increases in detritus and 28 did not. Here, we test
173 whether "responder" taxa dispersed primarily via the drift or by adult flight, and whether they qualify
174 as invaders. Similarly, for the "non-responder" group we test whether they were poor dispersers or
175 good dispersers that failed to exploit the resource-rich manipulation sites (i.e. were itinerants). To
176 examine the role of drift as a dispersal route, we tested whether benthic densities were positively
177 related to numbers in the drift sampled at commensurate times (employing similar logic and
178 approaches to Downes & Lancaster, 2010). Drift numbers can be considered a predictor of (rather
179 than just correlated with) benthic densities because drift was sampled upstream of each site (explained
180 further below). If successful dispersal is frequently via the drift, then we expected a positive relation
181 between benthic densities and drift numbers, whereas if drift is infrequent (poor dispersers) or drifters
182 are unsuccessful (itinerants), then these two variables should be unrelated (Fig. 1). Drifters may be
183 unsuccessful if environmental conditions are unsuitable or if densities of residents are sufficiently
184 high that drifters are unable to "invade" sites.

185 Alternatively, if drift numbers and benthic densities are positively related, the *slope* of that line
186 estimates the rate at which numbers in the drift contribute to benthic densities. Thus a slope of 0.2
187 means an average 20% of drifters contribute to benthic densities, and significantly steeper slopes
188 mean this percentage is consistently greater. The *y-intercept* suggests the degree to which benthic
189 densities arise solely via the drift. Thus, if the line intersects the origin, this implies that all individuals
190 in the benthos arose from the drift and that densities do not build up over time (if drift = 0, then
191 benthic densities = 0). In contrast, if the *y-intercept* is significantly > 0, then benthic densities may
192 build up over time from the drift but also potentially via other dispersal routes (e.g. recruitment via
193 egg-laying by adults).

194 We can use this reasoning to identify species that are nomads because these taxa will have slopes and
195 *y-intercepts* that are the same for both manipulation and control sites – i.e. they are species that
196 dispersed and colonised sites routinely from the drift but did not respond when resources were
197 increased. Invaders may show either of two outcomes: (1) a steeper slope at manipulation sites than
198 control sites, which shows a higher rate of colonisation from the drift when detrital densities are
199 increased (Fig. 1) or (2) lines that have the same slope but with a greater *y-intercept* for manipulation
200 sites compared to controls (Fig. 1). In this second outcome, drift may be responsible for the build-up
201 in densities at manipulation sites but recruitment following oviposition by adults may also contribute.

202 When drift is the main source of colonists, manipulation sites could theoretically build up densities so
203 high that these sites then contribute to the drift, which could therefore gradually shift the distribution
204 of species in a downstream direction. We did observe such zonal changes during the experiment
205 (Lancaster & Downes, 2017b). For example, some upstream specialists (species that are restricted to
206 or with highest densities in upstream locations) gradually colonised locations further and further
207 downstream. If drift caused such changes, then zonal shifts in densities should be explained entirely or
208 mainly by adding drift as a covariate to re-analyses of benthic densities.

209 For commonly trapped species of adults, we tested whether manipulation sites attained higher
210 numbers than control sites, following the logic above. We also tested whether adult numbers were
211 correlated with benthic densities of larvae. Although the direction of cause-and-effect is unclear (high
212 larval densities can deliver high local emergence of adults or high local densities of adults can deliver
213 high densities of larvae following oviposition), the existence of such associations would suggest a
214 potential route for successful dispersal.

215 To examine the efficacy of traits in predicting which species would respond to the experimental
216 manipulation over 12 months, we tested whether the frequencies of certain characteristics differed
217 between responding and non-responding taxa. First, we examined the frequencies of taxa with some
218 traits that are commonly assumed to be associated with successful dispersal (i.e., good dispersal and
219 colonisation) in stream invertebrates and that could be assigned with confidence to the taxa in this
220 system: voltinism, presence in the drift, flight-capable adults. Second, we examined frequencies of
221 taxa categorised as different kinds of disperser using empirical data from this study (poor, itinerant,
222 nomad or invader).

223 **Methods**

224 *Study site and experimental design*

225 Hughes Creek is in central Victoria, south-eastern Australia, and has been described extensively in
226 previous research (Downes *et al.*, 2011; Downes *et al.*, 2017; Lancaster & Downes, 2017b). In brief,
227 the creek arises on the Black Range and drains the granitic Strathbogie batholith, which produces
228 coarse sandy sediment when eroded. Upper parts of the channel originally comprised chain of ponds
229 with percolines (underground networks of water seepage zones and soil pipes: Erskine, 2016), but
230 land clearance (coupled with bushfires and floods) created incision gulying and increased erosion
231 rates; this produced an extensive sand slug in Hughes Creek, which did not exist prior to the 1920s
232 (Erskine, 2016). The sand has buried the original stream bed, and the active channel is now much
233 wider and the water shallower. Most terrestrially sourced plant detritus is either swept away during
234 floods or buried under sand. Sandy locations thus have sparsely treed riparian zones, low densities of
235 detritus, a bed of shifting sand and shallow, warm water. Temperature loggers showed that water
236 temperatures at downstream locations were often > 29 °C and reached up to 36 °C on hot days, e.g.

237 where air temperature exceeded 40 °C (Downes *et al.*, 2017). Downstream locations have
238 approximately half the number of invertebrate species found in cooler, more intact upstream areas
239 (Downes *et al.*, 2017). Movement of animals in these sandy zones is predominantly through
240 swimming and the drift, with few individuals walking across the sand (Lancaster & Downes,
241 unpublished observations).

242 The experiment, described in detail in Lancaster & Downes (2017b) was carried out over a 22 km
243 length of Hughes Creek, with two control and two manipulation sites in each of three zones
244 (upstream, middle and downstream) that reflected the changing environment of the stream. Upstream
245 locations were above the sand slug, downstream sections were fully swamped with sand, and middle
246 sites reflected a transition zone with gradually increasing amounts of sand across the bed. Sites were
247 40 m channel lengths and were on average 1.6 km apart (range of 0.6 to 3.7 km). We boosted the
248 density of plant detritus (leaves, bark, wood) at manipulation sites using pairs of stakes hammered
249 into the stream bed, which trapped and held detritus floating downstream (density of pairs ranged
250 from 0.13 to 0.19 per m² depending on local channel morphology). Control sites received no stakes.
251 Detritus and benthic densities were sampled pre-manipulation, 1, 4, 9 and 12 months following the
252 start of the experiment in January 2013. Our sampling methods have been described in detail in
253 previous studies (Downes & Lancaster, 2010; Downes *et al.*, 2017). In brief, on each sampling
254 occasion we collected 10–15, randomly placed benthic samples per site using a Surber sampler (0.09
255 m², 250 µm mesh). Sites are replicates in our statistical analyses so samples were composited, and
256 then subsampled to provide a single estimate of detritus and invertebrate densities per site (further
257 details in Lancaster & Downes 2017b).

258 The stakes increased the density of detritus greatly (up to 42x at downstream manipulation sites
259 compared to control sites). This was matched by 1.3x, 1.9x and 1.6x increases in species richness at
260 manipulation sites compared to controls in upstream, middle and downstream zones, respectively. The
261 species composition of communities in middle and downstream manipulation sites gradually became
262 more similar to upstream sites, in strong contrast to controls, which showed only inter-annual
263 variation and changes reflecting seasonality (Lancaster & Downes, 2017b).

264 *Drift and adult sampling protocols*

265 Drift nets (20 x 30 cm opening, 150 µm mesh size) were installed in a row across the creek and
266 located 2 – 3 m upstream of the upstream boundary of each site. We used between three and five nets,
267 with more nets deployed for wider streams. Nets were installed at variable heights in the water
268 column to ensure it was representatively sampled but nets were at least 3–4 cm above the stream bed.
269 We measured the cross-sectional area of the stream in front of nets (depths were measured every 50
270 cm). We collected drifting insects for two hours beginning at the end of civilian twilight on the same

271 dates benthic samples were collected post-manipulation (above). Samples from all nets at a site were
272 composited into a single sample and preserved.

273 For two hours after twilight, we sampled adults using light traps, which comprised a black tub inside
274 which an ultraviolet light (6W, 12V triphosphor fluorescent lamp, 225 mm long) was laid over a tray
275 containing ethanol. Placing lights inside tubs ensured that light did not spill sideways, and only adults
276 flying above traps were attracted (Collier & Smith, 1998). Three light traps were used at each site,
277 with one each placed at the upstream and downstream ends and one in the approximate middle. All
278 adult insects trapped at each site were combined into a single sample.

279 In the laboratory, drifting invertebrates were identified to the lowest taxonomic level possible (usually
280 species, sometimes genus) and total numbers of individuals in each composited sample were counted.
281 We calculated the proportion of the cross-sectional area of the stream that was intercepted by nets,
282 and used this proportion to estimate the total numbers of each taxon that drifted into each site. We did
283 not standardize drift numbers for differing discharges flowing through nets. Although this
284 standardization is common, our question requires estimates of the total numbers of drifters, not drift
285 numbers per unit volume of water – i.e. drift densities – which are not germane (Downes & Lancaster,
286 2010; Lancaster, Downes & Arnold, 2011). Moreover, drift numbers and discharge can be unrelated,
287 resulting in very poor estimates of densities (Downes & Lancaster, 2010; Downes, 2010).

288 For adult samples, we identified and counted all species, genera or families known to live in streams,
289 with the exception of Diptera. The majority of non-dipteran, aquatic taxa were Trichoptera,
290 Coleoptera and Hemiptera, because light traps typically do not attract other taxa effectively (e.g.
291 Ephemeroptera or Plecoptera). Only males could be identified to species for some caddisfly taxa, and
292 so counts of males were used for tests for these species.

293 Statistical analysis

294 *Multivariate analyses*

295 Drift and adult data were 4th root transformed and similarity matrices for each data set created using
296 the Bray-Curtis coefficient (Anderson, Gorley & Clarke, 2008). We first tested whether drift
297 assemblages that arrived at control sites differed from those that arrived at manipulation sites.

298 Although manipulation and control sites were intermingled along the creek, control sites downstream
299 of one or more manipulation sites might receive differing numbers or identities of animals. We tested
300 for this possibility by using a 3-factor, repeated measures PERMANOVA (Anderson *et al.*, 2008).

301 The model contained the crossed factors of Zone (upstream, middle, downstream), Treatment
302 (manipulation, control) and Date (a repeated measure). Then, we compared drift and benthic
303 assemblages using a 4-factor, repeated measures PERMANOVA (same terms with the addition of
304 Sample type). Assemblages of adults were compared between manipulation and control sites, zones

305 and times using a 3-factor, crossed design in PERMANOVA. We illustrated significant differences in
306 PERMANOVA models using non-metric multidimensional scaling (NMDS) (Anderson *et al.*, 2008).

307 *Univariate analyses*

308 For each of the 54 common taxa examined by Lancaster and Downes (2017b), we tested whether
309 benthic densities were related to drift numbers across the 12 sites sampled on the four post-
310 manipulation occasions (N = 48 pairs) using ANCOVA applied to log-transformed data. The model
311 contained the fixed factor of treatment (control vs manipulation sites), the covariate of drift numbers
312 and an interaction between treatment and drift numbers (which tests whether the slope of the line
313 varied between treatments). For species where the slopes of lines were the same, the Treatment term
314 tests whether the y-intercepts were statistically different following adjustment for the covariate.

315 To test whether drift explained changes to zonal distributions, we re-analysed the benthic data of
316 responders using a 2-factor factorial ANCOVA, with Treatment crossed with Zone, with drift
317 numbers as a covariate.

318 For common adult taxa, we tested whether abundances were higher at manipulation sites than controls
319 using a 3-way ANOVA, and whether larval densities and adult numbers were associated using the
320 Pearson correlation coefficient.

321 Finally, we categorised each of the common 54 taxa into one of four groups as illustrated in Figure 1:
322 (1) rarely occurred in the drift (poor dispersers); (2) no relation between drift and benthic densities for
323 both control and manipulation sites (itinerants); (3) a significant relation between drift and benthos
324 with similar slopes and y-intercepts for manipulation and control sites (nomads); (4) significant
325 relations between drift and benthos with slopes or y-intercepts that varied between treatments
326 (invaders). We tested whether the frequency of taxa in each class varied between responding and non-
327 responding taxa, using Fisher's exact test. We also compared the frequencies of taxa with traits
328 commonly assumed to reflect successful dispersal between responding and non-responding taxa,
329 specifically voltinism, presence in the drift and terrestrial winged adults. Thus, invertebrates that are
330 good drifters, have flight capable adults and short generation times (multivoltine) are often assumed to
331 have a high potential for successful dispersal and colonisation over the time scale of this experiment
332 (12 months).

333 All statistical tests were two-tailed and used $\alpha = 0.05$.

334 **Results**

335 *Multivariate analyses of assemblages*

336 Drift did not vary systematically between manipulation and control sites on any date or in any zone
337 (all terms involving Treatment with $P > 0.05$; analysis not shown for brevity) and thus manipulation
338 and control sites were exposed to similar drift assemblages. This finding is consistent with previously

339 published tests that showed that spatial autocorrelation between sites did not affect hypothesis tests on
340 benthic densities (Supplementary Appendix 5 of Lancaster & Downes, 2017b). When drift and
341 benthos were compared, unsurprisingly drift assemblages differed from benthic assemblages, however
342 the degree of difference varied with both time and treatment (Table 1a, Sa × Trt × Time term).

343 Benthic communities at control sites were dissimilar to drift samples on every date (pair-wise tests, all
344 with $P < 0.05$). Benthic communities at manipulation sites were also dissimilar to drift assemblages,
345 but less so, and after four months drift and benthic communities were statistically the same (Fig. 2).

346 On NMDS plots for nine and 12 months following the start of the experiment, benthic assemblages at
347 manipulation sites occupied a position between benthic assemblages at controls and all drift
348 assemblages (Fig. 2).

349 Large numbers of adults were trapped only during the summer months, hence analysis was restricted
350 to data from 1 and 12 months (February 2013 and January 2014). Additionally, unseasonal cold
351 weather on one day in February 2013 resulted in very few adults trapped at the middle sites being
352 sampled on that day. Consequently, we used data only from up- and downstream sites. Multivariate
353 analysis of these data showed that manipulation and control sites did not differ in species composition
354 (Table 1b, Treatment effect). Upstream and downstream assemblages differed from each other but this
355 difference changed over time (Table 1b, Zone × Time term). Twelve months after the experiment was
356 started, the assemblage of adults at downstream sites more closely resembled those found at upstream
357 sites than they did at the start (Fig. 3).

358 *Relations between drift and benthos*

359 Benthic densities were significantly related to drift numbers for 34 taxa (successful dispersers), with
360 the remaining 20 taxa showing no relationship between these variables (Table 2, Table S1 – for
361 brevity, outcomes of these 54 statistical tests are not reported). Model R^2 values for successful
362 dispersers varied (responders: 47 – 73%; non-responders: 43 – 79%), but were typically much higher
363 than for unsuccessful dispersers (responders: 29 – 53%; non-responders: 8 – 47%). For two taxa, drift
364 numbers were too small to permit analysis, suggesting these taxa drifted infrequently (i.e. poor
365 dispersers). The remaining 18 taxa were unsuccessful dispersers – i.e. itinerants.

366 Of the 34 taxa defined as successful dispersers, 13 were nomads and 16 were invaders (Table 2, Fig.
367 4). In 4 of 13 nomads (one responder and 3 non-responders: Table S1), the y-intercept was greater
368 than zero, whereas the line passed through the origin for all others. For most invaders, lines for most
369 manipulation sites lay above those of controls (i.e. different y-intercepts) but slopes of the lines did
370 not differ between treatments. Slopes differed between treatments for only three taxa, two responders
371 (both stoneflies) and one non-responder (snails) (Table S1). Five taxa could not be classified: one
372 with indefinite findings due to too many zero values, two where detritus appeared to deter density

373 increases, and two with complicated responses. The latter (both classes of Diptera) showed drift-
 374 benthos relations at controls but no such relations for manipulation sites.

375 *Did drift rates explain zonal changes?*

376 In 11 responders, benthic densities were related to drift numbers with similar slopes of lines at
 377 manipulation sites and controls (Table S1), which permitted re-analyses of their benthic data with the
 378 inclusion of drift numbers as covariates. These analyses altered the outcomes of tests on zonal
 379 differences for three species (Table S2). The upstream specialist *Austrosimulium furiosum* (a blackfly)
 380 colonised manipulation sites in middle and downstream zones during the experiment (Lancaster &
 381 Downes, 2017b). This zonal change became non-significant with the inclusion of drift numbers as a
 382 covariate, suggesting drift played a major role in the appearance of this species downstream.
 383 Likewise, *Cheumatopsyche* sp. AV2 (a downstream specialist) showed benthic increases at
 384 manipulation sites downstream (Lancaster & Downes, 2017b), but the inclusion of drift numbers in
 385 the analysis removed zonal differences. In the third taxon (*Ecnomus continentalis*) the inclusion of
 386 drift as a covariate created a zonal difference, with downstream locations having significantly lower
 387 benthic densities than middle or upstream sites once benthic densities had been adjusted for drift rates.

388 *Analyses of adults*

389 Virtually all the common taxa were insects with winged adults. The two non-winged taxa (snails,
 390 limpets) were equally represented in the responder and non-responder groups. Taxa with terrestrially
 391 based, winged adults occurred in similar proportions in responder and non-responder groups (92%
 392 and 82%, respectively, a non-significant difference). Of the 54 common taxa, 27 were non-dipteran
 393 insects and 14 were caught in light traps. These 14 taxa showed no differences in numbers trapped at
 394 control and manipulation sites, a pattern that was also true for all other species of adults we caught (99
 395 of 105 separately identified taxa). In three of the 14 taxa, numbers of trapped adults correlated with
 396 larval, benthic densities. Two of these were the caddisflies *Cheumatopsyche* AV2 ($r = 0.80$, $P <$
 397 0.001) and *Ecnomus continentalis* ($r = 0.59$, $P = 0.02$), which were both responders. In each case, the
 398 highest numbers of adults and benthic larval densities were collected at downstream sites, for both
 399 taxa. The third taxon was *Laccobius* spp. ($r = 0.75$, $P = 0.001$), a genus of beetles that did not respond
 400 to the manipulation.

401 *Traits for successful colonisation*

402 Responding and non-responding taxa did not differ in traits that are commonly assumed to reflect a
 403 high potential for dispersal and colonisation (Table 3). Statistical tests were non-significant for each
 404 trait tested individually, or combined, i.e. the frequency of taxa having all three of the best traits
 405 (multivoltine, common in the drift drifters and adult flight). Using the drift dispersal types defined
 406 empirically, the frequency of poor, unsuccessful and successful disperses did not differ between
 407 responders and non-responders (Table 2). The responders classified as poor or unsuccessful drifter

408 dispersers all had flight-capable adults. Considering only the successful drift dispersers, most
409 responders were invaders. Most non-responders were nomads, but four were invaders (Table 2).

410

411 **Discussion**

412 This paper provides rare, direct evidence of which taxa are successful dispersers and colonisers in a
413 community of stream invertebrates, and their modes of dispersal (drift vs adult flight). Direct,
414 empirical evidence of dispersal is difficult to collect and we used a novel, field-based approach that
415 can differentiate between different kinds of dispersers. During a field experiment that successfully
416 increased benthic species diversities at resource-rich manipulation sites along Hughes Creek
417 (Lancaster & Downes, 2017b), we simultaneously collected independent data on dispersers. In
418 conjunction with benthic data from the experiment, these new data on dispersers indicate that
419 successful colonists mainly arose from individuals present in the same creek, dispersal constraints did
420 not preclude colonisation by almost any taxon, and traits commonly assumed to reflect the potential
421 for successful dispersal were not reliable in predicting which species responded to the experiment.
422 Successful colonists were, however, more likely to be invaders capable of exploiting novel situations.
423 Many successful colonists arose from individuals present in Hughes Creek, and predominantly from
424 upstream areas, in this relatively short term (12 months) and large-scale experiment (22 km stream
425 length). Dispersal via the drift appeared to play a strong role in colonisation of manipulation sites.
426 Drift assemblages were associated with changes in the benthos at manipulation sites, including one
427 month where these two types of assemblages were not statistically different. At the species level, drift
428 was associated with benthic densities in ~ 60% of common responders, including taxa where drifters
429 rarely colonised control sites (e.g. stoneflies). Drift also explained shifts in distributions of taxa that
430 gradually appeared at downstream locations. These outcomes suggest that manipulation sites acted as
431 “stepping stones” that allowed species to move gradually further and further downstream. For species
432 that were predominantly upstream specialists, manipulation sites allowed these taxa to shift their
433 distributions by up to 20 km downstream. Overall, this apparently strong role of drift dispersal would
434 explain why the faunal composition of middle and downstream sites converged on that of upstream
435 sites (Lancaster & Downes, 2017b).

436 Benthic changes caused by dispersal during the adult stage are more difficult to pinpoint because we
437 cannot determine the origin of trapped adults (from Hughes Creek or another stream), but two
438 findings suggest adult movement played a role in the experiment. The similarity in adult numbers
439 between control and manipulation sites plus the convergence of downstream adult assemblages on
440 those upstream after 12 months both suggest adults disperse along the channel. Nonetheless, it is
441 difficult to separate the effects on benthic densities of adult movement (followed by recruitment) from
442 those caused by dispersal of individuals in the drift. For example, larval densities of both the

443 hydropsychid *Cheumatopsyche* sp. AV2 and the ecnomid *Ecnomus continentalis* were correlated with
444 adult numbers during summer, particularly at downstream sites. Both of these caddisflies lay their
445 eggs on bark and wood (Macqueen & Downes, 2015) and this provides a simple mechanism for how
446 larval densities could have been increased by oviposition in detritus-rich locations. Nevertheless,
447 benthic densities of both species were also strongly related to drift numbers, which explained
448 increases at downstream sites in both cases. It is thus difficult to separate effects of adult and larval
449 dispersal but for these taxa it is likely that both played a role.

450 There were no obvious differences in dispersal *ability*, when measured using drift, between species
451 that responded to the experiment compared to those that did not. Non-responders and responders were
452 just as likely to be good drifters, and an equivalent proportion of their taxa were successful dispersers
453 (i.e. drift numbers associated with benthic densities). Thus, non-responders were not poor dispersers
454 that failed to reach manipulation sites. Rather, the difference between responders and non-responders
455 lay in the outcomes for successful dispersers. Thus, responders were all invaders, except for two
456 nomads (the caddisflies *Cheumatopsyche* sp. AV2 and *Triplectides ciuskus*), and, for these two taxa,
457 adult flight may be more important than drift (as considered above). Alternatively, most non-
458 responders were nomads but interestingly four were invaders. This latter outcome suggests that drift
459 contributed to their benthic densities at manipulation sites, but that the colonisation success of drifters
460 was not sufficiently high across all sites and times to increase densities across the board. These taxa
461 may be good examples of species that may become responders under different circumstances.
462 Nevertheless, the overall predominance of successful dispersers show that many taxa clearly maintain
463 connectivity and benthic densities along the stream length via the drift. Non-responders and
464 responders were also just as likely to have a terrestrial winged adult, and their adults were present at
465 all sites. Most of the poor or unsuccessful drifters in the responder group also had winged adults, and
466 adult dispersal may therefore have been involved in their response. Overall, dispersal ability *per se*
467 thus did not differ between those taxa that responded and those that did not.

468 This poses a question: why did half of the common taxa not respond to the experiment? One possible
469 explanation is that these taxa did not require detrital resources, but this seems unlikely for at least two
470 reasons. First, packs of plant detritus offered a broad array of resources, such as food (e.g. biofilm,
471 leaves, organic particles), places to attach (e.g. for filter-feeders), and refuge from flow or predators.
472 Second, many non-responders were taxonomically related to species that did respond and/or had
473 similar resource requirements. For example, the caddisfly *Ecnomus continentalis* responded whereas
474 *E. cygnitis* did not, despite both having similar habitat and resource requirements (both taxa spin nets
475 to capture prey). Other comparable responder/non-responder pairs include the filter-feeding blackflies
476 *Austrosimulium furiosum* vs *Simulium ornatipes*; the grazer/scrapper mayflies *Offadens* sp. vs
477 *Tasmanocoenis tillyardi* and the chironomid grazer/scrapers *Thienemanniella* sp. vs *Corynoneura* sp.
478 (Lancaster & Downes, 2017b). A similar pattern of species that dispersed successfully but failed to

479 colonise sites (i.e. itinerancy) was also seen among some adult caddisflies in a separate study. Adults
480 of three species of *Ecnomus* and seven other species of caddisflies from four different families were
481 routinely trapped along Hughes Creek over three years, but their larvae were very scarce and more
482 often absent (Lancaster & Downes, 2017a).

483 Unsuccessful colonisation may be due to environmental constraints. For example, water temperatures
484 at downstream locations exceed 29 °C when the air temperature reaches ~34 °C, which is a relatively
485 common occurrence during summers (Downes *et al.*, 2017). Water temperatures of 30 °C are extreme
486 for most insects (Lancaster & Downes, 2013) and can be associated with low oxygen concentrations
487 in Hughes Creek as well (Lancaster, Downes & Glaister, 2009). Such conditions could present
488 significant barriers to colonisation by some species. However, most non-responders had wide
489 distributions (i.e. were in downstream locations: Table S1), which suggests that environmental
490 conditions did not by themselves constrain colonisation. A remaining possibility is that non-
491 responders were unable to compete for resources with responders or were more vulnerable to
492 predation (by fish, platypus or invertebrate predators), but we have no data that can bear on this
493 speculation.

494 Traits commonly assumed to reflect good dispersal ability and colonisation success could not reliably
495 predict which species would colonise manipulation sites. Dispersal traits are based on assumptions
496 about dispersal ability based on body morphology, observations of behaviour or swimming ability
497 (often made in laboratories), frequency in the drift, perceived flight capacity of adults, and so forth
498 (references above). These traits can only measure the influence of movement if most good dispersers
499 are also successful dispersers. If instead colonisation ability more often dictates successful dispersal,
500 as seen here, then dispersal traits will provide little guidance. Moreover, it is rare for empirical studies
501 to acknowledge that colonisation ability is important and that unsuccessful dispersers may become
502 successful if conditions within locations change (e.g. physical environment becomes more suitable,
503 resources increase, etc.). In these situations, dispersal traits will underestimate the role that dispersal
504 can play in community dynamics. Of course, dispersal ability may play a stronger role over spatial
505 scales larger than we have examined here, but dispersal over large spatial scales may reflect
506 biogeographic processes (e.g. range extensions) rather than community dynamics.

507 Our data also suggest that the characteristics used to form traits need to be used with some caution.
508 For example, it is well known that presence in the drift, even when that is common, does not
509 automatically signify that species travel long distances, even for “champion” dispersers such as the
510 mayfly *Baetis* (Elliott, 1971; Lancaster, Hildrew & Gjerlov, 1996; Downes & Lancaster, 2010;
511 Lancaster *et al.*, 2011). Here, late instar specimens of the cased caddisfly *Triplectides cuiiskus* drifted,
512 and drift numbers were significantly associated with benthic densities. Nonetheless, drifting *T. cuiiskus*
513 were nomads, not invaders. Mature specimens were never found in the drift outside of the upstream
514 zone where this species is largely restricted (Downes *et al.*, 2017; Lancaster & Downes, 2017b).

515 Observations on morphology and behaviour, especially in a laboratory setting, may also mislead. For
516 example, molluscs are commonly observed to move by crawling (as do many other species, such as
517 cased caddis). We found that snails and the limpet *Ferrisia petterdi* routinely drifted and that drift
518 numbers were related to benthic densities, suggesting that this is how these species disperse in Hughes
519 Creek; they were not poor dispersers. It is clearly imprudent to assume that molluscs disperse only by
520 crawling in all systems, and this example serves to emphasise that dispersal traits need to be tested,
521 i.e. evidence-based.

522 Is the level of influence of dispersal success on invertebrate densities in Hughes Creek unusual? We
523 cannot answer this question because we have not located any other studies that have quantified how
524 dispersal success affects stream invertebrate densities at relevant spatial and temporal scales. Most
525 empirical studies are surveys that use indirect methods for quantifying dispersal that are problematic
526 (as discussed in the introduction) or are experiments done in micro- or mesocosms (e.g. artificial
527 stream channels), which cannot emulate the effects of drift dispersal occurring over many kilometres
528 and months, and do not examine adult dispersal at all. One important source of information comes
529 from genetic studies; these suggest that flight is the major dispersal mechanism for insects having
530 winged adults, while in-channel dispersal (e.g. via the drift) is more critical for species that are fully
531 aquatic (Hughes *et al.*, 2008). Of course, dispersal that creates genetic homogeneity may be
532 insufficient to influence population densities, but genetic studies have identified geographic features
533 that are barriers to adult dispersal (e.g. deep canyons, large lowland areas, mountain ranges: Hughes,
534 Huey & Schmidt, 2013). Likewise, a small group of studies have identified features that can block
535 drift dispersal such as waterfalls: (Hughes *et al.*, 1995) and pools (Brooks *et al.*, 2017). Rivers may
536 vary in the frequency or existence of such barriers, and this variation could result in systematic
537 differences between rivers in dispersal success. Hughes Creek is a predominantly sandy bed stream
538 with some pools and bedrock outcrops throughout the sections we studied (Erskine, 2016). We do not
539 know how geomorphology influenced the outcomes of our experiment, but it would be fascinating to
540 know how channel morphology interacts with dispersal abilities to influence the colonisation success
541 of fauna.

542 In this vein, it is interesting to note that, like freshwater ecologists, marine ecologists also assumed
543 that traits (e.g. larval morphology, longevity) should deliver different dispersal abilities that would
544 explain the densities of species in different places (stimulated by a comprehensive review of larval
545 biology by Thorson, 1950). While some of these dispersal traits have proven somewhat useful in
546 capturing dispersal ability, local oceanographic features are often influential in determining which
547 dispersers arrive at a location. Additionally, colonisation failure is often more important, because
548 many successful dispersers fail to settle or settle but do not survive (review: Schiel, 2004). It seems
549 feasible that colonisation failure among river fauna is also common, but we need many more,
550 purpose-designed studies reporting data that can test such hypotheses directly.

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559 **Conflict of interest**

560 Neither author has a conflict of interest.

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657 Waringer, J.A. (1991) Phenology and the influence of meteorological parameters on the catching
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659

660

661 Table 1 Summary of PERMANOVA for two data sets: (a) Drift & Benthos: a 4-factor, repeated
 662 measures design comparing larval invertebrate assemblages between sample types (drift
 663 vs benthic samples), experimental treatments, zones on the stream gradient, and over
 664 time (a repeated measure). Subjects in these analyses are sites. (b) Adults: a 3-factor,
 665 crossed design comparing adult insects between experimental treatments, zones on the
 666 stream gradient, and times. Lines in bold are referred to in the text. See Figures 2 and 3
 667 for illustrations.

Data set	Source	df	MS	Pseudo- <i>F</i>	<i>P</i>
(a) Drift & Benthos	<i>Between subjects</i>				
	Sample type	1	15385	24.8	<0.001
	Treatment	1	2882	1.88	0.094
	Zone	2	6658	4.35	0.010
	Sa × Trt	1	2704	4.35	0.011
	Sa × Zone	2	1555	2.50	0.024
	Trt × Zone	2	1166	0.762	0.691
	Sa × Trt × Zone	2	666	1.07	0.415
	Sa × Subject (Trt × Zone)	6	621	1.14	0.218
	Subject (Trt × Zone)	6	1531		
	<i>Within subjects</i>				
	Time	3	9694	12.8	<0.001
	Sa × Time	3	2542	4.68	<0.001
	Trt × Time	3	1010	1.33	0.078
	Zone × Time	6	1267	1.67	0.002
	Sa × Trt × Time	3	893	1.64	0.018
	Sa × Zone × Time	6	936	1.72	0.002
Trt × Zone × Time	6	686	0.904	0.733	
Subject (Trt × Zone) × Time	18	758	1.40	0.002	
Sa × Trt × Zone × Time	6	650	1.20	0.146	
Error	18	543			
(b) Adults	Treatment	1	415	1.01	0.445

Zone	1	4563	11.1	0.001
Time	1	2967	7.24	0.002
Trt × Zone	1	396	0.967	0.469
Trt × Time	1	237	0.578	0.792
Zone × Time	1	1195	2.91	0.010
Trt × Zone × Time	1	393	0.959	0.503
Error	8	410		

668

669

670 Table 2. Classification of 54 responding or non-responding taxa into one of three types of drift
 671 disperser, reflecting outcomes of tests for relationships between benthic densities and
 672 drift rates (see text). The proportions in different classes did not differ between
 673 responding and non-responding taxa (Fisher's exact test: $P = 0.999$). Successful
 674 dispersers were then subdivided into nomads and invaders, as defined in the text. Five
 675 successful dispersers could not be classified into either category ("unclass." - see Table
 676 S1). The proportions in different classes differed significantly between responding and
 677 non-responding taxa (Fisher's exact test: $P = 0.003$). Table S1 lists which taxa belonged
 678 in each group.

679

	All groups				Successful dispersers			
	Poor	Itinerants	Successful	Total	Nomads	Invaders	Unclass.	Total
Responders	1	9	16	26	2	12	2	16
Non-responders	1	9	18	28	11	4	3	18

680

681

682 Table 3 Frequency of responder and non-responder taxa with three traits commonly assumed to
 683 reflect the potential for successful dispersal, and with the three "best" traits combined. P -
 684 values are outcomes of Fisher's exact test comparing frequency of taxa that were
 685 responders or non-responding. Voltinism: M = multivoltine, BUS = bi- uni- or
 686 semivoltine. MDF = multivoltine, common in drift and capable of adult flight. Table S1
 687 lists which taxa belong to which group.

688

689

	Voltinism		Drift		Adult flight		Combined	
	$(P = 0.404)$		$(P = 1)$		$(P = 0.999)$		$(P = 0.405)$	
	M	BUS	Common	Rare	Yes	No	MDF	Others
Responders	12	14	25	1	23	3	11	15
Non-responders	15	10	27	1	24	2	14	11

690

691 **Figure captions**

692

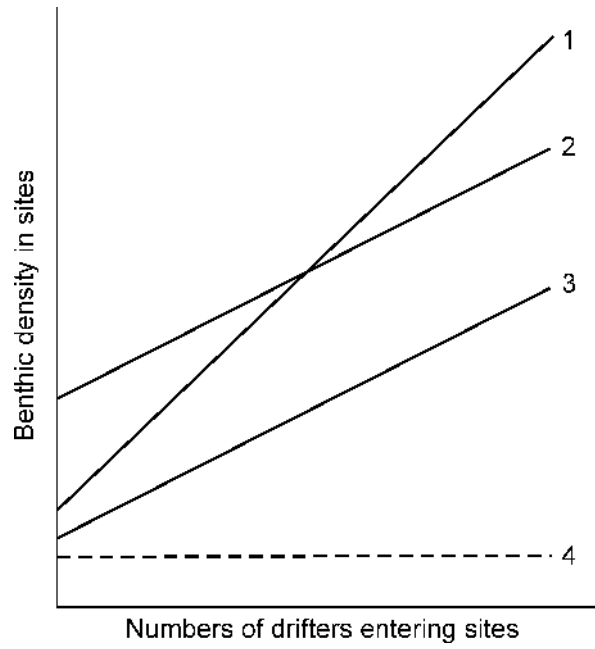
693 Figure 1 Illustration of expected outcomes from relating benthic densities to drift numbers that were
694 measured at commensurate times and just upstream of where benthic samples are
695 collected. If drift dispersal of a species drives changes in benthic densities, then we expect
696 a relation between drift numbers and benthic density (line 1, 2 or 3), whereas if drift is not
697 a source of colonists or dispersers are unsuccessful, then we expect no such relation (line
698 4, dashed to indicate no relationship). If the relationship for manipulation sites achieves a
699 greater *slope* than that for controls (line 1 vs line 3), then this suggests that detritus
700 increases the rate at which drifters contribute to benthic densities; this effect could also
701 occur where control sites receive no increases via the drift at all (line 1 vs line 4).
702 Alternatively, if manipulation sites have a similar slope to controls site but a higher *y*-
703 intercept (e.g. line 2 vs line 3), then this suggests that, while the rate at which drifters
704 contribute to benthic densities is consistent between manipulation and control sites,
705 benthic densities build up at manipulation sites. This latter increase may be caused by drift
706 or by new recruits following adult oviposition.

707 Figure 2 NMDS plots comparing drift and benthic assemblages from control and manipulation sites
708 1, 4, 9 and 12 months after the start of the experiment (February, May, October 2013 and
709 January 2014, respectively). Data were analysed together but each date is plotted on a
710 separate graph to illustrate patterns. The numbers in the bottom left corner of each graph
711 indicate for control and manipulation sites the average similarity between benthos and drift
712 on that date, with an asterisk indicating whether the difference was statistically significant.

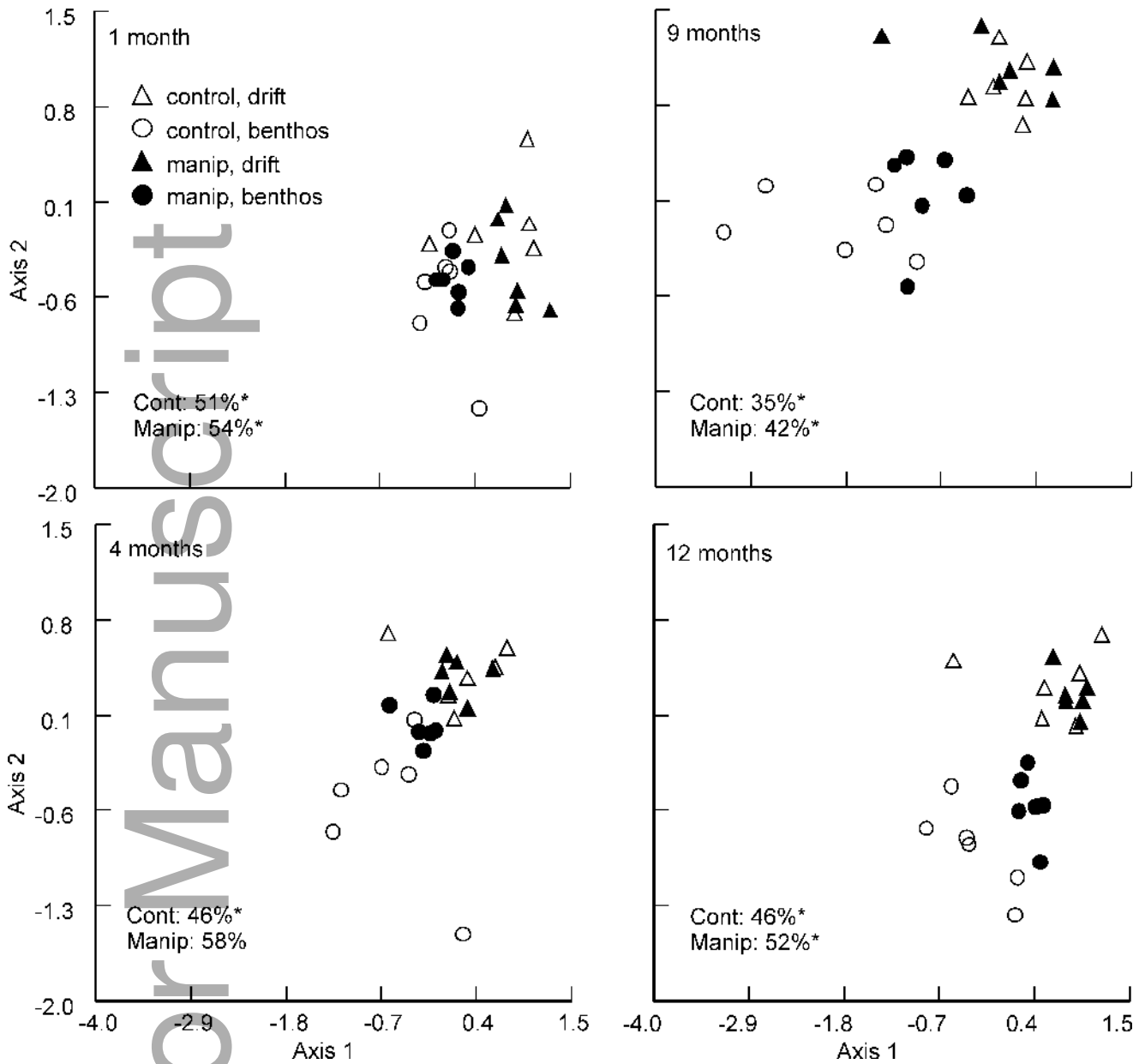
713 Figure 3 An NMDS plot of adult data comparing species compositions between up- (Up) and
714 downstream (Down) sites from one month after the start of the experiment (Feb 2013) to
715 12 months after the start (Jan 2014).

716 Figure 4 The benthic density (number per m²) of four invaders, (A) all snails, (B) all
717 Gripopterygidae (other than *Dinotoperla*) (Plecoptera), (C) *Atalophlebia* spp.
718 (Ephemeroptera) and (D) *Austrosimulium furiosum* (Diptera, Simuliidae), at control (open
719 circles, dotted line) and manipulation (closed circles, solid line) sites *versus* the number of
720 individuals of these species drifting into sites (over two hours at sunset) at dates
721 commensurate with benthic samples. All values had one added to enable plots on log₁₀
722 scales. Lines represent outcomes of regression analyses as reported in the text (see Results)
723 and relevant tests are reported in each panel. In (A) and (B), the slopes of lines differ
724 significantly between manipulation and controls sites, whereas in (C) and (D), the slopes
725 are the same but the y-intercept is greater at manipulation sites than controls. Tr x D =
726 Treatment x Drift covariate interaction; D = Drift covariate (Tr x D is insignificant); y-int
727 = test for difference in y-intercepts for manipulation and control sites; *F* = value of F-
728 statistic; *P* = probability; *R*² = value of *R*² for full model.

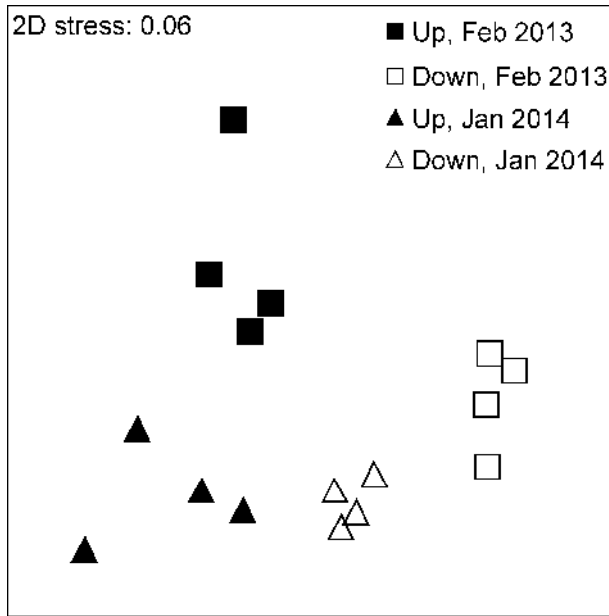
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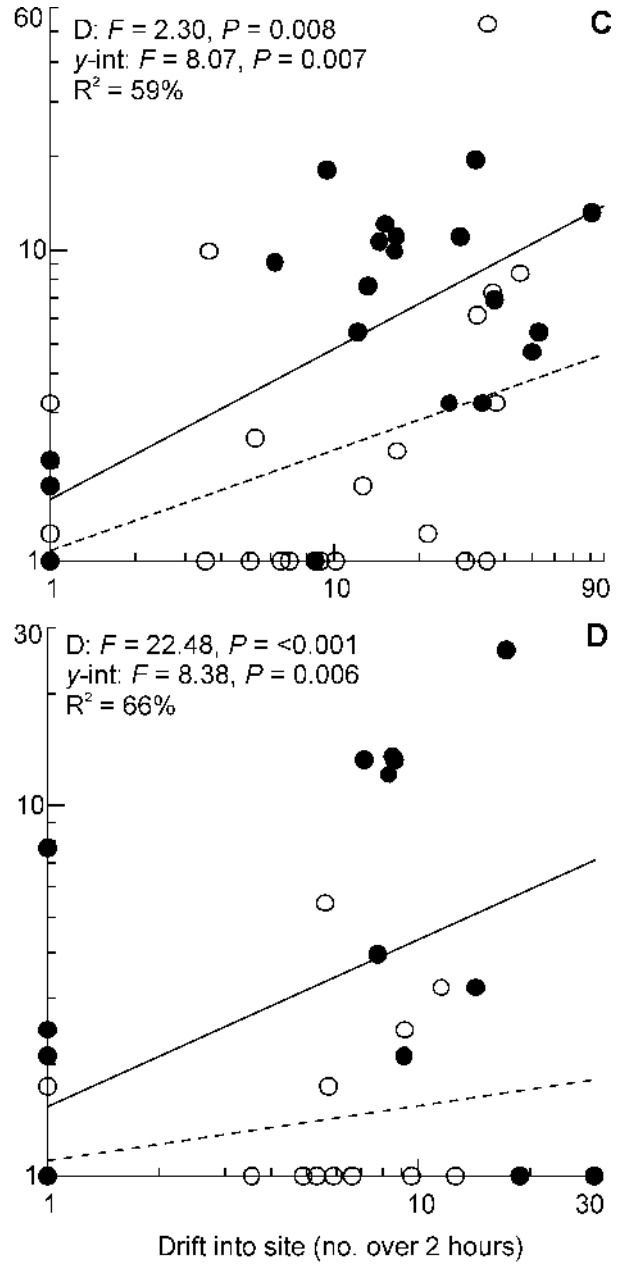
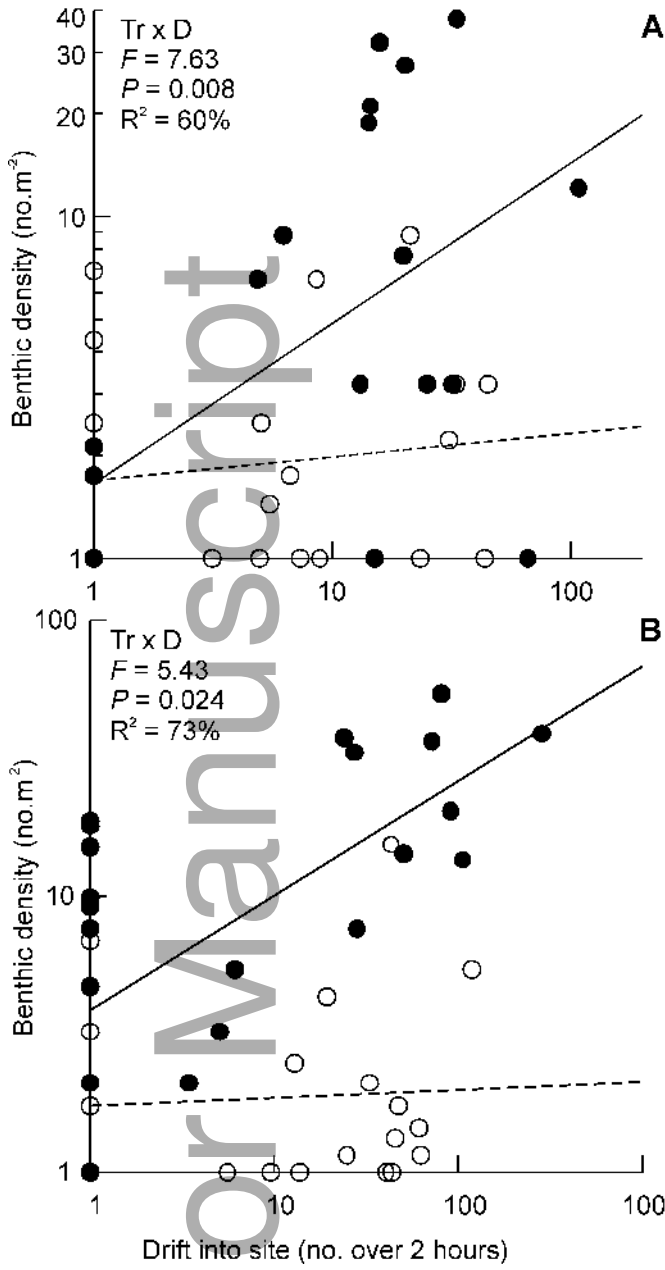
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